

**MATERNAL, CHILD HEALTH AND NUTRITION SERVICE DELIVERY DURING  
COVID – 19 OUTBREAK**

<b>Service Package</b>	<b>Special Arrangement for All Clients</b>	<b>Special Arrangements for COVID-19 Positive Clients and Suspected Cases</b>	<b>Key Message for Health Provider</b>	<b>Key Message for Clients/Public</b>
Antenatal Care	<ul style="list-style-type: none"> <li>- Reduce number of physical contacts.</li> <li>- Conduct follow-up by phone</li> </ul>	<ul style="list-style-type: none"> <li>-Attend to client’s antenatal needs separately from other women</li> <li>- Reduce number of physical contacts.</li> <li>- Conduct follow-up by phone</li> <li>- Refer patient for COVID -19 treatment as per national clinical guidelines</li> </ul>		<ul style="list-style-type: none"> <li>-Look out for danger signs in pregnancy and report promptly</li> <li>- Pregnancy is a period of low immunity therefore observe COVID-19 prevention recommendations strictly</li> <li>- Look out for signs and symptoms of COVID-19 infection and report</li> </ul>
Labour and Delivery	<ul style="list-style-type: none"> <li>-All clients should wear a face mask throughout labour and delivery.</li> </ul>	<ul style="list-style-type: none"> <li>- All clients should wear a face mask throughout labour and delivery.</li> <li>- Conduct labour in special isolation and observe strict barrier nursing/IPC</li> <li>- Refer patient for COVID -19 treatment as per national clinical guidelines</li> </ul>		<ul style="list-style-type: none"> <li>-Report promptly to the health facility when you start experiencing abdominal pain. Remember to take along all the items you were advised to bring and take along hand sanitizer and mask (if you can get one) and make sure your companion also has a mask and hand sanitizer.</li> </ul>
Post Natal care	<ul style="list-style-type: none"> <li>Reduce number of physical contacts.</li> </ul>	<ul style="list-style-type: none"> <li>-Support mother to breastfeed</li> </ul>		<ul style="list-style-type: none"> <li>-Look out for danger signs in women after delivery and report promptly</li> </ul>

Service Package	Special Arrangement for All Clients	Special Arrangements for COVID-19 Positive Clients and Suspected Cases	Key Message for Health Provider	Key Message for Clients/Public
	<ul style="list-style-type: none"> <li>- Conduct follow-up by phone</li> <li>- Encourage clients to call their midwife when necessary</li> </ul>	<ul style="list-style-type: none"> <li>-Mother should be masked always, including during breastfeeding</li> <li>- If mother is too ill to breastfeed consider feeding expressed breastmilk or formula if expressing is not possible</li> <li>- Refer patient for COVID -19 treatment as per national clinical guidelines -</li> </ul>		<ul style="list-style-type: none"> <li>-Look out for danger signs in newborns and report</li> <li>- Initiate breastfeeding within 30 minutes after delivery and exclusively breastfeed your baby</li> </ul>
Child Welfare Clinics	<ul style="list-style-type: none"> <li>- Reduce number of physical contacts.</li> <li>- Conduct smaller but more frequent sessions</li> <li>- Conduct follow-up by phone</li> </ul>	<ul style="list-style-type: none"> <li>- Refer patient for COVID -19 treatment as per national clinical guidelines</li> </ul>	<ul style="list-style-type: none"> <li>- Ensure minimum distance of 2 metres between children being weighed or receiving vaccinations</li> <li>- wear appropriate PPE during service delivery</li> <li>-wash hands with soap and water or sanitize hands with alcohol-based sanitizer in between attending to each child.</li> </ul>	<ul style="list-style-type: none"> <li>-Look out for danger signs in children and report promptly</li> <li>- Observe recommendations for preventing COVID-19 infection</li> <li>- Look out for signs and symptoms of COVID-19 infection and report</li> <li>- Bring your child for the next scheduled visit</li> </ul>
Family Planning	<ul style="list-style-type: none"> <li>- Reduce number of physical contacts.</li> <li>- Conduct follow-up by phone</li> </ul>	<ul style="list-style-type: none"> <li>-Reduce number of physical contacts.</li> <li>- Conduct follow-up by phone</li> <li>-Provider and clients should wear face</li> </ul>	<ul style="list-style-type: none"> <li>-intensify education on covid-19</li> <li>- use appropriate PPEs at all times</li> <li>- frequent hand washing</li> <li>-frequent cleaning of work surfaces</li> </ul>	<ul style="list-style-type: none"> <li>- Frequent hand washing with soap and running water</li> <li>- Avoid touching eye, nose and mouth</li> <li>- cough into elbow or cover mouth while coughing and sneezing</li> <li>- social distancing</li> <li>- stay at home</li> </ul>

<b>Service Package</b>	<b>Special Arrangement for All Clients</b>	<b>Special Arrangements for COVID-19 Positive Clients and Suspected Cases</b>	<b>Key Message for Health Provider</b>	<b>Key Message for Clients/Public</b>
		mask during service delivery  Refer for appropriate treatment for COVID-19 infection	-Provide hand washing facilities for clients	- call 195 if feeling feverish or having difficulty in breathing
Adolescent Health	- Reduce number of physical contacts. - Conduct follow-up by phone	Refer for appropriate treatment for COVID-19 infection -Follow protocols provided for the management of covid-19 positive clients in the region	-Protect yourself by adhering to all the precautionary measures -Communicate the lack of PPEs and logistics to management -Do active observation while delivering routine services	Adolescent are also at risk of getting infected. They should observe all the recommendations to avoid getting infected -Adhere strictly to all precautionary measures Call 112 if you experience fever, cough and general body weakness -Avoid going to the health facility unless it becomes critical for you to do so
Nutrition Services -Counselling -Breastfeeding - Weighing - Length/height measurement		Refer for appropriate treatment for COVID-19 infection		

### **General arrangements for all service delivery**

- Based on the current understanding of the transmission modes of the COVID-19 virus and the recommended prevention measures of physical distancing, the conduct of mass vaccination campaigns is temporarily suspended due to the increased risk of community circulation. The necessity for the delay of mass vaccination campaigns will be monitored and re-evaluated at regular intervals
- All routine services will continue to be provided to clients with the above modifications
- All service providers should wear appropriate PPEs, minimum being a face mask that must be replaced on a daily basis, and more frequently as needed
- Until further notice i.e. when government declares the epidemic over, services will be delivered at static points in health facilities.. Where appropriate physical distancing measures can be adhered to, outreaches to communities can be continued. Home visits are suspended -

- Daily provision of services for antenatal, postnatal, immunizations, vitamin A supplementation, growth monitoring, family planning etc. are encouraged and should be promoted in order to reduce crowding and for the ease of social distancing arrangements
- Wherever possible arrangements should be made for open-air seating etc. rather than indoor and the appropriate physical distancing recommendations should be adhered to
- Disinfect all surfaces and equipment before and after the clinic. Additionally disinfect regularly during the course of the clinic according to IPC guidelines
- Adequate hand washing/sanitizing facilities should be made available for all clients and service providers
- All clients should go through a mandatory triaging point using the check-list provided before being admitted to the waiting area. If found to fit the COVID-19 case definition, they should be referred appropriately for testing and management. Arrangements should be made for necessary routine MCH services
- All clients should wash their hands thoroughly before being admitted to the waiting area
- The use of case definitions for priority diseases including vaccine preventable diseases (VPDs) should continue at all service delivery points to identify and report cases promptly. (NB: Surveillance is continuous)
- The practice of setting aside a day for child welfare clinics should be discouraged in favour of more frequent sessions to avoid overcrowding.
- Service providers should call 112 if they experience fever, cough, difficulty in breathing or general body weakness.