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Innovative approaches to improve birth dose coverage

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Strengthening birth dose vaccination platforms and improving the quality of services that mothers and children receive in Madagascar: A mixed-methods study

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Background



Vaccination at birth is the first opportunity for a child to interact with the immunization system – and more broadly, the health system

Coverage of birth dose vaccination is extremely low in Madagascar:

In 2022, nearly **1 in 3 children** in Madagascar missed out the BCG vaccine, which is recommended at birth





Goals of this work



Linkages of birth dose vaccination and other health services

Understand the future connection a child not vaccinated at birth has with the immunization system Challenges and opportunities to strong birth dose vaccination

Identify the challenges to equitable access to birth dose immunization and opportunities to integrate maternal, neonatal, and immunization services to improve the quality of care Solutions to strengthening birth dose platforms

Co-create contextappropriate solutions to closing equity gaps in birth dose vaccination.



Methods

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Descriptive statistical analyses using 2021 Madagascar Demographic and Health Survey (DHS) data



Key informant interviews

with managers, providers, community leaders, and caregivers in five districts with a high number of zero dose children in Madagascar



Human centered design workshop to identify facility and community-level solutions



Results

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Children not vaccinated at birth come from families with limited sociodemographic resources

Almost half (44.8%) of children not vaccinated at birth are in the **poorest wealth quintile**.

Children unvaccinated at birth are twice as likely to have **mothers without education** than children vaccinated at birth. Many children not vaccinated at birth have mothers with limited access to services. Yet, there are many missed opportunities for vaccination in maternal care

Access to care among mothers of children not vaccianted at birth





Linking birth dose vaccination to future vaccination



Children who are not vaccinated at birth are likely to become zero dose

> Percentage of children 12 to 23 months in Madagascar unvaccinated at birth, who later become zero dose or vaccinated



But, we're not <u>yet</u> doing a good job of translating birth dose vaccination into a strong connection with the EPI system

> In looking at the subset of children in Madagascar **who receive only 1 vaccine**, 66.0% received only BCG.



This means that their connection with birth dose vaccination did *not* lead to a lasting connection with the EPI system.





Results: Main challenges, by respondent type

We conducted 87 interviews in September 2022.



Health worker capacity

- Insufficient number of health workers
- Insufficient training
- Workload for health workers
- Community agent motivation Logistical challenges
- Stockouts
- Insufficient financial resources
- Insufficient logistical resources
- Cold chain

Demand issues

- Rumors/disinformation
- Lack of awareness or ignorance

Access issues

- Distance or challenges with travel to health facility
- Preference for giving birth at home

Providers

Health systems challenges

- Stockouts •
- Lack of health care personnel •
- Vial wastage •
- Supplies
- Long waits/lines at health facilities Access issues
 - Community agent motivation
 - Distance to facilities
- Insecurity ٠

Demand issues

- Lack of community awareness •
- Religious, traditional beliefs
- Rumors •

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Community norms

• Preference to give birth at home

- Cost to travel to facilities
- Too few community agents
- Lines/waits at health facilities



Experience at health facility

- Line/wait at health facility
- Impolite health workers
- Inexperienced health staff
- Not enough health workers
- Stockouts

Demand issues

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- Vaccine rumors/fears
- Religious/tradition beliefs
- Lack of awareness on vaccine timing and benefits

Access challenges

- Distance to facility
- **Conflicting commitments**

Cost of services

- Cost of giving birth in a facility
- Cost of services at private facilities

- Access





Key solutions across the IRMMA Framework





Health systems inputs: Health worker capacity and motivation, stockouts, infrastructure, guality of services

Community knowledge, attitudes, and perceptions: Vaccine confidence, traditional beliefs and norms

Integration with other services, linkages to primary care system

Reliance on community health workers/community agents across all activities



Key constraints

- Vaccine availability
 - BCG vial size constraints affect vaccine administration, especially in remote areas
 - Stockouts of BCG for several months
- Policy: Limited involvement of health staff at home births, and unclear policy on providing vaccination at home births, since facility births are recommended
- Financial and human resources: Community agents, who can identify home births and unvaccinated children, are not compensated
- Costs to families: Giving birth in facilities, transport to vaccination centers, competing priorities to go to vaccination centers (i.e., work to provide food), especially given systemic vaccine availability issues
- Awareness: Low awareness among caregivers of birth dose vaccination recommendations





- Strategies that bring services closer to communities can improve access to essential services.
- Systems level improvements like ensuring vaccine and supply availability, strengthening health worker training, addressing vial size and vaccine wastage issues, and improving the role of community agents can be implemented to close equity gaps in the communities.
- Opportunities to integrate maternal neonatal and immunization services should be prioritized so, once reached, families are provided high quality, comprehensive services.



Thank You!

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Lessons learned from developing, testing and scaling innovative interventions to strengthen the birth platform in Cameroon and Nigeria

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Background





Photo Credit: Melinda Stanley



HBV remains a major global health problem - gaps towards achieving 2030 goals are enormous







HepB BD is critical to reduce mortality from HBV infection and should be included in routine immunization programs



Global Health Sector Strategy by WHO to eliminate viral hepatitis by 2030

HBV Targets:

- Reduce new infections by 95% and mortality by 65%
- Plus, specific targets around:
 - <0.1% HBsAg prevalence among < 5 y.o.
 - HepB BD coverage >90% for either targeted or universal birth dose programs
 - HepB3 coverage > 90%
 - Plus, PMTCT targets around HBsAg ANC testing coverage and prophylaxis

Hepatitis B birth dose Malaria D,T & P - containing boosters Rabies Cholera Multivalent Meningococcal RSV mAb RSV mAb RSV maternal vaccine 0 500 1,000 1,500 Thousands

Total future deaths averted (in thousands), 2021-2035



Uptake of HepB BD around the world, especially in the Africa Region, is much lower than what it needs to be to achieve HBV elimination and maximize health impact



Countries in the Africa region yet to introduce HepB BD

HepB BD outlook around the world



- As of 2021, the global coverage of HepB BD is 42%. In the African and South East Asian region that shoulder the majority of HBV burden, the coverage remains poor, with **several African countries yet to introduce** the birth dose vaccine
- Though vaccines costs are relatively low (\$0.25 \$0.60 per dose), there is low political will and prioritization of Hep B BD
- Also, challenges with reaching newborns in countries with low facility birth rates remains a main barrier to introduction and coverage



Across several countries that have introduced and report overall high coverage, timeliness of HepB BD administration remains often lower than ideal for efficacy





- Many countries report total overall HepB BD coverage; however, the timeliness of administration remains a challenge
- Key barriers to timely administration include:
 - Challenges with reaching out of facility births
 - Limited HepB knowledge among mothers and caregivers
 - Lack of coordination & allocated responsibilities between MNCH & EPI programs
 - Inadequate HepB-BD knowledge among health care workers, especially around guidelines and contraindications
 - Unavailability of cold chain storage and fear of vaccine wastage among health care workers
- Across a few CHAI countries, context-specific interventions (few spotlighted in subsequent section) to address some of these challenges have yielded positive results increased timeliness in administration of Hep B BD vaccine

Graph Data: WHO Africa Assessments 2020

Overview of Intervention and Learnings

The interventions in Cameroon and Nigeria, where anchored on 4 principles:

- Improving coordination and collaboration between MNCH and RI units
- Removing structural barriers (e.g CCE availability and reporting challenges)
- Capacity building and improving HCW knowledge on birth dose administration
- Improving caregiver awareness of birth dose vaccines









Given the high prevalence of HBV infection among pregnant women in Cameroon (> 8%) and the elevated risk of MTCT, the introduction of the HepB BD vaccine remains a key priority for the Cameroon government



Background

The HepB BD vaccine is most effective when given within 24 hours of birth. However, in 2019, an initial diagnostic assessment by CHAI found that less than 10% of children born in Cameroonian health facilities received current birth dose vaccines (OPVO & BCG) within 24 hours of birth as will be needed for HepB BD. Consequently, a 12-week pilot was conducted in 15 health facilities within 3 regions (Adamawa, Centre and West) and cutting across different settings, facility types and tiers of the Cameroonian health system pyramid.

Objectives

Assess the feasibility of immunizing newborns with BCG and OPV0 (in anticipation for HepB-BD) within 24 hours of birth by integrating routine immunization into maternity and immediate new-born care.

Specifically, the pilot study sought to:

- 1. Integrate BD immunizations into maternity and immediate newborn care services.
- 2. Measure the change in proportion of newborn receiving BCG and OPV0 within 24 hours of birth.
- 3. Assess the operational feasibility and acceptability of interventions and describe any factors (barriers and enablers) that may influence further implementation of birth dose strategies

Intervention design

The pilot interventions were designed to address challenges to timely administration of BD vaccines identified in the 2019 diagnostic assessment, and included the following :

- Delivered knowledge reinforcement on topics relating to BD including Immunization basics (refresher), BD vaccine information for OPV0 and BCG including safety information and contraindications, directly addressing hesitancy surrounding opening a multi-dose vaccine vial and reinforcing incorporation of birth dose conversations into routine antenatal care visits
- Defined a detailed and tailored schedule to ensure 24/7access to context appropriate vaccine storage options including after hours and during the weekends
- Outlined detailed roles and responsibilities for each HCW involved in birth dose vaccinations
- Developed and trained on facility-specific workflows which orient HCWs to how the birth dose administration fits into maternal and newborn care
- Developed a Newborn data tool to complement existing health facility data tools birth and immunization registers, and ensured birth doses vaccines are properly recorded in health facility records

Over the pilot, there was an increase in; the proportion of children receiving OPV and BCG within 24 hours of birth, the knowledge of HCWs on BD vaccines and the challenges HCWs experienced with BD vaccines



Key finding: The pilot led to an increase in the coverage and timely administration of birth dose vaccines for in-facility births



Key finding: There was a significant increase in proportion of out-of-facility born children who received <u>BCG and OPV0 within 24 hours</u>



Key finding: The pilot resulted in a significant improvement in the awareness to vaccinate clinically stable, LBW children.

Trends in challenges experienced by HCWs regarding birth dose vaccines



Key finding: Overall, both EPI and Maternity staff reported less challenges regarding birth dose vaccines at end line compared to baseline

Midline 🗖

Baseline

Endline



CHAI, working with Nasarawa and Kano State MOHs deployed a myriad of strategic interventions to improve HBV-BD Coverage



RI Integration to MNCH Services e.g RI stand in maternity unit, referrals





Improving caregiver awareness in facilities and community

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Over 100% increase in timely administration (24hrs) of the BD vaccines was recorded with a significant increase in HBV0



Integrating RI services as part of maternal and newborn packageof care was key to improving timely BD administration





Weekend deliveries contribute **36%** and **27%** of total facility deliveries at baseline and end-line respectively



Remarkable improvement in timely birth-dose coverage from baseline to end-line due to task shifting approach



Functional cold-chain and availability of vaccines during weekends were integral to improved coverage

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Key lessons for improving timely administration of birth dose vaccines



- 1. Facility workflow redesign reinforced by change management practices (e.g. instituting peer-mentoring and peer problem solving on WhatsApp groups, LMC training for key subnational players) can have significant effects on coverage and timely administration of birth dose vaccines for in-facility births and possibly out-of facility births
- 2. In Cameroon, **HCW** awareness of timeliness of birth doses did not appear to be a main barrier in the administration of BD vaccines; however, HCW and caregiver perspectives on adverse events, multiple administrations, and administering BDs to clinically stable Low Birth Weight (LBW) children need to be continually addressed in a culturally and contextually appropriate manner
- **3.** Addressing structural barriers (e.g., access to CCE in maternity units, monitoring/reporting challenges) in a context specific manner is critical for sustainability
- 4. Finally, it is pivotal to address additional elements that could impede the timely and sustained coverage of birth dose vaccines, such as increased workload/joint accountability, stockouts/wastage rates, LBW children, HCW concerns around adverse events and multiple administrations, caregiver hesitancy etc.



Key success enablers and limitations



Enablers

- 1. Jointly designing & implementing interventions in collaboration with govt; starting with a detailed diagnostic in Cameroon promoted visibility and ownership by the government.
- 2. Facilitating multisectoral collaboration by creating a multi-stakeholder task team with participation from EPI and MNCH stakeholders enabled sustainability and joint accountability at national &subnational levels.
- 3. Leveraging HCD principles to co-design facilityspecific workflows with HCWs improved their capacity, willingness to implement and ownership.
- 4. Building on existing processes and leveraging existing data and tools, familiar to HCWs enabled smooth implementation of the interventions.



Challenges/Limitations

- 1. The pandemic resulted in an abrupt pause in the building momentum on operationalizing the 2018 VIS window; which has since then been overshadowed by other priorities at GAVI e.g., COVAX and RTSS introduction.
- 2. In Cameroon specifically, pandemic related disruptions led to delays in implementing the pilot and gleaning lessons required for finalizing the introduction plan.



Thank You!

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