

KEY TIMES FOR HAND HYGIENE

1

Before & after work
hours



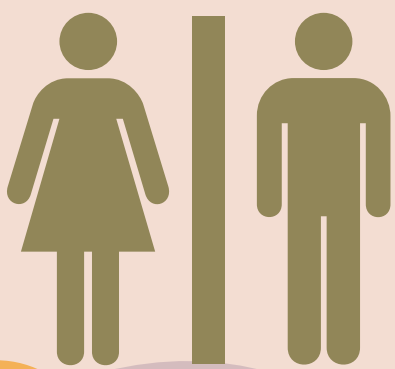
2

After blowing your
nose, coughing, or
sneezing



3

Before & after
breaks



4

After using the
restroom

5

Before eating &
preparing food



If your hands are visibly dirty, use soap and water instead of hand sanitizer.