



EAST AFRICAN SAFARI RALLY
10TH EDITION
10TH TO 18TH FEBRUARY 2022

DATE: 3RD FEBRUARY 2022 **TIME:** 13:30 HRS

SUBJECT: COMPETITORS INFORMATION 8 – COVID PROTOCOLS - UPDATED

FROM: Dr. V Singh Chauhan

TO: All competitors

NUMBER OF PAGES: 2 (TWO) **ATTACHMENTS:** 0 (ZERO)

RE: UPDATED COVID GUIDELINES FOR COMPETITORS AND CREW

1. VACCINATION

- a. All Competitors and crew are strongly encouraged to be vaccinated.
- b. Children >15 years strongly recommended to be vaccinated.
- c. Double Vaccination
 - i. All vaccines apart from J&J (Single dose)
 - ii. Date of last vaccine to be at least 2 weeks before event
- d. Proof of vaccination for all competitors/ crew and support staff to be sent prior to event to rallymedics@gmail.com
- e. EASCR strongly recommends all to get Booster Vaccines as soon as possible
- f. Exemptions
 - i. Those with **severe anaphylactic reaction** against the vaccine
 - Proof of being treated for anaphylaxis at a medical facility after administration of vaccine is required.
 - ii. An updated medical exemption certificate will be required from a credible medical facility.
 - iii. Children <15yrs of Age
 - Children from 5 – 15 years will be subjected to a Rapid Test.
 - iv. NOTE
 - Having Covid in the past does not exempt one from a vaccine as Vaccination can be done as soon as isolation period is over and acute symptoms have been treated.

2. COVID PCR TESTS

- a. Proof of double vaccination is required at documentation. Those who don't meet the requirements for vaccination will have to show a negative PCR test at least 72hrs prior. This includes medically exempt persons.
- b. PCR tests may be subjected to those with Positive Rapid Antigen Tests at their own cost.
- c. Exit PCR tests may be available on request.

3. RAPID ANTIGEN TESTS

- a. All competitors/ crew/ support staff shall undergo a mandatory Rapid Antigen test at Naivasha using a standardized Antigen Kits 48 – 72hrs before the event. This will be done at the venue. No prior / self-testing shall be permitted. An allocation list will be sent to team managers. Kindly adhere to it strictly. Cost of Rapid Antigen test is KES 1,000 per test payable at documentation.



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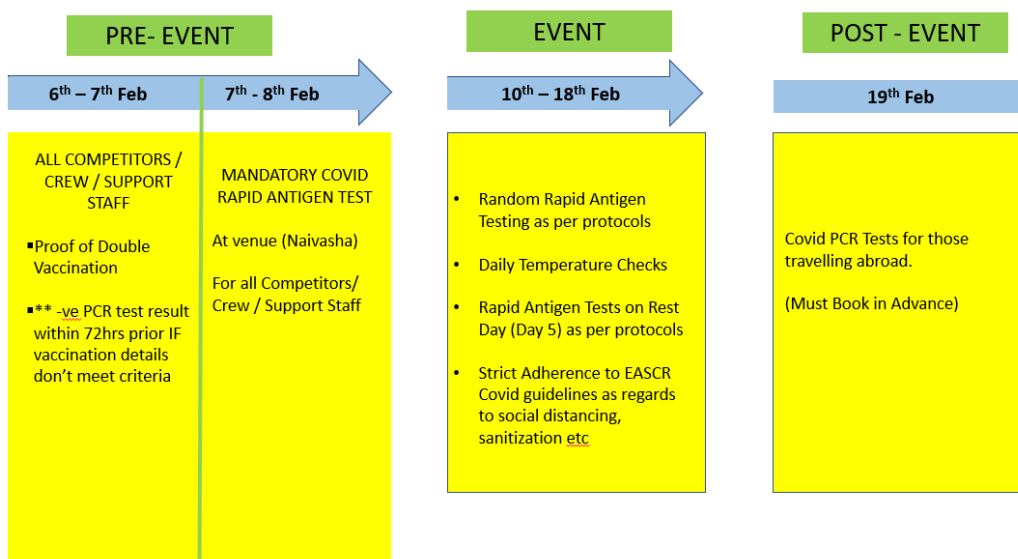
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- b. Anyone with a positive Rapid Test shall be subjected to a PCR test at their own cost. Isolation shall be mandatory until PCR results are out. An additional protocol for Positive test exists and can be referred to.
- c. Rapid Antigen Tests will be carried out on a random basis throughout the event for both symptomatic and asymptomatic participants and crew as per the directive of the medical and covid team
- d. Mandatory Tests to be done on;
 - i. Symptomatic participants crew – cough, Fever>37.4 etc
 - ii. Children between ages 5 – 15 years
 - iii. Team members who come in contact with an identified positive member (check guidelines for close contact testing)
 - iv. Medically Exempted Persons
 - Tests to be done every 48hrs during the event.
 - v. Those who don't meet the threshold for vaccination
 - Tests to be done every 48hrs during the event
 - vi. Others
 - As deemed necessary by the Chief Medical Officer
- e. Rapid Antigen Tests will be carried out on the Rest Day as per a separate protocol

4. TEMPERATURE CHECKS

- a. These will be carried out on a daily basis by the covid team with recording done for each team
- b. Any persons who reports temperatures >37.4 degrees Celsius shall be subjected to further screening and tests as per the guidelines.
- c. Random Temperature checks shall be done each day by the covid team.

OVERVIEW OF COVID TESTING FOR COMPETITORS / CREW DURING THE EVENT



Dr. V Singh Chauhan
Chief Medical Officer