Statistical Analysis Plan

Study Title:

Developing a Low-Intensity, Primary Care Intervention
for Anxiety Disorders

Date: 7/17/2017

NCT#: NCT02579915

We established a priori benchmarks for feasibility, acceptability, and preliminary efficacy for this treatment development project. For efficacy, the benchmark was: at least 50% of participants experience a 20% reduction in HARS. In the RCT, 63% (5/8) of participants randomly assigned to the intervention who completed the post-treatment assessment met our HARS benchmark compared to 38% (6/16) in the symptom monitoring control condition.