



STEP Institute: **Triathlon of Activism**

The Triathlon of Activism was an innovative project designed to foster active citizenship and deepen the integration of global learning across Europe. Through its unique combination of personal empowerment and virtual collaboration, the project addressed pressing global challenges — inequality, sustainability, human rights — and translated abstract concepts into concrete action.

WHY THIS PROJECT MATTERED

Global challenges often seemed distant and overwhelming. Many young people and educators lack the tools or support to take meaningful action. This project filled that gap by offering young people and educators the knowledge, skills, and motivation to create socially effective innovations grounded in inclusion, critical thinking, and shared responsibility.

The Triathlon of Activism recognized that young people were not merely future leaders — they were already agents of change. Through a transformative journey, the project supported their development from observers to activists, and further into promoters and innovators within their communities.

TWO PILLARS OF THE PROJECT

Activist Weekend (Ljubljana, 21–23 November 2025)

A three-day intensive event for young people aged 15 to 30 from diverse backgrounds, including students, jobseekers, young entrepreneurs, and migrants. The event was structured around three questions: What? Why? How? and included:

- Day 1: Expert-led lectures on rights, equality and equity, cultural differences and experiences from an asylum home, and the impact of fast fashion on the environment, people, and the Global South.



- Day 2: Inspiring stories from changemakers, including voices from the Global South.
- Day 3: A hands-on workshop for everyone wishing to turn their ideas into action. Together, participants explored where they could contribute to social change and developed concrete steps for implementation.

By the end of the weekend, participants had become activists, with at least 10 prototypes ready for testing and for addressing social challenges.

Pan-European Conference on Global Learning (online, 27 November 2025)

An interactive virtual event for 300 educators and youth workers from Europe and the Global South, which included:

- Presentations of solutions developed by young people.
- A presentation on education challenges in developing countries.
- Interactive Padlet presentations for educators already implementing global learning.
- An exchange of resources, including a practical scenario for organizing a local Triathlon of Activism.

Participants progressed through the "pyramid of engagement," gaining tools, motivation, and a community for implementing systemic change.

KEY RESULTS AND IMPACTS

- Youth-led solutions: at least 10 fully developed, community-relevant prototypes.
- Empowered educators: more than 300 participants in the online event, who actively received certificates and tools for implementing global learning.
- Global reach: more than 20,000 people reached through digital dissemination and a broad network of educators.
- Social innovation: a focus on gender equality, human rights, and intergenerational learning.
- Long-term multiplier effect: educators and young people became ambassadors for change in their local communities.





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