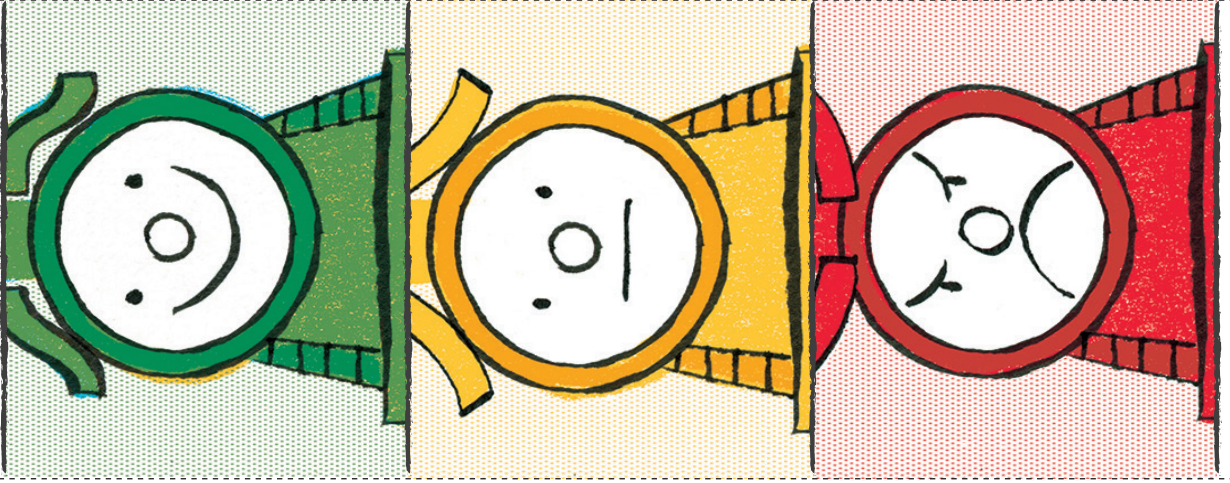
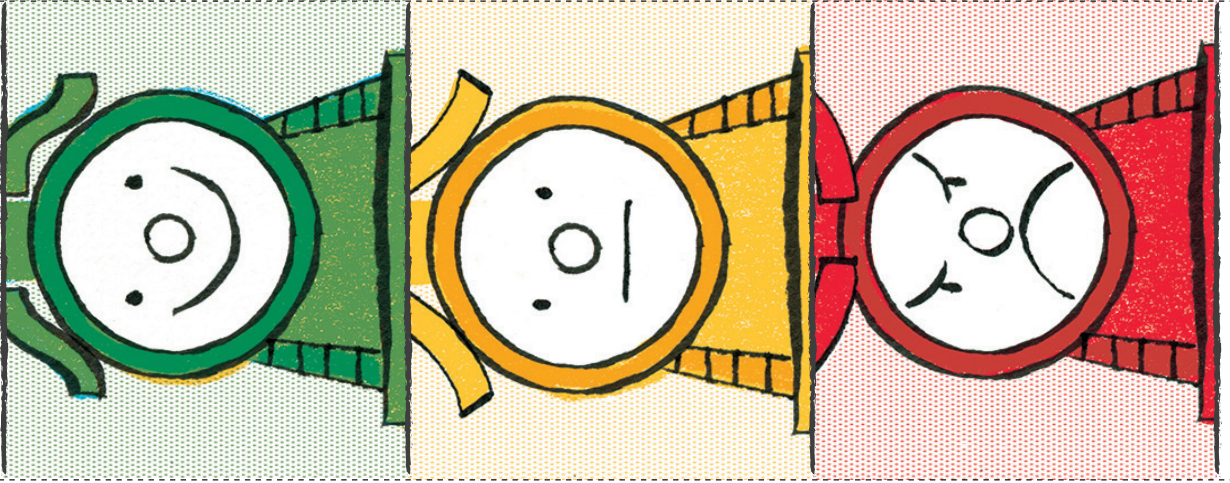


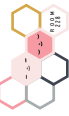
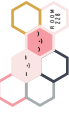
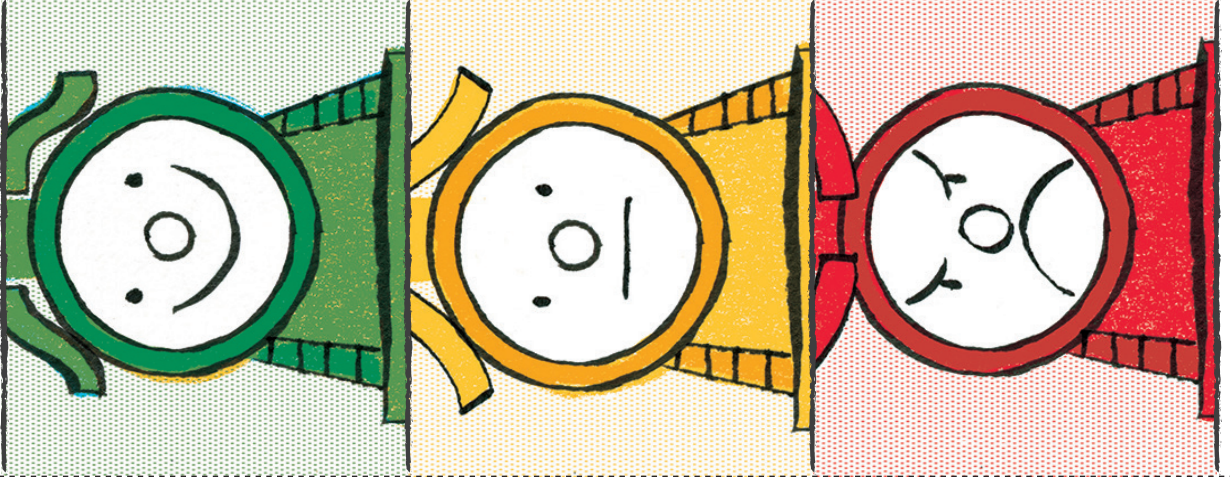
Feelings Bookmark



Feelings Bookmark



Feelings Bookmark







## Dear Parents and Caregivers,

Your child is developing an awareness of their own and other's feelings, developing empathy, and learning ways to compromise. *Can I Play Too?* touches on neurodiversity and aims to develop empathy for all.

### Use this bookmark to help your child understand different feelings:

You might say, "Let's look at the feelings on the bookmark. Do you feel (happy, sad, mad) like this train? How do you think your friend feels?"

Use it to talk with your child about how others may feel to develop a sense of perspective. You might say, "Do your friends eyes look like this one (mad), or this one (sad/confused)?"

Here are some more key phrases that can help to model empathy and how to compromise:

"Let's be a turn-taker; let our friend have a turn with their idea and then we will have our turn."

"Our friend may not feel like we do when this happens and that's ok."

"Sometimes, we all need some space and privacy when we are mad."

Check out [understood.org](http://understood.org) and [childmind.org](http://childmind.org) for more wonderful resources for neurodiverse families.

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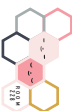
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