



simply music®

Being a Simply Music Student

SIMPLYMUSIC.COM



Welcome to a World of Music

The Simply Music Method is a remarkable, Australian-developed piano and keyboard program that offers a breakthrough in music education. This unique method has children, teens, adults and seniors playing great sounding blues, classical, contemporary and accompaniment pieces— immediately—from their very first lessons.

The usual entry into learning piano is a 'reading-based' approach. In other words, students are first taught how to read music as the means of learning how to play. Although some students succeed with this approach, for many more the reading process can feel unnatural and slow and end with the feeling that "music is not for me."

In contrast, let's consider how we learn language. We all talked for years before we learned how to read and spell.

Furthermore, we all learned to tie our shoelaces, brush our teeth and button up our shirts by doing those things, by experiencing them directly, and never by studying the theory of the subject or referring to notes. In other words, we learn by doing.

Our 'playing-based' approach is founded on the premise that everybody, without exception, is musical. Life is musical, profoundly so. Our hearts beat a steady "thump"—that is rhythm, the foundation of all music. Walking is a highly rhythmical, graceful, musical act. Conversation is made up of spoken sentences and phrases of astonishing musical complexity, yet is easily and naturally available to us all.

Our innate connection to music is precisely what gives us the ability to talk. The Simply Music Program both draws on and nurtures the natural sense of music we all possess; it teaches students to play the piano by immersing them in the actual process of playing.

The program begins by translating pieces of music into a unique series of simple concepts that unfold directly onto the keyboard. Beginning students, with no attention on having to read music, are free to relate directly to the piano.

Within months they easily and naturally establish a hands-on and personal feeling for the instrument and build a Playlist that includes contemporary, classical, gospel, blues and jazz styles. Students also explore, in a natural and anxiety-free way, the possibilities of musical arrangements, composition and improvisation.

The bottom line is that students get to experience the absolute joy that comes from being able to immediately play a broad repertoire of great sounding music.

Typically, students in their second year of lessons (and with a repertoire of 35-50 great-sounding pieces) go on to learn how to read music and understand more theory. Their ability to play piano so well provides a natural foundation.

Simply Music students—children, teenagers, adults and seniors alike—are discovering that they have an ability to learn piano more easily and naturally than they thought possible.

Please read on to find out more about how the Simply Music Program works

Our Goals

Our overriding goal is for students of all ages to acquire and retain music as a lifelong companion. To support this goal, we have four specific goals for our students. We aim for each student to:

- Play a huge repertoire that includes classical, contemporary, blues, jazz, accompaniments, etc.
- Experience playing as a natural self-expression.
- Enjoy music as a highly positive, self-affirming pursuit.
- Learn to “self-generate,” i.e., to progress independently as a musician. This includes developing a strong foundation in music reading and theory.

Variables

Speed of progress is influenced by many factors, such as:

- Age
- Frequency of lessons—weekly, bi-weekly, monthly
- Access to a good-quality instrument
- The practice environment
- How students practice, including frequency and duration, as well as the way they utilize the program and materials

The Simply Music Program unfolds over 6-10 years, depending on the students’ individual rate of progress. Here is a broad outline of the Simply Music curriculum:

Year One

- Learn to play 30-40 pieces in various musical genres
- Develop the basics of accompaniment performance.
- Establish a strong foundation of playing music.
- Build a foundation of improvisation and composition.
- Prepare to begin music writing and reading.



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The Structure of the Simply Music Program

Year Two

- Learn an additional 25-30 pieces of various musical genres.
- Gain a foundation of music reading and writing.
- Build a stronger understanding of blues and jazz.
- Develop greater facility with classical and contemporary music.
- Gain broader experience with accompaniment performance.
- Develop improvisation and composition.

Year Three

- Learn an additional 15-25 pieces of various musical genres.
- Expand the foundation and understanding of music reading.
- Broaden accompaniment performance.
- Develop a more complex classical and contemporary repertoire.
- Cultivate a more complex blues and jazz foundation.
- Expand composition, improvisation and arrangement.
- Establish an understanding of music theory and its practical application.

Year Four & Beyond

- Further expand students' repertoire.
- Develop greater self-generative capacity in reading, composition and improvisation.
- Foster a high degree of responsibility for self-learning
- Explore individual musical interests.
- More deeply explore expression and technique in playing.
- Expand and broaden knowledge of music theory.

When is Music Reading Introduced?

Our goal is to equip students with the ability to progress independently. This includes not only building a vast repertoire, but also being able to read and write music, compose, arrange, improvise, and understand music theory.

As with all aspects of the Simply Music Program, our approach to achieving this is unique and built around the 'playingbased' principles that students have been learning since their very first lessons. The larger and more fluent the student's repertoire, the easier it is to successfully move into music reading.

While there is no definitive point when students begin the reading process, it begins in the first year, with sight-reading the chord symbols used in contemporary accompaniment. It is then more formally introduced after building a solid repertoire of 35 to 50 pieces, typically in the second year of lessons. The process moves logically and naturally, one skill at a time, as students continue to develop their playing-based repertoire.



Our Approach to Reading Music

Reading music is a receptive skill, whereby students receive instructions from the page. In contrast, writing music is a generative skill, whereby instructions are generated by the student and then reverse-engineered onto the written page.

The Simply Music Reading Program takes a generative approach. This means that the student's ability to read music is based on developing a comprehensive ability to write music. Within Simply Music, reading and writing are one and the same.

Our approach starts by discovering and connecting with the natural rhythms at the heart of our daily actions. We then quantify those rhythms and focus them into the hands. We translate those rhythms onto the keyboard, and subsequently reverse-engineer them onto the page—i.e., we learn to write these natural rhythms using standard notation.

In other words, we introduce music reading into areas where the student already has highly developed, innate abilities.

After establishing a strong rhythm-reading foundation, we then introduce pitch reading, a second musical language, when appropriate. As part of this process, we draw on the vast repertoire of songs that the students already know and can play thoughtlessly.

Although we use an intervallic system of reading, which is becoming a more common and successful approach, our strategy and methodology is unique and remains consistent with our playing-based principles. Students learn first to re-interpret their repertoire as intervals (the distance between notes). They then learn how to map these intervals into their hands and onto the keyboard.

Only when students have a strong and clear ability with this do we then reverse-engineer intervals onto the page. The additional languages of music—dynamics, articulation, keys and accidentals, etc.—are gradually introduced at an appropriate time, and in a structured, easily understood manner.

The entire process is very natural and easily assimilated, and being generative in nature, it also allows students to experience being responsible for their own development.

“ This is a wonderful music program and the results are astounding! Even if you don't consider yourself musically talented, this program is designed for you! It is easy to understand and easy to play a full repertoire of beautiful songs from a variety of genres. I also think this program could be a major breakthrough for children with a variety of cognitive delays and learning disabilities. I love the Simply Music approach. ”

– Dr. Anne Margaret Wright (Psy.D.)

Educational Consultant for: The Old Schoolhouse Magazine



The Foundation, Extensions & Development Programs

The Simply Music Program is designed to unfold over approximately 6-10 years. As students progress, they move through graduated modules. Over time, our Extensions and Development Programs are integrated into their learning. The focus here is on students becoming self-generative, i.e. acquiring the skills to progress on their own.

Special Programs

As students progress through the Foundation, Extensions and Development Programs, a variety of Special Programs are woven throughout the learning process. These Special Programs focus on specific areas and genres and include Composition, Improvisation, Arrangements, Accompaniment, Reading, Jazz and Blues Programs, etc. Each Special Program is a required and necessary component of the Simply Music Program.

Supplemental Programs

The Supplemental Programs are a valuable resource that broaden students' experience. Supplemental Programs are used in conjunction with Simply Music's Core Curriculum. Our Supplemental Programs are extremely valuable, and are introduced at the teacher's discretion.

“ Let me begin by saying just how thrilled I am with the Simply Music program. I'm playing better now than I did after years of traditional lessons. I hope you continue to provide ever more advanced studies for a long, long time to come. **”**

– **Steve Manuel**

Executive Producer: Prime Time Discovery Channel



3 The Simply Music Core Curriculum

Simply Music - Core Curriculum Overview

Foundation Program	L1	L2	L3	L4	L5	L6	L7	L8	L9	Advancing & Integrating Content
Extensions Program	Extensions Program Pieces									→
Development Program	Development Program Pieces									→
Special Programs:*										
- Composition & Improvisation	→									
- Arrangements 1	→									
- Accompaniment 1	→									
- Accompaniment Variations	→									
- Blues & Improvisation	→									
- Reading Rhythm	→									
- Arrangements 2	→									
- Arrangements 3	→									
- Reading Notes	→									
- Time for More Music	→									
- Jazz Clues	→									
- Accompaniment 2	→									

* **Special Programs** - These programs can sometimes be introduced earlier than outlined above, depending on the student's experience, motivation and rate of progress. The timing and manner of their implementation can vary from student to student or group to group.

Supplemental Programs - Are additional programs that may be suggested by the teacher depending on the student's needs and interests.

Specific Costs

Regardless of whether students are in Private or Shared Lessons, Simply Music Teachers are entirely independent and determine their own fee structure. Contact your local Simply Music Teacher to inquire about their fees.

Monthly Membership

Students firstly establish an online Individual or Family account within the Simply Music Learning Management System (LMS). This is where students acquire access to all of their Student Home Materials and additional resources. A \$4 Monthly Membership fee for individual students, grants ongoing access to all Student Home Materials they have acquired. The Family Account membership fee is \$7 per month, and provides access for up to 5 family members.

“*My daughter is advancing through the program at remarkable speed. The program is amazing – she can’t get enough. We bought her a small, baby grand piano and were hoping she would learn to play but her traditional lessons were going nowhere – she hated them. Now she’s flying through Simply Music and loves it!*”

– **Jim Thompson**
Southport, Indiana

“*After a year of traditional lessons our son was only playing one hand and one note at a time. He was discouraged and ready to quit. We then switched him to Simply Music and he now plays blues, jazz and classical pieces. He LOVES piano now.*”

– **Rebecca Bolin**
Parent

Student Home Materials

Student Home Materials (SHMs) are a required part of students’ learning experience, and these are accessed from time to time, via our LMS, and as directed by the teacher. Fees to access the SHMs range from \$3 to \$35 depending on the program of choice.

All digital SHMs, once accessed, will reside in each students’ account on the Student Intranet, where they can utilize them 24/7 – anywhere and anytime as long as they have an internet connection, and maintain their Membership in our LMS.

PLEASE NOTE: For those living outside of the USA, we are happy to consider a fee structure that aligns with your country’s currency-value and cost-of-living.



Moving Forward

It is important to understand that as students venture into the reading process they do not stop building their repertoire of great sounding music. Reading becomes an additional stream that runs alongside their regular, playing-based projects.

With a strong foundation of playing, reading and writing music, students have a solid basis on which to move forward into more advanced musicianship.

The results of the Simply Music Program are achieved most successfully when students attend one lesson each week, in either a Shared or Private Lesson format, and either in-person or online, according to what is available and appropriate.

When the student is younger, and has not learned the tools needed to sustain long-term relationships, we explore the impact of having the parent or adult guardian present at the lessons. The role of this person is crucial and goes far beyond the obvious.

Our first lessons examine this and provide parents with a much deeper insight into the extraordinary contribution they can make to their child's success.

“ I have seen a lot of music programs over the years. Some were fun. Some were clever. Some were thorough. Here's one that has it all. In terms of presentation, effectiveness, philosophy—you name it—there's nothing out there that compares at all. ”

– **Mary Pride**

Publisher, Practical Homeschool Magazine

Choosing an Instrument

Students will need to have access to an instrument. When choosing a piano or keyboard, budget is often an important factor. Almost all acoustic pianos have 88 keys and have all of the preferred benefits and features. A local piano technician or piano tuner can provide valuable advice when considering purchasing a second-hand instrument.

When choosing an electronic keyboard there are certain features to look for. The more features, the higher the cost. Use the following guidelines (in order of importance):

- minimum of 61 regular-sized keys
- if affordable, an 88-key digital piano or keyboard would be ideal
- a sustain pedal (not a sustain button)
- touch sensitive keys
- weighted keys

Obviously there are numerous other features, many of which come as standard on many modern instruments. These, while potentially interesting and/or beneficial, are not a necessary part of a successful Simply Music experience.



The Practice Structure

Results are best achieved when students practice 15-20 minutes, 5 or 6 days each week, most importantly, at a specific time.

We have found that doing smaller, more regular practice sessions is more effective than longer, less frequent sessions. Practice time is separate from any time where students may be sitting down and playing for fun and pleasure. Students often wish to practice more than this and we encourage that.

Each student is required to have an online account where they can access their own SHMs, which utilize video, audio and text to support learning. Students are required to use these materials, as they are an integral part of the learning experience and crucial to their successful progress.

From the very first lessons, students are utilizing this remarkable range of materials, which essentially allows them to review the content, at home, as many times during the week as they wish. They form an extraordinary support system.

“ My daughter is seven and had no prior music knowledge. This has absolutely surpassed our expectations. Recently she played for a hundred people and brought the house down. ”

– Marsha Goodstein
Parent

Managing Success

The Simply Music Program has come about as a result of tens of thousands of hours of development and implementation. Throughout this time we have learned that certain things are vital to students' success.

The following is a list of the most important factors:

- Adhering precisely to all the teacher's requirements
- Following the Simply Music program exactly
- Consistently attending weekly lessons
- Practicing regularly and at a designated time
- Fully utilizing the Student Home Materials
- Being willing to progress at a steady pace, without rushing
- Creating a positive learning environment
- Using a good-quality instrument
- Keeping the instrument in a room that is accessible and free of distractions
- Receiving strong, consistent parental support
- Being fully responsible for all of the above

As stated earlier, a successful result can only occur when a student is willing to learn, allows themselves to be supported in this, and receives that necessary support.

Our commitment is that each student has a highly successful Simply Music experience.

Introductory Sessions

If you would like to find out more about how the Simply Music Program works consider attending an Introductory Sessions. These sessions describe how the program was developed, discuss how Simply Music differs from other methods, demonstrate the results our beginning students are achieving and address any questions you may have.

How to Get Started

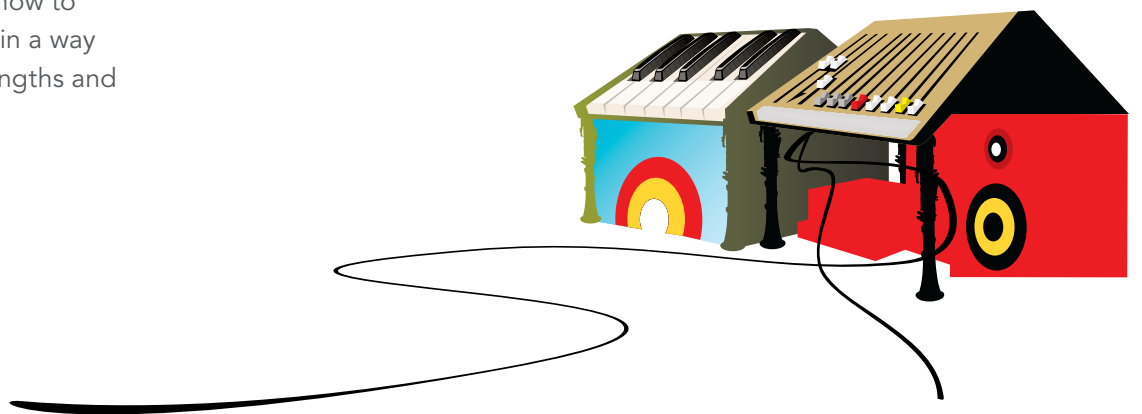
The first step is to find a teacher that is suitable for your needs. To find a teacher visit our Teacher Locator map found on the Simply Music website: simplymusic.com.

If you can't find a Simply Music teacher in your area, please note that many of our teachers offer personalized, Online Lessons. These are a very successful means of learning, and provide you with the opportunity to learn with one of our trained and Licensed Teachers from the comfort and convenience of your own home.

There is no doubt that having lessons with one of our Simply Music Teachers, whether in-person or online, is the most successful and effective way to learn. A competent teacher understands how to customize the learning experience, and tailor each lesson in a way that best serves your (or your child's) specific learning strengths and differences.

Having said that, if for any reason you are unable to learn with a teacher, feel free to consider our online, Music & Creativity, self-study program. You can find out more about this program by visiting us at: simplymusic.com.

If you would like additional information, or have additional questions please contact us support@simplymusic.com.



Simply Music is a revolutionary, Australian-developed piano learning method that offers a breakthrough in Music education. This remarkable approach has students of all ages playing great-sounding contemporary, classical, gospel, blues and accompaniment pieces – immediately – from their very first lessons!

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