

# THE Camptonville Courier

Connecting the *Community*  
Since 1997



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NUMBER 2



Sandhill Crane pair

## What Do Animals Do In Winter? – February 21st

By Katie OHara Kelly,  
[northyubanaturalist.blogspot.com](http://northyubanaturalist.blogspot.com)



Please join me, if you're curious, for a shortish slide-show/talk on "Animals in Winter" that will cover the effects of winter on the wild critters that live in the middle to high elevations of our area. This fundraiser for the **Camptonville Community Center** will take place on **Saturday February 21st from 12:30 to 1:30 pm**. Admission is \$10.

I am an amateur naturalist who enjoys exploring and learning about my local environment. Naturally curious, I'm constantly looking up information about the local plants, herptiles, birds, bugs, and mammals that I observe. I have posted this information along with my photos on my blog [northyubanaturalist.blogspot.com](http://northyubanaturalist.blogspot.com).

After nine years of blogging, I've come to know a lot of things! The more you learn, the more you realize you don't know much at all. I am not an expert, but I do enjoy sharing what I've learned with others. Hope to see you at The Center. Thank you!



Above – Grey Fox mama and kit

Left – Raven couple



Photos: Katie OHara-Kelly

## Animals in Winter

Join the  
North Yuba Naturalist,  
**Katie OHara Kelly,**  
for a  
slide-show/talk on  
"Animals in Winter"  
in which she will  
present the effects of  
winter on the wild  
critters in the middle  
to high elevations of  
our area.

**Saturday February 21st**  
**12:30-1:30 PM**  
Camptonville  
Community Center  
15333 Cleveland Avenue



**This is a fundraiser for the CCC. Admission \$10**

Cosponsored by CCSD



### From the Editor

-Janie Kesselman

Yakshi's seasonal Wordsmiths & Music Makers was, as usual, a feast for the ears, the taste buds, and the soul. Big thanks to all who put in energy to showcase our local talent.

The weekly *Coffee@theCenter* is now joined by Wednesday lunches and themed Third Thursday potlucks. Folks are working to get services for seniors as well as food distributions for anyone in need. Kids are playing on new swings at the Center, where improvements are ongoing.

I feel lucky to call Camptonville home – it does my heart good to be able to retreat to our woods after a hard day out in the world. Be sure to check out the quote from Dr. Martin Luther King Jr. (pg 9). Happy Black History Month, and a Happy Valentines Day to all. May love be ever in our hearts.



### Town Hall Meeting With CCSD Board – February 14th –

Hello, Camptonville Citizens!  
The **Camptonville Community Services District Board** invites you to attend a **Town Hall Meeting** to hear the latest **Fire and Water Departments' news**. Come for the **Coffee** and stay for the **Town Hall!**

**When:** Saturday February 14th, 11:30 am  
**Where:** Camptonville Community Center  
**Topic:** Important Updates on the Fire and Water Departments  
**Contact:** [boardsecretary.ccsd@gmail.com](mailto:boardsecretary.ccsd@gmail.com)

## THIRD THURSDAY

Music, friends, potluck dinner, drinks  
February theme: PIRATES!



Bring a dish to share and enjoy an evening of food, drink, and socializing!



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COMMUNITY CENTER

[cvillecommunitycenter@gmail.com](mailto:cvillecommunitycenter@gmail.com) | (530) 288-5016 | cosponsored by CCSD

### CCSD Board Vacancy

Camptonville Community Services District (CCSD) is accepting applications to fill a vacancy on its board.

The **Notice of Vacancy** is posted at the **Community Center** and the **Post Office**.

If interested, please contact **Pam Wilcox, Board Secretary** at [boardsecretary.ccsd@gmail.com](mailto:boardsecretary.ccsd@gmail.com).

Applications will be accepted through **February 12th at 5 pm.**

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COMMUNITY CENTER

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or call 530-288-5016



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Read *The Courier* online (in living color!) at: [camptonville.com](http://camptonville.com)

Free to Camptonville Residents; Subscriptions: \$16/year Tax-deductible donations are appreciated!

# Chocolate Covered Cherry Cake

By Debbie Seyms

This very old recipe was the winner of the 1974 Pillsbury bake-off contest. It's a perfect Valentine's Day dessert!

### Cake Ingredients:

- One chocolate cake mix
- One can cherry pie filling
- 2 eggs
- One tsp almond extract



### Chocolate Glaze:

- 1 cup sugar
- 1/3 cup butter
- 1/3 cup whole milk
- 1 cup chocolate chips



Preheat oven to 350° and grease a 13"x9" baking dish.  
 Beat the cake ingredients on low for 1 minute.  
 Scrape down the sides and beat for 2 minutes more.  
 The batter should be thick.  
 Pour batter into prepared baking dish and smooth the top.  
 Bake about 30-35 minutes.

### To prepare the glaze:

Place sugar, butter, and milk in a small pan over low heat, stirring until mixture comes to a boil.  
 Boil, stirring constantly for 1 minute.  
 Remove from heat and stir in chocolate chips.  
 When the glaze is smooth, pour over warm cake.  
 Glaze will be thin but will firm up as it cools.  
 If needed, you can freeze this cake for another time.

Enjoy, and Happy Valentine's Day!

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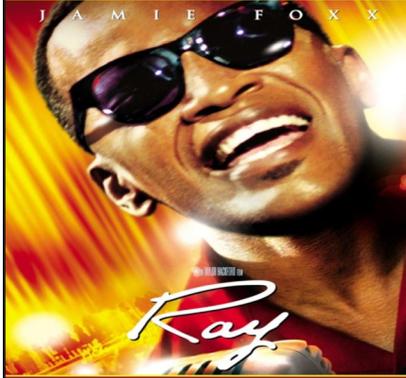


# "Ray" – February 8th

By Jesse Golden



The **Timberline Theatre Movie Matinee** returns to its regular Second Sunday schedule! Join hosts Pam and Joel on **Sunday February 8th at 3 pm** for **"Ray,"** which was nominated for Best Picture in 2005. Great music, great acting, great script! **Doors open at 2:30pm;** have some popcorn and throw \$2 into the pot!



Camptonville Community Center Presents  
**Timberline Theater Movie Matinee**  
**"RAY"**  
**Sunday Feb 8, 3:00 pm**

JAMIE FOXX

Jamie Foxx won a 2005 Best Actor Oscar for his portrayal of the legendary rhythm and blues musician Ray Charles, from his humble beginnings in the South, where he went blind at age seven, to his meteoric rise to stardom during the 1950s and 1960s. Rated PG-13 2h 32m  
 Doors open 2:30 pm

Movie & popcorn \$2 \* Movie host Pam Davis  
 Cosponsored by Camptonville Community Service District



Camptonville  
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# Rally Point: Saving For A Rainy Day

By Amber Mehrmann, Camptonville Community Partnership



Rally Point youth

Photo: Amber Mehrmann

We hope everyone is enjoying this new year thus far! We began January with our new schedule, starting **Rally Point** at 4 pm and ending at 6. Having enough daylight allowed us to be able to play a game outside before we began our presentation. Being our first meeting of the year, we had the youth share about how their Christmas and winter break went. It was a great way to touch base and practice active listening within the group.

**Monica Beachell** did a presentation at our next meeting on **the importance of saving money**. She introduced different methods that will assist the youth in this endeavor. The students decorated their own piggy banks and learned the envelope method. Monica also gave them a list of other resources, including different kinds of accounts they could begin using now with the help of a parent/guardian. Thank you so much, Monica, for conveying valuable information that will help our youth now and throughout their lives!

**Rally Point youth** are going to work on presenting a dinner to their parents. We will begin our first meeting of the month learning about safety and cleanliness in the kitchen and then get into planning our menu. The youth will learn about all of the positions that are available in food service at a restaurant and then choose which job they would like to perform the evening of our **"Rally Point Restaurant."**

For the last meeting of February, we will execute our plan from the first meeting and host a private dinner for our youths' friends and family. There will be a suggested donation for the meal and, of course, some tips for our waiters and waitresses. The funds they raise will go towards Rally Point's end-of-year field trip.

*Rally Point is a youth group provided by CCP for ages 10-15 that meets every 1st and 3rd Tuesday of the month, 4-6 pm, at the Camptonville Community Center. Teens ages 16 to 18 are also welcome to participate as Peer Mentors. For more information, contact Amber Mehrmann at [amber@theccp.org](mailto:amber@theccp.org) or 530-288-9355.*



*Rural people working together for a safe, sustainable, and healthy community.*

Located at our **Family Resource Center** behind Camptonville School  
**Monday thru Friday 8:30 am-12:30 pm**

**High speed WiFi available for community use. Drop on by!**

**Highlights of our community-driven activities in the Yuba County foothills:**

- Youth enrichment and skill building projects
- Family Resource Center
- Community Health Action Plan
- 1, 2, 3 Grow
- Parent participation child enrichment for 0-5 year olds
- The Camptonville Courier

**Development of:**  
 Community-scale forest biomass to energy facility and business center

**Camptonville Community Partnership (CCP) 501(c)(3)**  
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### Camptonville School Student Council

By Daiquiri Aplington, 6th, 7th, and 8th Grade Teacher, Student Council Advisor

Student Council at Camptonville School consists of students in grades five through eight. To become members, students are elected. Each candidate has to create posters, write a speech, and present the speech to the entire school. Then all the students get to vote.



Kinley working at the Holiday Craft Fair

Photos: Daiquiri Aplington

The Council meets weekly to discuss events and the needs of fellow students. This year they have planned dances, spirit week, and an upcoming movie night. Student Council also had a booth at the Craft Fair selling ornaments, earrings, mugs, and shirts. Council members decide what is best for their peers and how best to spend Council funds.

Maya Patterson, President, shared, "While working the Craft Fair this year, I communicated with community members and practiced giving back change. I also had chances to plan dances, allowing me to learn skills that will help me in the future."

Emri Habekoss, Vice President, stated, "Student council has taught me to speak in front of a crowd. Another thing I learned is how to communicate well with others, and how to set up a party or dance. It helped me develop a stronger habit of doing these things."

Josiah Grimes, Activity Director, added, "I have learned many things from my two years of doing student council. I learned how to make flyers, have the courage to do the blackboard message, and know how to plan a dance. Student council also involves a lot of teamwork, responsibility, and dedication."

Dale Rich, Treasurer, said, "We've had a successful dance and craft fair so far this year, and it's taught me to interact with people a little more. It benefits the school because they get to attend dances and other activities, and it makes the Student Council members be more responsible."

It is so rewarding for students to participate in Student Council. They learn many useful skills, including communication, teamwork, and time management.



Lily and Emri at the school dance

### Fire Department Hiring A New Chief

By Pam Wilcox

Our small but dedicated **Camptonville Volunteer Fire Department (CVFD)** is ready to grow and is looking for an experienced **Fire Chief** who can provide leadership to create a resilient, forward-thinking department. Applications are now being accepted for **CVFD Fire Chief**, with a monthly stipend and signing bonus to be negotiated. To receive the full job description and to apply, please contact Board Secretary **Pam Wilcox** at [boardsecretary.ccsd@gmail.com](mailto:boardsecretary.ccsd@gmail.com). For details, see flier with the full job posting inside this issue.



**Camptonville Elementary School**



**530-288-3277 — [cville.k12.ca.us](http://cville.k12.ca.us) —**

## CAMPTONVILLE COMMUNITY SERVICES DISTRICT CONTACTS

**WATER PLANT MANAGER**

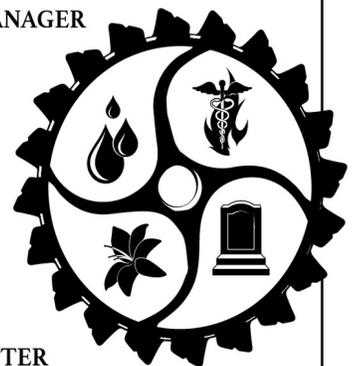
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**SECRETARY**  
Pam Wilcox  
530-391-8887

**COMMUNITY CENTER**  
530-288-5016

**CV FIRE DEPARTMENT**  
Tedd Sapp 530-913-3501



CCSD  
PO Box 327  
Camptonville  
CA 95922

### New Yuba River Internships

By Dr. Michael Bagley, Yuba College

Yuba College has introduced a new summer internship with college-credit-earning opportunities designed to prepare students for careers in natural resources. The six-week 2026 program is part of Yuba College's Working Lands Workforce Development Pipeline. "By offering college credit, hands-on training, and strong support, we are helping students take the first step toward careers in forestry, land restoration, fire prevention, and natural resource management – right here at home," said Dr. Michael Bagley, Dean of Science and Technology at Yuba College, to an enthusiastic audience at the Alcouffe Center on January 6th.



Yuba College workshop attendees Submitted photo

The workforce pipeline program, funded through Valley Visions Jobs First Catalyst Program, aims to build a skilled, climate-conscious workforce while providing students with meaningful outdoor learning experiences in the Yuba River Watershed. Interns will receive classroom instruction and hands-on field experience, learning from experts in ecology, hydrology, forestry, agriculture, and watershed management while earning college credit. They will job-shadow professionals working on large-scale restoration and wildfire mitigation projects.

As Dr. Joe Krulder, Project Director, emphasized, "This program connects education directly to workforce needs in the Yuba River watershed. We're training people who already have strong ties to this region and wish to remain in the region for the foreseeable future."

For more info, please contact Dr. Joe Krulder at [jkrulder@yccd.edu](mailto:jkrulder@yccd.edu) or Dr. Michael Bagley at [mbagley@yccd.edu](mailto:mbagley@yccd.edu).

### Tiny Gratitude Project Community Art Call

By Caroline Fowler

Hosted by teaching artists Caroline Fowler and Renee Renoir, the Tiny Gratitude Project is a feel-good art project to share gratitude locally and cultivate caring and human connection in a



Photo: Caroline Fowler

small yet powerful way. To participate, create two or more tiny art cards with a simple thank you message. Make one card to swap for another tiny gratitude card and create one or more additional cards to add to the giving collective – so that there's more gratitude to spread and share.

The first official drop-off location for the cards will be the Bear Yuba Land Trust (BYLT) table at the Wild and Scenic Film Festival in Nevada City on Saturday February 21st from 11 am-1:30 pm. The North San Juan Family Resource Center on the Oak Tree Campus will host an official drop-off point as well. More locations will be announced throughout 2026, with updates shared on the website [sanjuanridgefrc.org](http://sanjuanridgefrc.org). Find more information at: [nevadacountyarts.org/call-to-artists/tiny-gratitude](http://nevadacountyarts.org/call-to-artists/tiny-gratitude).



Support the  
**CAMPTONVILLE COMMUNITY CENTER**  
TAKE HOME & ENJOY SOME GREAT WINES!

**SPIN FOR WINE**  
At Saturday Morning Coffee@theCenter 10am-Noon  
**\$5 DONATION WINS 1-3 BOTTLES**  
Estimated value \$20 to \$75

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Or go to [Camptonville.net](http://Camptonville.net), click on **The Courier** box, then "Donate" button.  
Credit cards/PayPal accepted. Donations can go toward sponsoring the COLOR covers or general support.  
Checks also gratefully accepted.  
Mail to: *Camptonville Courier*, PO Box 32, Camptonville 95922.

### Speaking of the Heart...

By Geoff Burke

February isn't just about Valentine's Day – it's also **American Heart Month**, a perfect time to focus on heart health. Your heart is the engine that keeps you going, so knowing the signs of a heart attack could save a life – maybe even your own.



Warning signs of a heart attack include:

- \* **Chest pain or discomfort** (which might feel like pressure, squeezing, fullness, or pain.) This sensation can last more than a few minutes or go away and come back.
- \* **Pain or discomfort in one or both arms, the back, neck, jaw, or stomach**
- \* **Shortness of breath**
- \* **Breaking out in a cold sweat, nausea, or lightheadedness**

Remember, heart attack symptoms can look different for everyone – women may experience subtler signs like fatigue or indigestion. If you or someone near you shows these warning signs, call 911 immediately. Fast action can make all the difference.

For more information, check out the **American Heart Association's website: [heart.org](http://heart.org).**

*Take care of your heart, and it will take care of you!*



Photo: freepik.com

### A LOOK BACK –

News from *Couriers* past...  
(read back issues: [bit.ly/courierpast](http://bit.ly/courierpast) or search by keyword: [bit.ly/courierdigital](http://bit.ly/courierdigital))



*25 years ago in The Courier* (February 2001):

- Roger Rapp writes about solutions to vandalism.
- A vandal writes an apology.
- Robert Mumm muses on the value of work.

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### Mobilize Beyond the Screen at the Wild & Scenic Film Festival

By Daniel Elkin, Communications & Engagement Director, South Yuba River Citizens League (SYRCL)

The South Yuba River Citizens League's 24th Annual **Wild & Scenic Film Festival** returns **February 19th-23rd** with its most comprehensive programming yet. While powerful environmental and adventure films remain at the heart of the festival, this year's event expands far beyond the screen with an Activist Center featuring expert speakers and panel discussions, an EnviroFair, happy hours, an art exhibition, family-friendly programming, and guided excursions.

The festival's theme, "**Mobilize**," celebrates movements that create tangible change — from grassroots resistance to Indigenous land stewards to youth climate strikers. The expanded programming reflects this call to action, providing tools, connections, and inspiration for attendees to become active participants in environmental protection.

See the full schedule at [wildandscenicfilmfestival.org](http://wildandscenicfilmfestival.org), where you can also purchase tickets and passes.

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# Wonder and Discovery At 1,2,3 Grow!

By Tyann Jordan, Camptonville Community Partnership (CCP)



As the new year unfolds in Camptonville, 1,2,3 Grow! is buzzing with excitement and fresh opportunities for learning. This February, our young explorers are invited to dive into three hands-on adventures: weather watching, environmental exploration, and caring for our lively worm farm.

Bundled up for crisp mornings, children become weather watchers, venturing outdoors to observe the ever-changing skies, clouds, rainfall, and in some places snow. These moments spark curiosity and help our learners notice nature's patterns, building resilience and a deeper connection to the world around them. Every puddle splashed in and cloud spotted is a step toward understanding the wonders of winter and the surprises that spring may bring.

Exploration continues as children embark on nature scavenger hunts, investigate garden beds, and discover life in unexpected places. Whether sketching leaves or following ant trails, each adventure fosters creativity, scientific thinking, and a love for our environment. Our worm farm is a living classroom, where children transform snack-time scraps into garden gold. By caring for our little wigglers and watching compost come to life, kids learn about sustainability, responsibility, and the magic of recycling.

Join us at 1,2,3 Grow! where February is a celebration of curiosity, creativity, and community. We're open **Tuesday through Thursday, 8:30-11:30 am**, and are proud to be sponsored by CCP. Let's nurture a love for learning that lasts all year long! To reach out to 1,2,3 Grow! staff, call Camptonville Community Partnership at 530-288-9355.



Photos: Eugene Salganik and Tyann Flower

San Juan Ridge Community Library - Calendar for FEBRUARY 2026						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 <b>CLOSED</b>	3 Knitting with Mindi 2-4pm	4 Karate! (kids 7+) 4:15-5:30pm	5 Singing & Ukulele 1-3pm	6 Easy Ageless Qi Gong 1:30-2:30pm Conversational Spanish 3:00-4:30pm	7 STEM Activity with Julia 12-2pm Valentine's Day Craft Extravaganza 1-3pm	
9 Tuesday Health & Harmony Clinic 10am-12pm	10 StoryTime 10:30 @ Little Acorns Needle Felting with Mindi 2-4pm Garden Crafts with Caroline 4-5pm	11 StoryTime 10:30am @ Library Karate! (kids 7+) 4:15-5:30pm	12 Singing & Ukulele 1-3pm Paper Collage Cards & Journals with Ginger 4-6pm	13 Easy Ageless Qi Gong 1:30-2:30pm Conversational Spanish 3:00-4:30pm Make a Valentine 3-6pm	14 Make a Valentine 3-6pm	
16 <b>CLOSED</b>	17 Knitting with Mindi 2-4pm Garden Crafts with Caroline 4-5pm	18 Sock Snowmen with Mindi 2-4pm Karate! (kids 7+) 4:15-5:30pm	19 Singing & Ukulele 1-3pm Tassel Making with Ginger 4-6pm	20 Easy Ageless Qi Gong 1:30-2:30pm Conversational Spanish 3:00-4:30pm	21 Guitar for Everyone with Blaine 12-2pm	
23 <b>CLOSED</b>	24 Garden Crafts with Caroline 4-5pm	25 Meet the Firefighters 2pm Karate! (kids 7+) 4:15-5:30pm	26 Singing & Ukulele 1-3pm	27 Easy Ageless Qi Gong 1:30-2:30pm Conversational Spanish 3:00-4:30pm	28	

# A LOOK BACK –

News from *Courier's* past...

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## 10 years ago in *The Courier* (February 2016):

- Stephanie Korney provides an excerpt from "Crossing the Plains," a chronical of Mary Alexander Variel's journey from Indiana to Camptonville in 1852. (book still available from the Camptonville Historical Society)
- Yakshi Vadeboncoeur announces a weekly Camptonville Writers Group.



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**"I believe that unarmed truth and unconditional love will have the final word in reality. This is why right, temporarily defeated, is stronger than evil triumphant."**

**Dr. Martin Luther King Jr, Nobel Peace Prize Acceptance Speech**



3rd Annual **SEED SWAP** and **SHARE** Free Community Event

Come with seeds or without — everyone is welcome!

- ✓ Bring seeds to share
- ✓ Take seeds home
- ✓ Enjoy gardening info
- ✓ Visit local farmers
- ✓ Community gathering and connection

2 - 4 pm  
**Sunday, Feb. 15th**  
**Alcouffe Center**  
9185 Marysville Rd.

Housed by: YFACA  
Community Partners: Yuba County Agricultural Communities Association  
Sponsored by: YUBA WATER AGENCY

## Classes At Sweetland Garden Mercantile

Grafting with Adam Nuber – February 7th  
Orchard Care and Pruning with Daniel Nicholson – February 21st  
For details and to sign up go to:  
[sweetlandgm.com](http://sweetlandgm.com) or call 530-292-9000

**Seniors on the Go Luncheon**  
Good food • Good company • Helpful information

**Wednesday, February 4**  
11:30 AM  
Alcouffe Center  
9185 Marysville Rd  
Oregon House  
\$3 Suggested Donation

Special Guest Speaker  
**Pam Epley**  
Yuba Sutter Legal Center for Seniors

Pam will share important Medi-Cal updates, including changes that may once again count assets. She will also be available to answer questions and provide information about free legal services available to seniors.




Seniors on the Go Supporting seniors in our foothill communities

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# Lower Yuba River Accord Extended by 25 Years

By DeDe Cordell, Yuba Water Agency Communications Manager



On January 21st, the State Water Resources Control Board unanimously approved Yuba Water Agency’s petition for a long-term extension of the points of diversion and places of use associated with the Lower Yuba River Accord through 2050.

Since the mid-2000s, the Yuba Accord has advanced a broad suite of important benefits:

- For the environment, the Accord establishes science-based minimum instream flows to protect spring-run Chinook salmon and steelhead trout, using a flexible framework that adjusts based on annual hydrology.
- For Californians, the Accord provides a reliable source of water available to improve statewide water supplies, especially in dry years.
- In Yuba County, the Accord integrates surface water and groundwater



Chinook salmon



Lower Yuba River

Photos courtesy of Yuba Water Agency.

management, ensuring a reliable source of supply to ensure local agricultural needs can be met, while also maintaining hydropower production needed to support Yuba Water’s primary mission of flood risk reduction.

“The Accord has served as a model for collaboration and partnership, which has resulted in improved conditions for fish and water security for the people of California. And it’s proof that when you sit down with people and focus on your common interests, you can accomplish really remarkable things,” said Yuba Water General Manager Willie Whittlesey.

In a May 2018 article, “The Yuba Accord – A Model for Water Management,” the Public Policy Institute of California described the positive impact of the Accord:

*The Yuba Accord happened in response to a State order calling for more water to support endangered salmon. By leveraging local management tools, the Accord has kept even more water in the river for fish than the State called for. This is a great example of how negotiated agreements can get broad buy-in and tap on-the-ground knowledge.*

Learn more about the Lower Yuba River Accord at [yubawater.org](http://yubawater.org)

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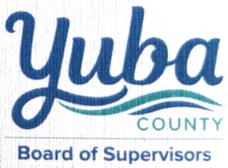
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**JON A. MESSICK**  
Supervisor 5<sup>th</sup> District

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Fax: (530) 749-7353  
E-mail: [jmessick@yuba.gov](mailto:jmessick@yuba.gov)

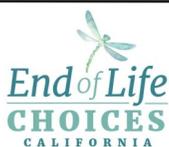



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   @yubawater [YubaWater.org](http://YubaWater.org)



## Medical Aid in Dying – What Is It?

By Mary Abbott,  
End of Life Choices California

**Medical Aid in Dying (MAiD)** is a legal way by which a mentally competent adult with a terminal illness may request a prescription for a life ending medicine. The State of California, along with 11 other states, allows for an individual to make this request to their physician. Only the patient can request this medicine for themselves – no one else can speak for them or coerce them into such a request. Here are the requirements:

1. *Must be an adult resident of California with a disease prognosis of six months or less to live.*
2. *Must be 'of sound mind.' If you have a diagnosis of dementia or Alzheimers, you will not qualify for MAiD.*
3. *Must be able to "self-ingest" the medicine. In other words, no one else can give you this medicine – you must be able to take it on your own.*

Ideally, interest in this option has been discussed with family and doctors prior to any diagnosis. Your primary doctor can choose not to participate in MAiD but may be able to refer you to someone who would.

First, a verbal or email request is made to the doctor, who reviews the medical records and prognosis, and, through an in-person appointment, verifies that no outside coercion is taking place. This can be done legally on Zoom. Then a second physician reviews the case. Next, some simple witnessed paperwork is filed with the medical provider. Any time later than 48 hours from the first appointment, a second verbal request is made, with another review and interview. If both doctors agree that the patient qualifies, a prescription will be sent to a special compounding pharmacy that will deliver the medicine safely to your home.

More details will be covered in upcoming columns. In the meantime, go to the **End of Life Choices CA** website, [endoflifechoicesca.org](http://endoflifechoicesca.org), to read the content of the law itself and the ways we can support you. Feel free to call **760-636-8009** with questions or for referrals to hospices and doctors.

Photo: cdn.pixabay.com



## Mercy

I am waiting for mercy  
 this coming year  
 Mercy for the amoeba  
 and mercy for the crayfish  
 I am waiting for reversal  
 of the slurry of blind force  
 and brute revision of what once was  
 Compassion.  
 I am waiting for mercy  
 for gray squirrel nesting her kits  
 in resident oak  
 and for the blood-soaked doe  
 on the side of the road  
 ○ let us inhale the fresh petrichor  
 of holy rain, dip fingertips in pools  
 where sparrows feather and splash.  
 ○ let us go walkabout  
 forsaking our fraudulence  
 following the dream time and song-lines  
 of another wisdom  
 Let us walk for mercy  
 this coming year  
 write, sing, chant for mercy  
 Until mercy waits upon us  
 and leads us with tender hands.

~Diane Pendola~  
 January 2026

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### Moss on the Roof

By Beverly Cameron-Fildes,  
Yuba Watershed Protection & Fire Safe Council (YWP&FSC)



I've always loved the moss on roofs of the little cottages in old English movies. It gave the houses the quaint look of fairies and forest creatures that called up scenes from "A Midsummers Night's Dream." But recently, I've come to realize that while in a cinematic setting it does much to set the mood, it's really one of the most dangerous things that can happen to a home's roof be it made of wood shake or composite shingles.



Photo: Beverly Cameron-Fildes

My handyman says he is getting calls to come and remove moss because insurance carriers have threatened homeowners with cancelation. Our insurance agent confirmed that, and I learned a few things that will now cause me to look at the roof of a home in a different light when doing a Wildfire Mitigation review.

Searching a number of sites, I came away with some strong reasons for treating and removing moss from a roof of any kind.

1. Moss that is green traps moisture that damages the shingles and underlayment and adds weight that could further damage the roof.
2. When moss dries it is highly flammable, easily catching embers and causing fire to quickly spread across the roof.
3. Moss can damage asphalt shingles, stripping the granules from them and causing them to crack, curl, and generally lose their resistance to fire.

What to do to remedy this before the damage is done? There are several methods for removing the moss, including using a soft brush or broom and treating the moss with chemicals to ensure that it won't return. If you are not comfortable on the roof, this might be time to hire a professional moss cleaner. For more specific details, look for websites that outline how to remove moss and how to discourage its growth.

**Stay fire safe!**

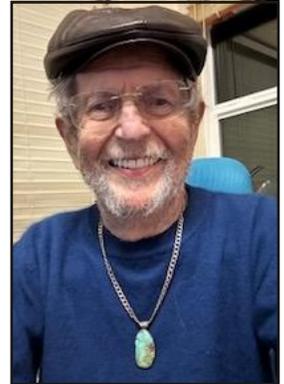


Photo: Janie Kesselman

### Charles Wallace Wiederhold

02/05/1936 - 06/26/2025

Sacramento and Northern California lost a father, schoolteacher, principal, school district superintendent, curriculum consultant, trumpet player, writer, adventurer, and friend on June 26th, 2025.



Submitted photo

Charles Wiederhold, PhD, was a published author with books on critical thinking and cognitive psychology. His thirst for knowledge was unwavering, and he continued to learn and grow throughout his life's journey.

Charles lived in a secluded off-grid solar homestead that was his custom design. He had a lifelong passion for music and spent several years as a professional jazz musician. Photography, organic gardening, composting, motorcycle and horseback riding, airplane flying, and sailing were a few of his favorite things. Charles had a love for standard poodles and was blessed to have had the companionship of five in his lifetime.

Charles is survived by his daughter, Ann (Steve) Carmack; his grandchildren Shannon (Nick) Simpson and Justin (Sabrina) Wiederhold; and great-grandchildren Braedon and Aubrey Simpson and Wyatt Wiederhold. He was preceded in death by his parents, Wallace and Emily Wiederhold, and his son, Brian Wiederhold. He is also survived by his close friend and former wife, Susan Wiederhold.

Interment was at East Lawn, Sacramento.

*Freed from earthly bounds this soul is  
free to roam the universe once more.*



### A LOOK BACK –

News from *Courier's* past...

(read back issues: [bit.ly/courierpast](http://bit.ly/courierpast) or search by keyword: [bit.ly/courierdigital](http://bit.ly/courierdigital))



### 5 years ago in The Courier (February 2021):

- Jennifer Bliss commemorates the life of "Amigo Bob" Cantisano, beloved farmer/gardener/mentor and early pioneer of the organic farming movement.
- Beverly Cameron-Fildes provides guidelines to "Burn Safely This Winter!" (find information and resources at [yubafiresafe.org](http://yubafiresafe.org))
- John Deaderick muses on the ancient story of Cupid and Psyche, which "may provide some strong signals as to what that all-embracing and much overused word, Love, is about."

## HELP & HOPE

For emergencies first call 911.  
All area codes are 530 unless otherwise specified.

### CAMPTONVILLE:

- Cemetery \_\_\_\_\_ 288-3658
- Community Center \_\_\_\_\_ 288-5016
- Community Partnership (CCP) \_\_\_\_\_ 288-9355
- Community Services District (CCSD) \_\_\_\_\_ 391-8887
- Elementary School \_\_\_\_\_ 288-3277
- Family Resource Center (CCP) \_\_\_\_\_ 288-9355  
*Hours 8:30 am-12:30 pm, M-F*
- Post Office \_\_\_\_\_ 288-3348  
*Hours 11 am-1 pm, 1:45-3:45 pm, M-F*
- Volunteer Fire Department Business \_\_\_\_\_ 913-3501
- Water Plant \_\_\_\_\_ 775-980-7138
- Yuba River Ranger District \_\_\_\_\_ 362-8259/288-3231

- Alcoholics Anonymous: Local 24 hr Hotline \_\_\_\_\_ 272-6287
- Burn Day Status (www.fraqmd.org) \_\_\_\_\_ 741-6299
- CA Rural Legal Assistance (Yuba Co) \_\_\_\_\_ 742-5191
- CoRR (Community Recovery Resources) \_\_\_\_\_ 273-9541
- Domestic Violence:
  - Casa de Esperanza Hot Line (Yuba Co) \_\_\_\_\_ 674-2040
  - DVSAC Crisis Line (Nevada Co) \_\_\_\_\_ 272-3467
- KNCO 830 AM (Nevada Co) \_\_\_\_\_ 477-5626
- KUBA 1600 AM (Yuba Co) \_\_\_\_\_ 673-5400
- KVMR 89.5 FM (Nevada Co) \_\_\_\_\_ 265-9555
- Legal Center for Seniors (Yuba) \_\_\_\_\_ 742-8289
- Mental Health 24 hr Crisis Line (Yuba) \_\_\_\_\_ 673-8255
- NAMI -Support for Mental Illness \_\_\_\_\_ 272-4566
- PG&E Outage Line \_\_\_\_\_ 800-743-5000
- Red Cross of NE California \_\_\_\_\_ 673-1460
- Road Conditions CalTrans \_\_\_\_\_ 800-427-7623
- Sheriff (Yuba Co) Emergency \_\_\_\_\_ 911
- Sheriff (Yuba Co) Non-Emergency \_\_\_\_\_ 749-7777
- Supervisor Jon Messick (Yuba Co) \_\_\_\_\_ 749-7510
- Yuba County Emergency Services (OES) \_\_\_\_\_ 749-7520
- Yuba County Health and Human Services \_\_\_\_\_ 749-6311

Contact Editor for additions or corrections Rev. 6.3.25

♥♥♥♥♥♥♥

## Good Food, Delicious Desserts, and Community!

Camptonville Community Partnership would like you to  
“Save-the-Date” for our  
**St. Patrick’s Dinner and Dessert Auction**  
~Fundraiser for the **Camptonville Community Center**~  
**Saturday, March 14th** at the  
**Camptonville Community Center** from 4-7 pm  
All details will be included in the March issue of the  
*Camptonville Courier*.



### Food Distribution in the Yuba County Foothills



#### The Foothill Food Pantry:

Alcouffe Center, 9185 Marysville Road, Oregon House  
**1st and 3rd Fridays, 12:30-2 pm \*Note New Times!\***  
**February 6th and 20th**  
**March 6th and 20th**

#### The USDA Commodities Food Bank:

Willow Glen Restaurant parking lot, Oregon House  
**The 2nd Thursday: 9-10 am**  
**February 12th and March 12th**

#### North San Juan Food Bank:

Located at Oak Tree School, Oak Tree Road, NSJ  
**2nd Tuesday, February 10th: 10 am-Noon**  
Free Food and Clothing Closet: call 530-292-3174 for hours

## Clinic on Wheels

**Appointment Hours: 10:00 - 3:15**

**Closed For Lunch From 12:00 - 1:00**

### 2ND/4TH TUESDAYS:

**NSJ Community Center, 29190 Highway 49**

### 1ST/3RD TUESDAYS:

**SJR Family Resource Center, 18847 Oak Tree Road**

### 2ND/4TH FRIDAYS:

**Camptonville Community Center, 15333 Cleveland Ave**

### Services Include:

- |                                 |                      |
|---------------------------------|----------------------|
| Immunizations                   | New Patients         |
| Prenatal Care                   | STD Testing          |
| Women’s Health                  | CHDP/Physicals       |
| Medication Assisted Therapy     | Acute & Chronic Care |
| For Alcohol/Opioid Use Disorder | Behavioral Health    |



**530-301-9915 CLINIC ON WHEELS**  
**530-743-6888 MAIN OFFICE**



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### 4 LOCATIONS TO SERVE YOU!

1908 N. Beale Road, Marysville  
Monday - Friday 8:00 a.m. - 7:00 p.m.  
Saturday - Sunday 9:00 a.m. - 2:00 p.m.  
WALK-INS WELCOME SATURDAY & SUNDAY  
(established patients only)

Wellness Center  
1930 N. Beale Road, Marysville  
Monday - Friday 8:00 a.m. - 5:00 p.m.

920 Chestnut Street, Yuba City  
Monday - Friday 8:00 a.m. - 5:00 p.m.  
WALK-INS WELCOME (established patients only)

114 D Street, Wheatland  
Monday, Tuesday, Thursday, Friday 8:00 a.m. - 7:00 p.m.  
Closed Wednesdays

**530-743-6888 | myharmonyhealth.org**





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Rose petals and sedge in the heart of winter...

Photo: Janie Kesselman

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## FEBRUARY 2026 Community Calendar

The *Camptonville Courier* and Calendar  
 are online **IN COLOR** at [Camptonville.com](http://Camptonville.com)

To add local events to the calendar, email: [calendarville@gmail.com](mailto:calendarville@gmail.com)

- February 4 – Seniors On the Go Luncheon (pg 9)
  - February 8 – 2nd Sunday Movie Matinee – "Ray" (pg 3)
  - February 14 – Town Hall Meeting (pg 2)
  - February 15 – Seed Swap (pg 9)
  - February 19 – 3rd Thursday: Pirates! (pg 2)
  - February 21 – Animals In Winter talk (pg 1)
- 
- March 14 – St. Patrick's Dinner & Dessert Auction (pg 13)



Photo: Janie Kesselman

Thank You again to the AK & CM Jennings Foundation, sponsors  
 of February's **COLOR** covers. To make a tax-deductible donation to  
 The Courier or to sponsor a month's **COLOR** covers, see pg 6.

**WEEKLY Events:** • CCC = Camptonville Community Center •  
**Mondays:** Yoga, 5 pm, School Gym, Contact: 530-798-6778  
**Wednesdays:** Camptonville Fire Dept Trainings, 6:30-9 pm, Fire Hall  
**Wednesdays:** Community Lunch, 11 am-1 pm, CCC  
**Fridays:** HH Clinic On Wheels: 2/6 and 2/20, 10 am-3:15 pm, CCC  
**Saturdays:** Coffee@theCenter, 10 am-Noon, CCC

### MONTHLY Events:

- Call to verify meeting times before attending •
- School Board** 2nd Tuesday, 6 pm, CV School: 530-288-3277
- Rally Point** 1st and 3rd Tuesday, 4-6 pm, CCC
- CCP Board** 3rd Wed, 1 pm, Resource Center: 530-288-9355
- 3rd Thursday** 3rd Thursday, 5-7 pm, CCC
- CCSD Board** 4th Thursday, 6 pm, CCC: 530-391-8887



All Food Banks – pg 13