

Waiting Turn Your Eyes Upon Jesus (Instrumental)

Turn your eyes upon Jesus, Look full in His wonderful face, And the things of earth will grow strangely dim, In the light of His glory and grace.

I. Life in the Spirit

Praise *Romans 8:1-4 (NRSV)

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

*A Might Fortress is Our God (All Sing)

- 1. A mighty fortress is our God, a bulwark never failing; our helper He, amid the flood of mortal ills prevailing. For still our ancient foe does seek to work us woe; His craft and power are great, and armed with cruel hate, on earth is not his equal.
- 2. Did we in our own strength confide, our striving would be losing, were not the right Man on our side, the Man of God's own choosing. You ask who that may be? Christ Jesus, it is He; Lord Sabaoth His name, from age to age the same; and He must win the battle. (Cont.)

- 3. And tho' this world, with devils filled, should threaten to undo us, we will not fear, for God has willed His truth to triumph thro' us. The prince of darkness grim, we tremble not for him; his rage we can endure, for lo, his doom is sure; one little word shall fell him.
- 4. That Word above all earthly powers no thanks to them abideth; the Spirit and the gifts are ours thro' Him who with us sideth. Let goods and kindred go, this mortal life also; the body they may kill: God's truth abideth still; His kingdom is forever!

Confession Romans 8:5-8 (NRSV)

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

Silence and Prayer of Confession

Psalm 1: The Choice of Blessings (All Sing in Cantonese)

English translation:

I desire to be like a tree planted by streams of water, which yield its fruit in its season, and its leaves do not wither.

I desire to be watchful today following God's way with all my heart.

I do not want to be like the wicked who are like chaff that the wind drives away. (Cont.)

We will be blessed if we stay in the Word of God, and meditate it day and night.

If we stay in the Word of God, our hearts will be renewed and our eyes will turn to the vision of the Kingdom while keeping ourselves far from evil.

On the day of judgment, we can stand firm and have our praise from God.

Romans 8:15-17 (NRSV)

For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

II. The Future Glory

Lament Romans 8:18-19 (NRSV)

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God.

Psalm 13: The Joyful Song of Salvation

(Vocal solo and all join for the last chorus in Cantonese)

English translation:

How long, O Lord? Will You forget me forever? How long will You hide Your face from me? How long must I bear pain in my soul, and have sorrow in my heart all day long? How long shall my enemy be exalted over me?

O Lord, please do not ever leave me, Consider and answer me, O Lord my God! Give light to my eyes, or I will sleep the sleep of death, and my enemy will say, "I have prevailed"; my foes will rejoice because I am shaken. (Cont.) But I trusted in Your steadfast love; which is a love of covenant and will never change. My heart shall rejoice in Your salvation
For I belong to You and I will turn my eyes upon You.
But I trust in Your steadfast love;
Though my wearies and trials have not been changed,
I will sing to You, because You have dealt bountifully with me and I will rejoice in You my whole life.

Longing Romans 8:22-30 (NRSV)

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

Love Divine, All Loves Excelling (All Sing)

1. Love divine, all loves excelling,
Joy of heav'n to earth come down:
fix in us Thy humble dwelling,
all Thy faithful mercies crown:
Jesus, Thou art all compassion,
pure, unbounded love Thou art;
visit us with Thy salvation,
enter ev'ry trembling heart. (Cont.)

- Breathe, O breathe Thy loving Spirit into ev'ry troubled breast;
 let us all in Thee inherit,
 let us find the promised rest:
 take away the love of sinning;
 Alpha and Omega be;
 end of faith, as its beginning,
 set our hearts at liberty.
- 3. Come, Almighty to deliver, let us all Thy life receive; suddenly return, and never, nevermore Thy temples leave. Thee we would be always blessing, serve Thee as Thy hosts above, pray and praise Thee without ceasing, glory in Thy perfect love.
- 4. Finish, then, Thy new creation; pure and spotless let us be: let us see Thy great salvation perfectly restored in Thee; changed from glory into glory, 'til in heav'n we take our place, 'til we cast our crowns before Thee, lost in wonder, love, and praise.

Silence			

III. Nothing Can Separate Us from God's Love

Trust Romans 8:31-39 (NRSV)

What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, (Cont.)

who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written,

"For your sake we are being killed all day long; we are accounted as sheep to be slaughtered."

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

He Hideth My Soul (All Sing)

 A wonderful Savior is Jesus my Lord, a wonderful Savior to me; He hideth my soul in the cleft of the rock, where rivers of pleasure I see.

Refrain:

He hideth my soul in the cleft of the rock that shadows a dry, thirsty land; He hideth my life in the depths of His love, and covers me there with His hand, and covers me there with His hand.

- A wonderful Savior is Jesus my Lord,
 He taketh my burden away;
 He holdeth me up, and I shall not be moved,
 He giveth me strength as my day. [Refrain]
- With numberless blessings each moment He crowns, and filled with His fullness divine, I sing in my rapture, oh, glory to God for such a Redeemer as mine! [Refrain]
- 4. When clothed in His brightness, transported I rise to meet Him in clouds of the sky,
 His perfect salvation, His wonderful love
 I'll shout with the millions on high. [Refrain]

Intercession Pray for all Christians who are under religious persecution/ He Hideth My Soul (Instrumental)

*The Lord's Prayer

Our Father in heaven, hallowed be Your Name. Your kingdom come, Your will be done on earth as in heaven. Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are Yours, now and forever. Amen!

Blessing	*In the	Lord (A	II Sing)

In the Lord, I'll be ever thankful,
In the Lord, I will rejoice!
Look to God, do not be afraid, Lift up your voices, the Lord is near,
Lift up your voices, the Lord is near.

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你們親近神,神就必親近你們。

Draw near to God, and He will draw near to you.

雅各書 James 4:8

Information for hymns/songs used:

1. Turn Your Eyes Upon Jesus

Text and Tune by Helen H. Lemmel; Tune: LEMMEL; Public Domain; Cantonese translation by Yvette Lau

2. A Mighty Fortress is Our God

Text by Martin Luther; Tune: EIN'FESTE BURG by Hans Sachs, adapted by Johann Walther; Public Domain; Cantonese translation by Yvette Lau

3. Psalm 1: The Choice of Blessings《詩篇第一篇:有福的選擇》 Composed by Yvette Lau; ©Anabas Ministry, Used by Permission

4. Psalm 13: The Joyful Song of Salvation《詩篇十三篇: 救恩的樂歌》 Composed by Yvette Lau; @Anabas Ministry, Used by Permission

5. Love Divine, All Loves Excelling

Text by Charles Wesley; Tune: BEECHER by John Zundel; Public Domain; Cantonese translation by Yvette Lau

6. He Hideth My Soul

Text by Fanny Crosby; Tune: HE HIDETH MY SOUL by William J. Kirkpatrick; Public Domain; Cantonese translation by Yvette Lau

7. In the Lord

Text and Music by Taizé Community; Cantonese translation by Yvette Lau; ©Taizé Community, used by Permission.

Yvette Lau, vesper planner and leader, harpist; Billy Lam, pianist; Joshua Kan, cellist; Lorraine Yeung, clarinetist; Joanne Fung, vocal solo; Yvette Lau, Joanne Fung, Boey Cheng, Lorraine Yeung, Howard Kong, Edmond So, Joshua Kan and Billy Lam, singers; Yvette Lau, Boey Cheng and Howard Kong, scripture readers; Shirley Chan, floral artist; Pillian Cheung, bulletin designer; video produced by Basil Workshop.

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ABOUT ANABAS

'Anabas' comes from the 'Song of Ascents' in the Book of Psalms. The Israelites were to journey to Jerusalem to worship God for the main festivals and on their pilgrimage, they sang the Song of Ascents to praise God. We have chosen Anabas as our name because we have become a group of pilgrims on our faith journey to worship God after Christ has saved us from our sins. We are to witness Christ in this world as we journey on.

MISSION OF ANABAS

Anabas hopes to equip worshipers to experience the journey of worship renewal in their own cultural contexts.

Subscribe to <u>Anabas Ministry YouTube Channel</u> for our videos for Songs of Psalms/ Psalms with different artistic interpretations/ Meditation Music of Christian Hymns and Songs and more.

More resources on our website: www.anabasministry.org

Contact us at anabas@anabasministry.org

