

# CHILDREN'S CLINIC CARD

## CHILD'S PARTICULARS

Name of Health Facility		
Child's No.		
Child's Name	Boy/Girl	
Mother's or Guardian's Name	NRC no.	
Father's or Guardian's Name	NRC no.	
Date first seen	Date of Birth	Birth weight
Place of Birth:		
Where the family lives: address		

### Tick if the child has/is:

Birth weight less than 2.5kg	
Birth defect/handicap	
Born within 2 years of last delivery	
Fully protected against Tetanus at birth	
Mother dead	
Father dead	
Number of brothers and sisters	<input type="checkbox"/> Alive <input type="checkbox"/> Dead
Twin child	<input type="checkbox"/> Alive <input type="checkbox"/> Dead
Any other reason for special attention:	

## DEWORMING

For children aged 12 months and above, 500 mg Mebendazole every six months

Date	Medication	Date	Medication

## IMMUNISATION RECORD

**IMMUNISATION against Tuberculosis (TB)**  
 BCG (at birth) Date .....  
 If no scar after 12 weeks, repeat dose. Unless symptomatic HIV Date .....

**IMMUNISATION against Polio (OPV), Diphtheria, Whooping Cough, Tetanus, Hib, Hepatitis B, Meningitis, Pneumonia (DPT-HepB-Hib) & Measles**

OPV 0 (at birth to 13 days) Date .....

OPV 1 (at 6 weeks) Date ..... DPT-HepB-Hib 1 (at 6 weeks) Date .....

OPV 2 (at least 4 weeks after OPV 1) Date ..... DPT-HepB-Hib 2 (at least 4 weeks after DPT-HepB-Hib1) Date .....

OPV 3 (at least 4 weeks after OPV 2) Date ..... DPT-HepB-Hib 3 (at least 4 weeks after DPT-HepB-Hib 2) Date .....

OPV 4 (at 9 months, only if OPV 0 was not given) Date ..... Measles (at 9 months, or soon after. Unless symptomatic HIV) Date .....

## OTHER IMMUNISATIONS

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

**VITAMIN A SUPPLEMENTATION**

Dosage: 0-5 months, 50,000 IU only if not breastfed;  
 6-11 months, 100,000 IU;  
 12-59 months, 200,000 IU every six months

Date	Dosage	Date	Dosage

## MOTHER

Date Vit. A given to the mother \_\_\_\_\_

**Vitamin A (1 dose of 200,000 IU) to be given soon after birth or within two months of delivery.**

## PMTCT

CE	MSU	CNE
Test by:		
DATE		R NR I
	PCR $\frac{6}{52}$	
	Rapid Test $\frac{12}{12}$	
	Rapid Test $\frac{18}{12}$	
MGA <input type="checkbox"/>		IGA <input type="checkbox"/>
Follow up time	6 Weeks	2 Months 3M 4M 5M 6M 7M
Cotrimoxazole		
Follow up time	8M	9M 10M 12M 15M 18M 24M
Cotrimoxazole		

Date baby referred for ART...../...../.....

Date initiated on ART...../...../.....

Age at initiation of ART.....

## MONITORING OF INFANT AND YOUNG CHILD FEEDING

Follow up time	Birth	6 Days	1M	6W	2M	3M	4M	5M	6M
Infant feeding code									
Follow up time	7M	8M	9M	10M	11M	12M	15M	18M	24M
Infant feeding code									

### Feeding Code:

- 1) Exclusive breast feeding (in the first 6 months, breast-feeding only, no water, no other fluids except medicines indicated by medical personnel)
- 2) Exclusive Alternative Infant Formula
- 3) Animal Milk
- 4) Mixed feeding (breast milk and other foods)
- 5) Continued breast feeding after six months in addition to other foods
- 6) Milk based feed after six months in addition to other foods
- 7) Other, specify \_\_\_\_\_

**IMPORTANT:**

- ☞ All infants and young children should be breastfed exclusively for the first six months of life and continue to breastfeed up to two years and beyond with adequate complementary feeding from six months of age unless medically indicated.
- ☞ Babies born to HIV positive mothers have special feeding needs. Discuss with a health worker.

**IF THE CHILD HAS DIARRHOEA**

- ☞ If the child is still on breast milk, continue breast feeding.

**After each loose stool, do the following:**

- ☞ Give ORS
- ☞ Give extra fluids
- ☞ Continue to feed the child.

*Note: (dilute 1 sachet of ORS in 1 litre of boiled cooled water)*

**Go immediately to the nearest Health Centre.**

**PNEUMONIA**

If a child has a cough with:

- Fast Breathing
- Difficulties in breathing
- Difficulties in breast-feeding

The child may have Pneumonia, **Go immediately to the nearest Health Centre.**

**DISCUSS**

- ☞ Breastfeeding
- ☞ Complementary feeding
- ☞ Immunisation
- ☞ Vitamin A supplementation
- ☞ Family planning
- ☞ Feeding during and after illness
- ☞ Safe food and drinking water
- ☞ Treatment of diarrhoea
- ☞ HIV/AIDS
- ☞ Malaria



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