

SPRING 2021
10-YEAR ANNIVERSARY ISSUE

LUXURY[®]

GUIDE
MIAMI

HOME & DESIGN INSPIRATIONS

Ideas to Make Your House a Home
+ Mother's Day Gift Guide

Charles R. Stinson Architecture + Design
Photo by Paul Crosby



HAPPENINGS

BY LIANA LOZADA

Unwind

SHOP & SPA

Gather up the girlfriends and head to the spa at **The Ritz-Carlton, South Beach** for its newly launched Shop and Spa Day. Once booked, you can schedule a pre-spa consultation with an Intermix stylist. Upon arrival, enter your private Intermix boutique to shop and sip while enjoying tea sandwiches and nibbles. It's spa time after lunch: Each guest chooses between a 50-minute stress-relief massage or a 50-minute custom facial. The Shop and Spa experience is limited to eight guests. ritzcarlton.com/southbeach

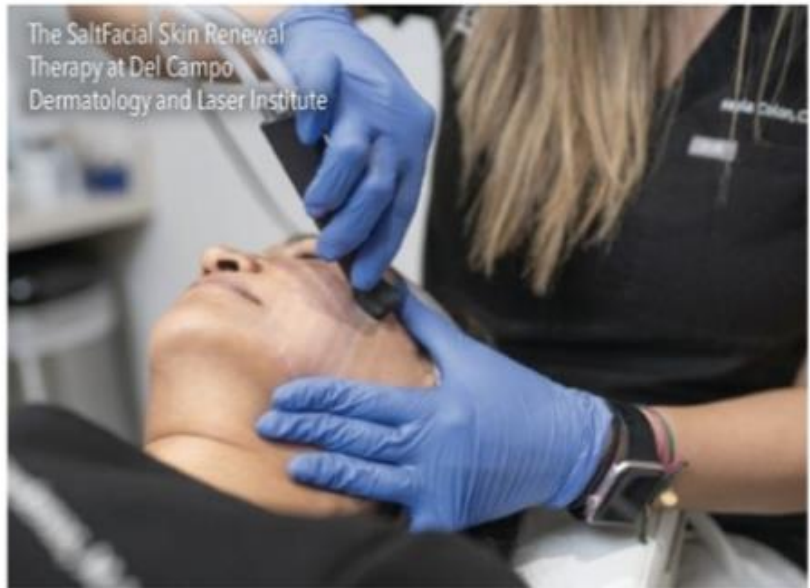


GLAM SQUAD

After taking over Doral with its fluff-free, fun and **Blos-Roses** welcomes its second location in Brickell. The experience ups the ante from the popular Duel (regular pedicure) with a simultaneous blow-dry, manicure. The experience is ideal for time-strapped locals who want to look their best for a special event, meeting or photo opp. Blos-Roses also shares a private hair salon, so feel free to bring your beau along.

THE MIND-BODY CONNECTION

Find free movement at **The Gardens at The Standard** with a tapped progressive 6th Street Dance Studio director. The class is a 60-minute multifaceted approach to mind-body connection. Instructor Baker utilizes breathwork, mirroring, tracings, sound and movement to help participants connect with their inner artistic self and aiding in outward expansion. lightbodyboston.com



WORTH ONE'S SALT

Dr. Roberta Campo of the **Del Campo Dermatology and Laser Institute** believes that "prejuvenation and rejuvenation go hand in hand." The facility's SaltFacial Skin Renewal Therapy is her philosophy's prime example. The SaltFacial's three-step process includes sea salt for exfoliation, ultrasound for moisture diffusion, and LED light phototherapy, resulting in reduced redness, stimulated collagen production and bacterial cleansing. delcampoderm.com

IMAGES COURTESY BLOS-ROSES; THE RITZ-CARLTON SOUTH BEACH; DEL CAMPO DERMATOLOGY

