AGENDA FOR REGULAR MEETING PARKS, RECREATION & SENIOR CITIZENS ADVISORY COMMITTEE (PRSCAC)

THURSDAY, FEBRUARY 17, 2022 at 4:00 PM ONLINE ZOOM MEETING ONLY:

Registration is required to participate.

REGISTER NOW

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions Board: Florfina Arce, Liliana Armenta. Yvonne Cordoba, Joseph Crawford, Reuben Felizardo Nora McMain and Ignacio Navarro Jr.

City Staff and Guests: Maria Wright, Juanita Castaneda and Victor Uribe

- IV. Non-Agenda Public Comment: The PRSCAC meeting will occur only online to ensure the safety of City residents, employees and the communities we serve. See "PUBLIC COMMENTS" section below on how to submit public comments.
- V. Approval of Minutes: January 20, 2022
- VI. Presentations
 - Robert Wood Johnson Foundation
 - Presentation by Megan Gamwell
- VII. Action Items
 - None
- VIII. Non-Action Items
 - Facilities Updates Juanita Castaneda
 - Upcoming Presentations? Juanita Castaneda
- IX. Staff Reports and Comments
- X. Board Member Comments
- XI. Adjournment to meeting of: March 17, 2022

PUBLIC COMMENTS: The Parks, Recreation & Senior Citizens Advisory Committee (PRSCAC) will receive public comments via e-mail at prspubcomment@nationalcityca.gov regarding any matters within the jurisdiction of PRSCAC. Written comments or testimony from the public (limited to three minutes) must be submitted via e-mail by 3:00 p.m. on the day of the PRSCAC Meeting. All comments received from the public will be made a part of the record of the meeting.

Upon request, this agenda will be made available in an appropriate alternative format to persons with a disability. Contact the Community Services Department Office at (619) 336-4290 to request any disability-related modification or accommodation, including any auxiliary aids or services, that may be required by a person with a disability who requires such a modification or accommodation in order to participate in the public meeting.

Unapproved Minutes Parks, Recreation, and Senior Citizens Advisory Committee Meeting Regular Meeting Held on October 21, 2021

The Regular Meeting of the Parks, Recreation and Senior Citizens Advisory Committee was called to order by Recreation Supervisor, Maria Wright at 4:02 pm, via Zoom.

Roll Call:

Members Present: Members Absent: Staff Present: Staff Present: Joseph Crawford, Nora McMains, Reuben Felizardo and Florfina Arce Ignacio Navarro Jr., Liliana Armenta and Yvonne Cordoba Maria Wright, Juanita Castaneda, Elyana Delgado, Charles E. Bell Jr., City Attorney, Jennifer K. Gilman, Gabriela Torres and Leah Muñoz.

Guests Present:

Approval of Minutes: September 16, 2021 meeting minutes approved unanimously by a motion from Joseph Crawford and seconded by Florfina Arce.

Presentations:

- Introduction of City Attorney's Office
- Introduction of Acting Recreation Superintendent Elyana Delgado

Action Items:

• None

Non-actions Items:

- Introduction of City Attorney's Office
- Introduction of Acting Recreation Superintendent Elyana Delgado
- Committee was informed of the upcoming Paradise Creek Grand Opening event on November 6th from 10:00am-12:00pm; the last Movie in the Park this year on October 30th in Kimball Park and the Kimball Holiday event on December 11th.

Staff Reports and City Staff Comments:

• Maria Wright, Juanita Castaneda, Elyana Delgado, and Victor Uribe submitted reports for September 2021.

Board Member Comments:

- Nora McMains asked the committee and Community Services staff about the proposed 170 beds for the Homeless in National City that she heard about.
- McMains also wanted to know information regarding the sale of the Family House Restaurant to In N Out and what is going to happen to the street congestion.
- McMains asked if the City will be mandating City employees to be vaccinated.
- Joseph Crawford and Florfina Arce requested that the City look into the concerns residents at the Kimball Morgan Towers have. Mr. Crawford also asked that his contact information be given to the City Attorney's office.
- Florfina Arce shared that Operation Samahan will be hosting a Vaccination Clinic in Kimball Park on Saturday, September 18, 2021 at 9 am.

Adjournment of meeting: Motion by Florfina Arce to adjourn meeting until November 18, 2021 and seconded by Nora McMains at 4:28 pm.

Staff Reports for October 2021

Kimball Senior Center

- Kimball Senior Center remains closed.
- The County of San Diego continues using the Kimball Senior Center as a COVID-19 testing site.
- The Feeling Fit senior exercise class attendance for September was 129.

Camacho Center

• Camacho Center remains closed.

<u>El Toyon</u>

 El Toyon Recreation Center is now hosting Ballet Folklorico - Fall season is coming to an end on November 11th. We continue to be very excited and proud to have instructor Federico Guerrero as contract instructor with the city. Mr. Guerrero continues to increase attendance numbers and promote National City throughout multiple performances in the county. Season started on August 16th and currently a total of 70 participants registered between the three classes being offered; youth class, Intermediate class and The Company.

Special Events

 CSD hosted the last "National City Movie Nights" at Kimball Park on Saturday, October 30th around 100 attendees enjoyed the movie, "Cruella". Youth had the opportunity to participate in gymnastics and Parkour pre-show activities.

Las Palmas Pool

- Las Palmas pool operated as usual for the month of October. We offered our usual public programming such as lap swim, group exercise, recreational swim, and swim lessons for the duration of the month. While availability has been limited we have been completely filling our swim lessons, which include both private and group setting for all ages from as young as 6 months old to adults of all ages.
- We continued to rent pool space to the Sweetwater Union High School District for their boys' water polo season, as well as the Southern Water Polo club organization.

Nutrition Center- September 2021

- Congregate Dine In Meals: 1,314
- Congregate To Go Meals: 2,899
- Home Delivered Meals: 1,569

Public Works

Work completed in October 2021: weeds sprayed at parks, ballfields maintained, irrigation repaired, weed abatement at various locations and homeless camp removals. In addition, 320 trees trimmed, 6 trees removed, and 10 trees stumped.

Manuel Portillo Casa de Salud Youth Center

- The afterschool program has open spots available for National City youth ages 8-17. The program continues to host recreational activities, arts & crafts, science projects, movie nights, gardening, homework help and more.
- Staff continue to walk to the park with the youth 2 times a week so that they are able to engage in additional physical activities and spend time outdoors participating in fun recreational activities.
- October got off to an exciting start, our recreation staff teamed up with the National City Police Department. About 15 officers volunteered their time to go on a fishing trip with 20 youth from Casa de Salud. The officers organized the whole trip and were able to get sponsors so that the trip was completely free for the youth and NCPD volunteers.
- During the October movie at the park our youth volunteers and staff sold concessions to help support future youth field trips.







STAFF REPORTS for January 2022 Attachment to PRSCAB Agenda for 2-17-22 meeting

Kimball Senior Center

- Kimball Senior Center remains closed.
- The County of San Diego continues using the Kimball Senior Center as a COVID-19 testing site until April 30, 2022.
- The Feeling Fit senior exercise class attendance for December 2021 was 131.

Camacho Center

• Camacho Center remains closed.

<u>El Toyon</u>

El Toyon Recreation Center is now hosting Ballet Folklorico - winter season. We continue to be very excited and proud to have instructor Federico Guerrero as contract instructor with the city. Mr. Guerrero continues to increase attendance numbers and promote National City throughout multiple performances in the county. Winter Season will be ending on February 20th and currently has a total of 90 participants registered, which increases our numbers by 23% compared to our fall season.

Las Palmas Pool

- In January, Las Palmas Pool has continued to operate as delays in the pool renovation have come up.
- We have been offering morning lap swim throughout the week, and are not currently offering recreational swim, swim lessons, and group exercise due to drops in participants during this time of year.
- We also continued to accommodate the local water polo teams while they continue through their season. We have hosted quite a few teams from the Sweetwater Union High School District while they have had issues finding pool space in the South Bay San Diego area. Southwestern college has closed multiple times mid-season, while both Mar Vista High School and Loma Verde Rec Center in Chula Vista are currently closed for improvements to their pools as they upgrade to full sized 50-meter by 25 yard pools as we will be soon.
- At some point every team in the district has been to the pool for a game, but figured it was more pertinent to list the teams that have practiced there consistently.
- These teams also host schools from outside of their district, with some coming from as far as Escondido to compete against our local schools.
- The schools that we have hosted for practices are listed below:
- 1. Sweetwater
- 2. Montgomery
- 3. Mar Vista
- 4. Eastlake
- 5. Bonita Vista
- 6. Otay Ranch

Nutrition Center- January 2022

- Congregate Dine In Meals: 2,199
- Home Delivered Meals: 1,698

*To Go Meals were discontinued on December 30, 2021.

Public Works

Work completed in January 2022: weeds sprayed at parks, worked ballfields, weed abatement at various locations, irrigation repairs and homeless camp removals. In addition, 5 trees trimmed, 5 trees removed, and 21 trees stumped.

Manuel Portillo Casa de Salud Youth Center

- The afterschool program has open spots available for National City youth ages 8-17. The program continues to host recreational activities, arts & crafts, science projects, movie nights, gardening, homework help and more.
- Staff continue to walk to the park with the youth 2 times a week so that they are able to engage in additional physical activities and spend time outdoors participating in fun recreational activities.
- The week of January 10th staff opened up our ESPORTS program at Casa de Salud for youth 13-17. This program will expose the youth to competitive gaming, while socializing in person as well as learning how to use a 3D printer, Cricut machine and put together a computer from scrap parts. The youth that signed up are really happy to have this free program.
 - Spots are still available for the ESPORTS program and it is free for National City Residents ages 13-17.





Staff Reports for December 2021

Kimball Senior Center

- Kimball Senior Center remains closed.
- The County of San Diego continues using the Kimball Senior Center as a COVID-19 testing site.
- The Feeling Fit senior exercise class attendance for December 2021 was 79.

Camacho Center

• Camacho Center remains closed.

<u>El Toyon</u>

El Toyon Recreation Center is now hosting Ballet Folklorico - winter season. We continue to be very excited and proud to have instructor Federico Guerrero as contract instructor with the city. Mr. Guerrero continues to increase attendance numbers and promote National City throughout multiple performances in the county. Season started on November 16th and currently has a total of 90 participants registered, which increases our numbers by 23% compared to our fall season.

Special Events

 We are excited to once again report on our winter signature event after the world stopped due the pandemic - A Kimball Holiday! We were able to bring joy and some sense of normalcy to our community by hosting an in-person event. A Kimball Holiday was held on Saturday, December 11th 2021 2:00 pm to 9:00 pm. We had over 2000 event goers enjoy multiple attractions that included; a Ferris wheel, a snow hill, holiday movies, Live DJ & LED dance floor, food vendors, Santa & Mrs. Claus and The Grinch were part of the entertainment, as well as multiple resources available for National City Residents.

Las Palmas Pool

- December at Las Palmas was definitely a slow month at the pool.
- With the holidays on their way and some rainy weather we saw public usage drop off quite a bit. We had lap swim and group exercise available, as well as offered swim lessons for the first two weekends of the month, which were on a limited basis due to the lack of participants signing up.
- We hosted a rental for Tony Azevedo and his organization 68 Sports, which is an elite water polo training program for high school athletes. Tony is a 5x Olympian, Olympic medalist, and former captain of the USA water polo team. It was a great opportunity for the pool to host such a big name, and hopefully opens up the door for more exposure to the pool and city.
- We also continued to host the Sweetwater Union High School District girl's water polo teams, as well as Southern Water Polo Club.

Nutrition Center- December 2021

- Congregate Dine In Meals: 1,188
- Congregate To Go Meals: 2,700
- Home Delivered Meals: 1,745

Public Works

Work completed in December 2021: weeds sprayed at parks, work ballfields, prepared parks for furlough, storm work (patrol city streets for debris) and homeless camp removals. In addition, 10 trees trimmed, 5 trees removed, and 10 trees stumped.

Manuel Portillo Casa de Salud Youth Center

- The afterschool program has open spots available for National City youth ages 8-17. The program continues to host recreational activities, arts & crafts, science projects, movie nights, gardening, homework help and more.
- Staff continue to walk to the park with the youth 2 times a week so that they are able to engage in additional physical activities and spend time outdoors participating in fun recreational activities.
- The week of January 10th staff opened up our ESPORTS program at Casa de Salud for youth 13-17. This program will expose the youth to competitive gaming, while socializing in person as well as learning how to use a 3D printer, Cricut machine and put together a computer from scrap parts. The youth that signed up are really happy to have this free program.

