



2023 GAME NOTES

CLEMSON LACROSSE

INAUGURAL SEASON



Game 3: Clemson Tigers vs. Winthrop Eagles

February 18, 2023 • Eagle Field • Rock Hill, S.C.

SCHEDULE

Date	Day	Network	ACC	Opponent	Result/Time
2/11	Sat.	ACCN		Wofford	W 23-1
2/15	Wed.	ACCNX		Furman	W 19-3
2/18	Sat.			at Winthrop	12:00 p.m.
2/22	Wed.	ACCNX		Gardner-Webb	4:00 p.m.
2/25	Sat.	ACCNX	*	at Notre Dame	1:00 p.m.
3/3	Fri.	ACCNX	*	at UVA	5:00 p.m.
3/5	Sun.	ACCNX		at Longwood	12:00 p.m.
3/8	Wed.	ACCNX		Campbell	4:00 p.m.
3/11	Sat.	ACCNX	*	Duke	12:00 p.m.
3/16	Thurs.	ACCNX	*	Boston College	4:00 p.m.
3/19	Sun.	ACCNX		Radford	1:00 p.m.
3/22	Wed.	ACCNX		Presbyterian	4:00 p.m.
3/26	Sun.	ACCNX	*	at UNC	2:00 p.m.
4/1	Sat.	ACCNX	*	Louisville	1:00 p.m.
4/8	Sat.	ACCNX	*	at Syracuse	2:00 p.m.
4/15	Sat.	ACCNX	*	at Virginia Tech	12:00 p.m.
4/20	Thurs.	ACCNX	*	Pitt	6:00 p.m.

Note: Home games in bold; all are in Eastern * ACC regular season game

CLEMSON

Record: 2-0
Home: 1-0
Away: 0-0
Non-Conf: 2-0
ACC Record: 0-0

WINTHROP

Record: 1-0
Home: 0-0
Away: 0-0
Non-Conf: 1-0
Big South Record: 0-0

Head Coach: Allison Kwolek (1st season)
Asst. Coach: Madison Carter (1st season)
Asst. Coach: Bill Olin (1st season)
Current Win Streak: 2

Head Coach: Kara Concheck (2nd season)
Asst. Coach: Hannah Potter (1st season)
Asst. Coach: Hailey Sanders (1st season)
Current Win Streak: 1

PROGRAM FACTS

Nickname	Tigers
Location	Clemson, S.C.
Colors	Tiger Orange & Regalia
Founded	1889
Enrollment	25,822
President	Dr. James P. Clements (Maryland-Baltimore County '85)
Director of Athletics	Graham Neff (Georgia Tech '06)
Facility/Year (Capacity)	Historic Riggs Field/1915 (6,500)
Head Coach	Allison Kwolek (William & Mary '03)
Assistant Coach	Madison Carter (Penn State '20)
Assistant Coach	Bill Olin (Rutgers '10)
Director of Operations	Sam Sorrell (Clemson '20)
Athletic Trainer	Amanda Taylor
Strength & Conditioning Coach	Erika Troutman
Sports Nutrition Fellow	Caroline Klinger
Associate Director/Academic Services	Chelsea Ingersoll
Season of Lacrosse	First Season

QUICK NOTES

THE LEAD

- Clemson has started their inaugural season off strong, winning their first two games by a 42-4 margin
- The Tigers will travel to Winthrop for their first away game in program history
- After finishing last season 4-14, the Eagles also won their first game of the 2023 season, beating Kennesaw State 16-13.

LAST GAME

- The Tiger's scored 11 of their 19 goals in the first quarter
- 11 different Tiger's scored, including Ella Little, Sara Palmisano and Emma Johnson all scoring for the first time in a Clemson uniform
- Clemson kept Furman scoreless until 6:19 minutes were left in the third quarter

LIVE STATS

- To access Live Stats for Clemson Lacrosse games, visit the Tigers' schedule page on ClemsonTigers.com or click [here](#).

WHERE ARE THEY FROM?

- The Tigers roster is represented by eight different states and two countries: New York (10), Maryland (6), Florida (4), Pennsylvania (3), South Carolina (2), New Hampshire (1), Texas (1), and Ontario, Canada (1).

TRANSFERS

- The Tigers roster consists of 20 transfers, including 11 graduates and nine undergraduates.
- The transfers come from the following schools: Maryland, Syracuse, Louisville, UNC, Marist, Oregon, Davidson, Penn, Arizona State, Richmond, UMass, Denver, Towson, Colorado, Jacksonville, and William & Mary

FRESHMEN

- Clemson's roster includes eight freshmen: Paris Masaracchia, Ava Delyra, Sofia Chepnenik, Kasey Beach, Julian Bell, Erin Hickey, Tanner Scarola, and Callie Roseberry.
- Inside Women's Lacrosse named Paris Masaracchia No. 43 to their 2023 Preseason Freshmen Top 100 Rankings. Paris was the only freshman that started in their opening game against Wofford.

FALL 2022

- The Tigers competed in eight scrimmages in the fall of 2022, hosting Davidson, Campbell, Mercer, Liberty, and Gardner-Webb in two tournaments and then traveled to Charleston, S.C. to play Jacksonville and then Chapel Hill, N.C. for additional scrimmages against William & Mary and East Carolina.

WHERE ARE THEY PLAYING?

- The 2023 lacrosse inaugural season is being played at Historic Riggs Field.
- Historic Riggs Field has a 6,500 capacity
- Starting in 2024, Clemson will play their games in their brand new lacrosse stadium that is a part of Clemson's women's sports facility expansion project on the banks of Lake Hartwell.

HISTORICAL TIMELINE

June 17, 2021

Clemson Director of Athletics Dan Radakovich announces the addition of the lacrosse program

August 2, 2021

Allison Kwolek named Clemson Lacrosse Head Coach

August 24, 2021

Madison Carter hired as Assistant Coach

September 22, 2021

Sam Sorrell hired as Director of Operations

November 12, 2021

Clemson announces inaugural signing class

January 26, 2022

Clemson announces Women's Sports Facility Plan

May 25, 2022

Bill Olin hired as Assistant Coach

July 6, 2022

Clemson signs 19 transfers to the inaugural roster

August 23, 2022

First official team meeting

August 26, 2022

First official team practice

October 2, 2022

First scrimmage against Mercer at Clemson

November 15, 2022

Clemson signs eight on National Signing Day

December 5, 2022

2023 Inaugural schedule announced

December 6, 2022

Clemson breaks ground on new women's athletic facilities which includes a new lacrosse stadium

February 11, 2023

Clemson wins their inaugural game against Wofford 23-1

QUICK FACTS

MEDIA SERVICES

CLEMSON ATHLETIC COMMUNICATIONS

Women's Lacrosse Contact Megan Kinner (Clemson '22)

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Phone (443) 280-1705

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CLEMSON ATHLETICS

Website ClemsonTigers.com

Ticket Office Phone 1-800-CLEMSON

Social Media @ClemsonWlax (Twitter)

@ClemsonWlax (Instagram)

@ClemsonWlacrosse (Facebook)

@ClemsonTigers (Main Athletics)

ACC MEDIA RELATIONS

Andy Fledderjohann is the women's lacrosse athletic communications contact at the ACC office. He can be reached at 336-369-1002 (office) or via email at afledder@theacc.org.

CREDENTIALS

Members of the working press can request media credentials on a season, or game-by-game basis. All requests must be sent to **Megan Kinner** via email. Season credentials may be requested at any point throughout the season. Those interested in a single-game credential must communicate the request at least one day prior to the game.

INTERVIEW

Interviews are available at any point throughout the week with select players and **Head Coach Allison Kwolek**. Contact **Megan Kinner** via phone or email to coordinate all interview requests. Players are available at the discretion of the women's lacrosse staff upon request.

ACC PRESEASON POLL

1. North Carolina	6. Virginia
2. Boston College	7. Virginia Tech
3. Syracuse	8. Louisville
4. Duke	9. Pitt
5. Notre Dame	10. Clemson

2023 Stat Leaders

Category	Names	No.
Points	Hanna Hilcoff	11
Goals	Hanna Hilcoff	9
Assists	Belle Martire	4
Draw Controls	Ella Little	13
Ground Balls	Marina Miller	7
Caused Turnovers	Gianna New	3

COACHES & STAFF

TITLE	NAME
Head Coach	Allison Kwolek (KWO-leck)
Assistant Coach	Madison Carter
Assistant Coach	Bill Olin (OH-lin)
Director of Operations	Sam Sorrell
Undergraduate Manager	Madison Gulian
Undergraduate Manager	Nicola Camisa
Strength & Conditioning	Erika Troutman
Athletic Trainer	Amanda Taylor
Academic Services	Chelsea Ingersoll
Sports Nutrition	Carolina Klinger

NUMERICAL ROSTER

#	PLAYER	POSITION	YEAR	HEIGHT	HOMETOWN	PREVIOUS SCHOOL	PRONUNCIATION
1	Ella Little	Midfield	Jr.	5-9	Baltimore, Md.	UNC Chapel Hill	
2	Gianna New	Attack	Gr.	5-7	Bedford, N.Y.	Davidson	jee-AH-nuh
4	Paris Masaracchia	Defense	Fr.	5-9	Enola, PA	Bishop Shanahan HS	moss-ah-ROK-ee-ah
5	Ava Delyra	Goalie	Fr.	5-5	Charleston, S.C.	Wando HS	duh-LEER-ah
6	Emma Johnson	Midfield	Gr.	5-5	Pointe Beach, Fla.	Davidson	
7	Sara Palmisano	Attack	Jr.	5-7	Delray, Fla.	Denver	pol-muh-SAH-no
8	Bella Karstien	Midfield	Jr.	5-9	Reading, PA	Louisville	CAR-steen
9	Sofia Chepenik	Attack	Fr.	5-11	Palm Coast, FLA	Episcopal School of Jax	CHEP-nik
11	Kasey Beach	Midfield	Fr.	5-4	Urbana, MD	Urbana HS	
12	Belle Martire	Attack	Gr.	5-5	Baltimore, MD	William & Mary	mar-TEER-ee
13	Marina Miller	Midfield	Gr.	5-7	Pittsburgh, PA	Richmond	
15	Julian Bell	Midfield/Attack	Fr.	5-5	Bedford, N.H.	Bedford HS	
16	Erin Hickey	Midfield	Fr.	5-4	Farmingdale, N.Y.	Farmingdale HS	
17	Miya Scanlan	Attack	So.	5-10	Irving, N.Y.	Jacksonville	MY-uh SCAN-lin
18	Maddy Moloney	Attack	Gr.	5-5	Peterborough, Ontario	UMass	
19	Nakeeya McCardell	Midfield	Jr.	5-6	Missouri City, Texas	Oregon	nuh-KEE-uh mih-CAR-dell
20	Mallory Martel	Defense	Gr.	5-6	Severna Park, MD	Arizona State	
21	Bella D'Gracia	Defense	Jr.	5-5	Manorville, N.Y.	Marist College	duh-GRAW-see-uh
22	Tanner Scarola	Attack	Fr.	5-8	Huntington, N.Y.	St. Anthony HS	
23	Kerri Thornton	Attack	Gr.	5-5	Stony Brook, N.Y.	Towson	
24	Chloe Willard	Attack	Gr.	5-6	Cazeonovia, N.Y.	Colorado	
25	Emma Tilson	Midfield	Sr.	5-4	Eldersburg, MD	Maryland	
26	Hanna Hilcoff	Attack	Sr.	5-9	Jupiter, FLA	Oregon	
27	Callie Roseberry	Midfield	Fr.	5-9	Larchmont, N.Y.	Mamaroneck HS	
28	Jalyn Jimerson	Midfield	Gr.	5-8	Collins, N.Y.	Syracuse	
29	Emily Lamparter	Goalie	So.	5-7	Lake Wylie, S.C.	Maryland	
33	Krissy Kowalski	Goalie	Gr.	5-5	Manhasset, N.Y.	Penn	
35	Starr Howard	Midfield	Gr.	5-7	Rockville, Md.	William & Mary	

HEAD COACH & CAPTAINS

HEAD COACH ALLISON KWOLEK

Allison Kwolek was hired as Clemson's first lacrosse head coach on August 2, 2021 and has been working hard ever since to build this program. Her hard work has paid off so far, as they have landed great recruiting classes, had a successful fall ball, and started their inaugural season off 2-0 with a 23-1 win over Wofford and a 19-3 win over Furman.

Prior to coming to Clemson, Kwolek served as head coach at the University of Richmond from 2013 to 2021, which includes a 64-16 (.800) winning percentage, a 27-5 conference record and two conference tournament and two league regular-season championships in the past five seasons. Richmond was nationally ranked in the top-10 each of the last two seasons and has qualified for the NCAA postseason in two of the last three tournaments, which doesn't include the 2020 season in which the Spiders started 7-0 and defeated No. 6 UVa before the season was cut short due to COVID-19. The Spiders have enjoyed their most successful run in their program's history under Kwolek's leadership. When the William and Mary graduate took over the program in 2013, Richmond had accumulated just 10 winning seasons since their inaugural season in 1983. Kwolek racked up seven winning records in her nine seasons as the head coach.

Kwolek's success was not limited to the regular season, although she did garner two A10 regular-season championships over the past five campaigns. The Spiders are 11-5 in postseason play under Kwolek, including a 3-0 run in the 2019 A10 Tournament, culminating in being crowned conference champions for a second-straight year. Kwolek has qualified for seven straight A10 Tournaments and has reached the championship game in six of those appearances. She has coached five Atlantic 10 Players of the Year, along with numerous all-conference selections. Two of her players have been named to the watch list for the Tewaaraton Award, a recognition earned by the best player in NCAA men's and women's lacrosse.

Prior to her time at Richmond, she served as an assistant at the College of William and Mary, Columbia University, and Dartmouth College. Formerly known as Allison Evans, Kwolek was an All-CAA midfielder at William & Mary and defender on the USA Team. She was inducted into the Lacrosse Hall of Fame, Potomac Chapter in February 2015 and named to the William & Mary Athletics Hall of Fame in 2020.



Kwolek Coaching Record

Year	School	W-L	NCAA
2023	Clemson	1-0	
2021	Richmond	10-2	
2020	Richmond	7-0	
2019	Richmond	17-4	First Round
2018	Richmond	16-4	First Round
2017	Richmond	14-6	
2016	Richmond	9-10	
2015	Richmond	10-9	
2014	Richmond	11-7	
2013	Richmond	11-7	
2012	Dartmouth	12-5	First Round
2011	Dartmouth	11-5	First Round
2010	Columbia	6-8	
2009	William & Mary	11-7	

HEAD COACH - Fast Facts

Born: July 22, 1981 in New Jersey. Lived in Bangkok, Thailand until she was six years old and then grew up in Annandale, VA

Education: Bachelor's degree in psychology from William & Mary '03 and Master's degree in sports management from Columbia '12

Playing Experience: All-CAA midfielder at William & Mary ('99 - '03) & defender on USA team ('04)

Coaching Experience: Richmond head coach (2013-21), William & Mary asst. coach (2008-09), Columbia asst. coach (2009-10), Dartmouth asst. coach (2011-12)

Family: Wife to Mark Kwolek and mother to Olivia Kwolek

OVERALL HEAD COACHING RECORD

School	Seasons	Years	W-L	Win %
Richmond	9	2013-2021	64-16	.800
Clemson	1	2021-	2-0	1.00

CAPTAINS

Marina Miller and Mallory Martel were voted by their teammates to be the Inagural Clemson Lacrosse team's captains. Both Marina and Mallory are graduate transfers and were stand out players and leaders on their previous teams.

Serving as the spider's team captain last year, Marina looks to continue her leadership role at Richmond in Clemson. During her four year career at Richmond, Marina scored 34 goals and assisted 17. As a midfielder, Marina is expected to make a difference for Clemson on the draw circle. Marina finished second on the 2022 Richmond team in draw controls with a total of 48 her senior year. Marina came out of high school in Pittsburgh, Pennsylvania as a 4.5 star prospect and a member of the Inside Lacrosse Power 100 for the 2018 class.

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2023 ROSTER



#1 Ella Little
Jr. • M • 5-9
Baltimore, Md. • UNC



#2 Gianna New
Gr. • A • 5-7
Bedford, N.Y. • Davidson



#4 Paris Masaracchia
Fr. • D • 5-9
Enola, Pa. • Bishop Shanahan HS



#5 Ava Delyra
Fr. • G • 5-5
Charleston, S.C. • Wando HS



#6 Emma Johnson
Gr. • M • 5-5
Ponte Vedra Beach, Fla. • Davidson



#7 Sara Palmisano
Jr. • A • 5-7
Delray Beach, Fla. • Denver



#8 Bella Karstien
Jr. • M • 5-9
Reading, Pa. • Louisville



#9 Sofia Chepenik
Fr. • A • 5-11
Palm Coast, Fla. • Episcopal School of Jax



#11 Kasey Beach
Fr. • M • 5-4
Urbana, Md. • Urbana HS



#12 Belle Martire
Gr. • A • 5-5
Baltimore, Md. • William & Mary



#13 Marina Miller
Gr. • M • 5-7
Pittsburgh, Pa. • Richmond



#15 Julian Bell
Fr. • M/A • 5-5
Bedford, N.H. • Bedford HS



#16 Erin Hickey
Fr. • M • 5-4
Farmingdale, N.Y. • Farmingdale HS



#17 Miya Scanlan
Soph. • A • 5-10
Irving, N.Y. • Jacksonville



#18 Maddy Moloney
Gr. • A • 5-5
Peterborough, Ontario. • UMass



#19 Nakeya McCardell
Jr. • M • 5-6
Missouri, Texas • Oregon



#20 Mallory Martel
Gr. • D • 5-6
Seyna Park, Md. • Arizona State



#21 Bella D'Gracia
Jr. • D • 5-5
Manorville, N.Y. • Marist



#22 Tanner Scarola
Fr. • A • 5-8
Huntington, N.Y. • St. Anthony's HS



#23 Kerri Thornton
Gr. • A • 5-5
Stony Brook, N.Y. • Towson



#24 Chloe Willard
Gr. • A • 5-6
Cazenovia, N.Y. • Colorado



#25 Emma Tilson
Sr. • M • 5-4
Eldersburg, Md. • Maryland



#27 Callie Roseberry
Fr. • M • 5-9
Larchmont, N.Y. • Mamaronck HS



#26 Hanna Hilcoff
Sr. • A • 5-9
Jupiter, Fla. • Oregon



#28 Jalyn Jimerson
Gr. • M • 5-8
Collins, N.Y. • Syracuse



#29 Emily Lamparter
Soph. • G • 5-7
Lake Wylie, S.C. • Maryland



#33 Krissy Kowalski
Gr. • G • 5-5
Manhasset, N.Y. • Penn



#35 Starr Howard
Gr. • M • 5-7
Rockville, Md. • William & Mary



ALLISON KWOLEK

Head Coach
1st season

Previously head coach at
Richmond



BILL OLIN

Assistant Coach
1st season

Previously associate head
coach at Cornell



MADISON CARTER

Assistant Coach
1st season

Previously played at Penn
State



Sam Sorrell

Director of Operations
1st season

BROADCAST ROSTER

1



ELLA LITTLE

Jr • M • 5-9 • Baltimore, MD. • UNC Chapel Hill transfer
 • Leads the team in draw controls with 13
 • Scored her first goal at Clemson against Furman
 • Totalled 24 draw controls at UNC

2



GIANNA NEW (jee-AH-nuh)

Gr • A • 5-7 • Bedford, N.Y. • Davidson Transfer
 • Leads Clemson in caused turnovers & 2nd in total points
 • All-A10 2nd team
 • Captain at Davidson 2022

4



PARIS MASARACCHIA (moss-ah-ROK-ee-ah)

Fr • D • 5-9 • Enola, Pa. • Bishop Shanahan HS
 • The only freshman in the starting lineup
 • Ranked a top-100 incoming freshman by inside lacrosse
 • Five-time Under Armour All-American

5



AVA DELYRA (duh-LEER-ah)

Fr • G • 5-5 • Charleston, S.C. • Wando HS
 • 2021 Under Armour All-American south highlight team
 • Named 2021 SC lower state player of the year
 • Captained her 2021 Wando HS team

6



EMMA JOHNSON

Gr. • M • 5-5 • Ponte Vedra Beach, Fla. • Davidson transfer
 • Named All-A10 second team 2021

7



SARA PALMISANO (pol-muh-SAH-no)

Jr • A • 5-7 • Delray Beach, Fla. • Denver transfer
 • Scored her first goal for Clemson against Furman
 • Played in 21 games at Denver
 • 2017-2018 Under Armour All-American

8



BELLA KARSTIEN (CAR-steen)

Jr • M • 5-9 • Reading Pa. • Louisville transfer
 • Forced two turnovers & picked up three ground balls against Wofford
 • On 2021 All-ACC freshman team

9



SOFIA CHEPENIK (CHEP-nik)

Fr • A • 5-11 • Palm Coast, Fla. • Episcopal School of Jax
 • Totals 5 goals on the season
 • Captain & MVP of HS team 2020 & 2021
 • High School All-American 2021

11



KASEY BEACH

Fr • M • 5-4 • Urbana, Md. • Urbana HS
 • Three sport varsity athlete in HS

12



BELLE MARTIRE (mar-TEER-ee)

Gr • A • 5-5 • Baltimore, Md. • William & Mary transfer
 • Leads the Tigers in assists with 4
 • Captain at William & Mary
 • Played on Czech Republic National team

13



MARINA MILLER

Gr • M • 5-7 • Pittsburgh, Pa. • Richmond transfer
 • Captain for Clemson
 • Totals 3 goals, 2 assists, 7 ground balls & 5 draw control
 • Totalled 34 goals and 17 assists at Richmond

15



JULIAN BELL

Fr • M/A • 5-5 • Bedford, N.Y. • Bedford HS
 • Awarded Bedford High School's Lacrosse "Bulldog" MVP, which demonstrates leadership on and off the field
 • First-team All-State (2021 & 2022)

16



ERIN HICKEY

Fr • M • 5-4 • Farmingdale, N.Y. • Farmingdale HS
 • Three sport varsity athlete
 • Helped lead her HS team to county championship
 • 2021 American Select team

17



MIYA SCANLAN (MY-uh SCAN-lin)

So • A • 5-10 • Irving, N.Y. • Jacksonville transfer
 • Scored two goals and assisted one against Wofford
 • Mid-year transfer from Jacksonville

18



MADDY MOLONEY

Gr • A • 5-5 • Peterborough, Ontario. • UMass transfer
 • Scored one goal against Wofford
 • Registered 21 goals and eight assists in 2022

19



NAKEEYA MCCARDELL (nuh-KEE-uh Mih-CAR-del)

Jr • M • 5-6 • Missouri City, Texas • Oregon transfer
 • Started in 27 games and played in all 30 games at Oregon

20



MALLORY MARTEL

Gr • D • 5-6 • Severna Park, Md. • Arizona St. transfer
 • Captain for Clemson
 • Four-year starter at Arizona State
 • Had the 3rd most caused turnovers for Sun Devils

21



BELLA D'GRACIA (duh-GRAW-see-uh)

Jr • D • 5-5 • Manorville, N.Y. • Marist transfer
 • Started in all 16 games at Marist in 2022
 • All-rookie team 2021

22



TANNER SCAROLA

Fr • A • 5-8 • Huntington, N.Y. • St. Anthony's HS
 • Got her first assist against Furman
 • Catholic League Champion 2021 & 2022
 • Leading HS point scorer 2022

23



KERRI THORNTON

Gr • A • 5-5 • Stony Brook, N.Y. • Towson transfer
 • Out with an ACL tear

24



CHLOE WILLARD

Gr • A • 5-6 • Cazenovia, N.Y. • Colorado transfer
 • Totals 3 goals & 2 assists on the year
 • Led Colorado in assists in Junior & Senior year
 • Pac-12 offensive player of the week March 2022

25



EMMA TILSON

Sr • M • 5-4 • Eldersburg, Md. • Maryland transfer
 • Totals 3 goals & 2 assists
 • Part of Maryland's No. 1 recruiting class

26



HANNA HILCOFF

Sr. • A • 5-9 • Jupiter, Fla. • Oregon transfer
 • Scored first goal in Clemson Lacrosse history
 • Leads Clemson in points (11) & goals (9)

27



CALLIE ROSEBERRY

Fr. • M • 5-9 • Larchmont, N.Y. • Mamaroneck HS
 • First team All Selection 1 and All League
 • Elite 11 watch list

28



JALYN JIMERON

Gr. • M • 5-8 • Collins, N.Y. • Syracuse transfer
 • Scored a behind the back against Furman
 • Played in the world cup with Haudenosaunee team
 • 3x US Lacrosse All-America honoree

29



EMILY LAMPARTER

SO. • G • 5-7 • Lake Wylie, S.C. • Maryland transfer
 • Didn't allow any goals against Furman (3 saves)
 • Ranked top goalie in 2021 class by Inside Lacrosse
 • Ranked the No. 2 player on Long Island in 2021

33



KRISSY KOWALSKI

Gr. • G • 5-5 • Manhasset, N.Y. • Penn transfer
 • Totals 10 saves
 • Led the Ivy League in goals against avg. (9.32) and save percentage (.500)

35



STARR HOWARD

GR. • M • 5-7 • Rockville, Md • William & Mary transfer
 • Scored 1 goal and forced 1 turnover against Wofford
 • All-CAA Rookie Team selection
 • Graduated Cum Laude

SEASON OUTLOOK



Clemson's Women's Lacrosse Team is gearing up for their debut 2023 season. Starting with the hire of Head Coach Allison Kwolek, the Tiger's have been preparing for this moment ever since the former Athletic Director Dan Radakovich announced the addition of women's lacrosse to Clemson Athletics back in June 2021.

Before coming to Clemson, Coach Kwolek served at Richmond's Head Coach for eight years, leading them to two conference tournament championships, two regular season conference championships, and an overall record of 101-52. Additionally, Kwolek coached five A10 players of the year and qualified for the A10 tournament seven straight times while making the championship game six times.

Madison Carter and Bill Olin joined the coaching staff shortly after Kwolek. Carter was a standout attacker at Penn State, was a two-time IWLCA All-American and set the school record for goals in a single season. Olin is coming from Cornell where he served as an associate head coach for six seasons. While at Cornell, Olin led his team to win an Ivy League Championship and helped develop six All-Ivy League defensive players, including 2017 conference Defensive Player of the year and two-time All-American Catie Smith.

Being a new program, Clemson took advantage of the transfer portal and added 19 transfer players to the roster, 11 graduates and eight undergraduates. These transfers come from the following schools: Maryland, Syracuse, Louisville, North Carolina, Marist, Oregon, Davidson, Penn, Arizona State, Richmond, UMass, Denver, Towson, Colorado, and William & Mary. In addition to the transfers, the team consists of seven talented freshmen, including a goalie, a defender, three midfielders, and two attackers.

Gianna New, a graduate transfer from Davidson, explained that while there are many reasons why she chose to come to Clemson, the main one was "getting to be a part of and help build the first ever women's lacrosse team at Clemson" New went on to say that the "fall was really awesome and it gives us all a lot of motivation for the off season to continue pushing each other for the spring. We have a lot of talent and excitement for this upcoming season and I'm super excited and proud to be a part of it."

In preparation for the 2023 season, Clemson played in eight scrimmages as a part of their fall ball season. The Tigers hosted Davidson, Campbell, Mercer, Liberty, and Gardner-Webb in two tournaments and then traveled to Charleston, S.C. We have a lot of talent and excitement for this upcoming season and I'm super excited and proud to be a part of it."

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"It was amazing to see the Clemson women's lacrosse program come to life this fall" said Head Coach Allison Kwolek. "In a matter of a few weeks, we really went from players introducing each other at the first team meeting, to a team showing impressive chemistry against a top-20 program. It's clear that these women have put in a lot of work on and off the field and really enjoyed coming together as a team. I think it was eye-opening for them to see the next-level commitment and resources that Clemson put into our fall season, to make sure they had the best experience, both on and off the field. They know they have everything they need to succeed here and are looking forward to the inaugural season starting in February."

The Clemson Tigers Women's lacrosse team has officially announced their 2023 inaugural season schedule on Tuesday, November 29. Clemson is slated to play 17 regular season games, 10 of which will be played on their home turf at Historic Riggs Field. Competing in the ACC, one of the most competitive conferences in NCAA lacrosse, Clemson will face six opponents ranked in the 2022 NCAA RPI Top 20.

"Obviously being in the ACC, the best women's lacrosse conference in the country, we are going to face a challenging inaugural schedule," said Coach Kwolek. Clemson fans will certainly get to see some great lacrosse this spring."

Clemson will kick start the season with an out of conference game at home on Saturday, February 11 against Wofford. The Tigers will open ACC play

a few weeks later on Sunday, February 26 where they will travel to South Bend, I.N. to face Notre Dame.

After hitting two more road games, one at UVA and then another at Longwood, Clemson will have a stretch of five home games highlighted by back to back ACC matchups with Duke on Saturday, March 11 and then 2021 National Champion Boston College on Thursday, March 16.

On Sunday, March 26, Clemson will return to the road as they travel to UNC Chapel Hill to face the 2022 National Champion North Carolina. The rest of the regular season games will all be conference games, with Clemson playing Louisville March 31, Syracuse April 8, Virginia Tech April 15, and then wrapping up with Pitt at home on April 20.

While the 2023 inaugural season will be played at Historic Riggs Field, starting in 2024, the Tigers will play in their brand new lacrosse stadium. In addition to the new stadium, lacrosse will share a 10,000 square foot training and recovery facility with rowing and gymnastics that includes space for sports science, nutrition, sports medicine and strength and conditioning.

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NEW WOMEN'S LACROSSE FACILITIES



While the lacrosse team will compete its first season in Historic Riggs Field, they will move into its new home in late 2023.

Clemson held a formal groundbreaking ceremony on Dec. 7 to officially commence the \$37.5 million expansion plan for new and upgraded lakefront facilities for lacrosse, gymnastics and rowing. The plan was initially approved in Feb. 2022.

The stunning new project will overlook Lake Hartwell, adjacent to the current rowing facility, and create a vibrant area for student-athletes. Existing trails in the area will be kept intact.

The development features a new lacrosse stadium, including bleacher seating and artificial turf, and a 9,000 square foot operations complex, including coaches offices, locker rooms, player lounge and other amenities.

A new 10,000 square foot training and recovery facility with designated space for sports science, nutrition, sports medicine and strength and conditioning, will be constructed to serve lacrosse, rowing, and gymnastics adjacent to their facilities.

"We are beyond excited to see the plans for this new project that will be such a tremendous resource for the lacrosse, rowing and gymnastics student-athletes. Our lacrosse facility will have a one-of-a-kind women's lacrosse dedicated building next to our own field for both practice and games. The convenience that this will provide for our student-athletes can't be understated. The sports performance facility will give our student-athletes everything they need to perform at the highest level, in a beautiful, lakefront setting. Seeing the plans, I just couldn't believe the commitment that Clemson's administration has made. I was told of this project when I took the job here, but never could have dreamed it would look like this. I'm amazed, and looking forward to seeing the impact it will have on our program."

Recent facility investments in women's sports at Clemson include a McWhorter Softball Stadium, the Duckworth Family Tennis Center, Soccer Operations Complex, rebuilt Littlejohn Coliseum, as well as a new banked track and expansion at the golf facility

