THE WARRIOR WOMEN FOUNDATION PROGRAM LOGIC

Thousands of young people in Australia leave out of home care at 18. with 50% of these care leavers ending up homeless, unemployed, in jail, or becoming a new parent within a year. When youth "age out" of the child welfare system with limited connections or without the support of positive, caring adults, they may have an increased risk of facing the following challenges:

Needs

- Unstable housing or homelessness
- Lack of adequate primary and secondary education
- Lack of employment and job training
- Problems with physical health, behavioural health, and general wellbeing
- Lack of access to health care
- Justice system involvement
- Lack of social connections.

Inputs

People: • Board

- Staff
- Mentees
- Mentors
- Peers
- Pro bono partners
- Skilled volunteers
- Presenters
- Psycho-educators
- Ambassadors
- Supporters

Funding:

- Staff giving
- Donations
- Grants
- Government grants
- Monthly giving
- Fundraising events
- Corporate matching

Resources:

- Mentor/peer manuals
- Mentee manual
- Training modules for mentor training
- Policies and procedures manual
- Program delivery manual
- Trauma informed manual.

Program

• Application process

Activities

- Interview processScreening process
- 2-day mentor and peer training
- Introduction day
- Fortnightly motivational speakers
- Fortnightly psychoeducational workshops
- Fortnightly life skills workshops
- Fortnightly social connection with group mentors and peers
- Weekly one-hour one to one mentoring support
- Graduation day
 Evaluation process:

Evaluation process:

- Conduct pre and post surveys with mentors and mentees
- Observed Change Measurement Framework

Program

- Recruited quality mentors
- Recruited role model peers

Outputs

- Recruited beneficiaries
- Mentors/peers completed 16 hours of best practice training (Excellence in Mentor Training Program)
- Introduction day completed
- Six-months of weekly one on one mentoring support achieved
- Six-months of fortnightly group face to face workshops facilitated
- Graduation day completed

Evaluation process:

- Retaining of mentors, mentees and peers
- Satisfaction of mentors, mentees and peers
- Mentor, mentee and peer pre and post surveys completed
- Evaluation report complete for the annual report

Mentees

 Increased confidence and improvement in communication skills

Intermediate

outcomes

- Ability to ask for help
- Attendance/completion
 Connection
- Feel safe in a safe stable, and socially inclusive network of women to turn to for advice
- Increased trust and bonding
- Increased social circle
- Positive relationships

Education

- Confidence through life skills development
- Increased independence through autonomy
- Set and achieve goals for the future
- Engagement with education
- Employ ability skills

Support

- Resilience
- Increased selfawareness
- Improved selfregulation
- Positive choices
- Hope for the future

Mentees

 Independent personal identity

Long term outcomes

- Clear goals for present and future trajectory of education, training and employment
- Safe, stable place to call home with the ability to meet their own basic needs
- Sense of belonging as part of the ongoing support of The Warrior Woman Foundation tribe
- The knowledge and ability to manage money and save for a financially secure future
- The skills to run a household
- The skills to travel autonomously
- Strong links with health professionals and ongoing mental health support
- The ability to identify and retain healthy stable relationships
- The knowledge of legal rights and where to get support
- Positively contributing members of the community