SEPTEMBER 2023 VOLUME 27 **NUMBER 9**



A dozen of the many neighbors and friends relishing their weekly coffee klatch...

Saturday Coffee/Gardeners' Market Gets Bigger and Better!

Bv Rochelle Bell

A wonderful crowd is enjoying morning coffee and goodies, then shopping out back at the busy Gardeners' Market. We have had a bountiful supply of delicious peaches and a broad selection of tomatoes and other veggies from an increasing number of vendors. Also,

talented local artisans are bringing their beautiful hand-crafted items.

The word is out in surrounding communities as well, and we are happy to meet our neighbors who come to enjoy our hospitality and locally grown food. A special treat has been visits by "The Golden Rays," a senior citizens group that comes all the way from Downieville in their van!

Join us on Saturdays at the Center from 10 am 'til Noon.





The backyard's a'buzz with vendors of all ages!



Kids enjoying treats



What a spread!

Photos by Rod Bondurant and Janie Kesselman



September's Splash of COLOR Sponsored By Joe and Trish!

Here's what they have to say:

"We're grateful for our community, we appreciate everybody, and we love the color!" Thank you, Trish and Joe, for being among our first Color Sponsors!

To learn how you can help sponsor COLOR pages of The Camptonville Courier, see the article on page 9.



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From the Editor

-Janie Kesselman

With a delightful August rain splattering the cedars outside my window, I'm feeling grateful for the intoxicating odor of petrichor (the smell of the earth after it rains!) So far we've been spared the smoke

and fires that plagued us here last year, another reason to be grateful (albeit still vigilant!)

Something I've participated in for the last few decades has been South Yuba River Citizens League's (SYRCL) River Cleanup Day. Once a year, when visits to the Yuba have tapered, SYRCL invites us all to help clean our favorite river spots from 9 am-Noon, and then celebrate with a volunteer party at Pioneer Park from 12-3 pm, where we'll eat and socialize and share stories of our most unusual trash finds...

This year's event is on **Saturday, September 23rd**. I'll be helping with the volunteer party, and hope some good Camptonville citizens will head down to our beloved Oregon Creek swimming hole to help beautify it for the next season! Sign up to help at:

yubariver.org/events/annual-yuba-river-cleanup-2023/

It's Rally Point For Youth Time! By Amber Mehrmann, CCP

It's Rally Point time! On **September 19th at 5 pm,** Camptonville Community Partnership
(CCP) will be hosting its first **Rally Point** gathering of the school year for youth ages 10-15.

Rally Point is held at the **Camptonville Community Center**. It is a space for youth to gather, learn new skills (including how to be a part of the community), and explore exciting ideas about their futures. We play games, eat snacks, and do a gift card raffle at every meet-up. It is also a great space for youth to gain meaningful friendships, make connections with other youth in the community, and learn something new!

Rally Point will be held **every first and third Tuesday from 5-6:30 pm**. You can come to the Resource Center on the Camptonville School campus to learn more about Rally Point and pick up a permission slip. Call Amber at 530-288-2347 or email us at *amber@theccp.org*. Hope to see you all there!



"Thirsty Thursday!" your monthly neighborhood bar-by-donation! Enjoy beverages, snacks, and socializing with

friends; donations requested; hosts needed.

• Friday September 22nd, 5:30-8:30 pm: Concert!

Broken Compass and Makenna Prince — doors open at 5 pm; bring a chair and/or blanket for sitting outdoors; taco bar, beer and wine, non-alcoholic beverages.

• Sunday September 24th, 4-9 pm:

Wordsmiths & Music Makers – poetry and music to benefit and uplift the human spirit, with a fabulous feast, \$5, children under 12 free.

Ongoing events at the Community Center:

- 1st and 3rd Tuesdays, 5-6:30 pm: Rally Point for Youth (starts Tuesday, September 19th see article on this page)
- Fridays, 9:30-3:30: Clinic on Wheels Harmony Health
- Saturdays, 10-noon: Coffee@theCenter and Gardeners' Market
- Saturdays, 12:30 pm: Qigong class with Sema K.

Watch for notices for:

 Community Center Member Dinner – become a member now at camptonvillecommunitycenter.org – click the membership tab.

And in October...

Hosts are requesting your help to make the following events happen; please contact the host if you can contribute in any way – including decorations, prizes, ideas, and helping to set up, run the event, and/or clean up.

- Friday October 28th, 6:30-8:30 pm: join us for a Halloween Costume Party contact Pam at mypathislight@yahoo.com
- Tuesday October 31st, 3-7 pm: Camptonville Halloween Kids' Carnival contact Tyann at flower.tyann@gmail.com

Volunteers wanted! – to host Thirsty Thursday, to host Coffee@theCenter, and to make more events happen!

Please contact the *Camptonville Community Center* at: 530-288-5016 or *camptonvillecommunitycenter.org*

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PO Box 32, Camptonville, CA 95922 * EMAIL: camptonvillecourier@gmail.com

Senior Editor: Shirley DicKard 530-288-3479 Editors: Janie Kesselman, Marcy Risque, Sandy Ross

Copy Editors/Proofreaders: Yakshi Vadeboncoeur, Jimbo Garrison, Linda Brown, Janie Kesselman

Ads and Subscriptions: Linda Brown

Editorial Advisory Staff: Rod Bondurant, Rita Ortega
Folding and Distribution Manager: Rochelle Bell

Finances: Shirley DicKard, Corrin Burdett/CCP

Online Calendar and Website Support: Jesse Golden

Deadline to submit articles: 18th of the month. Email to: camptonvillecourier@gmail.com

The views expressed in *The Courier* do not necessarily reflect those of *The Courier*, its staff, advertisers, or donors.

Read The Courier online (in living color!) at www.camptonville.com

Free to Camptonville Residents; Subscriptions: \$15/year Tax-deductible donations are appreciated!

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Camptonville Community Center progress as of 8/12/23...... And two weeks later!



Photos: Janie Kesselman

The Little Community Center That Can! By Richard DicKard, CCSD

We've certainly shown how a community working together can make incredible progress at the Community Center! Just take a look at how much has been done in the last months toward renovating the front of the building, the kitchen, and the bathrooms - all to make it a safe and inviting place to gather. Our goal is to open the doors for events in mid-September. By then we will have a new covered front porch, renovated bathrooms, and a new kitchen.

We want to thank our dedicated crew who have been doing the work in the last several months: Tony Sandner, Keith Montgomery, Tim Jones, Lee Brown, Norm Ross, Bob Symes, Lindsay Ostrander, Joel Morsberger, Janie Kesselman, Jody Deaderick, Ray Crane, Caleb Garling, and Mia Narrel to list a few. And thank you to everyone who has donated money towards the renovation of our Community Center! In the last year, Camptonville folks have donated \$20,000, plus freely given more than 800 hours of labor, and we have received close to \$20,000 in grants!

But we're not done. As so often happens, costs have exceeded the amount of money we have. We still need \$6,080 to finish the front porch, kitchen, and bathrooms.

Tax-deductible donations are gratefully accepted to our 501 (c)(3) non-profit. Please send them to:

Camptonville Community Center Advocates, PO Box 414, Camptonville, CA 95922. Thank you!





Broken Compass Bluegrass -September 22nd





If you are looking for a fun night out with great music, wonderful food, and the best community, come out and join us at 5 pm on Friday, September 22nd at the Camptonville Community Center. Broken Compass Bluegrass trio (Kyle Ledson, Django Ruckrich, and Sam Jacobs) joined by Makenna Prince are sure to get you dancing! Kyle Ledson has been sharing his music with Camptonville for the last 14 years. It is sure to be an amazing night of music making.

This event will be in the backyard at the Community Center. Doors open at 5, Makenna starts at 5:30, and Broken Compass takes the stage at 6:30 pm. Bring a chair and/or blanket. Beer, wine, and non-alcoholic beverages will be available, and there will also be food – a taco bar for \$10/person!

Tickets are available at eventbrite.com. Presales are \$10 and day-of tickets will be \$15. Children under 12 are free. If you have any questions, please contact Christina Ledson at christinaledson@gmail.com or 775-830-7352.



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What Was Once the Largest Shopping Center in Northern Ohio Was Built Where There Had Been a Pond I Used to Visit

Loving the earth, seeing what has been done to it, I grow sharp, I grow cold.

Where will the trilliums go, and the coltsfoot? Where will the pond lilies go to continue living their simple, penniless lives, lifting their faces of gold?

Impossible to believe we need so much as the world wants us to buy.

I have more clothes, lamps, dishes, paper clips than I could possibly use before I die.

Oh, I would like to live in an empty house, with vines for walls, and a carpet of grass.

No planks, no plastic, no fiberglass.

And I suppose sometime I will.

Old and cold I will lie apart
from all this buying and selling, with only
the beautiful earth in my heart.

~Mary Oliver~

New Face At the Family Resource Center!





By Amber Mehrmann, CCP
Hello, Camptonville! My
name is Amber Mehrmann.
I hail from Alleghany, CA,
where I abide with my
husband and son. We run a
little pub and restaurant
called Casey's Place (many
of you may have already
met me there.) I have lived
in this area off and on for
about 21 years. I was also a

part of the 123 Grow team last year, teaching in the classroom on Thursdays.

I enjoy the outdoors in all of its facets, reading, crafting, gardening, and cooking. I am now the new face you will see at the front desk in Camptonville Community Partnership's Family Resource Center.

I am also stepping into the roll of Prevention/Early Intervention (PEI) Coordinator. I will oversee the **Rally Point** program and youth mentoring projects, working together with youth of our community (see Rally Point article, page 2).

Wordsmiths & Music Makers And A Bumper Crop of Creativity! September 24th By Yakshi Vadeboncoeur

On Sunday afternoon, September 24th, 4-9 pm,

Wordsmiths & Music Makers returns to uplift your spirit and pluck at your heart strings by playing with words, strumming guitars, and celebrating our local harvest of creativity and music.

It's already September! So get ready to share in the amazing crop of talent that falls from the branches of Camptonville trees and springs from its soil. The Autumnal Equinox is September 23rd, and that first fall weekend is serving up an amazing harvest. On Friday night, Makenna Prince (who performed in March for Wordsmiths) is opening for Kyle Ledson and Broken Compass. Then Sunday afternoon, it's the fall celebration of Wordsmiths & Music Makers.

Come one, come all! Your donation of \$5 at the door will feed both body and spirit, as there is always a banquet from local gardens and creative cooks spread out for audience and performers alike to enjoy during breaks from the creative outpouring. Don't miss the likes of: John Deaderick, Will Staple, Shabda Owens, Jimi Linderborg, Travis Lee, Barbara Graham, Yakshi, and more.

For more information or to be added to the performance list, contact Yakshi at yakshiv@gmail.com



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New Teacher, Students, Playground, and Flooring for the New School Year!

By Patrick Brose, Superintendent/Principal

Camptonville School is open and humming away for the new school year! There have been so many projects happening at the school to modernize and update our facilities that I spent most of the summer either at the school or on the phone with contractors and workers, but it has been well worth it.

To start, our new playground has been installed and is open for students! We installed a play structure and swings, while still keeping our older train-style playground equipment for the smallest children. Through the power of food (thank you Lynn and Alix!), our construction crew was willing to move some of our old equipment to a location near the track to be used for physical fitness activities in PE. Funding for this project came from Federal COVID grants and has had no impact on the general funds to our school.



Our second large project this summer was replacing the floors throughout the campus (don't worry, we kept the original gym floor and will refurbish it in the future). All of the old carpet was removed and replaced with new vinyl plank flooring in the halls and classrooms and new carpet in the offices. The interior of the campus looks new and really feels bright and fresh. The project went with just a few minor hiccups, as we did find asbestos in the floors. A full abatement of the asbestos was done, and the entire campus was tested to stringent regulations to ensure that there are no asbestos exposure threats to our community. While a pricey process, it is one that ensures the safety of the school for decades to come.

Finally, I would like to take a moment to introduce our newest teacher, **Rose DiRegolo**. Ms. DiRegolo comes to us from San Juan Unified in Roseville, where she taught 1st grade. She is an amazing new teacher who has moved up to the mountains to join our school and teach our 1st/2nd grade class. Ms. DiRegolo brings a wealth of modern teaching experiences to the school and has made a wonderful impression on all of our staff and families. Welcome Rose!

Until next month, keep on reading and learning!

Enriching the Lives of Our Littlest Learners!





By Eugene Salganik, CCP

In the heart of our beloved small town, a world of excitement and growth awaits the youngest members of the community. We are thrilled to introduce our esteemed enrichment program, *1,2,3 Grow*, tailored for children aged **0-5 years old**. As the dawn of a new year approaches, we eagerly anticipate the wonderful experiences and learning adventures that lie ahead.

Guiding our little learners on this journey are two exceptional educators, Eugene and Lawana. With a passion for nurturing young minds and years of experience, they bring a blend of expertise and warmth to every interaction. Eugene's creativity knows no bounds, and Lawana's patience creates a nurturing environment where curiosity is encouraged to flourish.

This new year promises to be brimming with imaginative activities, hands-on exploration, and captivating stories that will spark a lifelong love for learning. As we embark on this enriching voyage together, we invite parents and guardians to join us in fostering a stimulating and supportive atmosphere for our children. Here's to a year filled with laughter, growth, and countless moments of discovery that will shape the futures of our youngest learners in the most delightful ways.

Our doors will be open every Tuesday, Thursday, and Friday from 9:30 am-12:30 pm. For any inquiries or questions, please feel free to reach out to Eugene at eugene@theccp.org or give us a call at 530-288-9355.



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Monarch Butterfly

Down In the Garden...

By Katie O'Hara Kelly, North Yuba Naturalist

Right now our garden is a living rainbow filled with flowers and a variety of colorful critters including hummingbirds, beetles, butterflies, and moths. Hummingbirds are the most colorful bird family on earth. Anna's Hummingbirds are the most common hummingbird in our garden. I just love watching the changing iridescence of the males. The following

information at *sciencedaily.com* explains how iridescent colors occur in hummingbirds.

"All birds' feathers are made of keratin, the same material as our hair and nails, and they're structured like tiny trees, with parts resembling a trunk, branches, and leaves. The "leaves," called feather barbules, are made up of cells that contain pigment-producing organelles called melanosomes. Unlike other birds, Hummingbird melanosomes are pancakeshaped and contain lots of tiny air bubbles, which create a more complex set of surfaces. When light glints off those surfaces, it bounces off in a way that produces iridescence."



Leaf Beetle

I found this beautiful metallic-green **Leaf Beetle** on one of the Silk Tassel Bushes bordering our garden. Its iridescence was stunning! The following information from webexhibits.org explains how this coloration works.

"The epicuticle, or outermost surface, of iridescent beetles is made of many stacks of slanting, plate-like layers, which are oriented in different directions. These layers bend, then reflect the incoming light. A layer of pigment below the refractive plates of beetles effect the iridescence."

Butterflies and moths can also be iridescent, but mainly on a microscopic level. Even so, their colors are stunning as they flit around our garden! I spotted this Monarch Butterfly last Sunday. It's the first one to visit our garden so far this year. Perhaps it's on its migration to its winter habitat on the central or southern coast of California. What a beauty!

There are a couple of unusual "hummingbird" moths in our garden this year: the Snowberry Clearwing Moth and the Sphinx Moth. Although they are not brightly colored like butterflies, they are still extraordinarily beautiful! Snowberry Clearwing Moths are





Anna's Hummingbird



Snowberry Clearwing Moth

not numerous or common in our garden. I'm always thrilled to see

White-lined Sphinx Moth

them. Their clear wings beat so fast, it's almost impossible to see them! They also fan out their tail scales and hover in front of flowers, just like hummingbirds. This year is also an incredible year for White-lined Sphinx Moths. Lately I've seen

them in our garden AND in the Lakes Basin Meadows. Wow!

So... if you can't go for a hike in the woods, check out your garden for wild critters. I'm sure you'll be amazed at what you find!

> Enjoy Katie's weekly blog at: northyubanaturalist.blogspot.com See all photos in living COLOR on the Courier website: camptonville.com

Come To the Fire Department Picnic – September 9th!

By Donna Tate, CVFD Auxiliary

The 29th Annual Camptonville Volunteer



Below is a list of some of our amazing raffle prizes. You can get raffle tickets at the Lost Nugget Market ahead of time or at the picnic. Tickets are \$1 each or 6 for \$5.

There will also be a silent auction the day of the picnic. Silent auction items include: a Truckload of Gravel, creative "Upcycled" Metal Yard Art, a locally handcrafted Free Standing Porch Swing, and Moonshine Lumber 50% discount on any lumber order up to \$2,000.

CVFD Raffle List - 2023:

\$500 Cash – Pink Ladies

\$500 Cash - Lost Nugget

\$100 Cash - Tinnel Painting

\$100 Cash - Anonymous

\$100 Cash - Anonymous

\$100 Cash – Anonymous

\$50 Cash - Anonymous

(2) \$50 Gift Card – B&C

\$50 Gift Certificate - SPD Market

\$100 Gift Certificate - All Star Automotive

(2) Rowboat Rentals at Salmon Lake Lodge

(value: \$80) - Sidonie Christian

Large Wind Spinner (value: \$50)

- Stephanie Williams

Teeth Whitening Trays (value: \$100)

Dr. Creasey and Dr. Pfaffinger

Gift Certificate for a Facial at Downieville Day Spa

(value: \$95)

Lighted Rock Art (value: \$100) – Ernie Locatelli One Day Patio Boat Rental – Emerald Cove Marina Handmade Earrings (value: \$40) – Sara Hedrick

Earrings (value: \$25) Ruby Cook

Feather Falls Casino Gift Basket (value: \$300)

Calling all Photographers!

By Beverly Fildes-Cameron

We are looking for photos that depict the beauty of the Yuba County Foothills for the Yuba Watershed Protection & Fire Safe Council 2024 calendar. Whether it's forest or stream, canyons or hilltops, your pictures just might wind up featured in this coming year's calendar. We would also love any pictures that you might have taken that show defensible space work or home hardening projects. "Before and after" or action shots are great.

Please search your camera roll and send us your best shots. Your photo(s) might just be selected for a prize! Go to *YubaFireSafe.org* to submit your high-resolution photos.



Photos from back cover of last year's Fire Safe calendar





Free Tow Chain Covers!

By Bonnie Dickson,

Yuba Water Senior Public Information Officer



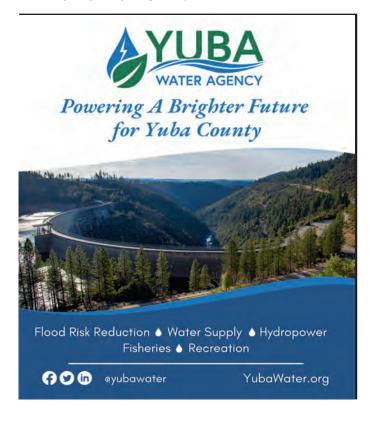
Yuba Water Agency and the Yuba Watershed Protection and Fire Safe Council are restocking free tow chain covers at New Bullards Bar Reservoir, Collins Lake, and other sites around Yuba County this week. The chain covers help prevent trailer chains from dragging on the asphalt and causing a spark, which can lead to wildfire.

The covers are made from retired, heavy-duty fire hoses donated by Cal Fire and the US Forest Service and are available for free, thanks to support from Yuba Water.

The Fire Safe Council is also distributing tow chain covers at other sites throughout the foothills, including Thousand Trails, Ace Hardware, Gold Eagle Market, and other businesses. Help spread the word to keep our foothill communities safe from wildfire!



For more information, visit: yubafiresafe.org/no-spark-tow-chain-covers



Preparation is Everything!

By Beverly Cameron-Fildes, YWP&FSC



"We cannot direct the wind, but we can adjust the sails"

When anyone asks what they can do to prevent their home from burning, the title quote frequently comes to mind. Revised, I would say "We cannot stop fires from coming, but we can prepare our homes and ourselves to survive them."

A few weeks ago, I received a text message and pictures from a foothill resident who took my Wildfire Mitigation Review recommendations very seriously. The resident was one of many who had lost their home in the 2017 Cascade Fire. The new home was built with all the best fire-resistant materials, and yet there was still apprehension on the individual's part – what more needed to be done to further reduce the chances of that happening again?

Together we listed very specific changes that might offer the individual a greater sense of security if/when the next fire came. We started on the front porch and examined the three zones with a specific eye towards potential "ignition points."

- * **0-5' zone**; change out door mats and cushions on the front porch; relocate new plants and the fabric umbrellas that were shading them away from the side of the house.
- * 5-30' zone; remove dead plant material hanging over the driveway and some trees and low plants that need removal and/or thinning.
- * **30-100' zone**; remove accumulation of dried leaves and other debris from openings under small wooden outbuildings and flammable covering on ramp of small lawnmower shed.

We also went out a bit further and discussed some spacing between bushes intended as a noise/privacy screen.

To date almost every suggestion has been implemented. I know we can't totally prevent the fires from coming, but we can definitely change the conditions of our home and

surroundings to reduce the risk.

At this writing their neighborhood has had its first introductory meeting to launch a

Go to:

YubaFireSafe.org

Firewise Community.

to sign up for a Free Wildfire Mitigation Review and/or to get more information on starting a Firewise Community in your neighborhood.

Stay Fire Safe!



You Can COLOR The Courier in 2024!

By Shirley DicKard, Senior Editor

Readers gave us an overwhelming thumbs-up for our trial color issue. Thanks to the donations we've already received, we can print the outside covers in color for the rest of 2023!

Would you (or your group) like to sponsor a month of color covers in 2024? For \$100, you can dedicate that month to any person or short message you like! It's our way of thanking readers for being part of this community-produced monthly newspaper.

For those new to us, *The Camptonville Courier* started as an idea at CCP's community-wide meeting in 1997 and has been produced by 100% volunteer staff for 26 years now. All articles and art are submitted by our neighbors here in Camptonville and nearby towns. Our budget is small, with income from loyal advertisers, donations, and \$15 subscriptions from readers out of the area (but free to all Camptonville addresses). Expenses are mainly printing, postage, and a few supplies. Each issue costs just under \$300, so you can see that adding \$100/month is a big leap. Still, we think it's worth it to give the front and back pages a vivid splash of color!

If you'd like to sponsor a month in 2024, please:

- 1. Send your \$100 donation to: *Camptonville Courier*, PO Box 32, Camptonville, CA 95922, or hand it to one of the Editors: Janie Kesselman, Marcy Risque, Sandy Ross, or Shirley DicKard.
- 2. Indicate which month you'd like to color and who you'd like to dedicate it to, or write a short, one-sentence message for us to print (must be in line with our Editorial Guidelines at: *courier.camptonville.net/p/welcome.html*). If you already made a 2023 donation, we'll be contacting you for this information.

Watch for more exciting news about *The Courier* next month! Thank You!



Halloween Party Prep Time! By Pam Davis

It's almost Fall – time to start thinking about Halloween. Again this year we will have both an adult party and one for the youngsters. We had our first party discussion at Coffee@theCenter and came up with the following information for you.

The adult party will be on the Friday before Halloween: October 27th. Costumes are optional but recommended, as it is a Halloween party! There will be games and music and decorations. We didn't discuss the times yet, so that will be in next month's *Courier*.

We can always use help with setting up, drinks, food and snacks, etc. As we did last year, we are asking everyone to bring a prize for the prize table. Doesn't need to be anything fancy, but it helps The Center out. As always, a financial donation is appreciated. Give both if you can, but no one will be turned away if you don't have either. We are open to any suggestions to make it fun. Let me know when we see each other at Saturday morning Coffee!

The **children's party** will be on **Halloween afternoon**, **Tuesday October 31st, from 3-7 pm**. Camptonville School gets out at 2:45 pm, so the young ones will be free to come to the party. It will have a creepy cave, twinkle trail, and carnival-style games. Again, we need prize and candy donations, decorations, and props. Also, volunteers are needed for set-up and break-down and game booth help.

Here is my phone number (land line): 530-288-0322. Feel free to call with questions or comments.





16448 Highway 49 Camptonville, CA 95922 288.3339

Moonshine Home For Sale

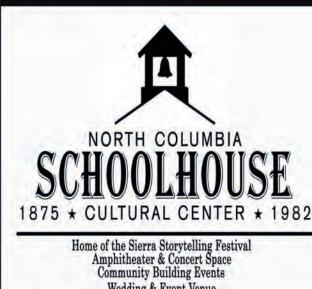
Charming cottage on year-round creek at 13848 Moonshine Road.

Extensively renovated, new landscaping.

One bedroom, one bath, basement room with separate entrance.

\$349,000. Contact Charlie Lehman at Century 21 Realty (530) 798-3611





Wedding & Event Venue Local Talent Showcase (530)265~2826

www.northcolumbiaschoolhouse.org

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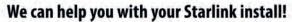
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E-mail: francisco.reveles@yubacoe.k12.ca.us

HELP & HOPE

For emergencies first call 911. All area codes are 530 unless otherwise specified.

CAMPTONVILLE:	
Cemetery	559-1629
Community Center —	
Community Partnership (CCP)	288-9355
 Community Services District (CCSD) 	
Elementary School	288-3277
• Family Resource Center (CCP) Hours 8:30 am-12:30 pm, M-F	—288-9355
• Post Office Hours 11 am-1 pm, 1:45-3:45 pm, M-F	<u>288-3348</u>
Volunteer Fire Department	288-3303
• Water Plant — 7	75-980-7138
Yuba River Ranger District — 362-82	59/288-3231
Alcoholics Anonymous: Local 24 hr Hotline	-272-6287
Burn Day Status (www.fraqmd.org) —	741-6299
CA Rural Legal Assistance (Yuba Co)	742-5191
CoRR (Community Recovery Resources) — Domestic Violence:	
Casa de Esperanza Hot Line (Yuba Co) -	-674-2040
DVSAC Crisis Line (Nevada Co) ————	272-3467
KNCO 830 AM (Nevada Co)	477-5626
KUBA 1600 AM (Yuba Co)	
KVMR 89.5 FM (Nevada Co)	265-9555
Legal Center for Seniors (Yuba) —	742-8289
Mental Health 24 hr Crisis Line (Yuba) —	673-8255
NAMI -Support for Mental Illness —	—272-4566
PG&E Outage Line — 8	100-743-5000
Red Cross of NE California	673-1460
Road Conditions CalTrans — 8	00-427-7623
Sheriff (Yuba Co) Emergency —	911
Sheriff (Yuba Co) Non-Emergency	 749-7777
Supervisor Jon Messick (Yuba Co) ————	749-7510
Yuba County Emergency Services (OES) —	 749-7520
Yuba County Health and Human Services –	
Contact Editor for additions or correction	5





Don Adams Satellite Antenna 155 Joerschke Dr. Grass Valley, CA 95945 (530) 274-3709

••••• Voted BEST of the BEST 2005-2016 •••••



Fall in California starts on September 22nd. Happy Equinox!



a california health center

Clinic on Wheels

Walk ins welcome on this full service family practice mobile clinic serving all ages. Services offered are primary care, acute care, prenatal care, womens health, CHDPs/physicals, behavioral health, Medication Assisted

Treatment, and COVID vaccines

Brought to a Location near you

Fridays 9:30am - 3:30pm Closed for lunch from 12:00pm - 1:00PM
Camptonville Community Center
15333 Cleveland Ave,
Camptonville, CA 95922

Medi-Cal, Medicare, most insurances accepted and sliding fee scale www.myharmonyhealth.org

(530) 301-9915

Your Partner on the Road to Health



Medical Clinic

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Wellness Center

Comprehensive Perinatal Services, Women's Health Newborn Care and Women's Chiropractic Services

Baby Buddies Birth Center

Free standing birth center for low-risk moms to deliver thier babies in a warm and welcoming environment

Integrated Behavioral Health

Serving youth and adult patients dealing with a variety of concerns to include: Adjustment Disorders, Depression, Anxiety, ADHD, Emotional Dysregulation and Trauma

Complementary Services

Chiroprator and Aqupuncture serving all ages

Resource Center

Open to the community, free classes/support groups, eye glasses program, insurance enrollment and refferal linking to other services





Food Distribution in the Yuba County Foothills



The Foothill Food Pantry:

Alcouffe Center, 9185 Marysville Road, Oregon House
1st and 3rd Fridays from 12-1:30 pm
September 1st and 15th
October 6th and 20th

The USDA Commodities Food Bank:

Willow Glen Restaurant parking lot, Oregon House
The 2nd Friday: 10:30-11:30 am
September 8th and October 13th

North San Juan Food Bank:

Located at Oak Tree School, Oak Tree Road, NSJ 2nd Tuesday: 10 am-Noon

Free Food and Clothing Closet: call 292-3174 for hours



Here for every part of you.

With integrated health services:

Medical Care

Behavioral Health

Dental Health

Chiropractic Care

We accept Medi-Cal, Medicare & most insurances. Ask about our sliding scale fees and gas cards.

Tyler Foote | 15301 Tyler Foote Rd 530.292.3478 Oregon House | 8676 Marysville Rd 530.692.9073

For more information: Visit SierraClinic.org





2nd hand smoke is harmful to all, but especially children. Check out Kick It California's FREE quit coaching today!

1-800-300-8086 (English) 1-800-600-8191 (Español)



Endorsed by:





The Camptonville Courier PO Box 32 Camptonville, CA 95922





The Camptonville School garden is abloom!

**********ECRWSS 22B001 **Postal Customer** PO Box or HC Route 1

Camptonville, CA 95922

SEPTEMBER 2023 Community Calendar

The Camptonville Courier and Calendar are online IN COLOR at Camptonville.com

To add local events to the calendar, email: calendarcville@gmail.com

September 9 — C'ville Volunteer Fire Department Picnic (pg 7)



September 14 — Thirsty Thursday! (pg 2) September 19 — Rally Point for Youth (pg 2) September 22 — Broken Compass and Makena Prince (pg 3) September 24 — Wordsmiths & Music Makers (pg 4)

October 28 — Halloween Party for Adults (pg 9) October 31 — Halloween Kids' Carnival (pg 9)

WEEKLY Events: • ccc = Camptonville Community Center •

Tuesdays: Yoga, 5 pm, School Gym

Wednesdays: Camptonville Fire Dept Trainings, 6-9 pm, Fire Hall

Harmony Health Clinic On Wheels, Fridays:

9:30 am-3:30 pm, CCC

Saturdays: Coffee@the Center, 10 am-Noon, CCC

Gardeners' Market, 10 am-Noon, CCC

Qi Gong, 12:30-1:30 pm, CCC

MONTHLY Events:

• Call to verify meeting times before attending •

CCP Board 3rd Wed, 1 pm, Resource Center: 288-9355 **CCSD Board** 4th Thursday, 5:30 pm, CCC: 288-3676 **School Board** 3rd Thursday, 5 pm, CV School: 288-3277

Thirsty Thursday 2nd Thursday, 5-7 pm, CCC

Rally Point 1st and 3rd Tuesdays, 5-6:30 pm, CCC

All Food Banks - see pg 11