

# SUPER SEAFOOD SALE

**•\$13.99/lb.**

Fresh Sixty South  
Antarctic Salmon  
Fillets

Save \$5/lb.



**HUGE  
DEALS**

**•\$13.99/lb.**

Fresh Walleye  
Fillets

Save \$11/lb.



**\$9.99**

L&B Jumbo Peeled  
and Deveined Raw  
Shrimp Tail On

26-30 count

Save \$6



**\$19.99/lb.**

Wild Alaskan King  
Salmon Fillets

previously frozen

Save \$15/lb.



**\$5.99**

Butchers Kitchen  
Marinated Norwegian  
Salmon Portions

6 oz.

Save \$2



**buy one  
get one free**

Butchers Kitchen  
Marinated Shrimp  
Skewers

3 oz.

Save \$4.99 on 2



**\$6.99**

Canadian Cold  
Water Lobster Tails

4 oz.

Save \$4

OCTOBER 9-15, 2025

FEATURED THURSDAY – WEDNESDAY

## BAKERY



**\$4.29**  
L&B  
Bake-at-Home  
Ciabatta Rolls  
4 count  
Save \$1



**\$5.99**  
L&B Mini  
Croissants  
cinnamon or chocolate  
6 count  
Save \$1

## DELI



**\$13.49/lb.**  
L&B Deli Cracked  
Pepper and Chipotle  
Turkey Breast  
Save \$2/lb.



**\$24.99**  
L&B Half  
Gallon Soups  
Wild Rice with Ham,  
Wild Rice with Chicken,  
Chicken Noodle  
.5 gallon  
Save \$5



**\$9.99/lb.**  
L&B  
Superfood  
Salad  
Save \$1/lb.



**\$14.99/lb.**  
Jarlsberg  
Save \$4/lb.



**\$2.99**  
Joseph's Pitas,  
Wraps and  
Lavash Bread  
8-11 oz.  
Save up to \$1.50



**\$8.99**  
L&B Ready-To-Heat  
Penne Pasta with  
Sausage Tomato  
Cream Sauce  
15 oz.  
Save \$1

## PRODUCE



**\$2.49/lb.**  
Holiday  
Pears  
Save \$1/lb.



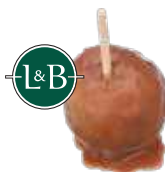
**\$9.99**  
Driscoll's  
Sweetest Batch  
Blueberries  
11 oz.  
Save \$1



**\$3.99**  
Sweet  
Snap Peppers  
12 oz.  
Save \$1



**2/\$7**  
Organicgirl  
Salads  
4-7oz.  
Save \$2.98 on 2



**2/\$7**  
L&B Caramel  
Apples  
each  
Save 98¢ on 2



**\$4.99**  
Blue Diamond  
Almonds  
7-8 oz.  
Save \$3

**Chobani.**  
**Real fruit, real protein**  
Save \$4.16 on any Chobani High Protein 6.7oz. items.  
©2025 Chobani, LLC.

**4/\$5**  
Offer valid 10/9 - 10/22

## GROCERY



**2/\$8**  
Nature Valley  
Granolas  
11-16 oz



**2/\$5**  
General Mills  
Fruit Snacks  
6-10 count



**\$7.49**  
Green Mountain,  
Caribou and  
Newman's Own  
K-Cups  
10 count



**\$1.99**  
Sunny D  
64 oz.



**\$4.99**  
Good Good  
Jams  
12 oz.

## DAIRY & FROZEN



**\$4.99**  
Bizzy  
Cold Brew  
Coffees  
48 oz.



**\$4.99**  
Oatly Milks  
and Creamers  
32-64 oz.



**\$4.49**  
Simply Apple,  
Cranberry and  
Grapefruit Juices  
52 oz.

We reserve the right to limit quantities and correct all printed errors. Product availability may vary by store due to supply chain shortages.



MIX  
Paper from  
responsible sources  
FSC® C022483





**2/\$7**  
Heinz  
Ketchup  
13.5-20 oz.



**2/\$4**  
French's  
Yellow Mustard  
14 oz.



**\$3.19**  
Artisan Hearth  
Buns  
6-8 count



**\$2.99**  
Pace  
Salsas  
16 oz.



**\$7.99**  
Carbone  
Pasta Sauces  
15-24 oz.



**buy one  
get one free**  
Barilla Al Bronzo  
Pastas  
16 oz.



**\$4.99**  
Nonni's  
Biscotti  
8 count



**2/\$4**  
Rice-A-Roni  
4.3-6.9 oz.



**10/\$10**  
Starkist Pouches  
and Smart Bowls  
2.6-4.5 oz.



**\$3.99**  
Minor Figures  
Oat Milks  
32 oz.



**\$4.49**  
Blue Diamond  
Almonds  
6 oz.



**\$4.99**  
Pearson's Nut Rolls  
and Nut Goodies  
9-11 oz.



**2/\$5**  
Quest Bars,  
Cookies  
and Chips  
1.1-2.12 oz.



**20% OFF**  
Ancient Nutrition  
Supplements  
200-525 gm., 30-60 count



**\$4.99**  
Quantum  
Lozenges  
18 count



**2/\$9**  
Coffee-Mate  
Creamers and  
Cold Foams  
14-32 oz.



**\$4.49**  
Rana  
Pastas  
10 oz.



**2/\$7**  
Cedar Crest  
Ice Cream Pints  
and Cups  
16 oz., 8 count



**4/\$6**  
Dannon Oikos Triple  
Zero, Light & Fit, Too  
Good, So Delicious  
and Silk Yogurts  
5.3 oz.



**\$4.49**  
Crystal Farms  
String Cheese  
12 count



**\$5.99**  
Delimex Taquitos  
and Quesadillas  
8-20 oz.



**2/\$7**  
Pillsbury  
Ready-to-Bake  
Cookies, Breads  
and Crusts  
8-16.5 oz.



**2/\$6**  
Pillsbury  
Toaster Strudels  
and Scrambles  
7.2-11.7 oz.



**2/\$10**  
Totino's  
Pizza Rolls  
24.8 oz.

WE NOW HAVE EVEN MORE WAYS TO GET YOUR GROCERIES DELIVERED | [LundsandByerlys.com/shop-online](https://LundsandByerlys.com/shop-online)



# L&B Seafood Sauces & Seasonings

Elevate your favorite seafood dishes with L&B cocktail sauces, seafood sauce and signature seafood seasonings.



**\$4.99**  
L&B Seafood Sauces  
8-12 oz.  
Save \$1



**20% OFF**  
L&B Seafood Spices  
2.2-3.6 oz.  
Save up to \$1.87  
select varieties

Offer valid: 10/9-10/15/25

UNCOMPROMISING QUALITY, EXCEPTIONAL TASTE.

## SPECIAL OFFERS FOR L&B EXTRAS MEMBERS ONLY!

**25% OFF**  
L&B Fresh Mango Salsa  
12 oz. | Limit 2  
Save \$2.24

**25% OFF**  
Revol Salads  
4-16 oz. | Limit 2 per day  
Save up to \$2.87

**30% OFF**  
L&B Artisan Bread Whole Loaves  
Limit 1  
Save up to \$2.10

**\$8.99**  
Filippo Berio Organic Extra Virgin Olive Oil  
16.9 oz. | Save \$5.30

**\$1.99**  
Angie's Boom Chicka Pop Popcorns  
4.4-7 oz. | Limit 2  
Save \$1.70

**\$2.22**  
Cheez-It  
7 oz. | Limit 2  
Save \$1.07

**\$4.99**

Old Dutch Triple Pack and Party Pack Potato Chips and Popcorn, Restaurante Style Tortilla Chips  
11-18 oz.

**25% OFF**

Coca-Cola Products  
12 oz., 12 pack, 12 oz., 8 pack

**\$6.49**

Snapple  
16 oz., 6 pack

**\$13.99**

Topo Chico  
12 oz., 12 pack

**\$12.99**

Quilted Northern Mega Roll Bath Tissue  
12 count

**\$7.49**

Stranger Things Pizzas  
12 inch

**\$4.99**

Kevin's Frozen Entrees  
9-9.5 oz.

**2/\$5**

Pictsweet Frozen Vegetables  
10-14 oz.

OCTOBER 9-15, 2025

FEATURED THURSDAY - WEDNESDAY



Join **L&B EXTRAS** for exclusive weekly deals! Text **JOIN** to **55955**



MEAT & SEAFOOD

OCTOBER 9-15, 2025

FEATURED THURSDAY - WEDNESDAY

# SUPER SEAFOOD SALE



**\$2.99**  
Rainbow Trout  
Fillets  
previously frozen  
5 oz.  
Save \$2



**\$4.99**  
L&B Maryland  
Style Crabcakes  
3 oz.  
Save \$2



**\$8.99/lb.**  
Orange Roughy  
Fillets  
previously frozen  
Save \$4/lb.



**\$4.99/lb.**  
Catfish Fillets  
previously frozen  
Save \$4/lb.



**\$9.99/lb.**  
Yellow Fin  
Tuna Steaks  
previously frozen  
Save \$7/lb.



**\$16.99/lb.**  
Alaska Opilio  
Snow Crab  
Clusters  
previously frozen  
Save \$8/lb.



**\$12.99**  
L&B Jumbo  
Cooked Shrimp  
Tail On  
26-35 count | 16 oz.  
Save \$4



**\$12.99**  
L&B EZ Peel &  
Deveined Extra  
Colossal Raw  
Shrimp Tail On  
13-15 count | 16 oz.  
Save \$4



**\$4.99**  
L&B Minnesota  
Wild Rice  
Walleye Cakes  
3 oz.  
Save \$2



**\$5.99**  
L&B Premium  
Lump  
Crab Cakes  
3 oz.  
Save \$2



**\$8.99/lb.**  
Butchers Kitchen  
Lobster  
Mac & Cheese  
Save \$2/lb.



**\$4.99**  
Bacon Wrapped  
Scallop Skewers  
3 oz.  
Save \$2



**\$3.99**  
L&B Fresh  
Cocktail Sauce  
8 oz.  
Save \$2



**\$5.99**  
Butchers Kitchen  
Marinated Norwegian  
Salmon Portions  
6 oz.  
Save \$2



**\$13.99**  
Warm Water  
Lobster Tails  
7 oz.  
Save \$4



**\$14.99**  
Chilean  
Sea Bass  
Portions  
previously frozen  
5 oz.  
Save \$5



**\$10.99**  
C-Worthy  
Salmon  
10 oz.  
Save \$1



**2/\$5**  
Louis Kemp  
Crab Delights  
8 oz.  
Save \$3.98 on 2



## A **SPECIAL** ONLINE SHOPPING OFFER

**SHOP MORE – SAVE MORE!**

Shop online 3X or more in October and we'll give you **\$25 OFF** your groceries in November!

STEP 1

SHOP ONLINE  
**THREE TIMES**  
IN OCTOBER

MINIMUM \$25 PER ORDER

STEP 2

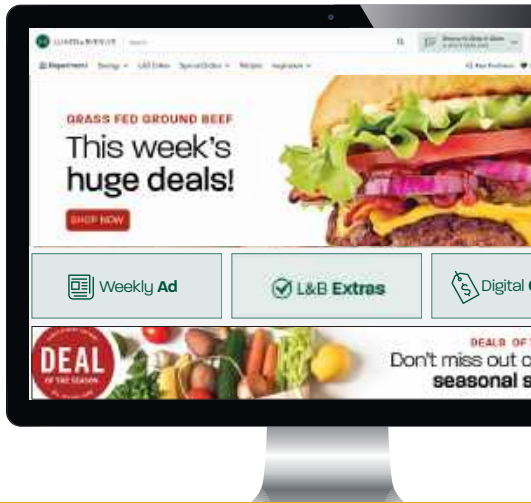
MUST USE SAME  
ACCOUNT ON  
**LUNDSANDBYERLYS.COM**

EITHER PICKUP OR DELIVERY!  
NOT VALID ON 3RD PARTY  
DELIVERY ORDERS

STEP 3

RECEIVE YOUR  
**\$25 CREDIT**

\$25 CREDIT WILL BE APPLIED  
TO YOUR EXTRAS ACCOUNT  
ON NOVEMBER 6.



Offer is non-transferable. Credit will be automatically applied to Extras member accounts and credited to the first transaction of \$25 or more from November 6 - December 31, 2025. Qualifying spend not valid on gift cards, postage, Lunds & Byerlys Catering, pre-paid orders, pre-order cakes or online deli platters and trays.

## TASTES LIKE A TOUCHDOWN



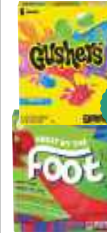
Offers Valid: 10/9/25-10/15/25



2/\$8

2/\$7 with the \$1 coupon in our app.

General Mills Nature Valley & Protein One Bars 5ct 7.45oz



2/\$5

2/\$4 with the \$1 coupon in our app.

General Mills Fruit Snacks 6-10ct



2/\$10

2/\$9 with the \$1 coupon in our app.

General Mills Giant Size Cereal 20-29oz



2/\$7

2/\$6 with the \$1 coupon in our app.

Betty Crocker Brownie, Cookie, & Muffin Mixes 11.9-19.1oz (Select Varieties)



2/\$4

2/\$3 with the \$1 coupon in our app.

Old El Paso Shells, Sauces, & Beans 4.5-16oz



2/\$7

2/\$6 with the \$1 coupon in our app.

Large Chex Mix, Bugles, & Gardetto's 9-14.5oz



2/\$4

2/\$3 with the \$1 coupon in our app.

Progresso Soups 18-19oz



\$3.99

\$3.49 with the \$0.50 coupon in our app.

Gold Medal Flour 5lb



2/\$5

2/\$4 with the \$1 coupon in our app.

Pillsbury Grands Cinnamon Rolls, Crescent Rolls, and Biscuits 8-16.3oz

# L&B TASTE THE DIFFERENCE

## Grass Fed Boneless New York Strip Steaks

Grass Run Farms Grass Fed Beef is **wholesome**, **lean** and full of antioxidants, vitamins and minerals. The cattle are fed a 100% vegetarian diet, which means **superior flavor and lower fat**.

**\$14.99**

10 oz. | Save \$8

