

COTTAGE FOOD LAW REPORT

Sullivan County

New Hampshire · Newport · FIPS 33019 · Population 44,012 ·
Crosodo Index #3036*

STATE BASELINE	STATE TIER	ANNUAL SALES CAP (STATE)	CONFIDENCE	LAST VERIFIED
—	Good	Tiered	MEDIUM	

IMPORTANT — NOT LEGAL ADVICE

This report compiles publicly-available statutes, regulations, and county zoning rules into a research reference. It is **not legal advice** and is provided **without warranty** as to accuracy, completeness, or current applicability.

Cottage food law changes frequently. Counties may amend zoning, health departments may issue new permits, and state legislatures may update statutes after the publication date shown above.

Always verify rules directly with your state department of health/agriculture and your county health and planning offices before relying on them for any business or regulatory decision. Consult a licensed attorney for advice specific to your situation.

How to start — 60-second path

Sullivan County, New Hampshire — permit, pickup, and label steps before the full county rules.

HOME KITCHEN ALLOWED?

—

STATE SALES CAP

Tiered

HOME OCCUPATION PERMIT?

—

ON-SITE / PORCH PICKUP?

—

INSPECTION

—

PETS

—

BEFORE YOU SELL FROM THIS ADDRESS

- ☐ **1. Menu** — Confirm each product under New Hampshire cottage food rules (county cannot expand a state ban).
- ☐ **2. Pickup & zoning** — Home occupation and porch pickup cells above; HOA/lease may still block customer traffic.
- ☐ **3. Local tax / license** — Business license or sales tax certificate if your city/parish requires it (common even with no state food permit).
- ☐ **4. Training** — Food handler or state registration before market day.
- ☐ **5. Labels** — Disclaimer, allergens, ingredients, net quantity, producer info.
- ☐ **6. Call if unclear** — County health and planning for your exact address.

LABEL FIELDS TO INCLUDE

- ☐ Product name · producer name · address (or allowed alternative)
- ☐ Ingredients by weight · major allergens · net weight/quantity
- ☐ New Hampshire home-kitchen disclaimer (see live label one-pager)

CONTINUE ONLINE

Open the live county page →

New Hampshire label one-pager →

Local notes & questions →

Planning path only — not legal advice. Rules change. Always verify with state and local offices before selling.

NEW HAMPSHIRE: SULLIVAN COUNTY

CROSODO INDEX #3036* · FIPS 33019 · Newport

Sullivan County

Population 44,012 · State baseline: — · **MEDIUM****QUICK VIEW FOR BAKERS IN THIS COUNTY**

HOME KITCHEN ALLOWED?

—

SEPARATE KITCHEN REQUIRED?

—

PETS ALLOWED?

—

HOME OCCUPATION PERMIT?

—

ON-SITE / PORCH PICKUP?

—

INSPECTION REQUIRED?

—

Home kitchen rules

HOME KITCHEN ALLOWED —

SEPARATE DEDICATED
KITCHEN —

PET RESTRICTIONS —

WATER SUPPLY —

HANDWASHING —

FOOD STORAGE —

Inspection & permitting

INSPECTION REQUIRED —

HOME OCCUPATION
PERMIT —

LOCAL BUSINESS LICENSE —

Customer-facing rulesON-SITE CUSTOMER
PICKUP —

ON-SITE SIGNAGE —

DELIVERY / PICKUP RULES —

MAX EMPLOYEES IN HOME —

SOURCES VERIFIED AT RESEARCH TIME<https://www.sullivancounty.gov>

Questions about this county? Local notes and a place to leave a question: crosodo.com/nb/new-hampshire/sullivan-county-discuss

Bordering counties — cottage food law

Regulation	Sullivan County	Cheshire County	Grafton County
HOME KITCHEN ALLOWED	—	Yes	Yes
SEPARATE DEDICATED KITCHEN	—	No	No
PETS ALLOWED	—	Not specified in state statute.	Pets must be excluded from the food production area during all food production activities.
INSPECTION REQUIRED	—	Upon-complaint	Upon-complaint
ON-SITE CUSTOMER PICKUP	—	Yes	Conditional
ON-SITE SIGNAGE	—	Conditional	Conditional
DELIVERY / PICKUP	—	Below sales threshold: may sell locally at homestead, farm stand, farmers markets, retail stores — no license needed. Above threshold or fo...	Homestead food products may be sold from the homestead residence, at the owner's farm stand, at farmers markets, and at retail food stores ...
HOME OCCUPATION PERMIT	—	Conditional	Varies
LOCAL BUSINESS LICENSE	—	Varies	Varies
RESTRICTIONS	—	Non-potentially-hazardous homestead food products prepared in the operator's primary home kitchen. Below the sales threshold, may sell from...	Production must occur in the operator's primary residence home kitchen or a designated food production area within the primary residence. A...
FOOD STORAGE	—	Non-potentially-hazardous shelf-stable products must be stored appropriately.	Food, equipment, and utensils must be stored in a manner that prevents contamination.
POPULATION	43,356	76,610	90,836

State context — New Hampshire cottage food law

Sullivan County's rules sit on top of New Hampshire's state cottage food framework. The state law sets the floor — counties can add but cannot remove protections.

STATUTE

RSA §143-A:12

ANNUAL SALES CAP

Tiered

REGISTRATION REQUIRED

Depends

FOOD HANDLER CERT

No

KITCHEN INSPECTION

Upon-complaint

DIRECT SALES ONLY

No

INDIRECT SALES

Limited (see notes) — Exempt operations (below sales cap) may sell at retail food stores without a license. Sales to restaurants, over the internet, by mail order, or to wholesalers/distributors require a Class H Homestead License under RSA 143-A:4. The department may inspect upon suspicion of imminent health hazard but does not conduct routine inspections of exempt operations.

For the full state-level analysis including the verbatim statute text, see the **New Hampshire cottage food law report** on Crosodo, or open the live guide: crosodo.com/states/new-hampshire.

STATE-LEVEL REFERENCES

State statute: <http://www.gencourt.state.nh.us/rsa/html/X/143-A/143-A-mrg.htm>

State dept cottage food page: <https://www.dhhs.nh.gov/programs-services/food-protection/homestead-food-licensing>

Forrager.com: <https://forrager.com/law/new-hampshire/>

Questions about Sullivan County? Local notes and a place to leave a question are on Crosodo. We monitor new threads — start with zoning, permits, or porch pickup.

crosodo.com/nb/new-hampshire/sullivan-county-discuss

Classifieds

Resources for cottage food & home bakers · crosodo.com/advertise

NATIONAL

SUPPLIES

Advertise here — Supplies

Reach home bakers across the country. crosodo.com/advertise

COURSES

Advertise here — Courses

Reach home bakers across the country. crosodo.com/advertise

INSURANCE

Advertise here — Insurance

Reach home bakers across the country. crosodo.com/advertise

LOCAL

Advertise here

Reach home bakers in Sullivan County, New Hampshire. Supply stores, farmers markets, kitchen rentals, and bakery services welcome.

crosodo.com/advertise

Your business here

Local cottage food listings, kitchen rentals, co-packer referrals, and community events — post yours on Crosodo.

crosodo.com/nb/new-hampshire/sullivan-county-discuss

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