

ALL ABOUT ME

Name: _____

Please complete following allowing the individual to give their perspective and input:



What others love about me!

Text

A few things that are Important To Me...

A few things that are Important For me...

Here is how you can Support Me...

ALL ABOUT ME

What is **“Important To”** this individual that we can use to incorporate them into the class and engage with them socially. These will be things they like. (Examples)

- ★ People/relationships (close to family; likes making new friends)
- ★ Things to do (shop, listen to favorite music)
- ★ Places to go (church, school, Wal-mart)
- ★ Rituals/routines (being organized/prepared; likes to follow same schedule daily)
- ★ Pace of life (like to go to one or two places or do one or two activities then needs rest)
- ★ Status/control- make choices/talk with my eyes and be heard; be a fashionista
- ★ Things to have – Ipad, fun clothes/jewelry, friendships, dessert, variety of music (Pandora, Taylor Swift, Colbie Caliet, Jamie Grace)

This page is designed to prompt ideas and information that relate to the individual completing the form. You do not have to choose these answers.

What others love about me!

List Character/Personality traits that others notice: (Examples)

Determined
Self-Advocate
True Friend
Fashionista
Joyful- lights up a room
Compassionate

What is **“Important For”** this individual that we will need to know to best support their needs. These will be things they need. (Examples)

- ⊙ Health (have frequent seizures; tires easily; has frequent mood swings)
- ⊙ Safety (help to eat/drink -lazy with chewing/swallowing; constant watch – I like to run away; likes to put objects in mouth)
- ⊙ Behaviors and triggers (loud noise disturb me; it makes me look angry)
- ⊙ Calming/redirecting tools (take a walk, listening to music)
- ⊙ Communication needs (communications with eye gaze, uses sign language)
- ⊙ Engagement/social needs (interact with peers , teachers, etc; to be “heard”; need my space at times)

What else can we do/provide that would best **support** this individual? Give specific tools/ideas that relate to the individual and the above information. (Examples)

- Help me to understand what is going on, what to expect.
- Talk with me, not to me; Ask me a question and wait on an answer I am able to give.
- Accept and respond to my sounds, gestures and facial expressions as communication.
- Understand if I’m upset, my routine may have been changed. Ask if you can help.
- Encourage me when I make good choices or contribute to the class.
- Talk to me about what is important to me and share what is important to you.