

THE Camptonville Courier

Connecting the *Community*
Since 1997



VOLUME 28

JANUARY 2024

NUMBER 1



HAPPY NEW YEAR!

Winter of 2023 — cut paper collage by Katie O'Hara Kelly



From the Editor

-Janie Kesselman

With hot cocoa, freshly decorated cookies, and the beauty outside my window to fortify and reward me, I'm all set to joyfully take on my quarterly editing tasks.

There's so much to be grateful for in our little town. The spirit of giving is abundant, and new activities and opportunities are springing up all around us. Read on for the sweet evidence...

May all be healthy, safe, and loved in 2024!

It's Rally Point For Youth Time!

By Amber Mehrmann, CCP



Rally Point youth making Christmas cards

Photo: Amber Mehrmann

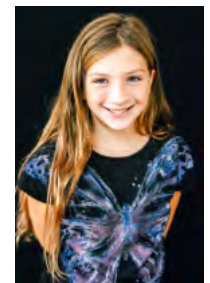
We've been having a lot of fun at Rally Point! For our meeting on November 21st, we had guest speaker Therese Hopfinger come and speak to us about the massage therapy profession –

the history behind it as a health modality and what it entails to get into that field of work. She also allowed the students to experience a bit of tuning fork therapy.

At our December 5th meeting we all made Christmas cards using supplies that were donated to us by Cheryl Durrett. These cards will be distributed out into the community by Ambrosia. The group also decorated the Christmas tree in the Community Center, and Cole Bouchard helped me put announcements on the Community Center board. Of course, at both meetings we got to play some fun games that help us practice teamwork (Thanksgiving Pictionary and Christmas Charades among others.)

We would all just like to say thank you to our community for the donations of supplies, time, and space, and for giving us ways to be more involved.

Rally Point is a youth group for ages 10-15 that meets every first and third Tuesday of the month from 5-7 pm at the Camptonville Community Center. Those between the ages of 16 and 18 are welcome to come participate as "Peer Mentors." For more information, please contact Amber Mehrmann at amber@theccp.org or call 530-288-9355.



"Rally Point is fun and there's new people coming every once in a while. I can say a lot about Rally Point, like: the snacks are really good and the coordinators are really nice. I enjoy coming and for people ages 10 to 18, I recommend it." – Aria

LINDSAY AND JOEL TO HOST
A Benefit for our friend
Rebecca
 to help with end of life wishes

SUNDAY
JANUARY
21ST
4-7PM

@ the Camptonville
 Community Center

FOOD AND DRINK
RAFFLE

MUSICAL PERFORMANCES BY
THE KIP AND JOEL SHOW
 AND
SNOWLINE
\$10 ENTRY FEE

Concert for a Cause

By Rochelle Bell

Join us for a benefit concert to help a friend in need. A close friend of our locals Lindsay and Joel is in need of end-of-life support. So, come on down to the **Community Center** on **January 21st from 4-7 pm** to hear some great music and dance your socks off. **The Joel and Kip Show** will open, then enjoy the fiddle, mandolin, and guitar music of the bluegrass band **Snowline**. There will be food and a raffle. Drinks will be available for a donation. **\$10 admission**, for a good cause.

If you would like to contribute an item to the raffle, please contact Joel at jtmorsberger@gmail.com or 530-288-3406.

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2023 Community Center Retrospective, Plus January 2024 Events

By Jesse Golden



2023 was an eventful year at the Camptonville Community Center, marked by the amazing contributions of the crew, many of them volunteers, who built a front sidewalk and roof area, installed a new stove, dishwasher, sinks, cabinets, on-demand water heater, and flooring in the kitchen, painted the walls, and upgraded the electrical service! We've come a long way since the building was donated to the community in 2015, and the Center continues to expand its role as "the hub for expanding activities in arts and crafts, education, recreation, and public or private community gatherings, where we can gather, have events, conduct business, and come together as a community."

It's really quite miraculous for a small community to launch, patch up, and sustain this gathering place, all through volunteer effort, donations, and good will.

In 2023, the Center's volunteers hosted:



- Coffee, delicious eats, and good cheer every Saturday morning
 - Gardeners' Market in August, September, and October
- Movies, concerts, potlucks, game night, karaoke night, and Thirsty Thursdays
 - Halloween Costume Party and Day of the Dead Community Altar
- Wordsmiths & Music Makers, marking each Solstice and Equinox with poetry and music
 - Fundraisers for Camptonville organizations
- The Plant Sale and Market in May at the Lost Nugget Market
 - Bouquets to Art, a community art event



The Center also provided the venue for local organizations to serve our community:



- Rally Point and the Country Faire by the Camptonville Community Partnership
- Weekly visits from Harmony Health's Clinic on Wheels
 - First Aid Class by Camptonville Prepared!
 - Christmas Club Santa Visit and Gift Distribution



This month, come join us for:

- Sunday 1/7, 4 pm Movie Matinee: The Wizard of Oz with host Pam Davis – \$2 includes popcorn
- Thursday 1/11, 5-7 pm Thirsty Thursday, drinks, snacks, and comraderie – donations appreciated
 - Sunday 1/14, 3-7 pm Wordsmiths & Music Makers with host Yakshi Vadeboncover (pg 4)
- Sunday 1/21, 4-7 pm, benefit Concert For A Cause with hosts Lindsay and Joel, music and food (pg 2)

Ongoing events at the Community Center:

- First and third Tuesdays, 5-7 pm, Rally Point For Youth with Camptonville Community Partnership
 - Fridays, 9:30-3:30, Clinic On Wheels - Harmony Health
- Saturdays, 10-noon, Coffee@theCenter -- donations appreciated
 - Saturdays, 12:30 pm, Qigong class with Sema K

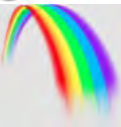


Please consider being an event host or volunteering to help with events! Contact the Camptonville Community Center at: cvillecommunitycenter@gmail.com, or 530-288-5016. And be part of what makes the Center possible – become a member at camptonvillecommunitycenter.org, or come on by and bring a check! Choose your level, from Basic at \$10/year to Tiger Lily at \$500, and help ensure that the miracle continues...

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For My Mother

Birthday celebrations should be for the mothers—
the mothers who carried us
in their bodies, close to their hearts,
bound by blood cord
severed at birth, but never broken.

Birthday celebrations should be for the mother—
whose gift of self is total
in the laboring and birthing
of a whole and completely other.

This birthday I celebrate my mother—
whose body I am,
whose legacy I carry,
whose tilt of head and lilt of
laughter is choreographed
into the dance of my life,
and sings in the music of my soul.

This Birthday I celebrate my mother—
pressed like petals of rose
her children plucked
and soaked in the life-giving
waters of her fidelity:



Now
such fragrant anointing
upon my head

Now
such distilled sweetness
emanating from her
Mother heart

~ ~

For Margaret Ray Pendola

From her daughter, Diane, January 21, 2024



Wordsmiths & Music Makers Marks the New Year — January 14th


By Yakshi Vadeboncoeur



We interrupt winter’s intermittent trek between silence and storm to interpose a little music making, storytelling, and poetry. Come one, come all to the **Camptonville Community Center, Sunday January 14th, from 3–7 pm** for **Wordsmiths & Music Makers**. There will be an all-star lineup of local talent and creativity to warm your spirits and a feast of local culinary delights to feed your body.

Your **\$5 ticket at the door** supports the Community Center, provides you an evening of entertainment, and covers the **pre-show and intermission hors d’oeuvres** as well as a **post-event dinner (6:30-ish)**, that you can linger over while chatting with neighbors, or eat and run as suits your needs. So don’t miss this celebratory light in the midst of January’s cold and wet. Come bask in the fires of creativity that burn bright in the Camptonville community year round.

The winter lineup includes **Shabda Owens, Joel Morsberger, Quantum, Barbara Graham, Maya Barhani, Yakshi, and** visiting family-friendly teller of folktales and Cornish legends **Claudia Tonge**. Scribble your name on your ticket and drop it in the golden tin and you will gain a chance to perform a song or poem between featured artists.

For more info or to get on the featured artist list for spring, contact yakshiv@gmail.com . 



*Rural people working together
for a safe, sustainable, and
healthy community.*

Located at our **Family Resource Center**
behind Camptonville School
Monday thru Friday 8:30 am–12:30 pm

High speed WiFi available for community use. Drop on by!

**Highlights of our community-driven activities
in the Yuba County foothills:**

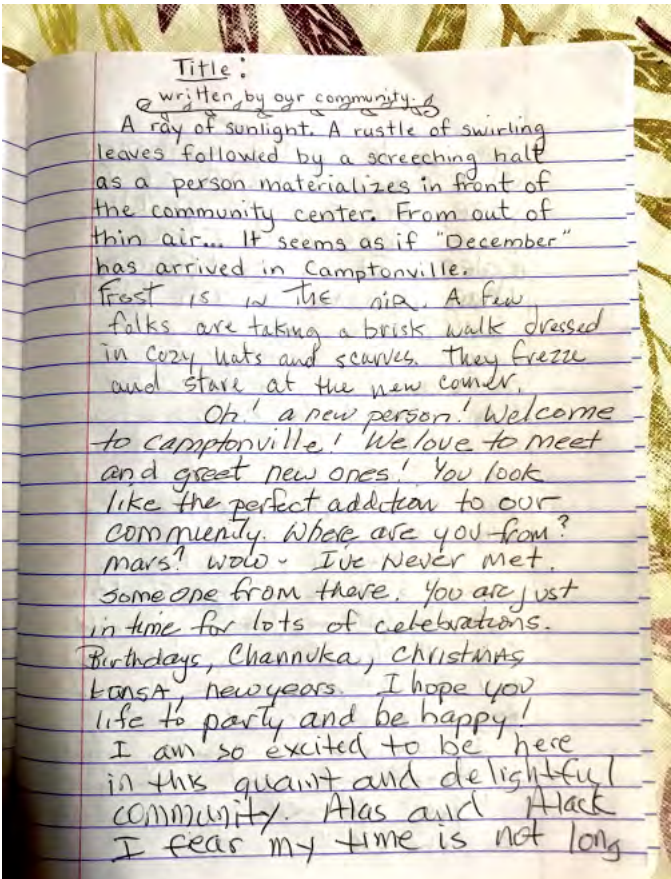
- Youth enrichment and skill building projects
- 1, 2, 3 Grow
- Family Resource Center
- Parent participation child enrichment for 0-5 year olds
- Community Health Action Plan
- The Camptonville Courier

Development of:

Community-scale forest biomass to energy facility and business center

Camptonville Community Partnership (CCP) 501(c)(3)

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Here's the first page of the community's collaborative story. What would you like to add to it this month?

Collaborative Art Graces the Community Center



By Caroline Fowler

All smiles as I watch our community creating art together and writing alongside one another. I feel the reality that we can create anything we want given the time and patience to nurture the creativity in all of our generations. Here's a special shout-out to the youth in our community who have joined in the creativity, and to all the other generations of friends who have been so supportive and loving. You are appreciated. This is the art of community.

As the New Year begins, I would like to invite our community to continue joining in for Coffee collaborations on Saturdays at our Community Center. Let's create an ongoing landscape of miniature drawings and positive affirmations together for January. Soon I will facilitate a community painting pop-up activity outside, so keep an eye out for that and join us in creating group art. Let's grow healthier and nurture our creativity together throughout 2024. See you soon at Coffee@theCenter! Our December storybook is there for all to enjoy.

Early Childhood Explorations with 1,2,3 Grow



By Eugene Salganik, CCP

As the season's festivities unfolded, our classroom transformed into a hub of holiday cheer and learning delights. Amid twinkling lights and festive decorations, progress made in developing skills such as writing a letter in one's name becomes a cause for celebration. The joy is palpable as children dive into imaginative play, creating miniature households that not only foster creativity but also enhance social skills.

Taking the fun outdoors, we embarked on a garlic-planting adventure, turning the school grounds into a hands-on learning garden. The laughter and camaraderie that accompanied this endeavor made it more than just a gardening activity; it was a lesson in teamwork and nature's wonders.

The air resonated with holiday tunes as we gathered in song, bringing the spirit of the season to life. From classic carols to festive jingles, the classroom became a stage for musical merriment. The grand finale was, of course, tree decorating – an event filled with glitter, ornaments, and the collective joy of turning our learning space into a winter wonderland.

In our classroom, it's not just about reaching developmental milestones – it's about making memories, growing, and wrapping up the year with a sprinkle of magic that you can only find in a small forest town preschool.

1,2,3 Grow is a parent-participation early childhood program for infants and children up to five years old. We're open every Tuesday, Thursday, and Friday from 9:30 am to 12:30 pm, providing a flexible schedule for families to participate. For more info, please reach out to Eugene at eugene@theccp.org or give us a call at 530-288-9355.

A New Year At the School



By Patrick Brose

Happy New Year, Camptonville! I can't believe that it is already 2024 and so much of our year has gone by. This has been an amazing year at the school with so many things happening in field trips, activities, new elective classes, and so much more. As you read this, we are in the depth of winter and hopefully not the depth of snow!

For the past three years, I have spent much of the winter coordinating efforts to keep the school up and running and provide supplies to our families when the snowstorms hit. And while I love doing that work, I am wishing for a lighter snow year this year — enough to give our aquifers a nice boost, but spread out over the course of months so that we are not all snowed in for weeks at a time.

I look forward to 2024 with lots of optimism and excitement for what is to come. Happy New Year to all!

Ferns in Winter

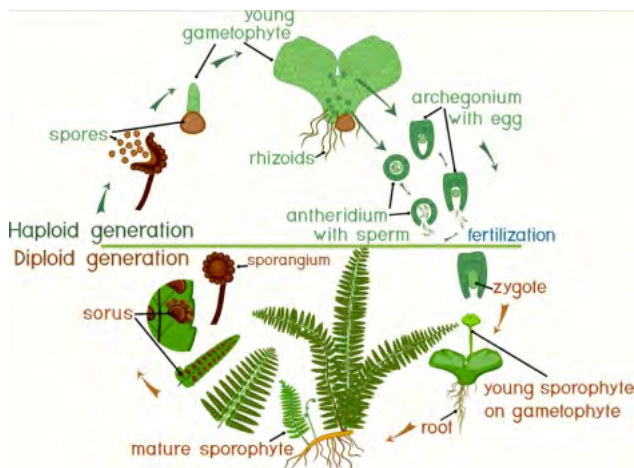
By Katie O'Hara-Kelly, North Yuba Naturalist

With no wildflowers to distract me, I've been focusing on our local ferns which have been flourishing in the recent winter rains. The following quote from [thoughtco.com/fern-life-cycle-4158558](https://www.thoughtco.com/fern-life-cycle-4158558) explains the fern life cycle well and thoroughly. I have edited it a little to simplify the information, which is quite complex.

"The fern life cycle requires two generations of plants to complete itself. This is called 'alternation of generations.'



Underside of fern frond, showing spore-producing receptacles



One generation is diploid, meaning it carries two identical sets of chromosomes in each cell or the full genetic complement (like a human cell). The leafy fern with spores is part of the diploid generation, called the sporophyte.

A fern's spores don't grow into leafy sporophytes. They aren't like seeds of flowering plants. Instead, they produce a haploid generation. In a haploid plant, each cell contains one set of chromosomes or half the genetic complement. This version of the plant looks like a little heart-shaped plantlet. It is called the prothallus or gametophyte.

The Fern Life Cycle

Starting with the "fern" as we recognize it (the sporophyte), the life cycle follows these steps:

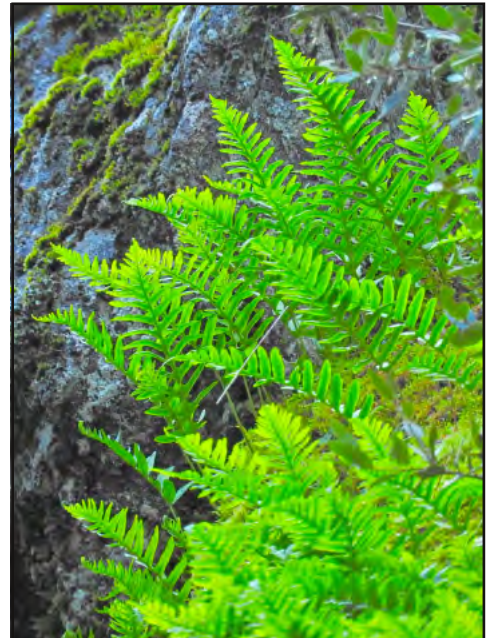
- 1) The diploid sporophyte produces haploid spores.
- 2) Each haploid spore grows into a photosynthetic prothallus (gametophyte). This plantlet is much smaller than the sporophyte fern.
- 3) Each prothallus produces gametes. Male sperm is produced within a structure called an antheridium. The female egg is produced within a similar structure called an archegonium. When water is present, sperm use their flagella to swim to an egg and fertilize it.
- 4) The fertilized egg remains attached to the prothallus. The egg is a diploid zygote (fertilized egg) formed by the combination of DNA from the egg and sperm. The zygote grows into the diploid sporophyte, completing the life cycle.

Before scientists understood genetics, fern reproduction was mystifying. It appeared as though adult ferns arose from spores. In a sense, this is true, but the tiny plantlets that emerge from spores are genetically different from adult ferns.

Other Ways Ferns Reproduce

The fern "life cycle" refers to sexual reproduction. However, ferns use asexual methods to reproduce, too.

- 1) In apogamy, a sporophyte grows into a gametophyte without fertilization occurring. Ferns use this method of reproduction when conditions are too dry to permit fertilization.
- 2) Ferns can produce baby ferns at proliferous frond tips. As the baby fern grows, its weight causes the frond to droop toward the ground. Once the baby fern roots itself, it can survive separate from the parent plant. The proliferous baby plant is genetically identical to its parent. Ferns use this as a method of quick reproduction.
- 3) The rhizomes (fibrous structures that resemble roots) can spread through soil, sprouting new ferns. Ferns grown from rhizomes are also identical to their parents. This is another method that permits quick reproduction."



All photos: Katie O'Hara-Kelly



Giant Chain Fern

Enjoy Katie's weekly blog at:
northyubanaturalist.blogspot.com

See all photos in living COLOR on the Courier website:
camptonville.com

Family Food Box Distribution — A Delicious Success

By Lisa Baker, YFACA Christmas Program Coordinator

Yuba Foothills Agricultural Communities Association (YFACA, Dobbins) recently held their annual Christmas Family Food Box distribution, which was a fantastic effort. As always, neighbors stepped up to help neighbors, and thanks to the generosity of our donors and 25 volunteers, we succeeded!

Each box/bags set contained many fresh, canned, and boxed components for each daily meal (plus everything needed for the holiday feast), toys, and toiletries. This amounted to a week’s worth of food!

YFACA members, community members, and volunteers from other programs put in many hours of shopping, bagging, and boxing everything. Many thanks to the BSA Troop 6400 for getting everything loaded into vehicles.

Our donors/sponsors:

- Barbara Hogan, Camptonville coordinator
- BriarPatch Co-op
- Butte Sierra District Dental Society
- BSA Troop 6400
- Collins Lake
- Food Bank Of Nevada County
- Food Maxx, Yuba City
- Foothill Food Pantry
- Grocery Outlet, Yuba City
- Joseph & Co
- Ladies Home Department
- Mt. Transit
- Oregon House Grocery
- Richard and Shirley Dickard
- Toys For Tots, Nevada County
- Yuba River Endowment
- Yuba Sutter Food Bank
- Yuba-Sutter-Colusa United Way

Santa and Mrs. Claus (aka Dave and Dora) and several anonymous individuals also gave generously!

Santa Visits Camptonville

By Jessi Mullins



Photo: Jessi Mullins

What a merry evening – warm soup, cookies, hot cocoa, basket raffle, and much more! This year, with the Center all decorated and full of ecstatic children, Santa pulled up on our very own Volunteer Fire Department’s truck and brought joy and laughter to about 85 kids.

After a heartfelt visit with Santa and a memorable picture snapped, the kiddos

came to see the elves. They got to choose their very own Christmas decorations for their rooms and received a stocking full of treats – both healthy and sugary ones...

As we ended this festive Friday evening, I took a moment to think about all the folks who make the event successful. It really took the entire community! With that said, a huge shout-out to all the individuals and businesses who donated, to all the folks who attended the event, to all the kiddos who waited patiently in line, to Santa, to all raffle ticket purchasers, to the firewood

bidders and the Lost Nugget, to all soup eaters, brunch eaters, and cookie makers, to the Volunteer Fire Department, to Engine 331, to the Community Center and CCSD, to all our secret and silent partners, to our student service-learning helpers, and to all the Christmas Club elves and their significant others.

Thank you and Happy New Year!



Photo submitted by YFACA

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Camptonville Receives Loan From Yuba Water Agency



By Bonnie Dickson,

Yuba Water Senior Public Information Officer

As part of its Community Impact Grant and Loan Program, Yuba Water Agency has approved nearly \$25 million in grants and one cash-flow loan for two dozen multi-year projects in Yuba County. The cash-flow loan was awarded to the Camptonville Community Services District for upgrades to its water treatment plant.

Here are two of Yuba Water’s awards for the coming year:

- Camptonville Community Services District: \$227,058 cash-flow loan to start work to replace a chlorine contact tank and associated treatment plant upgrades while the district awaits reimbursement from the state
- Yuba Watershed Protection and Fire Safe Council: \$325,000 to help the council reestablish and manage its Home Resilience Program, including a defensible space program for foothill residents

Yuba Water’s Board of Directors has committed to investing \$10 million a year into community programs and projects that align with the agency’s core mission areas to improve the quality of life for the people of Yuba County.

Non-profits, tribes, and other government agencies can apply for grants to fund projects or programs that directly connect to our missions of flood risk reduction, water supply and management, watershed resilience, water education, and water conservation.

Visit yubawater.org to learn more about Yuba Water’s work and investments in the community.

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yubawater.org

Flood Risk Reduction • Water Supply • Hydropower
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Fire Department Report



By Elizabeth Zapata, CVFD Administrative Assistant

Happy New Year! Continue to stay fire safe!
If you bring the outdoors inside (Christmas trees and such), dispose of the burnable parts properly. Don’t just toss it into the woods; as it dries out, it just becomes fuel for wildfires.
Also, only burn what is burnable – I know, I know, but what I mean is don’t burn the plastic tinsel or other plastics. Yeah, it's only a little bit – but if we all do it, it isn’t a little bit anymore.

The burn ban has been lifted, but please only burn on burn days. Call 530-741-6299, or check faqmd.org/burn-day-status to verify. We don’t want your backyard fire called in, even though our firefighters are friendly and love an outing...

We currently have 14 firefighters (FFs) on the roster and one cadet. Our FFs had seven calls in November, and so far in December the FFs have answered seven calls.

Remember, **your Fire Department is always looking for volunteers.** You don’t need to make a huge time commitment – keep your training up-to-date and respond when you can. If you don't feel up to it physically, you can be a Supporter. **Training is Wednesday nights from 6 to 9 pm** at the station on Mill Street. Come on by and learn the details of how to get involved.

Please keep your burn piles attended: keep shovels and water nearby – a gust of wind can send things out of control faster than you think! Also, some of us are cooking more, as there is nothing quite like home-made soup on a chilly evening. According to Cal Fire, “Unattended cooking is the leading cause of home fires.”

Be safe, take care, and Happy New Year!

Gratitude From Secret Santa



By Barbara Mueller-Hogan

Each year the Secret Santa Project is a success because of my loving and wonderful helpers: Joe and family, Lisa Baker and crew, and most of all, Camptonville’s quiet and generous Santas. We had 25 children on the list, and I worried that it wouldn’t happen, but the Spirit of Christmas proved me wrong. I’m sure each child was delighted by what they received this year.

I was delighted! My love and respect goes out to each of you, with special hugs to Corrin for being my online shopper. She saved me and my weary legs lots of time. I love you all and I send you blessings for a fantastic 2024. It’s going to be better for all of us.
Love, Barbara

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A LOOK BACK – from *The Camptonville Courier* back issues

(click the link to the Archives at courier.camptonville.net)

By Jesse Golden



20 years ago, January 2004:

- Camptonville Roots & Shoots first meeting announced by Audrey Bowman (AmeriCorps volunteer with the Camptonville Community Partnership), with all interested children invited to attend. “Some project ideas include: making bat and birdhouses, nature journaling, gardening, habitat restoration at Oregon Creek, and field trips.”
- Cathy LeBlanc, CCP Rural Health Advocate, reports on a visit to the Capitol: “I spoke with our Senator’s legislative director about the importance of keeping Healthy Families insurance intact and not cutting MediCAL insurance or any health provisions that rural families, especially, rely on.”
- Rod Bondurant reminds people: burning trash is illegal as of January 1st, and explains air contaminants released by such burning.
- And, a detailed report on the 1st Annual Camptonville Cookie Exchange!

10+ years ago, June 2013:

(from July 2013 through January 2014, the Courier paused publication until new editor Shirley Dickard and the volunteer team started it up again)

- Judy Morris, writing for Camptonville Prepared!, explains the Community Phone Notification System. *(still available, sign up at bit.ly/cvpinfo)*
- Maggie Orion reports on Camptonville School’s graduating class, Victor Anthony, Ariana Bonfiglio, Jacob Friedman, Robert Thomas, and Thomas John (T.J.) Williams.
- Sandy Ross describes “The Essence of Camptonville School” – “We are a community and a family who work cooperatively and collaboratively to create a rich, stimulating, and safe learning environment for each and every student.”

5 years ago, January 2019:

- John Deaderick explains “how my dog made me a vegetarian - or to be precise, as friend Terry Riley recently pointed out: an ovo-lacto-pesca-vegetarian.”
- Stephanie Korney advises, “Acton Cleveland Memoirs Now Available” from the Camptonville Historical Society. *(...and they still are! Stop by the Community Center on a Saturday morning and ask Rochelle or Rod for a copy)*
- Yakshi Vadeboncouer announces another Wordsmiths & Music Makers event, featuring Camptonville’s own Shabda Owens and singer/songwriter Davia, plus Grass Valley poet Alicia Frost.
- Les Wolfe shares a boyhood memory of traveling up the road to Alleghany to pick fruit at the site of the old Plum Valley Inn: “In its day, it was a stage stop with rooms upstairs possibly to rent to the travelers with, I guess, perhaps a meal.”

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Camptonville Students Fill San Juan Ridge Hearts and Bellies

By Diana Pasquini, SJRFRC

The San Juan Ridge Family Resource Center (SJRFRC) is fueled by kindness and generosity. Every cozy sweater and warm winter jacket in the FRC's Clothes Closet and every single morsel of food in the Oak Tree Pantry has been donated and delivered by people whose hearts and minds extend beyond themselves.

On November 28th, America's National Day of Giving, the FRC was visited by a group of Camptonville students and their teacher. Laden with heavy boxes and bags of food, a gift from the Camptonville School Community, student council members Aria, Charlee, Hank, Lilly, Zoey, and teacher Daiquiri Applington were all smiles as they lugged one box after

Photo: Diana Pasquini



Camptonville School students at the SJRFRC after dropping off necessities and gifts they gathered

another of nonperishable items from their van into the Oak Tree Pantry. Spearheaded by the Camptonville Student Council, in only three weeks the school had collected over 560 items to distribute to the Ridge.

Although a river may separate the two communities, we are united in our care and concern for one another. Ms. Applington explained, "We are so happy that we were able to do this. With winter coming and the holidays almost here, people need food now more than ever." Aria added "We like helping people in need. People need help. It really is fun. Hank agreed, "It makes us feel good." Zoey added, "Our school loves giving donations and helping people." Student Council President Charlee chimed in, "We did it so we could help the community. It was pretty dang fun!"

There is more to life than learning the three R's. Although having a command of reading, 'riting, and 'ritmetic may be essential to worldly success, the three C's, "Caring, Compassion, and the Courage to be Kind", are essential to being a successful human being. Congratulations to the students, staff, and Camptonville School Community for recognizing the needs of others and instilling the caring, compassion, and courage to be kind that it takes to make a better world. You are pretty dang great!

Help Wanted at the Community Center

By Jody Deaderick, CCC Advocates Board Member

Our Community Center needs a **Facilities Manager** and an **Events and Fundraising Manager**. Jesse Golden, who is the current CCC Manager, is planning to retire. We are hoping to have new management in place within the next couple of months, with Jesse available to train new personnel.

The Facilities Manager's job is to oversee and ensure that all aspects of the Community Center are functioning well. This entails weekly checking of the building's exterior and grounds, propane supply and heating and cooling equipment, ensuring building cleanliness and security, ensuring supplies are on hand, working with vendors and service providers, regularly checking phone and email messages, and reporting to the monthly CCCA meetings. The **Facilities Manager's stipend is \$100 per month.**

The Events and Fundraising Manager's job is to manage and arrange programs, events, and rentals, obtain contracts and payments, communicate and ensure usage policies are followed, prepare the building for usage and follow up after the building is used, supervise all CCSD sponsored events, maintain the Community Center calendar, organize a minimum of three fundraisers a year, attend monthly CCCA meetings with usage and financial reports, and respond to phone and email messages promptly. Marketing of events is key and requires designing fliers, writing for *The Courier*, and posting on Facebook, Instagram, and on the Website. The **Events and Fundraising Manager's stipend is \$200 per month plus 10% net income from fundraising events** (does not include ongoing ones like the Coffee, Thirsty Thursday, Rally Point, Gardeners' Market, and regular classes such as QiGong).

To find out more, get job requirements and request a job application, please contact CCC Advocates board member Dick DicKard at 530-288-3479, leave a message at the CCC at 530-288-5016, or email cvillecommunitycenter@gmail.com.

Deadline to apply is Monday, January 22nd, 5 pm.



My New Year's Resolution – you too?

By Jesse Golden

Every January I find myself contemplating what I'd like to change for the coming year, and for this year I'm trying out Meatless Monday.

I have an uneasy conscience about eating meat. On the one hand – tasty! Easy! Expected by the family! Need the protein! On the other hand – ethically problematic (at least in the case of industrially-produced meat). Expensive. Questionable health outcomes. Bad for the planet. Worse for the cows...

But going meatless once a week: that seems like an achievable change for the better, with a measurable impact. For someone like me who usually eats meat two times a day, choosing meatless options (tofu, legumes, or a veggie burger) one day a week for one year prevents about the same amount of fossil-fuel emissions as are generated by driving a gas-powered car 700 miles (I learned that from Grace Van Deelen in Sierra Club Magazine, Winter 2023).

I'm not under the illusion that my eating choices can stop climate change – that's going to require systemic change away from fossil fuels, fast. But what the heck, 700 miles less of carbon emissions is – less – right?

So I'm looking for great no-meat no-milk recipes (beef and milk production being the highest emitters of greenhouse gases) – do you have some to share? If you'll send them to cvillecalendar@gmail.com, I'll post them for all to enjoy at camptonville.net (click the RECIPES link). So far I've posted a recipe for Smoky Lentil Stew with Leeks and Potatoes, plus an awesome granola recipe from beloved departed friend Teresa Hahn, plus other recipes that have appeared in *The Courier* over the years – your amazing casserole, salad, or soup recipe could be next!

And after Meat-Free Mondays maybe I (and you too?) will be inspired to go meat-free on Warming-Planet Wednesdays – or Save-Our-Future Saturdays... 2024, here we come!



FRANKLY, OLD

By Robert Mumm

For years I have looked forward to becoming an "authority" on something, and now it might have come to pass. At ninety-one years old I can claim to be an authority on Being Old, not an authority on aging – that is a different thing, and I have read a number of articles on "aging gracefully" and all that line of thinking. I got old, but there wasn't much grace about it. I just stayed around and tried to do whatever came along and managed to get old. Now that I am here, I claim authority status on being Old. I wake up each day and here I am Old, not that I am complaining – old isn't much different than young except with fewer options. It now takes me a lot longer to get my shoes and socks on in the morning, of course.

At this point as an authority on Old, it seems appropriate for me to expound a bit about Old. First of all, some of the articles I read along the way stated accurately that it is not really about the years involved, so don't look at your life calendar and say to yourself "Gee, I am at this age, and I should feel a way that fits that age and do things that are age appropriate." What you can actually do or not do is what really determines where you are along the way, and sometimes our physical abilities wax and wane. One year you might find that you can do things again that you couldn't the year before. To sum up, throw out measuring your life in years and take stock in where you are and look to whatever is good in your life as it is

and be grateful for it.

If all this comes off as a bit preachy, blame it on my new stature as an Authority – as an Authority on Old – and as I am still hanging in on life and doing fairly well, you might not mind some encouragement from me. Celebrate, don't lament: look to new opportunities – they are there, if harder to see – and always remember it is what we can do for others which gives the most satisfaction in life at any calendar age.

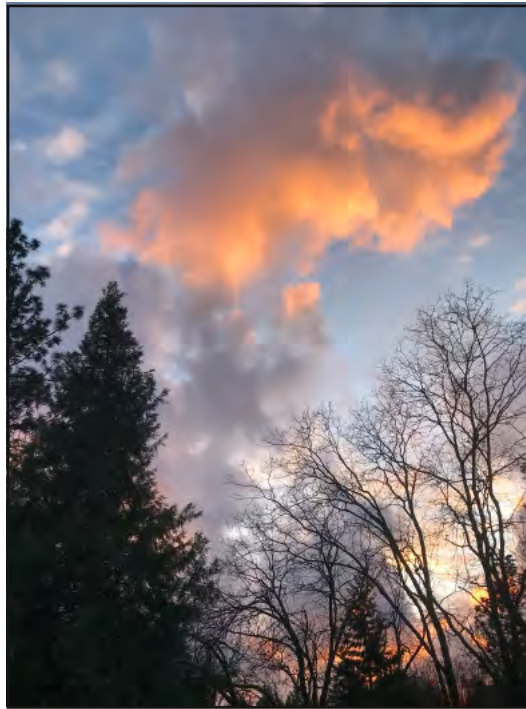



Photo: Caroline Fowler

If you see someone
without a smile today,
give 'em yours.
— Dolly Parton —



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HELP & HOPE

For emergencies first call 911.

All area codes are 530 unless otherwise specified.

CAMPTONVILLE:

- Cemetery ————— 559-1629
- Community Center ————— 288-5016
- Community Partnership (CCP) ————— 288-9355
- Community Services District (CCSD) ————— 288-3676
- Elementary School ————— 288-3277
- Family Resource Center (CCP) ————— 288-9355
Hours 8:30 am–12:30 pm, M-F
- Post Office ————— 288-3348
Hours 11 am–1 pm, 1:45–3:45 pm, M-F
- Volunteer Fire Department ————— 288-3303
- Water Plant ————— 775-980-7138
- Yuba River Ranger District ————— 362-8259/288-3231

- Alcoholics Anonymous: Local 24 hr Hotline — 272-6287
- Burn Day Status (www.fraqmd.org) ————— 741-6299
- CA Rural Legal Assistance (Yuba Co) ————— 742-5191
- CoRR (Community Recovery Resources) ————— 273-9541

Domestic Violence:

- Casa de Esperanza Hot Line (Yuba Co) — 674-2040
- DVSAC Crisis Line (Nevada Co) ————— 272-3467

- KNCO 830 AM (Nevada Co) ————— 477-5626
- KUBA 1600 AM (Yuba Co) ————— 673-5400
- KVMR 89.5 FM (Nevada Co) ————— 265-9555
- Legal Center for Seniors (Yuba) ————— 742-8289
- Mental Health 24 hr Crisis Line (Yuba) — 673-8255
- NAMI -Support for Mental Illness ————— 272-4566
- PG&E Outage Line ————— 800-743-5000
- Red Cross of NE California ————— 673-1460
- Road Conditions CalTrans ————— 800-427-7623
- Sheriff (Yuba Co) Emergency ————— 911
- Sheriff (Yuba Co) Non-Emergency ————— 749-7777
- Supervisor Jon Messick (Yuba Co) ————— 749-7510
- Yuba County Emergency Services (OES) — 749-7520
- Yuba County Health and Human Services — 749-6311

CAMPTONVILLE COMMUNITY SERVICE DISTRICT

• WATER PLANT MANAGER
JT Rumsey 775-980-7138

• CEMETERY
Sandy Ross
530-559-1629

• SECRETARY
Pam Wilcox
530-288-3676

• COMMUNITY CENTER
Jesse Golden 530-288-5016

• CV FIRE DEPARTMENT
Chief Brandi Dudek 530-288-3303

CCSD
PO Box 327
Camptonville
CA 95922



Happy World Day of Peace – January 1st, 2024!



Photo: weirdholiday.com



Food Distribution in the Yuba County Foothills



The Foothill Food Pantry:

Alcouffe Center, 9185 Marysville Road, Oregon House
1st and 3rd Fridays from 12-1:30 pm
January 5th and 19th
February 2nd and 16th

The USDA Commodities Food Bank:

Willow Glen Restaurant parking lot, Oregon House
The 2nd Friday: 11 am-12 noon
January 12th and February 9th

North San Juan Food Bank:

Located at Oak Tree School, Oak Tree Road, NSJ
2nd Tuesday: 10 am-Noon
Free Food and Clothing Closet: call 530-292-3174 for hours



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(530)743-6888 (530)645-7336

Del Norte Plumas
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1st Sunday Matinee of the New Year — \$2 includes popcorn!
 Toto, I have a feeling we're not in Camptonville anymore...

JANUARY 2024 Community Calendar

The Camptonville Courier and Calendar are online **IN COLOR** at Camptonville.com

To add local events to the calendar, email: calendarville@gmail.com



"Starry Night"

- January 7 — The Wizard of Oz matinee (pg 3)
- January 11 — Thirsty Thursday! (pg 3)
- January 14 — Wordsmiths & Music Makers (pg 4)
- January 21 — Concert For A Cause (pg 2)

You never know what art supplies, games, treats, or music will show up any given Saturday morning at Coffee@theCenter! Tyann baked cookies and brought supplies for some extreme decorating experimentation, as evidenced in these fine works of cookie art by Jocelyn and Hally!



"The Scream"

WEEKLY Events: • CCC = Camptonville Community Center •

- Tuesdays:** Yoga, 5 pm, School Gym
- Wednesdays:** Camptonville Fire Dept Trainings, 6-9 pm, Fire Hall
- Fridays:** Harmony Health Clinic On Wheels, 9:30 am-3:30 pm, CCC
- Saturdays:** Coffee@the Center, 10 am-Noon, CCC
 Qi Gong, 12:30-1:30 pm, CCC

MONTHLY Events:

- Call to verify meeting times before attending •
- CCP Board** 3rd Wed, 1 pm, Resource Center: 288-9355
- CCSD Board** 4th Thursday, 5:30 pm, CCC: 288-3676
- School Board** 3rd Thursday, 5 pm, CV School: 288-3277
- Thirsty Thursday** 2nd Thursday, 5-7 pm, CCC
- Rally Point** 1st and 3rd Tuesdays, 5-6:30 pm, CCC

All Food Banks – see pg 13