SIZE CHART

Unisex Nike Stride Running Top

Nike men's sizing (unisex fit). Body measurements.

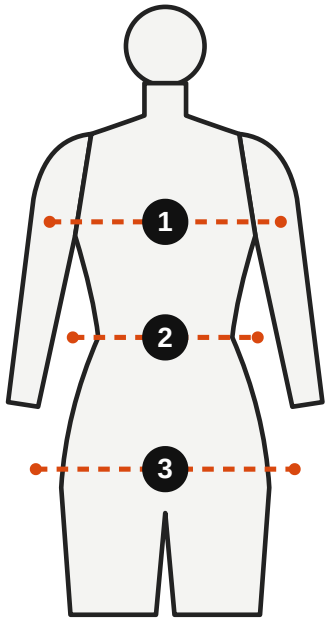
INCHES

Size	XS	S	M	L	XL	XXL
1 Chest	31.5 - 35	35 - 37.5	37.5 - 41	41 - 44	44 - 48.5	48.5 - 53.5
2 Waist	25.5 - 29	29 - 32	32 - 35	35 - 38	38 - 43	43 - 47.5
3 Hip	31.5 - 35	35 - 37.5	37.5 - 41	41 - 44	44 - 47	47 - 50.5

CENTIMETERS

Size	XS	S	M	L	XL	XXL
1 Chest	80 - 89	89 - 95	95 - 104	104 - 112	112 - 123	123 - 136
2 Waist	65 - 74	74 - 81	81 - 89	89 - 97	97 - 109	109 - 121
3 Hip	80 - 89	89 - 95	95 - 104	104 - 112	112 - 119	119 - 128

HOW TO MEASURE



1 Chest
Measure around the fullest part of your chest, keeping the measuring tape horizontal.

2 Waist
Measure around the narrowest part (typically where your body bends side to side), keeping the tape horizontal.

3 Hip
Measure around the fullest part of your hips, keeping the tape horizontal.

Measurements are body measurements, not garment measurements.