



**EAST AFRICAN SAFARI RALLY**  
**10<sup>TH</sup> EDITION**  
**10<sup>TH</sup> TO 18<sup>TH</sup> FEBRUARY 2022**

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**DATE:** 21<sup>ST</sup> JANUARY 2022 **TIME: 16:00 HRS**

**SUBJECT:** COMPETITORS INFORMATION 8 – COVID PROTOCOLS

**FROM:** Dr. Chauhan

**TO:** All competitors

**NUMBER OF PAGES:** 5 (FIVE) **ATTACHMENTS: 0 (ZERO)**

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**RE: COVID PROTOCOLS**

Covid -19 has had a detrimental effect all round the world. However, a better understanding of how to respond to this pandemic exists hence improved preparation allows us to carry out our daily activities as normally as possible.

We are just from hosting an immensely successful mini classic event in November 2021 where we adhered to the relevant protocols and hence returned zero covid positive tests. We hope to achieve a similar statistic in this event too.

**The situation in Kenya and the World**

It's now becoming more apparent that Covid-19 is here to stay. Protocols keep on changing from time to time so as to preserve normality. Currently the world is grappling with the Omicron variant which thankfully is not as devastating as the predecessors. This is mainly due to increased Vaccination and other stringent measures.

Omicron has led to increased positivity rates all over. In Kenya, positivity rates have been fluctuating around the 10% mark. Curfews that were in place previously have been relaxed. However, we still enforce social distancing and wearing of masks. Most institutions and public places have now started placing more importance on the need for double vaccination and the need to present proof of vaccination is increasing.

**Should we relax???**

Rallying has got itself to a new era where it must accommodate Covid 19 and all the measures that come with it. Kenya has got back to carrying out sporting activities with notable events such as the WRC Safari Rally, World Under 20 Championships etc. taking place.

However, if one has been following the sporting events around the world, it is quite apparent that STRICT covid protocols are enforced with those affected isolated and hence missing the event all together. We hope that doesn't happen to any of our teams.

Covid 19 can affect anyone. Even those who practice strict measures can still get covid. However, the chances of getting covid drastically reduce if we practice the following

1. Social Distancing as per the WHO protocol
2. Hand Washing and Sanitization
3. Face Masks at all times
4. Vaccination



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We highly recommend all competitors and crew to Vaccinate as this has been shown to reduce case fatalities and morbidities tremendously.

**What are we doing to keep you Safe?**

Various measures have been placed to make sure that teams are safe. However, it's important to understand that covid safety starts with you.

We recommend all those who would be taking part to observe the covid protocols. I would also request a 'pseudo quarantine' where members voluntarily avoid social meetings and avoid bringing visitors so as to reduce the chances of turning positive during the event.

Below you shall find an updated guideline for how we intend to carry out testing and requirement protocols. A detailed document is available.

Kindly send your queries to [rallymedics@gmail.com](mailto:rallymedics@gmail.com) or [dr.chauhansingh@gmail.com](mailto:dr.chauhansingh@gmail.com)

Stay safe, protect yourselves and lets have a covid free Rally

Dr. V Singh Chauhan  
Chief Medical Officer



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## Updated Covid Guidelines for Competitors and Crew

### 1. VACCINATION

- a. All Competitors and crew are strongly encouraged to be vaccinated.
- b. Children >15 years strongly recommended to be vaccinated.
- c. Double Vaccination
  - i. All vaccines apart from J&J (Single dose)
  - ii. Date of last vaccine to be at least 2 weeks before event
- d. Proof of vaccination for all competitors/ crew and support staff to be sent prior to event to [rallymedics@gmail.com](mailto:rallymedics@gmail.com)
- e. EASCR strongly recommends all to get Booster Vaccines as soon as possible
- f. Exemptions
  - i. Those with **severe anaphylactic reaction** against the vaccine
    - Proof of being treated for anaphylaxis at a medical facility after administration of vaccine is required.
  - ii. An updated medical exemption certificate will be required from a credible medical facility.
  - iii. Children <15yrs of Age
    - Children from 5 – 15 years will be subjected to a Rapid Test.

### 2. COVID PCR TESTS

- a. A Negative PCR test is a MUST for All Competitors / Crew / Support staff in order to participate (details as below)
  - i. Overseas Competitors/ Crew are highly recommended to provide a proof of a negative PCR test at least 72hrs prior to your documentation slot AND proof of double vaccination during documentation. If PCR has expired, you are required to do a rapid antigen on 6<sup>th</sup> February at KWSTI (Note: you are allowed to bring your own tests for this).
  - ii. Competitors/ Crew residing in Kenya will not be required to provide a Negative PCR test at documentation. However, Proof of double vaccination will be required. Those who don't meet the requirements for vaccination will have to show a negative PCR test at least 72hrs prior to documentation.
- b. ALL Competitors/ Crew /Support Staff will be required to undergo PCR testing 48hrs before the Flag off (7<sup>th</sup> Evening & 8<sup>th</sup> February). This will be done at the KWSTI venue. All tests' results will be communicated through the team managers. Kindly adhere to it strictly. If you are planning to attend the Cocktail Welcome Party on 8<sup>th</sup> February at Sawela at 18.00hrs, you will need to have the PCR test **BEFORE** 11.00hrs on 8<sup>th</sup> February.
- c. Any member of the team who tests positive shall be isolated, with the team to follow guidelines as stipulated in a separate document.
- d. Exit PCR tests may be available on request.
- e. The Management reserves the right to carry out multiple PCR tests on teams on the advice of the medical team.



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**3. RAPID ANTIGEN TESTS**

- a. This will be carried out on a random basis throughout the event for both symptomatic and asymptomatic participants and crew as per the directive of the medical team.
- b. Mandatory Tests to be done on;
  - i. Symptomatic participants crew – cough, Fever>37.4 etc.
  - ii. Children between ages 5 – 15 years
  - iii. Team members who come in contact with an identified positive member (check guidelines for close contact testing).
  - iv. Medically Exempted Persons
    - Tests to be done every 48hrs during the event (at own cost or you may bring your own licensed tests).
  - v. Those who don't meet the threshold for vaccination
    - Tests to be done every 48hrs during the event (at own cost or you may bring your own licensed tests).
  - vi. Others
    - As deemed necessary by the Chief Medical Officer
- c. Overseas Competitors/ Crew will be required to do a Rapid Antigen Test at Documentation if their PCR test doesn't meet the requirements. Kits shall be available for purchase at the venue, or you may bring your own.
- d. Rapid Antigen Tests will be carried out on the Rest Day (14<sup>th</sup> February) as per a separate protocol.

**4. TEMPERATURE CHECKS**

- a. These will be carried out on a daily basis by the covid team with recording done for each team
- b. Any persons who reports temperatures >37.4 degrees Celsius shall be subjected to further screening and tests as per the guidelines.
- c. Random Temperature checks shall be done each day by the covid team.



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OVERVIEW OF COVID TESTING FOR COMPETITORS / CREW DURING THE EVENT

