# Behavioral Health Provider Listening Session

Tuesday, March 26 1:30 to 2:30 p.m.



## Agenda

| Subject  | Who   |
|--|---|
| <ul><li>Welcome</li><li>Section updates</li></ul>                                  | Teesha Kirschbaum                                   |
| <ul> <li>Washington's Health         Workforce Sentinel         Network</li> </ul> | Steve Perry   |
| <ul><li>Legislative Update</li><li>Final Governor's Budget</li></ul>               | <ul><li>Kim Wright</li><li>Grace Burkhart</li></ul> |
| SCALA NW Program   | • Liz Wolkin  |
| • Questions  | • All   |

#### DBHR updates: SUD Prevention/MH Promotion

- 2023 Healthy Youth Survey results were shared publicly on March 23, 2024, with a press release and updated results at <a href="https://www.AskHYS.net">www.AskHYS.net</a>; results show sustained decreases in substance use and improvements in mental health among adolescents, as well as disparities among several demographic groups.
- 2023 Young Adult Health Survey: We have preliminary results of main substance use indicators that examine the baseline surveys of cohorts 1 through 10. The annual 2023 YAHS frequency report will be available March 31, 2024. Press release is planned by April 30, 2024.
- YAHS presentations:
  - ▶ Jason Kilmer presented to the Prevention Research Subcommittee on March 13, 2024.
  - ▶ Jason Kilmer will present to the Strategic Prevention Enhancement Policy Consortium (SPE) on April 20, 2024.
  - ► Further presentations are planned for the Washington Healthy Youth Coalition (WHY) and the State Epidemiological Outcomes Workgroup (SEOW).
- The 2024 Prevention Summit conference planning is underway and we hope to have a save-the-date available in the coming weeks. For more information and to subscribe to our distribution list, please visit <a href="https://www.preventionsummit.org">www.preventionsummit.org</a>.

Washington State
Health Care Authority

### DBHR updates: Prenatal - 25



April 30 & May 1

Join us for an innovative gathering centered on raising awareness and providing support for individuals navigating their initial experience with psychosis.

Register here!

#### Say It Out Loud conference

May 19 and 20

The Say It Out Loud conference began in 2021 to provide space for education, networking, and sharing knowledge to improve care and support for 2SLGBTQIA+ individuals, families, and communities.

All are welcome!

Register here!

#### MHAYC billing webinar

April 3

HCA provides regular webinars to review guidance on billing and clinical policy related to Mental Health Assessment for Young Children (MHAYC). These webinars are designed for mental health professionals, billing and coding staff, and agency administrators.

Register here!

#### IECMH Statewide Tour webinar

In February, 2024 HCA published a report outlining the results of the Infant-early Childhood Mental Health (IECMH) statewide tour. This report was presenting in a webinar that is now accessible for viewing.

View the webinar



## DBHR updates: Adult Substance Use and Treatment Section

#### The AAP Annual Conference

- Opportunity to connect with peers and contribute to shaping cohesive, effective, and patient-centered programs and policies around substance use disorder treatment.
- ► April 22- April 23, 2024Lynnwood Event Center
- Registration: <u>Registration</u> and <u>Website</u>

#### Moral Reconation Therapy (MRT) In-Person Training

- Wahkiakum County is partnering with Correctional Counseling, Inc (CCI) to coordinate an in-person training opportunity for MRT.
- May 14- May 17 at Cathlamet Fire Hall
- Registration

#### New Research

- Emergency Room Utilization and Methamphetamine Overdose Symptoms in Washington State
- Among people who use SSPs in Washington State, methamphetamine use remains high, and methamphetamine overdose systems are common.
- Need help getting a copy of this article? Email ADAI librarian Meg Brunner at meganw@uw.edu



### DBHR updates: Recovery Support Services

- Save the Date(s)!!!
  - ➤ 2024 FCS Summit 4/29-5/1 CWU Ellensburg
    - > Please reach out to Jackie Velasco @ jackie.velasco@hca.wa.gov
  - ▶ 2024 PATH/Peer Pathfinder Annual Meeting 6/24 Marriott Tacoma
    - Please reach out to Meta Hogan @ meta.hogan@hca.wa.gov
  - ▶ 2024 Outreach Academy 6/24-6/25 Marriott Tacoma
    - > Please reach out to Cathi Geisler @ cathi.geisler@hca.wa.gov
  - 2024 Peer Pathways 8/21-8/22 Yakima Convention Center
- Operationalizing Peer Support Office Hours are 1pm every Monday. Drop on in for support around your peer support programs. Open to program administrators and peer supervisors.
  - Please reach out to <u>HCAopsorg@hca.wa.gov</u>
- The Office of Recovery Partnerships will now be called the Office of Consumer Voices and Empowerment. This name change more appropriately defines the purpose of this office.



#### DBHR updates: Diversion and Reentry

- Trueblood Settlement Agreement programs are now contracted with:
  - ► Kitsap Mental Health Services: Contracted for FPATH, FHARPS, and OCRP programs
  - ▶ Peninsula Behavioral Health: Contracted for FPATH and FHARPS programs
  - ▶ Olympic Health and Recovery Services: Contracted for FPATH, FHARPS, and OCRP programs
- Program services are scheduled to begin at the end of April 2024

► All three behavioral health agencies are currently recruiting for program staff



#### Washington's Health Workforce Sentinel Network

Employers, HR directors, managers and others involved in hiring Share your workforce needs with those who can solve them

#### wa.sentinelnetwork.org/join

Inform statewide planning. Drive meaningful change. Take 15 minutes to share your experiences today





### 2024 Behavioral Health Legislative Recap





### Policy Bills – Behavioral Health



BEHAVIORAL HEALTH COVERAGE



WORKFORCE AND TRANSPORTATION



TREATMENT SUPPORTS



CRISIS SYSTEM ENHANCEMENTS



CHILDREN AND YOUTH



**PREVENTION** 



#### EHB 2088

- Extending liability protections for responders dispatched from mobile rapid response crisis teams and community-based crisis teams.
- Provides covered entities and personnel with immunity from civil liability for negligent acts and omissions.



### Workforce and Transportation

- **E2SHB 2247** Addressing behavioral health provider shortage
- SSB 5920 Lifting certificate of need requirements for psychiatric hospitals and beds.



#### 2SHB 1877

- Improving the Washington state behavioral health system for better coordination and recognition with the Indian behavioral health system
- Includes tribes, Indian health care providers, and tribal entities in processes under the Involuntary Treatment Act (ITA) in multiple ways.



#### Children Youth and Families

- **2SHB 1929** Supporting young adults following inpatient behavioral health treatment.
- **ESHB 2256** Addressing the Children Youth Behavioral Health Work Group
- ▶ E2SSB 5853 Extending the crisis relief center model to provide behavioral health crisis services for minors
- **E2SSB 6109** Supporting children and families
- **2E2SSB 5580** Improving maternal health outcomes





#### Behavioral Health Services

- ▶ E2SSB 6251 Coordinating regional behavioral crisis response and suicide prevention services.
- **2E2SSHB 1541** Establishing the nothing about us without us act.
- SSB 5588 Concerning the mental health sentencing alternative



#### 2SSB 6228

- Concerning Treatment of Substance Use Disorders
- Property Requires health plans to authorize at least 14 days of inpatient or residential substance use disorder treatment on the first utilization review, and at least seven days on subsequent reviews and provides support for clinical behavioral health licensees.
- Caps certification fees for SUDPs and SUDP trainees at \$100 until July 1, 2029.



#### Behavioral Health Services

- ▶ E2SHB 1956 Addressing Fentanyl and other substance use prevention education
- 2SHB 2112 concerning opioid and fentanyl prevention education and awareness at institutions of higher education
- ▶ ESB 5906 Implementing a statewide drug overdose prevention and education campaign
- SHB 2396 Concerning fentanyl and other synthetic opioids
- SSB 6099 Creating the tribal opioid prevention and treatment account





## 2024 Budget Community Behavioral Health



- Wraparound services for civil commitments- within existing resource
- ORCA center in Seattle- \$1,675,000 (GFF) \$175,000
- ▶ Long-acting injectable buprenorphine- \$3,000,000
- Washington ASAM- \$400,000
- Youth behavioral health Apps-\$ 561,000 (GFF) \$184,000
- CCBHC expansion grants- \$5,000,000
- Olympic Heritage Behavioral Health- \$3,602,000



- City of Maple Valley community resource coordination \$200,000
- 23-hour crisis relief center grants- \$1,000,000
- Crisis stabilization in Island County- \$500,000
- Adolescent and young adult BH tech- \$200,000
- Health engagement hub pilot- \$3,000,000
- Community based teams serving people with OUD- \$1,500,000
- UW ADAI for High THC Cannabis- \$328,000



- King County 180-day commitment hearings- \$900,000
- North Kitsap Recovery Resource Center- \$250,000
- Evergreen Treatment flooding \$250,000 (GFF) \$750,000
- Harm reduction vending machines-\$900,000
- Rapid Methadone induction pilot-\$2,000,000
- Street medicine- \$3,700,000
- Behavioral health comparison rate project- \$250,000
- Occupational therapy for BH clients- \$750,000





- ▶ 1915i State Plan- \$39,101,000 (GFF) \$33,435,000
- Innovative care education- \$200,000
- ▶ Behavioral health crisis coordination- \$282,000 (GFF) \$253,000
- Community prevention and wellness initiatives- \$1,500,000
- Oxford expansions- \$750,000
- Tribal Fentanyl Summit- \$500,000
- lcelandic model for tribal prevention- \$1,000,000
- Tribal opioid prevention- \$2,000,000





### Olympic Heritage Behavioral Health

- \$100,000(GSF-FY24) \$3,502,000(GFS-FY25)
- ► Funding is provided for an evaluation of beds, conducting a provider interest survey and contracting for 40 community operated beds at the Olympic Heritage Behavioral Health facility.



### Other Related Budget Items

- Non emergent medical transportation NEMT Broker Rates- \$2,854,000 (GFF) \$4,208,000
- ► Foundational Community Supports Software for payment streamlining-\$50,000, (GFF) \$450,000
- SUPP program rate increases- \$1,615,000 (GFF) \$3,911,000
- Extending the Community Health Worker Grants and establishing a CHW Medicaid benefit- (FY24)\$4,109,000 (FY25) \$4,204,000
- DSHS Essential Health Worker Trust- \$830,000 (GFF) \$80,000



## Questions?

Contact

Kimberly Wright

Behavioral Health Policy and Planning Supervisor

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#### **Psychiatry Consultation Line**

- 24/7 psychiatric consult line for MOUD and psychiatric / co -occurring disorders
  - ► Funded by the State of Washington free to all callers
  - Staffed by UW faculty psychiatrists
  - Recent specialized training in MOUD
  - ► 877-WA-PSYCH (877-927-7924)
  - ► For more information visit <u>www.pcl.psychiatry.uw.edu</u>



#### ScalaNW



#### **ED Bridge Program - ScalaNW**

A new HCA program meant to support emergency departments and hospitals initiating MOUD.

- 24/7 scheduling line for real-time follow-up appointments
- Technical assistance
- ScalaNW website
  - Clinical guidelines
  - Low barrier service locator
  - Patient education
  - Trainings and webinars



#### **Clinic Participation**

- Requirements
  - ▶ 2-4 hour recurring drop-in window
  - ► Willing to engage in ROI/MOU process
  - Willing to report on attendance
- How to enroll
  - ScalaNWBridging@crisisconnections.org



## Questions?

