

COTTAGE FOOD LAW REPORT

Rutland County

Vermont · Rutland · FIPS 50021 · Population 60,585 ·
Crosodo Index #2786*

STATE BASELINE

18 V.S.A. §4351; Act 42 (2025) cottage food operator exemption

STATE TIER

Okay

ANNUAL SALES CAP (STATE)

30000

CONFIDENCE

MEDIUM

LAST VERIFIED

2026-05-05

IMPORTANT — NOT LEGAL ADVICE

This report compiles publicly-available statutes, regulations, and county zoning rules into a research reference. It is **not legal advice** and is provided **without warranty** as to accuracy, completeness, or current applicability.

Cottage food law changes frequently. Counties may amend zoning, health departments may issue new permits, and state legislatures may update statutes after the publication date shown above.

Always verify rules directly with your state department of health/agriculture and your county health and planning offices before relying on them for any business or regulatory decision. Consult a licensed attorney for advice specific to your situation.

How to start — 60-second path

Rutland County, Vermont — permit, pickup, and label steps before the full county rules.

HOME KITCHEN ALLOWED?

Yes

STATE SALES CAP

30000

HOME OCCUPATION PERMIT?

Varies

ON-SITE / PORCH PICKUP?

Conditional

INSPECTION

Upon-complaint

PETS

No specific pet restriction in state cottage food rules.

BEFORE YOU SELL FROM THIS ADDRESS

- ☐ **1. Menu** — Confirm each product under Vermont cottage food rules (county cannot expand a state ban).
- ☐ **2. Pickup & zoning** — Home occupation and porch pickup cells above; HOA/lease may still block customer traffic.
- ☐ **3. Local tax / license** — Business license or sales tax certificate if your city/parish requires it (common even with no state food permit).
- ☐ **4. Training** — Food handler or state registration before market day.
- ☐ **5. Labels** — Disclaimer, allergens, ingredients, net quantity, producer info.
- ☐ **6. Call if unclear** — County health and planning for your exact address.

LABEL FIELDS TO INCLUDE

- ☐ Product name · producer name · address (or allowed alternative)
- ☐ Ingredients by weight · major allergens · net weight/quantity
- ☐ Vermont home-kitchen disclaimer (see live label one-pager)

CONTINUE ONLINE

[Open the live county page →](#)

[Vermont label one-pager →](#)

[Local notes & questions →](#)

Planning path only — not legal advice. Rules change. Always verify with state and local offices before selling.

VERMONT: RUTLAND COUNTY

CROSODO INDEX #2786* · FIPS 50021 · Rutland

Rutland County

Population 60,585 · State baseline: 18 V.S.A. §4351; Act 42 (2025) cottage food operator exemption ·

MEDIUM

QUICK VIEW FOR BAKERS IN THIS COUNTY

HOME KITCHEN ALLOWED?

Yes (Vermont Act 42 (2025) raised the cottage food operator exemption to \$30,000 gross annual receipts. Non-potentially hazardous foods only. Annual attestation plus food safety training required. Registration required. Direct sales to consumers only; no sales to restaurants or licensed food establishments.)

SEPARATE KITCHEN REQUIRED?

No

PETS ALLOWED?

No specific pet restriction in state cottage food rules.

HOME OCCUPATION PERMIT?

Varies (Vermont municipalities (towns) control zoning. Rutland County operators should check with the City of Rutland or their local town zoning administrator for home occupation requirements. Vermont has strong local control over land use.)

ON-SITE / PORCH PICKUP?

Conditional

INSPECTION REQUIRED?

Upon-complaint (Vermont Department of Health may inspect upon complaint; no routine inspection for cottage food operators.)

Home kitchen rules

HOME KITCHEN ALLOWED	Yes — Vermont Act 42 (2025) raised the cottage food operator exemption to \$30,000 gross annual receipts. Non-potentially hazardous foods only. Annual attestation plus food safety training required. Registration required. Direct sales to consumers only; no sales to restaurants or licensed food establishments.
SEPARATE DEDICATED KITCHEN	No
PET RESTRICTIONS	No specific pet restriction in state cottage food rules.
WATER SUPPLY	No specific state cottage food water testing requirement mentioned for cottage food operators.
HANDWASHING	Food safety training covers hygiene; no specific standalone handwashing mandate.
FOOD STORAGE	Non-TCS, shelf-stable products required.

Inspection & permitting

INSPECTION REQUIRED	Upon-complaint — Vermont Department of Health may inspect upon complaint; no routine inspection for cottage food operators.
HOME OCCUPATION PERMIT	Varies — Vermont municipalities (towns) control zoning. Rutland County operators should check with the City of Rutland or their local town zoning administrator for home occupation requirements. Vermont has strong local control over land use.
LOCAL BUSINESS LICENSE	Varies

Customer-facing rules

ON-SITE CUSTOMER PICKUP	Conditional
ON-SITE SIGNAGE	Conditional
DELIVERY / PICKUP RULES	Direct sales to consumers only. No sales to restaurants or licensed food establishments. Farmers markets, home pickup, events permitted.
MAX EMPLOYEES IN HOME	Not specified in state law.

Relevant county code

Vermont municipalities control zoning; check City of Rutland or local town zoning bylaws.

RESEARCH NOTES

Vermont Act 42 (2025) significantly improved the cottage food landscape by raising the cap from \$10,000 to \$30,000 under the exemption. The Vermont Department of Health administers the program (not the Agency of Agriculture). Rutland County contains the City of Rutland; local zoning administered at town/city level in Vermont. Allowed foods include baked goods, candy, jams, jellies, dry herbs, trail mix, granola, cereal, mixed nuts, flavored vinegar, popcorn, coffee beans, dry tea, and home-canned pickles/vegetables/fruits (NCHFP-approved recipes, pH $\leq$ 4.6).

SOURCES VERIFIED AT RESEARCH TIME

<https://www.vermont.gov/rutland>

<https://www.healthvermont.gov/environment/food-lodging-program/home-based-food-licenses-and-exemptions>

<https://legislature.vermont.gov/statutes/section/18/085/04351>

Questions about this county? Local notes and a place to leave a question: crosodo.com/nb/vermont/rutland-county-discuss

Bordering counties — cottage food law

Regulation	Rutland County	Windsor County	Addison County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific pet restriction in state cottage food rules.	No specific pet restriction in state cottage food rules.	No explicit statutory pet restriction under the cottage food exemption. Good hygiene practices recommended.
INSPECTION REQUIRED	Upon-complaint	Upon-complaint	Conditional
ON-SITE CUSTOMER PICKUP	Conditional	Conditional	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Direct sales to consumers only. No sales to restaurants or licensed food establishments. Farmers markets, home pickup, events permitted.	Direct sales to consumers only. No sales to restaurants or licensed food establishments. Farmers markets, home pickup, events permitted.	Vermont cottage food exemption: direct sales only. In-person sales, farmers markets, and farm stands are permitted. Online sales with local...
HOME OCCUPATION PERMIT	Varies	Varies	Conditional
LOCAL BUSINESS LICENSE	Varies	Varies	Conditional
RESTRICTIONS	Vermont Act 42 (2025) raised the cottage food operator exemption to \$30,000 gross annual receipts. Non-potentially hazardous foods only. An...	Vermont Act 42 (2025) raised the cottage food operator exemption to \$30,000 gross annual receipts. Non-potentially hazardous foods only. An...	Vermont state cottage food operator exemption (Act 42, 2025; 18 V.S.A. §4351) applies. Cottage food operators with gross annual sales at or...
FOOD STORAGE	Non-TCS, shelf-stable products required.	Non-TCS, shelf-stable products required.	Proper storage per standard Vermont food manufacturing requirements. Cottage foods must not require refrigeration or temperature control fo...
POPULATION	60,585	57,832	37,434

State context — Vermont cottage food law

Rutland County's rules sit on top of Vermont's state cottage food framework. The state law sets the floor — counties can add but cannot remove protections.

STATUTE 18 V.S.A. §4351; Act 42 (2025) cottage food operator exemption	ANNUAL SALES CAP 30000
REGISTRATION REQUIRED Yes	FOOD HANDLER CERT No
KITCHEN INSPECTION Upon-complaint	DIRECT SALES ONLY Yes
INDIRECT SALES No — Food made under a license exemption cannot be sold to restaurants or other licensed food establishments. Sales must be direct to final consumers. Exempt producers must file an annual attestation with the Vermont Department of Health by January 15 each year and complete online food safety training.	

For the full state-level analysis including the verbatim statute text, see the **Vermont cottage food law report** on Crosodo, or open the live guide: crosodo.com/states/vermont.

STATE-LEVEL REFERENCES

State statute: <https://legislature.vermont.gov/statutes/section/18/085/04351>

State dept cottage food page: <https://www.healthvermont.gov/environment/food-lodging-program/home-based-food-licenses-and-exemptions>

Forrager.com: <https://forrager.com/law/vermont/>

Questions about Rutland County? Local notes and a place to leave a question are on Crosodo. We monitor new threads — start with zoning, permits, or porch pickup.

crosodo.com/nb/vermont/rutland-county-discuss

Classifieds

Resources for cottage food & home bakers · crosodo.com/advertise

NATIONAL

SUPPLIES

Advertise here — Supplies

Reach home bakers across the country. crosodo.com/advertise

COURSES

Advertise here — Courses

Reach home bakers across the country. crosodo.com/advertise

INSURANCE

Advertise here — Insurance

Reach home bakers across the country. crosodo.com/advertise

LOCAL

Advertise here

Reach home bakers in Rutland County, Vermont. Supply stores, farmers markets, kitchen rentals, and bakery services welcome.

crosodo.com/advertise

Your business here

Local cottage food listings, kitchen rentals, co-packer referrals, and community events — post yours on Crosodo.

crosodo.com/nb/vermont/rutland-county-discuss

Free ad space available

Let us know if you're a non-profit or community organization. Farmers markets, kitchen rentals, and cottage food events near you welcome.

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