

PRITHA KUNDU

Researcher | Movement artist | Filmmaker | Educator

I strive to promote an interdisciplinary paradigm and create a safe space for artistic expressions which transcend boundaries of genres and disciplines. I integrate my training in movement arts, scientific research, and visual arts to produce socially relevant creative work and pursue research to assess and reform pedagogical approaches with an aim to contribute towards a more equitable and empathetic society.

Website: www.aramanditoattitude.com/pritha-kundu

Instagram: https://www.instagram.com/pritha_ahtirp/?hl=en

Photograph by Anushka Chowdhury | Dec 2020



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01. FILMS

WEIGHTED | 2021:

Producer | Director | Choreographer |
Co-cinematographer | Performer | Editor

Inspired from the elements of nature, the resilience of living systems, this short dance film depicts a journey through time and space - of carrying a weight and making a choice. This film was developed during Dance on Camera intensive by Gallim Company and influenced by Francesca Harper's mentorship on autodrama.

Selected at Dance on Camera Festival (New York) and Mash-Up International Women's Day Festival (LA)

<https://youtu.be/AUSbUFhcYIc>



GASP. Photograph by Pritha Kundu | Dec 2020

01. FILMS

TRANSLATING TAGORE:

Co-producer | Co-director | Co-choreographer |
Co-performer | Editor

A series of two performance poetry films developed in association with Smoke Screen. Based on translations of poems and songs by Rabindranath Tagore, a Bengali poet, philosopher, and writer, this project aims to portray a contemporary movement interpretation of the bard's words.

<https://www.youtube.com/watch?v=iDIWB0W0TgA>

<https://www.youtube.com/watch?v=F8NzsfLizKO>

IN-SILICO. Photograph by Adrienne Ravez and Pritha Kundu;
Edited by Pritha Kundu | Oct 2020



01. FILMS

ENCLOSED AND UNBOUND | 2020:

Co-Producer | Co-director | Co- choreographer |
Co-performer | Co-editor

A movement piece exploring the journey of discovering the conflicted dualities that exist within us, embracing it, and letting it drive us. This work was done in collaboration with a British movement artist and composer, **Seirian Griffiths**. This film premiered at the **film festival by Jacob Jonas the Company**.

www.aramanditoattitude.com/projects



Scene from Enclosed and Unbound | Jul 2020

01. FILMS

LONG WAY HOME | 2020:

Co-Producer | Director | Co-choreographer |
Co-performer | Co-cinematographer | Editor

A short film developed with Aman Prasad. It explores the journey of mass migration in the face of dire straits; inspired by the brutal exoduses suffered by generations of people who are caught in the crosshairs of wars, natural disasters, and pandemics.

This work was done in collaboration with British composer and movement artist **Seirian Griffiths** and Polish dancer **Aleksandra Nalepa**. The film **featured as a jury selection** at the film festival by Jacob Jonas the Company.

LINK:

<https://www.youtube.com/watch?v=2weYRfPqH6Y>



THE WALK. Photograph by Pritha Kundu | Jan 2021

01. FILMS

INERTIA | 2020:

Co-Producer | Director | Co-choreographer |
Co-performer | Co-cinematographer | Editor

A film developed in association with Aman Prasad during the lockdown in India. Inertia is the tendency of matter to stay in rest or continue in its state of motion unless acted upon by some external force. This film explores the physical concept of Inertia through movement and how it is reflected in our lives which lies at the intersection of so many forces- external and internal. This film premiered at the **film festival by Jacob Jonas the Company**.

https://www.instagram.com/tv/CERGBBNnNsQ/?utm_source=ig_web_copy_link



CENTER. Photograph by Pritha Kundu | May 2020

01. FILMS

EVOLVERE | 2020:

Producer | Director | Co-choreographer |
Performer | Editor

An autobiographical collection in a dance film directed and edited by Pritha in association with Aman Prasad, Smoke Screen, Claire Ciserella, Naomi Bates, and Seirian Griffiths. Choreography is based in part on prompts provided by Jacob Jonas and Kyana Burgess. This film interprets the evolution of Pritha's artistic practice and coming to terms with the change.

<https://www.youtube.com/watch?v=wZIp4Q-LBU8>

FACE | 2020:

Producer | Director | Co- choreographer | Performer |
Editor

A short film (< 1 min) in movements exploring a dialogue with oneself: how do I feel about facing myself? This film is based on choreographic prompts by Kyana Burgess and music by Aman Prasad.

[https://www.instagram.com/p/CC62Y07HpWa/?utm_medium=copy link](https://www.instagram.com/p/CC62Y07HpWa/?utm_medium=copy_link)

01. FILMS

SKY-LIGHT | 2021:

Producer | Director | Co-choreographer |
Cinematographer | Editor

A short dance film developed in collaboration with Aramandi to Attitude's artist-in-residence, Deepanwita Roy. Sky-light is an opening on a roof that lets in natural light and therefore, can alter an environment. Being bounded within walls of a home for almost two years, this film, a sequel to Boundary Condition, explores our reaction to finding a sky-light.

https://www.instagram.com/p/CUQMFA1FLED/?utm_medium=copy link

SKY-LIGHT. Photograph by Pritha Kundu | Sept 2021



01. FILMS

BOUNDARY CONDITION | 2021:

Producer | Director | Co-choreographer |
Cinematographer | Editor

A short dance film developed in collaboration with Aramandi to Attitude's artist-in-residence, Deepanwita Roy. In an autodrama-based approach, this project is inspired from an intersection of two concepts:

1. Pritha's theoretical ecology research on how boundary condition affects movement of organisms both in simulations and in real systems.
2. How boundaries or the lack thereof affects the human psyche.



01. FILMS

LOCKED | 2020:

Producer | Director | Performer | Editor

A narrative short film made in 45 minutes during Dance on Camera intensive by Gallim Company. This film explores the phrase of “being trapped in one’s mind.”

[https://www.instagram.com/tv/CJvgLp_HVVb/?utm_medium=copy link](https://www.instagram.com/tv/CJvgLp_HVVb/?utm_medium=copy_link)

CHAOS/CALM | 2020:

Co-producer | Co-director | Co- Editor

Produced in collaboration with over 10 international artists, this film explores the dualities within one’s mind and how community and connections affect it.

[https://www.instagram.com/reel/CO_dhlJDcHg/?utm_medium=copy link](https://www.instagram.com/reel/CO_dhlJDcHg/?utm_medium=copy_link)

UNFOLD | 2021:

Producer | Director | Co-choreographer | Cinematographer | Editor

A short-dance film in collaboration with Pritha’s first mentor, Sulagna Sarkar. This movement piece is a part of Pritha’s project of documenting the practice of movement artists within the confines of their home and the limitations that come with it. It is a response to the current global state of lockdown and limited access to practice spaces.

[https://www.instagram.com/reel/CTcbmyCJSrc/?utm_medium=copy link](https://www.instagram.com/reel/CTcbmyCJSrc/?utm_medium=copy_link)

01. FILMS: PARTICIPATION

DISTAL PLACES

Co-choreographer | Co-performer

A film produced by Alice Klock and Florian Lochner during a creations intensive with Flockworks, featuring 30 artists from across the globe.

MESHES OF THE AFTERNOON: A RECREATION

Co-editor | Co-performer

Recreation of one of Maya Deren's timeless masterpieces during Dancing on Camera intensive with Gallim Company. This was created by the participants in 45 minutes with the resources present with them at the time.

THOSE WHO DANCE

Associate Producer

A film produced by Adrienne Ravez based on the lives of artists in Cambodia.

SHELL

Co-choreographer | Co-performer

A film produced by Rebekah Enderle. Through the language of dance, SHELL explores the softness beneath the outer layer: Interconnectedness that exists in vulnerability, openness and empathy through human connection.

01. FILMS: PARTICIPATION

TELEPHONE

Co-choreographer | Co-performer

A film produced by Rebekah Enderle in association with 8 international artists, it explores a conversation in movements.

SELF-PORTRAIT

Co-choreographer | Co-performer

A film created by Serbian artist Alexandra Arizanovic based on self-portraits she produced everyday at 3 am with closed eyes. The participating movement artists depicted her vision in movements.

HERE THEN NOTHING

Co-choreographer | Co-performer |
Co-editor

A film produced by Kyana Burgess that explores a conversation that should have happened but never did.

LIFE

Co-choreographer | Co-performer

A film produced by Claire Ciserella exploring femininity.

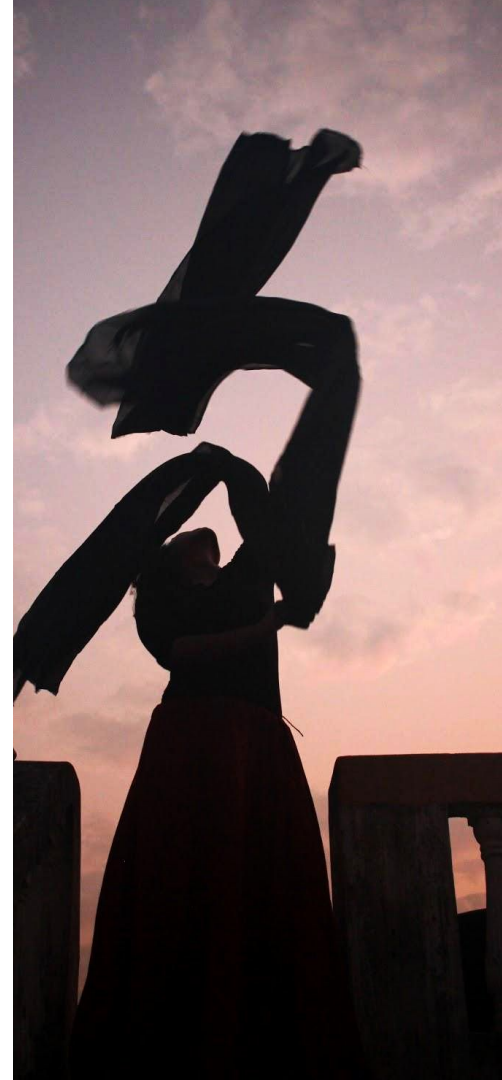
02. VISUAL ART

TRACES OF MOVEMENT. 2020

Project developed in collaboration with visual artist and painter, Anushka Chowdhury. It aims to bring to life movements through physical manifestations of trajectories in space --- how movements would look if they were painted ?



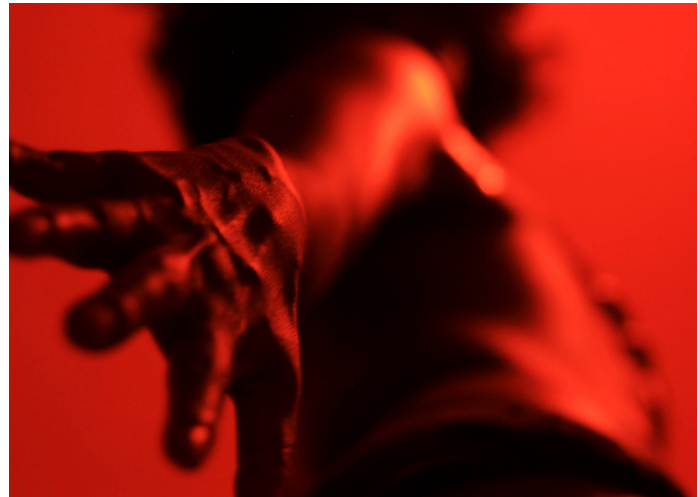
Photographs by Anushka Chowdhury | Dec 2020



02. VISUAL ART

SELF-PORTRAIT SERIES | 2020 - PRESENT

Photographs taken during my movement practice within the confines of my home at a particular place everyday. This project was started during the lockdown to document my practice, how it was affected by the increasing stressor in the global environment, and to explore ways of adapting to changing places and conditions..

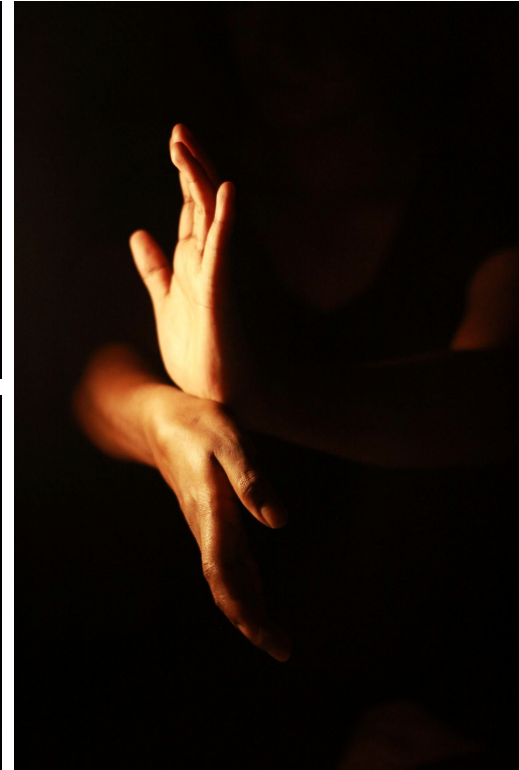


Photograph by Pritha
Kundu | Jan 2021

02. VISUAL ART

ESSENCE OF INDIAN CLASSICAL | 2020 - PRESENT

This work emerged with the aim to make Indian Classical Dances accessible to a global community and explore the various contexts in which it can inform artistic practices. In collaboration with Aman Prasad, we explore the intersections of visual arts and something inherent to Bharatanatyam - Mudra (hand gestures).



Photograph by Pritha Kundu | Aug 2020

03. STAGE

HELP | 2019

Co-performer | Co-producer

An experimental duet based on the notions of *help*, *providing help*, and *asking for help* and what those acts may mean for some of us. Created with Aman Prasad, this piece was largely improvisational where both the performers and the audience saw the narrative unfold. Premiered at Indian Institute of Science.

<https://youtu.be/ajesU-6XVQ8>

ROLLING INTO WORLDS | 2020

Choreographer | Producer | Co-performer

An improvised shadow movement narrative about two people from different worlds foraying into each other's lives. This piece premiered at the Indian Institute of Science on a zero budget, and developed into a much larger film project which is a work-in-progress.

<https://youtu.be/R5ljxKHGZ2E>

PULL | 2019

Performer | Choreographer | Producer

An improvisational movement solo based on an auto-drama. Pritha explores all the forces that pull her down and her journey of coming to terms with them.

https://www.instagram.com/p/B0B6XHtY/?utm_medium=copy_link

INSIDE OUT | 2021 - Work-in-Progress

Co-performer | Co-choreographer | Producer

An improvisational duet developed during Atelier, the ATA Residency with Deepanwita Roy. It depicts the movement interpretations of thoughts in our mind and their external manifestations and how the two artists deal with it.

03. STAGE

SOUL SKY | 2022

Co-performer | Co-producer

Co-created, danced and edited by Rebekah Enderle & Pritha Kundu. “Soul Sky” is a conversation through movement across space and time, inspired by nourishing partnerships that happen outside of the physical world. Soul Sky was showcased at SAFEHouseArts and ODC Theater, San Francisco

<https://www.youtube.com/watch?v=VfN19f5F7CO>



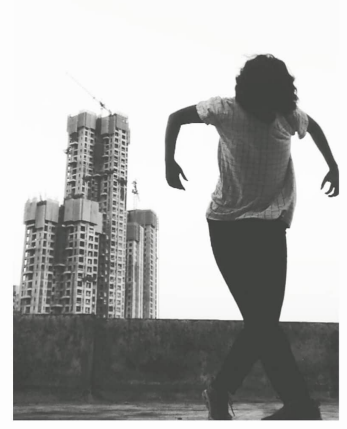
04. RESEARCH

MOVEMENT JOURNAL

Systematic documentation of personal improvisational movement research. I explore how my background and present environment is reflected in my movement creation. Everyday, I chooses a space available to me and let my mind and body blend into movements guided by my thoughts. Primarily started as a meditative practice, a theme emerges in every session that is documented and processed to create a movement vocabulary.

LINK TO episode 10 of an ongoing work:
https://www.instagram.com/tv/CTSYapyDiQE/?utm_medium=copy_link

Photograph by Pritha Kundu | May 2021



04. RESEARCH

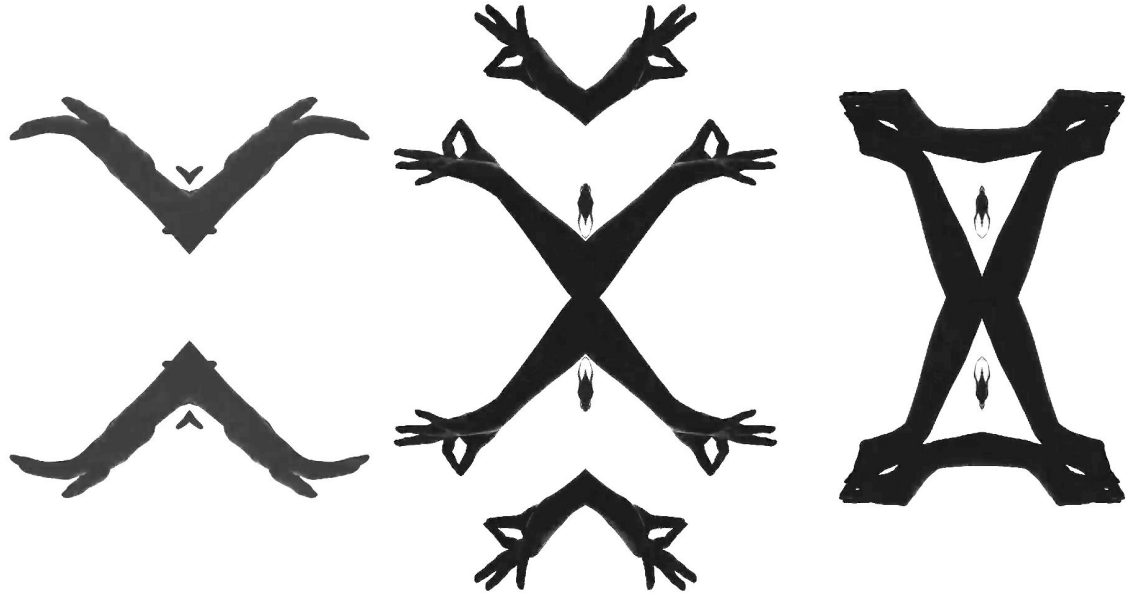
EMERGENT PATTERNS IN MOVEMENT AND VISUAL ARTS

Emergent patterns are properties that are seen only at the level of a group. They arise as a result of inter-individual interactions among the group members. Flocking patterns of birds, vegetation patterns, stripes of a zebra, etc. are all examples of emergent patterns.

Pritha explores this phenomenon through improvisational movement arts and visual arts and is working towards replicating it through computational modeling.

LINK TO SAMPLE WORK:

https://www.instagram.com/reel/CQt0XkCjgHN/?utm_source=ig_web_copy_link



Photograph and editing by Pritha Kundu | Aug 2021

04. RESEARCH

PUBLICATION:

Kundu, P., Venkitachalam, S. and Vidya, T.N.C., 2015. **Why so toxic?**. Resonance, 20(7), pp.617-627.

<https://www.ias.ac.in/describe/article/reso/020/07/0617-0627>

Published in a pedagogical journal, in this article, we explore the selection pressures that may be shaping venom evolution and venom systems in animals. We also examine the possibility of neutral processes contributing to the persistence of apparently unnecessarily high levels of venom toxicity. In a country like India where research on snake-bite and its proper treatment methods still lack the required level of attention, we hope to bring our perspective to the new generation of students and researchers.

05. TEACHING

Curriculum design as part of Aramandi to Attitude for training in

Improvisation

Choreography

Filmmaking for dancers

Outreach classes designed to facilitate non-professionals to incorporate artistic practices in their life-style.

Conducted workshops at Indian Institute of Science, National Centre for Biological Sciences, WanderDanz (Germany), Sundarban, Teach for India, MAhadevi Birla World Academy, etc.

LINK TO WORKS:

www.aramanditoattitude.com/education

Photograph by Chirantan Pramanik | Feb 2020



06. COMMUNITY PROJECTS

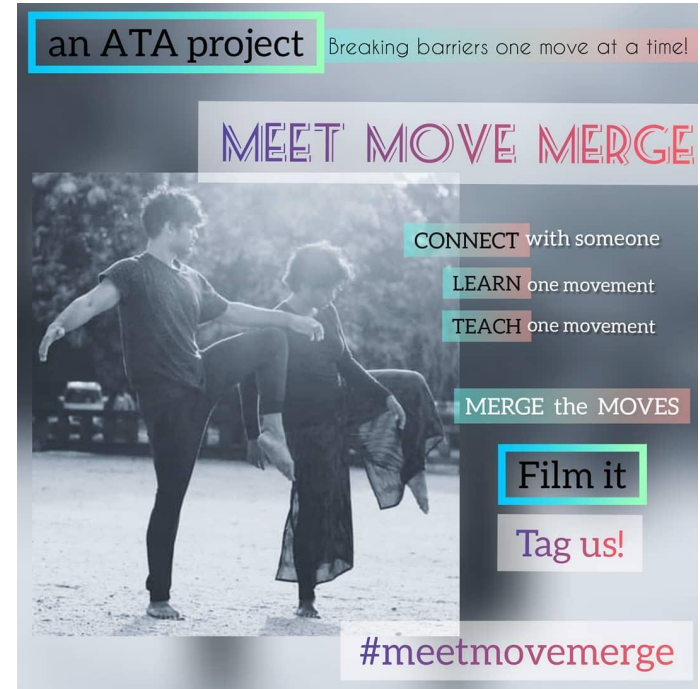
MEET MOVE MERGE

Designed around user-generated content:

Conceptualized and executed creative projects aimed at fostering public involvement in visual and performing arts.

LINK TO WORKS:

<https://www.instagram.com/explore/tags/meetmovemerge/>



Photograph by Chirantan Pramanik | Jul 2019

Poster by Pritha Kundu

06. COMMUNITY PROJECTS

RESIDENCY AT ARAMANDI TO ATTITUDE

Designed, developed, and executed the first edition of ATA's Residency: Atelier. In line with Pritha's and ATA's mission statement, this residency aims to provide a space and mentorship, and financial support to disprivileged emerging artists to explore, research, and innovate.

ESSENCE OF INDIAN CLASSICAL

This work emerged with the aim to make Indian Classical Dances accessible to a global community and explore the various contexts in which it can inform artistic practices. Based on Pritha's own practice of Bharatanatyam and improvised movement arts, this project aims to develop a framework of teaching and creating that explores the very essence of Indian Classical Dances and questions in relation to it - what is unique to them? What can evolve? What new avenues can be traversed based on the methods and practices of each form?

Pritha hosts workshops and regular classes based on this framework where a global audience can incorporate Bharatanatyam practices in their vocabulary. In collaboration with artists, Pritha intends to expand this framework to include other Indian Classical forms.

COMMUNITY ENGAGEMENT

Delta Lives: A participatory project co-designed with marginalized island communities living in ecologically-fragile regions and aims to co-create a space to voice their often forgotten, misrepresented cultural identities and practices that are being drowned by mainstream media narratives.

We are working on developing an open-source web-space connecting communities with culturally-invested global stakeholders.

I research methods to facilitate creative and visual thinking in communities and help them develop and express their identities in a digital world.



Photograph by Pritha Kundu | Feb 2022

07. COLLABORATIONS

Interdisciplinary projects created in collaboration with over 50 international artists (musicians, scientists, psychologists, dancers, martial arts, photographers).

Projects include dance films, documentaries, community outreach, etc.

LINK TO WORKS OF SOME COLLABORATORS:

[The ALICE Dance Project](#)

[Michael Wall](#)

[Seirian Griffiths](#)

[Helix Films](#)

[Treecreate](#)

[Ideosync Media Combine](#)

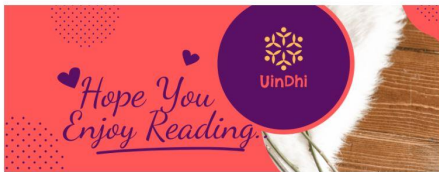
[WE-Program](#)

[Goethe Institute](#)

08. FEATURES

Featured by [Rah Dance Works](#) as a practicing movement artist.

Invited by [In.Dhi](#) to speak about movement art practices and the paradigm of Aramandi to Attitude.



In.Dhi
Connect to the TRUE YOU

It's all about movement.



The desire to move to the beats was not a stranger . But the 'correctness' put its bounds around . So for years, I didn't move . The shy cover wrapped the desire and all that was left within me was this will to move that limited itself to a smile or to the four walls of my flat .

I stumbled upon an instagram post of Aramandi to Attitude and I knew I had to write in to ask if I could get some of their time as a guest on UinDhi and lo behold! I knew the answer would be a yes for sure and it was. The gorgeous and super

What Moves You: Pritha

Weekly Feature





Thank you!!