

Ashadha Amavasya in 2023: The Date, Meaning, and Benefits of the Vrat

The Ashwin Amavasya, or No Moon Day, is also known as the Ashadha Amavasya or Sarva Pitru Amavasya according to the Hindu calendar. On this day, it is believed that ancestors visit the earth to bless their offspring. To worship their ancestors and ask for forgiveness and blessings, they practise a ritual called as Tarpanam in which they offer water, rice and sesame seeds.



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Date of Ashadha Amavasya in 2023

Ashadha Amavasya 2023 will occur on June 18 this year. No Moon's tithi will begin on June 17, 2023, at 9:12 am, and will end on June 18, 2023, at 10:07 am.

Rituals for Ashadha Amavasya in 2023

The following rituals are to be conducted on the Ashadha Amavasya date in 2023:

Tarpanam: Tarpanam is a sacred ancestor-honoring religious rite. It alludes to offering water and sesame seeds to the ancestors in exchange for their blessing after offering prayers to them. Tarpanam is often performed in the river or other revered bodies of water, though it can also be done at home.

Fasting is believed by devotees to help the ancestors and gain their blessings on Ashadha Amavasya. Devotees can observe a complete or partial fast depending on their physical capabilities.

Pind Daan: Pind Daan is another important ritual performed during Ashadha Amavasya. As part of the ceremony, pindas made of rice, sesame seeds, and other ingredients are offered to the ancestors. This Ashadha Amavasya Ritual includes providing food and other necessities to the ancestors.

Puja Vidhi: Another tradition practised on this day is honouring the ancestors. You can conduct the puja at a temple or your house at your convenience after consulting an astrologer online to learn the precise puja vidhi.

Donate: Many people think that making a charitable donation to those in need is a wonderful way to ask their ancestors for blessings. Devotees may donate food, clothing, money, or other essentials to the underprivileged and those in need on this day.

2023 Rituals for Ashadha Amavasya: Tarpanam

Tarpanam is one of the most significant Ashadha Amavasya rites. In this ritual, Hindus offer water and other offerings to their ancestors in order

to get their blessings and ask for pardon for any sins they may have committed. Ashadha Amavasya is chosen as the day for Tarpanam because it is thought to have the power to bring together ancestral spirits in the living world. As to Hindu mythology, the ancestors are said to reside in the Pitru Loka. The dead soul therefore travels to the earth on this day to receive gifts from their offspring.

In this ceremony, participants present water and other gifts to the ancestors while reciting mantras and pleading for favours. While giving a pot of water, rice, sesame seeds, and other sacred objects, the worshippers chant the names of their ancestors. By doing Tarpanam with dedication and sincerity, one can get the blessings and protection of their ancestors, which helps one achieve success, happiness, and tranquilly in life.

Significance of Ashadha Amavasya

According to the Hindu calendar, Ashadha Amavasya is a lucky day with great astrological importance. On Ashadha Amavasya day, the energies of the planets and stars align in a certain way, making it the ideal time for astrological and spiritual practices. It's a perfect moment to develop your spirituality and connect with your inner self. As a result, followers partake in religious practices such as mantra chanting and meditation. The negative effects of malefic planets like Rahu, Ketu, and Saturn might be particularly mitigated on this day. Numerous rituals and offerings to the ancestors are undertaken in an effort to mitigate these negative effects.

According to [Vedic astrology](#), Saturn, a planet associated with work, discipline, and the law of karma, is considered to rule the Amavasya

day. Executing Tarpanam on Ashadha Amavasya can assist one lessen the negative impacts of Saturn and bring about beneficial improvements in their lives. On this day, Pitru Tarpan, an auspicious ritual to honour and comfort the ancestors, can also be carried out. Due to the significance of Ashadha Amavasya, devotees may be bestowed with happiness and optimism.

Benefits of the Amavasya Vrat of Ashadha

Perform the Ashadha Amavasya rites in 2023 to benefit from all of its many benefits. Let's examine these advantages:

- One can develop their intuition, gain a better understanding of themselves, and establish a connection with the divine by engaging in spiritual practises like mantra chanting and meditation.
- Relationships with your family and close friends can be improved with the help of the Pitru Tarpan ceremony. By doing this, any disputes between family members can be settled.
- People who observe the Ashadha Amavasya Vrat and other rites are blessed with wealth and success.
- If you link yourself with the energy of the universe on Ashadha Amavasya 2023 Date, anticipate success and wealth.
- Both our mental and physical selves can benefit from the Ashadha Amavasya Vrat. Both meditation and mantra chanting can assist to lower tension and anxiety.
- An individual's physical health is improved by practising Tarpanam and Pitru Tarpan.
- By doing this, spiritual growth and transformation are anticipated.



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