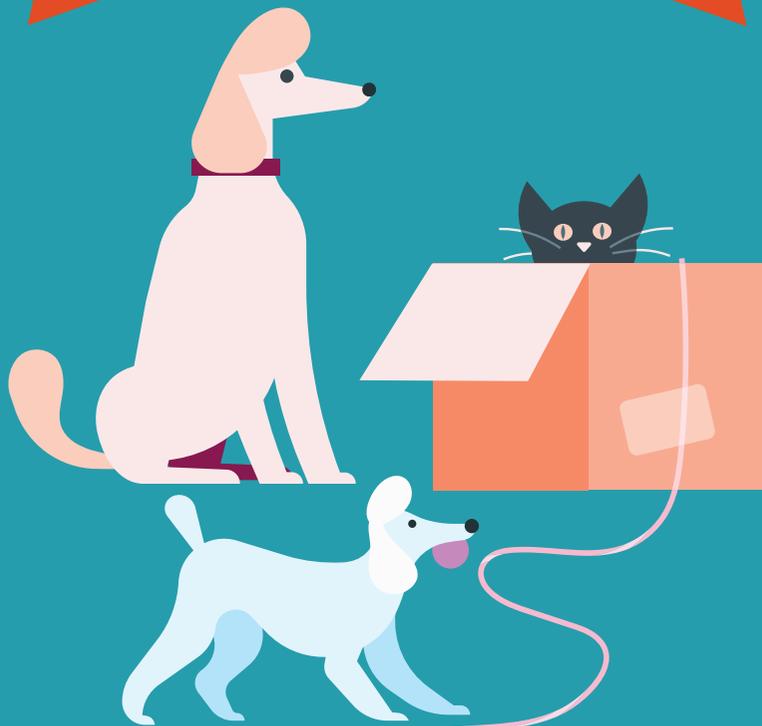


ICEBREAKER



ICEBREAKER

TWO TRUTHS & A LIE

Each person writes down 3 facts about themselves, 1 of which is a lie. Each person takes turns reading their list aloud, and the rest of the team writes down the one they think is a lie. When all are done reading the lists aloud, the first person reads their list again and identifies the lie. The team sees how well they did. Continue for each person on the team.

DIRECTIONS:

- ✓ The facilitator introduces the session and creates teams of 4-6 people.
- ✓ The facilitator keeps time.
- ✓ 20+ minutes for this exercise.