



## Bachelor of Science in Nutrition & Dietetics (DPD)

### PROGRAM OVERVIEW

The Bachelor of Science degree in Nutrition and Dietetics is composed of a minimum of 125 credit hours that includes 31 credit hours of General Education, 57 credits of core courses and, 37 credits of supportive courses. The Didactic Program in Dietetics (DPD) at UDC is built upon strong science and liberal arts components, which encourage critical and creative thinking and expression. The organization of courses emphasizes study in chemistry and biology, nutrition, food science and technology, medical nutrition therapy, human organizational behavior, management, and other general education courses. The student desiring to enter the program should have a strong background in the physical and biological sciences, as the scientific disciplines are emphasized. The DPD at the University of the District of Columbia is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

### PROGRAM GOALS AND OBJECTIVES:

The DPD program has developed two major goals. Faculty, the Nutrition Advisory Board, students, alumni, and administrators of UDC contributed to the development and assessment of program goals.

- **DPD Goal #1:** The DPD will prepare graduates to be competent, entry-level dietitians that apply knowledge and skills gained during the DPD.
- **DPD Goal #2:** To produce graduates with critical thinking skills necessary for supervised evidence-based practice, for leadership development and for graduate study.

### Contact:

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# BACHELOR OF SCIENCE IN NUTRITION & DIETETICS (DPD)

## PROGRAM CURRICULUM

FIRST SEMESTER			SECOND SEMESTER		
COURSE	TITLE	CREDITS	COURSE	TITLE	CREDITS
NUDT 104	INTRO TO NUTRITION LAB	1	NUDT 103	INTRO TO FOOD SCIENCE LAB	1
NUDT 106	INTRO TO NUTRITION LEC	3	NUDT 105	INTRO TO FOOD SCIENCE LEC	3
IGED-110	FOUNDATIONS IN WRITING I	3	NUDT 313	NUTRITION IN THE LIFE CYCLE	3
MATH-113	PRECALCULUS/TRIGONOMETRY I	3	IGED-111	FOUNDATIONS IN WRITING II	3
CHEM-111	GENERAL CHEMISTRY I LEC	3	IGED-140	FOUNDATIONS IN ETHICS	3
CHEM-113	GENERAL CHEMISTRY I LAB	1	CHEM-112	GENERAL CHEMISTRY II LEC	3
IGED-130	FOUNDATIONS IN ORAL COMMUNICATIONS	3	CHEM-114	GENERAL CHEMISTRY II LAB	1
	<b>TOTAL</b>	<b>17</b>		<b>TOTAL</b>	<b>17</b>
THIRD SEMESTER			FOURTH SEMESTER		
COURSE	TITLE	CREDITS	COURSE	TITLE	CREDITS
NUDT 314	COMMUNITY NUTRITION LEC	3	NUDT 374	GERIATRIC NUTRITION LEC	2
NUDT 316	COMMUNITY NUTRITION LAB	1	NUDT 375	GERIATRIC NUTRITION LAB	1
BIOL-111	FUND. OF ANAT. & PHYS. I LEC.	3	BIOL-112	FUND. OF ANAT. & PHYS. II LEC.	3
BIOL-113	FUND. OF ANAT. & PHYS. I LAB	1	BIOL-114	FUND. OF ANAT. & PHYS. II LAB	1
CHEM-231	ORGANIC CHEMISTRY I LEC	3	CHEM-232	ORGANIC CHEMISTRY II LEC	3
CHEM-233	ORGANIC CHEMISTRY I LAB	2	CHEM-234	ORGANIC CHEMISTRY II LAB	2
IGED-210	DISCOVERY WRITING	3	MATH-185	ELEMENTARY STATISTICS	3
	<b>TOTAL</b>	<b>16</b>		<b>TOTAL</b>	<b>15</b>
FIFTH SEMESTER			SIXTH SEMESTER		
COURSE	TITLE	CREDITS	COURSE	TITLE	CREDITS
NUDT 322	NUTRITION ASSESSMENT LEC	3	NUDT 317	ADVANCED NUTRITION	3
NUDT 323	NUTRITION ASSESSMENT LAB	1		ELECTIVE	3
NUFS-320	NUTRITION EDUCATION LEC	3	NUDT 444	FOOD CHEMISTRY LEC	3
NUDT 321	NUTRITION EDUCATION LAB	1	NUDT 445	FOOD CHEMISTRY LAB	1
NUDT 344	NUTRITIONAL BIOCHEMISTRY, LEC	3	IGED-250	DISCOVERY TECHNOLOGY	3
BIOL-241	GENERAL MICROBIOLOGY LAB	3	IGED-270	DISCOVERY DIVERSITY	3
BIOL-240	GENERAL MICROBIOLOGY, LEC	1			
	<b>TOTAL</b>	<b>15</b>		<b>TOTAL</b>	<b>16</b>
SEVENTH SEMESTER			EIGHTH SEMESTER		
COURSE	TITLE	CREDITS	COURSE	TITLE	CREDITS
NUDT 421	THERAPEUTIC NUTRITION I LEC	3	NUDT 422	THERAPEUTIC NUTRITION II, LEC	3
NUDT 423	THERAPEUTIC NUTRITION I LAB	1	NUDT 424	THERAPEUTIC NUTRITION II LAB	1
NUDT 426	FOOD SYSTEMS MANAGEMENT I, LEC	2	NUDT 427	FOOD SYSTEMS MANAGEMENT II LEC	2
NUDT 428	FOOD SYSTEMS MANAGEMENT I, LAB	1	NUDT 429	FOOD SYSTEMS MANAGEMENT II LAB	1
IGED-280	DISCOVERY CIVICS	3	NUDT 490	SENIOR SEMINAR AND RESEARCH	3
	ELECTIVE	3		ELECTIVE	3
	ELECTIVE	1		ELECTIVE	1
	<b>TOTAL</b>	<b>14</b>		<b>TOTAL</b>	<b>14</b>
<b>Bachelor of Science in Nutrition and Dietetics</b>					<b>125</b>
<b>Program Total</b>					<b>125</b>
<b>NOTE:</b> ELECTIVES FROM PHYSICAL EDUCATION, ETHICS FOR HEALTHCARE PROFESSIONALS, ENVIRONMENTAL HEALTH, GENETICS, PSYCHOLOGY, EDUCATION, SOCIOLOGY, ANTHROPOLOGY ARE RECOMMENDED. <b>MATH- 113 AND 185</b> PRECAL WITH TRIG I AND ELEMENTARY STATISTICS SUBSTITUTE FOR IGED-120 AND 220 <b>CHEM-111,113 GENERAL CHEMISTRY, LEC AND LAB</b> SUBSTITUTE FOR IGED-260 <b>NUFS-322</b> NUTRITION ASSESSMENT SUBSTITUTES FOR IGED-210 <b>NUDT-490</b> SENIOR SEMINAR AND RESEARCH SUBSTITUTES FOR IGED-390 AND IGED-392					