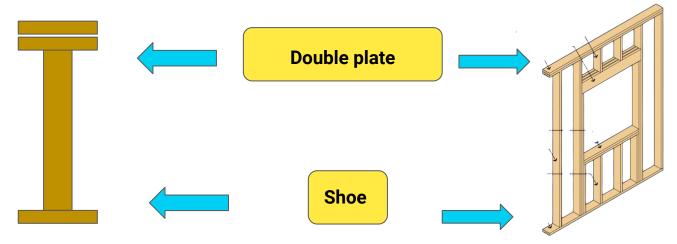
Types of Shoes and Plates

Shoes and plates are the horizontal pieces of a wall frame that are connected by studs.

Double plates, also known as top plates, are the top two layers of lumber held together by studs so the second layer of the structure can be attached to the first layer.



A **shoe,** also known as a single plate or bottom plate, is the bottom piece of the wall frame used to connect the wall to the floor or foundation.