

# Clemson Track & Field All-Time Lists

*\*In NCAA Competition/Meets*

Updated 3/11/2026

## Men's Indoor – Top 10 Lists

### M - Indoor 60 METERS || TOP-10

1. Jacoby Ford	6.51	2009
2. Michael Green	6.55	1993
3. Tevin Hester	6.56	2015
T3. Travis Padgett	6.56	2007
T3. Shawn Crawford	6.56	2000
T6. Cameron Rose	6.58	2024
T6. C.J. Spiller	6.58	2008
8. Dashinelle Dyer	6.62	2022
9. Dwight Thomas	6.64	2002
<b>T10. Andre Hodge</b>	<b>6.65</b>	<b>2026</b>
T10. Larry Griffin	6.65	2003
T10. Corey Brown	6.65	2006
T10. Justin Murdock	6.65	2011
T10. Fabian Hewitt	6.65	2022

### T METERS || TOP-10

1. Shawn Crawford	20.26	2000
<b>2. Jalen Johnson</b>	<b>20.58</b>	<b>2026</b>
3. Wanya McCoy	20.60	2023
4. James Trapp	20.66	1992
T4. Cameron Rose	20.66	2023
<b>5. Ian Johnson</b>	<b>20.69</b>	<b>2026</b>
6. Marcus Parker	20.70	2020
T7. Tevin Hester	20.71	2016
<b>T7. Grant Holliday</b>	<b>20.71</b>	<b>2026</b>
8. Michael Green	20.72	1992
9. Cordell Lamb	20.74	2018
10. Terryon Conwell	20.75	2021

### M - Indoor 300 METERS || TOP-5

1. Wanya McCoy	32.53	2022
2. Cameron Rose	32.61	2021
<b>3. Grant Holliday</b>	<b>32.64</b>	<b>2026</b>
4. Terryon Conwell	32.97	2021
5. Marcus Parker	33.20	2020

### M - Indoor 400 METERS || TOP-10

<b>1. Grant Holliday</b>	<b>45.49</b>	<b>2026</b>
2. Jeffrey Green	45.82	2018

3. D'Andre Anderson	45.85	2024
4. Wanya McCoy	45.90	2023
5. Wesley Russell	45.92	1993
6. Ato Modibo	46.00	1999
7. Cordell Lamb	46.04	2018
8. Brunson Miller	46.23	2013
9. Otto Spain	46.63	2003
10. Michael Cheeks	46.71	2017

### M - Indoor 600 METER || TOP-5

<b>1. Brian Kweyei</b>	<b>1:15.42</b>	<b>2026</b>
2. Tarees Rhoden	1:16.10	2024
<b>3. Grant Holliday</b>	<b>1:16.55</b>	<b>2026</b>
4. Blaik Slavinski	1:16.98	2025
<b>5. Jayden Brown</b>	<b>1:17.75</b>	<b>2025</b>

### M - Indoor 800 METERS || TOP-10

<b>1. Brian Kweyei</b>	<b>1:46.02</b>	<b>2026</b>
2. Tarees Rhoden	1:46.61	2023
3. John Lewis	1:47.14	2018
4. Aman Thornton	1:47.29	2022
5. Andrew Beecher	1:48.27	1992
6. Terrell Jackson	1:48:50	2017
7. Mpho Makofane	1:48.53	2017
8. Blaik Slavinski	1:48.78	2025
9. Chris Slate	1:49.50	2011
10. Gabriel Ludwick	1:49.64	2025

### M - Indoor 1000 METERS || TOP-5

<b>1. Brian Kweyei</b>	<b>2:20.42</b>	<b>2026</b>
2. Blaik Slavinski	2:20:52	2023
3. John Lewis	2:21.96	2018
4. Terrance Herrington	2:22.42	1985
5. Gabriel Ludwick	2:24.81	2024

### M - Indoor MILE || TOP-10

1. Wybo Lelieveld	3:59.20	1983
2. Martin Flynn	4:00.90	1987
3. Stijn Jaspers	4:01.82	1983
4. Philip Greyling	4:01.86	1990

5. Corentin Serbouce	4:03.15	2024	3.Lewis, Green	9:40.85	2017
6.Mike Kauffman	4:03.39	1993	--Jackson, Makofane		
7.Cormac Finnerty	4:03.72	1992	4.Lewis, Tolbert	9:41.02	2018
8.Paul McCaffrey	4:04.69	1988	--Epps, Quattlebaum		
9.Itay Magidi	4:05.13	2007	5.Thornton, Bellafonte	9:41.50	2016
<b>10.Victor Ndiwa</b>	<b>4:05.28</b>	<b>2023</b>	--Fennell, Quattlebaum		

### M - Indoor 3000 METERS || TOP-10

1.Itay Magidi	7:54.11	2007
2.Yehezkel Halifa	7:59.79	1988
3.Cormac Finnerty	7:59.89	1992
4.Mogens Guldborg	8:04.04	1985
5.Matt Clark	8:04.20	2007
<b>6.Garrett Brown</b>	<b>8:04.68</b>	<b>2025</b>
<b>7.Victor Ndiwa</b>	<b>8:05.67</b>	<b>2023</b>
8.Peter Van de Kerkove	8:06.22	1986
9.Derrick Wyatt	8:06.23	2005
10.Sawyer Dagan	8:09.50	2025

### M - Indoor 5000 METERS || TOP-10

1. Robert DeBrouwer	13:32.00	1985
2. Yehezkel Halifa	13:49.22	1989
3. Dov Kremer	13:51.58	1989
4. Sawyer Dagan	13:52.77	2024
5. Itay Magidi	14:03.60	2005
6. Matt Clark	14:04.16	2008
7. Larry Clark	14:08.24	1990
8. Peter Van de Kerkove	14:08.41	1986
9. James Dwyer	14:09.59	2016
10. Ty McCormack	14:14.00	2013

### M - Indoor 60 METER HURDLES || TOP-10

1.Giano Roberts	7.55	2023
2.Devon Brooks	7.56	2022
3.Spencer Adams	7.59	2013
4.Duane Ross	7.60	1995
<b>5.Sharvis Simmonds</b>	<b>7.65</b>	<b>2026</b>
6.Sultan Tucker	7.69	2001
T7. Nate Rayan	7.70	2025
T7.Lafranz Campbell	7.70	2022
8.Todd Matthews	7.73	2001
9.Marcus Maxey	7.74	2013
10.Kirk Lewis	7.76	2018

### M - Indoor DMR || TOP-5

<b>1.Serbouce, Thornton,</b>	<b>9:32.82</b>	<b>2023</b>
--Ludwick, <b>Ndiwa</b>		
<b>2.Kweyei, Holiday</b>	<b>9:40.59</b>	<b>2025</b>
--Slavinski, <b>Brown</b>		

### M - Indoor HIGH JUMP || TOP-10

1.Torian Ware	7-5 (2.26m)	2013
2.Adam Linkenauger	7-3.75 (2.23m)	2006
T2.Victor Smalls	7-3.75 (2.23m)	1985
4.John Thorp	7-3.25 (2.22m)	1995
5.Doug Ameigh	7-3 (2.21m)	2002
6.Malcolm Reynolds	7-2.5 (2.20m)	2001
<b>7.Shyhiem Scotland</b>	<b>7-2.25 (2.19m)</b>	<b>2025</b>
T8.Shelton Boyer	7-2 (2.18m)	1986
T8.George Milton	7-2 (2.18m)	1987
10.Terrance McDaniel	7-1.75 (2.17m)	2003

### M - Indoor LONG JUMP || TOP-10

1.Chris McBride	25-8 (7.82m)	2019
2.George Kitchens	25-4.75 (7.74m)	2005
3.Kai Maull	25-1.75 (7.66m)	2001
4.Rodney Keasler	24-11.25 (7.60m)	1987
5.Antwoine Welcome	24-10.5 (7.58m)	1991
6.George Fields	24-9.25 (7.55m)	2007
7.Josh Fowler	24-7.75 (7.51m)	2010
8.Kelvin Sykes	24-7.25 (7.49m)	1986
9.Terrance Parks	24-5 (7.44m)	1986
10.Larry Armstead	24-4.5 (7.42m)	1993

### M - Indoor TRIPLE JUMP || TOP-10

1. Jeremiah Green	53-9.25 (16.39m)	2018
<b>2. Divine Aniamaka</b>	<b>52-10 (16.10m)</b>	<b>2026</b>
3.Shai Carpenter	52-6 (16.00m)	2016
4.Bryan Williams	52-5.25 (15.98m)	1999
5.Kelvin Sykes	52-3.5 (15.93m)	1987
6.Jason Bell	52-1.75 (15.89m)	2005
7.D.J. Ledell	51-8.2.5 (15.75m)	2022
8.Andre Wright	51-2.25 (15.60m)	2022
9.Larry Armstead	50-11.5 (15.53m)	1993
10.Tony Lloyd	50-9.5 (15.48m)	1998

### M - Indoor POLE VAULT || TOP-10

1. Mitch Greeley	18-1 (5.51m)	2008
2. Xavier Tromp	17-7.75 (5.38m)	2010
3. Eric Lander	17-5.75 (5.33m)	1995
4. Chris Spear	17-2.25 (5.24m)	2009
5. Jeff Fields	17-1.5 (5.22m)	1991
T6. Nathan Fields	16-8.75 (5.10m)	1994

T6. David Hartzler	16-8.75 (5.10m)	1997
T6. Ryan Lewis	16-8.75 (5.10m)	2000
T6. Benjamin Hess	16-8.75 (5.10m)	2001
T6. Andrew Kessler	16-8.75 (5.10m)	2006

### M - Indoor SHOT PUT || TOP-10

1. Mike Spiritoso	64-11.5 (19.80m)	1987
2. Roje Stona	63-5.8 (19.35m)	2022
3. Courtney Lawrence	63-4.75 (19.32)	2024
4. Grant Voeks	62-1.25 (18.93m)	2020
5. Derek Gilson	59-11 (18.26m)	2004
6. Zico Campbell	59-5(18.11m)	2022
7. Rob Venier	57-11.75 (17.67m)	1988
8. Scott Erbach	57-7.25 (17.55m)	1992
9. Marcus Brown	57-6.25 (17.53m)	2013
10. Alex Padgett	57-5.5 (17.51m)	2010

### M - Indoor WEIGHT THROW || TOP-10

1. Daniel Cope	74-7.75 (22.75m)	2024
<b>2. Matthew Auble</b>	<b>70-8 (21.54m)</b>	<b>2026</b>
3. Alex Padgett	67-0.5 (20.43m)	2011
4. Zach Berg	66-11.5 (20.41m)	2010
5. James Plummer	64-11.25 (19.79m)	2015
6. Matt Helinski	63-8.25 (19.41m)	1997
7. Mike Neary	62-1.75 (18.94m)	1991
8. Carlito Jones	61-11.5 (18.89m)	2025
9. Danny Alge	61-0.75 (18.61m)	2006
10. Brett Varner	59-8.25 (18.19m)	2002

### M - Indoor 4X400M RELAY || TOP-10

1. McCoy, Rhoden	3:04.28	2023
- Rose, Thornton		
2. Anderson, Hamm	3:07.12	2024
- Rose, Rhoden		
T3. Relay Team	3:07.15	2017
<b>T3. Holliday, Kweyei</b>	<b>3:07.15</b>	<b>2026</b>
- Collins, Kidd		
4. Rose, Rhoden	3:07.33	2022
- Williams, Thornton		
5. Relay Team	3:07.36	2018
6. <b>Holiday, Hamm</b>	3:07.52	2025
- <b>Kweyei, Kidd</b>		
<b>7. Holliday, Kweyei</b>	<b>3:07.92</b>	<b>2025</b>
- <b>Collins, J. Brown</b>		
8. Relay Team	3:08.06	2016
9. Harper, Bolling	3:08.92	2003
- Cheney, Spain		
<b>10. Brown, Kweyei</b>	<b>3:09.02</b>	<b>2026</b>
- <b>Kidd, Holliday</b>		

### M - Indoor HEPTATHLON || TOP-5

1. Miller Moss	5,986 pts	2011
2. Ryan Koontz	5,569 pts	2007
3. Rick Hill	5,528 pts	2004
4. Brent Hobbs	5,427 pts	2006
5. Ryan Hunter	5,179 pts	2004

## Women's Indoor – Top 10 Lists

### W - Indoor 60 METERS || TOP-10

1. Kiara Grant	7.11	2023
2. Dezerea Bryant	7.19	2013
<b>3. Aniyah Kitt</b>	<b>7.21</b>	<b>2025</b>
4. Stormy Kendrick	7.22	2012
5. Rebekah Smith	7.23	2020
6. Myasia Jacobs	7.24	2016
<b>7. Aleksandra Stoilova</b>	<b>7.25</b>	<b>2025</b>
T8. Torie Robinson	7.27	2017
T8. Jasmine Edgeron	7.27	2012
10. Simone Tomlinson	7.28	1998

### W - Indoor 200 METERS || TOP-10

1. Cydonie Mothersill	22.84	2001
2. Dezerea Bryant	23.00	2013
<b>3. Briana Campbell</b>	<b>23.04</b>	<b>2026</b>
4. Ockera Myrie	23.08	2023
<b>5. Aleksandra Stoilova</b>	<b>23.10</b>	<b>2025</b>

6. Trishauna Hemmings	23.12	2021
<b>7. Aniyah Kitt</b>	<b>23.12</b>	<b>2026</b>
T8. Brianna Rollins	23.22	2013
T8. Sabria Hadley	23.22	2017
<b>10. McKenzie Calloway</b>	<b>23.23</b>	<b>2026</b>

### W - Indoor 300 METERS || TOP-10

<b>1. Aniyah Kitt</b>	<b>37.39</b>	<b>2024</b>
2. Ockera Myrie	37.59	2024
<b>3. Shanque Williams</b>	<b>37.67</b>	<b>2025</b>
<b>4. Briana Campbell</b>	<b>37.76</b>	<b>2026</b>
5. Mackenzie Osher	37.78	2024
T6. Brianna Rollins	37.90	2010
T6. Dezerea Bryant	37.90	2012
8. Deja Parrish	37.93	2016
<b>9. Shantae Foreman</b>	<b>37.99</b>	<b>2025</b>
<b>10. Sade Gray</b>	<b>37.99</b>	<b>2025</b>

### W - Indoor 400 METERS || TOP-10

1. Marlena Wesh	52.21	2012
<b>2. Shanque Williams</b>	<b>52.75</b>	<b>2025</b>
3. Olivia James	53.24	2015
4. Natoya Goule	53.33	2015
5. Shekera Weston	53.36	1999
6. Kendra Clarke	53.46	2018
7. Silja Ulfarsdottir	53.51	2005
8. Deja Parrish	53.68	2016
9. Ken'Naria Gadson	53.69	2024
10. Mackenzie Osher	53.73	2025

### W - Indoor 600 METERS || TOP-10

<b>1. Gladys Chepngetich</b>	<b>1:26.66</b>	<b>2026</b>
2. Ken'Naria Gadson	1:29.05	2023
3. Kamryn McIntosh	1:30.42	2019
4. Lashanna Graham	1:30.87	2023
5. Laurie Barton	1:30.90	2021
<b>6. Jessica McLean</b>	<b>1:31.01</b>	<b>2023</b>
7. Andrea Foster	1:31.15	2021
8. Courtney Williams	1:31.23	2024
<b>9. Shaneal Giddings</b>	<b>1:31.37</b>	<b>2026</b>
10. Kayan Green	1:31.84	2024

### W - Indoor 800 METERS || TOP-10

<b>1. Gladys Chepngetich</b>	<b>1:58.81</b>	<b>2026</b>
2. Natoya Goule	1:59.63	2015
3. Laurie Barton	2:00.65	2021
4. Tina Krebs	2:02.07	1983
<b>5. Judy Kosgei</b>	<b>2:02.57</b>	<b>2025</b>
6. Fellan Ferguson	2:03.15	2018
7. Kamryn McIntosh	2:03.73	2018
8. Ersula Farrow	2:04.13	2016
9. Andrea Foster	2:04.17	2022
10. Brynne Sumner	2:05.29	2023

### W - Indoor 1000 METERS || TOP-5

<b>1. Gladys Chepngetich</b>	<b>2:39.99</b>	<b>2025</b>
<b>2. Judy Kosgei</b>	<b>2:41.70</b>	<b>2025</b>
3. Laurie Barton	2:42.51	2021
4. Natoya Goule	2:43.03	2015
<b>5. Silvia Jejelgo</b>	<b>2:45.48</b>	<b>2025</b>

### W - Indoor MILE || TOP-10

<b>1. Judy Kosgei</b>	<b>4:26.32</b>	<b>2025</b>
<b>2. Silvia Jejelgo</b>	<b>4:31.50</b>	<b>2026</b>
<b>3. Nancy Cherop</b>	<b>4:32.92</b>	<b>2026</b>
4. Grace Barnett	4:33.86	2017
5. Tina Krebs	4:38.30	1986
6. Logan Morris	4:38.51	2019

7. Alyssa Kulik	4:40.97	2012
8. Perry Fields	4:43.26	2001
<b>9. Madelyn Dinneen</b>	<b>4:43.26</b>	<b>2026</b>
10. Kaley Ciluffo	4:44.21	2016

### W - Indoor 3000 METERS || TOP-10

<b>1. Nancy Cherop</b>	<b>8:51.10</b>	<b>2026</b>
<b>2. Elizabeth Ilanda</b>	<b>9:11.79</b>	<b>2026</b>
3. Ute Jamrozy	9:15.04	1987
<b>4. Emily Lamontagne</b>	<b>9:15.20</b>	<b>2026</b>
<b>5. Silvia Jejelgo</b>	<b>9:16.52</b>	<b>2025</b>
6. Grace Barnett	9:17.64	2018
7. Kim Ruck	9:21.34	2011
8. Logan Morris	9:23.00	2019
9. Kerry Robinson	9:25.30	1983
10. Anne Evans	9:25.66	1991

### W - Indoor 5000 METERS || TOP-10

<b>1. Silvia Jejelgo</b>	<b>15:16.57</b>	<b>2026</b>
<b>2. Nancy Cherop</b>	<b>15:21.11</b>	<b>2026</b>
3. Kim Ruck	16:01.24	2010
<b>4. Emily Lamontagne</b>	<b>16:26.87</b>	<b>2026</b>
<b>5. Lowa Branth</b>	<b>16:36.29</b>	<b>2026</b>
<b>6. Elizabeth Ilanda</b>	<b>16:39.09</b>	<b>2026</b>
7. Natalie Anthony	16:39.42	2014
8. Kate Borowicz	16:45.88	2013
9. Logan Morris	16:51.39	2018
10. Erika Van Reenen	16:54.87	2000

### W - Indoor 60 METER HURDLES || TOP-10

1. Brianna Rollins	7.78	2013
<b>T2. Oneka Wilson</b>	<b>7.95</b>	<b>2025</b>
T2. Bridgette Owens	7.95	2012
4. Trishauna Hemmings	8.09	2021
5. Antoinette Van Der Merwe	8.10	2024
6. Keni Harrison	8.13	2013
7. Samantha Elliott	8.17	2015
8. Jasmine Edgeron	8.17	2011
9. Nikkie Bouyer	8.20	1998
<b>10. Briana Campbell</b>	<b>8.22</b>	<b>2026</b>

### W - Indoor 4X400M RELAY || TOP-5

1. James, Fluker -Parrish, Goule	3:30.88	2015
<b>2. Thompson, Williams -Chepngetich, Osher</b>	<b>3:32.73</b>	<b>2025</b>
<b>3. Williams, Buelow -Kitt, Chepngetich</b>	<b>3:32.77</b>	<b>2026</b>
4. James, Clarke -McIntosh, Ferguson	3:32.84	2018

5. Pringley, Rollins –Austin, Edgerson	3:33.93	2010
<b>6. Thompson, Williams</b> –Osher, Chepngetich	<b>3:34.02</b>	<b>2025</b>

### W - Indoor DMR || TOP-5

<b>1. Chepngetich, Williams</b> –Jejelgo, Kosgei	<b>10:52.80</b>	<b>2025</b>
2. McIntosh, James –Ferguson, Barnett	10:58.83	2018
3. Ciluffo, Coppin –Farrow, Barnett	11:00.44	2016
4. Farrow, James –Warner, Barnett	11:02.68	2017
5. Goule, Fluker –Blanton, Barnett	11:07.83	2015

### W - Indoor HIGH JUMP || TOP-10

1. April Sinkler	6-0.75 (1.85m)	2010
2. Mimi Land	6-0.5 (1.84m)	2014
3. Kenya Livingston	5-11 (1.80m)	2022
4. Anastacia Wilson	5-10 (1.78m)	2009
T4. Linda Buchholz	5-10 (1.78m)	2010
<b>T6. Shantae Foreman</b>	<b>5-9.75 (1.77m)</b>	<b>2022</b>
T6. Sharia Clinkscapes	5-9.75 (1.77m)	1997
7. Whitney Fountain	5-9.25 (1.76m)	2012
T8. Jessica Johnson	5-8.75 (1.75m)	2024
T8. Kae Pickett	5-8.75 (1.75m)	2004
10. Liane Weber	5-8 (1.73m)	2010

### W - Indoor LONG JUMP || TOP-10

1. April Sinkler	21-6 (6.55m)	2010
<b>2. Shantae Foreman</b>	<b>21-1.75 (6.50m)</b>	<b>2026</b>
3. Monyetta Haynesworth	21-3 (6.48m)	1992
4. Gisele Oliveira	20-10.75 (6.37m)	2004
5. Tonya McKelvey	20-10.25 (6.36m)	1993
6. Marcia Fletcher	20-7 (6.27m)	1991
<b>7. Aiya Webb</b>	<b>20-6.5 (6.26m)</b>	<b>2026</b>
8. Jasmine Brunson	20-5.75 (6.24m)	2011
9. Terri Robinson	20-5.25 (6.23m)	1999
10. Patricia Mamona	20-4.5 (6.21m)	2009

### W - Indoor TRIPLE JUMP || TOP-10

<b>1. Shantae Foreman</b>	<b>46-6 (14.17m)</b>	<b>2026</b>
2. Patricia Mamona	45-5.25 (13.85m)	2010
3. Gisele Oliveira	45-1.75 (13.76m)	2005
4. April Sinkler	44-2 (13.46m)	2011
5. Iana Amsterdam	43-9.25 (13.34m)	2017
6. Harleigh White	43-6.75 (13.28m)	2022
7. Jasmine Brunson	43-3.75 (13.19m)	2012

8. Anasterasia Terrel	43-0.25 (13.11m)	2016
9. Mimi Land	42-9.5 (13.04m)	2014
10. Harleigh White	42-9 (13.03m)	2021

### W - Indoor POLE VAULT || TOP-10

1. Alison D'Alessandro	13-5.8 (4.11m)	2022
2. Lauren Terstappen	13-5.25 (4.10m)	2014
<b>T3. Kirstin Hoffman</b>	<b>13-3.5 (4.05)</b>	<b>2025</b>
T3. Morgan Allen	13-3.5 (4.05m)	2018
5. Annie Lineberger	13-12.5 (4.03m)	2024
6. Christy Gasparino	13-2.25 (4.02m)	2013
7. Anna Long	13-.25 (3.97m)	2025
T8. Caroline Bond	12-11.5 (3.95m)	2014
T8. Caroline Kennedy	12-11.5 (3.95m)	2010
T8. Amy Morrison	12-11.5 (3.95m)	2010

### W - Indoor SHOT PUT || TOP-10

1. Jamine Moton	56-7.5 (17.26m)	2002
<b>2. Kimeka Smith</b>	<b>55-5.5 (16.90m)</b>	<b>2026</b>
3. Danielle Sloley	54-8.5 (16.68m)	2023
4. Janell Fullerton	53-7.75 (16.35m)	2019
5. Veronica Fraley	52-10 (16.10m)	2020
6. Nikki Sims	52-0.75 (15.87m)	1996
7. Danielle Curry	50-0.75 (15.26m)	2011
8. Aija Kortesoja	49-1.5 (14.97m)	1997
9. Grayce French	48-20.75 (14.90m)	2020
10. Angela Dolby	48-4.5 (14.74m)	1992

### W - Indoor WEIGHT THROW || TOP-10

1. Marie Forbes	74-3 (22.63m)	2023
2. Brittney Waller	73-2 (22.30m)	2013
<b>3. Kendra Dye</b>	<b>70-3.75 (21.43m)</b>	<b>2026</b>
4. Della Clark	68-5 (20.85m)	2007
5. Jamine Moton	68-0.5 (20.73m)	2001
<b>6. Mary Ella Brooks</b>	<b>64-10 (19.76m)</b>	<b>2026</b>
7. Danielle Little	62-8 (19.10m)	2019
8. Nikola Lomnicka	61-10.25 (18.85m)	2009
9. Danielle Curry	60-3.25 (18.37m)	2011
10. Krystal Woods	58-4 (17.78m)	2006

### W - Indoor PENTATHLON || TOP-10

1. Liane Weber	4,262 points	2010
2. Patricia Mamona	4,081 points	2009
3. Whitney Fountain	3,998 points	2012
4. Linda Buchholz	3,870 points	2007
5. Karine Farias	3,727 points	2011
6. Lauren Nicholson	3,676 points	2004
<b>7. Danya Spoor</b>	<b>3,500 points</b>	<b>2026</b>
<b>8. Emma Fortuna</b>	<b>3,478 points</b>	<b>2025</b>
9. Michaylin Golladay	3,447 points	200

## Men's Outdoor – Top 10 Lists

### M - Outdoor 100 METERS || TOP-10

1.Travis Padgett	9.89	2008
2.Jacoby Ford	10.01	2009
3.Michael Green	10.02	1992
4.James Trapp	10.04	1991
5.Tevin Hester	10.05	2015
6.Justin Murdock	10.13	2011
T7.Cameron Rose	10.15	2024
T7.Shawn Crawford	10.15	1998
T7.Reggie Lewis	10.15	2014
10.Guinove Joanus	10.16	2022

*All-Conditions Top 5*

1.Tevin Hester	9.89 (+2.1)	2016
2.Jacoby Ford	10.01	2009
3.Wanya McCoy	10.04 (+3.4)	2023
4.Travis Padgett	10.05 (+3.8)	2007
5.Cameron Rose	10.07 (+3.6)	2023

### M - Outdoor 200 METERS || TOP-10

1.Shawn Crawford	20.09	2000
2.Tevin Hester	20.13	2016
3.James Trapp	20.17	1992
4.Tony Wheeler	20.23	1996
5.Travis Padgett	20.32	2008
6.Marcus Parker	20.33	2019
7.Desai Williams	20.35	1980
<b>8.Jalen Johnson</b>	<b>20.36</b>	<b>2025</b>
9.Guinove Joanus	20.37	2022
10.Cameron Rose	20.39	2023

*All-Conditions Top 5*

1.Shawn Crawford	20.09	2000
2.Tevin Hester	20.13	2016
3.Cameron Rose	20.25 (+2.9)	2023
4.Wanya McCoy	20.27 (+2.5)	2023
<b>5.Jalen Johnson</b>	<b>20.29 (+2.4)</b>	<b>2025</b>

### M - Outdoor 400 METERS || TOP-10

1.Ato Modibo	44.87	2001
2.Wesley Russell	45.22	1993
T3.D'Andre Anderson	45.37	2024
T3.Tony Wheeler	45.37	1997
5.Otto Spain	45.57	2003
6.Tarees Rhoden	45.60	2023
7.Jeffrey Green	45.65	2017

T8.Shawn Thomas	45.86	1997
T8.Brunson Miller	45.86	2013
10.Clarence Richards	45.94	1994

### M - Outdoor 800 METERS || TOP-10

<b>1.Brian Kweyei</b>	<b>1:45.09</b>	<b>2025</b>
2.Kameron Jones	1:45.47	2021
3.Tarees Rhoden	1:45.70	2024
4.Terrance Herrington	1:46.38	1988
5.Aman Thornton	1:46.82	2023
6.Davidson Gill	1:47.03	1999
7.Andrew Beecher	1:47.37	1992
8.John Lewis	1:47.62	2017
9.Mpho Makofane	1:47.83	2017
10.Terrell Jackson	1:48.01	2017

### M - Outdoor 1500 METERS || TOP-10

1.Terrance Herrington	3:38.57	1987
2.Philip Greyling	3:41.25	1990
3.Wybo Lelieveld	3:41.68	1983
4.Mike Kauffman	3:43.15	1994
5.Dov Kremer	3:43.96	1988
6.Mogens Guldberg	3:44.00	1985
<b>7.Victor Ndiwa</b>	<b>3:44.12</b>	<b>2023</b>
8.Itay Magidi	3:44.17	2005
9.Martin Flynn	3:44.30	1986
10.Dave Wittman	3:44.44	1991

### M -Outdoor 5000 METER || TOP-10

1.Martin Flynn	13:42.00	1986
2.Cormac Finnerty	13:48.45	1991
3.Terry Goodenough	13:49.94	1980
4.Jim Haughey	13:51.10	1982
5.Ty McCormack	13:52.59	2013
6.James Dwyer	13:54.57	2016
7.Larry Clark	13:55.68	1990
8.Dov Kremer	13:56.40	1988
9.Matt Clark	13:57.27	2007
<b>10.Garrett Brown</b>	<b>14:00.62</b>	<b>2025</b>

### M - Outdoor 10,000 METERS || TOP-10

1.Matt Clark	28:49.77	2008
2.Yehezkel Halifa	28:56.80	1988
3.Terry Goodenough	29:08.13	1981

4. Sawyer Dagan	29:14.27	2025
5. Julius Ogaro	29:14.50	1981
6. Jim Haughey	29:16.43	1981
7. Itay Magidi	29:29.34	2006
8. John Doherty	29:33.88	1991
9. Stijn Jaspers	29:43.54	1984
10. Iain Campbell	29:51.67	1984

### M - Outdoor 110 METER HURDLES || TOP-10

1. Giano Roberts	13.31	2023
2. Duane Ross	13.32	1995
3. Spencer Adams	13.39	2012
4. Lafranz Campbell	13.45	2022
5. Jeremichael Williams	13.48	1997
6. Justin Johnson	13.52	2015
7. Todd Matthews	13.53	2002
7. Devon Brooks	13.53	2022
9. Anthony Knight	13.64	1993
10. Greg Hines	13.65	1998

#### *All-Conditions Top 5*

1. Shawn Crawford	20.09	2000
2. Tevin Hester	20.13	2016
3. Cameron Rose	20.25 (+2.9)	2023
4. Wanya McCoy	20.27 (+2.5)	2023
5. Jalen Johnson	20.29 (+2.4)	2025

### M - Outdoor 400 METER HURDLES || TOP-10

1. Mitchel Francis	49.85	1995
2. Greg Hines	49.85	1998
3. Jevon Williams	49.94	2023
4. Aaron Haynes	50.06	1997
5. Marcus Phillips	50.21	1997
6. Scott Kautz	50.24	2005
7. Deron Gordon	50.28	2018
<b>8. Jayden Brown</b>	<b>50.31</b>	<b>2025</b>
9. Fred Sharpe	50.43	2000
10. Rayan Holmes	50.60	2021

### M - Outdoor 3000 METER STEEPLECHASE || TOP-10

1. Julius Ogaro	8:32.75	1981
2. Itay Magidi	8:34.12	2005
3. Hans Koeleman	8:35.90	1983
4. David Wittman	8:42.79	1991
5. Rim Cox	8:49.00	1990
6. Ty McCormack	8:50.35	2012
7. James Quattlebaum	8:53.02	2016
8. Noyes Livingston	8:53.20	1988
9. Matt Hughes	8:59.83	2008

10. Ryan Fenton	9:02.01	2004
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### M - Outdoor 4x100 METER RELAY || TOP-5

1. Roberts, Rose	38.69	2023
-McCoy, Joanus		
2. Murdock, Spiller	38.77	2009
-Guy, Ford		
3. Currie, Spain	38.82	2002
-Harper, Thomas		
4. Williams, Wheeler	38.92	1997
-Chambers, Allen		
5. Roberts, Rose	39.16	2022
-Joaanus, Hewitt		

### M - Outdoor 4x400 METER RELAY || TOP-8

1. McCoy, Anderson, Thornton, Rhoden	2:59.78	2023
2. McCoy, Anderson, Rose, Rhoden	3:02.25	2023
3. McCoy, Thornton, Rose, Rhoden	3:03.65	2022
4. Allen, Franklin Gill, Modibo	3:03.67	1999
5. Gill, Thomas Haynes, Wheeler	3:03.74	1996
6. Lamb, Cheeks Jackson, Green	3:03.84	2017
7. Lamb, Cheeks, Bellafonte, Green	3:03.86	2016
8. Phillips, Haynes Thomas, Wheeler	3:04.69	1997

### M - Outdoor HIGH JUMP || TOP-10

1. Victor Smalls	7-6.25 (2.29m)	1986
2. Shelton Boyer	7-4 (2.23m)	1983
3. John Thorp	7-3.25 (2.22m)	1995
4. Malcolm Reynolds	7-2.5 (2.20m)	2001
5. Torian Ware	7-1.75 (2.18m)	2015
T5. Adam Linkenauger	7-1.75 (2.18m)	2007
T5. Ed Fern	7-1.75 (2.18m)	1976
8. Terrance McDaniel	7-1.5 (2.17m)	2003
9. Bryan Williams	7-1 (2.16m)	1999
T9. Doug Ameigh	7-1 (2.16m)	2001

### M - Outdoor LONG JUMP || TOP-10

1. Chris McBride	25-11 (7.90m)	2017
2. George Kitchens	25-10.75 (7.89m)	2003
3. Chris Michael	25-9 (7.84m)	1985

4.Kai Maull	25-7.25 (7.80m)	1999
5.Jameel Abdul-Mateen	25-6 (7.77m)	2013
6.Shelton Boyer	25-1.5 (7.65m)	1986
7.Darwin Rencher	25-1 (7.64m)	1985
8.Ishmael Kamara	25-0 (7.62m)	2016
9.Frank Holland	24-11.75 (7.61m)	1991
10.Terrance Parks	24-11.5 (7.60m)	1986

*All-Conditions Top 5*

1.Chris McBride	7.90m	2017
2.George Kitchens	7.89m	2003
3.Kai Maull	7.80m (+2.3)	1999
4.Josh Fowler	7.75m (+5.3)	2011
5.Ishmael Kamara	7.62m	2016

**M - Outdoor TRIPLE JUMP || TOP-10**

1.Jeremiah Green	52-8.25 (16.06m)	2018
2.Shai Carpenter	52-4 (15.95m)	2015
3.Andre Wright	(15.91m)	2022
4.Ryan John	52-1.25 (15.88m)	2025
5.Jason Bell	51-11.75 (15.84m)	2006
6.Larry Armstead	51-9 (15.77m)	1992
7.Kelvin Sykes	51-7.25 (15.73m)	1987
8.Josh Fowler	51-4.5 (15.66m)	2010
9.Ishmael Kamara	51-2.75 (15.61m)	2015
10.Brit Barrow	51-1 (15.57m)	2002

**M - Outdoor POLE VAULT || TOP-10**

1.Xavier Tromp	18-0.5 (5.50m)	2010
2.Mitch Greeley	17-10.5 (5.45m)	2008
3.Jeff Fields	17-4.5 (5.30m)	1990
4.Jorge Tienda	17-2.75 (5.25m)	1998
5.Andrew Kessler	17-1 (5.21m)	2006
6.Chris Spear	17-0.75 (5.20m)	2008
7.Ryan Lewis	16-10.75 (5.14m)	2002
8.David Hartzler	16-9.25 (5.11m)	1997
9.Adam Godfrey	16-8.75 (5.09m)	1991
T9.Benjamin Hess	16-8.75 (5.09m)	2000

**M - Outdoor DISCUS THROW || TOP-10**

1.Roje Stona	213-8 (65.11m)	2022
2.Jack Harkness	203-4 (61.98m)	1982
3.James Plummer	192-10 (58.78m)	2015
4.Mike Columbus	190-10 (58.18m)	1977
5.Grant Voeks	188-5 (57.42m)	2019
6.Daniel Cope	178-7 54.44m	2022
7.Eric Snow	173-5 (52.86m)	1980
8.Derek Gilson	170-10 (52.07m)	2004
9.Charles Bissonette	<b>170-5 (51.95m)</b>	<b>2025</b>
10. Chase Edwards	<b>169-10 (51.78m)</b>	<b>2025</b>

**M - Outdoor HAMMER THROW || TOP-10**

1.Daniel Cope	212-10 (64.86m)	2023
2.Zach Berg	210-7 (64.19m)	2010
3.Alex Padgett	207-5 (63.23m)	2010
4.Matt Helinski	204-1 (62.20m)	1997
5.Danny Alge	201-7 (61.45m)	2006
6. Matt Auble	<b>200-4 (61.06m)</b>	<b>2025</b>
7.Colt Hodge	191-11 (58.50m)	2002
8.Jordan Pickerel	181-1 (55.20m)	2015
9.Mike Neary	179-9 (54.78m)	1991
10.Brett Varner	179-7 (54.73m)	2002

**M - Outdoor JAVELIN THROW || TOP-10**

1.Ethan Cocco	234-4 (71.64m)	2024
2.Frank Crossen	224-5 (68.40m)	1989
3.Tom Gray	221-6 (67.52m)	1988
4.Eric Lander	220-4 (67.16m)	1996
5.Dylan Ahrens	216-6 (66.00m)	2017
6.Greg Burch	213-1 (64.96m)	1994
7.Damian DiCola	211-6 (64.46m)	1997
8.Scott Pauga	206-7 (62.97m)	2009
9.Brandon Holmes	200-8 (61.17m)	2005
10.Andy Giesler	198-11 (60.62m)	2001

**M - Outdoor SHOT PUT || TOP-10**

1.Mike Spiritoso	68-4.25 (20.83m)	1986
2. Courtney Lawrence	65-4.25 (19.92)	2024
3.Scott Erbach	60-8.75 (18.51m)	1991
4.Grant Voeks	(59-8.5) 18.20m	2019
5.Marcus Brown	59-5.5 (18.12m)	2014
6.Alex Padgett	59-0.75 (18.00m)	2011
7.Roje Stona	58-10 (17.93m)	2022
8.Derek Gilson	58-3.75 (17.77m)	2004
9.Jack Harkness	57-7 (17.55m)	1982
T10.Cory Thalheimer	57-5.5 (17.51m)	2013
T10.Zico Campbell	57-5.5 (17.51m)	2021

**M - DECATHLON || TOP-10**

1.Miller Moss	7,996 pts	2011
2.Andy Giesler	7,619 pts	2001
3.Eric Lander	7,615 pts	1996
4.Fred Worthy	7,478 pts	1982
5.Ryan Koontz	7,371 pts	2006
6.Rick Hill	7,327 pts	2003
7.Josh Scott	7,288 pts	1997
8.Eric Olson	7,196 pts	1984
9.Brent Hobbs	7,180 pts	2004
10.Mark Jellison	6,906 pts	2000

## Women's Outdoor – Top 10 Lists

### W - Outdoor 100 METERS || TOP-10

<b>1. Aniyah Kitt</b>	<b>11.18</b>	<b>2025</b>
2. Dezerea Bryant	11.20	2013
3. Rebekah Smith	11.22	2018
T4. Sabria Hadley	11.28	2015
T4. Simone Tomlinson	11.28	1998
T4. Kiara Grant	11.28	2022
<b>7. Aleksandra Stoilova</b>	<b>11.30</b>	<b>2024</b>
T8. Torie Robinson	11.31	2017
T8. Cydonie Mothersill	11.31	2001
10. Treshell Mayo	11.34	1996

*All-Conditions Top 5*

<b>1. Aniyah Kitt</b>	<b>11.10 (+2.8)</b>	<b>2025</b>
<b>2. Aleksandra Stoilova</b>	<b>11.11 (+3.9)</b>	<b>2025</b>
3. Torie Robinson	11.16 (+3.7)	2018
4. Rebekah Smith	11.22 (w)	2018
5. Stormy Kendrick	11.24 (+4.2)	2010

### W - Outdoor 200 METERS || TOP-10

1. Cydonie Mothersill	22.54	2001
2. Kim Graham	22.64	1993
3. Dezerea Bryant	22.66	2013
4. Sabria Hadley	22.88	2017
5. Treshell Mayo	22.89	1996
6. Ockera Myrie	23.02	2023
7. Brianna Rollins	23.04	2013
8. Marlena Wesh	23.06	2012
9. Deja Parrish	23.08	2016
10. Stormy Kendrick	23.09	2011
T10. Shekera Weston	23.09	2001

*All-Conditions Top 5*

1. Dezerea Bryant	22.54 (+3.5)	2013
2. Stormy Kendrick	22.83 (+5.5)	2010
3. Sabria Hadley	22.88	2017
<b>4. Aniyah Kitt</b>	<b>22.91 (+3.7)</b>	<b>2025</b>
5. Shekera Weston	22.91 (+4.1)	1999

### W - Outdoor 400 METERS || TOP-10

1. Marlena Wesh	51.43	2012
<b>2. Shanque Williams</b>	<b>51.49</b>	<b>2025</b>
3. Ken'Naria Gadson	51.59	2024
4. Kim Graham	51.88	1993
5. Courtney Williams	52.35	2024
T6. Olivia James	52.56	2017
T6. Angel Fleetwood	52.56	1992
8. Natoya Goule	52.57	2015

9. Michelle Burgher	52.63	2001
10. Kendra Clarke	52.65	2018

### W - Outdoor 800 METERS || TOP-10

<b>1. Gladys Chepngetich</b>	<b>1:59.47</b>	<b>2025</b>
<b>2. Judy Kosgei</b>	<b>2:00.29</b>	<b>2025</b>
3. Laurie Barton	2:00.65	2021
4. Natoya Goule	2:01.63	2015
5. Tina Krebs	2:02.07	1983
6. Brynne Sumner	2:02.81	2025
7. Fellan Ferguson	2:03.15	2018
8. Kamryn McIntosh	2:03.73	2018
9. Ersula Farrow	2:04.13	2016
10. Grace Barnett	2:05.89	2018

### W - Outdoor 1500 METERS || TOP-10

<b>1. Silvia Jejelgo</b>	<b>4:05.68</b>	<b>2025</b>
2. Grace Barnett	4:11.07	2018
<b>3. Gladys Chepngetich</b>	<b>4:13.15</b>	<b>2024</b>
<b>4. Judy Kosgei</b>	<b>4:14.10</b>	<b>2025</b>
5. Laurie Barton	4:14.20	2021
6. Brynne Sumner	4:14.91	2025
7. Tina Krebs	4:15.23	1985
8. Karen Hartmann	4:15.87	1992
9. Natoya Goule	4:20.04	2015
10. Kerry Robinson	4:22.14	1982

### W - Outdoor 5000 METER || TOP-10

<b>1. Silvia Jejelgo</b>	<b>15:27.68</b>	<b>2025</b>
2. Kerry Robinson	16:02.76	1983
3. Stephanie Weikert	16:06.13	1983
4. Kim Ruck	16:12.05	2010
5. Natalie Anthony	16:16.27	2012
<b>6. Emily Lamontagne</b>	<b>16:19:59</b>	<b>2025</b>
7. Ute Jamrozy	16:20.91	1986
8. Judith Shepherd	16:22.67	1985
9. Logan Morris	16:26.35	2018
10. Jennifer Briscoe	16:34.54	1982

### W - Outdoor 10,000 METER || TOP-10

1. Ute Jamrozy	33:14.83	1986
2. Kim Ruck	33:16.45	2011
3. Michelle Scholtz	34:50.19	1990
4. Helen Rogers	34:58.47	1988
5. Natalie Anthony	35:00.46	2013
6. Erin McLaughlin	35:04.27	2019

7.Gail Groulx	35:05.62	1991
8.Karen Friedrichsen	35:06.49	1994
9.Tina Jensen	35:09.21	1997
10.Elizabeth Dawson	35:27.36	2018

### W - Outdoor 100 METER HURDLES || TOP-10

1.Brianna Rollins	12.39	2013
2.Bridgette Owens	12.71	2012
<b>3.Oneka Wilson</b>	<b>12.79</b>	<b>2024</b>
4.Keni Harrison	12.88	2013
5.Trishauna Hemmings	12.94	2021
6.Monique Gracia	13.00	2012
7.Michaylin Golladay	13.01	2011
8.Jasmine Edgeron	13.09	2012
9.Samantha Elliott	13.11	2015
10.Antoinette Van der Merwe	13.17	2024

#### All-Conditions Top 5

1.Brianna Rollins	12.39	2013
<b>2.Oneka Wilson</b>	<b>12.70</b>	<b>2024</b>
3.Bridgette Owens	12.71	2012
4.Kendra Harrison	12.88	2013
5.Trishauna Hemmings	12.94	2021

### W - Outdoor 400 METER HURDLES || TOP-10

1.Samantha Elliott	55.51	2015
2.Lashanna Graham	55.59	2023
3.Keni Harrison	55.75	2013
4.JodyAnn Dixon	56.36	2025
4.Ken'Naria Gadson	56.53	2024
5.Silja Ulfarsdottir	56.62	2005
6.Nikkie Bouyer	56.64	1999
7.Markeeta Thomas	57.11	2018
8.Lakeisha Warner	57.21	2019
9.Sonni Austin	57.31	2011

### W - Outdoor 3000 METER STEEPLECHASE || TOP-10

1.Alyssa Kulik	9:52.90	2012
2.Logan Morris	10:07.13	2018
<b>3.Lowa Branth</b>	<b>10:15.55</b>	<b>2025</b>
<b>4.Madelyn Dinneen</b>	<b>10:22.21</b>	<b>2025</b>
<b>5.Madison Roush</b>	<b>10:29.45</b>	<b>2025</b>
6.Stephanie Buffo	10:37.50	2011
7.Brianna Feerst	10:46.58	2015
8.Morgan Wittrock	10:57.31	2019
9.Makenzie Steele	10:58.42	2022
10.Jenny Barton	10:59.98	2006

### W - Outdoor 4x100 METER RELAY || TOP-5

<b>1.Stoilova, Kitt</b>	<b>43:14</b>	<b>2025</b>
<b>-Calloway, Gray</b>		
2. <b>Stoilova</b> , Van der Merwe	43.26	2024
<b>-Myrie, Foreman</b>		
3. Ricketts, Smith,	43.31	2017
<b>-Hadley, Robinson</b>		
4.Clark, Hemmings,	43.34	2022
<b>-Grant, Myrie</b>		
<b>5.Wilson, Kitt</b>	43.39	2025
<b>-Calloway, Gray</b>		
6.Kendrick, Wesh,	43.43	2012
<b>-Bryant, Edgeron</b>		

### W - Outdoor 4x400 METER RELAY || TOP-5

1.Parrish, James,	3:28.59	2015
<b>-George, Goule</b>		
<b>2.Kitt, Williams</b>	<b>3:29.24</b>	<b>2025</b>
<b>-Gray, Chepngetich</b>		
3.Williams, Gadson, Osher,	3:29.46	2024
<b>Chepngetich</b>		
<b>4.Dixon, Williams,</b>	<b>3:29.69</b>	<b>2025</b>
<b>Gray, Chepngetich</b>		
5.Burgher, Mothersill,	3:29.97	2001
<b>-Smith, Weston</b>		

### W - Outdoor HIGH JUMP || TOP-10

1.April Sinkler	6-1.25 (1.86m)	2010
2.Mimi Land	5-11.5 (1.82m)	2015
3.Sharia Clinkscales	5-10.75 (1.80m)	1996
T4.Nia Christie	5-9.25 (1.76m)	2024
T4.Liane Weber	5-9.25 (1.76m)	2010
T6.Linda Buchholz	5-8.75 (1.75m)	2010
T6.Anastacia Wilson	5-8.75 (1.75m)	2009
T8.Katja Pettinen	5-8 (1.73m)	1995
T8.Katie Pickett	5-8 (1.73m)	2004
T8.Sofia De Coteau	5-8 (1.73m)	2022

### W - Outdoor POLE VAULT || TOP-10

<b>1. Kirstin Hoffman</b>	<b>13-9 (4.19m)</b>	<b>2025</b>
2. Lauren Terstappen	13-7.25 (4.15m)	2015
3.Christy Gasparino	13-5.25 (4.10m)	2012
4.Alison D'Alessandro	(4.07m)	2022
5.Caroline Kennedy	13-1.5 (4.00m)	2010
T6.Sara Young	12-11.5 (3.95m)	2005
T6.Annie Lineberger	12-11.5 (3.95m)	2024
8.Mandy McLane	12-10.75 (3.93m)	2001
9.Caroline Bond	12-10.25 (3.92m)	2013
10.Joana Costa	12-10 (3.91m)	2003

### W - Outdoor LONG JUMP || TOP-10

1. April Sinkler	21-6.25 (6.56m)	2011
2. Monyetta Haynesworth	21-5.5 (6.54m)	1992
3. Gisele Oliveira	20-11.75 (6.39m)	2003
4. Tonya McKelvey	20-9 (6.32m)	1993
5. Whitney Fountain	20-8.5 (6.31m)	2014
T6. Caroline Johnston	20-4.25 (6.20m)	2024
T6. Mimi Land	20-4.25 (6.20m)	2013
T6. Jasmine Brunson	20-4.25 (6.20m)	2011
8. Angelica Collins	20-2.5 (6.16m)	2017
9. Courtney Singleton	20-2.25 (6.15m)	1993
10. Marcia Fletcher	20-1 (6.12m)	1990
<b>T10. Shantae Foreman</b>	<b>20-1 (6.12m)</b>	<b>2025</b>

#### *All-Conditions Top 5*

1. April Sinkler	6.56m (w)	2011
2. Angelica Collins	6.34m (w)	2017
3. Gisele Oliveira	6.31m (+4.3)	2003
4. Caroline Johnston	6.20m (w)	2024
5. Jasmine Brunson	6.19m (w)	2011

### W - Outdoor TRIPLE JUMP || TOP-10

1. Patricia Mamona	46-1.25 (14.05m)	2011
<b>2. Shantae Foreman</b>	<b>45-11.25 (14.01m)</b>	<b>2024</b>
3. Gisele Oliveira	45-9 (13.94m)	2005
4. Iana Amsterdam	44-10.75 (13.68m)	2017
5. April Sinkler	44-4 (13.51m)	2012
6. Harleigh White	43-7 (13.28m)	2021
7. Anasterasia Terrell	43-6.5 (13.27m)	2016
8. Sheri Smith	43-0.5 (13.12m)	2002
9. Jasmine Brunson	42-11 (13.08m)	2012
10. Nanette Holloway	42-10.25 (13.06m)	1992

### W - Outdoor SHOT PUT || TOP-10

1. Jamine Moton	58-2.5 (17.74m)	2001
2. Veronica Fraley	54-5.25 (16.59m)	2021
3. Danielle Sloley	54-4.64 (16.57m)	2023
4. Janell Fullerton	53-4.25 (16.26m)	2019
5. Nikki Sims	52-7.25 (16.03m)	1995
6. Angela Dolby	51-3 (15.62m)	1992
7. Danielle Curry	49-5.75 (15.08m)	2011
8. Aija Kortesoja	48-5.25 (14.76m)	1996
9. Jackie Hudgins	48-0.75 (14.65m)	2002
10. Patricia Cuffee	46-11 (14.30m)	1991

### W - Outdoor HAMMER THROW || TOP-10

1. Jamine Moton	220-6 (67.21m)	2002
2. Marie Forbes	213-0 (67.03m)	2024
2. Nikola Lomnicka	208-8 (63.61m)	2009
4. Della Clark	194-2 (59.18m)	2006

5. Brittney Waller	188-3 (57.38m)	2013
<b>6. Kendra Dye</b>	<b>184-10 (56.35m)</b>	<b>2025</b>
7. Rochelle Kokayko	184-6 (56.23m)	2007
<b>8. Ella Brooks</b>	<b>179-10 (54.82m)</b>	<b>2025</b>
9. Krystal Woods	173-9 (52.96m)	2006
10. Danielle Borriello	172-8 (52.63m)	2016

### W - Outdoor JAVELIN || TOP-10

1. Bethanie Wachna	48.98m	2010
2. Linda Buchholz	46.32m	2010
3. Liane Weber	45.55m	2010
4. Isabelle Klett	44.52m	2023
5. Karine Farias	40.81m	2010
6. Alyssa Debski	40.61m	2017
7. Olivia Piccirillo	39.89m	2014
8. Sofia De Coteau	38.24m	2025
9. Krystal Woods	37.36m	2004
10. Whitney Fountain	34.93m	2013

#### *Old Weight Bests*

1. Lisa Parak	161-4 (49.18m)	1990
2. Liz Griesback	150-7 (45.90m)	1993
3. Jodie Phillips	147-10 (45.06m)	1995
4. Katja Pettinen	147-1 (44.84m)	1995
5. Irja Kortesoja	145-3 (44.28m)	1997

### W - Outdoor DISCUS THROW || TOP-10

1. Marie Forbes	191-4 (58.31m)	2024
2. Veronica Fraley	186-0 (56.70m)	2021
3. Jamine Moton	182-2 (55.52m)	2001
4. Brittney Waller	169-1 (51.55m)	2013
4. Nancy Taliaferro	159-0 (48.46m)	1989
5. Nikki Simsv	158-10 (48.42m)	1997
6. Majayla Holland	160-0 (48.78m)	2017
7. Krystal Woods	155-3 (47.33m)	2005
8. Janell Fullerton	154-9 (47.18m)	2019
9. Grayce French	153-6 (46.78m)	2019
10. Karlien Botha	150-4 (45.82m)	2024

### W - Outdoor HEPTATHLON || TOP-10

1. Liane Weber	5,928 pts	2010
2. Katja Pettinen	5,321 pts	1995
3. Patricia Mamona	5,293 pts	2011
4. Linda Buchholz	5,206 pts	2007
5. Lauren Nicholson	5,200 pts	2003
6. Whitney Fountain	5,185 pts	2013
7. Aija Kortesoja	5,183 pts	1996
8. Annu Montell	5,171 pts	1997
9. Karine Farias	5,085 pts	2010
10. Areya Campbell	4,861 pts	2021