

# TRUTH

FOOD WITH HEART

# FOOD MENU

ALL OUR FOOD IS FRESHLY MADE SO IT DOES TAKE TIME TO PREPARE

IF YOU ARE IN A HURRY - PLEASE SEE OUR GRAB & GO ITEMS

## BREAKFAST

Breakfast Served ALL DAY

### Rise & Shine

60

Egg, 2 Rasher Bacon, Toast, Fries,  
Fried Tomato

### Rise & Smile (Veg)

65

Avo toast, mushrooms, fried  
tomato, & fries

### French Toast

75

2 Slices French Toast with fries  
and jam

### Omlette with Cheese

90

### and 2 Fillings

Fillings: Mushrooms, Bacon, Ham, Tomato,  
Onion

## VEGAN BURGER

### Vegan Burger

125

### Vegan Cheese Burger

145

## BURGER

All burgers come with lettuce, tomato,  
onion and mayo, side salad or fries.

**CHICKEN (crumbed) OR BEEF (basted  
well done)**

### Plain Burger

110

### Cheese Burger

120

### Jalapeno & Cheese

130

### Cheese & Bacon

140

### Saucy Mushroom/Cheese

140

### Double Cheese

160

### Bacon/Avo/Cheese

160

### Bacon/Egg/Cheese

170

Vegan burgers come with lettuce, tomato,  
onion, vegan butter & vegan sauce . Served  
with salad or fries



French Toast



Rise & Shine



Double Beef & Cheese

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## TARTINE

Served with Salad & Fries

<b>Avo Egg Salad &amp; Cheese</b>	<b>120</b>
<b>Cream Cheese, Tomato</b>	<b>120</b>
<b>Halloumi Beetroot</b>	<b>120</b>
<b>Sweet Chilli Chicken &amp; Avo</b>	<b>120</b>

## ROTI WRAP

Served with salad & fries

<b>Chicken Salad Wrap</b>	<b>125</b>
<b>Veggie Salad Wrap</b>	<b>125</b>
<b>Curry Mince Wrap</b>	<b>125</b>

## SALAD

### **Chicken Salad** **100**

Onion, Tomato, Cucumber, Lettuce , Feta,

Chicken

### **Greek Salad** **90**

Onion, Tomato, Cucumber, Lettuce ,

Feta, Olives

## QUICHE

Served with salad & fries

### **Ham & Cheese** **140**

### **Spinach & Feta** **140**

### **Roast Chicken, Carmelized** **140**

### **Onion & Cheese**



Chicken Salad



Quiche



Halloumi Beetroot

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## TOASTIES

+R15 side fries +R20 side salad

Toasties take 20 minutes to prepare

**Bacon & Cheese** 55

**Jalapeno & Cheese** 40

**Chicken Mayo** 40

**Cheese & Tomato** 35

**Vegan Cheese & Tomato** 35

## WARMERS

Made fresh so takes time to prepare

 **Melkkos (Regular or vegan)** 60

**Soup of the day** 95

 **Beef Mince Bunny Chow** 150

**Veg Bunny Chow** 150

## TASTE OF SA



Made fresh so takes time to prepare

**Bobotie & Salad** 160

Spiced minced meat baked with an egg-based topping. 300g serving with salad

**Big 5 Plate** 190

Wors, Chicken Strips, Pap, Home made chakalaka, Coleslaw, Veg of the day

**Chicken Sosatie** 125

Chicken Sosaties served with fries, chakalaka & green salad

**Halloumi Sosatie** 125

Halloumi Sosaties served with fries chakalaka & green salad



Bunny Chow



Bobotie




Big Five Plate

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## SWEET THINGS

Muffin with Jam, Cheese & Butter	55
Cake of the day (See Counter)	60
 Tartlet Trio Delight (Milk tart, Caramel Tart, Berry Tart)	75

## SPECIALS 15+

Please **PRE-ORDER** for Groups.

**3 Course** - Request Group Specials Email

**WHATS APP: 0795275699 EMAIL: [truthccormonde@gmail.com](mailto:truthccormonde@gmail.com)**

Beef or Chicken Bugar with fries or salad	90
Vegan Burger with fries or salad	110

