

**AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY COMMITTEE
(PRSCAC) THURSDAY, August 17, 2023 at 4:00 PM
National City Civic Center
1243 National City Blvd, Large Conference Room, 2nd Floor
National City, CA 91950**

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Florfina Arce, Joseph Crawford, Reuben Felizardo, Nora McMains,
Jennelyn Luna and Ignacio Navarro Jr.
City Staff and Guests:
- IV. Non-Agenda Public Comment:
- V. Approval of Minutes: June 15, 2023
- VI. Presentations
 - Homeless Outreach Presentation –Neighborhood Services
- VII. Action Items
 - Senior activity guide/resources material
- VIII. Non-Action Items
- IX. Staff Reports and Comments
- X. Board Member Comments
- XI. Adjournment to meeting of: September 21, 2023

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Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Committee Meeting
Regular Meeting Held on June 15, 2023

The Regular Meeting of the Parks, Recreation and Senior Citizens Advisory Committee was called to order by Chairperson Nora McMains at 4:34pm.

Roll Call:

Members Present: Nora McMains, Jennelyn Luna, Reuben Felizardo and Joseph Crawford

Members Absent: Florfina Arce and Ignacio Navarro Jr.

Staff Present: Joanne McGhee, Mikki Vidamo

Guests Present: Joan Rincon, Ed Miteo, Crescencia Pascual city resident.

Non-Agenda Public Comment:

- Guest Joan Rincon commented on newspapers being offered for free to National City Library Card holders. To include the Union Tribune and New York Times. The resource is available online every day.

Presentations:

- National City Library Program Presentation – Mikki Vidamo, Academic Enrichment Coordinator at the National City Library

Action Items:

- Motion by Joseph Crawford and seconded by Reuben Felizardo to approve the June 15, 2023 Minutes with a correction to the Board Member Comments section stating “Both members stated there is a petition circulating among residents of Kimball Morgan Towers to voice concern about the treatment of residents by Kimball Morgan Towers staff.” Change to Florfina stated, not Joseph Crawford.

Non-actions Items:

- Senior Program Update – New Recreation Supervisor hired and will take on recreation programming for senior programs.

Staff Reports and City Staff Comments:

- Senior Programs- moved from Casa de Salud on Tuesday and Thursday and National City Library on Wednesday will all be moved to MLK for Senior Morning Socials.
- Summer Camp – Field trip to Stein Farm to educate children on history of National City.

Board Member Comments:

- Nora McMains asked for information on Hepatitis A, and Homeless outreach efforts in National City.
- Joseph Crawford commented on Senior Saturdays, funding for senior programs. Would like to have more involvement in programming recommendations as a PRSCAC.
- Reuben Felizardo clarified concerns about comment from public/guest.

Adjournment of meeting:

Motion by Nora McMains to adjourn the meeting until August 20, 2023, and second by Reuben Felizardo at 5:14 pm.

Camacho Center

- Camacho is currently offering open gym hours to serve our public. Different sports are schedules throughout the week, such as Soccer, Basketball and Volleyball.
- Basketball classes for ages 4-8 years old and 9-11 year old are currently being hosted Mondays and Wednesdays. Parents have the option of registering youth for a 6, 8 or 10 week season. Summer season ended with 21 participants registered.
- Summer Soccer Season started June 6th with the following registration numbers;
Youth Soccer 5-7 yrs. 15 enrolled
Youth Soccer 8-10 yrs. 21 enrolled
Youth Soccer 11-12 yrs. 2 enrolled

El Toyon

- El Toyon Recreation Center is currently hosting Ballet Folklorico summer program with a total of 129 participants registered.
- Zumba classes are being offered on a monthly basis at El Toyon Recreation Center every Monday at 6:00pm

Nutrition Center- June 2023

Congregate Senior

Dine In Meals: 4,229

Home Delivered Meals: 1,492

Non-Senior

Dine In Meals: 266

Public Works- Parks Division

Work completed in June 2023: Removed homeless camps; irrigation repairs; prepared Kimball Park for 4th of July Carnival and weed abatement at various locations.

In addition, 22 trees trimmed, and 3 trees removed.

Manuel Portillo Casa de Salud Youth Center

- The youth ESPORTS Summer program for National City residents ages 8-17 began on June 12th at Casa de Salud. This program has over 30 youth

registered and 15 to 20 youth show up on a daily basis Monday-Friday from 12:00 pm – 6:00 pm. Aside from developing their video gaming skills the youth have also discovered a love for baseball and recreation staff hosts walking field trips to Kimball Park multiple times a week so they can play the sport. In addition, this program allows the youth to participate in competitive gaming while socializing in person and learn how to use a 3D printer, Cricut machine, and put together a computer from scrap parts.

- Summer Camp started June 12 for youth ages 6 – 12 years old. The camp operated Monday – Friday from 7:30 am – 5:30 pm (closed July 4). Each week is a different theme, themes include Sports Camp, Art Camp, Nature Camp, Aqua Camp, Smash Camp, Fun in the Sun Camp. Activities include a weekly field trip, games, sports, crafts and a lot of fun!

MLK Community Center

- Morning Socials were relocated to the MLK Community Center in June and will remain at this facility until the new Kimball Senior Center construction is finalized. There are over 80 seniors registered for the program which is hosted on Tuesday, Wednesday & Thursday from 10:00 am – 12:00 pm.
 - Morning Socials invite seniors to participate in two hours of activities and socializing.
 - Activities include arts & crafts, dancing, karaoke, celebrations, coffee, gentle movement and snacks.
 - Crochet class has been very popular and the seniors have enjoyed all their new projects

Events

- Senior Saturday, June 10th had 45 participants and they enjoyed cold drinks, snacks, music, resource booths, and karaoke.
- The Miss National City Educational Pageant contestants continued to prepare for the pageant. They went through their interviews and shared their hypothetical community project video with the judges.