# Camptonville Community Health Action Plan

December 4, 2007

Prepared by the Camptonville Community Health Action Team

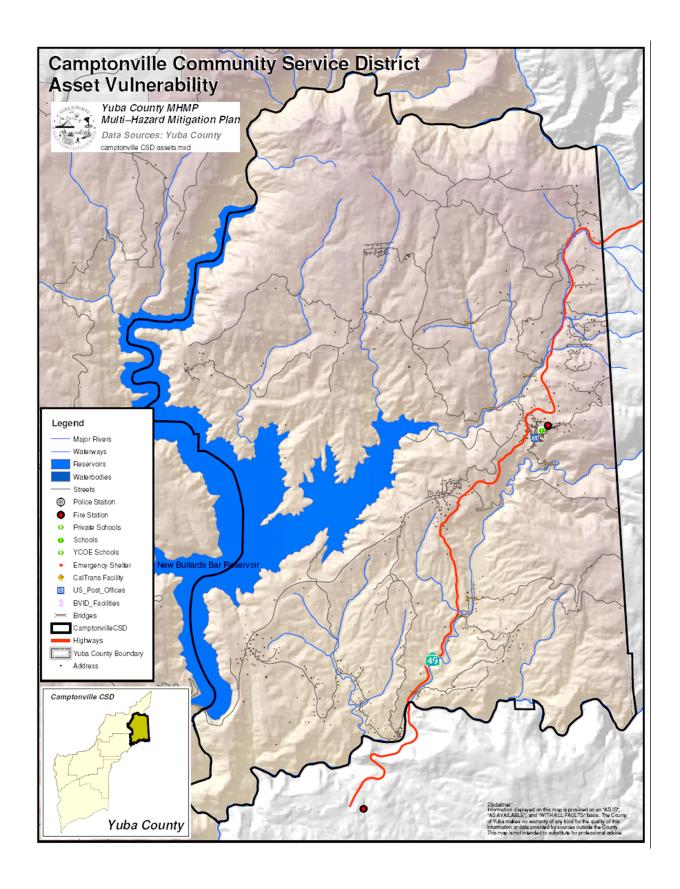
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Map of Camptonville, California 95922

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# **About the Community Health Action Plan**

The purpose in creating this Camptonville Community Health Action Plan (CHAP) is to serve as a resource to guide our community and Yuba County decision makers as they revise the Yuba County General Plan over the next two years. The Community Health Action Plan or "CHAP," has been a year-long, community-based, collaborative process. We use the "big picture" sense of Health as encompassing all the socio-economic, environmental and physical factors that collectively create a healthy community.

We consider this a "living document" that will grow and evolve as the community and outside factors change. It was created through a grassroots effort that included a wide spectrum of diverse people living here. Our intention was to be as inclusive as possible. We feel it provides a broad base of community input.

We began by inviting the Camptonville community to a "General Plan Kick-Off Dinner Meeting" to explain the process and give people the opportunity to become members of the "Community Health Action Team, or "CHAT." This team of dedicated people has met with residents, students, business owners, Camptonville School, Camptonville Community Services District, county representatives, and our local Forest Service, to identify what we AS A COMMUNITY value and want to protect for our future.

CHAT used data from surveys, focus groups, personal interviews, anecdotal information from general community responses and reference materials to create the "Camptonville Community Health Action Plan." The Appendix contains the wealth of community participation that went into creating this plan.

We would like to acknowledge the Dobbins/Oregon House Community Action Plan as a model for our work. We would also like to thank the Camptonville Community Service District for allowing us to use parts of the "C.C.S.D. Multi-Hazard Mitigation Plan."

Camptonville Community Partnership (CCP) is the local non-profit organization that served as the facilitator in this process. We are greatly appreciative of grants received from The California Endowment and the James Irvine Foundation to enable us to do this.

#### **Comprehensive Planning Process for Camptonville**

This Camptonville Community Health Action Plan is but one part of a planning process for the future of Camptonville. Other essential planning documents that must also be considered are:

- The Camptonville Hazard Mitigation Plan
- North Yuba County-Camptonville Municipal Services Review
- U.S. Forest Service Land Management Plan
- The relicensing of Bullards Bar Dam by FERC
- Camptonville Community Service District review of zoning and land use
- Camptonville Economic Development Plan
- Yuba County Parks Master Plan (in regard to Camptonville)

# 2007: The Planning Year at a Glance

- We started in February 2007 with a "Kick Off" dinner, attended by 71 people. Hal Stocker, Yuba County 5<sup>th</sup> District Supervisor, gave a talk about The General Plan.
- Residents completed 55 Community Surveys (See Appendix for Results).
- 15 residents attended training on How to Conduct Grassroots Focus Groups, resulting in 6 group discussions with a variety of community residents. (See Appendix for groups and comments).
- The CHAT Team was formed in April, and members met about twice a month from April through November for work sessions and skill-building trainings. Members include: Kathy Dobbins, Ed Kime, Molly and Scott Spackman, Lyuba Saunders, Wendy and Daniel Tinnel, Yana Slade, Cathy LeBlanc and Shirley DicKard.
- CHAT compiled all community input into categories, resulting in Five Vision & Values statements (see Vision Statements).
- Yuba County Planning Department representatives Wendy Hartman and Dan Cucchi and 5<sup>th</sup> District Supervisor Hal Stocker attended the 9/19/07 CHAT meeting to answer questions & give input to this process.
- The Community was informed of progress with fliers posted around town and in monthly update articles in the Camptonville Courier newspaper, (see <a href="http://www.camptonville.com/courier\_archives.shtml">http://www.camptonville.com/courier\_archives.shtml</a> Appendix).
- Community Meeting #1: At the annual *Rebel Ridge Days Community Event* on 9/8/07, residents were invited to include their comments about the 5 Community Vision points with post-it notes.
- CCP's Staff attended meetings of the Yuba County Board of Supervisors, the Foothill Town Hall and Yuba County General Plan Advisory Committee.
- On 11/7/07, 32 residents provided input to the final CHAP Draft at the free Community Dinner Meeting.
- On 12/4/07, community representatives presented the CHAP plan to the Yuba County Board of Supervisors.

# **Camptonville: A Bit of History**

From our Website: <a href="www.camptonville.com">www.camptonville.com</a> and the Camptonville Multi-Hazard Mitigation Plan. (With special thanks to Stephanie Korney, Webmaster)

#### **How Camptonville Began**

About 1850, J.M. Campbell built a small mountain hotel at a spot on the trail to Downieville. Early in the spring of 1852, a shaft was sunk, and gold struck in paying quantities, opening up the hill diggings throughout the area. The hill was named Gold Ridge. Also in 1852, the Campbell brothers built a store, then in 1853 a large hotel.



A blacksmith by the name of Robert Campton came to the area early 1853 and opened a blacksmith shop. Robert Campton became a favorite of the towns' people and in 1854 the town was named *Camptonville* in his honor. During its heyday as a busy mining town, Camptonville had as many as 1,500 people and was a bustling stage stop between Marysville and Downieville. Many rich placer, quartz and gravel mines were discovered in the

area and were the leading industry of the region, with the gravel mines still in operation as late as 1880. Later the town enjoyed decades of prosperity as the timber industry thrived. The Fire of 1908 destroyed most homes and businesses. Trade and traffic began to bypass Camptonville when Highway 49, then called Highway 25, opened in 1920. More recently, losses have been economic, a result of the demise of the timber and mining industries. This community has survived winters with so little rain that wells went dry - and others with so much rain and snow that people had to be rescued from their own homes!

Past generations have left their mark in the mountainous area that is the community of Camptonville. The historic old school facilities include the gym, complete with bell tower, and old



high school. There are homes and ranch sites, notably Leland Pauly's House and the Banker Brown House. The Historic Mill Site and **Oregon Creek Covered Bridge** (a registered historic site) draw many visitors each summer. There is the old Sleighville House Cemetery, Maidu Indian sites and other reminders of bygone days that are known only to the locals.

# Camptonville: Who are we today?



In past Yuba County General Plans, Camptonville has been has been defined as two distinct areas: "Camptonville" and "Log Cabin." Residents feel that our Community should be defined by the Camptonville Community Service District's Sphere of Influence as illustrated by the Map on Page 2 and as described below.

**Location:** (From the 2007 CCSD Hazard Mitigation Plan)

- 56 square-mile area within the Tahoe National Forest, in foothills of Western Sierra Nevada Mountains, Eastern Yuba County
- 2,755 feet elevation (ranging from 1,430 to 3,800 feet)

- Western boundary: New Bullards Bar Reservoir
- Southern boundary: Middle Fork of Yuba River and Nevada County line
- Northern boundary: North Fork of Yuba River and Sierra County line
- Eastern boundary: Sierra County line
- State Highway 49 runs north & south through Camptonville
- Marysville Road connects us to our County Seat in Marysville, 50 miles to the west

#### **Population:** (2004 U.S. Census)

- Estimated population of 697
- Median age is 36.6 years
- 45.39% of residents being single with no children
- One K-8 elementary school, with student population of 65
- 55% of school students qualify for federal free or reduced lunch program

#### **Weather** (From the 2007 CCSD Hazard Mitigation Plan)

- Average Rainfall: 56.6 inches/year and Average Snowfall: 28.7 inches/year.
- March is the wettest month; July the hottest and driest. Snow falls intermittently from December through February. The snow line is at approximately 3000 feet, but snow will occasionally accumulate at 2000 feet. Snow can impede the ability to provide services during the winter for both emergency response and school transportation.

#### Vegetation and Wildlife

- Vegetation is comprised primarily of mixed conifer forest, including pine and fir, as well as oak, cedar, madrone, manzanita, and ceanothus
- Common wildlife include bear, cougar, deer, raccoon, fox, squirrel, skunk, bobcat, river otter, and pine martin. Sensitive species include Foothill Yellow-Legged Frog, Pacific Pond Turtle, Ring Tail Cat and the endangered Red-Legged Frog. Birds include wild turkey, osprey, bald eagle, hawks, heron, great gray owl, migratory song birds, and sensitive species of spotted owl and goshawk.

#### **Natural Resources and Recreation**

- Bullards Bar Reservoir (boating, biking, hiking, swimming, fishing, picnics, camping)
- North and Middle Forks Yuba River (gold mining, camping, swimming, hiking, fishing)
- Tahoe National Forest (camping, hiking, fuel wood, timber)

#### Water (From the 2007 CCSD Multi Hazard Mitigation Plan)

- The North Fork of the Yuba River originates in the Yuba Pass (elevation 6,701 feet)
  near State Highway 49 in Sierra County. The North Fork follows the Highway as far
  as Downieville before flowing westward into New Bullards Bar Reservoir, which forms
  the western boundary of the CCSD.
- The Middle Fork of the Yuba River begins with snow runoff and rainwater gathered at Jackson Meadows Reservoir in Sierra County. The Middle Fork flows through steep narrow canyons to Our House Dam. Located southwest of Camptonville near the Sierra/Nevada County line, Our House Dam diverts water into the Lohman Ridge Tunnel that carries it to Oregon Creek near Camptonville. Water then flows into Oregon Creek where the Log Cabin Dam diverts water through the Camptonville Tunnel to New Bullards Bar Reservoir.

#### **Local Governance:**

- Camptonville is an unincorporated community in the 5<sup>th</sup> District of Yuba County.
- Elected Boards: Camptonville Community Services District and Camptonville Union Elementary School District (See Appendix: Intergovernmental Coordination).

- The power of grassroots action has enabled residents to get things done:
- The Fire Hall was built though 15 years of fundraising and volunteer labor.
- Since 1995, residents have met in Town Hall meetings to identify what would improve Camptonville's quality of life. Action Teams accomplished many of these goals.
- Our volunteer-run community newspaper, The Camptonville Courier has been delivered free to every P.O. Box and rural route in town since its inception in 1996, helping to keep the community connected and informed.
- In 1997 our small community was one of 30 national finalists in the All America Cities and Communities Competition, where we were nicknamed, "The Little Town that Could."



#### Structures, Businesses, Services, and Non-Profit Organizations

The town and outlying areas of Camptonville has a Fire Hall (volunteer built), 2 U.S. Forest Service Compounds, the Camptonville History and Natural Resources Museum, Church of Jesus Christ of the Latter Day Saints, Masonic Hall, Monument to Lester Pelton, an old "jail," U.S. Post Office, a Hospice House, the elementary School and Camptonville Resource Center. There are numerous small businesses, including 2 markets (one sells gas) and 2 restaurants.



- Non-Profit Organizations: Camptonville Community Partnership, Journey Home Hospice, Camptonville History Society, Skyline Eco-Contemplative Center.
- Currently there is no public transportation that serves our area. In the recent past, the Nevada County Gold Country Stage provided minimal bus runs to connect Camptonville with Nevada County.

## **Vision Statements**

The one thing we all seem to agree on is that we love and value the natural beauty of Camptonville and we all agree we want to keep it that way. We love our small town feel and value our independence as well as our interdependence.

The following five Vision Statements reflect what we, as a community, hold as our core values for the present and future of Camptonville.

## **Rural Environment**

Living in balance and harmony with our environment.

Being stewards of our natural community.

# **Growth and Economy**

Local (some say no) growth that reflects and supports our values, such as housing that is untouched by urban sprawl, and local economic opportunity based on entrepreneurship.

## **Connectedness and Health**

Being connected to local fresh foods, Farmer's Markets, opportunities that support a healthy lifestyle, high speed Internet, *and* each other.

# **A Community Center**

A local place where we can come together as a community.

#### **Travel**

Having a variety of energy efficient, safe, economical means of travel that are safe for all ages, and include community trails interconnected to our resources.

# Camptonville's Community Health Action Plan Our Values and Vision

## **Our Rural Environment**

When asked what Camptonville residents value about our community, one uniting theme that emerged was our desire to maintain and preserve our beautiful natural environment. Camptonville residents prefer treetops over rooftops, we prefer raw earth over cement covered ground, and we prefer natural and undeveloped spaces around our homes, school and businesses. We see ourselves as a community that lives in harmony with nature and want to promote efforts such as recycling, responsible logging, and creative solutions to maintain healthy air quality and a healthy watershed.

Camptonville realizes the rich resources of water and timber it brings to Yuba County, and we believe in being good stewards of our natural habitat to help ensure water quality and quantity. Though we are not opposed to growth, if growth is to occur, it must not be to the detriment of our valued natural resources. Camptonville residents have chosen to live in this area because they value, respect, and want to protect our wonderful natural setting.

Additionally we request that any Timber Production Zone (TPZ) lands that are converted to public use be used *in ways consistent with Agriculture/Rural Residential land use zoning of the adjacent acreage,* once public. We also request that the FERC re-licensing of Bullards Bar Reservoir involve the Camptonville community.



#### Our Community members have also said:

- We want to live and grow in balance with our natural environment.
- We value and want to protect our sources of clean, healthful, abundant water, both for consumption, and as a natural resource.
- We want to be a community that takes responsibility for reducing, reusing and recycling.
- We believe that natural beauty does a lot for the soul.
- We value our independence, but also value our interdependence with each other.
- We value air that is clean and clear, and nights filled with stars.
- We feel we have a responsibility to be caretakers (stewards) of all forms of life that coexist with us, including the wildlife, plants, and natural resources of our Tahoe National Forest area.

# The Future: Growth and Economy

The over arching reason we all seem to be here is because of the natural beauty of Camptonville, and we all agree that we want to keep it that way. We want our rural community to be as self-sustainable as possible. We want the basis of our growth to reflect and support the value we place on our people, wildlife and natural vegetation. We want housing that is untouched by urban sprawl, and economic opportunities based on local entrepreneurship.

In respect to Growth and Zoning we would like our community to allow for long term commitments to agriculture and other rural lifestyle activities without fear of incompatible encroachments, and include provisions for the maintenance of horses and other livestock.

#### Our community members have also said:

- We recognize there is a diversity of opinions about zoning (limited, controlled, none, etc).
- We want people to be able to address special zoning circumstances
- We want to gently expand existing commercial areas and consider new areas that can be easily accessed by residents.
- We prefer small clusters of businesses and services where people can purchase basic essentials, including food, hardware, laundromat, coffee/breakfast spot, etc.
- We want to support ventures that provide local food, goods and services.
- We feel growth must be compatible with the health of our natural resources; i.e.: be non-toxic, fire safe, preserve water quality, etc.
- We must address the future decrease in available oil/fuel by promoting alternative energy sources, mutual sustainability, and reducing travel by having goods and services available locally.
- We want to encourage privately owned, local cottage-type or small businesses.
- We recognize the need for more local employment and training opportunities, especially for our young adults.
- We enjoy the character of our Gold Rush history, and want to encourage buildings that blend with this era and are sized to the scale of our small town.

- We want to encourage tourists to visit and utilize tourism-focused businesses.
- We feel that a local community group, such as the Camptonville Community Services District (CCSD), should monitor growth.
- We recognize that having access to fast Internet service would directly benefit our local economy and would enable people to earn a living from home.
- We want to encourage more affordable housing, as owners and as renters.
- Continue using the determining criteria in current YCGP (section5-3) "desire to protect agricultural and open space areas from incompatible development"

## **Connectedness and Health**

We believe a healthy community is a connected community. We value having a wide variety of opportunities that promote our physical, social, educational, emotional and environmental health and well-being. Our families need a place to play organized sports and socialize as described in the Yuba County Parks Master Plan Discussion Paper #2: Recreation Needs Assessment, June 2007. We value being able to produce, share, sell and consume locally grown food and products. We recognize the importance of being connected locally as well as globally through state of the art, high speed Internet access.





#### Our community members have also said:

- We value our strong "sense of community," where people have fun together, support each other during crisis, and know their neighbors.
- We recognize our elementary school as a central place for learning for all ages. We value the quality and caring that the school offers our children.
- We love the local Saturday morning Grower's Market and see the potential for it growing into a larger Community Market Day.
- We would like to have healthful foods sold in our local stores and served in our restaurants and school. This includes basic foods that are fresh, organic, grown locally, seasonal and *affordable to all* incomes.

- We want to support and maintain the health and fitness of our residents of all ages, through education, mutual support, community recreation activities, weight loss programs, etc.
- We like the concept of community gardens, such as the old "Victory Gardens."
- We want to have a way to share and distribute excess garden goods and foods to those who may need them, such as a community food bank.
- We value having places and activities where we can get together.
- We want a central place where people can get information, referrals, classes and some services for physical and emotional health.
- We value a community environment where we are not stressed out by excess noise, pollution, and negativity.
- We want to understand and appreciate cultural differences.
- We value being connected through our local newspaper, "The Camptonville Courier," and our website, www.camptonville.com.
- We prefer to support the businesses and services of our local people, as promoted in "The Gold Pages."
- We want everyone to be able to access high speed Internet. This is important for marketing, communications, education and for making it possible to live and work in our community by telecommuting.
- We want to promote using the natural resources we already have for recreation and fitness: the Yuba Rivers, Bullards Bar Reservoir and the Tahoe National Forest for hiking, camping, swimming, bicycling, boating, fishing, etc.
- It would be great to have a heated pool, especially for physical therapy.
- We would enjoy having facilities for organized sports, such as soccer, baseball, basketball, and track. Some of these are available at the school, but with limited use.

# **A Community Center**

People in our small town have talked about having a *Community Center* where we can gather, have events, conduct business, and come together as a community. This has been at the top of every Town Hall Meeting since 1995. We do not currently have such a central place that is available to everyone. We appreciate how the elementary school has opened its doors to the community and hope to expand this by creating a center that would serve our community in new ways.

The center would be recognized by locals and visitors alike as the heart of the community. We envision this center as the hub that would attract revitalizing energy to our community. This facility would be appropriately sized for our small town, be a demonstration project for green energy/building practices, and serve as a lively hub for daily activities, organizations and businesses, and when needed, as an Emergency Shelter.

A Community Center would enable us to realize many long-held dreams and put our visions into action. Camptonville was also recognized as a valuable site for a future Community Center in the Yuba County Parks Mater Plan Discussion Paper # 2, Recreation Needs Assessment, June 2007.

Our community members have also said: We envision the Center as providing a space for the following:

- Activities for all ages, such as celebrations, meetings, recreation, performing arts, Twilight School, dinners, and educational events.
- Small business services, such as a thrift shop, Internet café/bakery, recycling center, community kitchen, and Grower's Market.
- A Business Incubation Center, providing small business support, copier, internet and fax usage, job skills classes, the "Gold Pages" Local Business and Services Directory, and rentable space for small-scale businesses, such as those producing wood products, artwork, etc.
- A regional Emergency Shelter (for forest fires, valley floods, etc.) and provide centralized 24/7 communications during emergencies.
- A central place for the offices of community organizations, such as the Camptonville Community Services District (CCSD) and Camptonville Community Partnership, Inc (CCP).
- The Camptonville History and Natural Resources Museum would be housed at the center, providing education to visitors and locals about our unique history and protecting our natural resources.
- Services that support our health and well-being, such as counseling, AA, NA, yoga and exercise classes, the Camptonville Co-op, etc.
- A "community bulletin board" and a tourist information center.
- A community park.
- A drop-in center to visit, have coffee, and spend time with each other
- We envision this center as a demonstration of renewable/green energy and building practices, and everyone (children to seniors) will be invited to help design and build the center.
- In 2008, we will be developing a collaborative "Community Center Plan" with the assistance of *Community Focus and the National Policy Consensus Center* from San Francisco. This process will involve all stakeholders, including local, county and statewide resources.

## **Travel**



We value having a variety of energy efficient, safe, economical means of travel that meet the needs of all ages, from children to seniors. Currently the only way to get around Camptonville is by personal vehicle due to our remote location. We realize that in order to maintain the rural quality of life that we value, we must work together to develop innovative, cooperative solutions to our travel needs. As future energy resources may be limited, we feel it is important to develop sustainable forms of transportation that

do not rely on oil. We envision a trail system that encourages people to walk, bike, hike or horseback ride around our local settings. We also recognize the opportunity for physical recreation activity that the Tahoe National Forest area provides, and want to promote safe, sensitive use of these natural resources.

Our community members have also said:

- We would like to encourage people to walk, bike, or hike around our local settings.
- We would like to have interconnected trails for walking, biking, and horse riding, and have bus routes so that people can travel without the use of private cars.
- We'd like to be able to safely bicycle or walk between downtown Camptonville and the Rebel Ridge area, without using the highway, which is not safe
- We are interested in maintaining and improving the roads we currently have and would like all future road improvements to include safe, adjacent walking/cycling lanes.
- We want to bring back the Gold Country Stage Bus that links us to Nevada
   City/Grass Valley (for high school and community college students, employment,
   etc.) as well as having public transit within the foothills and Marysville area.
- We enjoy the peace and quiet of afternoons with little traffic in the streets.
- We would like to improve the trails in our community so we may reach our destinations safely
- Some local bus transportation would be welcome for those residents who commute to and from work or are unable to drive.
- We would like to work as a community to help each other get where we need to go, such as a local organized ride-share program, a central community bulletin board for rides or to pick up things for people, and a Senior Van.
- We feel it is very important for people of all ages to be allowed to have the freedom of transportation either by hiking, biking, walking, car or other safe, economical ways.
- We would like the shoulders and guard rails on Highway 49 improved for safety.
- We want to encourage children being able to safely bicycle to school, and the use of electric bike riding as an alternative to cars.

## **Next Steps: The Action**

A Community Center may soon be a possibility. In 2008 we will start developing a collaborative "Community Center Plan" with the assistance of *The Community Focus and the National Policy Consensus Center* from San Francisco. Camptonville was selected as one of three pilot communities in California. This process will involve all stakeholders, including local, county and statewide resources. We have started conversations with U.S.F.S. about the potential for having the community center built on their old compound - either through purchase or donation. They are interested in helping us.

#### Residents want Recycling!

There has been on-going interest and demand to get meaningful recycling up in the foothills. Many people now have more recycling than garbage! Forty-three residents completed a survey that showed a positive response to being able to recycle locally with or without compensation. Although Yuba Sutter Disposal has told us that it is not cost effective to pick

up recycling in Camptonville, we are committed to working on a solution to this local and global problem. The Camptonville Volunteer Fire Department, area businesses, Camptonville Community Partnership and students are interested and continue to work on the effort. In 2007, the first prize for the "Earth Awards" project by a graduating 8<sup>th</sup> grade student, was a pilot Community Recycling Project. There are Recycling links on our web site: http://:www.camptonville.com

Health: The Summertime Camptonville Grower's Market continues to expand with 15 or more gardeners participating. A percentage of the proceeds go to our local Journey Home Hospice and the school. There is interest in expanding this into a community market place to support local entrepreneurs as well as those who produce food. Camptonville School's 2007 Wellness Policy highlights the school's involvement in community wellness, including a school garden that provides produce to the school cafeteria, and provides a fun learning environment for preschoolers and elementary students. Due to community interest, healthful, fresh foods are now a little more available at a local market, and restaurants.

The Camptonville Historical Society: History and Natural Resources Museum Our mission is to preserve historical documents and artifacts and to promote interest in the history of the greater Camptonville area. We also organize, promote, and host the Family History and Genealogy Gathering, an annual reunion for anyone interested in Camptonville and its history. We record stories and recollections of Camptonville residents on video and audiotape, and we are actively pursuing the development of the Camptonville History and Natural Resources Museum, hopefully centrally located in the future at the community Center.

**Connecting Communities.** With funding from the James Irvine Foundation (*Promoting dialogues between underrepresented communities and elected officials*), CCP is developing a video presentation that highlights the year-long community involvement process of creating this Community Health Action Plan. The video will be shared with other rural community neighbors to share ideas, best practices and inspire action.

# **APPENDIX**

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# Camptonville's *Community Health Action Team* **C.H.A.T. Team Members and Facilitators\***2007

Shirley DicKard*	Yana Slade
Kathy Dobbins	Molly Spackman
Ed Kime	Scott Spackman
Cathy LeBlanc*	Daniel Tinnel
Lyuba Saunders	Wendy Tinnel*

# CHAT - Community Health Action Team 2007 WORK CALENDAR

MONTH 2007	Meetings	Trainings	Other
Most meetings are 5:00-7:00 pm with dinner and childcare			
JANUARY	Yuba County Parks Master Plan Conduct 3 Focus Groups: Jan 8, 23, 30		Staff plan 2007 Calendar for CHAP activities. Develop survey
FEBRUARY	CHAP Kick-Off Dinner Meeting 2/20	Hal Stocker presents overview of Yuba County General Plan Revision process.	Distribute Community Surveys
MARCH	CHAT Overview Meeting: March 20	"How to Conduct Grassroots Focus Groups" training	CHAT Team formed
APRIL	CHAT meetings: April 4, 24		Conduct Focus Groups and 1:1 Interviews
MAY	CHAT Meetings: May 15	Training 5/15 "Team Decision Making and Conducting Effective" Meetings	Attend YC Board of Supervisor Meetings May 8, 22
JUNE	CHAT Meetings June 21	Training: 6/21 "Asset-Based Community Development"	Attend YC Board of Supervisor Meetings June 12
JULY	CHAT Meetings: July 25	Training 7/25: "Right Question Project"	
AUGUST	CHAT meetings: Aug 8 and 22 Develop Themes from community input. Define Community Values	"Values, Vision and Evaluation" Training 8/22	
SEPTEMBER	CHAT Meetings: Sept 5, 19 Yuba County Planning Department attended 9/19 meeting: Wendy Hartman & Dan Cucchi		Sept 8: Community Input #1 at Rebel Ridge Days annual event. CHAP Booth for community feedback.
OCTOBER	CHAT Meetings: Oct 10, 24. Continue Draft Plan	Training: Oct 8 at Twilight School "Public Speaking"	
NOVEMBER	CHAT Meetings: Nov 14, 28 Revise Draft based on community input.	Training: 11/28 Public Speaking and coaching for presentation to BOS	Community Input #2 11/7 CHAP Dinner Meeting to give input to Draft Plan.
DECEMBER			12/4 @ 6 pm Present Community Health Action Plan to the Yuba County Board of Supervisors-Marysville. Final Report to The California Endowment

# **CAMPTONVILLE COMMUNITY SURVEY RESULTS**

February 2007
Please check how you feel Camptonville is doing *Today* in the following areas.

(Results of 55 Respondents)

Community Factors	FROM	1 Low	2	3	4	5 High	ТО
1. Physical Activity	There is absence of places for physical activity, or places are unsafe.	4	9	25	8	9	There are places where people can safely & easily participate in physical activities (such as gym, walking/biking), and such activities are promoted.
2. Nutrition Environment	Absence of nutritious foods, and promotion of fast and junk food.	7	14	18	10	6	Available, easily accessible, affordable healthful foods (& locally grown foods).
3. Housing	Unsafe unaffordable, inadequate levels of housing.	11	21	17	2	1	Available, safe, and affordable housing.
4. Quality of the Environment	Polluted and/or toxic water, soil, air, building materials.	1	2	13	18	16	Safe, clean water, soil, air & building materials.
5. Product Availability	Readily available potentially harmful products (tobacco, firearms, alcohol, other drugs).	7	13	24	3	2	Readily available beneficial products, such as books, school supplies, sports, arts, crafts, and other recreational items.
6. Community Appearance	Uninviting, inappropriate, culturally irrelevant settings.	1	4	26	16	6	Well maintained, appealing, clean and culturally relevant environment.
7. Trans- portation	Unsafe, inadequate or overly auto-oriented transportation options No public transportation.	34	12	2	4	1	A variety of safe, reliable and affordable transportation types (incl. walking, bicycling etc) and alternative fuel options.
8. Social Cohesion & Trust	Mistrust and absence of social networks.	1	7	17	18	9	Strong social ties built upon mutual trust, opportunities to exchange information.
9. Collective Community Effectiveness	Apathy, a sense of helplessness, & unwillingness to take action for the good of the community.	2	4	12	24	11	Community pulling together, coupled with a willingness to intervene on behalf of the common good.
10 Civic Engagement and Participation	Lack of community involvement by residents in the community and in decisions that affect the community.	6	6	21	16	4	Involvement in community or social organizations and/or participation in the political process.
11. Social & Behavior Norms (how we act)	There are social reinforcers that shape and promote unhealthy and unsafe behaviors.	2	8	14	16	6	There are shared beliefs and standards of behavior that encourage positive choices and support healthy environments.
12. Health Resources & Services	Inadequate or absence of health and social services and resources, especially locally.	5	12	14	12	3	Locally-available services, resources, referrals, and education that promote health and well-being.
13. Public Safety	Inadequate, corrupt, unresponsive or absence of appropriate safety services.	6	8	11	14	3	High quality law enforcement and fire protection that responds rapidly and has the trust of the community.
14. Education and Literacy	Poor performing Schools, inadequate Early Childhood and Literacy programs.	1	1	11	18	14	High quality & available education & literacy services that meet the needs of all people of all ages.
15. Community- Based Organizations	Ineffective or non-existent community based services.	1	7	13	17	9	Non-profit, grassroots & faith-based organizations that fill services gaps, advocate for community needs, and promote health and safety.
16. Cultural & Actismpt Opportunities	Absence of cultural & artistic onง <b>ipportนิตities</b> แ <b>รมเด</b> กไ <b>ส่งใช่ร</b> ับใ <b>จ</b> เรียง museums, community centers, arts, etc	10 n Plar	16 * (	12 CP:	9 530-	1 288-93	Many opportunities within the วัวอาทักนิดเชาใช้เอเนิดใช้ and 20tistic expression and participation.

\* Adapted from the *Prevention Institute* Health Disparities Prevention Framework: Evolution to Effective Prevention – From Health Disparities to Health Promoting Community Environments.

# Summary of how residents rate our community

The <u>HIGHEST Ratings</u> were given to the community factors of:

Quality of the Environment Collective Community Effectiveness Education and Literacy Intergroup dynamics

#### The <u>LOWEST Ratings</u> were given to the areas of:

Transportation
Economic Capital
Housing
Culture and Art
Nutrition Environment

# **Comments from Community Surveys**

#### **Question 1) Physical Activity**

- Lots of walking, Hiking, no gym or courts to use
- Lakes, Rivers, Biking, Karate (2)
- Develop/Promote existing resources (3)
- Organized sports (3)
- Parks for young ones (3)
- Gym, Recreation hall (3)
- Need more trails-advertised (3)

#### **Question 2) Nutrition Environment**

- No McDonald's
- Farmers Market, Growers market (2)
- Both stores offer Junk food! Very little nutritious food, Farmers market in summer is awesome.
- Need help more organic
- Available but; not as healthy
- Better than most
- Mother Truckers is too far away

#### **Question 3) Housing**

- Who is going to build affordable housing
- Not very many rentals; terrible conditions
- Affordability, Availability (2)
- Homes in disrepair, Need starter homes, and rentals

#### **Question 4) Quality of the Environment**

- People care about the environment
- Concerns about mercury from miners still in local creek
- Meth Labs
- Safe water

#### **Question 5) Product Availability**

- Goes both ways here
- Drugs too accessible (2)
- Alcohol abuse concerns
- No library
- Need whole foods, children's items
- There are only a couple stores

#### **Question 6) Community Appearance**

- To much trash and berries block view of C-Ville from Hwy 49
- Need to clean-up entrance to Camptonville from Hwy 49
- Need more festival & cultural things
- Beautiful school and forest
- Face lift, a little junky, a bit run down
- You see a lot of both (rundown/beautiful)

#### **Question 7) Transportation**

- There are no buses (3)
- None or bike trails, lanes
- Hitch hike to nearest bus stop
- Too auto oriented
- No public transportation (11)

#### **Question 8) Social Cohesion and Trust**

- It seems that our community is pulling together (2)
- Same people doing everything
- Need more interest groups
- Rural- little social interaction (4)
- Too Small to find someone mutual

#### **Question 9) Collective Community Effectiveness**

- Every year our ties in the community get stronger
- More advertising to reach those not normally involved
- Started but needs more business

# Question 10) Civic Engagement and Participation

- People are caring more about the things going on around them (5)
- On the upswing it seems
- Volunteer Fire Department Participation (Need more)
- Compatible niche hard to find

#### Question 11) Social Behavior Norms (How We Act)

- Our Town and the neighboring town have wonderful Resource Centers
- Ind. Differ here (3)
- Back and forth depending on population (3)
- Emphasized casual drug users overlooked
- Parent, Lifestyle needs to be emphasized
- People have the freedom to behave how they want

#### **Question 12) Health Resources and Services**

- Considering our rural environment, having medical Services in D-Ville and NSJ is good (2)
- We need more services locally, dental, medical
- Need county for repairs

#### **Question 13) Public Safety**

- Not as available as needed
- Fire Department Good (6)
- Law enforcement? Response (2)
- Fire Department needs more participation

#### **Question 14) Education and Literacy**

- I'm very satisfied (3)
- Need activity for teens and elders
- HS, College classes, Adult Ed.
- Day care, Preschool
- Great Schools (4)

#### **Question 15) Community Based Organizations**

In place moving ahead

#### Question 16) Cultural and Artistic Opportunities

- Need a lot more
- Through school only
- More joint planning between groups

#### **Question 17) Economic Capital**

- Need more business, more work
- More buildings more land
- Lots of home/business but no employment available (2)

#### Question 18) Media and marketing

- Not much advertising
- Adult role models (2)

# Question 19) Ethnic, Racial and Inter-group dynamics

- No strain
- Tolerance of diversity
- Community divided dysfunctionacceptance
- What you see is not always what you here
- Not much diversity here

#### **FOCUS GROUP AND 1:1 Interview Questions**

# For "Community Health Action Plan" Combined Answers

#### Question #1. What does "being healthy" mean to you?

- o Safety, everything up to standards, no pesticides, paint tested, septic
- o Getting into shape, School garden being safe
- o Culture and character association, work with bulling situations (Empathy).
- Social relationships (great around the school)
- Economic- cutting back in staff (less jobs), pay stipends, hiring people that can do great things like talents and teach the kids.
- o Giving kids the 8 intelligence test and draw them into the talents and things they do best.
- o Career day list of people who can come into the class and talk, career test.
- Being healthy makes the whole community better to help benefit the children because they take it home to their families.
- Right to work, afford to stay healthy (metal shop, wood work crafts)
- Furnish; golf course, basketball, tennis, softball
- More small business
- o Cannabis club
- Having a place to meet-play bingo and visit-community center
- Good access to things needed
- Growing access to healthy foods
- Move with ease-stretching and walking
- Community board to share rides or pick up things
- o To live independently and be able to adapt to our limitations
- Transportation for every day needs
- Mental Health
- Balance fitness and good diet
- Knowing how to eat healthy
- Sense of community/Social relates to mental
- Economic stability
- Enough energy to do what I need to do-to meet my goals
- Want to live in an environment that is not sprayed with pesticides
- o Live in balance with environment
- o Jobs with out "evil" environmental impact
- Local access to food
- Can go out and call neighbor, organic garden and buy veggies and meats for the week
- Able to buy local organic food
- Physically fit
- A person is active, looks happy, and is able to so the things they want to do...most in Camptonville seem healthy
- o Ability to have friends and support connections
- o Community contacts-places to meet and spend time with people you can relate to.
- o Work- being able to earn a living in the community
- o Connected with community and access to local food, eating well, not stressed out.
- Feeling well, thinking clearly, healthy nutrition and relationships
- o Having support network, clean air and resources
- o Physically having things to do, being physically fit, exercise
- o Weight loss programs, encourage group physical action
- Teach people to live healthy
- o Fun things like tennis, hikes etc...
- Mental well being, acceptance in community
- More choices of healthy organic food locally

#### Question #2. How does our community already support being healthy?

- Economic opportunity "When families have work they feel they are contributing to something.
   This creates a sense of belonging.
- o The school provides a lot because it's able to provide insurance for functions /legal stuff
- o Safety, we are all equal and we are all safe
- We Teach kids to be a survivors, stop the cycles
- Leaving us alone
- Farmers market

- Services at Resource Center-
- o Social outreach
- o Twilight School
- Affordable rent
- Organic gardening
- People tolerate each other, we are all part of this village
- Community being innovative know how to connect
- Martial Arts, Yoga, 123 Grow, garden, Farmers Market, trails, no fast food restaurants, Lake, Hikes, natural environment, outreach center, school, Plant sale, twilight school.
- Great places to hike
- Rural daily living-hauling wood
- Farmers market
- Summer organic veggies
- Burgee's veggies on menu
- o Social things people can do, history club, yoga, Seniors
- People know their neighbors
- Clean air and water
- Bicycle and hiking trails
- The LDS Church offers use of meeting rooms and is "under used"
- o Most people have enough space to garden and raise own food
- Have best water supply in the state, chlorine level
- Good air quality (except summer)
- o The lake, trails, biking, jogging, not crowded
- Beauty does a lot for the soul
- School as a resource, track, tennis court
- Close-nit community- use better
- Gold Pages barter system/Co-op
- Courier

# Question #3: What do you think are the <u>most critical issues or problem areas</u> affecting the overall health of people in Camptonville?

- Getting people to talk about it (offer food and entertainment).
- New faces need to be included
- Policies, attitudes, "Change is hard"
- Sometimes it takes a policy or law to make a change
- Resources not used well, bike trails, natural fresh products, Masonic building, LDS building (very welcoming)
- More girls
- More social events
- General dentistry
- o Dr. office
- We need a heated pool
- Isolation/feel like recluse-night in town
- Addiction
- Lack of access, transportation
- Health care-Hospice
- No food bank, meals on wheels, NA or AA, access to laundry mat
- Availability of a variety of food selection at stores
- Economic stability
- Recycling
- Transportation for Seniors to get to spots, adults, teens to town
- Poverty- fixed income
- Few local jobs
- Need mechanic for cars
- No access to high quality foods-especially children, organic veggies, cheese, 0 trans fats, junk food, affordable, whole juices
- o Smoking cigarettes and pot, addicted hard to get off
- Alcohol and drugs
- o No children's park except at the school
- Not enough work
- Social activities for people of all ages
- Public transportation "Senior Van"
- Insurance is always a problem-can the school or CCSD broaden their insurance to cover more use of the gym

- No public transportation
- o Food in local markets, not healthy choices
- Not enough work without driving far
- Only children's playground is at school, Warm water pool for folks with arthritis
- o Less focus on older people
- Not enough activities- especially evenings
- Town Running out of water

# Question #4 If we wanted to work on some of these areas, what would be the <u>biggest</u> challenges?

- o Parents involvement, beginning school survey about community
- o Communication
- o Grow food locally
- Transportation
- o Better food in stores
- o Regulations-county bending rules, is there room for innovation
- No skills to work out conflict when it comes, something like the foothill gang
- Public transportation
- Developing 5 year plan now-future
- Zoning regulations
- o Mind set, mental health
- o Cooperation, commitment
- Hard dealing with Yuba County
- Zoning (commercial and residential)
- Need better collaboration between "institutions" i.e. USFS, school.
- School getting more restrictive
- Motivating people to take action
- o Funding- grant writer
- o Insurance- responsibility of activities
- Funding
- Insurance
- o Ingrained attitudes
- Employment
- Getting people out and involved
- Acquiring land-parks (etc.)
- Zoning too little commercial spots
- o Surrounding is general forest
- o High level of self stuff
- Independent attitude
- Car pooling
- Understanding cultural differences
- Beef jerky still looks like chew, , energy drinks,
- o Promoting healthy that really is not and providing education

# Question #5 What <u>specific ideas</u> do you have for how our community can best support good health?

- Parents involvement, beginning school survey about community
- Increase Communication
- Local garden idea for cafeteria, or orchard
- Grow food locally
- o A little model of local connections
- Split down to 10 acres
- Computer access
- Another Doc Willys/some community place open to all
- Barter system
- Fire safe people
- o Park system
- o Septic for the store so we can put a Deli in there
- Team sports for kids
- o Soccer field, Soccer/Baseball league
- Park with equipment for all ages, relay track
- o Spa/Gym
- o Invite Entrepreneurs to start up businesses

- Coffee spot/Breakfast spot
- Carpool local
- o Increase Co-Op participation
- Safe hiking and biking trails connected to resources
- o Group fitness activities- weekend walks
- o Community gardens- bring back "Victory Gardens"
- Distribute excess garden supplies, Community food bank
- Growers market-expand develop list of growers
- o Growers tithe back to community
- o Internet at Burgee Dave's
- Mobile health services
- Possibly approach forest service for using unused structures in Camptonville (1 museum and 1rec hall). Apply for grant to being up to code.
- o Community garden
- Sunday movie matinees
- Form a corporation and sell something-build something to sell to bring in revenue
- Need fast Internet services to aid the people who are trying to make a living online
- o Mixed age "drop in" center- have coffee or and visit
- Warm water pool
- o Group physical activities, group hikes, fungus foray, Yoga
- Organic food sold locally
- Promoting advertising, events
- o Surplus produce, central place to bring it to, no waste
- Organized car pool
- Organized hitch-hiking place with sign, people can stop
- Bike safe trails that take you where you need to go
- Bio diesel co-op

# Question #6 If you could <u>make one change</u> that would positively affect the health of our community, what would it be?

- More representation in government, so they hear us in Yuba County.
- Emergency shelter that can double as community center
- Certified kitchen
- o Clubhouse
- Senior activities and services
- Hot water pool
- Continuing education for adults
- Barter system Meals on Wheels
- Shared community van
- Public awareness
- Bus services
- Affordable Housing
- Local Park
- o Add some stores
- Deli/coffee shop
- Huge library
- Expand public awareness of what's offered at school
- Open school wireless access to community
- More local jobs
- o Make entrepreneurship more possible
- Good internet access throughout community
- VET program-clinic
- Laundromat (top priority)
- Hardware store
- o Reinstating a recreation tax by school so the public could use gym
- o Involve Sierra College in recreation program
- CCSD get a tax on ballot (like fire department) to pay for a community social/recreation program
- o Public transportation
- Elderly, help eat healthy (meals on wheels)
- o Persuade community attitude, toward health, away from apathy

# **Community Input #1**

#### September 9, 2007 at Rebel Ridge Days

People were invited to add their comments about each Vision Point on posters. These have been included in the discussion of each Vision. In addition, people were asked to respond to the following questions:

#### What brought you to Camptonville?

Cheaper property and homes

The land, the area, (1985)

The love of gold panning and outdoors

The Restaurant

I married my husband and came to Camptonville in 1973

A young family looking for an inexpensive place to put our mobile home

Good families to raise our children with, and a great small school where each child is noticed and cared for.

Away from Nevada County growth and lower prices to buy

#### What keeps you here in Camptonville?

Small town good friends

The land, we like the area close by, it's quiet

The people are down home

The people, the store, my family

It is beautiful, unique, local sustainability and the people

It is beautiful and clean air

The land, the people and smallness

I can be as independent as I want or need yet if I want to be

#### **Anything Else?**

Laundry mat (x20)

Prohibit mandatory chemical spray

Increased kid's activities

Create a fund for manufacturing things

up here

More services (x 10) for Seniors and disabled.

connected I can be with lots of good people who want this town to be a good place

# **Meetings and Trainings - Agendas/ Minutes**

# C.H.A.T. Agenda

Community Health Action Team Meeting/ Training **April 24, 2007** 

Attendance: Kathy Dobbins, Yana Slade, Wendy Tinnel, Shirley DicKard, Cathy LeBlanc Discussion/updates

- Board of Supervisors update
- Still need focus groups
- Any Focus Group ideas?

#### Roll up our sleeves and work

#### What is CHAT?

We discussed what CHAT is and why it is important to be a part of it. We talked about creating a vision for our community and getting everybody's opinion that wants to contribute.

#### The CHAT Team Incentives

We discussed the one hundred dollar stipend at the end of the project, a lottery ticket every time you show up, and a raffle ticket for each meeting attended, for the drawing of a cash prize in December. We also have free childcare and dinner.

#### **Discussion on Focus Groups**

We talked about the data already received and how we can continue to conduct more focus

**Discuss What the General Plan is.** We Discussed the Index of the General Plan.

# C.H.A.T. Training

Community Health Action Team Training

May 15, 2007

# "Team Decisions: Making Things Happen"

By Ruth Schwartz, High Performance Advocates

Attendance: Marcy Kime, Stephanie Korney, Rob Bondurant, Rochelle Bell, Shirley DicKard, Judy Morris, Lyuba Saunders, Joel Shawn, Wendy Tinnel, Cathy LeBlanc

What you will learn in this workshop:

- Discuss barriers to group decision making
- Learn about methods of group decision making
- Practice consensus decision making

# C.H.A.T. Agenda and Training

Community Health Action Team

June 21. 2007

- I. Attendance: Yana Slade, Sandy Manning, Kathy Dobbins, Lyuba Saunders, Shirley DicKard, Wendy Tinnel, Cathy LeBlanc.
- II. Healthy children, strong families, supportive communities
- III. Know your ABCD's:

All Community Members are Gifted

A shift in thinking: Group Activity: All in the Same Person

Building Community means identifying those gifts and putting them to good use.

Group Activities: *Identifying Our Gifts* 

Using our Gifts

Finding and Using Community Assets

Community Builders know their communities contain many wonderful assets.

The Gifts of Individuals

The Power of Local Voluntary Groups

The Assets of Local Institutions

Developing Community means linking or combining assets to improve the lives of

children and families

Group Activities: Tapping Into the Power of Your Local Group

Going Treasure Hunting in Local Institutions

Sharing Ideas

#### IV. TRAINING: ASSET-BASED COMMUNITY DEVELOPMENT. Practice your ACBD's

In this workshop you will:

- Explore the importance of building communities from the "inside out."
- Learn how to systematically identify your community's assets.
- Discover tools to mobilize assets and unleash their power.
- Expand your insight into the *giftedness* of all community members.
- Gain inspiration through stories of individual and community change.

#### **ABCD Training notes**

We discussed how everybody in the community has assets. We made a list of things that we were good at and then derived a way that we could use those assets.

Cooking, Listening, Writing, Compassion, Gardening, Personal and Communications. Three people said cooking, so we came up with the idea of a Community meal. We started looking at our community and who could help out with what. Yana could create loving environment. Kathy and Lyuba could cook. Wendy could write the menu. Sandy could do publicity. After discussing this we then looked at the resources that we had and what we need; finances and sponsors, a place to cook, eaters, services, transportation, and groceries.

# C.H.A.T. Agenda

Community Health Action Team meeting and Training

July 25, 2007

<u>Attendance</u>: Kathy Dobbins, Lyuba Saunders, Ed Kime, Scott and Molly Spackman, Shirley DicKard, Wendy Tinnel, Cathy LeBlanc \_.

#### During dinner discussion/updates

- Board of Supervisors Update advisory team, Yuba Highlands, General Plan Town Halls.
   Cathy and Wendy have been attending the BOS meetings and gave a quick update. The Town Hall meetings have been scheduled. A foothills area meeting will be held in Loma Rica tomorrow 7-26-07 at the Lions Club.
- Six month report to The California Endowment
  Cathy and Shirley completed the six month report to the California Endowment. We took this
  opportunity to look at our accomplishments and to see what our future goals were for this
  project. Everyone received a summary of the report.
- Still need focus groups
  We discussed the need for future focus groups and brainstormed groups that would be willing
  to have one. We also talked about how we wanted certain individual's 1:1 interviews, people
  who had lived here for a long time or were involved in the previous General Plan.
- Ask consultants to come tentative date August 22, 2007
   We want Dan Cucchi and Wendy Hartman of the Yuba County Planning Department to come and discuss with our group about the importance of the General Plan.

#### Roll up our sleeves and work

• General Plan 101

We read the Pamphlet given to us by Yuba County General Plan 101. This explained the process and the timeline of the General Plan Update. We also looked at the maps provided to see where we are in Yuba County.

#### • Share Dobbins/Oregon House Plan

We decided that we would use the Dobbins/ Oregon House Plan an example of the format for the Camptonville Community Health Action Plan (CHAP).

#### • TRAINING: THE RIGHT QUESTION PROJECT (RQP)

Cathy led us in A *Right Question Project* training. We began by brainstorming a list of our issues which were:

Housing Affordability, Services, Available Land, Protection to Rural Environment, Transportation, Enrichment for Children and All, and Internally Sustainable (to have what we need up here).

We decided that Growth and Zoning would encompass a lot of what we need to discuss. We then started coming up with "Right Questions" specific to this issue, which were:

How much growth do we want?

What kind of business can we bring in to create jobs for our local community?

How small can land size be?

How will growth impact the quality of air, water, etc.?

From this project we learned how to prioritize our questions to help us work on the CHAP. We learned how to formulate open ended questions that we could then go back and reflect on.

• **Homework assignment:** talk to the community about what are your top 3-5 priorities, and be prepared to share at next meeting.

# C.H.A.T. AGENDA

# Community Health Action Meeting August 8, 2007

Attendance: Molly and Scott Spackman, Kathy Dobbins, Yana Slade, Daniel Tinnel, Shirley DicKard, Cathy LeBlanc, Wendy Tinnel

5:30 – 5:55 Dinner and Discussion

What are Core Community Values?

6:00 Children to Childcare Continue in Gym

6:00-6:20 CHAT process overview: Objectives & Calendar

Look at the model of the Dobbins/Oregon House Community Action Plan.

Handouts: Grant objectives and Calendar

Dobbins/OH Community Action Plan

6:20-7:00 Cluster information from Surveys & Focus Groups into general themes

Directions:

Each group takes a focus group question #1-6 Decide where each comment fits (Theme A-J) Create a positive statement for each comment Put comment on post-it, with Letter A-J. Put post-its on the matching flip-chart page. Handout: Results of Focus Groups & Surveys

7:00-7:25 Discussion about the Themes that are emerging from the Community input.

7:25-7:30 Homework for August 22:

Talk with at least 4 other people

Ask them "What do you Value about Camptonville?

Take notes, & bring them to the 8/22 meeting (or give to Wendy/Cathy if you can't come).

Next meeting we'll start developing 4-6 core value statements for C'V.

## **CHAT Meeting Notes 8-8-07**

#### A Collective Community Effectiveness (9 hi #4)

#### We value

- o new Community ideas and faces
- community services and activities including the resource center twilight school, farmers market, plant sales
- people getting to talk about it
- our local phone book and news paper

#### B Transportation (7 low #1)

#### We value:

- Transportation for seniors
- Public transportation
- Bus service
- Safe connected hiking and biking trails connected to resources
- Organized car pools
- o Bio diesel co-op, Bio diesel co-op
- o Organized hitch hiking place with signs as people can stop
- Shared community van
- The ability to access our resources

#### C Housing (#3 low 2)

#### We Value:

Affordable housing

#### D Quality of the environment (4 hi #1)

#### We Value:

- o Good air, space to garden, quality of water and our beautiful natural environment
- o Our community members as friends and our support network
- o Having places to hike, our lakes and our rivers
- We support the health of the forest, environment
- o Economic opportunity that supports our health oriented outlook
- o Fire safe people
- Running out of water
- Confidence and ability of our children

#### E Economic Opportunity (17 low #2)

#### We Value:

- o Economic opportunity that back self-worth of our community
- Local jobs, more stores
- o Internet access
- Economic stability
- Local jobs
- o Economic opportunity that supports our health oriented outlook.

#### F Cultural and artistic opportunities (16 low #3)

#### We Value:

- Cultural and artistic opportunities
- Park systems

#### G Inter-Group Dynamics (19 hi #3)

#### We Value:

- o Collaboration between "institutions" i.e. USFS,CCSD
- Support understanding and friendly social relationships
- Social activities for people of all ages
- Diversity
- The barter system
- Team sports
- Local play spots for children and adults

o Community members as friends and our support group

#### H Education and Literacy (14 hi #2)

#### We Value:

- Computer areas
- o Internet access throughout community
- o Continue education classes for adults
- o Libraries
- Opportunities for our children
- o Confidence and abilities of our children
- Our school and it's resources

#### I Nutrition and Environment (2 low #4)

#### We Value:

- Local food
- Health support
- Community I garden
- o Whole health, physical, nutritional and social
- o Coffee spot, breakfast spot
- Grow food locally

#### J Other

#### We Value:

- o Benefits of cannabis and want an accepted place to access benefits
- Our sense of safety
- o Our neighbors
- o The gym

#### K Health

We Value: Health services and opportunities clinic, park, warm water pool, meals on wheels

# C.H.A.T. AGENDA

# Community Health Action Meeting August 22, 2007

	Dinner and Discussion Attendance: Ed Kime, Daniel Tinnel, Molly Spackman, Wendy Tinnel, Shirley DicKard, Cathy LeBlanc
6:00	Children to Childcare. Continue in Gym
6:00-6:15	Discussion of Homework- conversations with community members on what they value. (add post-its to flip charts)
6:15-6:30	Evaluation Discussion (Shirley)  Handouts: From "We Did it Ourselves"  Asset-Based Community Planning
6:30-7:25	Develop 4-6 Vision Values from flip charts
7:25-7:30	Rebel Ridge Days CHAT Booth – to get community feedback on the draft Vision Values and Outcomes. Plans and volunteers for the booth.

Next Meeting: September 5, 5:30-7:30

Topic: Develop positive statements/Outcomes for each Vision Value.

# TRAINING ON "COMMUNITY VALUES, VISION AND EVALUATION" August 22, 2007

#### 1. COMMUNITY VISION and CORE VALUES

The CHAT will develop a draft set of 4-6 VISION STATEMENTS that reflect what the community has said is of value. These Vision Statements will paint a picture of the dreams for our community. They are based on statements by the community in Surveys, Focus Groups and personal interviews.

#### Examples of Vision Statements based on values:

- Our community values and preserves the natural beauty and lifestyle of a rural environment. (Dobbins/Oregon House)
- Our community is a place where people can express their creativity, care for the natural environment, and remain free of abuse and addictive behaviors and show concern for each other. (Community Network for Children & Families, Nevada City)
- Camptonville is a rural place where people are responsibly using their social and environmental resources to generate a safe, sustainable, and healthy community.(CCP)

#### 2. OUTCOMES or POSITIVE STATEMENTS FOR EACH VISION

Outcomes describe a more *specific* picture of what it looks like when the vision has been achieved. How will we know?

An Outcome is our dreams for our community put into words.

From community feedback, the CHAT will develop a list under each Vision that more fully describes what it will look like.

#### Examples of Outcomes or Positive Statements:

- Camptonville will have places where we can buy fresh, locally-produced food.
- There will be healthful food options at local restaurant, school, and stores
- People will be able to purchase basic needs for living locally.
- People will be able to safely walk or bicycle to local destinations.
- We live in a foothill area of scenic beauty. We value this and want to preserve it (Dobbins/OH)
- We value community contacts and places to meet and spend time with people you can relate to. (CV focus group)

#### 3. EVALUATION

This tells us how we know if we've been successful and how we can learn from what we've done. Later in the process, it will be important to look back and communicate more specifically about our progress.

We can do this by having **INDICATORS**. These are specific ways to measure progress. *Indicators* are pieces of information that measures whether outcomes are being achieved.

#### Examples of Indicators:

- There will be an increase in people who buy and sell at the local Grower's Market.
- There will be an increase in places where people can buy basic necessities.
- There will be an increase in the number of low income families that own homes.

## CHAT Notes August 22, 2007

Vision and Values

We are a community that values;

Community- Things to do together and local places to go

Transportation- Access to local and greater community, vehicles, trails, safety for all ages, bio-diesel.

Quality of Environment- Air, natural setting, water, health of the forest

Local foods and Farmer's Markets- Local farmers co-op and place to buy.

Computer Access- High speed internet and technology

Economic Opportunity- Entrepreneurs, small time feel more overnight accommodation.

We value Local growth that reflects and supports our values such as Entrepreneurs, local foods, community gatherings.

We value having a variety of ways to travel that are safe and connect our resources together.

We value ling in balance with our environment and being stewards of our natural community.

We value being untouched by urban sprawl and low density housing.

We value the freedom to be independent and interdependent.

We value our heritage rich history.

We went on to discuss further our values and asked everyone to talk to neighbors and friends so we can discuss more at the next meeting.

We also planned our first Community Meeting at the Rebel Ridge Days September 8, 2007.

# C.H.A.T. AGENDA

# Community Health Action Meeting September 5, 2007

Attendance:	Kathy Dobbins, Scott and Molly Spackman, Ed Kime, Lyuba Saunders, Shirley DicKard, Cathy LeBlanc
5:00 – 5:25	Dinner and Discussion Introduction/Background
5:30-5:45	Homework –Discussion conversations with community members on what they value. Add to flip Chart
5:45-6:10	Review calendar activities, including planning next meeting with Yuba County Planning Department representatives. What questions/ issues do we have?
6:10-7:00	Work on doorways to our future/ Rebel Ridge days, CHAT booth (Sept. 8, 12-4)- to get community feedback on the draft Vision Values and Outcomes. Plans and volunteer for the booth/logistics

#### Next Meeting: September 19, 5:00-7:00

Topic: Yuba County Planning Department, General Plan Discussion

#### CHAT Notes 9-5-07

Visions and Values:

We have begun to draw out Camptonville's vision and values statements by searching for the commonalities that exist.

The overarching reason we all seem to be here is because of the natural beauty of Camptonville and all agree that we want to keep it that way.

We love our small town feel and we are freedom based valuing our independence and interdependence.

But we do have other interests and, a beginning description of our efforts have shown that as a community we value:

- Living is balance/harmony with our environment and being stewards of our natural community (Clean air, water, natural setting, health of the forest, etc)
- A local place we can come together as a community (Community Center)
- Local (some say limited, some say no) growth that reflects and supports our values such as low density housing, untouched by urban sprawl and economic opportunity based on entrepreneurship.
- Having a variety of energy efficient, safe economic means travel that are safe for all ages and include community trails interconnected to our resources.

 Being connected to: local fresh food, farmers markets, co-ops and high speed Internet and each other.

At the end of this meeting every one was assigned a vision or value and asked to write a short paragraph using the data that was collected, to describe that value or vision for the CHAP.

# C.H.A.T. AGENDA

# Community Health Action Meeting September 19, 2007

Attendance: Yana Slade, Stephanie Williams, Kathy Dobbins, Hal Stocker, Scott and Molly Spackman, Daniel Tinnel, Ed Kime, Wendy Hartman, Dan Cucchi, Barbara Hogan, Shirley DicKard, Cathy LeBlanc, Wendy Tinnel.

5:00 – 5:25	Dinner and Discussion Introduction/Background Information to Dan Cucchi and Wendy Hartman from the Yuba County Planning Department
5:30	Children to Childcare. Continue in Gym
5:30-6:30	Dan Cucchi and Wendy Hartman: Representatives from Yuba County Planning Department. Discussion on Yuba County General Plan.
6:30-6:45	Group Work: Each group gets a Vision Statement
6:45-6:50	Scope of Work
6:50-7:00	Meeting Schedule/Calendar -Second week of October?

Next Meeting: October ?, 5:00-7:00 Topic: Finalizing the Draft

# Meeting Notes 09/19/2007 Questions to the Y.C. Planning Dept.

#### Q: How will Yuba County use our plan?

A: All submittals are used to gather information about what the county wants and does not want. It is likely to impact the General Plan somewhat and is better to submit than not to submit.

#### Q: What is the level of detail needed for the plans presentation?

A: Getting specific will aid in influencing the policy, the more detail the better but too much can hinder the gathering process locally-it may turn people off from contributing.

#### Q: Is the General Plan fixed?

A: The GP(General Plan) is a 20yr projection it can be amended using the amendment process that is in place. Usually if there are enough requests to amend something.

#### Q: Will the GP be available for review before it is passed?

A: Yes, there will be an Issues and Options report released in late 2007 for review and several more before it is actually put into policy. Visit <a href="www.co.yuba.ca.us">www.co.yuba.ca.us</a> for announcements of open meetings to discuss and review the GP.

Q: Will our voice count?

- A: Yes, having a local C'Ville plan to present will have the most influence in affecting the Yuba Co. GP.
- Q: Where is the GP heading right now, what does it look like?

A: It is in the information gathering stage and there are no preconceived notions of its outcome.

Q: When do specific zoning items get addressed?

A: After the GP is passed. The GP is conceptual in nature and acts as a road map. Zoning is enacted after to put into place what has been written into the GP.A community can influence actual zoning in the same manner as influencing the GP, to have a specific "mini-GP" for their community.

Q: Camptonville land availability, private-commercial-timber owned?

A: Consider including how we want these lands to be used, developed, and converted to best suit our community. Request that any TPZ lands that are converted to public be used in specific ways once public.

Hal suggests meeting with an advisory committee member later on Brian Williams or Fred Yeager to see if we are still on track and how the GP is evolving

# C.H.A.T. TRAINING Tuesday October 2, 2007 6-8 pm

At Camptonville School

# Twilight School's COMMUNITY NIGHT

The entire community is invited!

We ask that children attend with an adult

Pizza being served for Dinner at 5:30 - \$2.00/slice

#### EVENING'S SCHEDULE

5:30 - 6:00 Come early, gather and eat 6:00 - 8:00 Let the activities begin Learn new things in Mini-Classes taught by community members:

# Speaking for a Lasting Impression: Tools for Public Speaking

Conducted by Ruth Schwartz of High Performance Advocates for the CHAT team and community members.

Attendance: Kathy Dobbins, Stephanie Williams, Shirley DicKard, Wendy Tinnel, Scott and Molly Spackman, Cathy LeBlanc, Rochelle Bell, Rob Bondurant, Ed Kime.

# C.H.A.T. AGENDA

Community Health Action Meeting
October 8, 2007

Attendance: Kathy Dobbins, Shirley DicKard, Scott Spackman, Wendy Tinnel, Cathy LeBlanc

5:00 – 5:30 <u>Dinner and Discussion</u> Follow up from County visit

Public speaking training & who'd like to speak at the Board of Supervisors?

#### Children to Childcare. Continue in Gym

# 5:30-6:30 <u>Discussion of Homework-</u> work on vision paragraphs. Remember to use action words (see handout)

Last meeting everyone chose a vision statement to work on and today we went over some of those paragraphs that were written. Molly had one on Growth, Wendy on Transportation, Scott on Rural Environment, and Kathy on Health. We worked on our vision statements for Health, Transportation, and Basic Concepts of Growth.

#### Health

We value living in a community that supports health and wellness for all community members. We promote avenues by which residents can pursue physical, social, emotional, mental, health.

We value a central place where people can get info, referrals, and some services, and also receive health and well being support.

We value locally grown foods and want to support food production.

#### Transportation

We value a variety of transportation that is based on the season.

#### Growth

There are so many different points of views and opinions. It looks like this subject will be different for everyone.

#### **Basic Concepts**

Centralized economic growth and cluster of business and services where people can work and get basic essentials.

Offer local employment opportunity for residents

Building to scale of community and blends in with historic appearance...

Low density housing, untouched by urban sprawl, with opportunity for individuals to address special circumstances.

Gently expand zoning for commercial use.

Growth must be compatible with our natural resources.

6:30-6:55 Look at CHAP Draft: what's missing?

We looked at the basic format of the CHAP draft and made comments.

**6:55-7:00** Next Steps: Homework please read DO/OH community action plan

Next Meeting: October 24, 5:00-7:00 Topic: Continue work on Plan.

# C.H.A.T. AGENDA

# Community Health Action Meeting October 24, 2007

Attendance: Yana Slade, Molly Spackman, Scott Spackman, Shirley DicKard, Cathy LeBlanc

5:00 – 5:30 5:30-	<u>Dinner and Discussion</u> Look at revised Calendar/meeting times <u>Children to Childcare;</u> Continue in Gym
5:30-6:30	<u>Finalize vision paragraphs</u> for presentation to community at the 11/7 dinner meeting. (remember to use action words- see handout. <i>Team worked on revisions see revisions</i>
6:30-6:55	Look at CHAP Draft: what's missing?  Photos. We should ask planning dept. look over final draft Discuss DO/OH community action plan

Will use as a guide to focus on our visions as the "meat" of our CHAP.

6:55-7:00 Next Steps: VISION Sub-committee members Molly, Scott, Kathy, Yana Shirley,

Wendy, Cathy.

BOS: Who'd <u>like to</u> speak on December 4th? Yana, Scott, Kathy, Shirley, Cathy, Wendy Molly?

Next Meeting: Tuesday November 7, 6:00-8:00 PM Community Dinner

Topic: preview CHAP draft with community

# Community Input #2 and Dinner Meeting AGENDA November 7, 2007

Attendance: Molly Spackman, Daniel Tinnel, Wendy Tinnel, Kathy Dobbins, Scott Spackman, Shirley DicKard, Cathy LeBlanc, Glenn Smith, Jeanne Black, Wanda Carey, Marilyn Pendola, Diane Pendola, Jeanette Smith, Rochelle Bell, Margaret Fassbinder, Hal Stocker, Rod Bondurant, Joel Shawn, Ned Cusato, Stephanie Williams, Judy Morris, Mimi Mills Brian Price, Skip Ness, Richard DicKard, Marylou Knapp, Edent Hunum.

6:00 - 6:30 pm Dinner and visiting 6:30 Children to childcare

Meeting begins promptly (listen for the song: You are my Sunshine)

6:30 - 6:50

- House keeping and thanks to Patsy and Annie for cooking the dinner.
- What we are going to accomplish tonight.
- Last time we had everyone here for dinner- Feb 20. CHAT team has met since April every other week for meetings and trainings. Rebel Ridge Days was Community Input #1.
- Board of Supervisor's Presentation is Dec 4th. Please check sign in sheet if you are interested in carpooling
- Introduction of CHAT Team members and special Guests who have helped us: Dan Cucchi, Wendy Hartman, Hal Stocker and most important YOU.
- The Draft is a LIVING Document. If you go home tonight and think of something you feel we have missed, please let us know. We have until a week from now -Nov. 14<sup>th</sup> to do that. If you'd like a copy of the Draft, please check box beside your name on the sign in sheet.
- Overview of the what, why, where, and when of the Camptonville Health Action Plan.
- 6:50 7:00 Break-out discussion groups One for each "Camptonville Vision" Attend the topic(s) that interest you most, that you want to give input to.
  - 1. Our Rural Environment
  - 2. The Future: Growth and Economy
  - 3. Connectedness and Health
  - 4. Travel
  - 5. A Community Center

7:30 - 8:00 Report back from each group with comments & suggestions for finalizing the plan.

# **Community Meeting Meeting Notes 11-07-07**

We had a great introduction and dinner and then we got together into groups with a CHAT member at each table to discuss any improvement s or comments about the current draft and individual visions. Travel

A trail head to Rebel Ridge that starts at the restaurants

A 5k fundraiser for the firefighters

Bike lanes on 49

Include horses in the hike, bike, walk, sections. Include horses for trails

The Future

Co-op- Draw local products- Also marketable to farmers

Co-op modeled- Resource Network- Knowledge shared with others

Micro loans- facilitate small businesses- locally owned and managed

Don't like wording of "Low Density"-like green vision co-housing

Need larger base of population to support local economy

Want to attract green people

Co-housing for seniors

Important to monitor growth

Zoning needs to be more specific- too many parameters preventing necessary growth.

Community boundary? Where is cville?

A Community Center

Recreation center

True interest/ large community support

Many volunteers thru process

Pelton wheel to power

Connectedness and Health

Community food banks

Dancing

Hal thinks the "Community Statement" may distract from the plan

Every one of these visions should coincide with the 8 elements

Land use development

The community boundary be included in the 20 acre zoning minimum

In C'ville and log cabin, look at existing parcel size.

Our Rural Environment

Better fire protection/fire clearance in accordance with state law

Junk cars

Road maintenance

Trash removed-illegally dumped

More fire safe money

Forest Service road maintenance

Code enforcement

Community based clean-up efforts

More education of fire safety

Better maintenance of rural environment

Plowing 101

Keep minimum acreage for habitat

Migratory trails may be a problem if property is divided.

Water needs need to considered within town growth

Water storage for rural environment/ Fire protection (minimum gallons of storage).

# C.H.A.T. AGENDA

# Community Health Action Meeting November 15, 2007

Attendance: Daniel Tinnel, Scott Spackman, Wendy Tinnel, Cathy LeBlanc

5:00 – 5:30 <u>Dinner and Discussion</u> 5:30- <u>Children to Childcare</u>

5:30-6:30 Finalize vision paragraphs in Draft

6:30-6:55 Look at CHAP Draft: what's missing?

We read over the entire revised draft to make sure the formatting was good and that we agreed with the vision statements. We then looked at the entire draft and went over any changes.

6:55-7:00 Next Steps

VISION Sub committee members

BOS Who'd like to speak on December 4th?

We discussed who wanted to present which parts at the BOS presentation. Scott said

he present Our Rural Environment.

Next Meeting: Tuesday November 28, 5:00-7:00 PM

# C.H.A.T. AGENDA

# Community Health Action Meeting November 28, 2007

Attendance: Kathy Dobbins, Yana Slade Scott Spackman, Molly Spackman, Daniel Tinnel, Wendy Tinnel, Ruth Schwartz, Shirley DicKard, Cathy LeBlanc

#### Work on CHAP Presentation for BOS presentation 12/4/07

Team assembled and community member Ruth Schwartz of Performance Advocates, volunteered to help the team prepare speeches for the presentation.

# **Supplemental Information**

# **Intergovernmental Coordination**

(From CCSD 2007 Multi-Hazard Mitigation Plan)

CCSD and CUESD have elected governing boards. Each entity, along with the non-profit community organization, The Camptonville Community Partnership, is committed to blending resources to creatively address the challenges facing local residents.

The Camptonville Community Partnership (CCP) was incorporated as a 501(C)(3) non-profit organization in February 2001 of "rural people working together for a safe, sustainable and healthy community." CCP, governed by a five member Board of Directors, runs the Community Resource Center located on the campus of Camptonville School where it provides family and community programs and the community website: <a href="https://www.camptonville.com">www.camptonville.com</a>.

Camptonville Community Services District (CCSD) has a Board of Directors made up of five elected or appointed members who must live within the CCSD boundaries. Board members are elected for a term of four years, with elections every two years to alternately elect three then two of the members. CCSD has a secretary and bookkeeper that are not members of the Board. The CVFD Chief reports to the Board. Board members cannot be volunteer firefighters while serving on the Board.

The Camptonville Union Elementary School District (CUESD) has a Board of Directors made up of five elected or appointed members who must live within the CUESD boundaries. Board

members are elected for a term of four years, with elections every two years to alternately elect three then two of the members.

### **Migratory Deer Herds**

(From CCSD 2007 Multi-Hazard Mitigation Plan)

There are two migratory deer herds, the Mooretown and Downieville herds, within CCSD. The migratory herds move from higher elevations to winter in the lower foothills. A decline in the number of deer over the past 25 years is the result of loss of habitat due to urban encroachment and the negative impact of the timber industry, increased recreational use, wild land fires, and livestock grazing.

An increase in population and land development are having a significant and irretrievable effect on the deer herds. Human habitation reduces wildlife in an area beyond that directly lost from construction activities. Harassment of many wildlife species by dogs is a common by-product of urban encroachment. Although Yuba County has leash laws, many property owners allow their dogs to run free.

Yuba County zoning laws limit parcel size in critical migratory deer ranges. Zoning in the critical migratory deer range is one dwelling per 20 or 40 acre parcel depending on the range area. Set aside open ground is required for development of large parcels, allowing corridors for the migratory deer to pass.