

# CLEMSON



## TRACK & FIELD

### MEET #4 (13) || TENNESSEE RELAYS || APRIL 9-10, 2021 || CLEMSON TRACK & FIELD

#### FRIDAY - APRIL 9 - TRACK EVENTS

Time	Event	Participants	Heat	Seed
2:45 p.m.	M 110mH	D. Burton III	2	4
3:00 p.m.	W 100mH	<b>*No Clemson competitors*</b>		
3:20 p.m.	M 100m	F. Hewitt	1	6
3:40 p.m.	W 100m	Z. Lawrence	1	2
4:00 p.m.	M 400mH	J. Williams	1	4
		R. Holmes	1	7
4:15 p.m.	W 400mH	<b>*No Clemson competitors*</b>		
4:30 p.m.	M 400m	C. Tillman	2	1
		K. Morrison	2	4
		E. Binnix	3	8
4:50 p.m.	W 400m	C. Williams	2	5
		L. Disher	3	3
		O. Cooney	3	8
5:10 p.m.	M 800m	C. Myers	2	5
		T. Howard	3	1
5:25 p.m.	W 800m	K. McIntosh	1	8
		G. Hanratty	4	2
		A. Watson	4	5
		A. Brewer	4	8
5:40 p.m.	M 200m	M. Parker	1	5
		F. Hewitt	1	7
		K. Morrison	2	3
		R. Holmes	2	8
		E. Binnix	3	4
5:55 p.m.	W 200m	Z. Lawrence	1	2
		C. Williams	2	6
6:10 p.m.	M 1,500m	C. Griffith	3	5
		J. Ward	4	1
6:35 p.m.	W 1,500m	S. Collins	2	10
		R. Coggin	3	3
		M. Finley	3	10
7:00 p.m.	W 4x100m	Clemson "A"	1	4
7:10 p.m.	M 4x100m	Clemson "A"	1	5
7:20 p.m.	M 3k Steeple	M. Smith	1	10
7:40 p.m.	W 3k Steeple	<b>*No Clemson competitors*</b>		
8:00 p.m.	W 4x400m	Clemson "A"	1	5
8:15 p.m.	M 4x400m	Clemson "A"	1	6
8:30 p.m.	M 5,000m	M. Young	1	15
		J. McManus	2	4
		C. McCabe	2	5
		S. Garringer	2	7
		C. Finley	2	9
		M. Fabiano	2	10
		C. Gallagher	2	16
9:00 p.m.	W 5,000m	J. Wirtz	1	5
		K. Gripekoven	1	11
		G. Wadas	1	12

#### FRIDAY - APRIL 9 - FIELD EVENTS

Time	Event	Participants	Flight	Seed
2:00 p.m.	W LJ	C. Johnston	2	11
3:00 p.m.	M PV	<b>*No Clemson competitors*</b>		
4:00 p.m.	M LJ	<b>*No Clemson competitors*</b>		
4:00 p.m.	W SP	D. Sloley	1	4
		V. Fraley	2	13
4:30 p.m.	M Javelin	L. Pauldine	1	1
		J. Drwal	1	3
		E. Cocco	1	14
5:00 p.m.	W HJ	J. Johnson	1	11
		S. De Coteau	1	17
6:00 p.m.	W TJ	<b>*No Clemson competitors*</b>		
6:00 p.m.	W PV	A. Svacha	1	16
		J. Brewer	1	17
6:00 p.m.	W Javelin	<b>*No Clemson competitors*</b>		
7:00 p.m.	M SP	Z. Campbell	2	5
7:00 p.m.	M HJ	<b>*No Clemson competitors*</b>		
7:30 p.m.	W Discus	D. Sloley	1	5
		V. Fraley	2	10
7:30 p.m.	M TJ	<b>*No Clemson competitors*</b>		
9:00 p.m.	M Discus	Z. Campbell	1	7
		R. Stona	1	11

### 2020-21 OUTDOOR SCHEDULE

Meet	Date	Host	Location	SB's	PB's	Top 10	SR's
Tiger Track Classic	March 19-20, 2021	Auburn	Auburn, Ala.	---	9	3	0
FSU Relays	March 25-26, 2021	Florida State	Tallahassee, Fla.	39	12	5	0
Raleigh Relays	March 25-26, 2021	NC State	Raleigh, N.C.	16	14	0	0
Pepsi Florida Relays	April 2-3, 2021	Florida	Gainesville, Fla.	31	17	3	0
Tennessee Relays	April 9-10, 2021	Tennessee	Knoxville, Tenn.	---	---	---	---
Miramar Invitational	April 10, 2021	---	Miramar, Fla.	---	---	---	---
USC Open	April 16-17, 2021	South Carolina	Columbia, S.C.	---	---	---	---
Oliver Jackson Twilight Invit.	April 21, 2021	ACU	Abilene, Texas	---	---	---	---
Knights Invite	April 23-24, 2021	UCF	Orlando, Fla.	---	---	---	---
Torrin Lawrence Memorial	April 30 - May 1, 2021	Georgia	Athens, Ga.	---	---	---	---
ACC Outdoor Championships	May 13-15, 2021	NC State	Raleigh, N.C.	---	---	---	---
NCAA East Prelims	May 27-29, 2021	North Florida	Jacksonville, Fla.	---	---	---	---
NCAA Outdoor Championships	June 9-12, 2021	Oregon	Eugene, Ore.	---	---	---	---

SB's - Season Bests. // Ind. PB's - Indoor Personal Bests. // Ovr. PB's - Overall Personal Bests. // Top 10 - Top 10 marks at Clemson. // SR's - School Records.

# MEN'S ROSTER

## 2020-21 MEN'S ROSTER

NAME	Year (I/O)	EVENT GROUP	HEIGHT	HOMETOWN	HIGH SCHOOL // PREVIOUS SCHOOL
Ethan Binnix	Sr./Jr. (T)	Middle Distance	6-0	Annapolis, Md.	Broadneck HS // Salisbury
Devon Brooks	Sr./So. (T)	Hurdles/Jumps	6-3	McDonough, Ga.	Henry County HS // Limestone College
Darryl Burton III	Fr./Fr.	Long Sprints	5-9	Atlanta, Ga.	Miller Grove HS
Lafranz Campbell	*Jr./Jr. (T)	Hurdles	6-3	St. Catherine, Jamaica	Calabar HS // Wiley College
Zico Campbell	*So./So.	Throws	6-4	Old Harbour, Jamaica	Kingston College
Andrew Castano	*So./So. (T)	Distance	5-6	Greer, S.C.	Riverside HS // USC Upstate
Colby Caviness	*So./Fr.	Distance	5-10	Lexington, S.C.	River Bluff HS
Ethan Cocco	Fr./Fr.	Throws	6-4	Mt. Pleasant, S.C.	Wando HS
Terryon Conwell	Sr./Jr. (T)	Short Sprints	6-1	Decatur, Ga.	South West Dekalb // Mississippi State
John-Erik Drwal	Fr./Fr.	Throws	6-3	Pittstown, N.J.	North Hunterdon HS
Michael Fabiano	So./Fr. (T)	Distance	6-4	Auburn, Ga.	Hebron Christian HS // West Georgia
Cal Finley	Fr./Fr.	Distance	5-11	Liberty, S.C.	Liberty HS
Colin Gallagher	--/Sr. (T)	Distance	6-0	Haddonfield, N.J.	Haddonfield Memorial HS // St. Joseph's
Samuel Garringer	Fr./Fr.	Distance	6-1	Hartwell, Ga.	Hart County HS
Colt Griffith	*Jr./Jr.	Distance	5-8	Pelzer, S.C.	Woodmont HS
Fabian Hewitt	*Sr./Jr. (T)	Short Sprints	5-11	St. Catherine, Jamaica	Calabar HS // Wiley College
Rayan Holmes	*Sr./Jr. (T)	Long Sprints & Hurdles	5-11	Kellits Clarendon, Jamaica	Edwin Allen HS // South Plains CC
Taylor Howard	So./Fr. (T)	Middle Distance	5-7	San Diego, Calif.	Point Loma HS // Western Oregon
Travis Hugg	Sr./Jr. (T)	Jumps	5-10	Ashburn, Va.	Broad Run HS // Barton County CC
Jake Jakub	So./Fr.	Distance	5-8	Fair Haven, N.J.	Christian Brothers Academy
Devin Johnson	Fr./Fr.	Distance	6-0	Richmond, Va.	Glen Allen HS
Cade Jones	Fr./Fr.	Throws	5-11	Huntington Beach, Calif.	Edison HS
Kameron Jones	--/Sr. (T)	Middle Distance	5-10	San Diego, Calif.	The Bishop's School // Maryland
Jackson Leech	So./Fr.	Distance	6-1	Lantana, Texas	W.T. Woodson (Va.)
Conor McCabe	*Fr./Fr.	Distance	5-4	Higginum, Conn.	Haddam-Killingsworth HS
Ryan McCloskey	So./Fr.	Short Sprints	5-10	Flemington, N.J.	Hunterdon Central Regional HS
Jack McManus	Fr./Fr.	Distance	5-7	Doylestown, Pa.	Central Bucks East
Keco Morrison	*So./Fr.	Long Sprints	6-2	St. Thomas, Jamaica	Jamaica College
Cole Myers	Fr./Fr.	Distance	6-2	Mechanicsville, Va.	Hanover HS
Collin Neel	*Fr./Fr.	Throws	5-10	Greer, S.C.	Riverside HS
Marcus Parker	--/Sr. (T)	Short Sprints	5-9	Phoenix, Ariz.	Centennial HS // Eastern New Mexico
John Pauldine	*Fr./Fr.	Throws	5-8	Charleston, S.C.	Wondo HS
Giano Roberts	Jr./So. (T)	Hurdles	6-0	Maplewood, N.J.	North Bergen HS // Monroe College
Alex Sands	--/Sr.	Sprints	5-7	Atlanta, Ga.	Newton County HS
Anthony SantiAnna	Fr./Fr.	Throws	6-0	Florence, S.C.	Wilson HS
Michael Smith	*So./So.	Distance	6-0	Atlanta, Ga.	Northview HS
Roje Stona	*So./So.	Throws	6-6	Montego Bay, Jamaica	St. Jago HS
Carson Tillman	Fr./Fr.	Middle Distance	6-2	Charleston, S.C.	James Island Charter HS
John Ward	*Jr./Jr.	Distance	6-4	Greenville, S.C.	Wade Hampton HS
Jevon Williams	Fr./Fr.	Hurdles	5-10	Pompano Beach, Fla.	Blanche Ely HS
Marlin Young	*So./So. (T)	Distance	5-10	Greer, S.C.	Riverside HS // USC Upstate

-- = Out of Eligibility for that season // \* = Redshirt // (T) = Transfer

### HOW DO YOU PRONOUNCE THAT?

Athlete	First Name	Last Name
<b>Devon Brooks</b>	DUH-von	
<b>Zico Campbell</b>	Z-co	
Colby <b>Caviness</b>		Cav-in-s
Ethan <b>Cocco</b>		cOc-co
<b>Terryon Conwell</b>	*Pronounced like "carry-on"*	
John-Erik <b>Drwal</b>		Druh-Vall
<b>Rayan Holmes</b>	RAY-ahn	
<b>Taylor Howard</b>	*Pronounced like Taylor*	
<b>Keco Morrison</b>	Key-CO	
<b>Giano Roberts</b>	Gee-AH-no	
<b>Roje Stona</b>	RO-shae	
<b>Jevon Williams</b>	Juh-VON	

### BY STATE

State/Country	# of Athletes
Alabama	1
Arizona	1
California	3
Connecticut	1
Georgia	6
Florida	1
Maryland	1
New Jersey	5
Pennsylvania	1
South Carolina	11
Texas	1
Virginia	3

### BY COUNTRY

Country	# of Athletes
Jamaica	6
United States	36

### BY EVENT GROUP

Event Group	# of Athletes
Short Sprints	5
Long Sprints	3
Middle Distance	4
Distance	16
Hurdles	5
Jumps	2
Throws	8

# WOMEN'S ROSTER

## 2020-21 WOMEN'S ROSTER

NAME	YEAR (I/O)	EVENT GROUP	HEIGHT	HOMETOWN	HIGH SCHOOL // PREVIOUS SCHOOL
Laurie Barton	*Sr./Jr. (T)	Middle Distance	5-6	Clemson, S.C.	Daniel HS // Virginia Tech
Anna Brewer	Jr./So.	Middle Distance & Hurdles	5-5	Fort Mill, S.C.	Fort Mill HS
Jessica Brewer	*So./So.	Jumps	5-6	Fort Mill, S.C.	Fort Mill HS
Areya Campbell	Fr./Fr.	Sprints & Hurdles		Seneca, S.C.	Seneca HS
Kori Carter	So./Fr.	Hurdles	5-4	Suffolk, Va.	Nansemond River HS
Serena Clark	Fr./Fr.	Short Sprints	5-4	Cincinnati, Ohio	Lakota East HS
Riley Coggin	*So./*Fr.	Distance	5-5	Brentwood, Tenn.	Brentwood HS
Sydney Collins	*Sr./*Jr. (T)	Distance	5-3	Kitchener, Ontario	St. Mary's // Kansas State
Olivia Cooney	*So./So.	Middle Distance	5-5	Statesville, N.C.	South Iredell HS
Sofia De Coteau	Fr./Fr.	Jumps	5-9	Bothell, Wash.	North Creek HS
Leah Disher	So./Fr.	Middle Distance	5-3	Lilburn, Ga.	Parkview HS
Courtashia Felton	Jr./So.	Long Sprints & Hurdles	5-9	Hempstead, N.Y.	Hempstead HS
Meredith Finley	Fr./Fr.	Distance	5-10	Randolph, N.J.	Randolph HS
Andrea Foster	*Sr./Sr. (T)	Middle Distance	5-6	Georgetown, Guyana	Essex CC
Nicolee Foster	Sr./Fr. (T)	Hurdles	5-2	Savanna la Mar, Westmoreland, Jamaica	Holmwood Technical HS // Central Arizona
Veronica Fraley	Jr./So.	Throws	5-6	Raleigh, N.C.	Wakefield HS
Ken'Naria Gadson	Fr./Fr.	Long Sprints	5-10	Ft. Myers, Fla.	Dunbar HS
Kelsey Gripekoven	Fr./Fr.	Distance	5-6	Bend, Ore.	Summit HS
Grace Hanratty	Fr./Fr.	Distance	5-5	Old Saybrook, Conn.	Old Saybrook HS
Brianna Hartley	So./Fr.	Distance	5-9	Irmo, S.C.	Dutch Fork HS
Lauren Hayes	*Fr./Fr.	Distance	5-8	Glenview, Ill.	Glenbrook HS
Trishauna Hemmings	Sr./Jr. (T)	Sprints/Hurdles	5-9	Kingston, Jamaica	Hydel HS // Hinds CC
Annie Hill	*Jr./*So.	Distance	5-3	Baton Rouge, La.	St. Joseph's Academy
Jessica Johnson	Fr./Fr.	Jumps	5-6	Summerville, S.C.	Ashley Ridge HS
Caroline Johnston	So./Fr.	Jumps	5-7	Jacksonville, Fla.	Episcopal School of Jacksonville
Emma Kincaid	*Fr./Fr.	Distance	5-5	Greensboro, N.C.	Grimley HS
Riley Lair	Fr./Fr.	Throws	5-10	Mt. Pleasant, S.C.	Wando HS
Zeniyah Lawrence	Jr./So.	Short Sprints	5-7	Charleston, S.C.	Wando HS
Aliyah Mallard	Jr./So.	Sprints	5-8	Spring, Texas	Spring HS
Sidney Marshall	--/Sr. (T)	Hurdles	5-5	Manchester, Jamaica	Manchester HS // Johnson C. Smith
Kamryn McIntosh	Sr./Jr.	Middle Distance	5-8	Hillburn, N.Y.	Suffern HS
Antoinette van der Merwe	Fr./Fr.	Sprints & Hurdles		Centurion, South Africa	University of Pretoria
Sophia Muccini	Fr./Fr.	Distance	5-4	Douglastown Queens, N.Y.	Benjamin Cardozo
Danielle Sloley	Fr./Fr.	Throws		Kingston, Jamaica	Immaculate Conception
Rebekah Smith	--/Sr.	Short Sprints	5-4	Irmo, S.C.	Dutch Fork HS
Alex Svacha	So./Fr.	Jumps	5-5	Simpsonville, S.C.	Shannon Forest Christian School
Grace Wadas	Fr./Fr.	Distance	5-2	Greenville, S.C.	Wade Hampton HS
Lakeisha Warner	--/Sr.	Sprints & Hurdles	5-3	Tortola, BVI	Cary HS
Amanda Watson	So./Fr.	Middle Distance	5-4	Matthews, N.C.	Providence High School
Harleigh White	Sr./Jr.	Jumps	5-7	Huntingtown, Md.	Huntingtown HS
Courtney Williams	Fr./Fr.	Short Sprints	5-7	St. Louis, Mo.	Nerinx Hall HS
Josie Wirtz	Jr./So.	Distance	5-5	Atlanta, Ga.	Marist School

-- = Out of Eligibility for that season // \* = Redshirt // (T) = Transfer

### HOW DO YOU PRONOUNCE THAT?

Athlete	First Name	Last Name
Kori Carter	<i>*Pronounced like Cory*</i>	
Sofia De Coteau		De Co-toe
Nicolee Foster	Nic-o-LEE	
Trishauna Hemmings	TRUH-shaw-nuhh	
Aliyah Mallard	Uh-LIE-ah	
Danielle Sloley		Slo-lee
Lakeisha Warner	la-KEY-sha	

### BY STATE

State	# of Athletes
Connecticut	1
Georgia	2
Florida	2
Illinois	1
Louisiana	1
Maryland	1
Missouri	1
New Jersey	1
New York	3
North Carolina	4
Ohio	1
Oregon	1
South Carolina	11
Tennessee	1
Texas	1
Virginia	1
Washington	1

### BY COUNTRY

Country	# of Athletes
Canada	1
BVI	1
Guyana	1
Jamaica	4
South Africa	1
United States	34

### BY EVENT GROUP

Event Group	# of Athletes
Short Sprints	5
Long Sprints	5
Middle Distance	7
Distance	12
Hurdles	7
Jumps	6
Throws	3

# TEAM NOTES

## QUICK FACTS

Clemson University	
<b>Nickname</b>	Tigers
<b>Location</b>	Clemson, S.C.
<b>Colors</b>	Clemson Orange & Regalia
<b>Founded</b>	1889
<b>Enrollment</b>	25,822
<b>President</b>	Dr. James P. Clements (Maryland-Baltimore County '85)
<b>Director of Athletics</b>	Dan Radakovich (Indiana (Pa.) '80)
<b>Facility</b>	Clemson Indoor Track & Field Complex
Athletic Communications	
<b>T&amp;F and XC -- Main Contact</b>	<b>Matthew Kamph</b> (Memphis '19)
<b>Email</b>	mkamph@g.clemson.edu
<b>Cell Phone</b>	(609) 477-9689
<b>T&amp;F and XC -- Secondary</b>	<b>Patrick Boling</b> (James Madison '14)
<b>Email</b>	pboling@clemson.edu
<b>Assoc. AD - Communications</b>	<b>Jeff Kallin</b> (Clemson '07)
<b>Email</b>	kallin@clemson.edu
Clemson Athletics	
<b>Website</b>	ClemsonTigers.com
<b>Ticket Office Phone</b>	1-800-CLEMSON
<b>Social Media</b>	@ClemsonMSoccer #ClemsonUnited @ClemsonTigers

## CLEMSON'S COACHES

Name	Title	Events
Mark Elliott	Dir. of T&F and XC	Mid. Distance
Marvin Gibson	Asst. Coach	Short Sprints
Shawn Cobey	Asst. Coach	Throws
Chris Bostwick	Asst. Coach	Jumps
Lennox Graham	Asst. Coach	Long Sprints & Hurdles
Vicky Pounds	Asst. Coach	Distance

## TOP-10 MARKS FROM 2021 INDOORS

Name	Event	Mark	Rank	Date
Terryon Conwell	300m	32.97	#1	1/9
Trishauna Hemmings	60mH	8.18	#6	1/15
Laurie Barton	1k	2:42.51	#1	1/22
Sofia De Coteau	HJ	1.70m	#T-10	1/23
Zico Campbell	SP	17.66	#5	1/23
Trishauna Hemmings	60mH	8.12	#3	1/29
Zico Campbell	SP	17.93m	#5	1/30
Terryon Conwell	200m	20.75	#7	1/30
Roje Stona	SP	17.94m	#4	2/12
Laurie Barton	800m	2:03.91	#4	2/13
Trishauna Hemmings	200m	23.28	#5	2/13
John Ward	Mile	4:05.76	#10	2/26
Jevon Williams	400m	47.26	#10	2/26
Giano Roberts	60mH	7.78	#10	2/26
Fabian Hewitt	60m	6.65	T-8th	2/27
Trishauna Hemmings	60mH	8.09	#3	2/27
Laurie Barton	800m	2:01.99	#2	2/27
Andrea Foster	800m	2:03.54	#3	2/27
Trishauna Hemmings	200m	23.12	#3	2/27
Roje Stona	SP	18.21m	#4	2/27
Harleigh White	TJ	13.03m	#8	2/27
Laurie Barton	800m	2:01.21	#1	3/13

## 2021 INDOOR SEASON AWARDS

Name	Award	Date
Terryon Conwell	USTFCCCA Div. I M Nat A.O.T.W.	1/12
Terryon Conwell	ACC MTrk POTW	1/13
Trishauna Hemmings	ACC WTrk POTW	1/13
Trishauna Hemmings	ACC WTrk POTW (co)	1/20
Laurie Barton	ACC WTrk POTW (co)	1/27
Trishauna Hemmings	ACC Champ. W Trk MVP	2/29

## TOP-10 MARKS FROM 2021 OUTDOORS

Name	Event	Mark	Rank	Date
Zico Campbell	SP	17.25m	#9	3/20
Danielle Sloley	SP	15.84m	#4	3/20
Veronica Fraley	SP	14.19m	#10	3/20
Zico Campbell	SP	17.51m	T-#8	3/25
Veronica Fraley	SP	16.24m	#3	3/25
Danielle Sloley	SP	14.28m	#10	3/25
Kameron Jones	M 800m	1:47.49	#4	3/26
Laurie Barton	W 1,500m	4:18.56	#4	3/26
Nicolee Foster	W 400mH	57.73	#9	4/02
Harleigh White	W TJ	13.07m	#8	4/03
Danielle Sloley	W SP	14.71m	#8	4/03

## EVENT WINNERS - 2021 OUTDOORS

Name	Event	Meet	Date
Harleigh White	W-TJ	Tiger Track Classic	3/20
Kameron Jones	M-400m	Tiger Track Classic	3/20
Marcus Parker	M-200m	FSU Relays	3/25
Roje Stona	M-Disc	FSU Relays	3/26
Roje Stona	M-Disc	Florida Relays	4/03

# EVENT-BY-EVENT PERFORMANCES

## MEN'S 100 METERS

Athlete	Season's Best	Wind-Legal Best	Personal Best
Marcus Parker	10.19 [+3.6]	10.22 (T) [1.2]	10.22 (T) [1.2]
Fabian Hewitt	10.69 [-0.4]		10.35 (T) [1.8]
Giano Roberts	10.71 [-1.1]		10.71 [-1.1]
Lafranz Campbell	10.76 [1.7]	10.74 [1.6]	10.74 [1.6]
Terryon Conwell			10.33 [0.5]
Alex Sands			10.53 [1.2]

T = Mark achieved at prior institution || [#] = Wind recorded at time of race

### M - OUTDOOR 100 METERS II TOP-10

1. Travis Padgett	9.89	2008
2. Jacoby Ford	10.01	2009
3. Michael Green	10.02	1992
4. James Trapp	10.04	1991
5. Tevin Hester	10.05	2015
6. Justin Murdock	10.13	2011
7. Shawn Crawford	10.15	1998
Reggie Lewis	10.15	2014
9. Dwight Thomas	10.17	2002
10. Warren Fraser	10.18	2012

#### All-Conditions Bests

1. Tevin Hester	9.87 (w)	2015
2. Travis Padgett	9.89#	2008
3. Jacoby Ford	10.01	2009
4. Michael Green	10.01 (w)	1993
5. James Trapp	10.03 (w)	1992

## MEN'S 200 METERS

Athlete	Season's Best	Wind-Legal Best	Personal Best
Terryon Conwell	20.54 [1.1]	20.54 [1.1]	20.54 [1.1]
Marcus Parker	20.70 [0.9]	20.33 [1.5]	20.33 [1.5]
Fabian Hewitt	21.18 [0.9]	21.18 [0.9]	20.72 (T)
Alex Sands	21.48 [1.9]	21.48 [1.9]	20.89 [1.4]
Giano Roberts	21.58 [2.6]	21.58 [2.6]	21.46 (T)
Darryl Burton III	22.26 [+4.1]	22.56 [-0.1]	22.26 [+4.1]
Ethan Binnix	22.60 [1.3]	22.60 [1.3]	22.60 [1.3]
Keco Morrison	22.60 [+2.6]	21.55	21.55
Ryan McCloskey			21.52
Rayan Holmes			21.34 [+4.8W] (T)
Travis Hugg			21.80 (T)
Devon Brooks			22.09 (T)
Lafranz Campbell			22.74 [-2.2W] (T)
Kameron Jones			21.41 [1.2] (T)

T = Mark achieved at prior institution || [#] = Wind recorded at time of race

### M - OUTDOOR 200 METERS II TOP-10

1. Shawn Crawford	20.09	2000
2. Tevin Hester	20.13	2016
3. James Trapp	20.17	1992
4. Tony Wheeler	20.23	1996
5. Travis Padgett	20.32	2008
6. Marcus Parker	20.33	2019
7. Desai Williams	20.35	1980
8. Greg Moses	20.41	1985
9. Dwight Thomas	20.45	2001
10. Marcus Black	20.50	1986

#### All-Conditions Bests

1. Tony Wheeler	20.07 (w)	1996
2. Shawn Crawford	20.09	2000
3. Tevin Hester	20.13	2016
4. James Trapp	20.17	1992
5. Travis Padgett	20.32	2008

## MEN'S 400 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Terryon Conwell	46.38	DNR	46.38
Kameron Jones	46.90	DNR	46.17 (T)
Keco Morrison	48.92	48.47	47.41 (HS)
Ethan Binnix	49.30	49.21	48.37 (T)
Carson Tillman	49.96	50.18	49.96
Jevon Williams	DNF	47.26	47.25
Rayan Holmes		47.70	47.70
Ryan McCloskey		49.40	49.40
Travis Hugg		DNR	48.18 (T)
Fabian Hewitt		DNR	49.06 (T)
Taylor Howard		DNR	52.49 (HS)
Devon Brooks		DNR	54.34 (T)

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career

### M - OUTDOOR 400 METERS II TOP-10

1. Ato Modibo	44.87	2001
2. Wesley Russell	45.22	1993
3. Tony Wheeler	45.37	1997
4. Otto Spain	45.57	2003
5. Jeffrey Green	45.65	2017
6. Shawn Thomas	45.86	1997
Brunson Miller	45.86	2013
8. Clarence Richards	45.94	1994
9. Cordell Lamb	46.05	2018
10. Kenny Franklin	46.09	1999

## MEN'S 800 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Kameron Jones	1:47.49	DNR	1:46.23
Carson Tillman	1:54.35	1:50.50	1:50.50
Taylor Howard	2:07.11	2:02.42	1:57.01 (HS)
Jake Jakub	2:08.68	2:01.99	2:01.99
Cole Myers		1:51.44	1:51.44
John Ward		1:51.60	1:51.60
Colby Caviness		1:56.83	1:56.83
Colt Griffith		1:56.96	1:55.87
Devin Johnson		1:57.39	1:57.39
Jack McManus		2:00.05	2:00.05
Colin Gallagher		DNR	2:00.50 (T)
Ethan Binnix		DNR	2:01.42 (T)
Jake Jakub		DNR	2:01.43 (HS)
Marlin Young		DNR	2:02.64 (T)
Michael Fabiano		DNR	2:04.42 (HS)

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career

### M - OUTDOOR 800 METERS II TOP-10

1. Terrance Herrington	1:46.38	1988
2. Davidson Gill	1:47.03	1999
3. Andrew Beecher	1:47.37	1992
4. Kameron Jones	1:47.49	2021
5. John Lewis	1:47.62	2017
6. Mpho Makofane	1:47.83	2017
7. Terrell Jackson	1:48.01	2017
8. Chris Slate	1:48.30	2012
9. Kendrick Roach	1:48.39	1994
10. Aaron Ramirez	1:49.04	2012

# EVENT-BY-EVENT PERFORMANCES

## MEN'S 1,500 METERS

Athlete	Season's Best	Personal Best
Cole Myers	3:58.18	3:58.18
Michael Smith	3:58.44	3:58.44
Jack McManus	4:05.73	4:05.73
Colt Griffith		3:57.85
John Ward		3:58.23
Marlin Young		4:04.02 (T)
Colin Gallagher		4:11.01 (T)
Andrew Castano		4:11.39 (T)

T = Mark achieved at prior institution

### M - OUTDOOR 1,500 METERS II TOP-10

1. Terrance Herrington.....	3:38.57.....	1987
2. Philip Greyling.....	3:41.25.....	1990
3. Wybo Lelieveld.....	3:41.68.....	1983
4. Mike Kauffman.....	3:43.15.....	1994
5. Dov Kremer.....	3:43.96.....	1988
6. Mogens Guldborg.....	3:44.00.....	1985
7. Itay Magidi.....	3:44.17.....	2005
8. Martin Flynn.....	3:44.30.....	1986
9. Dave Wittman.....	3:44.44.....	1991
10. Aaron Ramirez.....	3:44.97.....	2012

## MEN'S 5,000 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Michael Smith	14:55.68	DNR	14:55.68
John Ward	14:57.43	DNR	14:57.43
Jack McManus	15:11.93	DNR	15:11.93
Marlin Young	15:22.51	14:50.97	14:50.97
Colt Griffith	15:42.93	DNR	15:03.05
Samuel Garringer		15:29.40	15:29.40
Michael Fabiano		15:38.33	15:38.33
Jackson Leech		DNR	15:02.52
Colin Gallagher		DNR	15:18.49 (T)
Andrew Castano		DNR	15:42.96 (T)
Michael Fabiano		DNR	16:08.03 (T)

T = Mark achieved at prior institution || # = Mark achieved during XC season

### M - OUTDOOR 5,000 METERS II TOP-10

1. Martin Flynn.....	13:42.00.....	1986
2. Cormac Finnerty.....	13:48.45.....	1991
3. Terry Goodenough.....	13:49.94.....	1980
4. Jim Haughey.....	13:51.10.....	1982
5. Ty McCormack.....	13:52.59.....	2013
6. James Dwyer.....	13:54.57.....	2016
7. Larry Clark.....	13:55.68.....	1990
8. Dov Kremer.....	13:56.40.....	1988
9. Matt Clark.....	13:57.27.....	2007
10. Hans Koeleman.....	14:04.50.....	1982

## MEN'S 10,000 METERS

Athlete	Season's Best	Personal Best
Colin Gallagher	32:30.20	32:30.20
Conor McCabe	32:32.98	32:32.98
Samuel Garringer	32:41.84	32:41.84
Cal Finley	32:45.43	32:45.43
Michael Fabiano	DNF	

### M - OUTDOOR 10,000 METERS II TOP-10

1. Matt Clark.....	28:49.77.....	2008
2. Yehezkel Halifa.....	28:56.80.....	1988
3. Terry Goodenough.....	29:08.13.....	1981
4. Julius Ogaro.....	29:14.50.....	1981
5. Jim Haughey.....	29:16.43.....	1981
6. Itay Magidi.....	29:29.34.....	2006
7. John Doherty.....	29:33.88.....	1991
8. Stijn Jaspers.....	29:43.54.....	1984
9. Iain Campbell.....	29:51.67.....	1984
10. Larry Clark.....	29:54.48.....	1990

## MEN'S 110-METER HURDLES

Athlete	Season's Best	Wind-Legal Best	Personal Best
Lafranz Campbell	13.77 [1.2]	13.62 [0.2]	13.62 [0.2]
Devon Brooks	13.86 [1.2]	13.86 [1.2]	13.86 [1.2]
Giano Roberts	14.06 [0.6]	14.06 [0.6]	14.06 [0.6]
Darryl Burton III	14.95 [+2.7]		14.21 (HS)
Jevon Williams			13.87 (HS)

T = Mark achieved at prior institution || [#] = Wind recorded at time of race || HS = Marked achieved during prep/club career

### M - OUTDOOR 100MH II TOP-10

1. Duane Ross.....	13.32.....	1995
2. Spencer Adams.....	13.39.....	2012
3. Jeremichael Williams.....	13.48.....	1997
4. Justin Johnson.....	13.52.....	2015
5. Todd Matthews.....	13.53.....	2002
6. Lafranz Campbell.....	13.62.....	2019
7. Anthony Knight.....	13.64.....	1993
8. Greg Hines.....	13.65.....	1998
9. Sultan Tucker.....	13.69.....	2001
10. Larry Ryans.....	13.71.....	1992

#### All-Conditions Bests

1. Spencer Adams.....	13.24 (w).....	2013
2. Duane Ross.....	13.32.....	1995
3. Jeremichael Williams.....	13.48.....	1997
4. Justin Johnson.....	13.52.....	2015
5. Todd Matthews.....	13.53.....	2002

## MEN'S 400-METER HURDLES

Athlete	Season's Best	Personal Best
Rayan Holmes	52.07	52.07
Jevon Williams	56.53	52.68 (HS)
Kameron Jones		54.07 (T)
Darryl Burton III		55.17 (HS)
Lafranz Campbell		57.48 (T)

HS = Marked achieved during prep/club career || T = Mark achieved at prior institution

### M - OUTDOOR 400MH II TOP-10

1. Mitchel Francis.....	49.85.....	1995
Greg Hines.....	49.85.....	1998
3. Aaron Haynes.....	50.06.....	1997
4. Marcus Phillips.....	50.21.....	1997
5. Scott Kautz.....	50.24.....	2005
6. Deron Gordon.....	50.28.....	2018
7. Fred Sharpe.....	50.43.....	2000
8. Dion Wafford.....	50.84.....	1990
9. Spencer Adams.....	50.96.....	2012
10. Andrew Porter.....	51.36.....	2007

# EVENT-BY-EVENT PERFORMANCES

## **MEN'S 3K STEEPLECHASE**

Athlete	Season's Best	Personal Best
Michael Smith	9:33.82	9:27.80
Devin Johnson	DNF	DNF

### **M - 3K STEEPLECHASE II TOP-10**

1. Julius Ogaro	8:32.75	1981
2. Itay Magidi	8:34.12	2005
3. Hans Koeleman	8:35.90	1983
4. David Wittman	8:42.79	1991
5. Rim Cox	8:49.00	1990
6. Ty McCormack	8:50.35	2012
7. James Quattlebaum	8:53.02	2016
8. Noyes Livingston	8:53.20	1988
9. Matt Hughes	8:59.83	2008
10. Ryan Fenton	9:02.01	2004

## **MEN'S 4X100M RELAY**

Athlete	Season's Best
F. Hewitt, M. Parker,	39.78
A. Sands, T. Conwell.	
F. Hewitt, M. Parker,	DQ
A. Sands, T. Conwell.	

### **M - 4X100M RELAY II TOP-3**

1. Murdock, Spiller	38.77	2009
Guy, Ford		
2. Currie, Spain	38.82	2002
Harper, Thomas		
3. Williams, Wheeler	38.92	1997
Chambers, Allen		

## **MEN'S 4X400M RELAY**

Athlete	Season's Best
F. Hewitt, K. Jones,	3:07.51
T. Conwell, M. Parker	
K. Jones, M. Parker,	3:10.00
R. Holmes, T. Conwell	
R. Holmes, K. Jones,	3:13.23
K. Morrison, C. Tillman.	
K. Morrison, J. Williams,	3:22.01
G. Roberts, E. Binnix.	

### **M - OUTDOOR 4X400M RELAY II TOP-5**

1. Allen, Franklin	3:03.67	1999
Gill, Modibo		
2. Gill, Thomas	3:03.74	1996
Haynes, Wheeler		
3. Lamb, Cheeks	3:03.84	2017
Jackson, Green		
4. Lamb, Cheeks,	3:03.86	2016
Bellafonte, Green		
5. Phillips, Haynes	3:04.69	1997
Thomas, Wheeler		

# EVENT-BY-EVENT PERFORMANCES

## MEN'S SHOT PUT

Athlete	Season's Best	2021 Indoor Best	Personal Best
Zico Campbell	17.51m (57-5.5)	17.93m (58-10)	17.93m (58-10)
Roje Stona		18.21m (59-9)	18.21m (59-9)
Cade Jones		10.33m (33-10.75)	13.43m (44-1) (HS)
Collin Neel		DNT	12.12m (39-9.5) (HS)
John Erik-Drwal		DNT	12.03m (39-5.75) (HS)
Ethan Cocco		DNT	10.16m (33-4) (HS)

HS = Marked achieved during prep/club career

### M - OUTDOOR SHOT PUT II TOP-10

1. Mike Spiritoso.....	68-4.25 (20.83m).....	1986
2. Scott Erbach.....	60-8.75 (18.51m).....	1991
3. Grant Voeks.....	(59-8.5) 18.20m.....	2019
4. Marcus Brown.....	59-5.5 (18.12m).....	2014
5. Alex Padgett.....	59-0.75 (18.00m).....	2011
6. Derek Gilson.....	58-3.75 (17.77m).....	2004
7. Jack Harkness.....	57-7 (17.55m).....	1982
8. Cory Thalheimer.....	57-5.5 (17.51m).....	2013
<b>Zico Campbell.....</b>	<b>57-5.5 (17.51m).....</b>	<b>2021</b>
10. Matt Lombardi.....	56-1.75 (17.11m).....	2004

## MEN'S DISCUS THROW

Athlete	Season's Best	Personal Best
Roje Stona	60.87m (199-8)	61.36m (201-4)
Zico Campbell	48.11m (157-10)	43.27m (141-11)
Ethan Cocco		37.34m (122-6) (HS)
Cade Jones		31.29m (102-8) (HS)

HS = Marked achieved during prep/club career

### M - DISCUS THROW II TOP-10

1. Jack Harkness.....	203-4 (61.98m).....	1982
<b>2. Roje Stona.....</b>	<b>201-4 (61.36m).....</b>	<b>2019</b>
3. James Plummer.....	192-10 (58.78m).....	2015
4. Mike Columbus.....	190-10 (58.18m).....	1977
5. Grant Voeks.....	188-5 (57.42m).....	2019
6. Eric Snow.....	173-5 (52.86m).....	1980
7. Derek Gilson.....	170-10 (52.07m).....	2004
8. Rob Venier.....	168-9 (51.44m).....	1988
9. Todd Christy.....	168-3 (51.28m).....	2012
10. Andy Giesler.....	166-11 (50.87m).....	2001

## MEN'S HAMMER THROW

Athlete	Season's Best	Personal Best
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### M - OUTDOOR HAMMER THROW II TOP-10

1. Zach Berg.....	210-7 (64.19m).....	2010
2. Alex Padgett.....	207-5 (63.23m).....	2010
3. Matt Helinski.....	204-1 (62.20m).....	1997
4. Danny Alge.....	201-7 (61.45m).....	2006
5. Colt Hodge.....	191-11 (58.50m).....	2002
6. Jordan Pickerel.....	181-1 (55.20m).....	2015
7. Mike Neary.....	179-9 (54.78m).....	1991
8. Brett Varner.....	179-7 (54.73m).....	2002
9. Reed Shindell.....	178-7 (54.43m).....	2015
10. James Plummer.....	175-9 (53.58m).....	2015

## MEN'S JAVELIN THROW

Athlete	Season's Best	Personal Best
Luke Pauldine	59.87m (196-5)	59.87m (196-5)
Ethan Cocco	58.05m (190-5)	58.05m (190-5)
John-Erik Drwal	51.58m (169-3)	54.00m (177-2) (HS)
Anthony SantiAnna		48.41m (158-10) (HS)

HS = Marked achieved during prep/club career

### M - JAVELIN THROW II TOP-10

1. Frank Crossen.....	224-5 (68.40m).....	1989
2. Tom Gray.....	221-6 (67.52m).....	1988
3. Eric Lander.....	220-4 (67.16m).....	1996
4. Dylan Ahrens.....	216-6 (66.00m).....	2017
5. Greg Burch.....	213-1 (64.96m).....	1994
6. Damian DiCola.....	211-6 (64.46m).....	1997
7. Scott Pauga.....	206-7 (62.97m).....	2009
8. Brandon Holmes.....	200-8 (61.17m).....	2005
9. Andy Giesler.....	198-11 (60.62m).....	2001
10. Clayton Curtis.....	196-9 (59.97m).....	2004

### M - OUTDOOR LONG JUMP II TOP-10

1. Chris McBride.....	25-11 (7.90m).....	2017
2. George Kitchens.....	25-10.75 (7.89m).....	2003
3. Chris Michael.....	25-9 (7.84m).....	1985
4. Kai Maull.....	25-7.25 (7.80m).....	1999
5. Jameel Abdul-Mateen.....	25-6 (7.77m).....	2013
6. Shelton Boyer.....	25-1.5 (7.65m).....	1986
7. Darwin Rencher.....	25-1 (7.64m).....	1985
8. Ishmael Kamara.....	25-0 (7.62m).....	2016
9. Frank Holland.....	24-11.75 (7.61m).....	1991
10. Terrance Parks.....	24-11.5 (7.60m).....	1986

### M - OUTDOOR TRIPLE JUMP II TOP-10

1. Jeremiah Green.....	52-8.25 (16.06m).....	2018
2. Shai Carpenter.....	52-4 (15.95m).....	2015
3. Jason Bell.....	51-11.75 (15.84m).....	2006
4. Larry Armstead.....	51-9 (15.77m).....	1992
5. Kelvin Sykes.....	51-7.25 (15.73m).....	1987
6. Josh Fowler.....	51-4.5 (15.66m).....	2010
7. Ishmael Kamara.....	51-2.75 (15.61m).....	2015
8. Brit Barrow.....	51-1 (15.57m).....	2002
9. DJ Ledell.....	51-0.25 (15.55m).....	2018
10. Bryan Williams.....	50-10.25 (15.50m).....	2000

### M - OUTDOOR HIGH JUMP II TOP-10

1. Victor Smalls.....	7-6.25 (2.29m).....	1986
2. Shelton Boyer.....	7-4 (2.23m).....	1983
3. John Thorp.....	7-3.25 (2.22m).....	1995
4. Malcolm Reynolds.....	7-2.5 (2.20m).....	2001
5. Torian Ware.....	7-1.75 (2.18m).....	2015
Adam Linkenauger.....	7-1.75 (2.18m).....	2007
Ed Fern.....	7-1.75 (2.18m).....	1976
8. Terrance McDaniel.....	7-1.5 (2.17m).....	2003
9. Bryan Williams.....	7-1 (2.16m).....	1999
Doug Ameigh.....	7-1 (2.16m).....	2001

### M - OUTDOOR POLE VAULT II TOP-10

1. Xavier Tromp.....	18-0.5 (5.50m).....	2010
2. Mitch Greeley.....	17-10.5 (5.45m).....	2008
3. Jeff Fields.....	17-4.5 (5.30m).....	1990
4. Jorge Tienda.....	17-2.75 (5.25m).....	1998
5. Andrew Kessler.....	17-1 (5.21m).....	2006
6. Chris Spear.....	17-0.75 (5.20m).....	2008
7. Ryan Lewis.....	16-10.75 (5.14m).....	2002
8. David Hartzler.....	16-9.25 (5.11m).....	1997
9. Adam Godfrey.....	16-8.75 (5.09m).....	1991
Benjamin Hess.....	16-8.75 (5.09m).....	2000

### M - DECATHLON II TOP-10

1. Miller Moss.....	7,996 pts.....	2011
2. Andy Giesler.....	7,619 pts.....	2001
3. Eric Lander.....	7,615 pts.....	1996
4. Fred Worthy.....	7,478 pts.....	1982
5. Ryan Koontz.....	7,371 pts.....	2006
6. Rick Hill.....	7,327 pts.....	2003
7. Josh Scott.....	7,288 pts.....	1997
8. Eric Olson.....	7,196 pts.....	1984
9. Brent Hobbs.....	7,180 pts.....	2004
10. Mark Jellison.....	6,906 pts.....	2000

# MEN'S PERFORMANCE LIST

Ethan Binnix				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
400m	ACC	49.21 (P)		31st
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	FSU	22.60		16th
400m	Auburn	49.30		9th
	FSU	49.46		16th

Devon Brooks				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60mH	Clemson Invite	7.93		2nd
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
110mH	Auburn	13.97		3rd
	FSU	14.26		T-6th
	Florida	13.86 (1.2) (P)		6th
	Florida	13.94 (-1.3) (F)		6th

Darryl Burton III				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60mH	O&P	8.50		1st
	Clemson Invite	8.44		5th
	Tiger Paw	8.65 (P)		
	ACC	8.30 (P)		15th
300m	O&P	35.20		7th
	Clemson Invite	36.42		5th
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	Auburn	22.26		14th
	FSU	22.69		18th
110mH	Auburn	14.95		8th
	FSU	DNF		---

Lafranz Campbell				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60mH	Bob Pollock	7.85 (F)		1st
	South Carolina	8.00 (P)		
	South Carolina	7.88 (F)		2nd
	ACC	7.84 (P)		3rd
	ACC	7.85 (F)		4th
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
100m	FSU	10.76		10th
	Florida	10.78 (1.6)		16th
110mH	Auburn	14.04		4th
	FSU	13.93		3rd
	Florida	13.77 (1.2) (P)		4th
	Florida	13.93 (-1.3) (F)		5th

Zico Campbell				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
SP	O&P	16.46m	54-00	1st
	Clemson Invite	16.83m	55-2.75	4th
	Hokie Invite	17.66m	57-11.25	3rd
	Bob Pollock	17.93m	58-10	4th
	ACC	16.80m	55-1.5	11th
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
SP	Auburn	17.25m	56-7.25	3rd
	FSU	17.51m	57-5.5	6th
	Florida	17.35m	56-11.25	8th
Discus	Auburn	43.24m	141-10	13th
	FSU	48.11m	157-10	8th

Andrew Castano				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

Colby Caviness				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
600m	Hokie Invite	1:25.31		8th
800m	Clemson Invite	1:58.45		7th
	Hokie Invite	1:56.83		6th
	Bob Pollock	DNF		---

	South Carolina	2:00.95		21st
	Tiger Paw	1:56.86		21st
1k	O&P	2:34.28		6th
Mile	O&P	4:30.26		4th
	Clemson Invite	4:22.05		6th
	Bob Pollock	4:22.33		15th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

Ethan Cocco				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

Javelin	Auburn	58.05m	190-5	5th
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Terryon Conwell				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	Clemson Invite	FS		---
	Bob Pollock	20.75		1st
	ACC	20.90 (P)		3rd
	ACC	20.75 (F)		2nd
	NCAA	20.87 (P)		8th
	NCAA	21.09 (F)		7th
300m	O&P	32.97		1st

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	Florida	20.54 (1.1)		3rd
400m	FSU	46.38		3rd

John-Erik Drwal				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

Javelin	Auburn	49.56m	162-7	11th
	FSU	51.58m	169-3	8th

Michael Fabiano				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
3k	O&P	9:11.93		5th
	Clemson Invite	8:58.56		19th
	Hokie Invite	9:06.61		16th
	Tiger Paw	9:00.02		16th
5k	Bob Pollock	15:38.33		3rd

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	DNF		---

Cal Finley				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
3k	South Carolina	9:01.24		22nd
	Tiger Paw	8:52.39		12th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	32:45.43		63rd

Colin Gallagher				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				
OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

10,000m	Raleigh	32:30.20		59th
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Samuel Garringer				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
Mile	Tiger Paw	4:22.42		14th
3k	O&P	8:58.13		3rd
	Clemson Invite	8:52.84		18th
	Hokie Invite	8:52.58		14th
	Tiger Paw	8:43.32		11th
5k	Bob Pollock	15:29.40		2nd
	ACC	15:39.65		30th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	32:41.84		61st

Colt Griffith				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Bob Pollock	1:56.96		15th
Mile	Clemson Invite	4:25.14		9th
	Hokie Invite	4:31.72		13th
	Bob Pollock	4:18.81		11th
	Tiger Paw	4:15.03		12th
	ACC (P)	4:15.42		24th
3k	O&P	9:23.39		7th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
5,000m	Raleigh	15:42.93		112th

Fabian Hewitt				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60m	Clemson Invite	6.84 (P)		
	Clemson Invite	FS (F)		---
	Bob Pollock	6.82 (P)		
	Bob Pollock	6.82 (F)		6th
	Tiger Paw	6.87 (P)		
	ACC	6.78 (P)		6th
	ACC	6.65 (F)		1st
	NCAA	6.78 (P)		15th
200m	Clemson Invite	21.76		2nd
	Tiger Paw	21.45		11th
	ACC	21.16 (P)		5th
	ACC	21.33 (F)		6th
300m	O&P	34.16		3rd

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
100m	FSU	FS		---
	Florida	10.69 (-0.4)		11th
200m	FSU	21.18		4th
	Florida	21.19 (1.1)		12th

Rayan Holmes				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	South Carolina	22.39		23rd
300m	O&P	34.87		6th
	Clemson Invite	34.34		4th
400m	Bob Pollock	48.49		13th
	ACC	47.70		13th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
400mH	Auburn	52.50		4th
	Florida	52.07		9th

Taylor Howard				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
600m	O&P	1:27.31		11th
	Clemson Invite	1:27.70		5th
800m	Hokie Invite	2:03.11		7th
	South Carolina	2:04.93		22nd
	Tiger Paw	2:02.42		25th
Mile	Bob Pollock	4:56.95		21st

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Auburn	2:07.11		28th

Jake Jakub				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Bob Pollock	2:03.23		24th
	Tiger Paw	2:01.99		24th
Mile	O&P	4:31.85		6th
	Clemson Invite	4:45.85		14th
	Bob Pollock	4:24.27		18th
	South Carolina	4:28.53		24th
	Tiger Paw	4:26.59		17th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Auburn	2:08.68		29th

Devin Johnson				
INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Clemson Invite	1:57.39		6th
	Hokie Invite	2:05.25		8th
	Bob Pollock	2:00.13		22nd
	Tiger Paw	1:57.53		22nd
1k	O&P	2:38.36		9th

# MEN'S PERFORMANCE LIST

Hokie Invite	2:33.69	21st	
Mile	O&P	4:40.98	8th
Clemson Invite	4:32.74	13th	
Bob Pollock	4:33.45	20th	
Tiger Paw	4:30.40	18th	

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Steeple	Auburn	DNF		---

## Cade Jones

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
WT	O&P	11.13m	36-6.25	2nd
	Clemson Invite	11.87m	38-11.5	6th
	Bob Pollock	12.34m	40-6	18th
	South Carolina	12.04m	39-6	12th
SP	O&P	10.33m	33-10.75	2nd

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Kameron Jones

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Auburn	46.90		1st
	Florida	46.92		7th
800m	FSU	1:47.49		2nd

## Jackson Leech

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Mile	O&P	4:31.28		5th
3k	Clemson Invite	8:43.94		13th
	Hokie Invite	8:49.55		13th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
3,000m	Florida	8:57.39		6th

## Conor McCabe

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
3k	South Carolina	8:52.78		21st
	Tiger Paw	8:55.23		14th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	32:32.98		60th

## Ryan McCloskey

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	South Carolina	22.33		22nd
	Tiger Paw	22.03		23rd
400m	Bob Pollock	49.40		23rd

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Jack McManus

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Clemson Invite	2:00.05		9th
Mile	O&P	4:34.13		7th
	Clemson Invite	4:26.53		10th
	Hokie Invite	4:26.99		12th
3k	Bob Pollock	8:39.77		2nd
	South Carolina	8:52.33		20th
	Tiger Paw	8:41.83		9th
	ACC	8:54.16		34th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	Florida	4:05.73		28th
3,000m	Auburn	9:05.59		10th
5,000m	Raleigh	15:11.93		106th

## Keco Morrison

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Bob Pollock	48.47		12th
	ACC	48.55 (P)		22nd

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	FSU	22.60		17th

400m	Auburn	49.90		12th
	FSU	48.92		13th

## Cole Myers

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Clemson Invite	1:56.59		3rd
	Hokie Invite	1:54.18		2nd
	Bob Pollock	1:54.44		7th
	Tiger Paw	1:54.44		18th
	ACC	1:54.02 (P)		14th
	ACC	1:51.44 (F)		8th
1k	O&P	2:33.39		4th
	Hokie Invite	2:32.18		19th
Mile	O&P	4:28.95		3rd
	Clemson Invite	4:23.47		7th
	Bob Pollock	4:18.64		9th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	Raleigh	3:58.18		94th

## Collin Neel

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
WT	O&P	11.22m	36-9.75	1st
	Clemson Invite	12.25m	40-2.25	5th
	Bob Pollock	12.43m	40-9.5	17th
	South Carolina	Foul		---

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Marcus Parker

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
100m	FSU	10.19		3rd
	Florida	10.44 (-0.2)		3rd
200m	FSU	20.76		1st
	Florida	20.70 (0.9)		5th

## Luke Pauldine

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Javelin	Auburn	56.34m	184-10	6th
	FSU	59.87m	196-5	4th

## Giano Roberts

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60m	Clemson Invite	6.90 (P)		---
	Clemson Invite	DNS		---
	Tiger Paw	6.88 (P)		---
	ACC	6.91 (P)		12th
60mH	O&P	DNF		---
	Tiger Paw	9.43		14th
	ACC	7.78 (P)		3rd
	ACC	7.78 (F)		2nd
	NCAA	7.83 (P)		13th
300m	Clemson Invite	34.32		3rd

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
100m	Florida	10.71 (-1.1)		12th
200m	FSU	21.58		9th
100mH	FSU	14.13		4th
	Florida	14.06 (0.6) (P)		7th
	Florida	14.07 (-1.3) (F)		7th

## Alex Sands

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	Auburn	21.62		8th
	Florida	21.48 (1.9)		23rd

## Anthony SantiAnna

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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*Did not compete during the 2020 indoor season.*

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Michael Smith

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Mile	O&P	4:25.36		1st
	Clemson Invite	4:19.36		5th
	Hokie Invite	4:20.63		11th
	South Carolina	4:18.96		20th
3k	O&P	8:51.37		2nd
	Clemson Invite	8:33.95		5th
	Bob Pollock	8:47.24		5th
	Tiger Paw	8:30.08		5th
	ACC	8:26.76		25th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	Florida	3:58.44		25th
5,000m	Raleigh	14:55.68		99th
Steeple	Auburn	9:33.82		1st

## Roje Stona

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
SP	Clemson Invite	16.88m	55-4.75	3rd
	Hokie Invite	17.24m	56-6.75	6th
	Bob Pollock	17.41m	57-1.5	6th
	Tiger Paw	17.94m	58-10.25	5th
	ACC	18.21m	59-9	5th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Discus	FSU	60.87m	199-8	1st
	Florida	59.98m	196-09	1st

## Carson Tillman

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	South Carolina	50.18		18th
600m	O&P	1:21.85		6th
	Clemson Invite	1:22.97		3rd
800m	Hokie Invite	1:55.53		5th
	Bob Pollock	1:55.94		10th
	Tiger Paw	1:50.50		5th
	ACC	1:54.61 (P)		16th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Auburn	49.96		13th
800m	FSU	1:54.35		15th
	Florida	1:54.98		12th

## John Ward

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Bob Pollock	1:52.04		3rd
	Tiger Paw	1:51.60		8th
Mile	Hokie Invite	4:13.86		6th
	Bob Pollock	4:08.92		2nd
	Tiger Paw	4:07.18		7th
	ACC	4:05.76 (P)		11th
3k	ACC	8:27.63		26th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
5,000m	Raleigh	14:57.43		100th

## Jevon Williams

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60mH	South Carolina	8.40 (P)		---
400m	Hokie Invite	49.23		11th
	Bob Pollock	48.18		8th
	Tiger Paw	47.90		16th
	ACC	47.26 (P)		6th
	ACC	47.48 (F)		8th
600m	Clemson Invite	1:23.58		4th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Florida	DNF		---
400mH	FSU	DQ		---
	Florida	56.53		17th

# MEN'S PERFORMANCE LIST

## Marlin Young

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Mile	Hokie Invite	4:17.13		8th
	Tiger Paw	<i>DNF (pacer)</i>		---
3k	O&P	8:47.25		1st
	Clemson Invite	8:37.33		9th
	Tiger Paw	8:34.61		7th
5k	Bob Pollock	14:50.97		1st
	ACC	15:08.66		28th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
5,000m	Raleigh	15:22.51		109th

# EVENT-BY-EVENT PERFORMANCES

## WOMEN'S 100 METERS

Athlete	Season's Best	Wind-Legal Best	Personal Best
Rebekah Smith	11.28 [+2.9]	11.63 [0.1]	11.22 [1.9]
Antoinette van der Merwe	11.75 [+0.4]	11.49 [1.2] (HS)	11.49 [1.2] (HS)
Zeniyah Lawrence	11.82 [+3.5]	11.77 [1.0]	11.77 [1.0]
Sidney Marshall	11.98 [+3.5]	11.93 [1.4]	11.93 [1.4]
Serena Clark	12.05 [0.1]	11.72 (HS)	11.72 (HS)
Ken'Naria Gadson	12.24 [+2.4]	12.09 (HS)	12.09 (HS)
Areya Campbell	12.48 [+2.2]		12.48 [+2.2]
Aliyah Mallard		11.69 [0.9]	11.69 [0.9]
Courtney Williams		11.69 (HS)	11.69 (HS)
Kori Carter		11.70 (HS)	11.70 (HS)
Harleigh White		12.62 [-0.8]	12.62 [-0.8]

HS = Marked achieved during prep/club career || [#] = Wind at time of competition

### W - OUTDOOR 100 METERS II TOP-10

1. Dezerea Bryant	11.20	2013
2. <b>Rebekah Smith</b>	11.22	2018
3. Sabria Hadley	11.28	2015
Simone Tomlinson	11.28	1998
5. Torie Robinson	11.31	2017
Cydonie Mothersill	11.31	2001
7. Treshell Mayo	11.34	1996
8. Stormy Kendrick	11.36	2010
9. Kim Graham	11.37	1993
10. Myasia Jacobs	11.38	2015

#### All-Conditions Bests

1. Torie Robinson	11.16 (w)	2018
2. Dezerea Bryant	11.20	2013
3. Simone Tomlinson	11.21 (w)	1998
4. <b>Rebekah Smith</b>	11.22	2018
5. Stormy Kendrick	11.23 (w)	2010

## WOMEN'S 200 METERS

Athlete	Season's Best	Wind-Legal Best	Personal Best
Trishauna Hemmings	23.69 [0.7]	23.69 [0.7]	23.12
Aliyah Mallard	24.12 [+2.8]	23.40 [1.4]	23.40 [1.4]
Courtney Williams	24.27 [+2.8]	23.89 (HS)	23.89 (HS)
Zeniyah Lawrence	24.62 [+0.2]	24.76 [+1.1]	23.86
Serena Clark	24.79 [+2.8]	24.05 (HS)	24.05 (HS)
Kori Carter	24.88 [+1.2]	24.88 [+1.2]	24.23 (HS)
Ken'Naria Gadson	24.89 [+3.0]	24.28 (HS)	24.28 (HS)
Areya Campbell	25.58 [+2.5]	26.08	26.08
Antoinette van der Merwe		23.90 (HS)	23.90 (HS)
Lakeisha Warner		24.75	24.75
Nicolee Foster		25.81 (T)	25.81 (T)
Courtashia Felton		26.85	26.85
Rebekah Smith		23.15	23.15
Sidney Marshall		25.01 [-0.8]	25.01 [-0.8] (T)

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career || [#] = Wind at time of competition

### W - OUTDOOR 200 METERS II TOP-10

1. Cydonie Mothersill	22.54	2001
2. Kim Graham	22.64	1993
3. Dezerea Bryant	22.66	2013
4. Sabria Hadley	22.88	2017
5. Treshell Mayo	22.89	1996
6. Brianna Rollins	23.04	2013
7. Marlena Wesh	23.06	2012
8. Deja Parrish	23.08	2016
9. Stormy Kendrick	23.09	2011
Shekera Weston	23.09	2001

#### All-Conditions Bests

1. Dezerea Bryant	22.54 (w)	2013
2. Cydonie Mothersill	22.57	2001
3. Kim Graham	22.64	1993
4. Stormy Kendrick	22.83 (w)	2010
5. Treshell Mayo	22.89	1996

## WOMEN'S 400 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Kamryn McIntosh	54.67	54.14	54.14
Courtney Williams	54.86	DNR	54.86
Ken'Naria Gadson	55.85	56.23	54.29 (HS)
Aliyah Mallard	56.92	58.04	54.96
Leah Disher	58.21	58.41	58.21
Courtashia Felton	1:03.51	DNR	57.96
Andrea Foster		54.14	54.14
Nicolee Foster		55.38	55.38
Laurie Barton		56.58	56.29
Kori Carter		57.39	55.99
Lakeisha Warner		DNR	55.47
Grace Hanratty		DNR	58.66 (HS)
Olivia Cooney		DNR	58.70
Anna Brewer		DNR	59.34
Serena Clark		DNR	1:01.61

HS = Marked achieved during prep/club career

### W - OUTDOOR 400 METERS II TOP-10

1. Marlena Wesh	51.43	2012
2. Kim Graham	51.88	1993
3. Olivia James	52.56	2017
Angel Fleetwood	52.56	1992
5. Natoya Goule	52.57	2015
6. Michelle Burgher	52.63	2001
7. Kendra Clarke	52.65	2018
8. Deja Parrish	52.80	2016
9. Shekera Weston	52.81	2001
10. Shenita Wilson	52.98	1997

## WOMEN'S 800 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Leah Disher	2:09.21	2:09.51	2:09.21
Kamryn McIntosh	2:10.09	2:09.28	2:03.59
Sydney Collins	2:14.46	2:19.62	2:10.44 (T)
Meredith Finley	2:16.96	2:19.63	2:16.63 (HS)
Anna Brewer	2:23.90	2:22.41	2:22.41
Sophia Muccini	2:30.01	DNR	2:13.88 (HS)
Laurie Barton		2:01.21	2:01.21
Andrea Foster		2:03.54	2:03.54
Olivia Cooney		2:14.38	2:14.38
Riley Coggin		2:18.70	2:18.70
Lauren Hayes		2:21.02	2:19.83 (HS)
Emma Kincaid		2:31.75	2:24.84 (HS)
Grace Hanratty		DNR	2:12.33 (HS)
Ken'Naria Gadson		DNR	2:12.87 (HS)
Armanda Watson		DNR	2:18.84 (HS)
Annie Hill		DNR	2:20.61
Josie Wirtz		DNR	2:22.94
Grace Wadas		DNR	2:33.21 (HS)

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career

### W - OUTDOOR 800 METERS II TOP-10

1. Natoya Goule	1:59.63	2015
2. Tina Krebs	2:02.07	1983
3. Fellan Ferguson	2:03.15	2018
4. <b>Kamryn McIntosh</b>	2:03.73	2018
5. Ersula Farrow	2:04.13	2016
6. Grace Barnett	2:05.89	2018
7. <b>Andrea Foster</b>	2:06.15	2019
8. Brianna Blanton	2:06.55	2016
9. Ane Skak	2:06.98	1991
10. Karen Hartmann	2:07.09	1992

# EVENT-BY-EVENT PERFORMANCES

## WOMEN'S 1,500 METERS

Athlete	Season's Best	Personal Best
Laurie Barton	4:18.56	4:18.56
Riley Coggin	4:39.30	4:39.30
Josie Wirtz	4:40.70	4:40.70
Meredith Finley	4:42.58	4:42.58
Grace Hanratty	4:56.17	4:56.17
Sydney Collins		4:30.61 (T)
Andrea Foster		4:39.63 (T)
Sophia Muccini		4:42.88 (HS)
Kelsey Gripekoven		4:50.53 (HS)
Annie Hill		4:51.33

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career

### W - 1,500 METERS II TOP-10

- Grace Barnett ..... 4:11.07 ..... 2018
- Tina Krebs ..... 4:15.23 ..... 1985
- Karen Hartmann ..... 4:15.87 ..... 1992
- Laurie Barton** ..... **4:18.56** ..... **2021**
- Natoya Goule ..... 4:20.04 ..... 2015
- Kerry Robinson ..... 4:22.14 ..... 1982
- Mareike Rensing ..... 4:22.23 ..... 1991
- Alyssa Kulik ..... 4:22.75 ..... 2012
- Julianne Littmann ..... 4:23.50 ..... 1999
- Elsa Breit ..... 4:23.77 ..... 1987

## WOMEN'S 5000 METERS

Athlete	Season's Best	2021 Indoor Best	Personal Best
Josie Wirtz	17:32.30	DNR	17:32.30
Brianna Hartley	19:35.71	18:30.01	18:20.53
Grace Wadas		18:39.51	18:39.51
Kelsey Gripekoven		19:03.76	17:31.12 (#HS) // 17:35.56 (Trk-HS)

T = Mark achieved at prior institution || # = Mark achieved during XC season || HS = Marked achieved during prep/club career

### W - OUTDOOR 5000 METERS II TOP-10

- Kerry Robinson ..... 16:02.76 ..... 1983
- Stephanie Weikert ..... 16:06.13 ..... 1983
- Kim Ruck ..... 16:12.05 ..... 2010
- Natalie Anthony ..... 16:16.27 ..... 2012
- Ute Jamrozky ..... 16:20.91 ..... 1986
- Judith Shepherd ..... 16:22.67 ..... 1985
- Logan Morris ..... 16:26.35 ..... 2018
- Jennifer Briscoe ..... 16:34.54 ..... 1982
- Michelle Scholtz ..... 16:41.04 ..... 1990
- Michelle Kalikin ..... 16:43.50 ..... 1989

## WOMEN'S 10,000 METERS

Athlete	Season's Best	Personal Best
Kelsey Gripekoven	40:45.68	40:45.68
Grace Wadas	DNF	

### W - 10,000 METERS II TOP-10

- Ute Jamrozky ..... 33:14.83 ..... 1986
- Kim Ruck ..... 33:16.45 ..... 2011
- Michelle Scholtz ..... 34:50.19 ..... 1990
- Helen Rogers ..... 34:58.47 ..... 1988
- Natalie Anthony ..... 35:00.46 ..... 2013
- Erin McLaughlin ..... 35:04.27 ..... 2019
- Gail Groulx ..... 35:05.62 ..... 1991
- Karen Friedrichsen ..... 35:06.49 ..... 1994
- Tina Jensen ..... 35:09.21 ..... 1997
- Elizabeth Dawson ..... 35:27.36 ..... 2018

## WOMEN'S 100-METER HURDLES

Athlete	Season's Best	Wind-Legal Best	Personal Best
Sidney Marshall	13.48 [1.8]	13.48 [1.8]	13.47 [1.3] (T)
Trishauna Hemmings	13.55 [0.3]	13.55 [0.3]	13.54 (T) [+2.2]
Antoinette van der Merwe	14.14 [1.8]	14.14 [1.8]	13.81 (HS)
Kori Carter	14.10 [0.3]	13.49 (HS)	13.49 (HS)
Nicolee Foster		13.70 (T) [1.3]	13.70 (T) [1.3]
Lakeisha Warner		15.68 [1.2]	15.68 [1.2]

T = Mark achieved at prior institution || HS = Marked achieved during prep/club career || [#] = Wind at time of competition.

### W - 100M HURDLES II TOP-10

- Brianna Rollins ..... 12.39\$ ..... 2013
- Bridgette Owens ..... 12.71 ..... 2012
- Keni Harrison ..... 12.88 ..... 2013
- Monique Gracia ..... 13.00 ..... 2012
- Michaylin Golladay ..... 13.01 ..... 2011
- Jasmine Edgerson ..... 13.09 ..... 2012
- Samantha Elliott ..... 13.11 ..... 2015
- Ebony Williams ..... 13.24 ..... 2019
- Nikkie Bouyer ..... 13.32 ..... 1998
- Kyana Elder ..... 13.44 ..... 2001
- Polly Hardy ..... 13.44 ..... 2008

*All-Conditions Bests*

- Brianna Rollins ..... 12.39# ..... 2013
- Bridgette Owens ..... 12.71 ..... 2012
- Michaylin Golladay ..... 12.82 (w) ..... 2011
- Keni Harrison ..... 12.87 (w) ..... 2013
- Monique Gracia ..... 13.00 ..... 2012

## WOMEN'S 400-METER HURDLES

Athlete	Season's Best	Personal Best
Nicolee Foster	57.73	57.73
Lakeisha Warner	59.87	57.21
Kori Carter	1:00.37	1:00.37
Olivia Cooney	1:02.99	1:02.99
Courtashia Felton		1:01.42
Anna Brewer		1:05.20

T = Mark achieved at prior institution

### W - 400M HURDLES II TOP-10

- Samantha Elliott ..... 55.51 ..... 2015
- Keni Harrison ..... 55.75 ..... 2013
- Silja Ulfarsdottir ..... 56.62 ..... 2005
- Nikkie Bouyer ..... 56.64 ..... 1999
- Markeeta Thomas ..... 57.11 ..... 2018
- Lakeisha Warner** ..... **57.21** ..... **2019**
- Sonni Austin ..... 57.31 ..... 2011
- Marlena Wesh ..... 57.49 ..... 2011
- Nicolee Foster** ..... **57.73** ..... **2021**
- Michelle Burgher ..... 57.79 ..... 2001

# EVENT-BY-EVENT PERFORMANCES

## WOMEN'S 3K STEEPLECHASE

Athlete	Season's Best	Indoor Best	Personal Best
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### W - 3K STEEPLECHASE II TOP-10

1. Alyssa Kulik.....	9:52.90.....	2012
2. Logan Morris.....	10:07.13.....	2018
3. Stephanie Buffo.....	10:37.50.....	2011
4. Brianna Feerst.....	10:46.58.....	2015
5. Morgan Wittrock.....	10:57.31.....	2019
6. Jenny Barton.....	10:59.98.....	2006
7. Alyssa Henshaw.....	11:07.19.....	2011
8. Mikie Harris.....	11:21.27.....	2019
9. Joanie Castagno.....	11:30.12.....	2009
10. Lisa Girard.....	11:36.92.....	2013

## WOMEN'S SHOT PUT

Athlete	Season's Best	2021 Indoor Best	Personal Best
Veronica Fraley	16.24m (53-3.5)	16.00m (52-6)	16.24m (53-3.5)
Danielle Sloley	14.71m (48-3.25)	14.50m (47-7)	14.71m (48-3.25)
Riley Lair		11.85m (38-10.5)	11.85m (38-10.5)

### W - OUTDOOR SHOT PUT II TOP-10

1. Jamine Moton.....	58-2.5 (17.74m).....	2001
2. Janell Fullerton.....	53-4.25 (16.26m).....	2019
3. <b>Veronica Fraley.....</b>	<b>53-3.5 (16.24m).....</b>	<b>2021</b>
4. Nikki Sims.....	52-7.25 (16.03m).....	1995
5. Angela Dolby.....	51-3 (15.62m).....	1992
6. Danielle Curry.....	49-5.75 (15.08m).....	2011
7. Aija Kortesoja.....	48-5.25 (14.76m).....	1996
8. <b>Danielle Sloley.....</b>	<b>48-3.25 (14.71m).....</b>	<b>2021</b>
9. Jackie Hudgins.....	48-0.75 (14.65m).....	2002
10. Patricia Cuffee.....	46-11 (14.30m).....	1991

## WOMEN'S DISCUS THROW

Athlete	Season's Best	Personal Best
Veronica Fraley	52.00m (170-7)	52.90m (173-7)
Danielle Sloley	42.31m (138-9)	42.31m (138-9)
Riley Lair		30.47m (99-11.5) (HS)

HS = Marked achieved during prep/club career

### W - DISCUS THROW II TOP-10

1. Jamine Moton.....	182-2 (55.52m).....	2001
2. <b>Veronica Fraley.....</b>	<b>173-7 (52.90m).....</b>	<b>2019</b>
3. Brittney Waller.....	169-1 (51.55m).....	2013
4. Nancy Taliaferro.....	159-0 (48.46m).....	1989
5. Nikki Simsv.....	158-10 (48.42m).....	1997
6. Majayla Holland.....	160-0 (48.78m).....	2017
7. Krystal Woods.....	155-3 (47.33m).....	2005
8. Janell Fullerton.....	154-9 (47.18m).....	2019
9. Grayce French.....	153-6 (46.78m).....	2019
10. Lisa Parak.....	150-2 (45.78m).....	1991

## WOMEN'S HAMMER THROW

Athlete	Season's Best	Personal Best
Veronica Fraley		50.70m (166-4)

### W - HAMMER THROW II TOP-10

1. Jamine Moton.....	220-6 (67.21m).....	2002
2. Nikola Lomnicka.....	208-8 (63.61m).....	2009
3. Della Clark.....	194-2 (59.18m).....	2006
4. Brittney Waller.....	188-3 (57.38m).....	2013
5. Rochelle Kokayko.....	184-6 (56.23m).....	2007
6. Krystal Woods.....	173-9 (52.96m).....	2006
7. Danielle Borriello.....	172-8 (52.63m).....	2016
8. Mikaela Patterson.....	170-11 (52.10m).....	2005
9. Danielle Little.....	170-6 (51.98m).....	2019
10. Danielle Curry.....	167-6 (51.06m).....	2011

# EVENT-BY-EVENT PERFORMANCES

## WOMEN'S HIGH JUMP

Athlete	Season's Best	2021 Indoor Best	Personal Best
Sofia De Coteau	1.69m (5-6.5)	1.70m (5-7)	1.70m (5-7)
Jessica Johnson	1.61m (5-3.25)	1.60m (5-3)	1.67m (5-6) (HS)

HS = Marked achieved during prep/club career

### W - OUTDOOR HIGH JUMP II TOP-10

1. April Sinkler	6-1.25 (1.86m)	2010
2. Mimi Land	5-11.5 (1.82m)	2015
3. Sharia Clinkscales	5-10.75 (1.80m)	1996
4. Liane Weber	5-9.25 (1.76m)	2010
5. Linda Buchholz	5-8.75 (1.75m)	2010
Anastacia Wilson	5-8.75 (1.75m)	2009
7. Katja Pettinen	5-8 (1.73m)	1995
Katie Pickett	5-8 (1.73m)	2004
9. Sarah Maxson	5-7.25 (1.71m)	2015
Annu Montell	5-7.25 (1.71m)	1997

## WOMEN'S LONG JUMP

Athlete	Season's Best	2021 Indoor Best	Personal Best
Harleigh White	5.61m (18-5)	DNJ	5.61m (18-5)
Caroline Johnston	5.43m (17-9.75) [2.0]	5.86m (19-2.75)	6.02m (19-9)
Zeniyah Lawrence		5.70m (18-8.5)	5.71m (18-9)
Jessica Johnson		DNJ	4.49m (14-9) (HS)

HS = Marked achieved during prep/club career || [#] = Wind at time of competition.

### W - OUTDOOR LONG JUMP II TOP-10

1. April Sinkler	21-6.25 (6.56m)	2011
2. Monyetta Haynesworth	21-5.5 (6.54m)	1992
3. Gisele Oliveira	20-11.75 (6.39m)	2003
4. Tonya McKelvey	20-9 (6.32m)	1993
5. Whitney Fountain	20-8.5 (6.31m)	2014
6. Mimi Land	20-4.25 (6.20m)	2013
Jasmine Brunson	20-4.25 (6.20m)	2011
8. Angelica Collins	20-2.5 (6.16m)	2017
9. Courtney Singleton	20-2.25 (6.15m)	1993
10. Marcia Fletcher	20-1 (6.12m)	1990

## WOMEN'S TRIPLE JUMP

Athlete	Season's Best	2021 Indoor Best	Personal Best
Harleigh White	13.07m (42-10.75) [0.0]	13.03m (42-9)	13.07m (42-10.75) [0.0]
Caroline Johnston		12.06m (39-6.75)	12.06m (39-6.75)

|| [#] = Wind at time of competition.

### W - OUTDOOR TRIPLE JUMP II TOP-10

1. Patricia Mamona	46-1.25 (14.05m)	2011
2. Gisele Oliveira	45-9 (13.94m)	2005
3. Iana Amsterdam	44-10.75 (13.68m)	2017
4. April Sinkler	44-4 (13.51m)	2012
5. Anasterasia Terrell	43-6.5 (13.27m)	2016
6. Sheri Smith	43-0.5 (13.12m)	2002
7. Jasmine Brunson	42-11 (13.08m)	2012
8. Harleigh White	42-10.75 (13.07m)	2021
9. Nanette Holloway	42-10.25 (13.06m)	1992
10. Whitney Fountain	42-9 (13.03m)	2014

## WOMEN'S POLE VAULT

Athlete	Season's Best	2021 Indoor Best	Personal Best
Jessica Brewer	3.35m (10-11.75)	3.62m (11-10.5)	3.67m (12-0.5)
Alex Svacha	NH	3.50m (11-5.75)	3.67m (12-0.5)

### W - OUTDOOR POLE VAULT II TOP-10

1. Lauren Terstappen	13-7.25 (4.15m)	2015
2. Christy Gasparino	13-5.25 (4.10m)	2012
3. Caroline Kennedy	13-1.5 (4.00m)	2010
4. Sara Young	12-11.5 (3.95m)	2005
5. Mandy McLane	12-10.75 (3.93m)	2001
6. Caroline Bond	12-10.25 (3.92m)	2013
7. Joana Costa	12-10 (3.91m)	2003
8. Amy Morrison	12-9.5 (3.90m)	2010
9. Morgan Allen	12-8.25 (3.87m)	2018
10. Kat Majester	12-7.5 (3.85m)	2009

### W - JAVELIN THROW II TOP-10

1. Bethanie Wachna	160-8 (48.98m)	2010
2. Liane Weber	153-10 (46.88m)	2010
3. Linda Buchholz	152-0 (46.32m)	2010
4. Kammie Blount	151-4 (46.12m)	1999
5. Krystal Woods	144-7 (44.08m)	2006
6. Karine Farias	133-10 (40.81m)	2010
7. Alyssa Debski	133-3 (40.61m)	2017
8. Elizabeth Lord	131-11 (40.22m)	2003
9. Olivia Piccirillo	130-10 (39.89m)	2014
10. Jamine Moton	127-6 (38.86m)	1999

#### Old Weight Bests

1. Lisa Parak	161-4 (49.18m)	1990
2. Liz Griesback	150-7 (45.90m)	1993
3. Jodie Phillips	147-10 (45.06m)	1995
4. Katja Pettinen	147-1 (44.84m)	1995
5. Irja Kortesoja	145-3 (44.28m)	1997

### W - HEPTATHLON II TOP-10

1. Liane Weber	5,928 pts	2010
2. Katja Pettinen	5,321 pts	1995
3. Patricia Mamona	5,293 pts	2011
4. Linda Buchholz	5,206 pts	2007
5. Lauren Nicholson	5,200 pts	2003
6. Whitney Fountain	5,185 pts	2013
7. Aija Kortesoja	5,183 pts	1996
8. Annu Montell	5,171 pts	1997
9. Karine Farias	5,085 pts	2010
10. Aimee Stout	4,561 pts	1996

# EVENT-BY-EVENT PERFORMANCES

## WOMEN'S 4X100M RELAY

Athlete	Season's Best	Indoor Best	Personal Best
S. Clark, A. van der Merwe, A. Mallard, Z. Lawrence.	44.44		
A. van der Merwe, R. Smith, A. Mallard, T. Hemmings.	44.50		
S. Clark, R. Smith, A. Mallard, A. van der Merwe.	44.94		

### W - 4X100M RELAY II TOP-5

1. Ricketts, <b>Smith</b> , Hadley, Robinson	43.31	2017
2. Kendrick, Wesh, Bryant, Edgeron	43.43	2012
3. Golladay, Gracia, Morris, Edgeron	43.54	2011
4. Harrison, Rollins, Kendrick, Bryant	43.59	2013
5. Names not listed, Murray, Burgher, Weston, Mothersill	43.62	2000

## WOMEN'S 4X400M RELAY

Athlete	Season's Best	Indoor Best	Personal Best
K. Carter, L. Warner, A. Mallard, L. Disher.	3:38.39		
L. Warner, L. Disher, L. Barton, O. Cooney	3:39.50		
N. Foster, K. Gadson, C. Williams, L. Disher.	3:40.95		
L. Warner, A. Mallard, K. Carter, O. Cooney.	3:46.82		
C. Williams, K. Gadson, T. Hemmings, K. McIntosh	3:47.81		
N. Foster, K. Gadson, C. Williams, K. McIntosh.	3:49.68		

### W - OUTDOOR 4X400M RELAY II TOP-5

1. Parrish, James, George, Goule	3:28.59	2015
2. Burgher, Mothersill, Smith, Weston	3:29.97	2001
3. Brown, Tomlinson, Weston, Bouyer	3:31.84	1998
4. James, Williams, Thomas, George	3:32.67	2017
5. Clarke, Williams, <b>McIntosh</b> , Ferguson	3:32.79	2018

# WOMEN'S PERFORMANCE LIST

## Laurie Barton

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	South Carolina	56.58		12th
600m	O&P	1:30.90		3rd
800m	Clemson Invite	2:05.10		1st
	Bob Pollock	DNF (pacer)		---
	Tiger Paw	2:03.91		3rd
	ACC	2:04.80 (P)		1st
	ACC	2:01.99 (F)		2nd
	NCAA	2:04.07 (P)		2nd
	NCAA	2:01.21 (F)		2nd
1k	Hokie Invite	2:42.51		1st

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	FSU	4:18.56		2nd

## Anna Brewer

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Bob Pollock	2:30.57		32nd
	South Carolina	2:28.99		28th
	Tiger Paw	2:22.41		34th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Auburn	2:23.90		15th

## Jessica Brewer

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
PV	Clemson Invite	3.50m	11-5.75	T-6th
	Tiger Paw	3.56m	11-8	8th
	ACC	3.62m	11-10.5	T-12th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
PV	Auburn	NH		---
	FSU	3.35m	10-11.75	14th

## Areya Campbell

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60m	Bob Pollock	8.24 (P)		

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	12.48 (2.2)		27th
200m	Auburn	25.58 (2.5)		31st

## Kori Carter

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60mH	O&P	8.75 (P)		
	O&P	8.60 (F)		3rd
	Clemson Invite	8.58 (P)		
	Clemson Invite	8.46 (F)		5th
	Bob Pollock	8.52 (P)		
	South Carolina	8.45 (P)		
	South Carolina	DNF (F)		---
	Tiger Paw	8.83 (P)		
	ACC	8.52 (P)		11th
200m	Bob Pollock	24.78		7th
	Tiger Paw	24.58		19th
	ACC	24.43 (P)		16th
300m	O&P	40.95		6th
400m	Hokie Invite	57.39		9th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	FSU	24.88 (1.2)		17th
100mH	Florida	14.10 (0.3)		20th
400mH	Auburn	1:00.37		6th
	FSU	1:00.62		5th
	Florida	1:00.68		10th

## Serena Clark

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60m	Bob Pollock	7.78 (P)		
	South Carolina	7.71 (P)		
	Tiger Paw	7.73 (P)		
	ACC	7.69 (P)		
200m	South Carolina	24.95		14th
	Tiger Paw	24.86		30th
	ACC	24.38 (P)		13th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	12.05 (0.1)		12th
200m	Auburn	24.79 (2.8)		15th

## Riley Coggin

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Hokie Invite	2:18.70		7th
	Bob Pollock	2:19.28		15th
Mile	O&P	5:17.03		2nd
	Clemson Invite	5:06.92		8th
	Hokie Invite	5:00.85		8th
	Bob Pollock	5:02.60		9th
	Tiger Paw	5:00.70		7th
	ACC	4:57.36		16th
3k	O&P	DNF		---
	Tiger Paw	DNF (pacer)		---

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	Raleigh	4:40.49		68th
	Florida	4:29.30		16th

## Sydney Collins

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Hokie Invite	2:25.61		8th
	South Carolina	2:22.10		26th
	Tiger Paw	2:19.62		27th
1k	O&P	3:05.72		8th
Mile	Clemson Invite	5:15.14		12th
	Hokie Invite	5:22.53		13th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Auburn	2:24.66		17th
	Florida	2:14.46		18th

## Olivia Cooney

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
600m	Clemson Invite	1:37.93		3rd
800m	Hokie Invite	2:18.50		6th
	Bob Pollock	2:20.18		18th
	South Carolina	2:14.38		14th
	Tiger Paw	2:16.64		21st
	ACC	2:15.21 (P)		20th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400mH	Auburn	1:04.86		10th
	FSU	1:03.57		9th
	Florida	1:02.99		15th

## Sofia De Coteau

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
HJ	O&P	1.60m	5-3	T-3rd
	Clemson Invite	1.60m	5-3	5th
	Hokie Invite	1.70m	5-7	2nd
	Bob Pollock	1.65m	5-5	4th
	Tiger Paw	1.62m	5-3.75	11th
	ACC	1.60m	5-3	T-14th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
HJ	Auburn	1.66m	5-5.25	T-9th
	FSU	1.69m	5-6.5	3rd

## Leah Disher

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	South Carolina	58.41		17th
600m	O&P	1:34.19		6th
800m	Clemson Invite	2:13.06		7th
	Hokie Invite	2:13.81		5th
	Bob Pollock	2:17.16		14th
	Tiger Paw	2:09.51		10th
	ACC	2:10.00 (P)		14th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Auburn	58.21		13th
800m	FSU	2:09.78		2nd
	Florida	2:09.21		11th

## Courtashia Felton

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Did not compete during the 2020 indoor season.				

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Auburn	1:03.51		23rd

## Meredith Finley

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	O&P	2:25.64		2nd
	Clemson Invite	2:23.27		12th
	Bob Pollock	2:23.41		28th
	Tiger Paw	2:19.63		28th
Mile	O&P	5:19.65		4th
	Clemson Invite	5:23.04		16th
	Hokie Invite	5:11.76		11th
	Bob Pollock	5:09.81		16th
	South Carolina	5:20.57		26th
	Tiger Paw	5:04.23		10th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
800m	Florida	2:16.96		25th
1,500m	Raleigh	4:44.02		77th
	Florida	4:42.58		20th

## Andrea Foster

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	South Carolina	54.14		5th
600m	O&P	1:32.15		4th
800m	Clemson Invite	2:12.36		5th
	Bob Pollock	2:06.15		3rd
	Tiger Paw	2:05.88		4th
	ACC	2:06.60 (P)		4th
	ACC	2:03.54 (F)		3rd
	NCAA	2:13.44 (P)		

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Nicolee Foster

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400m	Hokie Invite	55.38		2nd
	South Carolina	55.85		11th
	ACC	55.70 (P)		9th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400mH	Auburn	59.00		2nd
	FSU	59.93		3rd
	Florida	57.73		4th

## Veronica Fraley

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
SP	Bob Pollock	15.20m	49-10.5	5th
	South Carolina	15.31m	50-2.75	8th
	Tiger Paw	15.76m	51-8.5	3rd
	ACC	16.00m	52-0	4th

### OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
SP	Auburn	15.84m	51-11.75	4th
	FSU	16.24m	53-3.5	4th
	Florida	15.71m	51-6.5	7th
Discus	Auburn	52.00m	170-7	2nd
	FSU	38.36m	125-10	10th
	Florida	49.66m	162-11	9th

## Ken'Naria Gadson

### INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	South Carolina	25.25		17th
	Tiger Paw	24.96		35th
300m	Clemson Invite	39.68		3rd
400m	Hokie Invite	57.32		8th
	Bob Pollock	5		

# WOMEN'S PERFORMANCE LIST

400m	FSU	56.35	8th
	Florida	55.85	24th

## Kelsey Gripekoven

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
3k	O&P	11:23.41		5th
	Clemson Invite	11:09.69		10th
	Hokie Invite	11:04.38		20th
	Tiger Paw	11:02.35		9th
5k	Bob Pollock	19:03.76		7th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	40:45.68		35th

## Grace Hanratty

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
1,500m	Raleigh	4:57.79		83rd
	Florida	4:56.17		23rd

## Brianna Hartley

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
Mile	O&P	5:18.48		3rd
3k	Hokie Invite	10:43.78		15th
	10:37.66	10:37.66		7th
5k	Bob Pollock	18:30.01		3rd

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
5,000m	Raleigh	19:35.71		88th

## Lauren Hayes

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Clemson Invite	2:21.62		11th
	Bob Pollock	2:21.02		19th
Mile	O&P	5:08.14		1st
	Clemson Invite	5:09.38		10th
	Bob Pollock	5:06.07		12th
	South Carolina	5:06.58		19th
	Tiger Paw	5:04.45		11th
3k	O&P	10:06.05		1st
	Hokie Invite	9:49.92		8th
	Tiger Paw	9:54.51		4th
	ACC	9:51.60		30th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

## Trishauna Hemmings

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60mH	O&P	8.29 (P)		
	O&P	8.31 (F)		2nd
	Clemson Invite	8.18 (P)		
	Bob Pollock	8.31 (P)		
	Bob Pollock	8.12 (F)		1st
	South Carolina	8.22 (P)		
	South Carolina	8.24 (F)		3rd
	Tiger Paw	8.14 (P)		
	Tiger Paw	8.15 (F)		4th
	ACC	8.14 (P)		2nd
	ACC	8.09 (F)		3rd
	NCAA	8.09 (P)		6th
	NCAA	8.16 (F)		8th
200m	Tiger Paw	23.28		3rd
	ACC	23.50 (P)		2nd
	ACC	23.12 (F)		1st
	NCAA	23.59 (P)		12th
300m	O&P	38.95		2nd

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	FSU	23.69 (0.7)		2nd
100mH	Florida	13.55 (0.3)		T-10th

## Annie Hill

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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## Jessica Johnson

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
HJ	O&P	1.55m	5-1	T-6th
	Clemson Invite	1.55m	5-1	10th
	Hokie Invite	1.60m	5-3	11th
	Bob Pollock	1.60m	5-3	8th
	Tiger Paw	1.57m	5-1.75	14th
	ACC	NH		---

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
HJ	Auburn	1.61m	5-3.25	11th
	FSU	1.59m (5-2.5)		8th

## Caroline Johnston

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
LJ	O&P	5.50m	18-0.5	5th
	Clemson Invite	5.72m	18-9.25	6th
	Hokie Invite	5.60m	18-4.5	14th
	Bob Pollock	5.79m	19-00	5th
	Tiger Paw	5.85m	19-2.5	7th
	ACC	5.86m	19-2.75	11th
TJ	Hokie Invite	FOUL	---	---
	Tiger Paw	11.81m	38-9	7th
	ACC	12.06m	39-6.75	9th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
LJ	Florida	5.43m (2.0)	17-9.75	18th

## Emma Kincaid

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	O&P	2:31.75		3rd
Mile	O&P	5:20.00		6th
	Bob Pollock	5:21.73		26th
	Tiger Paw	5:25.97		18th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

## Riley Lair

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
SP	O&P	10.71m	35-1.75	2nd
	Clemson Invite	10.82m	35-6	9th
	Hokie Invite	11.05m	36-3	9th
	Bob Pollock	11.82m	38-9.5	21st
	South Carolina	11.85m	38-10.5	14th
	Tiger Paw	11.36m	37-3.25	17th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

## Zeniyah Lawrence

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
60m	Clemson Invite	7.67		2nd
	Bob Pollock	7.75 (P)		
	Tiger Paw	7.78 (P)		
	ACC	7.72 (P)		13th
200m	O&P	25.00		2nd
	Clemson Invite	24.97		2nd
	Bob Pollock	24.93		11th
	Tiger Paw	24.69		24th
	ACC	25.21 (P)		26th
LJ	Clemson Invite	5.70m	18-8.5	8th
	Bob Pollock	5.67m	18-7.25	7th
	Tiger Paw	FOUL		
	ACC	5.35m	17-6.75	22nd

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	12.11 (2.2)		15th
	FSU	11.82 (3.5)		9th
	Florida	11.89 (1.2)		11th
200m	Auburn	24.76 (2.8)		14th
	FSU	24.76 (1.1)		14th
	Florida	24.62 (0.2)		25th

## Aliyah Mallard

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	Bob Pollock	24.56		4th
	Tiger Paw	24.49		17th
	ACC	24.28 (P)		10th
300m	Clemson Invite	39.80		4th
400m	Tiger Paw	58.04		21st

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
200m	Auburn	24.12 (2.8)		5th
	FSU	24.14 (1.9)		4th
400m	FSU	56.92		10th

## Sidney Marshall

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	12.14 (2.2)		16th
	FSU	11.98 (3.5)		10th
	Florida	12.37 (1.2)		17th
100mH	Auburn	13.78 (1.4)		3rd
	FSU	13.48 (1.8)		2nd
	Florida	13.86 (0.6)		15th

## Kamryn McIntosh

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
400m	Hokie Invite	56.43		5th
	South Carolina	55.04		8th
	ACC	54.47 (P)		2nd
	ACC	54.14 (F)		3rd
600m	O&P	1:35.44		7th
800m	Clemson Invite	2:13.17		8th
	Bob Pollock	2:11.85		7th
	Tiger Paw	2:09.28		8th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
400m	Auburn	55.09		4th
	Florida	54.67		19th
800m	FSU	2:10.09		4th

## Sophia Muccini

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
600m	Clemson Invite	1:45.47		4th
1k	O&P	3:16.55		11th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
800m	Auburn	2:30.01		19th

## Danielle Sloley

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
SP	O&P	13.32m	43-8.5	1st
	Clemson Invite	13.26m	43-6	2nd
	Hokie Invite	13.45m	44-1.5	6th
	Bob Pollock	13.67m	44-10.25	6th
	South Carolina	13.24m	43-5.25	12th
	Tiger Paw	FOUL	---	
	ACC	14.50m	47-7	12th

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
SP	Auburn	14.19m	46-6.75	15th
	FSU	14.28m	46-10.25	10th
	Florida	14.71m	48-3.25	14th
Discus	FSU	42.31m	138-9	7th

## Rebekah Smith

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

OUTDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	11.63 (0.1)		5th
	FSU	11.28 (2.9)		2nd

## Alex Svacha

INDOOR SEASON				
Event	Meet	Mark/Time	Conversion	Finish

# WOMEN'S PERFORMANCE LIST

PV	O&P	3.05m	10-0	2nd
	Clemson Invite	3.50m	11-5.75	T-6th
	Hokie Invite	3.45m	11-3.75	7th
	Bob Pollock	3.50m	11-5.75	13th
	Tiger Paw	NH	---	---
	ACC	NH	---	---

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
PV	Auburn	NH	---	---

### Antoinette van der Merwe

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60mH	South Carolina	8.76 (P)		
	Tiger Paw	8.60 (P)		
	ACC	8.52 (P)		10th
60m	Bob Pollock	7.60 (P)		
	Bob Pollock	7.63 (F)		7th
	ACC	7.48 (P)		6th
	ACC	7.58 (F)		8th
200m	Bob Pollock	24.86		9th
	South Carolina	24.66		11th
	Tiger Paw	24.73		26th

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
100m	Auburn	11.75 (2.2)		7th
	Florida	11.75 (0.4)		9th
100mH	FSU	14.14 (1.8)		8th

### Grace Wadas

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Mile	O&P	5:19.99		5th
	Clemson Invite	5:18.46		15th
	Tiger Paw	5:19.30		17th
3k	O&P	10:55.83		3rd
	Clemson Invite	10:44.50		9th
	Hokie Invite	10:54.11		19th
	Tiger Paw	10:40.63		8th
5k	Bob Pollock	18:39.51		5th

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
10,000m	Raleigh	DNF		---

### Lakeisha Warner

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season due to eligibility.</i>				

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
400mH	Auburn	59.87		4th
	FSU	1:02.82		6th
	Florida	1:01.25		12th

### Amanda Watson

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
<i>Did not compete during the 2020 indoor season.</i>				

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
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### Harleigh White

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
TJ	Clemson Invite	12.74m	41-9.75	1st
	Hokie Invite	12.49m	40-11.75	2nd
	Tiger Paw	12.43m	40-9.5	5th
	ACC	13.03m	42-9	5th

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
LJ	FSU	5.61m	18-5	13th
TJ	Auburn	12.54m	41-1.75	1st
	Florida	13.07m (0.0)	42-10.75	3rd

### Courtney Williams

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
60m	ACC	7.82		22nd
200m	South Carolina	25.28		18th
	Tiger Paw	24.95		33rd
	ACC	24.62 (P)		21st

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
200m	Auburn	24.27 (2.8)		8th
	FSU	24.74 (1.1)		13th
	Florida	24.33 (0.7)		22nd
400m	FSU	55.74		7th
	Florida	54.86		20th

### Josie Wirtz

## INDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
Mile	Clemson Invite	5:09.53		11th
	Hokie Invite	5:04.89		10th
	South Carolina	5:11.61		23rd
3k	O&P	10:18.86		2nd
	Clemson Invite	10:00.39		1st
	Bob Pollock	10:03.31		13th
	Tiger Paw	9:56.00		5th
	ACC	9:53.70		34th

## OUTDOOR SEASON

Event	Meet	Mark/Time	Conversion	Finish
1,500m	Florida	4:40.70		18th
5,000m	Raleigh	17:32.20		70th

# MEN'S ALL-TIME TOP-10 LIST

## 100 METERS

1. Travis Padgett.....	9.89	2008
2. Jacoby Ford.....	10.01	2009
3. Michael Green.....	10.02	1992
4. James Trapp.....	10.04	1991
5. Tevin Hester.....	10.05	2015
6. Justin Murdock.....	10.13	2011
7. Shawn Crawford.....	10.15	1998
8. Reggie Lewis.....	10.15	2014
9. Dwight Thomas.....	10.17	2002
10. Warren Fraser.....	10.18	2012

### All-Conditions Bests

1. Tevin Hester.....	9.87 (w)	2015
2. Travis Padgett.....	9.89#	2008
3. Jacoby Ford.....	10.01	2009
4. Michael Green.....	10.01 (w)	1993
5. James Trapp.....	10.03 (w)	1992

## 200 METERS

1. Shawn Crawford.....	20.09	2000
2. Tevin Hester.....	20.13	2016
3. James Trapp.....	20.17	1992
4. Tony Wheeler.....	20.23	1996
5. Travis Padgett.....	20.32	2008
6. Marcus Parker.....	20.33	2019
7. Desai Williams.....	20.35	1980
8. Greg Moses.....	20.41	1985
9. Dwight Thomas.....	20.45	2001
10. Marcus Black.....	20.50	1986

### All-Conditions Bests

1. Tony Wheeler.....	20.07 (w)	1996
2. Shawn Crawford.....	20.09	2000
3. Tevin Hester.....	20.13	2016
4. James Trapp.....	20.17	1992
5. Travis Padgett.....	20.32	2008

## 400 METERS

1. Ato Modibo.....	44.87	2001
2. Wesley Russell.....	45.22	1993
3. Tony Wheeler.....	45.37	1997
4. Otto Spain.....	45.57	2003
5. Jeffrey Green.....	45.65	2017
6. Shawn Thomas.....	45.86	1997
7. Brunson Miller.....	45.86	2013
8. Clarence Richards.....	45.94	1994
9. Cordell Lamb.....	46.05	2018
10. Kenny Franklin.....	46.09	1999

## 800 METERS

1. Terrance Herrington.....	1:46.38	1988
2. Davidson Gill.....	1:47.03	1999
3. Andrew Beecher.....	1:47.37	1992
4. Kameron Jones.....	1:47.49	2021
5. John Lewis.....	1:47.62	2017
6. Mpho Makofane.....	1:47.83	2017
7. Terrell Jackson.....	1:48.01	2017
8. Chris Slate.....	1:48.30	2012
9. Kendrick Roach.....	1:48.39	1994
10. Aaron Ramirez.....	1:49.04	2012

## 1500 METERS

1. Terrance Herrington.....	3:38.57	1987
2. Philip Greyling.....	3:41.25	1990
3. Wybo Lelieveld.....	3:41.68	1983
4. Mike Kauffman.....	3:43.15	1994
5. Dov Kremer.....	3:43.96	1988
6. Mogens Goldberg.....	3:44.00	1985
7. Itay Magidi.....	3:44.17	2005
8. Martin Flynn.....	3:44.30	1986
9. Dave Wittman.....	3:44.44	1991
10. Aaron Ramirez.....	3:44.97	2012

## 5000 METERS

1. Martin Flynn.....	13:42.00	1986
2. Cormac Finnerty.....	13:48.45	1991
3. Terry Goodenough.....	13:49.94	1980
4. Jim Haughey.....	13:51.10	1982
5. Ty McCormack.....	13:52.59	2013
6. James Dwyer.....	13:54.57	2016
7. Larry Clark.....	13:55.68	1990
8. Dov Kremer.....	13:56.40	1988
9. Matt Clark.....	13:57.27	2007
10. Hans Koeleman.....	14:04.50	1982

## 10,000 METERS

1. Matt Clark.....	28:49.77	2008
2. Yehezkel Halifa.....	28:56.80	1988
3. Terry Goodenough.....	29:08.13	1981
4. Julius Ogaro.....	29:14.50	1981
5. Jim Haughey.....	29:16.43	1981
6. Itay Magidi.....	29:29.34	2006
7. John Doherty.....	29:33.88	1991
8. Stijn Jaspers.....	29:43.54	1984
9. Iain Campbell.....	29:51.67	1984
10. Larry Clark.....	29:54.48	1990

## 110M HURDLES

1. Duane Ross.....	13.32	1995
2. Spencer Adams.....	13.39	2012
3. Jeremichael Williams.....	13.48	1997
4. Justin Johnson.....	13.52	2015
5. Todd Matthews.....	13.53	2002
6. Lafranz Campbell.....	13.62	2019
7. Anthony Knight.....	13.64	1993
8. Greg Hines.....	13.65	1998
9. Sultan Tucker.....	13.69	2001
10. Larry Ryans.....	13.71	1992

### All-Conditions Bests

1. Spencer Adams.....	13.24 (w)	2013
2. Duane Ross.....	13.32	1995
3. Jeremichael Williams.....	13.48	1997
4. Justin Johnson.....	13.52	2015
5. Todd Matthews.....	13.53	2002

## 400M HURDLES

1. Mitchel Francis.....	49.85	1995
Greg Hines.....	49.85	1998
3. Aaron Haynes.....	50.06	1997
4. Marcus Phillips.....	50.21	1997
5. Scott Kautz.....	50.24	2005
6. Deron Gordon.....	50.28	2018
7. Fred Sharpe.....	50.43	2000
8. Dion Wafford.....	50.84	1990
9. Spencer Adams.....	50.96	2012
10. Andrew Porter.....	51.36	2007

## 3000M STEEPLECHASE

1. Julius Ogaro.....	8:32.75	1981
2. Itay Magidi.....	8:34.12	2005
3. Hans Koeleman.....	8:35.90	1983
4. David Wittman.....	8:42.79	1991
5. Rim Cox.....	8:49.00	1990
6. Ty McCormack.....	8:50.35	2012
7. James Quattlebaum.....	8:53.02	2016
8. Noyes Livingston.....	8:53.20	1988
9. Matt Hughes.....	8:59.83	2008
10. Ryan Fenton.....	9:02.01	2004

## 4x100M RELAY

1. Murdock, Spiller Guy, Ford.....	38.77	2009
2. Currie, Spain Harper, Thomas.....	38.82	2002
3. Williams, Wheeler Chambers, Allen.....	38.92	1997

## 4x400M RELAY

1. Allen, Franklin.....	3:03.67	1999
Gill, Modibo.....		
2. Gill, Thomas.....	3:03.74	1996
Haynes, Wheeler.....		
3. Lamb, Cheeks Jackson, Green.....	3:03.84	2017
4. Lamb, Cheeks Bellafonte, Green.....	3:03.86	2016
5. Phillips, Haynes Thomas, Wheeler.....	3:04.69	1997

## HIGH JUMP

1. Victor Smalls.....	7-6.25 (2.29m)	1986
2. Shelton Boyer.....	7-4 (2.23m)	1983
3. John Thorp.....	7-3.25 (2.22m)	1995
4. Malcolm Reynolds.....	7-2.5 (2.20m)	2001
5. Torian Ware.....	7-1.75 (2.18m)	2015
Adam Linkenauer.....	7-1.75 (2.18m)	2007
Ed Fern.....	7-1.75 (2.18m)	1976
8. Terrance McDaniel.....	7-1.5 (2.17m)	2003
9. Bryan Williams.....	7-1 (2.16m)	1999
Doug Ameigh.....	7-1 (2.16m)	2001

## POLE VAULT

1. Xavier Tromp.....	18-0.5 (5.50m)	2010
2. Mitch Greeley.....	17-10.5 (5.45m)	2008
3. Jeff Fields.....	17-4.5 (5.30m)	1990
4. Jorge Tienda.....	17-2.75 (5.25m)	1998
5. Andrew Kessler.....	17-1 (5.21m)	2006
6. Chris Spear.....	17-0.75 (5.20m)	2008
7. Ryan Lewis.....	16-10.75 (5.14m)	2002
8. David Hartzler.....	16-9.25 (5.11m)	1997
9. Adam Godfrey.....	16-8.75 (5.09m)	1991
Benjamin Hess.....	16-8.75 (5.09m)	2000

## LONG JUMP

1. Chris McBride.....	25-11 (7.90m)	2017
2. George Kitchens.....	25-10.75 (7.89m)	2003
3. Chris Michael.....	25-9 (7.84m)	1985
4. Kai Maull.....	25-7.25 (7.80m)	1999
5. Jameel Abdul-Mateen.....	25-6 (7.77m)	2013
6. Shelton Boyer.....	25-1.5 (7.65m)	1986
7. Darwin Rencher.....	25-1 (7.64m)	1985
8. Ishmael Kamara.....	25-0 (7.62m)	2016
9. Frank Holland.....	24-11.75 (7.61m)	1991
10. Terrance Parks.....	24-11.5 (7.60m)	1986

## TRIPLE JUMP

1. Jeremiah Green.....	52-8.25 (16.06m)	2018
2. Shai Carpenter.....	52-4 (15.95m)	2015
3. Jason Bell.....	51-11.75 (15.84m)	2006
4. Larry Armstead.....	51-9 (15.77m)	1992
5. Kelvin Sykes.....	51-7.25 (15.73m)	1987
6. Josh Fowler.....	51-4.5 (15.66m)	2010
7. Ishmael Kamara.....	51-2.75 (15.61m)	2015
8. Brit Barrow.....	51-1 (15.57m)	2002
9. DJ Ledell.....	51-0.25 (15.55m)	2018
10. Bryan Williams.....	50-10.25 (15.50m)	2000

## SHOT PUT

1. Mike Spiritoso.....	68-4.25 (20.83m)	1986
2. Scott Erbach.....	60-8.75 (18.51m)	1991
3. Grant Voeks.....	(59-8.5) 18.20m	2019
4. Marcus Brown.....	59-5.5 (18.12m)	2014
5. Alex Padgett.....	59-0.75 (18.00m)	2011
6. Derek Gilson.....	58-3.75 (17.77m)	2004
7. Jack Harkness.....	57-7 (17.55m)	1982
8. Cory Thalheimer.....	57-5.5 (17.51m)	2013
Zico Campbell.....	57-5.5 (17.51m)	2021
10. Matt Lombardi.....	56-1.75 (17.11m)	2004

## DISCUS THROW

1. Jack Harkness.....	203-4 (61.98m)	1982
2. Roje Stona.....	201-4 (61.36m)	2019
3. James Plummer.....	192-10 (58.78m)	2015
4. Mike Columbus.....	190-10 (58.18m)	1977
5. Grant Voeks.....	188-5 (57.42m)	2019
6. Eric Snow.....	173-5 (52.86m)	1980
7. Derek Gilson.....	170-10 (52.07m)	2004
8. Rob Venier.....	168-9 (51.44m)	1988
9. Todd Christy.....	168-3 (51.28m)	2012
10. Andy Giesler.....	166-11 (50.87m)	2001

## HAMMER THROW

1. Zach Berg.....	210-7 (64.19m)	2010
2. Alex Padgett.....	207-5 (63.23m)	2010
3. Matt Helinski.....	204-1 (62.20m)	1997
4. Danny Alge.....	201-7 (61.45m)	2006
5. Colt Hodges.....	191-11 (58.50m)	2002
6. Jordan Pickrel.....	181-1 (55.20m)	2015
7. Mike Neary.....	179-9 (54.78m)	1991
8. Brett Varner.....	179-7 (54.73m)	2002
9. Reed Shindell.....	178-7 (54.43m)	2015
10. James Plummer.....	175-9 (53.58m)	2015

## JAVELIN THROW

1. Frank Crossen.....	224-5 (68.40m)	1989
2. Tom Gray.....	221-6 (67.52m)	1988
3. Eric Lander.....	220-4 (67.16m)	1996
4. Dylan Ahrens.....	216-6 (66.00m)	2017
5. Greg Burch.....	213-1 (64.96m)	1994
6. Damian DiCola.....	211-6 (64.46m)	1997
7. Scott Pauga.....	206-7 (62.97m)	2009
8. Brandon Holmes.....	200-8 (61.17m)	2005
9. Andy Giesler.....	198-11 (60.62m)	2001
10. Clayton Curtis.....	196-9 (59.97m)	2004

### Old Weight Bests

1. Roger Collins.....	269-1 (82.02m)	1969
2. Stewart Ralph.....	266-5 (81.20m)	1976
Mike Hartle.....	266-5 (81.20m)	1982
4. Kenneth Patterson.....	254-11 (77.70m)	1985
5. Van Weise.....	246-1 (75.00m)	1980

## DECATHLON

1. Miller Moss.....	7,996 pts	2011
2. Andy Giesler.....	7,619 pts	2001
3. Eric Lander.....	7,615 pts	1996
4. Fred Worthy.....	7,478 pts	1982
5. Ryan Koontz.....	7,371 pts	2006
6. Rick Hill.....	7,327 pts	2003
7. Josh Scott.....	7,288 pts	1997
8. Eric Olson.....	7,196 pts	1984
9. Brent Hobbs.....	7,180 pts	2004
10. Mark Jellison.....	6,906 pts	2000

**Bold** indicates a current student-athlete

# - NCAA record

(w) - wind-aided performance

# WOMEN'S ALL-TIME TOP-10 LIST

## 100 METERS

1. Dezerea Bryant	11.20	2013
<b>2. Rebekah Smith</b>	<b>11.22</b>	<b>2018</b>
3. Sabria Hadley	11.28	2015
Simone Tomlinson	11.28	1998
5. Torie Robinson	11.31	2017
Cydonie Mothersill	11.31	2001
7. Treshell Mayo	11.36	1996
8. Stormy Kendrick	11.36	2010
9. Kim Graham	11.37	1993
10. Myasia Jacobs	11.38	2015

### All-Conditions Bests

1. Torie Robinson	11.16 (w)	2018
2. Dezerea Bryant	11.20	2013
3. Simone Tomlinson	11.21 (w)	1998
<b>4. Rebekah Smith</b>	<b>11.22</b>	<b>2018</b>
5. Stormy Kendrick	11.23 (w)	2010

## 200 METERS

1. Cydonie Mothersill	22.54	2001
2. Kim Graham	22.64	1993
3. Dezerea Bryant	22.66	2013
4. Sabria Hadley	22.88	2017
5. Treshell Mayo	22.89	1996
6. Brianna Rollins	23.04	2013
7. Marlena Wesh	23.06	2012
8. Deja Parrish	23.08	2016
9. Stormy Kendrick	23.09	2011
Shekera Weston	23.09	2001

### All-Conditions Bests

1. Dezerea Bryant	22.54 (w)	2013
2. Cydonie Mothersill	22.57	2001
3. Kim Graham	22.64	1993
4. Stormy Kendrick	22.83 (w)	2010
5. Treshell Mayo	22.89	1996

## 400 METERS

1. Marlena Wesh	51.43	2012
2. Kim Graham	51.88	1993
3. Olivia James	52.56	2017
Angel Fleetwood	52.56	1992
5. Natoya Goule	52.57	2015
6. Michelle Burgher	52.63	2001
7. Kendra Clarke	52.65	2018
8. Deja Parrish	52.80	2016
9. Shekera Weston	52.81	2001
10. Shenita Wilson	52.98	1997

## 800 METERS

1. Natoya Goule	1:59.63	2015
2. Tina Krebs	2:02.07	1983
3. Fellan Ferguson	2:03.15	2018
<b>4. Kamryn McIntosh</b>	<b>2:03.73</b>	<b>2018</b>
5. Ersula Farrow	2:04.13	2016
6. Grace Barnett	2:05.89	2018
<b>7. Andrea Foster</b>	<b>2:06.15</b>	<b>2019</b>
8. Brianna Blanton	2:06.55	2016
9. Ane Skak	2:06.98	1991
10. Karen Hartmann	2:07.09	1992

## 1500 METERS

1. Grace Barnett	4:11.07	2018
2. Tina Krebs	4:15.23	1985
3. Karen Hartmann	4:15.87	1992
<b>4. Laurie Barton</b>	<b>4:18.56</b>	<b>2021</b>
5. Natoya Goule	4:20.04	2015
6. Kerry Robinson	4:22.14	1982
7. Mareike Rassing	4:22.23	1991
8. Alyssa Kulik	4:22.75	2012
9. Jillianne Littmann	4:23.50	1999
10. Elsa Breit	4:23.77	1987

## 5000 METERS

1. Kerry Robinson	16:02.76	1983
2. Stephanie Weikert	16:06.13	1983
3. Kim Ruck	16:12.05	2010
4. Natalie Anthony	16:16.27	2012
5. Ute Jamrozky	16:20.91	1986
6. Judith Shepherd	16:22.67	1985
7. Logan Morris	16:26.35	2018
8. Jennifer Briscoe	16:34.54	1982
9. Michelle Scholtz	16:41.04	1990
10. Michelle Kalikin	16:43.50	1989

## 10,000 METERS

1. Ute Jamrozky	33:14.83	1986
2. Kim Ruck	33:16.45	2011
3. Michelle Scholtz	34:50.19	1990
4. Helen Rogers	34:58.47	1988
5. Natalie Anthony	35:00.46	2013
6. Erin McLaughlin	35:04.27	2019
7. Gail Groulx	35:05.62	1991
8. Karen Friedrichsen	35:06.49	1994
9. Tina Jensen	35:09.21	1997
10. Elizabeth Dawson	35:27.36	2018

## 100M HURDLES

1. Brianna Rollins	12.39	2013
2. Bridgette Owens	12.71	2012
3. Keni Harrison	12.88	2013
4. Monique Gracia	13.00	2012
5. Michaylin Golladay	13.01	2011
6. Jasmine Edgerson	13.09	2012
7. Samantha Elliott	13.11	2015
8. Ebony Williams	13.24	2019
9. Nikkie Bouyer	13.32	1998
10. Kyana Elder	13.44	2001
Polly Hardy	13.44	2008

### All-Conditions Bests

1. Brianna Rollins	12.39#	2013
2. Bridgette Owens	12.71	2012
3. Michaylin Golladay	12.82 (w)	2011
4. Keni Harrison	12.87 (w)	2013
5. Monique Gracia	13.00	2012

## 400M HURDLES

1. Samantha Elliott	55.51	2015
2. Keni Harrison	55.75	2013
3. Silja Ulfarsdottir	56.62	2005
4. Nikkie Bouyer	56.64	1999
5. Markeeta Thomas	57.11	2018
<b>6. Lakeisha Warner</b>	<b>57.21</b>	<b>2019</b>
7. Sonni Huston	57.31	2011
8. Marlena Wesh	57.49	2011
<b>9. Nicole Foster</b>	<b>57.73</b>	<b>2021</b>
10. Michelle Burgher	57.79	2001

## 3000M STEEPLECHASE

1. Alyssa Kulik	9:52.90	2012
2. Logan Morris	10:07.13	2018
3. Stephanie Buffo	10:37.50	2011
4. Brianna Feerst	10:46.58	2015
5. Morgan Wittrock	10:57.31	2019
6. Jenny Barton	10:59.98	2006
7. Alyssa Henshaw	11:07.19	2011
8. Mikie Harris	11:21.27	2019
9. Joanie Castagno	11:30.12	2009
10. Lisa Girard	11:36.92	2013

## 4x100M RELAY

<b>1. Ricketts, Smith, Hadley, Robinson</b>	<b>43.31</b>	<b>2017</b>
2. Kendrick, Wesh, Bryant, Edgerson	43.43	2012
3. Golladay, Gracia, Morris, Edgerson	43.54	2011
4. Harrison, Rollins, Kendrick, Bryant	43.59	2013
5. Names not listed	43.62	2000
Murray, Burgher, Weston, Mothersill	43.62	2001

## 4x400M RELAY

1. Parrish, James, George, Goule	3:28.59	2015
2. Burgher, Mothersill, Smith, Weston	3:29.97	2001
3. Brown, Tomlinson, Weston, Bouyer	3:31.84	1998
4. James, Williams, Thomas, George	3:32.67	2017
5. Clarke, Williams, McIntosh, Ferguson	3:32.79	2018

## HIGH JUMP

1. April Sinkler	6-1.25 (1.86m)	2010
2. Mimi Land	5-11.5 (1.82m)	2015
3. Sharia Clinkscates	5-10.75 (1.80m)	1996
4. Liane Weber	5-9.25 (1.76m)	2010
5. Linda Buchholz	5-8.75 (1.75m)	2010
Anastacia Wilson	5-8.75 (1.75m)	2009
7. Katja Pettinen	5-8 (1.73m)	1995
Katie Pickett	5-8 (1.73m)	2004
9. Sarah Maxson	5-7.25 (1.71m)	2015
Annu Montell	5-7.25 (1.71m)	1997

## POLE VAULT

1. Lauren Terstappen	13-7.25 (4.15m)	2015
2. Christy Gasparino	13-5.25 (4.10m)	2012
3. Caroline Kennedy	13-1.5 (4.00m)	2010
4. Sara Young	12-11.5 (3.95m)	2005
5. Mandy McLane	12-10.75 (3.93m)	2001
6. Caroline Bond	12-10.25 (3.92m)	2013
7. Joana Costa	12-10 (3.91m)	2003
8. Amy Morrison	12-9.5 (3.90m)	2010
9. Morgan Allen	12-8.25 (3.87m)	2018
10. Kat Majester	12-7.5 (3.85m)	2009

## LONG JUMP

1. April Sinkler	21-6.25 (6.56m)	2011
2. Monyetta Haynesworth	21-5.5 (6.54m)	1992
3. Gisele Oliveira	20-11.75 (6.39m)	2003
4. Tonya McKelvey	20-9 (6.32m)	1993
5. Whitney Fountain	20-8.5 (6.31m)	2014
6. Mimi Land	20-4.25 (6.22m)	2013
Jasmine Brunson	20-4.25 (6.20m)	2011
8. Angelica Collins	20-2.5 (6.16m)	2017
9. Courtney Singleton	20-2.25 (6.15m)	1993
10. Marcia Fletcher	20-1 (6.12m)	1990

## TRIPLE JUMP

1. Patricia Mamona	46-1.25 (14.05m)	2011
2. Gisele Oliveira	45-9 (13.94m)	2005
3. Iana Amsterdam	44-10.75 (13.68m)	2017
4. April Sinkler	44-4 (13.51m)	2012
5. Anastasia Terrell	43-6.5 (13.27m)	2016
6. Sheri Smith	43-0.5 (13.12m)	2002
7. Jasmine Brunson	42-11 (13.08m)	2012
<b>8. Harleigh White</b>	<b>42-10.75 (13.07m)</b>	<b>2021</b>
9. Nanette Holloway	42-10.25 (13.06m)	1992
10. Whitney Fountain	42-9 (13.03m)	2014

## SHOT PUT

1. Jamine Moton	58-2.5 (17.74m)	2001
2. Janell Fullerton	53-4.25 (16.26m)	2019
<b>3. Veronica Fraley</b>	<b>53-3.5 (16.24m)</b>	<b>2021</b>
4. Nikki Sims	52-7.25 (16.03m)	1995
5. Angela Dolby	51-3 (15.62m)	1992
6. Danielle Curry	49-5.75 (15.08m)	2011
7. Aija Kortesoja	48-5.25 (14.76m)	1996
<b>8. Danielle Soley</b>	<b>48-3.25 (14.71m)</b>	<b>2021</b>
9. Jackie Hudgins	48-0.75 (14.65m)	2002
10. Patricia Cuffee	46-11 (14.30m)	1991

## DISCUS THROW

1. Jamine Moton	182-2 (55.52m)	2001
<b>2. Veronica Fraley</b>	<b>173-7 (52.90m)</b>	<b>2019</b>
3. Brittney Waller	169-1 (51.55m)	2013
4. Nancy Taliaferro	159-0 (48.46m)	1989
5. Nikki Simsv	158-10 (48.42m)	1997
6. Majajla Holland	160-0 (48.78m)	2017
7. Krystal Woods	155-3 (47.33m)	2005
8. Janell Fullerton	154-9 (47.18m)	2019
9. Grace French	153-6 (46.78m)	2019
10. Lisa Parak	150-2 (45.78m)	1991

## HAMMER THROW

1. Jamine Moton	220-6 (67.21m)	2002
2. Nikola Lomnicka	208-8 (63.61m)	2009
3. Della Clark	194-2 (59.18m)	2006
4. Brittney Waller	188-3 (57.38m)	2013
5. Rochelle Kokayko	184-6 (56.23m)	2007
6. Krystal Woods	173-9 (52.96m)	2006
7. Danielle Borriello	172-8 (52.63m)	2016
8. Mikaela Patterson	170-11 (52.10m)	2005
9. Danielle Little	170-6 (51.98m)	2019
10. Danielle Curry	167-6 (51.06m)	2011

## JAVELIN THROW

1. Bethanie Wachna	160-8 (48.98m)	2010
2. Liane Weber	153-10 (46.88m)	2010
3. Linda Buchholz	152-0 (46.32m)	2010
4. Kammie Blount	151-4 (46.12m)	1999
5. Krystal Woods	144-7 (44.08m)	2006
6. Karine Farias	133-10 (40.81m)	2010
7. Alyssa Debski	133-3 (40.61m)	2017
8. Elizabeth Lord	131-11 (40.22m)	2003
9. Olivia Piccirillo	130-10 (39.89m)	2014
10. Jamine Moton	127-6 (38.86m)	1999

### Old Weight Bests

1. Lisa Parak	161-4 (49.18m)	1990
2. Liz Griesback	150-7 (45.90m)	1993
3. Jodie Phillips	147-10 (45.06m)	1995
4. Katja Pettinen	147-1 (44.84m)	1995
5. Irja Kortesoja	145-3 (44.28m)	1997

## HEPTATHLON

1. Liane Weber	5,928 pts.	2010
2. Katja Pettinen	5,321 pts.	1995
3. Patricia Mamona	5,293 pts.	2011
4. Linda Buchholz	5,206 pts.	2007
5. Lauren Nicholson	5,200 pts.	2003
6. Whitney Fountain	5,185 pts.	2013
7. Aija Kortesoja	5,183 pts.	1996
8. Annu Montell	5,171 pts.	1997
9. Karine Farias	5,085 pts.	2010
10. Aimee Stout	4,561 pts.	1996

**Bold** indicates a current student-athlete  
 \$ - NCAA record  
 (w) - wind-aided performance

# FRESHMAN RECORDS

## MEN - INDOOR

55m	James Trapp	6.20	1990
60m	Jacoby Ford	6.52	2007
200m	Dwight Thomas	21.00	2002
400m	Ato Modibo	46.00	1999
800m	Terrell Jackson	1:48.50	2017
Mile	Stijn Jaspers	4:01.82	1983
3000m	Yehezkel Halifa	7:59.79	1988
5000m	Robert deBrouwer	13:32.00	1985
55mH	Duane Ross	7.21	1992
60mH	Spencer Adams	7.80	2010
High Jump	Adam Linkenauger	7-2.25/2.19m	2004
Pole Vault	Chris Spear	16-9.5/5.12m	2007
Long Jump	Antwoine Welcome	24-10.5/7.58m	1991
Triple Jump	Tony Lloyd	50-9.5/15.48m	1998
Shot Put	Rob Venier	57-11.75/17.67m	1989
Weight Throw	Zach Berg	59-0.25/17.99m	2007
Heptathlon	Miller Moss	5,206 pts	2008

## MEN - OUTDOOR

100m	Travis Padgett	10.00	2006
200m	Tony Wheeler	20.30	1994
400m	Ato Modibo	45.33	1999
800m	Terrance Herrington	1:48.19	1986
	John Lewis	1:48.19	2016
1500m	Philip Greyling	3:46.58	1989
Steeplechase	Itay Magidi	8:36.92	2003
5000m	Martin Flynn	14:08.88	1984
10,000m	Yehezkel Halifa	28:56.80	1988
110mH	Duane Ross	13.61	1992
400mH	Greg Hines	50.64	1995
High Jump	Shelton Boyer	7-4/2.23m	1983
Pole Vault	Ryan Lewis	16-6.75/5.05m	2000
	Mitch Greeley	16-6.75/5.05m	2005
Long Jump	Kai Maull	25-7.25/7.80m	1999
Triple Jump	Shai Carpenter	51-8.25/15.75m	2012
Shot Put	Mike Spiritoso	56-8/17.27m	1983
<b>Discus</b>	<b>Roje Stona</b>	<b>201-4/61.36m</b>	<b>2019</b>
Hammer	Colt Hodge	191-11/58.50m	2002
Javelin	Frank Crossen	208-8/63.60m	1986
Decathlon	Eric Lander	7,018 pts	1993

## WOMEN - INDOOR

55m	Simone Tomlinson	6.80	1995
60m	Dezerea Bryant	7.25	2012
200m	Dezerea Bryant	23.26	2012
400m	Olivia James	53.24	2015
<b>800m</b>	<b>Kamryn McIntosh</b>	<b>2:03.59</b>	<b>2018</b>
Mile	Grace Barnett	4:41.85	2015
3000m	Ute Jamrozcy	9:12.12	1986
5000m	Alexa Womack	17:14.13	2014
55mH	Nikkie Bouyer	7.80	1996
60mH	Brianna Rollins	8.17	2010
High Jump	Mimi Land	5-11.5/1.82m	2013
Pole Vault	Lauren Terstappen	13-0.25/3.97m	2011
Long Jump	Monyetta Haynesworth	20-5/6.22m	1992
Triple Jump	Patricia Mamona	43-0.25/13.11m	2007
Shot Put	Jamine Moton	49-3/15.01m	1998
Weight Throw	Nikola Lomnicka	61-10.25/18.85m	2009
Pentathlon	Liane Weber	4,089 pts	2007

## WOMEN - OUTDOOR

100m	Stormy Kendrick	11.25	2010
200m	Dezerea Bryant	22.97	2012
400m	Nia Fluker	53.48	2012
800m	Tina Krebs	2:02.07	1983
1500m	Karen Hartmann	4:15.87	1992
Steeplechase	Logan Morris	10:23.31	2017
5000m	Natalie Anthony	16:16.27	2012
10,000m	Ute Jamrozcy	33:14.83	1986
100mH	Bridgette Owens	13.05	2011
400mH	Keni Harrison	56.72	2012
High Jump	Sharia Clinkscales	5-10/1.78m	1994
	Mimi Land	5-10/1.78m	2013
Pole Vault	Lauren Terstappen	13-3.75/4.06m	2011
Long Jump	Monyetta Haynesworth	21-5.5/6.54m	1992
Triple Jump	Patricia Mamona	43-2.5/13.17m	2007
Shot Put	Nikki Sims	50-4/15.34m	1994
<b>Discus</b>	<b>Veronica Fraley</b>	<b>173-7/52.90m</b>	<b>2019</b>
Hammer	Nikola Lomnicka	208-8/63.61m	2009
Javelin	Linda Buchholz	152-5/46.46m	2007
Heptathlon	Liane Weber	5,337 pts	2007