

# THE Camptonville Courier

Connecting the Community  
Since 1997



VOLUME 26

SEPTEMBER 2022

NUMBER 9

## The Gift of Water

By Marcy Risque

It is the driest time of year when dirt rises up to become dust clouds, which is perhaps why I would like to say a few words about water.

I love water! My relationship to it mirrors that of a religious devotee. I am a worshipper!

“We are made up of water: our bodies hold from 50%-65%, and our brains alone contain 90% water,” according to Water Science School, [usgs.gov](http://usgs.gov).

I see water as precious – as indeed it is these days – and even magical. And remember that without it there is no life. Or as in the Sahara, very minimal life.

Its nourishment and healing properties are never more evident than when a plant has been deprived of water and is half-alive, and then receives a steady dose of watering. Voila! It transforms before our very eyes, its leaves once again shiny, green, and vibrant. It is such a simple yet profound transformation. Here in the foothills our irrigated gardens are like oases in a desert, so dramatic is the effect of water.

While in England recently, driving from Hampstead to Heathrow Airport, I saw many dying trees along the roadside. In *England!*

Not to be depressing...but...our planet is heating up and many areas are drying out. Water as life-giver, mother of creation, soother of afflictions large and small, is endangered

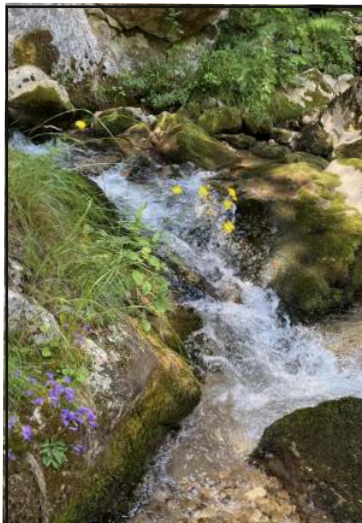
and needs our attention. Perhaps we as a culture need to appreciate it on a deeper level, and give thanks every time we turn on the tap, hose, or shower and think about ways we can help preserve it. Here are a few:

- Water plants in the morning or evening (prevents evaporation from heat).
- Forgo washing cars.
- Take shorter – or fewer – showers.
- Save lightly used dish and sink water for plants.
- Prevent leaks, inside and outside.

For more information and details about what you can do to help, check out these State websites: [www.water.ca.gov](http://www.water.ca.gov) and [www.drought.ca.gov](http://www.drought.ca.gov).

In addition, there are a few local non-profit organizations with which you can be involved: **Sierra Streams Institute** ([sierrastreamsinstitute.org](http://sierrastreamsinstitute.org)) and **South Yuba River Citizens League, or SYRCL** ([yubariver.org](http://yubariver.org)). SYRCL is hosting its **25th Annual River Cleanup September 10-17**, at many different locations in the watershed, including Oregon Creek and the Middle Yuba. You can register online.

I encourage us to appreciate the watershed and its gift to all life. After all, we each started our life journey floating in a tiny ocean inside our mother.



Picos de Europa, Spain



Photos by Marcy Risque



Cornwall, England

## From the Editor

- Marcy Risque

I was in Europe over the summer, where I was surprised to learn about forest fires in Spain and Portugal. Luckily for us, we drove through an area in Portugal just a few days before fires broke out there. The countryside is covered in eucalyptus trees, which are grown for paper products and are highly combustible.

This, of course, was disturbing, learning that other places besides the American West are faced with the threat of wildfire – along with Spain and Portugal, there were also fires in Greece, Morocco, France, and Bosnia!

These fires and droughts are obviously a wake-up call for us to be conscious of our energy and water use, as well as whom we choose to support in the public sphere as voters and consumers.

I like to hope that every little bit we do counts (because the opposite is despair) – that if we all care, perhaps we can prevent the worst from happening. Having said that, please remember to support our awesome local firefighters. **The CVFD Fundraiser Picnic is September 10th.**

Lastly, my "epic" trip to Europe brought me a simple realization: as Dorothy says, "There's no place like home."



## Community Center Membership Renewal Time!

By Richard DicKard, CCCA

It's time to renew or to become a member of the Camptonville Community Center. The Center is for everyone, and your membership helps keep it alive and thriving as our community gathering place.

Pick the membership level that works for you: Individual or Family for as little as \$10 or \$25, or \$50 to \$500 for supporters. All membership donations are tax deductible and gladly accepted.

Send a check with your name, mailing address, email and/or phone to: Camptonville Community Center Advocates, PO Box 414, Camptonville, CA 95922.

Or check the website for further information and to pay online by credit card:

<https://www.camptonvillecommunitycenter.org/membership.html>

Thank you for your support!

## New Appliances for the Camptonville Community Center

By Richard DicKard, CCC Advocates

We've received a \$17,226 grant from the USDA California Rural Development that will pay for 75% of new appliances for our Community Center! The remaining 25% of the cost will be paid by the Camptonville Community Center Advocates from fund raising events and your donations (see article on page 3).

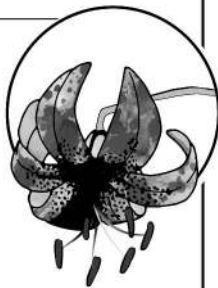
The new items we are purchasing to make our Community Center more functional and safe are a new, larger refrigerator, range and exhaust hood, on-demand water heater, dishwasher, new cabinets and countertops, four folding tables, a movie projector and 120 inch screen, a good PA system, and six carbon monoxide/fire detectors. Your donations will help us pay for our 25% share and are tax-deductible! Thank you!



RENT THE  
Camptonville  
COMMUNITY CENTER

Private party rentals available

Info at [bit.ly/rentCCC](https://bit.ly/rentCCC)  
or call 288-5016



**Published Monthly by Courier Volunteers as a Program of Camptonville Community Partnership, 501(c)(3)**

PO Box 32, Camptonville, CA 95922

Senior Editor: Shirley DicKard 530-288-3479

Copy Editors/Proofreaders: Yakshi Vadeboncoeur, Jimbo Garrison, Linda Brown, Janie Kesselman

Ads & Subscriptions: Linda Brown

Email: [camptonvillecourier@gmail.com](mailto:camptonvillecourier@gmail.com)

Editors: Janie Kesselman, Marcy Risque, Sandy Ross

Editorial Advisory Staff: Rod Bondurant, Rita Ortega

Folding & Distribution Manager: Rochelle Bell

Finances: Shirley DicKard, Corrin Burdett/CCP

Online Calendar & Website Support: Jesse Golden

Deadline to submit articles: 18th of the month. Email to: [camptonvillecourier@gmail.com](mailto:camptonvillecourier@gmail.com)

The views expressed in *The Courier* do not necessarily reflect those of *The Courier*, its staff, advertisers, or donors.

Read *The Courier* online (in living color) at: [www.camptonville.com](http://www.camptonville.com)

Free to Camptonville residents; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!



# What's Happening at the Community Center?

By Jesse Golden, CCC Advocates

Mark your calendar (or consult the online calendar at [camptonville.com](http://camptonville.com))! Besides the Saturday **Gardeners' Market** and **Coffee@Center (10 am-noon)** and **QiGong class at 12:30 pm**, and in addition to **Thirsty Thursdays on the second Thursday of the month, 5-7 pm (September 8, October 13, November 10)**, we have some fun things coming in October:



- **Saturday October 22, 3:30-7:30 pm, Oktoberfest!** Beer, food, music, and fun!
- **Friday October 29, 6:30-8:30 pm, Halloween party** with games, drinks, and snacks – wear your costume, there will be prizes! This will be adult-focused, but kids are welcome.
- **Saturday October 30, 9 am-noon**, bring remembrances of those who have passed for a **Day of the Dead** altar. (Mark your items so you can get them back).
- **Monday October 31**, in the afternoon, a kids' Haunted House, plus Day of the Dead altar will be open.

And, to help you keep up with all we're doing at The Center, subscribe to our newsletter; just send an email to [cvillecommunitycenter@gmail.com](mailto:cvillecommunitycenter@gmail.com) with the subject, SUBSCRIBE. (And add us to your contacts list so it doesn't go to your spam folder).

## Art Share

By Katie O'Hara Kelly

I would like to invite all fellow visual artists to join us in our last informal **Art Share** for this year at the Camptonville Community Center on **Saturday, September 10, from 10-11 am**. The suggested theme for September is "Harvest." Create art at home and then bring in whatever you were inspired to make to the Art Share. You can make anything in any medium, from fabric to crayons, and you don't have to use our suggested theme. We welcome anyone who would like to join us!



Photo by Dick DicKard

## \$5,000 Match to Finish Front of Community Center!

By Richard DicKard, CCSD

Wouldn't you love to see the front of the Community Center finished?! Well guess what – we have anonymous donors who will match up to \$5,000 of whatever the community donates between now and mid-November. That means if people pitch in and send a donation check by November 15th, it will be doubled and we can actually finish off the front of the building, with new windows, paint, and a front porch roof over the front deck to keep us dry from all that dripping rain we hope to have this winter!

Everyone can be a part of making this happen. Please send your donation for whatever amount to the **Camptonville Community Center Advocates, PO Box 414, Camptonville, CA 95922**. (Please put "match" in the memo of the check.) The CCC Advocates are a 501(c)(3) non-profit organization, so your donation is tax-deductible to the extent allowed by law.


Let's get the front finished! Thank you. For information, call me at **530-288-3479**.




Follow us on Facebook



✉ [first5@co.yuba.ca.us](mailto:first5@co.yuba.ca.us)  
 ☎ (530)-749-4877  
 📍 1114 Yuba Street, Suite 141  
 Marysville, CA 95901  
 🌐 [www.First5Yuba.org](http://www.First5Yuba.org)



935 14th Street, Marysville, CA 95901  
[www.yubacoe.org](http://www.yubacoe.org)

**FRANCISCO REVELES, Ed.D.**  
 Superintendent of Schools

Phone: (530) 749-4855 Fax: (530) 741-6500  
 E-mail: [francisco.reveles@yubacoe.k12.ca.us](mailto:francisco.reveles@yubacoe.k12.ca.us)

## All Hands on Deck at Camptonville School

By Patrick Brose



School is back in session and rolling along.

We start this year with our highest enrollment in years (58 students!) and many new families joining our community.

The year has started with some challenges – we are short a teacher, but our dedicated staff has stepped up and taken on many new duties. Mrs. Frost (formerly known as Ms. Stoll) has taken on the kindergarten and part of first grade with Mrs. Percy in addition to her normal special ed duties. Mrs. Spiers is teaching most of 1st through 4th grade and part of 5th. Ms. Aplington is teaching most of 5th through 8th grade. I have even jumped in teaching 4th grade math, 3rd grade social studies, and some special education sections.

It is all hands on deck at the school, but that is what makes our school and staff so amazing; everyone on the staff steps in and steps up. I love this school, and we are humming along with an awesome year ahead!



# CAMPTONVILLE COMMUNITY SERVICE DISTRICT

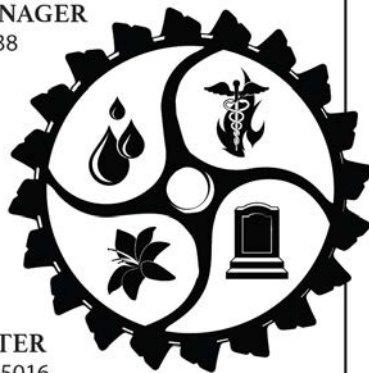
**WATER PLANT MANAGER**  
JT Rumsey 775-980-7138

**CEMETERY**  
Sandy Ross  
530-559-1629

**SECRETARY**  
Pam Wilcox  
530-288-3676

**COMMUNITY CENTER**  
Jesse Golden 530-288-5016

**CV FIRE DEPARTMENT**  
Chief Brandi Dudek 530-288-3303



CCSD  
PO Box 327  
Camptonville  
CA 95922



## Help Wanted 1,2,3 Grow Instructor

By Cara Olson, CCP

Camptonville Community Partnership is hiring for the classroom instructor position in our 1,2,3 Grow program. 1,2,3 Grow is a parent-participation, kindergarten readiness, early-childhood enrichment program and is free to all children ages 0-5 years. 1,2,3 Grow is located in the modular building on the Camptonville Elementary School campus, at 16585 School St. Camptonville, CA, 95922.

The program is three days a week, Tuesdays, Thursdays, and Fridays from 9:30 am-12:30 pm. This position has a total of 16 hours per week. Hourly wage is dependent on experience. Job duties include but are not limited to working with the program manager and program assistant to conduct classes and activities that enhance 0-5 year olds in their physical, social, and developmental growth, and school readiness.

Computer skills necessary, and teaching skills desirable. Duties may also include responsibilities outside of the classroom such as community celebrations, meeting attendance, professional development, and others.

To inquire further about the job, fill out an application, and schedule an interview, please reach out to **Cathy LeBlanc** at 530-288-9355 or email [cathy@theccp.org](mailto:cathy@theccp.org).



*Rural people working together  
for a safe, sustainable, and  
healthy community.*

Located at our **Family Resource Center**  
behind Camptonville School

Monday thru Friday 8:30am – 12:30pm

**High speed WiFi available for community use. Drop on by!**

### Highlights of our community-driven activities in the Yuba County foothills:

- Youth enrichment and skill building projects
- Family Resource Center
- Community Health Action Plan
- 1, 2, 3 Grow Parent participation child enrichment for 0-5 year olds
- The Camptonville Courier

### Development of:

Community-scale forest biomass to energy facility and business center

**Camptonville Community Partnership (CCP) 501(c)(3)**

530-288-9355 • [corrin@theccp.org](mailto:corrin@theccp.org) • [camptonville.com](http://camptonville.com)  
PO Box 218, Camptonville, CA 95922





Photo by Dick DicKard

## Thirsty Thursday Get-Togethers

By Richard DicKard, CCSD

The first Thirsty Thursday get-together on August 11 at the Community Center’s outdoor watering hole was a success! From 5-7 pm, twenty folks enjoyed beer, wine, non-alcoholic drinks, popcorn, pretzels, and good conversations with friends and neighbors. People donated a total of \$170 for their drinks and snacks. The money goes to support the Community Center.

The next Thirsty Thursday will be **September 8, 5-7 pm**. Be sure to bring your friends, good conversation, and a dry mouth.



**LOST NUGGET MARKET**  
**Ice Cream! Cold Beer!**  
**Hardware**  
**Gas, Bait, Videos & more**



**16448 Highway 49**  
**Camptonville, CA 95922**  
**288.3339**

## Twilight School: Lead a Class!

By Cara Olson

Camptonville Community Partnership (CCP) is excited to be bringing back Twilight School on the **first and second Thursdays from 6-8 pm on October 6 and 13**, and then again in February and March. Twilight School offers an opportunity to bring the community together to learn from each other and share skills, hobbies, and information.

For example, some of the classes we shared in the past included: Sign Language, Belly Dancing, Zumba, Gardeners Forum, Crafts, Bio-Diesel, Sewing, and more!

Every Twilight, will also offer young children’s activities in the 1,2,3 Grow area and sports in the gym. We even have some stipends available for cost of materials.

If you’d like to know more or have an idea for a class, please reach out to **Tyann Flower at CCP by calling 530-288-9355** or emailing her at **tyann@theccp.org**.



## Rally Point is Ready!

By Cara Olson

If you are between the ages of 10 and 15, you won’t want to miss this! Camptonville Community Partnership (CCP) is excited to open the doors of the Camptonville Community Center **starting September 15**, and will continue the **first and third Thursdays of every month from 5-7 pm**. There will be games, friendship, and snacks, and every meeting will have an Amazon gift card raffle!

Beyond all the fun stuff, our community’s youth will make strong connections, learn new skills, and explore exciting ideas about their futures. Please join us!

For more information call **Tyann Flower at 530-288-9355** or email her at **tyann@theccp.org**.



Land Clearing  
 Forest Management  
 Excavation  
 (530) 913-3501  
 Tedd@Sappenterprises.com



## Yuba County’s Eyes in the Sky... Oregon Peak Fire Lookout

By Beverly Cameron-Fildes,  
Oregon Peak VIP,  
Yuba Watershed Protection and  
Fire Safe Council

Oregon Peak Fire Lookout sits just above Bullards Bar Reservoir in Yuba County. While the tower falls under the direction of the Nevada-Yuba-Placer Cal Fire Prevention Unit, it has been staffed by local foothill volunteers for over 30 years. Many local community members were instrumental in revitalizing the lookout structure through grants and the sweat of their own brows, and the community thanks them with much gratitude for taking on that project. At a later date I'll give a little chronology when I can be sure that I have all the names... I would hate to miss anyone who had a hand in such an important endeavor.

This year alone, tower volunteers were “first reporters” on the Rice’s fire, the Winding fire, and the Apple fire, and just a few days ago (in August) OP volunteers were first reporters on the vehicle fire in Nevada County near Jones Bar Road. A good day is when there are no fires to report... but an even better day is when you spot and report a fire quickly enough to have it be stopped at just a couple of acres.

And that’s what Oregon Peak Lookout Volunteers do well. By the way, our oldest lookout is 95 years old.

Want to join the team and become a Volunteer in Prevention (VIP)? The tower can always use more volunteers. If you are interested in signing up to help staff the tower please contact: **Bill High, email: [hibill56@yahoo.com](mailto:hibill56@yahoo.com); cell: 530-701-7588**

To see the tower in action, search YouTube Oregon Peak Lookout. The video was done in October 2017. It’s an amazing 2 ½ minute look at what the tower sees – truly a room with a view. Hope to see you in the tower. Stay safe.

-Tower Photo by Beverly Cameron Fildes



## Camptonville Volunteer Fire Department Community Picnic!

By Donna Tate



The CVFD Auxiliary is hosting the **28th Annual Camptonville Volunteer Fire Department Community Picnic on Saturday, September 10.** Come one, come all, help support the CVFD, and see friends and acquaintances!

The picnic will be at the **Lost Nugget Field from 2-10 pm** (food will be served from 2-7 pm). Dinner will be our time-tested menu: choice of tri tip, chicken, or a hamburger, served with a baked potato, salad, and bread. We are thrilled that **"Sons of Boogie"** is returning for our evening entertainment!

**Raffle tickets** will be available at the **Lost Nugget – \$1 each or six for \$5.** We are working on a list of our amazing raffle prizes which will include a **\$500 grand prize!**



**Sweetland Garden**  
  
**Mercantile**

*Focusing on organic gardening; amendments and supplies, organic soils like Vermicrop bulk and bagged, Foxfarm Roots Organics, and Black Gold, gardening tools, irrigation supplies, greenhouse covers, and pest control.*

**29435 HWY 49, NSJ CA 530-292-9000**  
[www.sweetlandgm.com](http://www.sweetlandgm.com)



# "National Night Out" Brings the Neighborhood In

By Beverly Cameron-Fildes, YWP&FSC

On August 2nd, the Yuba Watershed Protection & Fire Safe Council participated in "National Night Out." We set up our table in the shade of the Lions Club Grove in Loma Rica, set out a variety of information and, along with other county agencies, prepared to meet our community neighbors – after all, that's what National Night Out is about!

While the weather was sweltering, it didn't stop folks from enjoying grilled hotdogs and cold drinks, participating in a raffle, and most of all, getting to know the names and faces of those whose job it is to help in times of crisis. For some it was meeting new "neighbors," while for others it was catching up on what's been happening since the last time they were together.

For Allison Thomson, (Yuba Watershed Protection & Fire Safe Council's Executive Director) and myself, it was an opportunity to share the many ways that the Fire Safe Council is providing the foothills of Yuba County with programs that educate the community in living with wildfire and sharing ways of reducing their fire risk.

In recent months, I'd heard First Responders mention the increasing number of roadside fires that have occurred, so it wasn't a surprise that the "No Spark" tow chain covers that we'd brought were flying off the shelf! Several people who picked up a set came back for a second set to give to a friend. In all, we distributed over 50 sets.

We had others sign up for Wildfire Mitigation Reviews both to utilize the Cost Share grants (Defensible Space and Home Hardening) and some just to be sure that they had done all that they could do to protect their homes. Still others picked up information about volunteer opportunities such as becoming Fire Lookouts, Wildfire Mitigation Advisors, and helping with events just like "National Night Out."

All in all, despite the heat, it was a great evening of sharing what the Council does and the ways we help the foothills stay fire safe.

For more information on programs available (including where you can pick up tow chain covers) go to [YubaFireSafe.org](http://YubaFireSafe.org).

# Yuba River Ranger District Report

By Amanda Siciliano, YRRD

- Our Camptonville office is currently closed until further notice.
- You can still contact the Yuba River Ranger District by calling **530-362-8259, Monday-Friday, 8:30 am-4:30 pm**. In-person appointments can be made if needed for some services.
- **The Nevada City Supervisor's Office is open 9 am -4:30 pm Monday-Friday. 530-265-4531.**

Most of our Yuba River Ranger District campgrounds are currently open. Reservations can be made online at [www.recreation.gov](http://www.recreation.gov), or by calling **877-444-6777**.

Did you see us at the Nevada County Fair this year? Our employees answered questions about forest regulations, camping, fire safety, and recreational opportunities. Visitors were treated to TNF and Smokey Bear stickers, pins, bookmarks, and posters. Those who wanted to test their knowledge of outdoor activities were asked trivia questions. Fire safety was the top thing on everyone's mind, and the most frequent question our employees received was about current fire restrictions.



Photo by Izaya Platt

**BOARD OF SUPERVISORS**

**RANDY FLETCHER**  
Supervisor 5<sup>th</sup> District

**YUBA COUNTY GOVERNMENT CENTER**  
915 8th Street, Suite 109  
Marysville, CA 95901

Office: (530) 749-7510  
Cell: (530) 693-7481  
Fax: (530) 749-7353  
E-mail: [rfletcher@co.yuba.ca.us](mailto:rfletcher@co.yuba.ca.us)

**Tinnel Painting**

**Professional Quality Work**

Affordable Rates • Free Estimates  
Interior / Exterior  
Residential / Commercial  
Deck Restoration

CSL # 873151  
Insured

**Daniel Tinnel**  
(530) 277-3564

## The Two Virtues of Firewood

By Robert Mumm

As the old saying goes, "firewood warms you when you cut it and warms you when you burn it." The first money I earned in my life came through firewood.

I think that I was paid a nickel per tier for stacking it. A tier of wood is part of a cord. A cord is four feet wide and four feet tall by eight feet long. For sixteen-inch wood, that would equate to three tier per cord. Some of the wood we sold was twelve-inch wood, which requires four tier to make a cord. The twelve-inch wood was for cook stoves, as many more were in common use back then.

In my early life, cutting and selling firewood was part of the family income. My father and my brother John, then called Sonny, would cut and split the wood. They could do so much more if they didn't take time to stack it. All the work of preparing the wood was done by hand when I started helping by stacking the wood.

Dad and Sonny would fell the trees and buck the rounds, using a two-man cross cut saw or "misery whip." They called to each other a lot, as this sort of saw requires close coordination with your partner. Those who do it well fall into a rhythm: when one pulls, the other just follows with no pressure, as any attempt to push the saw binds it. A little bottle filled with kerosene with a rag wick stopper helped lubricate the saw. Axes were used for limbing the tree, and even I had a child-sized but very real axe and knew how to use it.

When the tree was cut into rounds, it would be split by using various tools depending on the size and splitting ability. A splitting axe – which is just a very heavy axe – was used for small rounds and easy splitting rounds. A splitting maul might be required on harder wood. This tool is like a sledge hammer with an axe blade. A technique called whipping adds to the effectiveness of splitting tools. This involved lofting the blade high and bringing it in, much like a skater who pulls her arms in as she spins, which makes her spin faster. For large and hard-to-split rounds, steel wedges driven by a single jack or sledge hammer would be used. Two wedges would be used and struck alternately, gaining a little penetration on each in turn until the round broke open.


As the economy and our family fortune improved, we were able to use power tools. My father was a skilled mechanic, so he could buy broken or worn out machines and fix them. One of the first improvements was a drag saw. This had a heavy single cylinder engine mounted on an A-frame support, with a saw blade like a larger hand saw, which was driven back and forth by a pitman arm assembly. The drag saw was heavy and awkward to use, but once set up for a cut it ran independently as it cut through a log. This allowed enough time to split up

the previous round. The drag saw was heavy and awkward to use, but once set up for a cut it ran independently as it cut through a log.

We didn't have a wood splitter, and because some oak rounds were just too tough to split by hand, Dad acquired a fearsome device called a powder wedge. A powder wedge consists of a steel wedge with a hollow port in the center and a chamber which would be filled with black powder. There was a small hole into which a fuse was inserted, a sturdy cap was screwed on, and last but not least, there was a loop to which a strong cord was attached and the far end tied securely to a tree. When all was ready, all present stood behind a tree when the fuse was lighted. With a sound like a loud gunshot, the wedge either split the round or flew violently into the air. Now you see what the strong cord was for! You might search in the woods for quite some time before recovering the wedge.

As time went on, we added refinements such as an early version of a chainsaw – but that is a whole other story. Chasing the powder wedge is enough for now.





**NORTH COLUMBIA**  
**SCHOOLHOUSE**  
 1875 ★ CULTURAL CENTER ★ 1982

---

Home of the Sierra Storytelling Festival  
 Amphitheater & Concert Space  
 Community Building Events  
 Wedding & Event Venue  
 Local Talent Showcase  
 (530)265-2826

[www.northcolumbiaschoolhouse.org](http://www.northcolumbiaschoolhouse.org)





## Down in the Garden!

By Katie O'Hara-Kelly, North Yuba Naturalist

For the past month and a half, the sunflowers have been going to seed in our garden. Lots of birds are showing up to feed on the seeds. I love watching the antics of the Steller's Jays that are too heavy to perch on the seed heads. They hang upside down, jump up and peck, and stretch to reach the seed heads from the fence railings.

The Lesser Goldfinches are back. These little birds eat LOTS of seeds: on average, a goldfinch will eat 1/4 to 1/2 its body weight daily, which would be approximately 619-1,238 seeds a day. Wow – that is a lot of seed hulling! It also explains why they appear to eat continuously during the daylight hours. When the temps get cooler, they will migrate down to the foothills and valleys of California for the winter. It is so fun to watch these little birds (4.5" in length), the smallest of all goldfinches, feast in our garden.

There are also lots of insects feeding on the sunflowers that are still in bloom, including bees, wasps, and butterflies. The Bee Wolf is a wasp that preys on honeybees. Their yellow eyes make them easy to distinguish from other wasps. Adult females dig underground, branching burrows. Each side tunnel ends in a brood chamber where one to six paralyzed bees are deposited. The female Bee Wolf lays an egg on each bee and seals up the tunnel. When the larvae hatch they eat the paralyzed bees, pupate, and dig out of the burrow as adults.

There are a lot of Yellow-Faced Bumble Bees in our garden now. During the spring and summer, these bumble bees live in an underground burrow with one queen and 200-300 female worker bees. At the end of the summer the queen will lay unfertilized eggs from which male bumble bees will hatch. After they mate with a queen, they leave the hive and do not return. Many of the males spend the night on our flowers.

At this time of year, there's an abundance of butterflies in our garden. There are a wide variety of butterflies in the area right now. I keep seeing ones I've never seen before. Here are some interesting "Butterfly Facts" from butterflyconservatory.org:

*Butterflies have "complete" life cycles, with four different stages: egg, caterpillar (larva), chrysalis (pupa), and adult. The entire life cycle, from the deposition of the egg to the emergence of the adult, usually takes about a month for most butterflies.*

Each species of butterfly has a different adult life span. Some adult butterflies only live for a few days, while others live for a few weeks or even several months (if they experience dormant periods of diapause or hibernation). The average lifespan for most adults is one to two weeks.

*(Check out Katie's blog at [northyubanaturalist.blogspot.com](http://northyubanaturalist.blogspot.com))*

Photos by Katie O'Hara-Kelly

## Property Tax Relief For Eligible California Residents

By Russ Brown, Yuba County

The California Mortgage Relief Program announced it has expanded eligibility requirements to give more California homeowners a fresh start in their homes after falling behind on housing payments due to financial hardships brought on by the COVID-19 pandemic.

The program now extends assistance to cover past-due property taxes for homeowners whose mortgage payments are current and homeowners who are mortgage-free. Homeowners who fall in this category could receive up to \$20,000 to cover past-due property taxes.

Other program expansions include: homeowners are now eligible for assistance from the program if their household income is at or below the county income limit (150 percent of their county's Area Median Income, based on federal limits set for this program). California homeowners interested in applying can find their county's Area Median Income by using a calculator available online at [CaMortgageRelief.org](http://CaMortgageRelief.org).

In addition, homeowners who have missed at least two mortgage payments prior to June 30, 2022, and are currently delinquent may be eligible for assistance. This updates an original requirement for homeowners to have missed at least two payments prior to December 27, 2021.

The California Mortgage Relief Program offers financial assistance to eligible homeowners through a one-time only grant that does not have to be paid back. This means homeowners who have fallen behind on payments due to pandemic-related financial hardships can get caught up.

Homeowners can check to see if they are eligible to apply for the California Mortgage Relief Program by visiting [CaMortgageRelief.org](http://CaMortgageRelief.org) and clicking the "Apply Now" button. Homeowners who meet the pre-screening criteria may complete an application for funding. Application assistance is available through the program's Contact Center at **1-888- 840-2594**.



## Qi Gong By Sema Kelly

An article in PubMed Central (PMC) notes how benefits of Qigong can improve our overall health, including COVID-19.

Qi Gong helps us to regulate breath rhythm, body movement, posture, and meditation. This plays a role in preventing, treating, and recovering from respiratory infections, including COVID-19.

The PMC article points out that Qi Gong helps us with "stress reduction, emotion regulation, strengthening of respiratory muscles, reduction of inflammation, and enhanced immune function."

In the Qi Gong class at Camptonville Community Center (CCC), we regularly perform the simple exercises recommended in this article: abdominal breathing, Ba Duan Jin (8 Silken Brocades), and gentle, smooth, and simple movements that everyone can do at their personal level.

Each exercise we do in the Qi Gong class at CCC incorporates deep breathing, correct body movement, and posture. Besides, it is a lot of fun that leaves you feeling warm and flexible with an overall glow that radiates health. Come join us on **Saturdays at 12:30 at the CCC**.

## People Helping People By Jim Stewart

On Wednesday, August 24 at around 10 am, and about half way between the middle Yuba bridge and North San Juan, some locals (I assume) who had a saw or saws in their rig cleared Highway 49 of a good sized black oak that fell across the road. I was way behind forty or fifty more cars, and two curves, with no idea what was going on. I was about to turn around and give up on the trip to town when the first cars started coming down the hill. I just wanted to thank those helpers! It reminds me of the old days and the do-for-ourselves mindset: it just felt good. So thanks!



*He that helps another helps himself*

**We can help you with your Starlink install!**

**dish** **DON ADAMS**  
AUTHORIZED RETAILER ANTENNA SATELLITE SERVICES  
Since 1979

**Don Adams Satellite Antenna**  
**155 Joerschke Dr. Grass Valley, CA 95945**  
**(530) 274-3709**

Voted **BEST of the BEST** 2005-2016



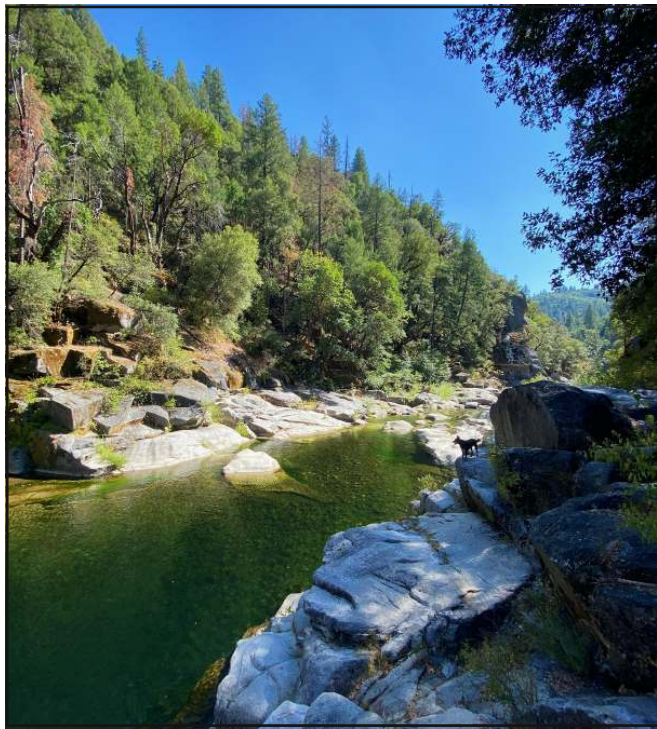


Photo by Rachel Finegold



## Traditional Ways and the Watershed

By Shelly Covert, Tribal Spokesperson, Nevada City Rancheria and Executive Director, California Heritage: Indigenous Research Project (CHIRP)

Traditionally, rivers have always been the corridors for Tribes living in their watersheds. Each Tribe used these waterways for travel, nourishment, ceremony, and places of gathering. The Spirits of each place were known to the Indigenous People in a way that remains within the collective Tribal memory even today.

Modern river usage has changed greatly for the population and in many ways, has narrowed in scope to only reflect recreation, without space for the inclusion of other life forms who depend on these waterways for their livelihoods, survival, and expression of self.

Remember that life abounds and cannot compete with the heavy-footedness that humans sometimes bring. When we walk gently, with conscientious awareness of other beings and life forms, we can move from self-centeredness into a more compatible way of living in harmony with Nature. Can you embody this responsibility?

Learn about the Tribe's history, CHIRP's programs and online store, sign up for our newsletter, to volunteer, and to donate, check out our website: <https://www.nisenan.org>.

**YUBA**  
WATER AGENCY

*Powering A Brighter Future  
for Yuba County*

Flood Risk Reduction ♦ Water Supply ♦ Hydropower  
Fisheries ♦ Recreation

[f](#) [t](#) [in](#) @yubawater YubaWater.org

**Sierra Family Health Center**  
CARING FOR YOU AS FAMILY

**Here for every part of you.**

**Integrated Health Services Include:**  
Medical, Dental, Behavioral Health and Chiropractic Care

**Covid-19 testing and vaccines now available!**

We accept Medi-Cal, Medicare and most insurances. Ask about sliding scale fees and gas card program.

**Two convenient locations:**  
Tyler Foote | 15301 Tyler Foote Rd | **530.292.3478**  
Oregon House | 8676 Marysville Rd | **530.692.9073**

**For more information:** Visit [SierraClinic.org](http://SierraClinic.org)

## Goings on in North San Juan — San Juan Ridge Community Coalition Events

By Pamela Rasada, Organizer, San Juan Ridge Community Coalition

We think it would be interesting for Camptonville residents to know about what is happening in our neighboring community and the services they are providing. For future information, contact **Pamela Rasada** at [sanjuanridgecc@gmail.com](mailto:sanjuanridgecc@gmail.com) or **530-303-6610**; or on the web at: [www.nsjcommunitycenter.org](http://www.nsjcommunitycenter.org). -Editor

### Social Services and Harm Reduction Support

To ensure those of us who live on The Ridge have easy access to assistive services, the San Juan Ridge Community Coalition has coordinated the establishment of five Health & Happiness Clinics offering harm reduction and social services.

The clinics occur **every Tuesday evening from 5:30-7:30 pm** at the **North San Juan Community Center** and on the **second Tuesday of every month from 10 am-12 pm** at the **San Juan Ridge Community Library in the Annex**. The morning clinic, hosted by Nevada County Behavioral Health, and Nevada County Social Services is held during the first two hours of the drive-thru food bank on Oak Tree Road at the Family Resource Center, making it easy to drop by the clinic during a visit to the food bank.

All of the clinics offer training (and supplies) on the use of Narcan (an overdose reversal medication) and Fentanyl test strips. You can also learn overdose prevention techniques and, if you are interested, gain access to treatment. The second Tuesday morning clinic also offers Medi-Cal and Food Stamps sign ups, as well as assistance collecting child support. In addition to harm reduction services, the Tuesday evening clinics, hosted by Yuba Harm Reduction Collective, offer peer support services by StreetCARE and sexual assault support and domestic violence services by **Community Beyond Violence** (<https://www.cbv.org/about>).

These services have been coordinated by the San Juan Ridge Community Coalition. If you have questions or wish to set up similar services in your local community, contact **Pamela Rasada** at [sanjuanridgecc@gmail.com](mailto:sanjuanridgecc@gmail.com) or **530-303-6610**.

### North San Juan Community Center Events

The North San Juan Community Center is seeking volunteers to assist with maintenance on the main building and the children's playground during a one-day **work party on Sunday, September 4, from 9 am-3 pm**. Volunteers will meet in the parking lot at the Community Center at 9 am and are encouraged to bring work gloves and a water bottle to refill at our hydration station. Please dress appropriately for working in the sun. We ask that volunteers please bring garden tools for weeding the medicine circle. We are also in need of a weed whacker, shovels, garden tools to share, a pressure washer, and wheelbarrows. The Center is located at **29190 State Hwy 49**. For more information or to offer equipment to support our needs, please contact the Community Center at [nsjcommunitycenter@gmail.com](mailto:nsjcommunitycenter@gmail.com).


### Buying or Selling, the NSJ Swap Meet is the Spot!

The North San Juan Community Center is hosting our **Fall Swap Meet on Sunday, September 25, from 9 am-5 pm**. Be sure to save the date and come check out the offerings. Are you sitting on a bunch of usable stuff you don't need any more? You can turn your unneeded items into cash by renting a booth. Each 10'x10' space is available for \$20. You will need to bring your canopy for shade, yet we have a limited number of tables and chairs available for use. Set up will begin at 8 am. To confirm your booth and reserve a table or chairs, contact **Ari** at [nsjcommunitycenter@gmail.com](mailto:nsjcommunitycenter@gmail.com).

### NSJ Community Center Monthly Board Meeting

Please join us on the 3rd Monday of each month from 6-8 pm for the North San Juan Community Center Board Meeting. Anyone in the community is welcome to attend and make comments. Agendas for the event are uploaded on our online calendar at [www.nsjcommunitycenter.org](http://www.nsjcommunitycenter.org), on the bulletin boards at the Center, and throughout the community, ten days prior to each meeting.

For all events, keep an eye out for updates at [www.nsjcommunitycenter.org](http://www.nsjcommunitycenter.org).



**Bullards Bar**  
Emerald Cove  
MARINA

**BOAT RENTALS**

530.692.3200  
Toll Free 877.692.3201  
[www.bullardsbar.com](http://www.bullardsbar.com)  
[info@bullardsbar.com](mailto:info@bullardsbar.com)



## Food Distribution in the Yuba County Foothills



### The Foothill Food Pantry:

Alcouffe Center, 9185 Marysville Road, Oregon House

**1st and 3rd Fridays, 12-1:30 pm**

(Closed the week of USDA distributions)

**September 2 and 16**

**October 7 and 21**

### USDA Commodities Food Bank:

Willow Glen Restaurant, Oregon House

**The 2nd Friday, 10:30-11:30 am**

**September 9 and October 14**

### North San Juan Food Bank:

Located at Oak Tree School, Oak Tree Road, NSJ

**The 2nd Tuesday, 10 am-12 noon**

Free Food and Clothing: 530-292-3174 for hours

## HELP & HOPE

For emergencies first call 911.

All area codes are 530 unless otherwise specified.

### CAMPTONVILLE:

- Cemetery \_\_\_\_\_ 559-1629
- Community Center \_\_\_\_\_ 288-5016
- Community Partnership (CCP) \_\_\_\_\_ 288-9355
- Community Services District (CCSD) \_\_\_\_\_ 288-3676
- Elementary School \_\_\_\_\_ 288-3277
- Family Resource Center (CCP) \_\_\_\_\_ 288-9355  
*Hours 8:30 am-12:30 pm, M-F*
- Post Office \_\_\_\_\_ 288-3348  
*Hours 11 am-1 pm, 1:45-3:45 pm, M-F*
- Volunteer Fire Department \_\_\_\_\_ 288-3303
- Water Plant \_\_\_\_\_ 775-980-7138
- Yuba River Ranger District \_\_\_\_\_ 362-8259/288-3231

Alcoholics Anonymous: Local 24 hr Hotline — 272-6287

Burn Day Status (www.fraqmd.org) — 741-6299

CA Rural Legal Assistance (Yuba Co) — 742-5191

CoRR (Community Recovery Resources) — 273-9541

### Domestic Violence:

Casa de Esperanza Hot Line (Yuba Co) — 674-2040

DVSAC Crisis Line (Nevada Co) — 272-3467

KNCO 830 AM (Nevada Co) — 477-5626

KUBA 1600 AM (Yuba Co) — 673-5400

KVMR 89.5 FM (Nevada Co) — 265-9555

Legal Center for Seniors (Yuba) — 742-8289

Mental Health 24 hr Crisis Line (Yuba) — 673-8255

NAMI -Support for Mental Illness — 272-4566

PG&E Outage Line — 800-743-5000

Red Cross of NE California — 673-1460

Road Conditions CalTrans — 800-427-7623

Sheriff (Yuba Co) Emergency — 911

Sheriff (Yuba Co) Non-Emergency — 749-7777

Supervisor Randy Fletcher (Yuba Co) — 749-7510

Yuba County Emergency Services (OES) — 749-7520

Yuba County Health and Human Services — 749-6311

Contact Editor for additions or corrections

### Clinic on Wheels is in Camptonville on

**Fridays 9:30 am-4:30 pm**



### Clinic on Wheels

Walk ins welcome on this full service family practice mobile clinic serving all ages. Services offered are primary care, acute care, prenatal care, women's health, CHDPs/physicals, behavioral health, Medication Assisted Treatment, and COVID vaccines

### Brought to a Location near you

Camptonville Community Center  
15333 Cleveland Ave,  
Camptonville, CA 95922  
(530) 301-9915

Medi-Cal, Medicare, most insurances accepted and sliding fee scale

[www.myharmonyhealth.org](http://www.myharmonyhealth.org)

Good Health Begins with Harmony



**Medical Clinic**  
Primary Care, Acute Care, Medication Assisted Treatment  
a full service family practice serving all ages

**Wellness Center**  
Comprehensive Perinatal Services, Women's Health  
Newborn Care and Women's Chiropractic Services

**Baby Buddies Birth Center**  
Free standing birth center for low-risk moms to deliver  
their babies in a warm and welcoming environment

**Integrated Behavioral Health**  
Serving youth and adult patients dealing with a variety  
of concerns to include: Adjustment Disorders, Depression,  
Anxiety, ADHD, Emotional Dysregulation and Trauma

**Complementary Services**  
Chiropractor and Acupuncture serving all ages

**Resource Center**  
Open to the community, free classes/support groups, eye glasses  
program, insurance enrollment and referral linking to other services

*Good Health Begins With Harmony*



We have four locations to serve you

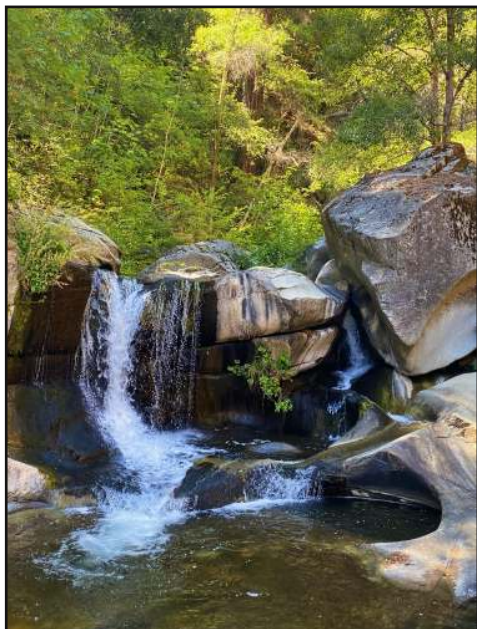
Marysville 1906 N. Beale Rd. Ste E Marysville, CA 95901 (530)743-6888	Wellness Center 1930 N. Beale Rd. Marysville, CA 95901 (530)645-7336
Del Norte 389 Del Norte Ave. Yuba City, CA 95991 (530)763-4352	Plumas 1215 Plumas St #1400 Yuba City, CA 95991 (530)777-3190

Most insurances accepted

[www.myharmonyhealth.org](http://www.myharmonyhealth.org)

The Camptonville Courier  
PO Box 32  
Camptonville, CA 95922

Prsrt., Std.  
U.S. Postage  
PAID  
Permit 4  
Camptonville, CA  
95922



Oregon Creek, photo by Rachel Finegold

\*\*\*\*\*ECRWSS 22B001  
Postal Customer  
PO Box or HC Route 1  
Camptonville, CA 95922

## September 2022 Community Calendar

The *Camptonville Courier* and Calendar are online **IN COLOR** at [Camptonville.com](http://Camptonville.com).  
To add local events to the calendar, email: [calendarville@gmail.com](mailto:calendarville@gmail.com)

September 1 and 8 - Twilight School (pg 5)

September 1 and 15 - Rally Point (pg 5)

September 10 - Art Share (pg 3)

September 10 - CVFD Picnic (pg 6)

September 25 - NSJ Swap Meet (pg 11)

### WEEKLY Events

(CCC = Camptonville Community Center)

**Tuesdays:** Yoga, 5 pm at the School Gym

Camptonville Fire Dept. Trainings, 6-9 pm, Firehall

**Thursdays:** Yoga, 10 am, CCC

**Fridays:** HH Clinic on Wheels, 9:30 am-4:30 pm, CCC

**Saturdays:** Coffee@The Center, 10 am-noon, CCC

Camptonville Gardeners' Market 10 am-noon, CCC

Qi Gong, 12:30-1:30 pm, CCC



### MONTHLY Events

**CCP Board** - 3rd Wednesday, 1 pm, Resource Center. 530-288-9355

**Thirsty Thursday** - 2nd Thursday, 5-7 pm, CCC

**CCSD Board** - 4th Thursday, 6:30 pm, CCC. 530-288-3676

**School Board** - 3rd Thursday, 5 pm, CV School. 530-288-3277

**All Food Banks – pg. 13**