PCS Risk Factors

CONCUSSION & CTE FOUNDATION

Summary

Post-Concussion Syndrome (PCS) is the persistence of concussion symptoms for greater than a month.

While it is difficult to predict who will be among the approximately 20 percent of people who suffer from PCS, research provides some insight about who may be at a higher risk. Demographic variables like the ones listed to the right play a role, along with a person's concussion history, the severity of the blow they received, biomechanical factors, and certain pre-existing medical conditions.



"For anyone who may be questioning if PCS is real or not, I would tell them without question, it is real."

Dr. Robert Cantu,
Co-Founder / Medical Director
Concussion & CTE Foundation

RISK FACTORS

Demographic

- Female sex
- Advanced age

Injury

- Severe impact, severity of the blow
- Double impact
- Duration of initial symptoms
- Major visual symptoms soon after injury
- Poor neck strength

Medical

- History of previous concussion
- History of prolonged concussion recovery
- History of anxiety, depression, mood disorders
- History of seizure disorder, migraine headaches
- History of ADD, ADHD, learning disabilities

Learn more

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