

# **Coronavirus (COVID-19)**

# Coronavirus – New Rules for Wales from 28 March 2022

This document is an update of the 'Coronavirus – New Rules for Wales from February 2022'



This is an Easy read document from the Welsh Government

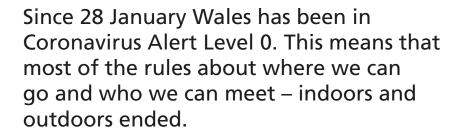
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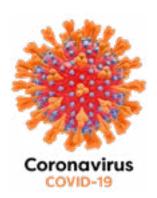
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#### Introduction







From 28 March most of the other rules will end.

**But remember:** Coronavirus has not gone away and everyone should still work together to help stop the spread of the virus.



### What we MUST still do

From 28 March you must only wear a face mask (if you are able to) when visiting your doctors, dentist, hospital or a care home. This is still the law in Wales.

# Getting a test

If you have signs of coronavirus you should:

- get a lateral flow test online, or by calling 119
- If you test positive, you should self-isolate for at least 5 days



Here are things we can keep doing to Keep Wales Safe:

• Make sure you get all your jabs

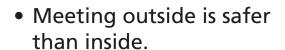
 Do a lateral flow test if you have symptoms

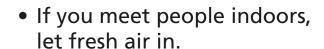














 Wear a mask indoors if there are lots of people.



 Wash your hands lots of time during the day.



## **Further information**

For all the latest information on COVID-19 in Wales go to gov.wales/coronavirus