

# **Karva Chauth 2023: Wear clothes of this color on Karva Chauth 2023 according to your zodiac sign, and you will get benefits**

A festival of love and dedication, Karva Chauth! In India, married women observe a fast from sunrise until moonrise on this auspicious day to wish their husbands health and longevity. The holiday is widely observed across the nation and is regarded as having considerable cultural and religious significance. Married ladies only break their fast on this day after seeing the moon. However, ladies listen to the Karva Chauth fast narrative and offer puja before breaking the fast. Please let us know the date of Karva Chauth in 2023 and the appropriate colour of clothing for married women based on their [zodiac sign](#).



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## **Date and Time for Karva Chauth in 2023**

In India, Karva Chauth is a significant holiday for married ladies. It will be observed on November 1, 2023, a Wednesday. The Karva Chauth Puja Muhurat, which lasts for one hour and fifteen minutes, is from 05:45 to 07:00 PM.

The duration of the Karva Chauth fast is from 06:14 in the morning to 08:40 in the evening, or a total of 14 hours and 25 minutes. Only after sighting the moon in the evening—which will rise at 8:40 p.m. on the day of Karva Chauth—can the fast be broken.

## **Sargi's significance during Karva Chauth**

Married women participate in the Hindu tradition of Karva Chauth. Women follow the Nirjala fast on this day and offer prayers for their husbands' long lives. The mother-in-law or any other senior woman in

the household prepares sargi, which is eaten by women on this day as well. Sargi comprises sweets and fruits. The women eat this lunch to provide them the nourishment and energy they need to last the entire day without eating. As a sign of their love and concern, a woman's mother-in-law or husband will frequently present her a sargi.

In contrast, Baya is a gift basket that the mother-in-law gives to her daughter-in-law. This basket is typically stocked with foods that are thought to be necessary during the fast, such as desserts, fruits, and cosmetics for the face. As a sign of appreciation and love, baya is given to the daughter-in-law and serves as a symbol of the ties that bind the two families.

In addition to this, Sargi and Baya are significant spiritually. Sargi, the pre-meal, gives women the stamina and energy they need to fast for the day. Sargi aids in appeasing the gods and obtaining their blessings for a blissful and fruitful marriage. On the other side, Baya aids in requesting the blessings of the household goddess and the ancestors of the family.

## **For Karva Chauth 2023, Puja Vidhi**

The fasting and worship customs for Karva Chauth in 2023 are as follows:

- Women rise early on the morning of Karva Chauth and consume sargi.
- They then observe a daylong fast without drinking any water until they see the moon in the evening.
- Women dress in new outfits and apply henna to their hands during Karva Chauth.

- On this day, all married ladies congregate and engage in a religious ceremony.
- The adoration of Lord Shiva and his spouse Parvati kicks off the puja.
- After paying homage to Lord Shiva and Mother Parvati, women sing devotional songs.
- After the puja, women break their fast by gazing at the moon through a sieve while lighting a lamp and offering Arghya to the moon.
- The husband then breaks his wife's fast by giving her water and cookies.
- As a sign of his love and admiration, the husband may give his wife jewellery or clothing.
- The puja is performed as a show of appreciation to the Gods and Goddesses in order to obtain their blessings for the husband's long life.

## **Amazing Karva Chauth fasting story**

A moneylender, Karwa, was said to have had seven sons and one daughter. Every daughter-in-law and daughter-in-law of the moneylender once observed a fast on the day of Karva Chauth. Karwa's brothers asked him to eat when everyone else began eating that evening. She objected, claiming that the moon had not yet shown and that I would only eat after giving the moon water.

The youngest brother put a lantern on a distant peepal tree and called to his sister, "Sister, break the fast, the moon has come out," not realising that his sister had been hungry and thirsty since the morning. The sister broke the fast because she could not comprehend the

brothers' cunning. After finishing the first bite, Karva learned of her husband's passing. She then spent a year dragging her husband's body around in a room while grieving. The following year, when Karva Chauth arrived, she fasted in accordance with the law, which led to her husband being revived.

## **Wear clothes of this color according to your sun sign**

### **Aries**

Leading and spirited women of Aries zodiac should wear red color clothes on Karva Chauth, as red color is auspicious for this zodiac, which gives strength, positivity, courage and confidence to women.

### **Taurus**

Women of Taurus, who are ruled by the planet Venus, should wear dark pink colored clothes to make Karva Chauth even more auspicious.

### **Gemini**

On Karva Chauth 2023, women born under this sign should wear green because it will safeguard and bestow good health upon them.

### **Cancer**

The Moon is the ruler of your sign. The finest colours for Karva Chauth 2023 for Cancerians will be yellow or white.

### **Leo**

Sun is the ruling planet in Leo, and white can amplify your zeal. On this Karva Chauth, you ought to dress in white.

## **Virgo**

Mercury rules the Virgo sign, so you should wear green on Karva Chauth 2023 because it is lucky for you.

## **Libra**

Venus rules this sign, hence on Karva Chauth in 2023, you should dress in purple because it is lucky for you.

## **Scorpio**

Wearing orange on the day of Karva Chauth is lucky for women born under this sign of the zodiac.

## **Sagittarius**

Jupiter rules Sagittarius, so you should wear yellow on Karva Chauth this year since it can make you feel happy.

## **Capricorn**

On Karva Chauth in 2023, Capricorn women should dress in dark sky colours since they are lucky for you.

## **Aquarius**

Aquarius women should dress in purple for Karva Chauth 2023 as this colour is lucky for you.

## **Pisces**

Jupiter is the planet of Pisces. On Karva Chauth 2023, women born under this sign should wear yellow-colored clothing.



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