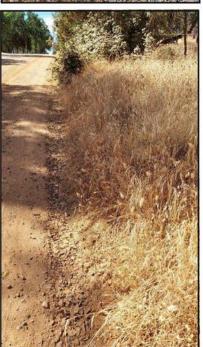
VOLUME 27 JULY 2023 NUMBER 7





**Dry roadside fuel** Photos by Beverly Cameron-Fildes

## **Entering Fire Season**

-Shirley DicKard, Editor

In nearly every issue over the past several years, the Yuba Watershed Protection & Firesafe Council has informed, educated, cajoled, and enticed us into making our homes and communities more resistant to wildfires. We are now entering the ever-widening high fire season. Please pay attention and do all that you can - individually and collectively.

More helpful information is on pages 6-7. Stay Fire Safe – YubaFireSafe.org

### It's Not Too Late, Until It Is

By Beverly Cameron-Fildes, Yuba Watershed Protection & Fire Safe Council

While typing this article for the July Courier, I'm listening to our scanner. "Watch Duty" notifications are coming in at lightning speed:

Fargo Way x Scott Grant Road, Loma Rica. Reported vegetation fire with smoke visible on cameras, possibly 3 separate starts.

I hear the hum of the of Air Attack followed by Air Tankers and some local ground sirens, all heading to just over the hill, maybe two and a half miles as the crow flies, to what is (was) dubbed the "Scott" Fire.

As we stood on our front porch and watched the huge plume of dark smoke rising to our east and spreading, the planes making pass after pass, and Watch Duty continuing to blast out updates, I realized that the fire information I was writing about may in fact, be a month late. As my mantra "it's not too late, until it is" played at my fingertips, I changed topical direction.

While the incredible snow pack and rainfall totals for the season increased the reservoirs of moisture in the existing large vegetation, it also increased the production of new, lighter fuels. Driving up Marysville, Loma Rica, and Willow Glen Roads, and on toward a number of Yuba County recreational jewels, it's clear that the flashy grasses, weeds, brush, and flowering plants are in abundance and lining the roads of our foothill communities. While I consciously enjoy the beauty, my brain is registering the danger that all this roadside fuel presents.

Pay attention to the roadways that lead to your town, your neighborhood, and your residence. In just a few weeks, if not already, the roadside fuels will dry and be the perfect place for a small spark from dragging tow chains, the flick of a still hot cigarette butt, or even sparks from a diesel engine under heavy load, to ignite and create a rapidly moving fire.

TIPS: • Safely reduce fuels along the roadside near your home/neighborhood.

 If you tow any equipment, always use tow covers and by all means carry two auto fire extinguishers. One isn't enough, or so I'm told. Stay Fire Safe – YubaFireSafe.org

# **Outdoor Burn Permits Suspended!**

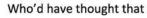
As of June 26th, Cal Fire has suspended all burn permits for outdoor residential landscape debris burning (In Yuba, Nevada, Sierra, and Placer Counties). See: burnpermit.fire.ca.gov/current-burn-status/

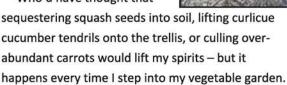
### From The Editor

- Shirley DicKard

### My Happy Place

My garden is my happy place. No matter what's happening in the world, I always feel at peace in my garden.





As I walk down the rows each morning, I exchange greetings with my plants: "My how you've grown! Looks like you're almost ready to share those cherry tomatoes. What do you need? – you seem a little yellow."

Mother Earth provides the music – right now the Black-headed Grosbeak fledglings are crying out, "feed me, feed me!" Red-shouldered Hawks call from the pine tops. Bees buzz into flowers.

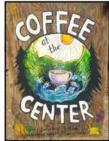
They say it's important to balance out stress (think high fire season) with something that brings you peace and calm. I'm so grateful for this happy place.



# Can You Help Us Set Up at Saturday Coffee@the Center?

By Rochelle Bell

We are looking for a special someone to help set up tables, chairs, and pop ups outside the Center every Saturday morning at 9:30. You will be rewarded with first pick of the usual yummy goodies that we offer every Saturday. If you are



goodies that we offer every Saturday. If you are interested, call Rod or Rochelle at 530-288-3550 for the details.



# What's happening at the Community Center

By Jesse Golden

- Thursday July 13, Thirsty Thursday, 5-7 pm, enjoy beverages and snacks, donations requested
- Saturday July 22, 4-7 pm WineShine benefit for the Community Center (see article, page 3)

### Ongoing events at the Community Center:

- Fridays, 9:30-3:30, Clinic on Wheels Harmony Health (Note: No clinic in July. Resumes in August)
- Saturdays, 10-noon, Coffee@theCenter, a community event
- Saturdays, 12:30-1:30 pm, Qigong class with Sema Karaoke? More bingo? Dancing? Music? Kids' events? Games?

Crafts? Festivals? All we need are volunteers to help make it happen!

Renovations are continuing – can you help? Please contact us!

Contact the Community Center at cvillecommunitycenter.org, or 530-288-5016.

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Read The Courier online (in living color) at: www.camptonville.com

Free to Camptonville residents; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!



# The Center's a' Comin' Along By Richard DicKard, Camptonville Community Center Advocate

In early July, dedicated volunteers will continue with serious work to renovate our Community Center. We hope to be finished with the renovation by early September.

The sketch below gives an idea of what the front porch will look like. Inside the Center, the kitchen will get new lower cabinets, new counters, a dishwasher, an on-demand LP gas water heater, and a new professional range and hood. The community room will get more ceiling and wall illumination, using LED lights.

The money that you as a community donated in early 2023 should cover the expenses. Most of the materials, parts, and pieces required are ordered or have been received and stored away. Thank you!

The Community Center Advocates, the 501(c)(3) that supports our Community Center, still need your help – like your volunteer labor or a donation of materials or money to get this renovation done soon!

Give me a call at 530-288-3479 or email me at rjdickard@gmail.com.



## Come to WineShine! Saturday, July 22nd

By Jesse Golden for the Camptonville Community Center Advocates

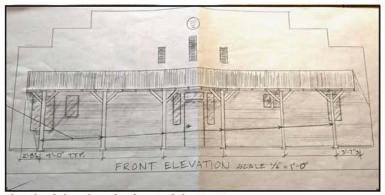
A beautiful summer afternoon...wines for tasting and taking home...delicious paired appetizers and palate cleansers...

On **Saturday July 22, from 4 to 7 pm**, come join the Camptonville Community Center Advocates for the first ever WineShine benefit event!

Your \$15 donation includes wine tasting, food, and one raffle ticket. We'll have an amazing variety of wines on hand, donated by a generous supporter. Knowledgeable wine aficionados will be on hand, ready to explain, suggest, and recommend. Wine will be available to take home (donation requested). You must be 21 or older to participate. Dress-up attire is appreciated but not required.

Please join us, support the Community Center, and come have a great time!

The Camptonville Community Center is located at 15333 Cleveland Ave in Camptonville, and is supported solely by memberships, donations, and event income. The Camptonville Community Center Advocates is a non-profit 501(c)(3) charitable organization; donations are tax-deductible to the extent allowed by law.



Sketch of the plans for front of the Center





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E-mail: francisco.reveles@yubacoe.k12.ca.us

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### Integrated Health Services Include:

Medical, Dental, Behavioral Health and Chiropractic Care

### Covid-19 testing and vaccines now available!

We accept Medi-Cal, Medicare and most insurances. Ask about sliding scale fees and gas card program.

### Two convenient locations:

Tyler Foote | 15301 Tyler Foote Rd | **530.292.3478** Oregon House | 8676 Marysville Rd | **530.692.9073** 

For more information: Visit SierraClinic.org







## Pine Needle-Powered Smoker

#### By Robert Mumm

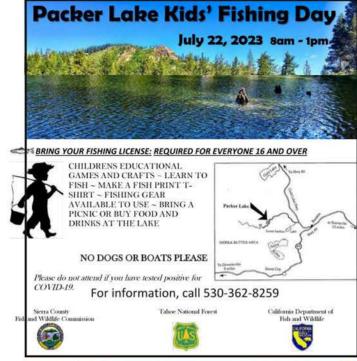
Back in the 1940s when the entire nation was mobilized for World War II, we at home learned to innovate to get things done. As I so often did, I rode along with my brother John on one



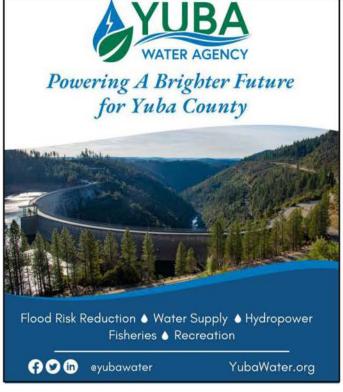
errand or another. This time it was to take some mill parts to Chet Weaver on Shady Creek to have some machine work done for the Mumm Sawmill. We rode in our Buick pickup - Dad had cut off the back portion of a Sedan and fitted a cargo bed on it. We turned off of Highway 49 and drove up the Creek for a distance until we came to the machine shop, or really to Chet's house. He greeted us at his front door and then led us around back to the shop. John showed him what we needed to have done. Chet said "Sure we can do that, but first I have to fire up the Smoker. It will take a few minutes to get going."

In the Smoker there were still strong embers of a previous fire, so Chet heaped in a generous armload of pine needles and closed the lid. "Let's figure this out while we get some smoke up," he said as he laid out the parts on the work bench. Chet could see my interest in the Smoker, so he paused in dealing with the job to be done and explained how his shop ran on pine needles. In the Smoker, pine needles were turned into smoke by slow burning in a closed space. Then the smoke was piped to the carburetor of a Model T Ford engine that had been modified in some ways to be better able to burn the pine needle smoke. Chet said about the only drawback was the engine needed to be taken apart periodically to clean out the tar from the pine pitch.

Pretty soon Chet judged the smoke to be ready and opened the valve that let it flow to the engine. "Give it a couple of good cranks," Chet told John. Sure enough, the Model T started up and puttered alone just about as well as it would have on gasoline which was hard to come by, for this took place during the Second World War and rationing severely limited how much anyone could have. Chet's shop was interesting in other ways too. Drive belts had to be hooked up to drive the various machines as no electricity was involved. Most of the shop machines were created from used auto parts, but the work they produced was very good, so Chet did a thriving business out of his pine needle-powered shop.







# Stay Safe and Be Prepared!

By Jesse Golden, Camptonville Prepared!

Let's make sure new residents and visitors, as well as those who've lived here a long time, know the basics:



- Always be prepared for extreme fire danger or severe weather conditions.
- Know and follow the recommendations for defensible space or burning (yubafiresafe.org).
- Be ready to evacuate at any time, or to shelter in place and be self-sufficient for 72 hours or more.

# Stay safe and be prepared! Training Event presented by Camptonville Prepared!, CVFD, and OES, June 17th at the Fire Hall.

## Here are some important resources:

- Emergencies, call 911
- Non-emergency Sheriff's Department: 530-749-7777
- Yuba County Office of Emergency Services (OES):
   bepreparedyuba.org
- Burn permit for residential burning: burnpermit.fire.ca.gov
- Burn Day information, visit fraqmd.org/burn-day-status or call 530-741-6299. Information changes daily.
- Yuba Watershed Protection & Firesafe Council (YWP&FSC):
   yubafiresafe.org. Helps residents with wildfire prevention and preparedness.
- Yubanet.com and radio station KVMR, 89.5 FM, for emergency information
- Code Red, follow links at yuba.org to sign up and get notifications.
- Camptonville urgent alerts and community email bulletins:
   sign up at bit.ly/cvnotify
- Zonehaven: find your emergency zone at community.zonehaven.com
- Camptonville on Facebook, search Facebook to find this helpful group.



Thank you to the Camptonville Volunteer Fire Department Auxiliary for hosting a beautiful farewell party for me.

Thank you to my CVFD firefighters,

friends, family, Chiefs from neighboring fire department districts, firefighters from the US Forest Service, and the community for attending, and for all the wonderful gifts and positive, heartfelt, and kind words.

There were so many conversations from past patients and their families from the time I came to help. Of course, it wasn't just me but my firefighters that answered the call.

I was overwhelmed and in absolute awe of the amount of attendance and the wonderful food! The many tears were of happiness and sadness as I move on to the next chapter of my life. I truly never realized the impact I had; I just did a job that I absolutely loved.

I am going to miss everyone and the community very much. I am only a phone call or text message away. I hope to stay in touch.

If anyone has pictures and videos (especially the kind words and gift giving) of the event, I would love copies. You can put them on facebook, email blackspotz@me.com or text them to me 530-305-4495.

Please stay supportive of the CVFD as they reorganize; they are a wonderful group of awesomeness!





## From the Camptonville Volunteer Fire Department

We are entering fire season, and it's a good time to update your emergency go-bag.

Here's a checklist to help.



Personal Items	Dot Cumpling
☐ Clothes for 2 days	Pet Supplies
- Fire resistant clothes are best	☐ Food - enough for 2 days
☐ Goggles	☐ Water: 1 gallon a day per pet
☐ Leather gloves	□ Leashes
Long shirt & pants	☐ Cat carrier
□ Boots	☐ Cat litter and litter pan
☐ Cotton hat	☐ Medication
☐ Face mask (N95 rated)	
	<u>Equipment</u>
Food & Water	☐ Flashlight
□ Non-perishable food for 2 days	☐ Headlamp & spare batteries
☐ Infant formula & bottles	□ Battery powered radio & spare batteries
□ Paper cups, plates, utensils	☐ Matches in waterproof container
☐ Paper towels	□ Cell phone charger
☐ Can opener	☐ Whistle
☐ Water bottle	□ Pocket knife
☐ Water: one gallon per day per person	☐ Wool blanket
Hygiene & First Aid	Household Evacuation Plan
☐ Eye drops	☐ Meetup spot (in town)
☐ Extra eyeglasses or contacts	☐ Meetup spot (out of town)
☐ Prescription medications	☐ Evacuation location (write down address)
☐ First aid kit	□ Map
☐ Toilet paper	
☐ Menstrual hygiene items	
☐ Wipes, diapers, diaper rash cream	
☐ Garbage bags	



### **BOARD OF SUPERVISORS**

JON A. MESSICK Supervisor 5th District

YUBA COUNTY GOVERNMENT CENTER 915 8th Street, Suite 109 Marysville, CA 95901

Office: (530) 749-7510 Cell: (530) 812-5416 Fax: (530) 749-7353 E-mail: jmessick@co.yuba.ca.us





# The CVFD is seeking more volunteer firefighters!

There are training sessions every Wednesday evening. Firefighters learn a lot of emergency response skills that keep our community safe. If you're interested in getting involved, you can email: camptonvillevfd6300@gmail.com.

There will be more information on becoming a volunteer firefighter in next month's *Camptonville Courier*.

### Mule Deer - Odocoileus hemionus

### By Katie O'Hara-Kelly, North Yuba Naturalist

It may seem to my readers that I'm primarily interested in birds, because I write about them all the time. The truth is, I love everything! Birds, reptiles, amphibians, insects, spiders, flowers, fungi, fish, and mammals all interest me. Birds however, are more common and fairly easy to photograph, hence the abundance of articles about birds. This month I'm going to focus on our local deer for a change, mainly their fawns.

There are two kinds of Mule Deer in my neighborhood, the Columbian Black-tailed Deer and the California Mule Deer. The California Mule Deer have larger ears (20"-22" compared to 8") than the Columbian Black-tailed Deer. Another way to determine which species you are seeing is to look at



California Mule Deer (I) and Columbian Black Tailed Mule Deer (r)

their tail. Columbian Black-tailed Deer have a more-or-less solid black tail. The California Mule Deer's tail is only black on the tip, sometimes with a thin strip of black running down the tail. Mule Deer breed in the fall, and do not mate for life. Males usually stick with males and females with females except for brief periods of breeding. The fawns are born sometime between June and July.



Doe nursing two fawns in the river

Last year, to my astonishment, I spotted a doe and a little, spotted fawn in the river one morning in late June! The doe froze when she saw me, which prompted the tiny fawn to instantly nurse. In another few seconds a second fawn joined the first fawn and also began nursing, right in the river. After about a minute the doe moved, the fawns stopped nursing, and they all crossed the river. Wow! I hadn't seen any little fawns for years, and I never ever watched them nurse before. What a great sighting.

Here's more information on fawns from northernwoodlands.com:

"Young fawns' scent glands are not well-developed. When a fawn is born, the doe licks it clean, removing odors that might alert predators. A few hours after birth, when the fawn can stand and walk, she moves it from the birth spot to a new hiding place. A fawn spends most of its first weeks of life bedded down alone. The doe stays away from her newborn except to nurse it periodically, and to lead it to new

bed sites. That way her scent does not attract predators to the area where the fawn is hiding. If she has twins, which is common, the doe will typically hide them in separate places and make the rounds to nurse them. While the fawn nurses excitedly, its tail flicking, the doe licks its fur and genital areas to stimulate urination and defecation. She may also consume the fawn's droppings to destroy evidence of its presence. Although secrecy is a fawn's main defense, it has another: mom. If a fawn is in distress, it bleats, and the doe, which stays nearby, usually comes running, ready to defend it with her sharp hooves.

Fawns grow rapidly on their mother's rich milk. By two to three weeks of age, they begin to nibble green vegetation. After a month, they will browse on tree seedlings. At this age, they begin to choose their own bedding sites and twins are reunited. By summer, young deer can outrun most danger, and trail their mother closely. Fawns usually are weaned at two to three months. In early autumn, a fawn's spotted coat is replaced by the gray-brown winter coat of an adult deer. Female fawns usually stay with their mothers for two years; young bucks leave after a year. A buck fawn can be identified when only a few days old by the two round spots on its head where the antlers will grow."

If you are lucky enough to find a fawn in the forest, please leave it alone, the mother will take care of it. It is always best to leave wild things wild!

Photos by Katie O'Hara-Kelly



**Land Clearing** Forest Management Excavation (530)913-3501 Tedd@Sappenterprises.com

# The Bouquets to Art Show

By Katie O'Hara-Kelly

Once again the Bouquets to Art Show, on Saturday, June 3rd, was a well attended, lovely event at the Camptonville Community Center. Twelve local artists participated, and their pieces varied from a "Van Gogh" cake, to a flower-filled "Picnic on the Seine." I don't know how many people attended, but 52 visitors voted for their three favorite "bouquets."

First place went to Judy Marovich for her "Full Circle" piece featuring a real bear skull amid a wreath of flowers, inspired by artist Bev Doolittle's painting "Bugged Bear." Second place went to Bettina Joy for her "Wholeness Balanced" piece, featuring a bouquet of flowers, inspired by her own two masks and spirit doll creations. Third Place went to Caroline Fowler for her "Move Mountains in your Mind," featuring a

# BOUQUETS TO ART JUNE 3, 2023



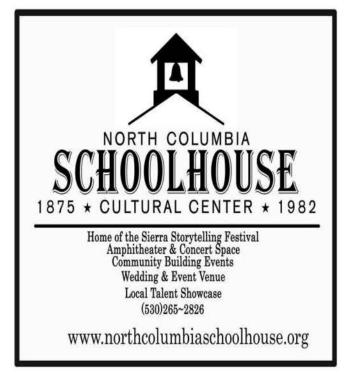


Photos by Katie O'Hara-Kelly

beautiful floral arrangement inspired by artist John Ruskin's drawing "Mer de Glace, Chamonix." Potted dahlias were given to the 1st, 2nd, and 3rd place winners.

Thanks go to all the wonderful artists whose efforts and talents made this show possible and also to Jesse Golden for fascilitating our use the Community Center for this show, providing a computer for the introductory/pep talk meeting, and for advertising it online. Thank you, thank you!





## **Local Water-Loving Trees**

By Chris Mills

The term "riparian" refers to streamside and lakeside habitats. There are around twice the number of tree species in riparian areas as on the drier slopes and ridge tops. We can loosely divide them into "riparian" and "semi-riparian," depending on how far from water they can live. The two most common riparian species locally are the California, or White, Alder, and the Big Leaf Maple.

The Alder is rarely more than fifty feet from water. Younger specimens have smooth grey bark; older trunks will have crusty, nearly black bark. Alder wood is light, soft, and weak and is not good for lumber or firewood. The leaves are a pointed oval, doubly serrated at the margins, and they fall off in the autumn while still green, later turning brown. As with any of the riparian species, if you see a grove of them by the side of the highway, you may assume there is a wet spot where the road interferes with drainage.

The Big Leaf Maple is a grand, fast-growing shade tree and, as with all the Maples, needs lots of water. It can extend farther from the creek than the Alder, but uses more water simply because it grows so quickly. If you cut



one down in the spring, you may have three six-foot shoots sprouting from the stump by fall. The leaves are some of the biggest among North American trees, at eight to ten inches wide, have a typical lobed maple shape, and are deciduous. Riparian species, having a higher water content, are somewhat less flammable than those of drier habitats.

The Poplars, of the genus Populus, are all water-loving, and all have light, soft wood. Cottonwoods and Aspens are both Poplars. Poplar Lane, off Pike City Road, is named for the row of (planted) Lombardy Poplars there. The Lombardy is not native to this area and has a tall, narrow columnar form. There are a few Aspen trees in the meadow where the former Pike City Post Office was, off the end of the Pike City Road along the watercourse that feeds the pond. You've heard the phrase "quaking Aspen" - all the Poplars have the same fluttering aspect to the leaves, the result of having long, flexible leaf stems. The Cottonwoods get fairly tall. They can be seen down at the Our House Dam, and at the Oregon Creek Day Use Area, where the Middle Yuba crosses Highway 49.

The one remaining group of riparian trees is the Willows, of which there are many species in California. They are all soft, weak-wooded trees that form bushy thickets right next to the water. They occur down by the river and also in the stream canyons up here. Willow bark is the original source of aspirin, although it is now synthesized. The genus of Willows is Salix; aspirin is salicylic acid. All species have long, narrow, pointed leaves, called "lanceolate" among botanists.



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Rural people working together for a safe, sustainable, and healthy community.

Located at our Family Resource Center behind Camptonville School

Monday thru Friday 8:30 am-12:30 pm

High speed WiFi available for community use. Drop on by!

### Highlights of our community-driven activities in the Yuba County foothills:

- Youth enrichment and skill building projects
- Family Resource Center
- Community Health Action Plan
   The Camptonville Courier
- 1, 2, 3 Grow Parent participation child enrichment for 0-5 year olds

#### Development of:

Community-scale forest biomass to energy facility and business center

### Camptonville Community Partnership (CCP) 501(c)(3)

530-288-9355 · corrin@theccp.org · camptonville.com PO Box 218, Camptonville, CA 95922



# Food Distribution in the **Yuba County Foothills**



### The Foothill Food Pantry:

Drive-through distribution at the Alcouffe Community Center in Oregon House 9185 Marysville Road (across from the fire department) The 1st and 3rd Friday, 12-1:30 pm July 7 and 21, August 4 and 18

### The USDA Commodities Food Bank

Located at Willow Glen Restaurant, Oregon House

The 2nd Friday: 10:30-11:30 am July 14, August 11

Distributed by The Gleaners.

### North San Juan Food Bank, Nevada County:

Located at Oak Tree School

The 2nd Tuesday, 10 am-Noon

Free Food and Clothing Closet: call 292-3174 for hours

# Instructions for living a life: Pay attention. Be astonished. Tell about it.



Mary Oliver



### Medical Clinic

Primary Care, Acute Care, Medication Assisted Treatment a full service family practice serving all ages

#### Wellness Center

Comprehensive Perinatal Services, Women's Health Newborn Care and Women's Chiropractic Services

### Baby Buddies Birth Center

Free standing birth center for low-risk moms to deliver thier babies in a warm and welcoming environment

## Integrated Behavioral Health

Serving youth and adult patients dealing with a variety of concerns to include: Adjustment Disorders, Depression, Anxiety, ADHD, Emotional Dysregulation and Trauma

# Complementary Services

Chiroprator and Agupuncture serving all ages

### Resource Center

Open to the community, free classes/support groups, eye glasses program, insurance enrollment and refferal linking to other services



www.myharmonyhealth.org

## HELP & HOPE +

For emergencies first call 911. All area codes are 530 unless otherwise specified.

CAMPTONVILLE:	
•Cemetery ——————————————————————5	59-1629
Community Center — 2	88-5016
Community Partnership (CCP)	88-9355
<ul> <li>Community Services District (CCSD) ————————————————————————————————————</li></ul>	88-3676
• Elementary School ———————————————————————————————————	88-3277
Elementary School     Family Resource Center (CCP)     Hours 8:30 am-12:30 pm, M-F	88-9355
Post Office — 2	88-3348
Hours 11 am-1 pm, 1:45-3:45 pm, M-F	
Volunteer Fire Department — 2	88-3303
• Water Plant———775-9	80-7138
Yuba River Ranger District — 362-8259/2	88-3231
Alcoholics Anonymous: Local 24 hr Hotline —2	72-6287
Burn Day Status (www.fraqmd.org) — 7-	41-6299
CA Rural Legal Assistance (Yuba Co) — 7-	42-5191
CoRR (Community Recovery Resources) ———2 Domestic Violence:	
Casa de Esperanza Hot Line (Yuba Co) ——6	74-2040
DVSAC Crisis Line (Nevada Co) ———————————————————————————————————	72-3467
KNCO 830 AM (Nevada Co) ————4	77-5626
KUBA 1600 AM (Yuba Co) — 6	73-5400
KVMR 89.5 FM (Nevada Co) ———————————————————————————————————	65-9555
Legal Center for Seniors (Yuba) — 7-	42-8289
Mental Health 24 hr Crisis Line (Yuba) ————6	73-8255
NAMI -Support for Mental Illness — 2	72-4566
PG&E Outage Line — 800-7-	43-5000
Red Cross of NE California — 6	73-1460
Road Conditions CalTrans — 800-4.	27-7623
Sheriff (Yuba Co) Emergency —	
Sheriff (Yuba Co) Non-Emergency ————————————————————————————————————	49-7777
Supervisor Jon Messick (Yuba Co) — 7-	49-7510
Yuba County Emergency Services (OES) ————7-	
Yuba County Health and Human Services ——74	49-6311
Contact Editor for additions or corrections	

### Please note:

There will be No Clinic on Wheels in July. We look forward to resuming health care in August.



a california health cente

### Clinic on Wheels

Walk ins welcome on this full service family practice mobile clinic serving all ages. Services offered are primary care, acute care, prenatal care, womens health, CHDPs/physicals, behavioral health, Medication Assisted Treatment, and COVID vaccines

### Brought to a Location near you

Camptonville Community Center 15333 Cleveland Ave Camptonville, CA 95922 (530) 301-9915

Medi-Cal, Medicare, most insurances accepted and sliding fee scale www.myharmonyhealth.org

Good Health Begins with Harmony



# The Camptonville Courier PO Box 32 Camptonville, CA 95922

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Sunset view of the Sutter Buttes after the June 12th rainstorm
Enjoy photo in gorgeous color at: courier.camptonville.net/p/welcome.html
Photo by Beverly Cameron-Fildes

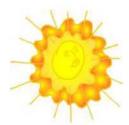
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# **JULY 2023 Community Calendar**

The Camptonville Courier and Calendar are online IN COLOR at Camptonville.com.

To add local events to the calendar, email: calendarcville@gmail.com



July 5 - Seniors on the Go - Fishing Tips (Pg 4)

July 13 - Thirsty Thursday, Community Center (Pg 2)

July 16 - Cheese Making, Oregon House (Pg 4)

July 22 - WineShine, Community Center Benefit (Pg 3)

July 22 - Packer Lake Kid's Fishing Day (Pg 5)



### **MONTHLY Events**

CCP Board - No July meeting. Resumes in August

Resource Center. Contact: 288-9355

CCSD Board - Meets 4th Thursday, 5:30 pm, CCC

Contact: 288-3676

School Board - Meets 3rd Thursday, 5 pm, at CV School

Call to confirm: 288-3277

Thirsty Thursday - 2nd Thursday, 5-7 pm CCC

All Food Banks - See Page 11

Call first to verify meeting times before attending CCC = Camptonville Community Center

### **WEEKLY Events**

Tuesdays: Yoga, 5 pm, School Gym

Wednesdays: Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall Fridays: HH Clinic on Wheels, (None in July. Resumes in August)

Saturdays: Coffee @ The Center, 10 am-Noon, CCC

Qi Gong: 12:30-1:30 pm, CCC