

Ask Me Anything — June 2025

Video: https://www.youtube.com/watch?v=EJKicHk_BPM • 1 hr 19 min

Key Topics

1. [3:43] **The divine architecture, and speaking what you carry** — the core of divine source at the center of everybody, every planet, tree and rock, clearing the debris so it can shine, why prophets and seers are the four aspects of the authentic self speaking, why no two voices repeat each other, and why a message kept at home does nobody any good — the age of the internet as the age of the small prophet

[3:43] Nazy's Question — Sacred Anatomy as Divine Architecture

[6:10] Prophets, Seers, and the Four Aspects

[12:15] The Age of the Small Prophet

2. [15:03] **Are the current energies changing our anatomy?** — why the sacred anatomy itself is not changing while physiology relaxes, everyone on the planet receiving the same download at once, adaptation against resistance and violence as the shape resistance takes, and why awakening into your own DNA is not a transmission that rewrites it

[15:03] Michelle's Question — Are the Current Energies Changing Our Anatomy?

3. [19:12] **Source energies and the yes circuit** — source expressing without agenda, the yes circuit at the very edge of the structure, why saying no admits not-yes rather than nothing, receiving subconsciously against receiving consciously, the ego you cannot do without, and subtle energy as the fifth quantum energy alongside strong force, weak force, gravity and electromagnetism

[19:12] Juliana's Question — Source Energies and the Yes Circuit

[22:39] Saying Yes Consciously, and the Fifth Quantum Energy

4. [26:35] **Heartsickness, illness, and the reach of love** — what you radiate and what it attracts, unfixing love from one person and letting it reach everyone, the endocrine answer to the physical half of the question, shelf life and bodies that fail, and loving the illness because it may be the thing opening you

[26:35] Robin's Question — Heartsickness and the Reach of Love

[30:38] The Physical Half of the Question, and Loving the Illness

5. [32:32] **The core and channel in every planetary body** — every planet carrying a core, a channel and an edge, planets as a species with personalities and a language they speak to each other, satellites as a species of their own, and the solstice as a powerful moment to be asking

[32:32] Chensun's Question — The Core and Channel in the Planets

6. [34:13] **The offering bowl, the soul's purposes, and the bones of light** — the pelvis as the bowl you make your offer from and the skull as the bowl that cannot hold one, sex organs and waste elimination as two halves of one transaction, cancers in that region read as a frustration signal, the three soul purposes — vision, stewardship of beauty, and being a vessel of love — and the bones of light that hold which one is yours

[34:13] Ridza's Question — The Offering Bowl and the Pelvis

[37:07] The Three Soul Purposes

[38:02] The Bones of Light

[40:25] Subtle Light Matrix, and Bones That Shine

7. [42:15] **The universal human resonating chamber** — activated feet in a crowd and aching feet during a distant tsunami, the axis chakra eighteen to twenty-four inches below the ground and the chamber below it, a matrix nobody put you into and nobody can take you out of, aspen roots and mushroom networks, and an invitation to heal the chamber together for peace

[42:15] Kirsten's Question — The Universal Human Resonating Chamber

[46:25] Tomorrow's Gathering for Peace

8. [48:15] **Curses, the shadow, and the astral realm** — the old tradition of cursing enemies and why that power has passed, the shadow aspect every one of us carries, astral deities that were worshipped once and have fallen out of acknowledgement, being driven out of the astral realm and into people, the four steps — responsibility, ability, action, and not being afraid — and why fear is what feeds the thing you fear

[48:15] Hosanna's Question — Ancient Curses and Picking Up the Torch

[51:11] Sending the Frequency for Peace

[52:37] Chensun's Question — Astral Deities and the Shadow

[55:28] Taking Responsibility for the Shadow, and Not Being Afraid

[57:09] The Horizon Belongs to You, and Archangel Michael

9. [1:00:13] **What harms the bones of light** — why the bones of light are very hard to damage, what lack of alignment with purposeful action actually costs, cutting yourself off from intuitive knowingness as distinct from instinct, and a structure that releases the physical body rather than dissipating with it

[1:00:13] Christine's Question — What Harms the Bones of Light

10. [1:02:02] **Death, burial, and the microbiome** — why the subtle structure is entirely uninterested in how a body is buried and who the funeral is really for, the light body lifting away while the physical is already disintegrating, the celebration waiting on the other side and the rest that comes before the life review, and the microbiome's own electromagnetic field lingering in the template after the body's has gone

[1:02:02] Jewel's Question — Death, Burial, and the Subtle Structure

[1:05:19] The Big Party on the Other Side

[1:06:40] Jewel's Follow-Up — The Microbiome and the Template

11. [1:10:41] **Living with the world's sorrow** — feeling helpless while people are being killed, sadness that is simply there and not to be taken out, holding to joy through the people you have loved, the seat of compassion at the edge outside time and space, and lifting the frequency of the species until starvation is no longer necessary

[1:10:41] Robin's Question — Living With the World's Sorrow

[1:12:20] The Joy Within Has to Be Stronger Than the Sorrow

Q&A

[2:09] Welcome — Grounding in an Intense Time

Desda: Well, welcome to ask me anything, which has already started off with a bang this morning. I got up at eight o'clock and talked to somebody in Norway. So this has just been a wild morning Welcome. Uh, it's pretty much matching the energy of the, uh, entire globe right now. And I'm wondering how you guys are doing.

[2:34] How, how are you, how are you managing? Are you hanging in there, keeping yourself solid and balanced? Grounded? Well, if that's hard for you, which it may, I suggest and urge you to take off your shoes and socks to go outside and to stand on the dirt. And if there's a tree anywhere near, put your back against the trunk and hug that tree.

[3:08] 'cause we're all in this together. Trees included. So it's always nice to get this, that feeling of connection. So I guess we'll just start right off with whatever questions you guys have that are buzzing around in your brains. I'd love to, I'd love to hear 'em. So please, uh, raise your hand or put your question in the chat.

And Cheryl is my translator here and she can read things in.

[3:43] Nazy's Question — Sacred Anatomy as Divine Architecture

Cheryl: Okay. So Nazy, starting us off. Alright. Nazy asks, if the Sacred anatomy is reflection of the Divine Architect Architecture, how might its design inform our understanding of cosmic ethics or universal moral frameworks? Or does our structure already reflect the universal framework? If so, will that explain how prophets or seers receive this information in bringing the message?

[4:18] **Desda:** Okay, that's like five questions. Let's start, let's start with one question, miss Nazy. Gimme that first one again. I can't stand my hair to be up. I don't know what's going on. Okay.

Cheryl: The Sacred Anatomy is a reflection of divine architecture. How might its design inform our understanding of cosmic ethics or a universal moral framework?

[4:44] **Desda:** We are all connected to divine source. The source of creation lives within us, in each of us. And in fact, at the center of every planetary body, at the center of everything on the planet, trees, plants, rocks, animals, everything has a core, everything has that beautiful core light at its center. So there is a cosmic connection we are constantly attuned to, and that cosmic connection is right at our center.

[5:18] Learning how to clear the debris and the stuff out of the way to let that core shine as brightly as possible, illuminates our lives, illuminates the possibilities, and it illuminates, hopefully for all of us, it lights the way in the dark. So that's the, that's the way. Okay. What's the next part of Nazy's question?

[5:43] **Cheryl:** Whoa. Okay. More questions coming in. I have to find. Okay. Yeah. Does our structure already reflect the universal framework?

Desda: Absolutely. I think I just answered that. Yeah, it does. Absolutely, absolutely. Absolutely. Go ahead.

Cheryl: If so, will that explain how prophets or seers receive this information in bringing the message to the masses?

[6:10] **Prophets, Seers, and the Four Aspects**

Desda: Well, you know, that, that's a, that's a question mark, you know, because, because a lot of prophets in seers are not the real deal. And I think it's really important to understand that the real deal is someone, Hey Eddie, there's Eddie. Hi. Sorry. When I haven't seen somebody a long time and they always gives me such a jolt.

Hi Chensun. Hi darling. Anyway, so when prophets and seers get messages, get inspirations, get divine guidance, really what's happening is that their own illuminance, their their own expansion, their own core energetic, is essentially expressing the four aspects of the authentic self, which each one of us has. And the four aspects are essentially, if you've heard of the idea of the higher self, that's what the four aspects are.

[7:05] It's just a little bit deeper understanding of higher self. 'cause that sort of indicates that myself just got higher. But that's not accurate. What it is, is the four aspects of the authentic self are divinely inspired and emanate out of our core, which is of the divine light, which is the totality. And they're the spokespeople or the spokes, energetic of the totality.

[7:36] So they're the voice of God within you. If you could just make it super simple and that voice of God within you is speaking the language that your soul understands, because your soul is the structure that's created all around you. So we're all in the world impacting each other with our souls. Now, if you are a prophetess or a a, a seer or something like that, you are hopefully attuned to your own four aspects.

[8:08] But remember, everybody's four aspects is going to speak to them a little differently. Each one of us are individuated in an extraordinary way. No one person is going to repeat the teaching or message of another person because everyone has the depth of connection to divine source that is so huge that it needs billions of voices to speak its words, to speak its language, to speak its truth, to speak its beauty.

[8:43] So we need everyone who hears the voice of God within whatever that looks like to you. Whether you believe or don't believe, whether you're, you know, standing on top of a mountain or sitting under the sea. It doesn't matter. You need to speak it out. And that's, that's really the message of today, the message of today, really this, when, I mean today, I mean today, the 20th of June, the message of today is, speak your peace, speak your truth, speak your words.

[9:17] Just make sure that they're really directed from within. Make sure that that inner directedness is, is coming forth and delivering something. Did we just drop or am I still on? You're still on. Okay, good. 'cause everything went dark in here, so, alright. We we're, we're gonna, we're in a cosmic circuit here, guys, so we're still, we're still heading, heading down the road.

[9:47] So I think that that really answers your question. That like each seer or prophet has validity in their own, in their own interconnectedness. But you remember the statement from the, uh, the, I think it's from the old, it might

might be from the New Testament about a prophet in their own land is never believed, right?

Well, they're not. They're not. Because prophets, real, true prophets have to have to travel out. They have to go out from their little inner safe little sanctuary. They have to go out into the world and bringing the message that the prophet or the seer or the teacher or the guider, whoever has for the world needs to go out.

[10:34] Like what good it, what good would it do the world if Joe Dispenza sat in his living room and had all those great ideas, right? He wouldn't do anybody any good. Joe Dispenza brought his work into the world. What good would it do? Anybody? If I sat at home drawing pictures of the structure and never published my book, it wouldn't do anybody any good.

So part of the job of the seer or the prophet in today's age on June 20th, 2025, which seems a miracle to me, just that date, I think it's amazing that what we actually have to do is have the machine to deliver us in some way, have the machine behind our message. And that goes for you, uh, inspired artists and musicians and creators and writers, and anyone who's touched by the divine, which is all of us who are in the creative realm.

[11:29] Even people who are in the creative realm, thinking of ways to improve the species. Like how can we get better medicine and how can we get better government, and how can we get better thinking and how can we get better education? All of those people, they're all touched by the Divine. And so we must listen to our forward thinkers.

We must listen to people whose ideas are impacting us right now, even though we don't even know it. Maybe we don't know it. That Jewel's working on an amazing painting that will change the face of reality and she's going to bring it forth, but it's not gonna do anybody any good if it stays in her house.

She's got to share it in some way.

[12:15] **The Age of the Small Prophet**

So this is the age of the internet. It's the age of connectivity. It's the age of, you can't shut me up. You know, it's the age of I've got my own rights and I've got a phone and I've got a camera and I can speak. It's, it's the age of the small prophet, the small seer having a voice in the space.

And I think that we all need to take ownership of that truth. And if, and if you have something to say, damn it, get out there. Say it. Don't let anything stop you. I mean, you have to realize that the, the future of humanity rests on this. It rests on all of us speaking up.

[12:54] I mean, stop being so damn polite. You know, get out there, say your peace. You got something to say, say it. And the truth is, everyone's eager to hear it. We're all sick of the talking heads. Right? Turn 'em off. Go online. Listen to the real people, because there are a lot of us that have knowledge and wisdom that are speaking about.

Now. Listen, listen to the great teachers. There are a lot of great teachers incarnated right now. A lot. We all came in, everybody came in, we all agreed, we said, okay, this place is a mess. Let's go in. You know, and there was an

agreement to come in and to live. Now, don't think you're living at the wrong time.

[13:36] Don't think that you don't have something to offer. Oh my gosh, I'm really going down this, down this path. I hope that's okay with everybody. But I, I want you to know that this is truly from my heart, from my heart. I invite you to, to join the cavalcade of intelligent wisdom. You know, and I don't mean destructive negativity, I mean intelligent, caring, heartfelt, beautiful, spacious wisdom.

[14:06] The wisdom of, Hey, I'm going to Norway and I can talk to you on a satellite phone. That kind of wisdom. Let's use it. Let's use all the machines we have to stay connected and to save each other's lives. Okay, well, I suppose there might be another question. Nazi, yes. Did we finish?

[14:31] Are we done with your 4,000 questions? You might all like to know that Nazi's in prac training right now is gonna be a fabulous practitioner with Muscle. She's going for it and I'm so proud of you. Hey Mark. Hi, Kirsten. Oh, it's good to see you, Nancy Solomon. Alright. Right. Hey, good to see you all.

Oh, welcome, welcome. Alright, what's the next question? Madam Cheryl?

[15:03] **Michelle's Question — Are the Current Energies Changing Our Anatomy?**

Cheryl: Yes. Well, Michelle asks, there is talk in the spiritual community about the current energies making changes to our nervous system, even the capacity of our chakras to process these new strong energies. Have you noticed any changes to our physical or subtle anatomy?

[15:32] **Desda:** Yes. Yeah, it's happening baby. We are evolving by hook or by crook, whether we're in or not. And the truth of the matter is, you're, you're, you're, uh, uh, sacred anatomy is actually not changing. Your physiology is, uh, relaxing, let's put it that way. Uh, things are less complex in the, uh, transmission of spiritual energies.

[16:03] But the truth of the matter, here's the exciting truth, the truth of the matter is that because we're evolving as a species, we're all going together. So it's not like a little conclave in the, you know, sitting on a mountain in, you know, hermit v Maine. Uh, they're getting the download. That's not what's happening.

Everybody across the planet is getting it at the same time. We're all getting it. And so those people that are dedicated to a particular belief system, you know, a particular religious philosophy, a particular political philosophy, they're getting those energies too. And what's happening is they're either adapting, shifting, changing, making space, or they're resisting them.

[16:56] And if they're resisting them, violence is what occurs. So anywhere you see violence, anywhere you see that kind of like, eh, you know, energy. That's what you could think of as an imbalance in the species. It's manifesting in that way. And God help us, you know, what's going on in the Middle East, just God help us.

[17:22] You know, I, I, uh, my heart is breaking for the middle, but it's also breaking for Los Angeles, you know, and it's breaking for the immigrants getting picked up because that's violence. Anytime we see violence, it's, it's not

appropriate. It's not right. And the other thing we're seeing is really good people leaving police forces, leaving the military, leaving places where violence is committed, saying, I'm not going to participate.

[17:52] We're, we're in the crux of a really tough moment. Gladwell called it the tipping point. You know, uh, I think we're on the other side of that. I don't think we're tipping anymore. I think we're sliding down a slide. But the truth of the matter is, everybody all over the world is feeling it, and every part of you is feeling it.

So your chakras may be adjusting. But here's the deal. That, um, idea of playing with DNA or playing with, oh, you can take a transmission in your DNA will change. That's b*****t. Your DNA is your DNA is your DNA is your DNA, you know, and you are really starting to live into your DNA, this is what's happening.

[18:36] It's like an awakening. It's not a fixing or a changing or a download that shifts you. It's that you're finally starting to be aware of who you truly are. And that's the big change. That's the big change. And that is just as powerful as like some kind of hocus pocus, right? That's so I'm not a big fan of hocus pocus, you guys, I'm a big fan of awakening consciousness, and that's what's happening right now.

Another question. Thanks Michelle. That was awesome.

[19:12] **Juliana's Question — Source Energies and the Yes Circuit**

Cheryl: Yes. And this one's from Juliana. She says, in sacred anatomy, energy medicine, that is the foundational healing modality that Desda started. We use source energies to help our energy structure. But what is happening when we are not intentionally bringing them in? Are we absorbing them throughout the day? How does that work? Are there source energies that are negative to our soul's purpose?

Thank you.

[19:47] **Desda:** Source energies. Here's what happens. This is, this is just a quick and dirty, here's what goes on. The source simply expresses, it has no agenda. It, it doesn't believe in good or bad, right or wrong, left or right, up or down. It simply expresses. And so it's up to you as a co-creative actor in the universe.

It's up to you to say yes or no to energies. If you say yes to negative energies, well, there you go. If you say yes to positive energies, well, there you go. But there isn't any agenda that the source has. Like the source isn't going, oh, Christine Hodil, there you are. Let's see. Let me bring in special energies for you.

[20:34] That doesn't happen. We are in fact all special, all unique and all connected. That's humanity. So when we receive the download of source energies at the edge of our structure, a big step in that is called the Yes! circuit. And it's literally at the very edge of the structure. It's right underneath the Villi at the Edge.

[21:04] And it just sits there. And it says, yes, I'll take this in. And if it says no, what it means is not yes. But it takes in not, yes. So if abundance is coming to you and you say no, for some reason, like, I hate money, I say no, then what happens is not abundance.

And that comes in. So all of these energies have the potential to be what they are and what they are not, because they are reflections of divine source, which is the great I am and the great I am not. It is, and it isn't. Same deal, both sides of the, it's the same coin, both sides, right?

[21:47] I am, I am not, yes. Abundance, no abundance, not abundance. You see, you see, so, so when we receive those spiritual energies, they're coming to us all the time. And we consciously can say yes, or we don't consciously say yes, we simply receive them. Like we receive vital life force. We receive, you know, beating heart.

We receive, you know, the vision to see we receive. My brain is working. We receive, wait, well, hopefully we receive all of these things that are coming to us. We receive them subconsciously, but we consciously can also receive them. And consciously we can not receive them.

[22:39] **Saying Yes Consciously, and the Fifth Quantum Energy**

So when you and I decide that we are going to increase conscious, awakened awareness, that we're going to literally wake up, right? You know, I'm awake, I'm seeing what's happening, you know, I'm here. When you are waking up, that's when you begin to consciously interact. And you start saying yes to frequencies instead of just automatically letting yourself survive, which is of course what is happening to probably 98% of the, of humanity is just going, yeah, okay, I'm alive today.

[23:14] You know? But you and I are saying, I say yes to survival. I say yes to life. I say yes to awakening. I say yes to the eternal energetic, called source light. I say yes to my own core. I say yes to beauty. I say yes to truth. I say yes to peace. I say yes to love.

And all of that conscious awakened awareness taps into the subtle frequencies of life. Because we have five quantum energies that I can speak to. We have strong force, weak force, gravity, and electromagnetic. Right? Those are our four energies. The fifth energy, guess what it is? Subtle energy. Subtle energy. Yes. I like that. Hosanna, yes. To ice cream.

[24:07] That's my, I roll like that too. Yes. To chocolate. So it's really important. I think that we know that the subtle energies of the universe are powerful manifest frequencies. They fill space, they fill us up. They are everywhere around us. They are between ourselves, they're inside of our atoms. Subtle energy is everywhere.

[24:36] And what you and I do, when we consciously interact with subtle energy, we're talking to the universe, we're talking to all creation. When we use our conscious awakened awareness to speak to light, to speak to life, to invite it into ourselves, to open up the doors to it, we're saying yes to creation.

[25:04] We're saying yes to that co-creative partnership. And you cannot kill your ego and have that, you have to have an ego. You have to have the ability to be in a physical body. If you have no ego, you will leave your physical body shortly. So it is important you have some kind of ego, some kind of sense of persona.

[25:29] It doesn't have to be very big and important, but you have to have some sense of that to stand in partnership with divine source and be able to access subtle energy. So the entire subtle anatomy is made of subtle energy, except for

the electromagnetic field, which is manifest right around us and is speaking the language of electromagnetics.

[25:54] So sending out electrical impulses and pulling in magnetically information that has to do with your personality, your manifest reality, the thick, dense matter of your body. Yeah, there it is. There's a picture. So, you know, all these pictures that I show you, I drew these pictures first before Kimmy draws 'em. I draw and my, it is just my drawing isn't as good as hers.

So we, we got a, we got a good artist to, to draw and, and to make 'em even better, which is nice. Is there another question?

[26:35] **Robin's Question — Heartsickness and the Reach of Love**

Cheryl: Oh yes. Lots of questions today. Desda this, Hallelujah, this from Robin. She says, I am sick, both heartsick from being in love with someone who was not in love with me and also physically sick with parathyroid and kidney illness. She wants to know what kind of a doctor might be able to help her.

[27:01] **Desda:** Probably an endocrinologist would be my bet. But, um, first, if you're in love with someone who doesn't love you, there's, there's options. You know, here's some options for you. Someone doesn't love you. You have to look at, first of all, what you're radiating out. If you're radiating out complete acceptance and unconditional love, what's to reject?

[27:31] If you're radiating out, I need you, I need you, I want you be mine. I need, you know, if you're doing that, why would anybody wanna go there? So it's important to remember who you are at your center and radiate out pure love and true love that is related to sort of that cosmic level of awareness.

So you don't fixate on one person. You just let everybody in the world have your love to share your love, your love with your love with life, your love with consciousness, your love of art, music and beauty. And do everything you can to experience that love. And pretty soon that one person will become a hundred people because it, it isn't for us right now to fixate on one person.

[28:19] We must love everyone. Even people who are broken and harmed from their own misdeeds. We must allow them to exist in compassion. I'm not talking about being in love with somebody. I'm talking about truly loving and true love really comes from a very unselfish place in the subtle structure. It's in the, the mental layer, in the acceptance strata.

[28:49] And it has to do with the divine feminine. And, you know, we could go down a little story about that. But the fact of the matter is, if you are allowing yourself to simply accept what's in front of you, whether that person is perfect or imperfect, or you know, even knows you exist or don't, if you just radiate acceptance pretty soon, it really won't matter to you.

[29:19] It really won't matter to you who loves you. The truth is, you can be in love with so many people. So many people in the world are so beautiful and so willing to be loved. You could love so many people. So restricting your love to just one person who's rejecting you, what does that say about your desire and commitment to lift the energetic of the species?

[29:49] And believe me, we all have to have that commitment. So if you can take a deep breath and allow yourself to love others back at wherever they are, whatever they're up to, just love their beingness. Not their actions necessarily,

but love the divine within, if that's possible for you, you can overcome this heartbreak and turn it into a rocket launch for yourself.

And that's what you want. That's what you want. I think there was another part to her question, which I don't remember. What was it, Cheryl?

Cheryl: Uh, she was also, uh, she the heart sick, physically sick, and the doctor recommendation,

[30:38] **The Physical Half of the Question, and Loving the Illness**

Desda: Yeah, physically sick. Endocrinology probably is where you need to go. But the truth of the matter is, your heart sickness, your sickness in your physical body might not have anything to do with your physical body. It might have to do with your decision that you can only love if people love you bad.

You know, honey, that's not true. You can be in love with the moon. You can be in love with all these people on this beautiful zoom page. You can be in love with all of us and allow yourself to feel that love. And I know it heals the body. It heals the spirit and the soul. And you know what?

[31:23] We're all in physical bodies. We're all dying. Hello. You know, it's all happening. We're only gonna last just so long. We've got shelf life. And so at a certain point, it's gonna be time for you to go and your body will fail in some way. But if you've spent your life loving, if you spent your life opening to the power of the source within you, every moment has been valuable.

[31:50] So go with that. That's my advice. It's my advice to anybody who's sick. It's like, love the world. Love life and love the illness. 'cause maybe it's opening you up, not saying it's always gonna do that, but, you know, just a suggestion. Just you gotta make your own choice. Oh, beloved, let's go.

Let's go Cheryl. What's next? Okay,

Cheryl: Well, I, I'm, I just wanna take a moment and say thank you for that reminder, because I know that's something I wanna cultivate more of. Thank you, Desda.

Desda: Amen. Alright, all women.

[32:32] **Chensun's Question — The Core and Channel in the Planets**

Cheryl: Yeah. Our next question is from Chensun, and she asks, are are the core and channel in all of the planets? I understand this is true with the earth.

Desda: Yeah, they're in every planet. Every planet has a core channel and an edge. And they all look a little different. They've got different personalities, you know, but there is a planetary species, like there's a human species, there's a planetary species, but then there are satellites like the moons, you know, and there that's a different species.

[33:07] And there's, and they all kind of, they all present in their own different ways. And they have language, they have language, they speak to each other. The planets talk to each other. You guys, eventually we'll figure it out, you know, just give us a thousand years or so, we'll figure it out. But we gotta get through the, uh, 2020s to get to that.

So that's why we're all here urging everybody on to keep going, to keep doing it, to stay committed to your truth and your beauty. And to know that, to know that life is an extraordinary moment. And it's just that long. Okay. Hello. Sorry to be heavy all about lightening up.

Cheryl: We need strong messages. We need strong messages now. Thank you, Desda.

Desda: Yes, we do. We absolutely. And it's a solstice right now, so it's very powerful time, you know? Yeah. We're zipping around.

[34:13] **Ridza's Question — The Offering Bowl and the Pelvis**

Cheryl: Our next question is from Ridza. He asks, is it possible to talk more about the offering bowl and its role in the anatomy? Yes. And what is it that is offered?

Desda: Oh God, Ridza, I just love you. I really do. Thank you for that. Great question. So the offering bowl is essentially your pelvis. And the pelvis is where we make our offer in the world. We don't make it up here. Think about it in terms of just like, uh, material physics. Okay? The skulls opening is upside down, so everything falls out of the head.

[34:58] So the head is not a bowl that you can make an offering in if you are alive, if you have a pelvis, however, it is shaped like a bowl and it's open, which is what an offering bowl always should be. So when you bring your offer into the world, your energetic offer, your pelvic bowl holds some very powerful stuff.

[35:26] It holds sex organs, which help us continue to make the offering of children and reproducing. And so that's a big offer. And then the other thing that, that it holds is waste elimination, which is extremely important in any transaction you must release what does not function, what does not work, what needs to leave and retain that, which is good.

[35:55] It's also the seat of your Dantian Chakra, which is essentially the seat of power in your subtle structure. So it holds your will, it holds your drive, it holds the ability to just go for it. So if you've had things like, uh, colitis or colon cancer, or rectal cancer, bladder cancer, any of those cancers, uterine cancer, uh, if you've had cancers in that part of your body, it's a frustration signal.

[36:32] So it, it's saying, Hey, you've got an offer to give you better start giving it because something goes wrong there. Your Dantian is all about your delivery into the world of your soul's purpose. So how do you know your soul's purpose? It's not as hard as you've fit your life. Purpose is much harder.

It's much more difficult to decide, I'm going to be a doctor or a lawyer. I'm going to, you know, work in the salt mines. I've gotta decide which thing I'm gonna do in my life. You, that's harder. There's more choices.

[37:07] **The Three Soul Purposes**

Uh, soul's purpose is basically one of three things. You're either here to get the big picture vision and to help lead humanity forward. Or you are here to hold the, uh, stewardship of beauty, harmony, balance, or you are here to be a vessel of love. So you're here for one of those reasons. It's really simple.

All humanity is here for one of those reasons. And, and it obviously can be more complicated, more interesting than I just outlined it. And you can say it in your own language. But those three things are pretty much what we need to make the full picture. So the offering bowl already knows what it's dedicated to because that orientation, one of those three orientations, is held in your bones of light.

[38:02] **The Bones of Light**

So the bones of light, maybe we could see a BOL picture, Cheryl, but the bones of light hold that oh, oh, show the alpha substructure, uh, composite picture anyway. So your bones of light are related to your physical bones, your physical bones and your energetic bones are the same bones, same, same skeleton.

We do not have two different skeletons. We have one skeleton and it's all connected, just like we have one viscera and it's all connected. So the, the viscera of the subtle is the same as the viscera of the material. We are solidly one body and we are not two different bodies, five different bodies.

[38:45] You know, you heard the, you've heard, you know, the mental body and the spiritual body and up, that's all b*****t. It's one body period, end of conversation. So here's a picture of the bones of light composite. And you see that there's a little guy there. The little guy is the guy who's holding the pelvis.

The pelvis is part of this alpha substructures bones of light. You can see the two big alpha, alpha discs, which are the alpha substructure. You can see the guide wires that, um, attach. This is the wrong picture, Cheryl. We gotta get the right one in there. It's got a line in there that shouldn't be there, but please take it down.

[39:27] It's the wrong picture. We had a mis a miscommunication with the artist, and those pictures should have been destroyed, but they weren't. So anyway, the idea of the bones of light is that there's a framework, which is like a rib cage. There are, um, discs and guide wires, which are kind of like ligaments and bones.

And then there's a, which supports the, the core. We have a vertebral column at the core that's, there we go. That's a great picture. So there's a vertebral column at the core that supports, supports all the chakra currents as they move through the core. It supports all 13 chakras. And that caduceus is a critical part of the bones of light.

It also contains and holds the physical spine. So we have this interconnectivity with the bones of light and the human bones, the skeletal system.

[40:25] **Subtle Light Matrix, and Bones That Shine**

And those two things are made of the same matter, subtle matter, which is called subtle light matrix. Subtle light matrix is this extraordinary frequency. If you've ever been in a dark room with broken a living broken bone, you can see light shining out of it. It is quite amazing. But most people don't get to ever see that in their lives 'cause they don't see those compound fractures where the, the, and they're not in a dark room when it's out.

[40:57] You know, so who, who gets to see this? But they, that is true that they do shine. They have luminance and uh, just like our spinal fluid is luminescent.

So we have luminance within us that's, that's physically manifest in an electromagnetic way. Um, but the bones of light are inter interactive and interrelated.

And the thing about the offering bowl is that it's delivering the goods, whether you're conscious of it or not. And also your sex organs is usually how you make love. I mean, most people do it that way. So there's this interconnectivity that happens. And when two people fall in love and make love together with their sex organs, there's a light that emerges.

If any of you have had a baby, you may have felt the light of the pregnancy enter your body at the time of pregnancy, the moment of conception. Some people are, are fortunate that they have that experience and others don't. It's not a big deal, but it's very interesting. Okay, I think I answered that question.

So, all right, let's go on Cheryl.

[42:15] **Kirsten's Question — The Universal Human Resonating Chamber**

Cheryl: Beautiful. All right. Now Kirsten asks, I'd like to hear more about the human resonating chamber. And she's excited about your recent email, about the event tomorrow.

Desda: Yeah, so there's this thing called the Universal Human Resonating Chamber. Some of you now, how do you guys feel when you're in a big crowd and you're standing in a big crowd? Do your feet feel really activated? Do you feel really connected with those people around you, through your feet? Did you, when there was that giant tsunami in Indonesia, did your feet ache?

[42:54] These are all ways that you may have already experienced the human universal resonating chamber. It's about 18 to 24 inches below your feet is, uh, is a thing called the Axis Chakra. And, and maybe we could see a picture of the chakras. Yeah, there we go. Okay, so you see the Axis Chakra is not the one right by your feet, but below it, that's the Axis Chakra.

[43:23] And then below the Axis Chakra, do you have a, a, a, the picture of the human universal resonating chamber? Cheryl, do you have that picture yet?

Cheryl: I can get it.

Desda: Anyway, it's right below that Axis Chakra. And the Axis Chakra is kind of like where the roots come out of your feet. That's what anchors us physically into the Axis Chakra by the roots that come down from the, from the center of our feet. Anyway, they act, they anchor into there. And then there's this universal human resonating chamber that's like this big connected, you could compare it to the idea of the matrix, right?

[44:07] You have a matrix that connects us all. The only thing is that nobody puts you in the damn thing. And you're not being, it's not being hidden from you. You are actually connected to it. You just maybe aren't aware of it, and you cannot disconnect from it. Because humans are all connected. We're like aspen trees or trees, you know, there's a interwoven connectivity in the earth or mushrooms, you know, the wonderful mushroom networks that connect us and that help the trees communicate.

[44:43] I mean, there's all this stuff going on in the earth. And one of the things that's going on in the earth, if you are standing on it, two feet below that is your

Axis Chakra and two feet. And right below that six inches or so below that is the universal human resonating chamber.

You see it and it looks kind like that, looks like this white cloud. And the thing about it is, it goes right out into the universal. So if you think of each of us as our, as a cosmos, there's an interconnected wave that's rolling through all the cosmic beings, all these human beings who are outside of time and space, as well as in it.

[45:27] We live outside of time and space. We're, we're not always in it. You know, many of you have had that experience of time stopping and you know, like, wow, I didn't know it was three hours. You know, that kind of thing. And we have this universal connectedness that we experience. Some of our practitioners have been really advanced in their exploration of it.

One of them is Chensun, who is, who has really studied the universal resonating chamber. And she's created a wonderful healing piece called Mending Reconnection that I love. I love, love, love. And it's exciting because tomorrow I got the message, I got the message from the, my teachers and my guides. I got the message to offer tomorrow, a way to heal the universal human resonating chamber by bringing in source synergies in a group into this chamber.

[46:25] **Tomorrow's Gathering for Peace**

So I've invited everybody on my mailing list to come and be part of this gathering. Tomorrow we can only put a hundred people on the zoom. So however many show up, great. And what we're gonna do is I'm gonna show you energies and then we're gonna bring them in together into the human universal resonating chamber.

And our goal is peace for humanity. That's our goal. And it's just a, it's just an, it's a love offering. You know, it's a time for us to be together, to feel community and to feel do something right. That feeling of what can I do? You know, here's what we can do.

[47:04] And so we don't know for sure what will happen as a result, but we know it's an offering that will soothe and hold space for the idea of peace at a global level. So that's, uh, something I would invite you all to attend tomorrow. And, um, if you didn't get the email, just let Cheryl know and she'll make sure that that goes out.

[47:29] In fact, Cheryl, can you just put the information in the chat and people can download the, um, can the zoom, we just put the zoom line link out. So anybody who wants to can come. You don't have to register or anything. We try to make it as simple as possible, you know? 'cause everybody knows that war is not a good idea anywhere, anywhere on the planet.

So that's the human universal resonating chamber conversation for now. Hope that was good. And, you know, if you ever get a chance to hang with Chensun, it's fun. She's really fun.

[48:15] **Hosanna's Question — Ancient Curses and Picking Up the Torch**

Cheryl: Alright, the next question is from Hosanna.

Desda: Yeah. Hi, Hosanna darling.

Cheryl: And she asks, are there geographic areas where ancient curses were pronounced for centuries out loud, with voices that create an atmosphere for genocide or violence?

Desda: Well, that's actually a really, um, interesting idea because there, there has been a tradition in humanity to curse your enemies, right? And, um, I think that the thing we have to realize is that this is not the time of that power. Um, we have moved outside of that power because there's enough of us who travel outside of the restrictions of the negative thought of earlier uninformed peoples, um, to be able to lift this worldwide curse, I guess, of holding yourself enthralled to the dark.

[49:27] Um, I think, you know, I think it's really important for each of us to know that the shadow aspect exists in all of us. We all have the ability to curse our enemies, to find that we do have enemies. To think that people are speaking against us to fight back with strong energy and intentions.

[49:54] And to be honest, this is the time now to pick up the torch and to step to a higher consciousness. This is not the time to continue curses. This is not the time to allow them to exist in your presence. You have the ability, wherever you go on the planet, you have the ability to pick up the torch of your own truth and to hold it high and curses evaporate.

[50:30] They don't have strength around that. And oh, yeah, there's lots of big magicians who've lived on the planet and whoopie do, but they don't have the power now because the forces of heaven, the forces of good, the forces of truth, beauty, happiness, and light are, are aligned right now. And if you are part of that alignment, which I think you probably all are, then what you've done is you've picked up the torch, you've stepped up, and you're holding it high.

So any negativity that might exist in the planet, essentially is being released.

[51:11] **Sending the Frequency for Peace**

And this is what we do when we bring in positive energies for peace together as a community. We bring it in to this resonating chamber that is in the earth. It resonates throughout the globe. It moves through all people, places everywhere on the planet. Because it's not like in a simple line, it's, it's, it's, it's all around.

[51:38] It's it's round. Everything is round. And when we send out that energy, it goes all around. So if we're sending out the frequency for peace, if that's your commitment in life, you're constantly sending the frequency for peace, aligning your own peace, realizing what is not peaceful within you, releasing it, using that moment to heal your own heart and spirit.

[52:04] There's a lifting of consciousness that occurs. And as that occurs, the darkness subsides because it cannot stand in the light. That's what I know. I hope that helps Hosanna, hope that helps. You know, evil exists. That's true. You know, so do gallstones, you know, here we are.

[52:37] **Chensun's Question — Astral Deities and the Shadow**

Cheryl: Yes. We have to allow for all of that. Thank you Desda. And Chensun asks, she says, I am noticing a higher number of astral deities showing up in my clients. My understanding is that every deity has a shadow side. Can you speak

more about this duality? And do people attract astral deities from compatible resonance?

[53:12] **Desda:** Okay, so now we have to describe what an astral deity is. So an astral deity is essentially a being that was worshiped at one time and has fallen out of, you know, you know, acknowledgement. So somebody like Thor, you know, it was real popular there for a while, and he is kind of fallen from popularity.

So they're still around all these deities, and they exist in this sort of astral realm. And it's the shadow aspect of Thor, the, the part of Thor that was gonna throw lightning bolts at your, at his enemies. So that's, it's a dark side. And if these enemies show up in clients, we remove them and we send them back to the astral realm.

[54:00] Because astral realm is a part of humanity. It's a part of our own evolutionary process. And it's a place where the shadow aspect is, is is living basically. The thing is that there are, there are beings right now that are bringing light to the astral realm. This is happening. There's a healing to the, to the dark, a healing to the shadow, because this, and so some of them are being driven out, so they're going into people.

[54:36] So yeah. So we'll see some more of that and we'll see evil manifests through humanity. We'll see darkness, we'll see people who can hardly wait to push buttons and, you know, drop bombs and do all that crud. And, and the reason is because they're, they're filled with the darkness. They're filled with the, the, uh, this is the only thing I can see right now.

This is all there is. So if you and I wanna support the healing of that, we have to also support the healing of the astral realm, which is the shadow aspect of humanity. What do you think we're doing when we allow our own luminescence to get stronger when we look around and love everyone?

Like, love your enemies, right? Love everyone. What is that that's happening? That is a healing of the shadow aspect of humanity.

[55:28] **Taking Responsibility for the Shadow, and Not Being Afraid**

So we have to heal, we have to A, take responsibility for it, like it's all of our stuff. B, we have to realize we have the ability to interact with it. And c, we then have to take action. And our action needs to be focused and clear. And d we have to not be afraid.

[55:54] When, when you are scared of something, you're giving it power. When you're scared of evil or you're scared of your, you know, this bad guy or this, you know, whatever you're scared of, snakes, whatever you're scared of. If you're scared, you're, you're agitating your own shadow. So look at everything you're afraid of.

[56:19] You know, am I afraid of living in poverty? Am I afraid of bombs falling from the sky? Am I afraid people I love will die? And you have to look at these things and go, yeah, probably people I love will die. Okay, what am I doing? Being afraid of that? Why can't I just embrace that as it happens?

Why can't I just allow it? Why can't I just be with it? Well, you can, you can. The reason why you're not is 'cause you're scared. Why are you scared?

Underneath? The fear is that paralysis, I have nothing I can do about it. I am, I am paralyzed, I am stuck. I can't afford to do this.

I can't, you know, I can't go over here and help anybody. I have no way to do any what have you done? You've boxed yourself into a corner.

[57:09] **The Horizon Belongs to You, and Archangel Michael**

So realize that the horizon belongs to you. Say it out loud. The horizon belongs to me. My horizon. I can see forever. Get yourself out of the small place. Step into the big place. Pick up your torch. Realize that torch is burning from within you. Pick it up, carry it. Give your offering in the world, whatever the heck it is.

[57:39] Speak your truth. These are the ways that astro frequencies are disempowered. So when you, you know, when you say to somebody, you've got an astral entity or you've got an astral position, you've got some astral thing. Let's, let's lift it out. Let's dis dispense with it. We always give it to Archangel Michael who takes it immediately to the light side.

Archangel Michael is constantly working. You know, if you don't believe in angels, it's okay. I don't care. But angels are working with us. Angels are amazing beings who have never incarnated in physical bodies, but they're working with us because there are many layers of consciousness. There are many realms of consciousness, at least seven that I know of.

[58:24] And there's probably more, you know, lots of layers of humanity and beingness and, you know, elves and fairies and nature spirits. And I mean, it's all there. We are, we are very complex and simple at the same time, if it expresses it lives. So there you go. You know? Um, yeah. So you're gonna see more of that.

[58:50] And, and there's, um, such joy in, in it, you know, like whenever I find an astral and somebody, I'm like, great, we get to, we get to release this. Isn't that awesome? Let's go. You know? So if you have somebody who's like, caught in the darkness, depression is overwhelming them. They're, they're, you know, they want to die.

They can't go on. You know, there's one part of me that says, so let 'em die. It's okay. And then another part of me says, no, wait a minute. Come on, let's get, let's pick up the, let's pick up the dark side. Let's bring it up into the light. Let's allow ourselves to connect to the truth.

[59:36] When things get really dark, the truth gets really obscured, you know? So that's when you gotta pick up your torch and stand there with like a beacon with no agenda. I'm not saving you on just being here. Stop saving people. Okay? I think I said enough about, okay, go ahead, Cheryl. Ask me anything, you guys, apparently I'm on today.

Hey, some of us do get the cosmic joke, so right on. Here we go. Yeah, I love that.

[1:00:13] **Christine's Question — What Harms the Bones of Light**

Cheryl: All right, Christine asks, what inner issues may destroy or inhibit the physical bone structures throughout the body regarding the bones of light?

Desda: What physical, what issues? Is that what you said?

Cheryl: What inner issues? Inner we destroy the bones of light.

Desda: Yeah. Well, it's pretty hard to do, but the, but lack of alignment, you know, with your purposeful action, not allowing yourself to hear the four aspects speak. Um, cutting yourself off from your own intuitive knowingness, your own truth, your ins not your instincts for survival, but your, your intuitive knowingness of what is going on at a higher level of evolutionary development.

[1:01:14] If you are not able to sit in sort of the honest evolutionary developed space, um, you, you know, you start slowly to shut down and the bones of light aren't going to dissipate, disappear, or relieve you. They're just going to release the physical body. So, you know, you, you, you'll come back around, you know, you'll get another shot, you know, in a while.

75, a hundred years, you'll get another time through unless you pop back in right away. Like some people, like some of our leaders just don't even go to the temple of wisdom. They just come right back in. Okay, so there you go. I don't mean to get too intense.

[1:02:02] **Jewel's Question — Death, Burial, and the Subtle Structure**

Cheryl: Well, Speaking of, of this passing through, Jewel asks a beautiful question, in my opinion, how does the way a body is cared for, honored, buried, created, et cetera, make a difference to the subtle structure and carried into the future?

Desda: The subtle structure does not care how we are buried just doesn't care. It's like that's really for the people who are left behind. Like if you are left behind and, and the best way to dispose of re uh, remains is to cremate great. The, the subtle structure is completely disinterested in that part.

[1:02:50] Because once you physically die, you are, you are like dissipated and leaving. You're, you are light body lifts up and, and your entire structure leaves. Your physical body is already deteriorating at the moment of death. It's already disintegrating. So your electromagnetic field disintegrates, all of that goes. And, and so if you burn the empty container, that's kind of no biggie.

[1:03:20] You know, just the most ecological way to do it is good. You know, I don't believe in sending us into outer space. I think that's stupid. But if you bury somebody or you cremate them all, that's good. You know, it's all good. Um, but how you care for your physical body, like if you're cognizant of the beauty of your physicality and you, and you wanna, you wanna retain this body as long as possible so that you can do as much good as possible.

[1:03:52] If you are, if you focus is to be of service with a, with a healthy physical body, the structure is in complete alignment with that and will support it, you know? But it's when we become disconnected that we get sick. When, when something starts to, to block, when become, um, misaligned. If you could, if you could see that, you know, when we become misaligned with our inner message, our inner truth, our our offering for the offering bowl, you know, the offering we're bringing, when we become misaligned, we become misaligned to that.

[1:04:34] That's when we, you know, we kind of run into trouble. And that's when the physicality starts to say, Hey, maybe you should pay attention to realignment and it gets sick. So the physical body is a big clue for us as to how well we are aligned with our own spirit's desire and focus and need, but it doesn't care how we bury each other.

You know, it's nice, you know, to bring everybody together and have a little party for the person who died. I mean, all that's nice, but you know who it's for, don't you? It's for you. It's not for them. They're already at the big party.

[1:05:19] **The Big Party on the Other Side**

The minute they die, there's a big celebration and there's, you know, streamers and horns and all their dead animals. They arrive and everybody's happy and their grandmother shows up looking like an 18-year-old. I mean, it's fun. Death is really cool. I've been dead twice. It's all right. Actually, I've been dead more than that.

But I remember, I remember those two times in this lifetime and other lifetimes too. Death is fun. It's not so scary. In fact, a lot of times people are like, why isn't my mother talking to me? You know, I thought she'd talk to me. Well, she's resting. You were enough for her. She's resting.

[1:06:02] She needs a break, she's taking a vacation. So people, when you go over the other side, you rest, you first, you rest and you kind of like marinate a little, and then you review, you review your life and all the stupid s**t you did, like, believe me, right? We've all got lists of stupid s**t.

Oh no, I have to look at that. Yeah, you do, but you also get to look at the good stuff too. So that's extremely beautiful. Wow, this is so wonderful. Is there another question? She,

[1:06:40] **Jewel's Follow-Up — The Microbiome and the Template**

Cheryl: Well, actually, Jewel had a little follow up.

Desda: Oh.

Cheryl: And it's, how is the microbiome influencing the subtle structure after death?

Desda: Well, the microbiome lives in our template. Maybe we could see it, uh, excuse me. The electromagnetic field of the microbiome lives in the template. The, the physical microbiome lives in your physical body. I mean, that is where it is. But do you know, I mean, something like 80% of our DNA is not ours.

[1:07:14] It belongs to the bugs that live in us. 20% is ours. You know, we're, we're barely occupying the container. And the rest of it is all these bugs and germs and viruses and, you know, just all this stuff that lives in us. And those things are all different species, and they have electromagnetic fields like you do.

So your electromagnetic field lives in the layers. Their electromagnetic field lives in the template. Maybe we can see a picture of the template. So the electromagnetic field of the, uh, microbiome lives outside of the electromagnetic field of humans, and the electromagnetic field of humans kind of ends where the green, the green, uh, sphere ends.

[1:08:05] So the electromagnetic field of the microbiome is over the yellow area, and it just, and it also goes into the turquoise. So those are layers of the layer system underneath the template web, which this is a very nice drawing of the template web. It looks like a blackberry bramble. It is a mess, and it's just all tangled up and going all over the place.

[1:08:33] We couldn't draw that because it would be too upsetting. But this is a very sort of calm way to understand that the energies of the structure are, um, like all around, um, our physical body and incorporate our physical body. So one of the things that, that you should know is that your electromagnetic field of your microbiome remains for a little bit longer than the electromagnetic field of the physical body.

[1:09:04] It actually stays a little while in, in that part of the template and kind of gives information out as it dissipates. It's pretty interesting. So I've, I've seen that with people I've been with when they died. That's how I know that. Okay. Thanks for listening to this. Thanks for being here. Thanks for being my friends. I appreciate that a lot.

[1:09:36] And thanks for showing up. You know, no time passes when we're together, right? We're time sort of stops and the light appears, and here we are radiating together and this beautiful field with the sacred anatomy angels holding us in this moment of connectivity. Thank you for saying my hair is just something, my hair is a so you got yours up too.

[1:10:05] I like that, Rob. And that looks nice. So, um, are, are there more questions, Cheryl, or have we pretty much answered them?

Cheryl: Those are the questions that came in through the chats.

Desda: Yep. Alright, so I'll tell you what, I'll take one question live. So if anybody has a live question or a quandary or a thing wrestling with right now, speak up, just raise your hand or wave at me, or if you don't that's okay. Going once... Alright Robin.

[1:10:41] **Robin's Question — Living With the World's Sorrow**

Robin: Um, I think you covered it. It was that you're going to address it tomorrow, but it's, you know, um, living everyday life, knowing what's happening in the parts of the world where people are being murdered and starved, starved. So, um, you know, just finding those little ways to honor the people that you meet and that you see and that you be with.

[1:11:13] And, um, you know, it's, it's a challenge. It's, it's so heartbreaking that lots of us just do feel helpless. So thank you for, um, you know, addressing that and especially the way you're going to address it tomorrow.

Desda: Yeah. You gotta come and hang. The, the thing of it is, Robin, that, um, sadness is there. I mean, what are you gonna do take your sadness out. I don't think so. So sadness is there. I I, I look at the world today and I feel absolutely devastated by what I see. I feel so sad because I look at it and I think, yeah, guys, stop it.

[1:11:52] You know, wake up, look at what's here. Look at what we have. We have this opportunity. We live that long and we've got this great moment, and you're gonna do it. You're gonna wreck it by doing this crazy stuff. Not sharing and not embracing and not working things out, and holding to positions and holding on to belief systems that are not serving anybody.

You know, maybe just a few people.

[1:12:20] The Joy Within Has to Be Stronger Than the Sorrow

We have to understand that the joy within us has to be stronger than the sorrow. We have to hold to the joy and whatever it is that brings you that, whether it be, you know, remembering the person you love, remembering your grandchildren or your children, remembering people you knew, uh, uh, the way at the beginning of your life who were kind to you, your grandmother.

[1:12:53] Remembering those connections and sharing that frequency out. It's, it's really important. We live in this, in this, in the seed of a compassion. And guess where that is? You guys, the seat of compassion for humanity is at the edge, which is outside of time and space and has so much to offer. We have so much to offer.

[1:13:18] So don't feel like you have nothing to give. Don't feel like you can do nothing. Don't feel like that. And the reason I say that is because you always have the potential to bring the light. You always have the potential to radiate the totality of all creation. And if people are starving and dying, we have the ability to save them by lifting the frequency of our species to the place where none of that will be necessary.

[1:13:55] It may not be tomorrow, it may not be next week, but you know what? It could happen in our lifetimes. It's a matter of saying I will no longer destroy to create. And it's a matter of saying the people who are living in a place of me, mine, I, I I, I, I understand nothing about the truth of reality.

[1:14:26] And I have great sorrow for those people because they are, they, they're shutting themselves off from the most beautiful things. And I don't mean gold and silver. I mean love and connection, compassion, truth, beauty, the sunrise. Come on. Have you ever looked into the eyes of an infant? We're always all there. We are always all there.

[1:14:56] We don't have to learn to be all there. We are already all there. And it's a matter of opening up the space big enough to receive the power of life. I hope that helps. See you tomorrow, Robin. And I saw Cheryl put the information in the chat. C come and join me, you guys.

[1:15:19] This is gonna be a wonderful thing. Peace for humanity. Let's come together and call upon Divine source energies for peace. And that's being told to me what to do. And I'm just following the instructions, you guys. And that's what real life is, isn't it? Just following the instructions.

[1:18:40] Closing

I always have a lot of fun hanging out with you. Thank you, Juliana. Thank you. I, I'm really hoping we can all get together someday at a big party. Don't you think we should have a big party? All of us, we mean Yeah. Gather together. All meet, you know, at the horizon. That's what we'll do.

We'll meet at the horizon. Okay, I'm gonna say goodbye now. Blessings and love. Thanks to Cheryl Berry for being my go-between and half of my brain. And thanks to Bobby Z who we turned his office into my office in five minutes and he is just amazing. He is figured out how to go back online.

[1:19:25] All right, you guys, love you so much. I hope to see you soon. Blessings, joy. Come join me tomorrow and we will bring in some energies for peace and love.