

### **VOLUME 27**

### **OCTOBER 2023**

NUMBER 10

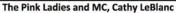


### Images from the Camptonville Volunteer Fire Department Picnic 2023 See article by the CVFD Auxilliary and additional pictures on page 5.



CVFD Crew (partial ros







Record \$10,600 Raised for the CVFD by the Camptonville Auxiliary and our extraordinary Community!



Volunteers serving up the yummy barbeque





Singer-songwriter, Makenna

### Help us Color the Courier!

We are gratefully accepting donations toward keeping the covers in color. For a \$100 donation, you can pick a month and we'll print your message! Please contact us at camptonvillecourier@gmail.com, then make a donation online:

https://courier.camptonville.net/p/welcome.html or mail to PO Box 32, Camptonville 95922. Thank you!

October's Splash of Color Sponsored Anonymously by a former resident who still likes to visit us. Thank you and come back soon!

The magnificent Davia Pratschner

#### **OCTOBER 2023**

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### From the Editor – Sandy Ross

As we trade t-shirts for sweatshirts and flip-flops for boots, there are many renewed signs that the season is changing. Gratitude for a mild summer doesn't mean that the October winds

won't pick up, so continue to prepare and plan with some great tips from Camptonville Prepared and Yuba County Watershed Protection & Fire Safe Council.

Along with the flurry of leaves yet to rake, there is a flurry of activity in the coming months. Keep your *Courier* Calendar handy to keep up with all of the exciting events happening right here in our community. These activities could not happen without the hard work of our (never enough) volunteers. Don't forget to thank them for their steadfast efforts and, better yet, volunteer to help with an event, join a club or committee, or continue to generously donate to a cause. Keep Camptonville strong!





### Donate Online to The Courier

By Shirley DicKard, Senior Editor Now you can easily make online donations to *The Courier* with our new "Donate" button! Simply go to Camptonville.net, click on *The Courier* box, then click on the "Donate" button to pay with your credit card or PayPal. You can



designate your donation to go toward the \$100 cost of color covers or make a general donation. You can also scan this QR code with your cell phone to take you directly there. The QR code will be in every issue. Our 100% volunteer team thanks you for supporting our commitment to connect the community!

## Gardeners' Market Continues Into October

By Jimbo Garrison



We're having a fabulous season at the Camptonville Community Gardeners' Market and we aren't

done yet! We are going strong into October and will keep showing up as long as the fresh produce holds out. This has been an amazing year for fresh fruit, and we have a fantastic variety of fresh vegetables. You can enjoy legendary and ridiculously good cheesecake! Local crafters and other



delights also await you at the Camptonville Community Center on Saturdays from 10-Noon. Coffee@the Center happens at the same time, so this is the place to be for great produce and hobnobbing with friends and

neighbors. It's sensational!

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#### **OCTOBER 2023**

### In the World of Rally Point...

Rally point held their first meeting of the

#### By Amber Mehrmann, CCP



new season on September 19th. We had a lot of fun playing games, getting to know everyone, and setting the stage for the year to come. It was a great success, and we look forward to the next get together!

Rally Point's next meeting will be held on October 3rd at the Community Center at 5 pm. Due to Camptonville School's Fall Break, October 16-20th, we have decided to reschedule the second Rally Point meeting of the month to October 24th. We hope everyone enjoys the spooky season and fall harvest time. If you are between the ages of 10-15, please come join us! Also, if you are 16-18 years of age, we would love for you to join us as peer mentors.



### **Come Share Your Thoughts and Shape** the Future, October 11th!

#### By Jesse Golden, Camptonville Community Center

The Community Center belongs to all of us in and around Camptonville - let's have a chat!

Please come to the Center on Wednesday October 11th at 6:30 pm, enjoy coffee and dessert, and share your thoughts about the Center's purpose and future.

The Camptonville Community Center Advocates\* will provide some background and history, and Christina Ledson will lead an informal discussion. Your input is valuable please come!

On the agenda:

. How can the Center best serve the community?

• How can the Center expand community support? \*The Camptonville Community Center Advocates is the nonprofit organization that manages the Center. Current members of the CCCA board are Jody Deaderick, Cecilia Gallardo, Richard DicKard, Christina Ledson, and Lucille Rovnak.

### Christmas Club's Annual Fall Brunch is Back, November 5th!

#### By Jessi Mullins, Camptonville Christmas Club

The Camptonville Christmas Club is so excited to host our annual fall brunch again! After taking a couple years off due to COVID, we're so happy to get back to the renovated



Community Center for this fun and delicious event. This is one of our largest fundraisers to support bringing Santa to town for the kids of Camptonville and surrounding communities. So, please come join us on Sunday, November 5th from 10-Noon at the Community Center for brunch and visiting!

Yummy in your tummy, don't miss out! Biscuits and gravy, pancakes, bacon, sausage, egg frittata, fruit, orange juice, and coffee will be served!

Menne

Pick a Movie!

On Thursday December 14th, concurrent with Thirsty Thursday from 5-7, host Pam Davis will present a Movie Night at the Camptonville Community Center. But what to watch? Send your suggestions to cvillecommunitycenter@gmail.com, or leave a message at 288-5016.

### Volunteers Needed

Just about every event at the Center runs on volunteer power and donations - please contact the host or the Center if you can contribute in any way (decorations, prizes, ideas, helping to set up, run the event and/or clean up.) Contact the Camptonville Community Center at cvillecommunitycenter.org, or 530-288-5016.

### Camptonville Christmas Craft Fair, December 2nd



CCP will once again be sponsoring the annual Camptonville Christmas Craft Fair on Saturday December 2nd from Noon-3pm at Camptonville School (16585 School Street

Camptonville.)

By Cathy LeBlanc, CCP

Space is limited. A 4' X 6' space will be available inside for \$15. Weather permitting, an outside table space under the library/middle school classroom overhang will be available for \$10. If you would like to be a vendor, rent a space, or obtain more information, please contact Tracey at CCP at 530-288-9355 or tracey@theccp.org.

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### New Executive Director on the Horizon at CCP!

#### By Tracey Munson, CCP

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Hey Camptonville! My name is Tracey Munson, and I'm currently in training to become the next Executive Director for Camptonville Community



Partnership. Originally from Salt Lake City, I made my way to the area this past spring with the goal to learn about farming and homesteading. Soon after coming here, I was lucky enough to meet a friend who's a regular attendee of Coffee@theCenter. She invited me to tag along one Saturday, and that's when I fell in love with Camptonville.

As breathtaking as this area is, it was ultimately all of you, the community, who made me stay. I didn't know places like this still existed, where neighbors care for and support each other in such a strong way. Whatever personal differences we may all have, it's clear that in Camptonville community always comes first. I'm extremely grateful and honored to have this new job opportunity where I get to advocate for this place that I cherish so deeply. If you see me out and about, please come introduce yourself and we can get lost in sharing our love, hopes, and dreams for Camptonville.

A little about me? I'm a dietitian who has led the food program at two different nonprofits (Utah Community Action and The Boys & Girls Clubs of Utah County). Like most people out here, I'm a nature lover who enjoys hiking, trail running, camping, and recently, getting mesmerized by the Yuba River. I'm still eager to learn more about farming/nature-based living and would love to do a little Camptonville homestead tour with anyone who's willing to share!



# School News

#### By Patrick Brose, Superintendent/Principal

October is easily one of my favorite months of the year. The

weather changes, the shadows



get longer, and we see the season change in front of us. At the school, we welcomed a bountiful harvest with immeasurable amounts of fruits and vegetables from our garden and orchard. We have produced almost 100% of the fruits and vegetables that we feed our students in the cafeteria, and with the purchase of a dehydrator and juicer, we have been able to preserve all of the extra fruit to use through the winter. Lynn has been canning juices and



vegetables so that our students will benefit year round from whole foods.

Our annual Halloween parade will take place on Halloween (October 31st) this year. So if you see an assemblage of ghosts,

goblins, and spooks, smile and wave knowing that they are simply departing the school in search of trick or treats!





### Rural people working together for a safe, sustainable, and healthy community.

Located at our Family Resource Center behind Camptonville School

Monday thru Friday 8:30am - 12:30pm

High speed WiFi available for community use. Drop on by!

#### Highlights of our community-driven activities in the Yuba County foothills:

- Youth enrichment and skill building projects
- 1, 2, 3 Grow Parent participation child enrichment for 0-5 year olds
- Family Resource Center
- Community Health Action Plan
   The Camptonville Courier

#### Development of:

Community-scale forest biomass to energy facility and business center

Camptonville Community Partnership (CCP) 501(c)(3)

530-288-9355 • corrin@theccp.org • camptonville.com PO Box 218, Camptonville, CA 95922

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### The Camptonville Courier

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### Record \$10,600 Raised for the CVFD!

**By the Camptonville Volunteer Fire Department Auxiliary** The event went together without a hitch. The smell of BBQ filled the air, the raffle bin was filling up, and the sound of laughter and joy could be heard throughout the crowd. By the looks of the parking lot and the vehicles parked on Hwy 49, we knew we would have a record turnout. This was further realized when the **Pink Ladies** tallied up the donations. Imagine the shock and joy after we counted and recounted to a total of **\$10,600! Thank you Camptonville!** 

The weather was perfect, and our resident MC and performer, Cathy LeBlanc, had an outstanding lineup of local musicians for our daytime entertainment. It is unbelievable how this town produces so many talented artists! Twelveyear-old Makenna (Kenna) Prince and the Camptonville Calamity hit the stage for the second year with her local band members Lyle Souza and Kai Pratschner – both from USFS Engine 331. The beautiful and talented Davia Pratschner (yes, the sister of Kai Pratschner) closed out the daytime entertainment with her phenomenal guitar playing and beautiful vocals. And it would not be a party without the amazing and incredibly talented "Sons of Boogie." They just get better and better each year. I think they enjoy playing for us as much as we enjoy listening and dancing to them. They are a big part of our Camptonville Family ... can't wait to have them back next year!

Thank you so much to all who came out to support the community. Also, a huge thanks to all the friends, neighbors, and businesses who donated the incredible raffle prizes. Much appreciation to those who work so hard to put this event together (you know who you are). Most importantly, thank you to our **Volunteer Fire Department** who work so hard to protect and support our community. Your commitment and dedication is deeply appreciated.



Dancing to "Sons of Boogie"

Next year will be our 30th Annual Picnic. The Pink Ladies are already hard at work planning the event. We are also excited to announce we have two new Pink Ladies, Candace DeMaranville and Shonti Burke, that have graciously agreed to be part of our crazy group. With their help, we are hoping to make next year's event bigger and better. Please share any ideas of what activities, entertainment, food, etc. you would like to see at the picnic. See you all next year!



Kenna & the Camptonville Calamity Photo by Jessica Prince



Endless thanks to Daniel Tinnel (not pictured), all time Picnic BBQ King!!!



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# CAMPTONVILLE ← COMMUNITY SERVICE DISTRICT

WATER PLANT MANAGER JT Rumsey 775-980-7138

CEMETERY Sandy Ross 530-559-1629

SECRETARY Pam Wilcox 530-288-3676

COMMUNITY CENTER Jesse Golden 530-288-5016

CV FIRE DEPARTMENT Chief Brandi Dudek 530-288-3303 CCSD PO Box 327 Camptonville CA 95922

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### The Changing Face of Fire

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By Beverly Cameron-Fildes, YWP & FSC "You can't solve a problem with the same thinking that created it " - Albert Einstein Yuba County Watershed Protection & Fire Safe Council

thinking that created it." – Albert Einstein For hundreds of years fire was a normal part of the landscape, whether it was from lightning or native burning of

specific areas. It served to remove excess vegetation, and to clear lands for planting of crops and travel. It also promoted ecological diversity and helped clear out untreatable tree diseases. Above all, it reduced the risk of catastrophic wildfires like the ones that have become all too common in recent years. So, if all this good came from fire, why were we so quick to put it out?

In the late 1800's to early 1900's, suppression of all fires became the mandate. By 1933 most forest managers, be they state or federal, believed that all fires should be suppressed. History cites a number of catastrophic fires that lead to this thinking and ultimate sanctioning of suppression policies.

By 1960, the effects of suppression on both wildlife and the wilderness came into question. By 1964 the passage of the Wilderness Act encouraged the allowance of natural processes to occur, and by 1968 the National Park Service recognized fire as an ecological process.

Fast forward to today. In the last 10 years we've seen bigger, more intense wildfires. The need for treatment of the land, both private and public, has never been more evident. As we continue to alter our mindset, we recognize that we can make our properties and our communities safer from wildfire through good defensible space, home hardening, and even prescribed burning. Our best tools are a mitigation review (a second set of eyes that help the home owner prioritize the work that needs to be done) along with consistent maintenance.

We are just entering the most critical time of the fire season here in the foothills. Be prepared and stay safe.

Sign up to schedule a free Mitigation Review at YubaFireSafe.org



### Tips for That Time of the Year

By Shonti Burke, Camptonville Prepared!

The days may be warm and languorous, but



the sunlight is waning, and soon enough winter will be upon us. That said, October is a particularly good

time to get Camptonville Prepared!

 Get that propane tank filled while prices are lower and there's no urgency due to inclement weather.

Get your cords of wood in and stacked.

 Make sure that you and your animals have enough food for at least 72 hours or more.

Pick up a tarp (or three.)

These seem like basic things, but when it's so beautiful out, sometimes it's easy to forget how quickly the weather can shift. These past two winters have reminded us that we always need to be prepared to be on our own for an extended period of time. How's that snow shovel looking? Where are the car chains? Are the helicopter insurance policies up to date?

A little bit of time and effort now preparing for the next season can save a whole lot of stress later!







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#### Brought to you by Marcy Risque



**Crossword Clues** 

1) Large, ugly creature

5) A ghastly ghost

6) Opposite of light

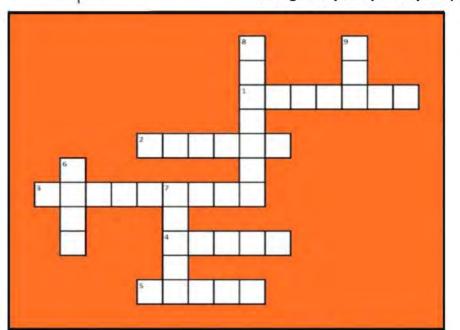
9) Hangs upside down

Across:

2) Scary
 3) Oct. 31st
 4) Trick or...

Down:

7) A wicked8) For carving



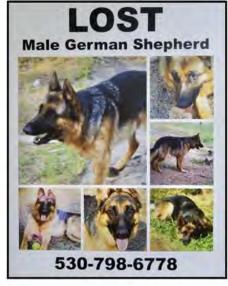


Django Ruckrich, Kyle Ledson, Sam Jacobs of Broken Compass, & Kenna Homegrown Stars!

By Sandy Ross

Broken Compass and Kenna played at the Camptonville Community Center on September 22nd. Two of these talented performers, Kyle Ledson and Kenna Prince, are former and present Camptonville School students. Broken Compass band members also include Django Ruckrich, Sam Jacobs, and Mei Lin Heirendt (sadly, MaeiLin was unable to make Friday night's show). The audience spent the night tapping, dancing, and singing along with these rising stars!







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### Advocate For Your Health: MediCal

#### By Meredith Evans, Peach Tree Clinic

If you live in Yuba-Sutter and have Managed Medi-Cal (Anthem Blue Cross and California Health and Wellness), this will SOON BE CHANGING to Partnership Health Plan (2024). Partnership will be reaching out to Yuba-Sutter residents and asking them to choose a provider, or they will choose one for you.

 Managed Medi-Cal assigns you to a care provider who accepts your insurance if you don't pick one when you sign up for insurance. You may see a name on your card of a provider or the name of a facility. This is where the managed care plan decided to place you. YOU DO NOT HAVE TO CHOOSE THIS PROVIDER OR FACILITY. You can call your insurance provider (you may be able to go online too, depending on the insurance company) and request to be switched to a different provider/facility at any time/multiple times.

 Most places that accept Managed Medi-Cal are Federally Qualified Health Centers (FQHCs). In the Yuba-Sutter area, that means Ampla Health, Harmony Health, Peach Tree Health, and Tribal Health, (also Sierra Family Medical Clinic, NSJ)

• There are some services that are "carved out" of care. That means you can seek those services at ANY provider in the community that accepts your insurance. These carve outs are Behavioral Health (mental health and substance use treatment), Dental, and Vision services. This means you can choose a different provider than you have for your medical care.

 The three FQHCs (Yuba County) now have mobile units (all provide a different level of services at those units) and will be traveling to remote areas of Yuba-Sutter. Harmony Health Clinic On Wheels travels to Camptonville on Fridays at the Community Center. You will have to be a patient of the designated clinic to receive services from that mobile unit. The county will be working on a calendar so that all the FQHCs will be at locations on different days.



# Renovation Donation Success!

By Richard DicKard CCSD

You did it! Last issue we put out a call for help that we still needed \$6,000 to finish renovating our Community Center's front porch, bathrooms, and

kitchen. Since



**Community Center Finishing Touches** 

then, people in the community have come through and generously donated that **\$6,000**! We're now on a roll to the finish line, and with some final trim and paint, we'll be ready for the fall and holiday events. We are grateful for such an amazing community of people who have generously donated money, time, construction skills, and more.

# *The Courier* is Now Archived at University of California, Davis

By Shirley DicKard, Senior Editor

I am pleased (and relieved) to announce that all *The Courier's* digital back issues now have a permanent home



through University of California Davis Library's Archives and Special Collections: https://archive-it.org/collections/5780.

I'm relieved because no matter what happens to our two complete paper collections (1997-present), and the PDFs (2003-present) that we post on Camptonville.net, there will always be a permanent digital collection of *Couriers* online.

While working with UC Davis to archive my personal website, blog, and research material for my book *Heart Wood* and for my current project related to early California women's history, I suggested they may be interested in *The Courier*. We hold the historical records for our Camptonville foothills area (since 1997) and are community neighbors of Pulitzer Prize winning poet Gary Snyder, whose complete archived works they hold. They were interested!

Thanks to Jesse Golden for her ongoing work to make the issues searchable. Our next task is to scan the back issues from 1997-2002, so we have digital copies from the beginning. Contact me if you're interested in helping! (camptonvillecourier@gmail.com)

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### Meet CVFD's New Administrative Assistant

By Elizabeth Zapata, CVFD Administrative Assistant



First, allow me to introduce myself. I am new to CVFD, but not a

newbie. I have been in Nevada County since 2000 with my son Dantes.

Dantes attended Ananda School

from pre-school to 8th grade, and I ran the Thrift Store there most of that time. I worked at Twin Ridges Home Study Charter School when it was on Oak Tree Road, and I attended and then was an instructor at Sierra College. Since then I have done and still do a number of other things, but I don't want to go on and on.

acobsc

Catv

à

Elizabeth Zapata

We at CVFD want to remind you that even though the days are cooling and getting shorter, it is still fire season. Burn piles are still prohibited, so don't burn those piles just yet!

It is also time to start gearing up for colder weather, so put chimney cleaning on your honey-do list, and make sure you are ready.



### Yuba Children's Council Comes to the Foothills – October 4th By Cathy LeBlanc, CCP



**Camptonville Community Partnership** has

been a member of the **Yuba Children's Council** for over 20 years, bringing the voice of our foothill communities to the ears of Yuba County decision makers who make up the Council. Now it's your turn!

Please join us for the for the October meeting in the foothills. The meeting will be held Wednesday, October 4th at 4:30 pm at the Alcouffe Center in Oregon House (9185 Marysville Road). The Yuba County Children's Wellness and Child Abuse Prevention Council wants to hear from you!

Do you have a program or project you'd like to share with the Council? This is a great opportunity to communicate your desires and work for children in the Yuba foothills.

Added Plus! Community members will present the Challenge-Dobbins Community Health Action Plan (CHAP) draft to the Council. The Plan has been developed by community members through a grant from All Children Thrive CA that CCP is facilitating. We're calling this a dress rehearsal for the final presentation at the Board of Supervisors meeting in December.

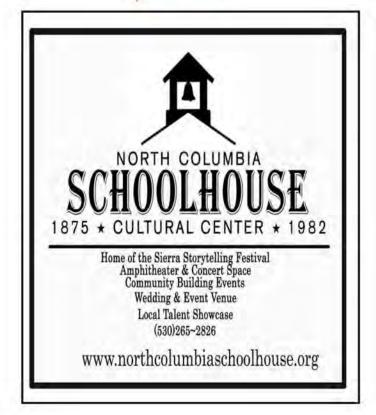
Please join us!



LOST NUGGET MARKET Ice Cream! Cold Beer! Hardware Gas, Bait, Videos & more



16448 Highway 49 Camptonville, CA 95922 288.3339



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### Yuba Water Agency Grant Upgrades Aging Water Delivery Infrastructure for Yuba County Foothill Communities

By Bonnie Dickson, Yuba Water Agency Sr. Public

#### **Information Officer**

Yuba Water Agency's Board of Directors today committed \$200,000 to help the North Yuba Water District upgrade a deteriorating wooden flume that delivers water for residential and agricultural use



Hell for Stout Flume, Forbestown Ditch

in the Yuba County foothills. The funds will cover the construction of a new, inverted siphon to replace the aging Hell for Stout Flume, which is part of the Forbestown Ditch, and increase its capacity for water delivery.

"This flume is essential for safeguarding the reliability and capacity of water deliveries in the area," said Yuba Water Board Director Jon Messick, who also represents Yuba County's foothill communities as County Supervisor. "A failure of this system would be catastrophic for our foothill residents."

To read the entire article or for more information, visit yubawater.org



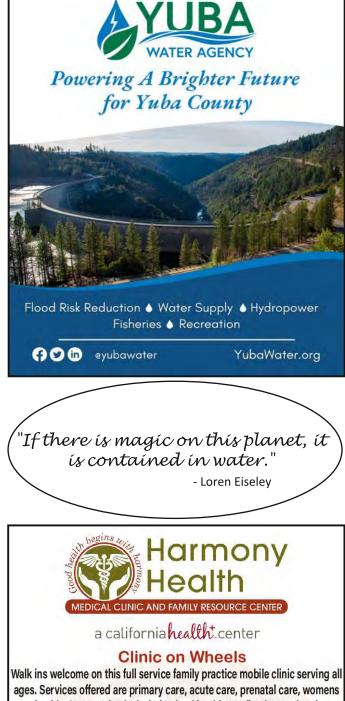




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### Food Distribution in the **Yuba County Foothills**

The Foothill Food Pantry: Drive-through Alcouffe Center, 9185 Marysville Road, Oregon House 1st and 3rd Fridays from Noon-1:30 pm (closed the week of USDA distributions) October 6th and 20th November 3rd and 17th

The USDA Commodities Foodbank: Willow Glen Restaurant parking lot, Oregon House: The 2nd Friday: 11am-Noon October 13th and November 10th

Food Bank in North San Juan: Located at Oak Tree School, Oak Tree Road, NSJ Tuesdays and Thursdays: Noon-3 pm Free Clothing Closet: Call 530-292-3174 for hours

> Hats off to the Foothill Food Pantry for helping 11,556 people and 3,781 households in their current fiscal year. Thank you for all you do!

#### BOARD OF SUPERVISORS

JON A. MESSICK Supervisor 5th District

YUBA COUNTY GOVERNMENT CENTER 915 8th Street, Suite 109 Marysville, CA 95901

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www.First5Yuba.org

### **HELP & HOPE**

For emergencies first call 911. All area codes are 530 unless otherwise specified.

#### CAMPTONVILLE:

CAMP I ONVILLE.	
Cemetery	
Community Center —	288-5016
Community Partnership (CCP)	288-9355
<ul> <li>Community Services District (CCSD) —</li> </ul>	288-3676
Flementary School	288-3277
Family Resource Center (CCP) ——— Hours 8:30 am-12:30 pm, M-F	
<ul> <li>Post Office Hours 11 am- 1 pm, 1:45-3:45 pm, M-F</li> </ul>	288-3348
Volunteer Fire Department	288-3303
Water Plant	-775-980-7138
Yuba River Ranger District — 362-8	3259/288-3231
Alcoholics Anonymous: Local 24 hr Hotline	e —272-6287
Burn Day Status (www.fraqmd.org)	
CA Rural Legal Assistance (Yuba Co)	
CoRR (Community Recovery Resources) — Domestic Violence:	273-9541
Casa de Esperanza Hot Line (Yuba Co)	
DVSAC Crisis Line (Nevada Co) ———	272-3467
KNCO 830 AM (Nevada Co)	
KUBA 1600 AM (Yuba Co)	
KVMR 89.5 FM (Nevada Co) ————	
Legal Center for Seniors (Yuba)	
Mental Health 24 hr Crisis Line (Yuba)	
NAMI -Support for Mental Illness	272-4566
PG&E Outage Line —————	
Red Cross of NE California	
Road Conditions CalTrans	
Sheriff (Yuba Co) Emergency	911
Sheriff (Yuba Co) Non-Emergency	749-7777
Supervisor Jon Messick (Yuba Co) ———	
Yuba County Emergency Services (OES) —	749-7520
Yuba County Health and Human Services	

Contact Editor for additions or corrections

### Sierra Family **Health** Center CARING FOR YOU AS FAMILY

# Here for every part of you.

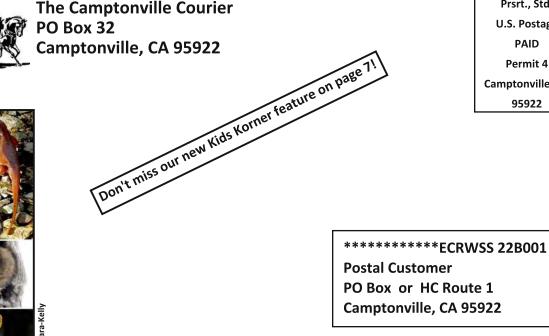
With integrated health services:

- Medical Care Dental Health
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We accept Medi-Cal, Medicare & most insurances. Ask about our sliding scale fees and gas cards.

Tyler Foote | 15301 Tyler Foote Rd 530.292.3478 Oregon House | 8676 Marysville Rd 530.692.9073

For more information: Visit SierraClinic.org



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Whether you celebrate Halloween or not, I hope Nature casts a spell on you!



### **October Community Calendar**

• October 11th, 6:30-8 pm, Community Meeting on the future of the Community Center (pg 3)

- October 12th, 5-7 pm, "Thirsty Thursday," your monthly neighborhood bar-by-donation!
- October 27th, 6:30-8:30 pm, Halloween Costume Party at the Center with host Pam Davis
- October 31st, 3-7 pm, Camptonville Halloween Carnival for Kids at the Center with host Tyann Flower Coming up in November and December:
  - November 4th, 10 am-Noon, Community Altar/Day of the Dead, CCC
- November 5th, 10 am-Noon, Brunch fundraiser with the Christmas Club, CCC (pg 3)
- November 11th, 4-7 pm, An Autumn Affair: fundraiser for the Community Center, CCC
- December 2nd, Noon-3 pm, Christmas Craft Fair, Camptonville School (pg 3)



### MONTHLY Events: ccc = Camptonville Community Center

Call first to verify meeting times before attending

CCP Board - Meets 3rd Wednesday, 1 pm Resource Center. Contact: 288-9355 CCSD Board - Meets 4th Thursday, 5:30 pm, CCC Contact: 288-3676

School Board - Meets 3rd Thursday, 5 pm, CV School, Contact: 288-3277

### WEEKLY Events:

Tuesdays: Yoga, 5 pm, School Gym Rally Point, 5 pm, CCC, October 3rd and 24th Wednesdays: Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall Fridays: Harmony Health, Clinic on Wheels, 9:30 am-3:30 pm, CCC Saturdays: Coffee@theCenter, 10 am-Noon, CCC Gardener's Market, 10 am-Noon, CCC Qi Gong, 12:30 pm, CCC

All Food Banks - See Page 11