

Behavioral Health Provider Listening Session

Tuesday, May 28

1:30 to 2:30 p.m.

Agenda

Subject	Who
<ul style="list-style-type: none">• Welcome<ul style="list-style-type: none">• Section updates	<ul style="list-style-type: none">• Michael Langer 10 min
<ul style="list-style-type: none">• SPA SUDP/Assoc & 5228 OT	<ul style="list-style-type: none">• Eliza Tharp• Yvonne Keller 20 min
<ul style="list-style-type: none">• P-25 Strategic Plan	<ul style="list-style-type: none">• Diana Cockrell 20 min
<ul style="list-style-type: none">• Open Forum for Q/A	<ul style="list-style-type: none">• All

Teams listening session norms

- ▶ Mute yourself if you are not speaking.
- ▶ Raise your hand if you want to speak.
- ▶ This time is for you. Ask questions, give comments, ask for help if you need it.
- ▶ If we cannot answer your question on this call, we will follow up after the webinar.

Disclaimer

- ▶ This meeting is being recorded.
- ▶ This recording is open to public disclosure.
- ▶ Please do not disclose any private or confidential information.
- ▶ Slides from the call are posted in the chat.

DBHR updates: SUD Prevention/MH Promotion

- The HYS Planning Committee is wrapping up 2025 New Question Proposal and Question Revision Process. Join our last Partner Revision meeting on Thursday, May 30: 8:30 a.m.-4:30 p.m. https://us02web.zoom.us/webinar/register/WN_o-NpD3c9Q3SNqcWiiXVxaQ
- The 2024 Spring Youth Forum took place on May 8, in Grand Mound, WA. The Spring Youth Forum is an opportunity to acknowledge youth prevention teams from across the state of Washington, that have launched effective prevention projects within their communities. We hosted **forty (40)** remarkable youth team presentations and received raving reviews from approximately 350 conference attendees. For more information visit [the Athena Forum](#)

DBHR updates: Prenatal - 25



▶ *New School-based services webpage*

- ▶ New webpage includes School-based health services, Medicaid Administrative claiming, and Managed Care contracting

▶ Available trainings

- ▶ Family Initiated Treatment
- ▶ Assessing parent-child relationships
- ▶ MHAYC overview for BHA leaders
- ▶ DC: 0-5 Clinical training
- ▶ MHAYC provider spotlight series: workflows, staffing and EHRs

▶ Webinars

- ▶ Homelessness prevention webinar
- ▶ First Episode Psychosis Symposium
 - ▶ After logging in, navigate to the "Agenda" tab to view the recordings

DBHR updates: Adult Substance Use and Treatment Section

▶ Reports from University of WA- Addictions, Drug, and Alcohol Institute (ADAI)

- ▶ *Kratom: What do we know about its use, safety, and overdose risk?*
 - ▶ Kratom is a psychoactive substance made from the leaves of the *Mitragyna speciosa* tree, native to Southeast Asia, UW-ADAI answers questions related to use of Kratom.
 - ▶ [Report can be found here](#)
- ▶ *Contingency Management for Methamphetamine Use: Qualitative Interviews at Harm Reduction Programs*
 - ▶ This new report describes the benefits and challenges of implementing CM in harm reduction programs from the perspectives of both staff and clients from CEDEER's health engagement programs.
 - ▶ [Report can be found here](#)
- ▶ Results from the 2023 Syringe Services Program Health Survey
 - ▶ 1,667 participants of Washington State syringe services programs (SSPs) completed a survey on their substance use, health behaviors, and health care and substance use treatment needs.
 - ▶ [Report can be found here](#)

DBHR updates: Recovery Support Services

- ▶ 2024 PATH/Peer Pathfinder Annual Meeting combined with the Outreach Academy is scheduled for June 25th and 26th at the Marriott Tacoma Downtown. Registration is open and scholarships are available. Please visit <https://bit.ly/hcaOutreach2024>.
- ▶ The Washington Peer Network is an online resource for employed peer counselors. Employed peer counselors can register at <https://washingtonpeernetwork.org>.
- ▶ The Peer Pathways Conference is scheduled for August 21 and 22 in Yakima, WA. Registration is open. Please visit Peerpathways.net to register.

DBHR updates: Adult Services and Involuntary Treatment Section

- ▶ The Problem Gambling program added 2 new Certified Gambling Counselors who provide treatment within their BIPOC communities which is part of our effort to increase access to PG services in underserved communities.
- ▶ The first Interactive Town Hall on Youth and Gaming/Gambling was presented at the Spring Youth Forum by DBHR's partners at Evergreen Council on Problem Gambling.
- ▶ A new Intensive Behavioral Health Treatment Facility (IBHTF) in Renton operated by Aristo has been licensed and is schedule to open in early July.

DBHR updates: Diversion and Reentry

- ▶ Foundational Community Supports (FCS) Hospital Liaisons for both Western and Eastern State will begin outreaching all FCS providers across the state to describe their new role in preparation for working with people at the state hospitals beginning late summer 2024.
- ▶ The SUD Peer Bridger Pilot Program (a team of 8) has enrolled people in 21 counties.
- ▶ Community House (King County) has opened a second residential house for people ordered into their Outpatient Competency Restoration Program.
- ▶ Trueblood Diversion Programs are funded for another SFY.



Occupational Therapy Services for Behavioral Health Conditions

Implementing SB 5228

February 2024

Washington State
Health Care Authority







2023 legislation SB 5228

- ▶ By June 30, 2024, requires Health Care Authority (HCA) to expand Apple Health (Medicaid) occupational therapy coverage.
 - ▶ When occupational therapy services are medically necessary, ensure licensed behavioral health agencies (BHA) are reimbursed by managed care organizations.

- OT services are already included in [Washington's Medicaid State Plan](#).
- Medically necessary OT services are already allowable in non-BHA settings.

What is occupational therapy (OT)?

OT services center around the ability of one to participate meaningfully in occupations:

-  Education
-  Play and leisure
-  Work
-  Social participation
-  Activities of daily living (ADLs)
-  Sleep and rest

Within a variety of environments, such as:

-  School
-  Home
-  Community
-  Work
-  Health care settings

OT is a component of interdisciplinary care that complements mental health treatment.

Source: American Occupational Therapy Association

Occupational therapy for behavioral health conditions

- ▶ OT providers offer comprehensive person-centered evaluations to determine needs and offer a wide range of supports, including:
 - ▶ Addressing barriers to optimal functioning
 - ▶ Use recovery model to help with engagement in daily life activities
 - ▶ Support in setting daily roles, habits, and routines
 - ▶ Promote progress toward independent living

Examples:

- Community and work reintegration training
- Navigation of public transit or a grocery store.

Implementation overview

▶ Effective July 1, 2024

- ▶ Medically necessary OT services will be covered through Apple Health managed care
- ▶ Updates on encounter guidance can be found in:
 - ▶ [Service Encounter Reporting Instructions \(SERI\)](#)
 - ▶ [Mental health billing guide \(part 2\)](#)
- ▶ To ensure alignment with existing OT billing, guidance will link to the outpatient rehabilitation billing guide



Preparing for implementation

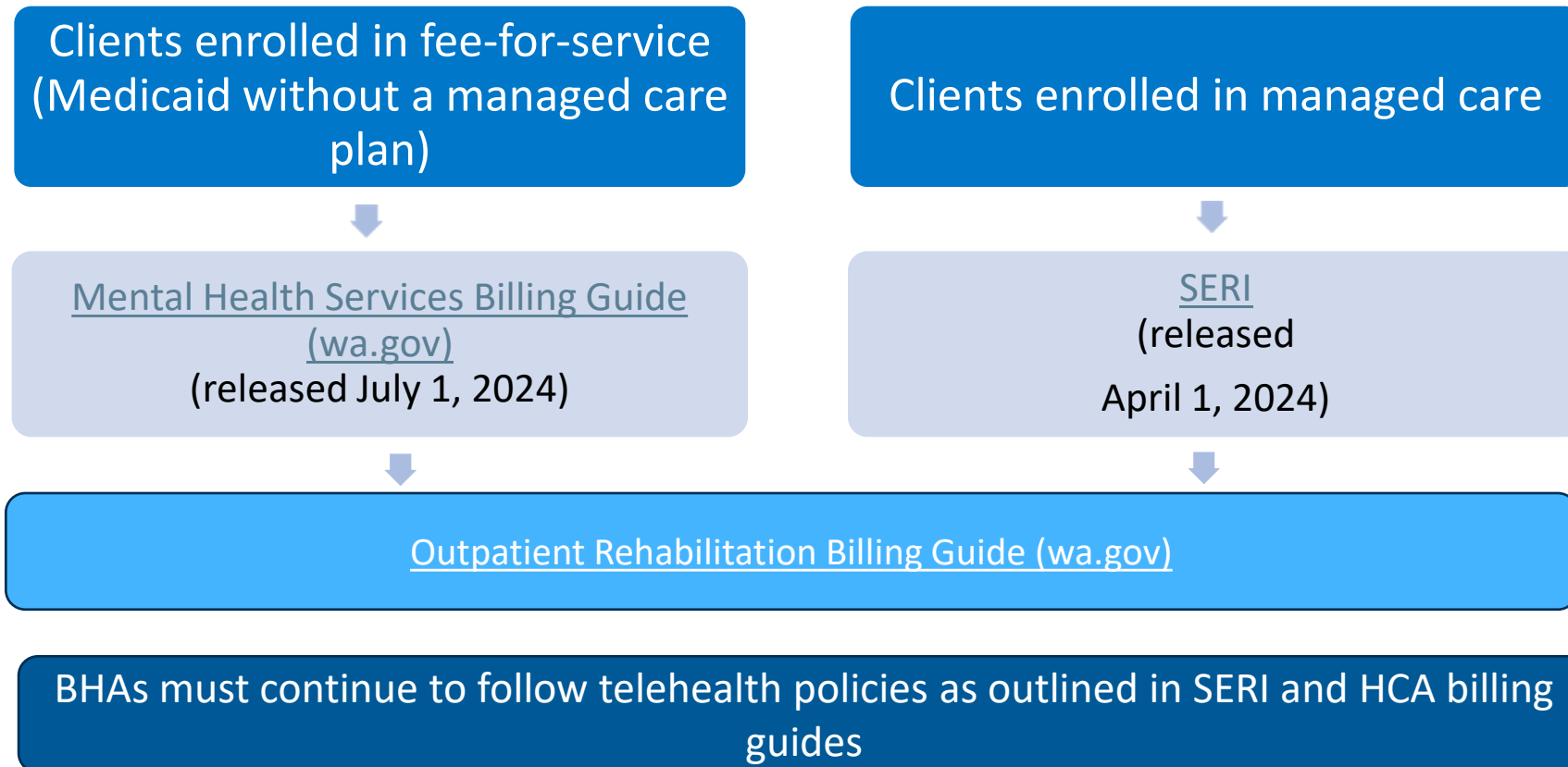
Managed care organizations

- Review the revised encounter and billing guidance
 - SERI released April 1, 2024.
 - Mental health billing guide (part 2) released July 1, 2024.
- Partner with BHA networks to identify BHAs interested in adding OT to their offered services.
- Partner with and assist OT providers in your network to navigate this opportunity.

Behavioral health agencies

- Learn more about how these services may benefit your clients. Consider hiring OT staff or subcontracting with OT providers.
- Partner with MCOs to update contracts to include OT services.
- Ensure you are enrolled with HCA as a fee-for-service provider.
 - Contact FFSQuestions@hca.wa.gov for more information.

Where to find billing and encounter guidance



QUESTIONS



To learn
more:

Email hcamcprograms@hca.wa.gov.



Prenatal-25 Strategic Plan

What is the Prenatal-25 Strategic Plan?

Prenatal – 25 Strategic Plan

Children and Youth
Behavioral Health
Work Group

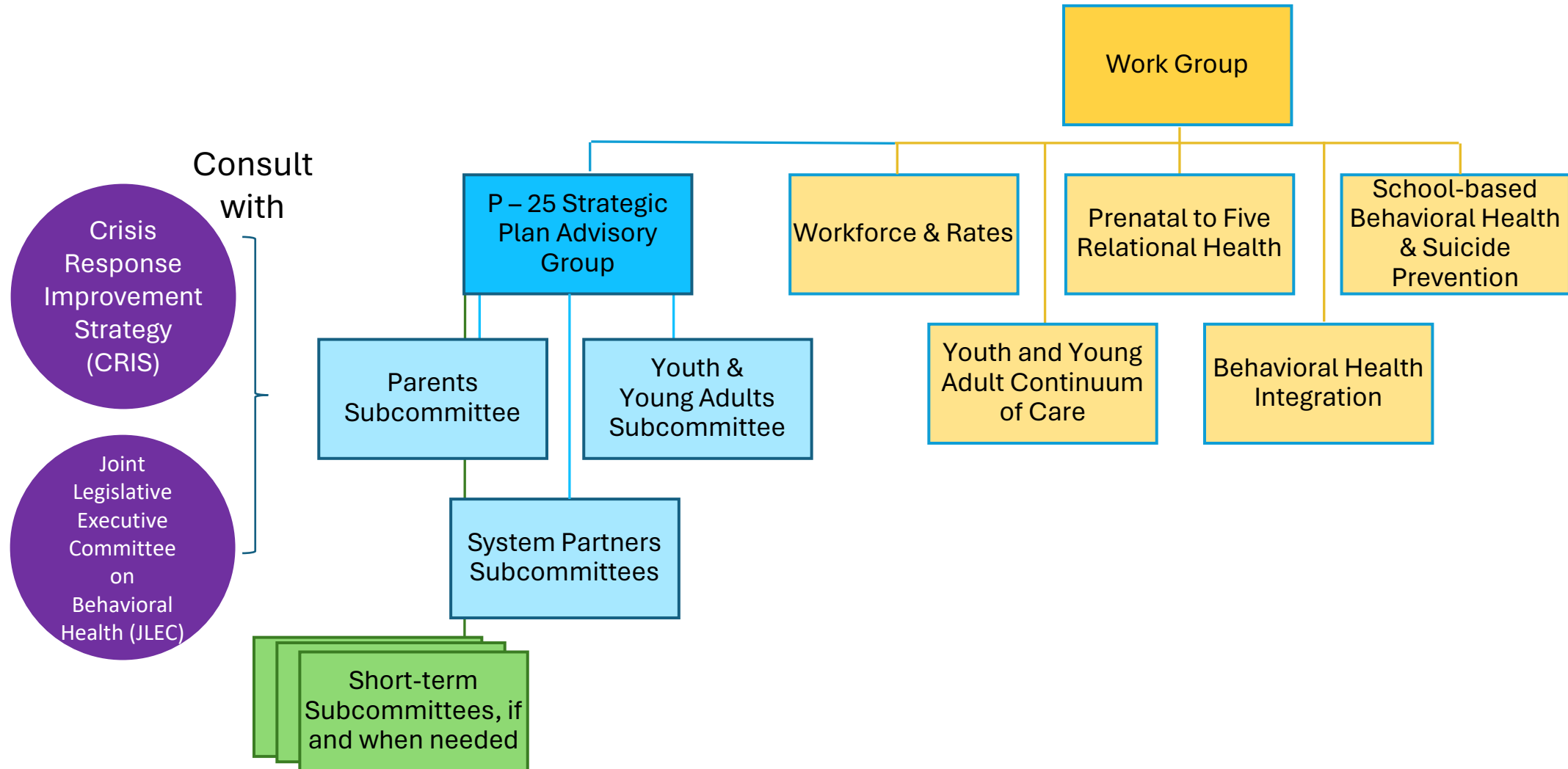
2022: Strategic planning process proposed by the CYBHWG and funded by the Legislature

2023: Work begins

2024: Legislature extends the deadline and allocates more resources for deeper engagement

2025: Strategic plan due (August)

Children and Youth Behavioral Health Work Group and the P-25 Strategic Plan Advisory Committee



Goals for the plan and planning process

- ▶ Develop a long-term systemwide strategy and roadmap to build a robust, equitable behavioral health **continuum of care designed by the children, youth and families it serves.**
- ▶ Engage deeply with communities and stakeholders and sustain an ongoing feedback loop.
- ▶ Drive tangible improvements along the way.

SUCCESS LOOKS LIKE:



Key principles for the system

No wrong door.

Help that looks like help.

Informed by children, youth, and family that have sought or would benefit from support and services.

Including a robust and dialable system of care that covers the full continuum of care across all behavioral health conditions for the P-25 age span.

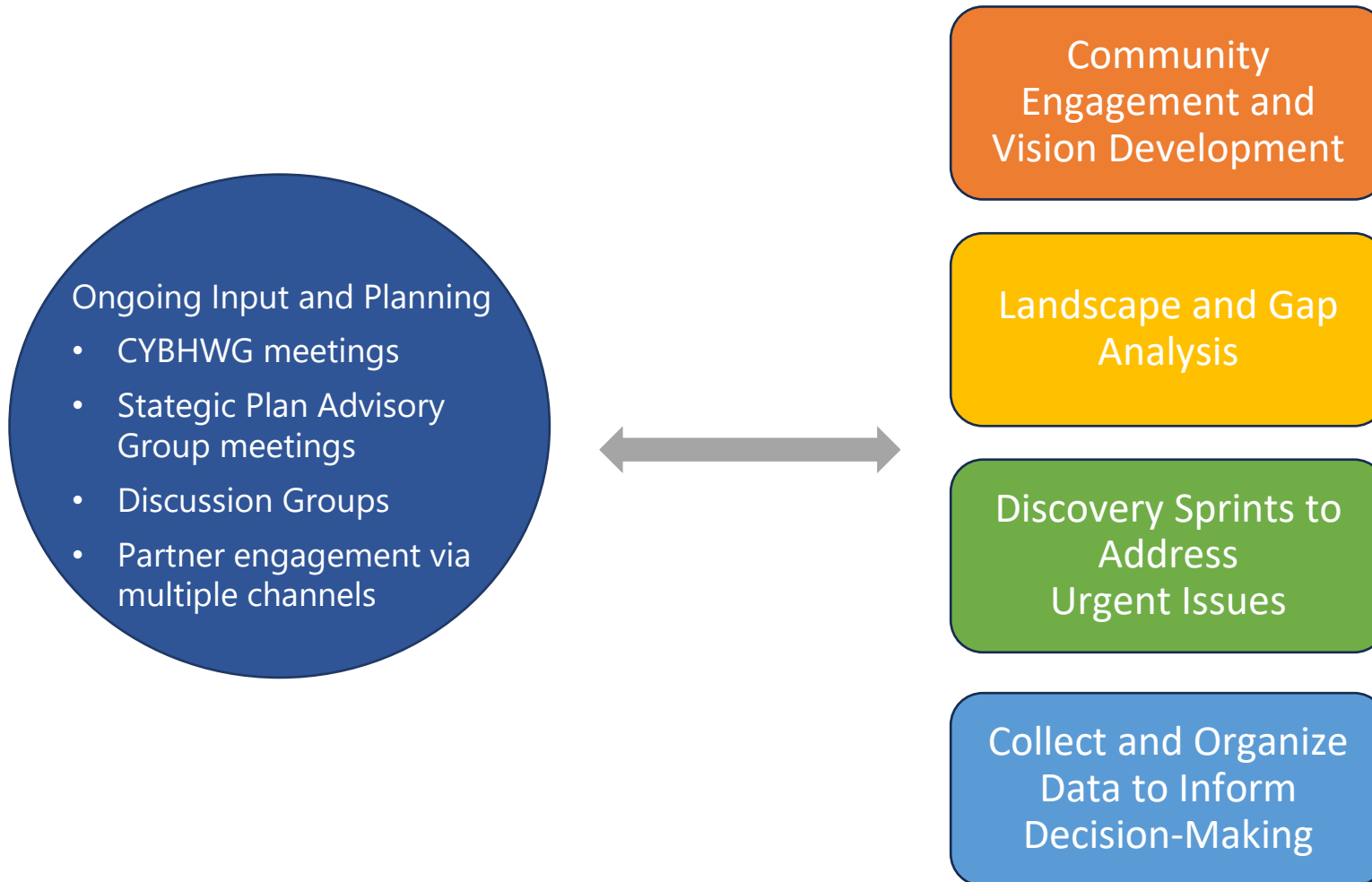
Guided by outcome metrics and levers that are nimble enough to create new responses and approaches from the system as times change.

Oriented towards prevention, focused on avoiding future behavioral health crises that lead to the need for more intensive services.

The approach



Workstreams



Hearing from everyone involved from the ground up

Children, Youth/Young Adults, and Parents/Caregivers

- **Includes those with lived experience who have and haven't accessed services**
- Deep engagement with hard-to-reach groups
- Outreach through organizations, events, and other channels
- Listening through topic-focused deep dives

Workforce

- **Includes behavioral health professionals and other providers such as teachers, pediatricians, those who work at community-based organizations, and others**
- Broad outreach through surveys, events, and other channels
- Listening through topic-focused deep dives

System Partners

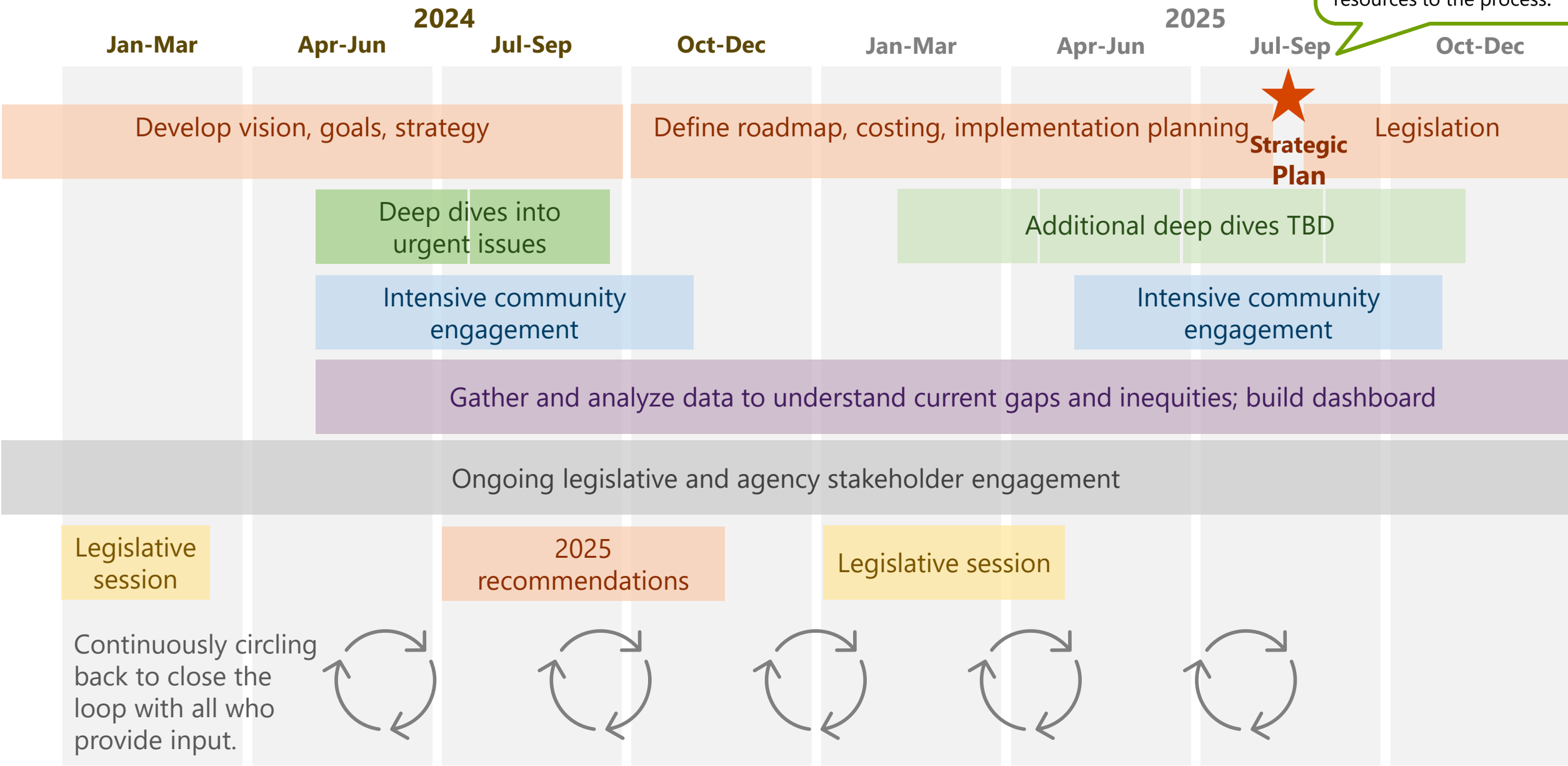
- **Includes state agency partners, state legislative and executive decision makers, and existing state committees and workgroups related to behavioral health**
- Engagement through existing work groups and committees
- Listening through topic-focused deep dives

Community Engagement Strategy

Population	Mass Market Engagement Strategies	Targeted Engagement
Youth and Young Adults	<ul style="list-style-type: none"> • Statewide survey • Youth/young adult discussion group 	<ul style="list-style-type: none"> • Regional in person listening events • Advisory group and youth/young adult discussion group • Other input opportunities
Parents/Caregivers	<ul style="list-style-type: none"> • Statewide survey • Parent/caregiver discussion group 	<ul style="list-style-type: none"> • Regional in person listening events • Advisory group and parent/caregiver discussion group • Other input opportunities
Workforce	<ul style="list-style-type: none"> • Statewide survey • Provider/system partner discussion group 	<ul style="list-style-type: none"> • Interviews and focus groups as part of regional in person listening events. • Advisory group and provider/system partner discussion group • Other input opportunities

Integrated timeline

Legislature extended the due date to **August 2025** and allocated additional resources to the process.



How to get involved

Join a Discussion Group

- Monthly groups for parents, young people (ages 13-29), and partners (providers, advocates, others who support children, young people, and families) to provide ongoing input into strategic plan development.
- There are no membership requirements to attend these discussion groups. Attend as you are able; we welcome your participation, even if you can only come occasionally.
- Most parents and young people are eligible for payment for attending meetings, translations, and interpreter services are available.

Connect us with your organization or community

- We'd love to come to a meeting or gathering (virtually or in person) and share information about the plan and hear your thoughts and ideas.

Attend a Strategic Plan Advisory Group meeting

- June 10th
- August 5
- September 9
- December 3

All meetings are held on Zoom



Email:
cybhwg.wa.gov

Questions?
