



> HELPS WITH STRESS MANAGEMENT IN DAILY LIFE

The only encapsulated Saffron extract for the highest concentration in real Safranal for serotonin amplification.

Other related health applications:

- > SLEEP QUALITY
- > PREMENSTRUAL COMFORT
- > MENOPAUSE
- > DIGESTIVE HEALTH

60%

reduction of the stress or nervousness feeling

69%

people felt more zen

WITHIN
5
DAYS

First effects experienced



- > 100% Iranian Saffron – Sargol quality
- > Fluoxetine-like effect thanks to the highest real (U-HPLC) safranal concentration (up to 10 times more than other saffron extracts)
- > Tech'Care Extraction™: Patented extraction & encapsulation process
- > Proprietary Clinical results on healthy subjects (Acute and Chronic)



USA STRUCTURE/FUNCTION CLAIMS*

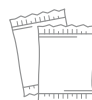
- > According to Safr'Inside™'s clinical study, Safr'Inside™ may help with occasional stressful situations from the first intake
- > Safr'Inside™ helps manage occasional mental stress
- > Safr'Inside™ helps with stress management in daily life
- > Helps promote a feel of calm or serenity
- > Saffron is considered an adaptogenic herb that may be useful in promoting calm during a stressful situation
- > Safr'Inside™ supports a normal, healthy attitude during PMS

*Validated by Venable

EFSA PENDING CLAIMS available on request

PROPRIETARY CONSUMER'S SATISFACTION CLAIMS:

- > 4/5 consumers satisfied with Safr'Inside™ effectiveness



Daily dose : 30 mg

*Protected Designation of Origin

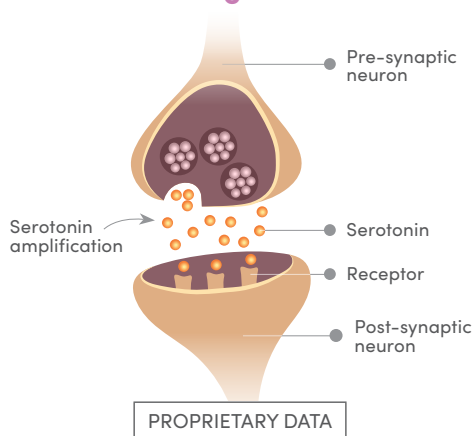


**PATENTED
ACTIVE
INGREDIENT**

✓ Mechanisms of action

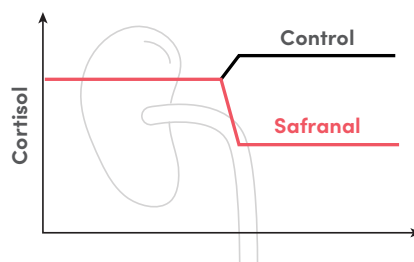
SAFRANAL TRIGGERS A SEROTONIN AMPLIFICATION

Up to 50% reduction in serotonin degradation



SAFRANAL LEADS TO A DECREASE OF THE CORTISOL LEVEL

-44%

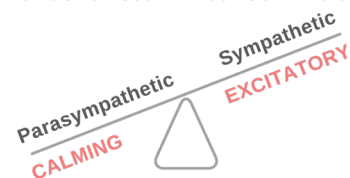


Fukui et al., 2011

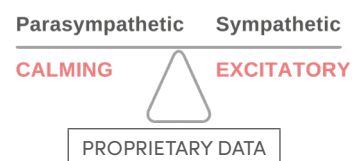
ACTIVATION OF THE RELAXING NERVOUS SYSTEM WITHIN

30 MIN

Under stress without Safr'Inside™:



Under stress with Safr'Inside™:



✓ Clinical and scientific evidence

PROPRIETARY CLINICAL STUDY ON ACUTE STRESS

Randomized, double-blind placebo controlled proprietary clinical study with both chronic and acute dosages.

56 HEALTHY SUBJECTS	30 MG OF SAFR'INSIDE™ IN ONE SHOT	SIGNIFICANT RESULTS ON BOTH PSYCHOLOGICAL AND PHYSICAL PARAMETERS
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Heart Rate Variability (HRV) evolution before and after undergoing a stressful situation:



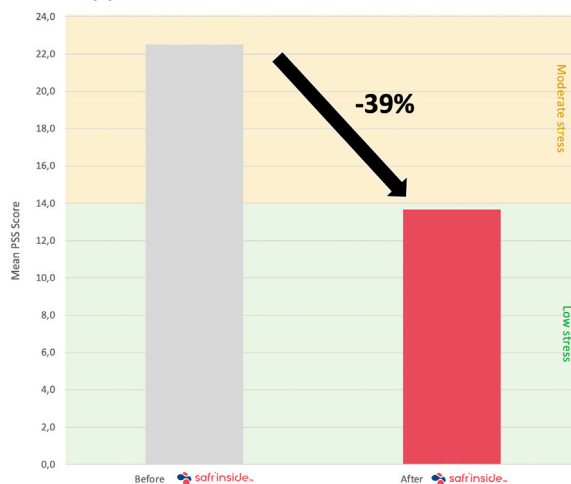
Safr'Inside™ intake protects the organism from stress, by improving its adaptability to the faced situation.

Jackson et al., 2021

PROPRIETARY OPEN STUDY UNDER MEDICAL SUPERVISION ON DAILY STRESS

102 HEALTHY PARTICIPANTS REPORTING DAILY STRESS	15 MG OF SAFR'INSIDE™ TWICE A DAY FOR 30 DAYS	DAILY STRESS LEVEL ASSESSED BY THE PSS* QUESTIONNAIRE
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Mean PSS score before and after a 30-day supplementation with Safr'Inside™:



Starting from a «Moderate stress level», mean PSS score decreased to reach a «Low stress level» after the consumption of Safr'Inside™.

**Perceived Stress Scale*

CONFIRMED BY PROPRIETARY CONSUMERS TEST

> 50 healthy adults with self-reported daily stress
> 30mg/day



4/5
consumers satisfied with Safr'Inside™ effectiveness



1/2
consumers noticed a better sleep quality



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