

TRAMONTANA
WELLNESS

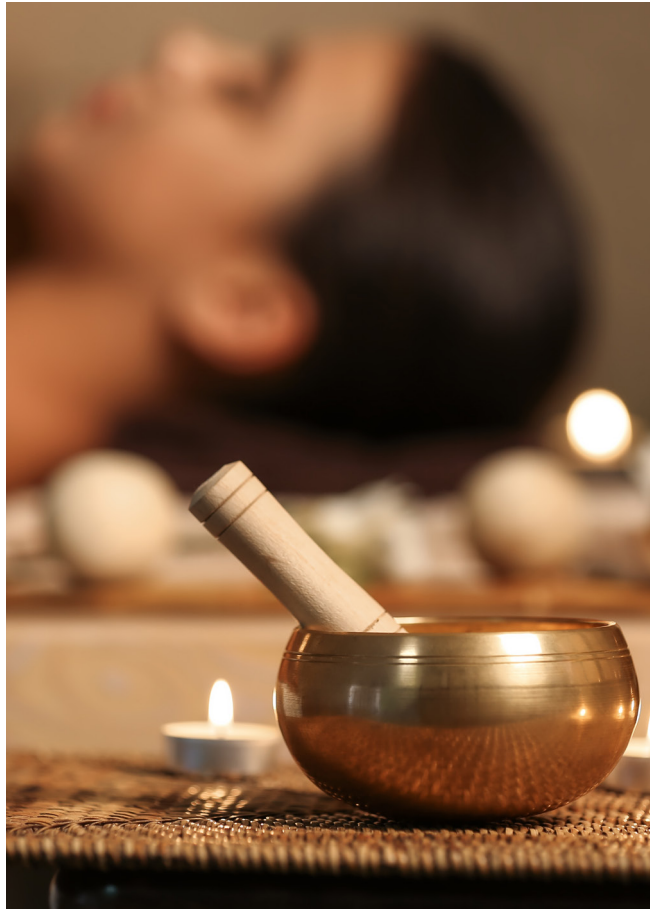


TRAMONTANA
WELLNESS

Imagine a place where time slows down, and every worry vanishes like sand slipping through your fingers. TRAMONTANA WELLNESS is an oasis of vitality and balance, nestled among golden dunes and overlooking the shimmering sea. Here, the invigorating energy of dawn merges with the embracing warmth of sunset, creating the perfect ambiance for holistic relaxation. Leave your thoughts behind and let yourself be soothed by skilled hands: each treatment is an invitation to rediscover inner harmony and rejuvenate your

SIGNATURE *MASSAGES*

Relaxing depth. Decontracting power. Energetic rebalancing. Each massage is a sensory experience towards holistic well-being. Let yourself be pampered by the skilful hands of our professionals, to regenerate body and mind.



Ritual Tramontana

A customized ritual that adapts perfectly to your needs, offering you a unique, tailor-made experience thanks to a mix of different techniques with varying intensities and manual skills.

50 MIN €90
80 MIN € 120

Ocean Wave Lomi Lomi

A treatment rooted in Hawaiian rituals that, through slow, steady movements inspired by ocean waves, will give you deep relaxation.

50 MIN € 90

Deep relief sport

Ideal for those who want a deep decontracting action. This massage works on the connective and muscular tissues, releasing contractures and tension, for optimal recovery.

50 MIN € 80
80 MIN € 110

Ayurveda Balance

A massage that balances mind and body, and improves blood circulation and vital fluids, offering total well-being.

50 MIN € 110

Lovers' escape

Share a moment of pure relaxation with the person you love. This couples massage is perfect for an unforgettable experience together.

50 MIN € 230

Tibetan sound massage

A revitalizing ritual that combines the power of massage with the vibrating sound of Tibetan bells in a sensual experience that will regenerate body and mind.

50 MIN € 110

Personal Treat

A customized massage to meet your specific wellness needs.

30 MIN € 50

Tai foot reflexology

This technique uses the stimulation of specific areas of the foot to re-establish the balance between mind and body, giving deep and lasting well-being.

30 MIN € 60

Cellulite Solution

Counteracts and prevents cellulite with a targeted massage, ensuring a firmer, smoother skin and improving the appearance of critical areas.

50 MIN € 80

Lymphatic flow

It regularizes the circulatory system and eliminates accumulated waste in the lymphatic system to give you a pleasant feeling of lightness and regeneration.

50 MIN € 80

EXCLUSIVE *TREATMENTS*

BODY

Body Scrub

A cellular exfoliation ritual for silky, intensely nourished skin that leaves a wonderful feeling of freshness and vitality.

SCRUB WITH MASSAGE
50 MIN €90

SCRUB ONLY
30 MIN € 50

FACE

Radiant glow & restore

Personalized facial treatment, ideal for soothing the skin after sun exposure. It nourishes, moisturizes and gives an immediate sense of well-being to body and mind.

FACIAL TREATMENT
30 MIN € 60

**FACIAL TREATMENT
WITH MASSAGE**
50 MIN € 80





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