

A close-up photograph of a person's mouth during a dental procedure. The teeth are visible, and a dental tool is being used on the upper teeth. The image is framed by a black border with four silver circular fasteners at the corners.

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Multispeciality Dental Center

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# **Things You Must Know About Dental Cleaning And Polishing**

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Teeth cleaning and polishing are extremely important parts of oral health care. Before you search for the best **dental scaling near me** to scale and polish your teeth, here are a few points that you should know about this procedure.



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## The need for teeth scaling and polishing

You must go for **oral polishing** and cleaning to keep your teeth healthy and eliminate plaque buildup. It is part of an annual oral check-up to maintain the longevity of your teeth and keep them strong and healthy. Avoiding this procedure can cause several oral issues, including toothache, gum problems, cavity accumulation, etc. The **scaling process** eliminates food particles and calculus deposits around the teeth. On the other hand, polishing restores the natural glow and shine of your teeth.



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## How often you should go for teeth cleaning and polishing?

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It is advised to go for oral polishing and cleaning procedures every 6 months. However, you can go for these **oral care procedures** once a year as well.



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## What is the price of teeth scaling?

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The price depends on the preferences and requirements you have as well as the condition of your teeth. The price can vary depending on the extent and severity of tooth deposits and stains.

When looking for reliable **teeth scaling near me** in your area, make sure to go for a dental clinic with advanced machinery and experienced doctors to get the proper treatment. Dr.Garg's Multispeciality Dental Center is a clinic on which you can rely.



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# Dental Clinic Delhi

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