

## THIBELA MAFU KA LIENTE

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
Lefuba (TB)	Lekhetlo la pele ke ha	BCG		
Komello ea litho (Polio)	ngoana a hlaha	OPV-O		

Letsatsi la ho khutla.....

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
'Metso o mosoeu (Diphtheria) Mokhokhothane (Pertusis) Tsitsipano ea 'metso (Tetanus) Komello ea litho (Polio) Sebete (HepB) Serame sa matsoafo (Hib) Letšollo (Rotavirus)	Lekhetlo la bobeli ke ha ngoana a le likhoeli le beke tse peli kapa a le beke tse tseletseng, e seng pele ho moo.	DTP-Hep B-Hib 1		
		OPV-1		
		PCV 13 - 1		
		Rotavirus- 1		
		Sheba letheba la BCG	Le teng	Ha le eo

Letsatsi la ho khutla.....

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
'Metso o mosoeu (Diphtheria) Mokhokhothane (Pertusis) Tsitsipano ea 'metso (Tetanus) Komello ea litho (Polio) Sebete (HepB) Serame sa matsoafo (Hib) Letšollo (Rotavirus)	Lekhetlo la boraro ke ha ngoana a le likhoeli tse peli le libeke tse peli kapa libeke tse leshome. Ka mor'a matsatsi a mashome a moraro a tletseng ka mor'a lekhetlo la bobeli, eseng pele ho moo	DTP-HepB-Hib 2		
		PCV 13 - 2		
		Rotavirus - 2		
		Sheba letheba la BCG	Le teng	Ha le eo

Letsatsi la ho khutla.....

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
'Metso o mosoeu (Diphtheria) Mokhokhothane (Pertusis) Komello ea litho (Polio) Sebete (HepB)	Lekhetlo la bone, ke ha ngoana a le likhoeli tse tharo le libeke tse peli kapa libeke tse leshome le metso e mene. ka mor'a matsatsi a mashome a mararo a tletseng ka mor'a lekhetlo la boraro, e seng pele ho moo.	DTP-HepB-Hib 3		
			OPV-3	
		PCV 13 - 3		
		IPV 1		
		Sheba letheba la BCG	Le teng	Ha leeo?

Letsatsi la ho khutla.....

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
'Maselese (Measles)	Lekhetlo la bohano, ke ha ngoana a le likhoeli tse robong. Eseng pele ho moo	Measles		
		Sheba letheba la BCG	Le teng	Ha le eo?

Letsatsi la ho khutla.....

LEFU	NAKO	ENTE	E FANOE NENG?	TEKENO
'Metso o mosoeu (Diphtheria) Tsitsipano ea 'mele (tetanus)	Lekhetlo la botselela ke ha ngoana a le likhoeli. tse leshome le metso robeli e leng selemo le likhoeli tse tseletseng eseng pele ho moo.	DT		
		Measles		

**HLOKOMELA! Sheba letsoao la BCG**

Vitamin A Dose:				Deworming	
Frequency	Age	Dosage (100,000 or 200,000 I.U.)	Date	Dosage 400mg	Date
1st	6 mths.	100,000			
2nd	12 mths.	200,000		1/2 Tablet	
3rd	18 mths.	200,000		1/2 Tablet	
4th	24 mths.	200,000		1 Tablet	
5th	30 mths.	200,000		1 Tablet	
6th	36 mths.	200,000		1 Tablet	
7th	42 mths.	200,000		1 Tablet	
8th	48 mths.	200,000		1 Tablet	
9th	54 mths.	200,000		1 Tablet	
10th	60 mths.	200,000		1 Tablet	

**SHEBA ENTE EA TSITSIPANO  
 EA MELE BUKANENG EA 'M'E EA  
 BOPHELO KAMEHLA HA A  
 TLILE SETSING SA BOPHELO**

**Demographic Information**  
 Registration Number: \_\_\_\_\_ Sex F M  
 Father's name \_\_\_\_\_  
 Guardian's name \_\_\_\_\_  
 Physical address and contact number \_\_\_\_\_

**Birth summary**  
 Date of birth: \_\_\_\_\_ Pre-term / term \_\_\_\_\_  
 Place of birth: Home (TTBA: Y / N) Health facility \_\_\_\_\_  
 Mode of delivery: Non Assisted vaginal delivery / Assisted vaginal delivery / Caesarean Section  
 APGAR score: \_\_\_\_\_/10 \_\_\_\_\_/10 \_\_\_\_\_/10 Resuscitation: Y / N  
 Birth weight \_\_\_\_\_  
 Length \_\_\_\_\_ HC - Head Circumference \_\_\_\_\_  
 Complications: Birth Asphyxia, Meconium Aspiration, Other \_\_\_\_\_  
 Feeding method: EBF / EFF : \_\_\_\_\_  
 Mother HTC: P / N / U Mother ARVs regimen: (1) AZT at pregnancy (2) Loading Doze  
 Infant ARVs prophylaxis: Time received after birth : \_\_\_\_\_ Hrs  
 Regimen \_\_\_\_\_  
 Discharge weight \_\_\_\_\_  
 Treatment at discharge \_\_\_\_\_  
 PNC date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Risk factors** (tick if present, should be filled up when it occurs )

Birth weight below 2.5 kg	Death of a sibling (0 - 11 months)	cause
Multiple births	Orphan of father	age
5th child or more	Orphan of mother	age
Birth Interval less than 2 years	other OVC	reason

**Early PNC Examination (1 Week)**  
 Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Age: \_\_\_\_ weeks Method of feeding: EBF / EFF / MF  
 Weight \_\_\_\_\_  
 General examination: \_\_\_\_\_  
 Remarks: \_\_\_\_\_  
 Next PNC return date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**6 Week PNC Examination**  
 Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Age: \_\_\_\_ Weeks Method of feeding: EBF / EFF/ MF  
 Weight \_\_\_\_\_ Length \_\_\_\_\_ HC-Head Circumference \_\_\_\_\_  
 General examination: \_\_\_\_\_ Wt gain / Loss since birth \_\_\_\_\_  
 Remarks: \_\_\_\_\_  
 Treatment: \_\_\_\_\_  
 If baby exposed, do DNA PCR / Rapid Test and initiate cotrimoxazole.

Exposed Infant: Y / N	Test 1 needs to be repeated: Y / N	Test 2 needs to be repeated Y / N
Date of test 1:.....	Date of test 2:.....	Date of test 3:.....
Type of test 1 PCR / Rapid test	Type of test 2 PCR / Rapid test	Type of test 3 PCR / Rapid Test
Result of test 1: P / N / U	Result of test 2: P / N / U	Result of test 3 P / N / U
		Date of last breastfeeding:.....
Referral to ART clinic		
Date:.....		
Reason for referral: test P / sick or growth or development delay / both		

Follow-up visits	1	2	3	4	5	6	7	8	9
Date									
Age months									
Infant feeding									
Cotrimox (dose)									
Clinical Status									
Growth									
Development									
Return date									
Follow-up visits	10	11	12	13	14	15	16	17	18
Date									
Age months									
Infant feeding									
Cotrimox (dose)									
Clinical Status									
Growth									
Development									
Return date									

Infant feeding code:	Cotrimoxazole dose	Clinical status	Growth	Development
1. Exclusive Breast Feeding	6 weeks to 6 months or less than 5kg: 2.5 ml (100/20)	<b>H:</b> Healthy	<b>N:</b> Normal	<b>N:</b> Normal
3. Exclusive Formula Feeding	6 months of life until to cessation of risk of getting HIV transmission and exclusion of HIV infection (or 5 to 15kg): 5ml (200/40)	<b>S:</b> Sick (refer)	<b>A:</b> alarm Flat since one month, investigate, refer if acute illness, if no acute illness, nutrition counseling and check after 2 weeks	<b>D:</b> Delayed
5. Mixed Feeding			<b>R:</b> referral: Flat since more than one month or loss of weight: referral for deep investigations and treatment	
6. Other Specify				

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

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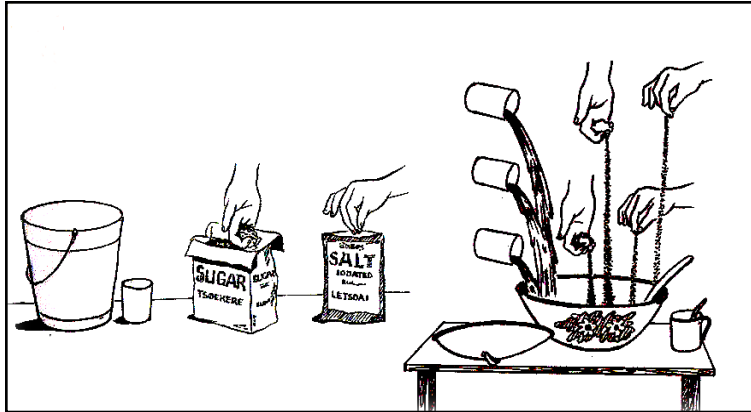
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Date first seen in ART clinic: ___/___/___	
Clinical staging: I / II / III / IV	CD4 count (%): _____ Hospitalized: <input type="checkbox"/>
OI: _____	TB: _____
Pre - HAART follow-up plan: _____	
Date eligibility for treatment: ___/___/___	
Clinical staging: I / II / III / IV	CD4 count (%) _____
Pre-HAART counselling sessions: 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/>	
Caregiver ready for treatment: Y / N	Date: ___/___/___
Treatment start date: ___/___/___	Regimen: _____
HAART follow-up plan: _____	



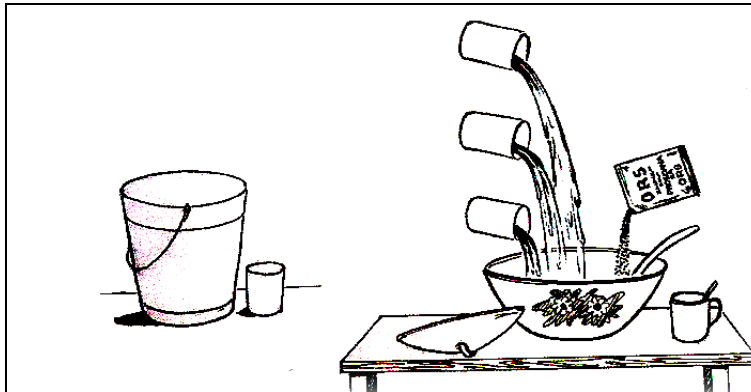
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## Ngoana ea tšoeroeng ke letšollo feela



Thitelo ea motsoako oa metsi, letsoai le tsoekere (OSS) ha phofshoana (ORS) e le sieo:

1. metsi
2. motintolo oa senomapholi
3. tsoekere
4. letsoai



Thitelo ea motsoako oa phofshoana (ORS) :

1. metsi
2. motintolo oa senomapholi
3. phofshoana (ORS)

## **Bophelo ba ngoana ha a qala sekolo sa mathomo**

Letsatsi la ho qala sekolo

Gen. app. / CHEBAHALO \_\_\_\_\_

Eyes / MAHLO R \_\_\_\_\_ L \_\_\_\_\_

Nose / NKO \_\_\_\_\_

Teeth / MENO \_\_\_\_\_

Throat / METSO \_\_\_\_\_

Neck glands / LITŠOELESA TSA MOLALA \_\_\_\_\_

Ears / LITSEBE R \_\_\_\_\_ L \_\_\_\_\_

CVS / PELO \_\_\_\_\_

Resp / MATŠOAFO \_\_\_\_\_

Abd / MPA \_\_\_\_\_

Genitals / LITHO TSA BOTHO \_\_\_\_\_

Skin / LETLALO \_\_\_\_\_

Pallor / PHOKOLO EA MALI \_\_\_\_\_

CNS / METHAPO \_\_\_\_\_

Deformities / KHOLOFALO \_\_\_\_\_

BCG / Scar \_\_\_\_\_

Measles Vaccine Date:- \_\_\_\_\_

DT Date:- \_\_\_\_\_

Weight / BOIMA \_\_\_\_\_ kg

Height / BOLELELE \_\_\_\_\_ cm

Recommendation / KHOTHALETSO \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

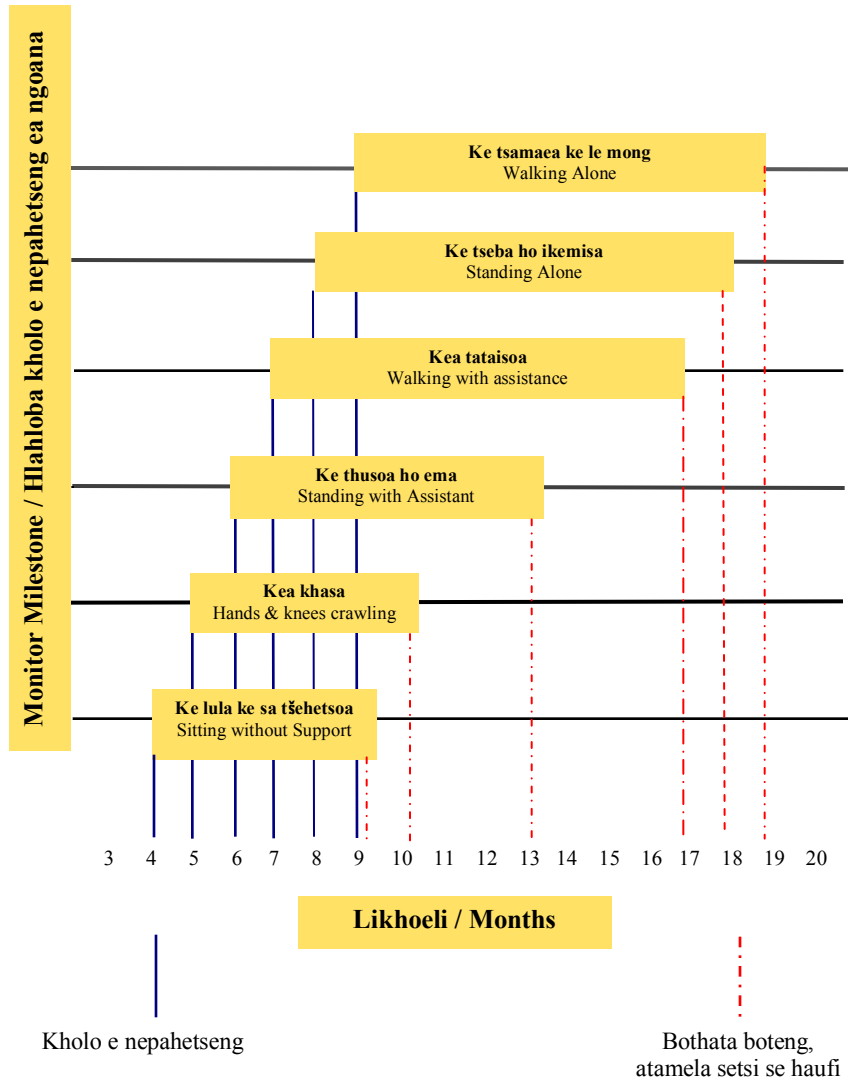
Date of examination / TSATSI LA TLHAHLOBO \_\_\_\_\_

By / KE \_\_\_\_\_

(Lebitso le fane ka botlalo)

\_\_\_\_\_  
Designation / Institution

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1. Khoeling tsa pele tse Tseletseng (6) tsa tlhaho, ngoana a fue letsoele feela



4. Leka ho fepa ngoana lijo tse bonolo le ha a kula



2. Ha a le khoeli li 6. mo fepa lijo tse ling 'moho le letsoele. Qala ho mo noesa metsi a sa Nokoang.



5. Hlahloba hore na kholo ea ngoana oa hao e ntse e hlaha hantle



3. Ngoana o na le mpa e nyenyane, ka hoo mo fepa lijo le letsoele khafetsa

6. Kanyeso ea ngoana e hloka tšehetso ea lelapa



## **BUKANA EA NGOANA EA BOPHELO LESOTHO**

Lebitso:.....

Motse:.....

Letsatsi la tsoalo:.....

Lebitso la 'M'e:.....