

SPORT PROGRAMME



	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY		NIVELES LEVELS	
08:30								08:30		
08:45								08:45	TODOS ALL LEVELS	
09:00		CIRCUIT TRAINING		TRX	CIRCUIT TRAINING		SOCIAL RIDE	09:00	PRINCIPIANTE BEGGINERS	
09:15								09:15		
09:30								09:30		
09:45								09:45	MEDIO MEDIUM	
10:00								10:00		
10:15								10:15	AVANZADO ADVANCED	
10:30								10:30		
10:45								10:45		
11:00								11:00		
11:15								11:15		
11:30							11:30	PUNTO DE ENCUENTRO MEETING POINT		
11:45							11:45	PLAZA VERDE		
12:00							12:00	STRETCHING ROOM		
12:30							12:30	RECEPTION		
12:45							12:45			
13:00							13:00			
13:30							13:30			
14:00							14:00	CABARET		
14:15							14:15			
14:30							14:30			
14:45							14:45			
15:00							15:00			
15:15							15:15			
15:30							15:30			
15:45							15:45			
16:00							16:00			
16:15							16:15			
16:30	TRIACTIV KIDS TRAINING		TRIACTIV KIDS TRAINING		TRIACTIV KIDS TRAINING		16:30			
16:45								16:45		
17:00									17:00	
17:15									17:15	
17:30							17:30			
17:45							17:45			
18:00		YOGA		YOGA			18:00			
18:15							18:15			
18:30							18:30			
18:45							18:45			
19:00							19:00			
19:15							19:15			
19:30							19:30			
20:00		BRAZILIAN JIUJITSU		BRAZILIAN JIUJITSU	BRAZILIAN JIUJITSU		20:00			
21:00							21:00			
21:30							21:30			

