



CARTA
MENU

Entrantes

A selection of starters

TARTAR DE AGUACATE CON GAMBA

Avocado tartare with shrimp

| 5€

TAPA DE JAMÓN SERRANO

Serrano ham tapa

| 6,50€

QUESO (TRES TIPOS)

Cheese (three types)

| 5€

Ensaladas

A selection of salads

ENSALADA QUESO DE CABRA

Goat cheese salad

| 11€

ENSALADA ESSENCE

Essence salad

| 13€

Platos principales

A selection of main dishes

**POLLO DE GRANO MACERADO EN LIMÓN Y
HIERBAS NOBLE** | 12€

Grain chicken macerated in lemon and noble herbs

**PLUMA IBÉRICA CERDO DE BELLOTA DE
VALLE DE LAS PEDROCHE** | 23,50€

Iberian acorn-fed pork from Las Pedroche Valley

ENTRECOT DE VACA (PAÍS VASCO) 250g | 24€
Beef entrecote (Basque Country) 250g

RIB EYE (ARGENTINA) 250g/300g | 22/27€

SOLOMILLO 250g | 27€
Sirloin 250g

**COSTILLA DE VACA COCINADA A BAJA
TEMPERATURA Y RÚSTICA EN HUMO DE ENCINA** | 19,50€
Beef rib cooked at low temperature and rustic in
oak smoke

HAMBURGUESA (WAGYU) 200g | 15€
Burger (Wagyu) 200g

MORCILLA (CLÁSICA DE BURGOS) | 8€
Black Pudding (classical from Burgos)



**BROCHETA DE SOLOMILLO DE CERDO IBÉRICO
100% BELLOTA DE COVAP**

| 23€

100% acorn-fed Iberian pork sirloin skewer from Covap

BROCHETA DE POLLO CAMPERO DE CORRAL

| 15€

Free-range chicken skewer

SALSAS / SAUCES

Chimichurri, Mojo canario



Postres

A selection of desserts

POSTRES / HELADOS ITALIANOS (COPA DE CRISTAL)

Desserts / Italian ice creams (crystal glass)

FRUTAS DEL BOSQUE Berries	5,80€
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LIMONCELLO	5,80€
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MANDARINA / LIMÓN Tangerine / Lemon	5€
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PROFITEROL BASE DE HELADO Ice cream base profiterol	5,80€
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Vinos

A selection of wines

VINO BLANCO / WHITE WINE

CARABALLAS VERDEJO ECOLÓGICO | 36€

CARABALLAS CHARDONNAY ECOLÓGICO | 34€

VINO TINTO / RED WINE

AMERICO CRIANZA 2019 | 28€/Copa 5€

ORUBE RIOJA 2018 | 19€/Copa 5€

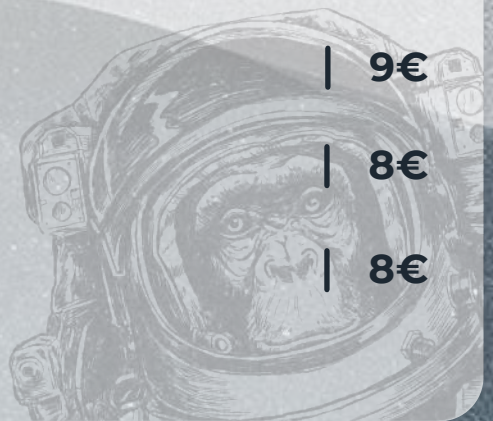
YOU & ME RIOJA 2017 | 15€/Copa 4€



Bebidas

A selection of drinks

MACALLAN	12€
JACK DANIEL'S	9€
GLENFIDDICH	10€
JAMESON	7€
BOMBAY SAPPHIRE	7€
TANQUERAY 10	10€
PUERTO INDIAS	7€
SEAGRAMS	9€
CAMPARI CON ZUMO DE NARANJA	8€
DON PAPA	9€
HAWANA 7	8€
LEGENDARIO	8€



Cócteles

A selection of cocktails

CÓCTEL ESSENCE APPLE

| 8€

Vodka, zumo de manzana, licor de manzana, lima, hiZVelo

Vodka, apple juice, apple liqueur, lime, hiZVelo

MOJITO

| 8€

Ron blanco, lima, azúcar moreno, hierba buena, soda, hielo

White rum, lime, brown sugar, herb, club soda, ice

MARGARITA FROZEN

| 8€

Tequila blanco, agave, lima, triple seco limón y sal

Tequila blanco, agave, lime, triple seco lime and salt

SEX ON THE BEACH

| 8€

Hielo, vodka, licor melocotón, naranja, zumo de arándanos

-granadina y hielo / Vodka, apple juice, apple liqueur, lime, hiZVelo

DAIQUIRI

| 8€

Fresa, mango, fruta pasión, frozen

Strawberry, mango, passion fruit, frozen

LONG ISLAND

| 8€

Triple seco, vodka, gin, Bacardí, tequila, lima, azúcar, coca cola, hielo / Triple dry, vodka, gin, Bacardi, tequila, lime, sugar, coca cola, ice

CAIPIRIÑA

| 8€

Cachaza, lima machacada, azúcar blanco, hielo

Cachaza, crushed lime, white sugar, ice



CAIPIROSCA

| 8€

Vodka, lima, azúcar blanco, lima machacada, hielo
Vodka, lime, white sugar, crushed lime, ice

BLOODY MARY

| 8€

Zumo de tomate, vodka, lima, azúcar, sal, pimienta, tabasco,
hielo / Tomato juice, vodka, lime, sugar, salt, pepper, tabasco, ice

EXPRESO MARTINI

| 8€

Vodka, tía María, café expreso
Vodka, Aunt Maria, espresso coffee

COSMO ESSENCE

| 8€

Vodka, limonchelo, lima, azúcar, sirope frutos del bosque,
hielo / Vodka, limoncello, lime, sugar, syrup, berries, ice

PASSION ESSENCE

| 8€

Frozen, vodka, lima, agave, pure frutada, menta
Frozen, vodka, lime, agave, fruity purée, mint

SAN FRANCISCO

| 8€

Naranja, piña, melocotón, azúcar, granadina
Orange, pineapple, peach, sugar, grenadine

TEQUILA SONRISE

| 8€

Tequila, naranja, granadina, hielo
Tequila, orange, grenadine, ice

MANHATTAN

| 8€

Whisky, vermut rojo, on the rock
Whisky, vermut rojo, en la torre

MAI TAI

| 8€

Triple seco, amaretto, zumo de lima, azúcar, hielo
Triple sec, amaretto, lime juice, sugar, ice



SIDE CAR

| 8€

Brandi, triple seco, zúmo de limón, agave

Brandi, triple dry, lemon juice, agave

MINT JULET

| 8€

Burbón, menta fresca, lima, azúcar, soda, angostura, hielo

Bourbon, fresh mint, lime, sugar, soda, angostura, ice

TROPICO BEACH

| 8€

Ron dorado, narai, limón, granadina, angostura

Golden rum, narai, lime, grenadine, angostura

BOSQUE ARAÑES

| 8€

Ron, frutos del bosque, lima, piña, naranja

Rum, berries, lime, lime, pineapple, orange

HUMU HUMU

| 8€

Ginebra, lima, piña, amaretto, bitter aeycha

Ginebra, lima, piña, amaretto, bitter aeycha

SANGRIA

| 8€

Cava con frutos rojos / Cava with red fruits

IRISH COFFEE

| 8€

Whisky irlandés, azúcar, nata / Irish whiskey, sugar, cream

BLUE LAGOON

| 8€

Vodka, blue curacao, zúmo de limón

Vodka, blue curacao, lemon juice

PIÑA COLADA

| 8€

Ron, pure coco, pure piña, lima, frozen

Rum, pure coconut, pure pineapple, lime, frozen

