



**HUGE
DEALS**

Comfort
Food
Faves

•\$6.99

Goodness
Grazecious Organic
Grass Fed 85% Lean
Ground Beef
16 oz. | **Save \$5**



•\$5.99/lb.

Bell & Evans Air-Chilled
Boneless Skinless
Chicken Breast
excludes organic | **Save \$3/lb.**



\$6.99

Fresh Norwegian
Center Cut
Salmon Portions
6 oz.
Save \$2



\$9.49/lb.

L&B Pesto
Pasta Salad
Save \$2.50/lb.



\$2.99/lb.

Honeycrisp
Apples
Save \$1/lb.



\$2.99/lb.

Red and Green
Grapes
Save \$1/lb.



\$6.99

MUST BUY 3
Pepsi Cola
Products
12 oz., 12 pack,
12 oz., 8 pack
Save \$12 on 3

OCTOBER 1-7, 2026

FEATURED THURSDAY – WEDNESDAY



BAKERY



\$4.49

L&B Circle Cinnamon Bread
24 oz.
Save 50¢



\$4.49

L&B Glazed Raised Donuts
3 count
Save \$1.48

DELI



\$19.99/lb.

L&B American Wagyu Roast Beef
Save \$3/lb.



\$8.99/lb.

L&B Bone-In Chicken Wings
Save \$2/lb.



2/\$6

Joseph's Wraps, Pitas and Lavash Bread
8-9 oz.
Save up to \$2.98 on 2



\$14.99/lb.

L&B Smoked Turkey Thigh Burnt Ends
Save \$3/lb.



\$11.99/lb.

L&B Lemon Pepper Tilapia
Save \$3/lb.



\$11.99/lb.

Castello Danish Blue Cheese
Save \$3/lb.

PRODUCE



\$4.99

Organicgirl Big Butter Lettuce
each
Save \$1



\$1.99/lb.

Wisconsin Grown Organic Hard Squash
Save \$1/lb.



\$6.99

Peelz Seedless Mandarins
3 lb.
Save \$1



\$2.99/lb.

Broccoli Crowns
Save \$1/lb.



2/\$8

Driscoll's Raspberries and Blackberries
6 oz.
Save \$1.98 on 2



\$6.99

Pepin Heights Apple Cider
half gallon
Save \$1

A Sip in the Right Direction

\$4.49
Save \$1.00



Offer Valid 10/1/26-11/4/26

Save on Whole Moon Plant Beverages



GROCERY

2/\$6



Post Honey Bunches of Oats Cereal and Better Oats Oatmeals
10 count, 11-16 oz.



2/\$6

General Mills Chex Cereals and Bigelow Teas
12-14 oz., 18-20 count



\$3.99

Ocean Spray 100% Juices and Kellogg's Pop-Tarts
64 oz., 12 count



\$9.99

Dunkin' Coffee
12 oz., 10 count



\$2.99

Sara Lee Classic Wheat and Butter Bread
20 oz.



\$6.99

Nucolato Chocolate Spreads
12.3 oz.

DAIRY & FROZEN



2/\$5

Just Crack An Egg Breakfast Cups
3 oz.



2/\$5

Noosa Yoghurts
5.8-8 oz.



\$2.49-\$2.99

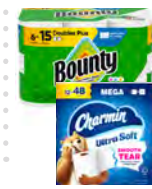
Once Upon A Farm Organic Pouches
3.2-4 oz.

We reserve the right to limit quantities and correct all printed errors. Product availability may vary by store due to supply chain shortages.



MIX
Paper from responsible sources
FSC® C022483



**2/\$4**Ortega Taco Shells,
Sauces and Chiles
3 pack, 4-8 oz., 8-10 count**\$4.99**Mateo's Salsa
16 oz.**2/\$7**Mission Burrito and
Zero Net Carbs Flour
Tortillas
8 count, 14 count**\$3.99**Briannas Salad
Dressings and
Marinades
10-12 oz.**2/\$6**Frank's RedHot Sauces
and Cholula Cooking
Sauces
12 oz.**5/\$5**McCormick Taco
Seasoning Mixes
1 oz.**3/\$5**Barilla Pastas
7 oz., 12 oz.**BOGO**Buon Giorno Italia
Pasta Sauces
24 oz.**\$14.99**Graza "Sizzle" and
"Drizzle" Extra Virgin
Olive Oil
16.9-25.3 oz. | select varieties**\$3.99**Pacific Organic
Broths
32 oz. | select varieties**\$2.49**Libby's 100% Pure
Pumpkin
15 oz.**\$6.99**Archer Minis Meat
Stick Multipacks
8 pack**2/\$5**PROBAR Bolt Organic
Energy Chews
2.1 oz.**20% OFF**Wild Carrot Herbals
Skincare
15-200 mL.**2/\$6**Kraft Caramels
11 oz.**20% OFF**Herb Pharm
Supplements
1-4 oz., 1 count**\$12.99****\$9.99** with \$3 coupon
in our app
Tide PODS and Laundry
Detergent and Downy
Unstopables
32-42 count, 73-84 oz., 18.2 oz.**\$15.99****\$14.99** with \$1 coupon
in our app
Charmin Ultra Soft
Mega Roll Bath Tissue
and Bounty Double Roll
Paper Towels
6 count, 12 count**\$4.49**Kemps Cottage Cheese
and Mid America Farms
Top the Tater
22-24 oz.**\$3.99**Organic Valley
Shredded
Cheeses
6 oz.**\$8.99**Pep's Legit Pizzas
12 in.**\$4.99**Frigo Cheese Heads
String Cheese
8-12 count**2/\$7**Simply Potatoes
Cut Potatoes
20 oz.**\$5.99**Häagen-Dazs Minis
and Cones and Nestle
Drumstick Cones
4-6 count**\$5.99**Reddi Wip Whipped
Topping
13 oz.**\$4.99**Outshine Fruit Bars,
The Skinny Cow Ice
Cream Sandwiches
and Frollies Ice Pops
4-6 count**\$5.99**YAAR Nordic
Yogurt Bars
4 countWE NOW HAVE EVEN MORE WAYS TO GET YOUR GROCERIES DELIVERED | LundsandByerlys.com/shop-online



2/\$9
Frito-Lay Party
Size Chips
8.25-18 oz.



\$3.99
Triscuit Crackers, Wheat
Thins Crackers and
Oreo Cookies
3.5-14 oz.



2/\$6
Angie's Boom Chicka
Pop Popcorn
4.4-7 oz.



BOGO
Maison Perrier French
Kiss Sparkling Juice
Beverages
6 pack



\$7.99
Gatorade
Sports Drinks
20 oz., 8 pack



2/\$5
Ice Mountain 100% Natural
Spring Water Sport Cap
Bottles and Mini Bottles
8 oz., 12 pack, 23.7 oz., 6 pack



\$6.99
Evol. Protein
Bowls
12.6-14 oz.



\$4.99-\$5.99
Strong Roots Fries
15-20 oz.



\$7.99
InnovAsian
Frozen Entrées
18 oz.

Good Taste

RECIPES & COOKING EXPERTISE



2/\$7
Crunchmaster
Crackers
3.54-4 oz. | **Save \$1.98 on 2**



2/\$7
LesserEvil Popcorn
4.6 oz. | **Save \$2.38 on 2**



2/\$7
Twinings Teas
20 count | **Save \$4.58 on 2**



2/\$6
Muir Glen Tomatoes
28 oz. | **Save \$7.98 on 2**



2/\$5
Evol. Burritos
6 oz. | **Save \$3.78 on 2**



\$6.99
Magic Spoon Cereals
7 oz., 4 pack | **Save up to \$3**



\$14.99
Heirloom Coffee
Roasters Coffees
12 oz. | **Save \$4.90**



\$2.99
Near East Rice
4.7-6 oz. | **Save \$1.70**



\$5.99
Kettle & Fire Broths
16.9 oz. | select varieties
Save \$2.40



\$6.99
Livwell Sauces
16 oz.
Save \$4

Each month, look for the new issue of our L&B Good Taste magazine in all our stores. To read the current and past issue online, visit: tasteforlife.com/archives/lunds-byerlys-nourish

SPECIAL OFFERS FOR L&B EXTRAS MEMBERS ONLY!



•\$5.99
Pumpkins
each | Limit 1 offer per day.
Save \$4



•\$5.77
Poppi Prebiotic
Sodas
4 pack | Limit 2 offers per day.
Save \$4.02



•30% OFF
L&B Brioche Buns,
Rolls and Bread
Save up to \$2.10



•\$9.99
Caribou Coffee
Coffees
20 oz. | Limit 1 offer per day.
Save \$7



•2/\$5
L&B Frozen Soups
10 oz. | Limit 4 offers per day.
Save \$2.98 on 2



•\$6.99
Sukhi's Chicken
Entrees
15 oz.
Save \$5.50

OCTOBER 1-7, 2026
FEATURED THURSDAY – WEDNESDAY



Join **L&B EXTRAS** for exclusive weekly deals! Text **JOIN** to **55955**



MEAT & SEAFOOD

OCTOBER 1-7, 2026
FEATURED THURSDAY – WEDNESDAY



\$6.99/lb.
L&B All-Natural Duroc
Pork St. Louis Style
Spare Ribs
Save \$1/lb.



\$9.99
L&B Prime Chuck
Fresh Ground Beef
16 oz. | Save \$2



\$7.99
L&B Fresh
All-Natural Pork
Italian Sausage
16 oz. | Save \$1



\$5.99
Bell & Evans
Air-Chilled Ground
Chicken Breast
excludes organic
16 oz. | Save \$3



\$4.99
Minnesota
Steakhouse
Crusted
Chop Steak
8 oz. | Save \$1



\$15.99
L&B Sous Vide
Garlic Herb
Tri-Tip Steak
10 oz. | Save \$3



\$6.99/lb.
Butchers Kitchen
Wagyu Beef Stuffed
Bell Peppers
Save \$1/lb.



\$7.99/lb.
L&B Balsamic
Garlic Marinated
Boneless Skinless
Chicken Thighs
Save \$1/lb.



\$12.99
L&B EZ Peel &
Deveined Extra
Colossal Raw
Shrimp Shell On
13-15 count
16 oz. | Save \$4



\$7.99
Sukhi's Frozen
Samosas
8-10 oz. | Save \$2.60



\$7.99
Berkwood
Farms Bacon
12 oz. | Save \$3



\$9.99
Cooked Perfect
Meatballs
18-28 oz. | Save \$2.60



\$7.99
Famous Dave's
Pulled Meats
16 oz. | Save \$2



\$5.99
Landes
Smoked
Sausage
16 oz. | Save \$2



\$12.99
Impossible
Burger Patties
Made from
Plants
24 oz. | Save \$7



\$4.99
Hormel Natural
Choice Lunch
Meat
6-8 oz. | Save \$1



\$7.99
Hormel Black
Label Bacon
12-16 oz. | Save \$1



\$6.99
L&B Country
Style Breakfast
Sausage
12 oz. | Save \$1

SUPER SEAFOOD SALE

October 8-14

\$14.99/lb.

Fresh Sixty South Antarctic
Salmon Fillets 

Save \$5/lb.

\$13.99

Chilean Sea Bass 
Portions

6 oz. | previously frozen
Save \$6

BOGO

Butchers Kitchen Marinated
Shrimp Skewers 

3 oz. | Save \$4.99 on 2

\$6.99

Canadian Cold Water
Lobster Tails 

4 oz. | previously frozen
Save \$4

\$4.99

L&B Maryland Style
Crab Cakes

3 oz. | Save \$3

\$9.99

L&B EZ Peel & Deveined
Extra Colossal Raw Shrimp
Shell On 13-15 count 

16 oz. | Save \$7

 LUNDS & BYERLYS



FALL WINE SALE

BUY ONE, GET ONE **HALF-OFF***
ON **ALL** WINES

*Second bottle will be of equal or lesser value



LUNDS & BYERLYS
WINES & SPIRITS

Burnsville | Chanhassen | Downtown Minneapolis | Eagan | Golden Valley | Maple Grove
Plymouth | Ridgedale | St. Louis Park | White Bear Lake | Woodbury



FRI • SAT • SUN | OCT 2-4

**3 DAY
DEAL**

\$7.99

**Hershey's Halloween
Candy**

18.44-23.05 oz. | Limit 2 | **Save \$8**