

BUKANA EA NGOANA EA BOPHELO LESOTHO



Lebitso:.....

Motse:.....

Letsatsi la tsoalo:.....

Lebitso la 'M'e:.....

MOSHANYANA

THIBELA MAFU KA LIENTE

| LEFU | NAKO | ENTE | E FANOE NENG? |
|---|---------------------------------------|------------------|---------------|
| Lefuba (TB) Komello ea litho (Polio) | Lekhetlo la pele ke ha ngoana a hlaha | BCG OPV-O | |
| | | | |

Letsatsi la ho khutla.....

| LEFU | NAKO | ENTE | E FANOE NENG? |
|--|---|---|-------------------|
| 'Metso o mosoeu (Diphtheria) Mokhokhotoane (Pertusis) Tsitsipano ea 'metso (Tetanus) Komello ea litho (Polio) Sebete (HepB) Serame sa matšoafao (Hib) | Lekhetlo la pele ke ha ngoana a le khoeli le beke tse peli kapa a le beke tse tšeletseng. E seng pele ho moo. | DPT -Hep B-Hib 1 OPV-1 Sheba letheba la BCG | |
| | | | Le teng Ha le eo? |
| | | | |

Letsatsi la ho khutla.....

| LEFU | NAKO | ENTE | E FANOE NENG? |
|--|--|--|-------------------|
| 'Metso o mosoeu (Diphtheria) Mokhokhotoane (Pertusis) Tsitsipano ea 'metso (Tetanus) Komello ea litho (Polio) Sebete (HepB) Serame sa matšoafao (Hib) | Lekhetlo la bobeli ke ka mor'a matsatsi a mashome a mararo atletseng ka mor'a lekhetlo la pele, e seng pele ho moo | DPT -HepB-Hib 2 OPV-2 Sheba letheba la BCG | |
| | | | Le teng Ha le eo? |
| | | | |

Letsatsi la ho khutla.....

| LEFU | NAKO | ENTE | E FANOE NENG? |
|--|--|--|-------------------|
| 'Metso o mosoeu (Diphtheria) Mokhokhotoane (Pertusis) (Komello ea litho (Polio) Sebete (HepB) Serame sa matšoafao (Hib) | Lekhetlo la boraro, beke tse nne kamor'a kamor'a matsatsi a mararo a tletseng ka mor'a lekhetlo la bobeli, eseng pele ho moo | DPT -HepB-Hib 3 OPV-3 Sheba letheba la BCG | |
| | | | Le teng Ha le eo? |
| | | | |

Letsatsi la ho khutla.....

| LEFU | NAKO | ENTE | E FANOE NENG? |
|------------------------|--|---------------------------------|-------------------|
| 'Maselese (Measles) | Lekhetlo la bone, ke ha ngoana a le khoeli tse robong. Eseng pele ho moo | Measles Sheba letheba la BCG | Le teng Ha le eo? |
| | | | |

Letsatsi la ho khutla.....

| LEFU | NAKO | ENTE | E FANOE NENG? |
|--|---|------|---------------|
| 'Metso o mosoeu (Diphthiria) Tsitsipano ea 'mele | Lekhetlo la bohlano ke ha ngoana a le likhoeli. tse leshome le metso robeli | DT/ | |
| | | | |

Vitamin A Dose:**Deworming**

| Frequency | Age | Dosage (100,000 or 200,000 I.U.) | Date | Dosage 400mg | Date |
|-----------|----------|--|------|-----------------|------|
| 1st | 6 mths. | 100,000 | | | |
| 2nd | 12 mths. | 200,000 | | 1/2 Tablet | |
| 3rd | 18 mths. | 200,000 | | 1/2 Tablet | |
| 4th | 24 mths. | 200,000 | | 1 Tablet | |
| 5th | 30 mths. | 200,000 | | 1 Tablet | |
| 6th | 36 mths. | 200,000 | | 1 Tablet | |
| 7th | 42 mths. | 200,000 | | 1 Tablet | |
| 8th | 48 mths. | 200,000 | | 1 Tablet | |
| 9th | 54 mths. | 200,000 | | 1 Tablet | |
| 10th | 60 mths. | 200,000 | | 1 Tablet | |

SHEBA ENTE EA TSITSIPANO
EA MELE BUKANENG EA 'M'E EA
BOPHELO KAMEHLA HA A
TLILE SETSING SA BOPHELO

Demographic Information

Registration Number: _____ Sex F M
 Father's name _____
 Guardian's name _____
 Physical address and contact number _____

Birth summary

Date of birth _____ Pre-term / term _____
 Place of birth: Home (TTBA: Y / N) Health facility _____
 Mode of delivery: Non Assisted vaginal delivery / Assisted vaginal delivery / Caesarean Section
 APGAR score: _____ /10 _____ /10 _____ /10 Resuscitation: Y / N
 Birth weight _____
 Length _____ HC - Head Circumference _____
 Complications: Birth Asphyxia, Meconium Aspiration, Other _____
 Feeding method: EBF / EFF :
 Mother HTC: P / N / U Mother ARVs regimen: (1) AZT at pregnancy (2) Loading Doze
 Infant ARVs prophylaxis: Time received after birth : _____ Hrs
 Regimen _____
 Discharge weight _____
 Treatment at discharge _____
 PNC date: _____ / _____ / _____

Risk factors (tick if present, should be filled up when it occurs)

| | | |
|----------------------------------|-----------------------------------|--------|
| Birth weight below 2.5 kg | Death of a sibling (0 - 11months) | cause |
| Multiple births | Orphan of father | age |
| 5th child or more | Orphan of mother | age |
| Birth Interval less than 2 years | other OVC | reason |

Early PNC Examination (1 Week)

Date: _____ / _____ / _____
 Age: _____ weeks Method of feeding: EBF / EFF / MF
 Weight _____
 General examination: _____
 Remarks: _____
 Next PNC return date: _____ / _____ / _____

6 Week PNC Examination

Date: _____ / _____ / _____
 Age: _____ Weeks Method of feeding: EBF / EFF/ MF
 Weight _____ Length _____ HC-Head Circumference _____
 General examination: _____ Wt gain / Loss since birth _____
 Remarks: _____
 Treatment: _____
 If baby exposed, do DNA PCR / Rapid Test and initiate cotrimoxazole.

| | | |
|--|------------------------------------|-----------------------------------|
| Exposed Infant: Y / N | Test 1 needs to be repeated: Y / N | Test 2 needs to be repeated Y / N |
| Date of test 1..... | Date of test 2..... | Date of test 3..... |
| Type of test 1 PCR / Rapid test | Type of test 2 PCR / Rapid test | Type of test 3 PCR / Rapid Test |
| Result of test 1:P / N / U | Result of test 2: P / N / U | Result of test 3 P / N / U |
| | | Date of last breastfeeding:..... |
| Referral to ART clinic | | |
| Date:..... | | |
| Reason for referral: test P / sick or growth or development delay / both | | |

| Follow-up visits | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|------------------|----|----|----|----|----|----|----|----|----|
| Date | | | | | | | | | |
| Age months | | | | | | | | | |
| Infant feeding | | | | | | | | | |
| Cotri-mox (dose) | | | | | | | | | |
| Clinical Status | | | | | | | | | |
| Growth | | | | | | | | | |
| Development | | | | | | | | | |
| Return date | | | | | | | | | |
| Follow-up visits | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |

| Infant feeding code: | Cotrimoxazole dose | Clinical status | Growth | Development |
|-----------------------------|--|-----------------|---|-------------|
| 1. Exclusive Breast Feeding | 6 weeks to 6 months or less than 5kg; 2.5 ml (100/20) | H: Healthy | N: Normal | N: Normal |
| 3.Exclusive Formula Feeding | 6 months of life until to cessation of risk of getting HIV transmission and exclusion of HIV infection (or 5 to 15kg):5ml (200/40) | S: Sick (refer) | A: alarm Flat since one month, investigate, refer if acute illness, if no acute illness, nutrition counseling and check after 2 weeks | D: Delayed |
| 5. Mixed Feeding | | | | |
| 6. Other Specify | | | R: referral: Flat since more than one month or loss of weight: referral for deep investigations and treatment | |

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

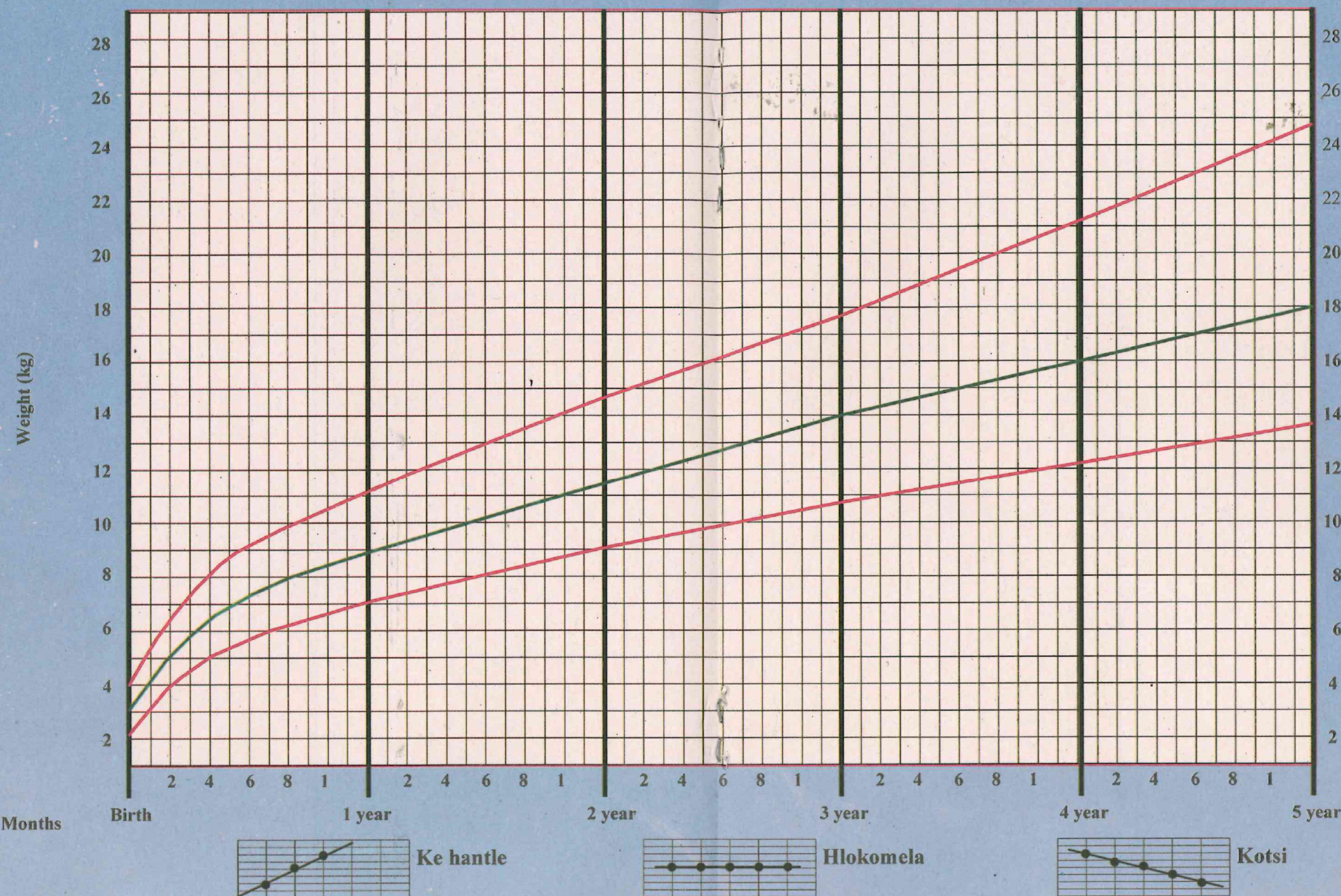
Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

MOSHANYANA
Karete e bontšang kholo ea ngoana



Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Boloka bukana ena. E tla hlokahala ha ngoana a qala sekolo sa mathomo.

Date first seen in ART clinic: ____/____/____

Clinical staging: I / II / III / IV CD4 count (%): _____ Hospitalized:

OI: TB:

Pre - HAART follow-up plan: _____

Date eligibility for treatment: ____/____/____

Clinical staging: I / II / III / IV CD4 count (%): _____

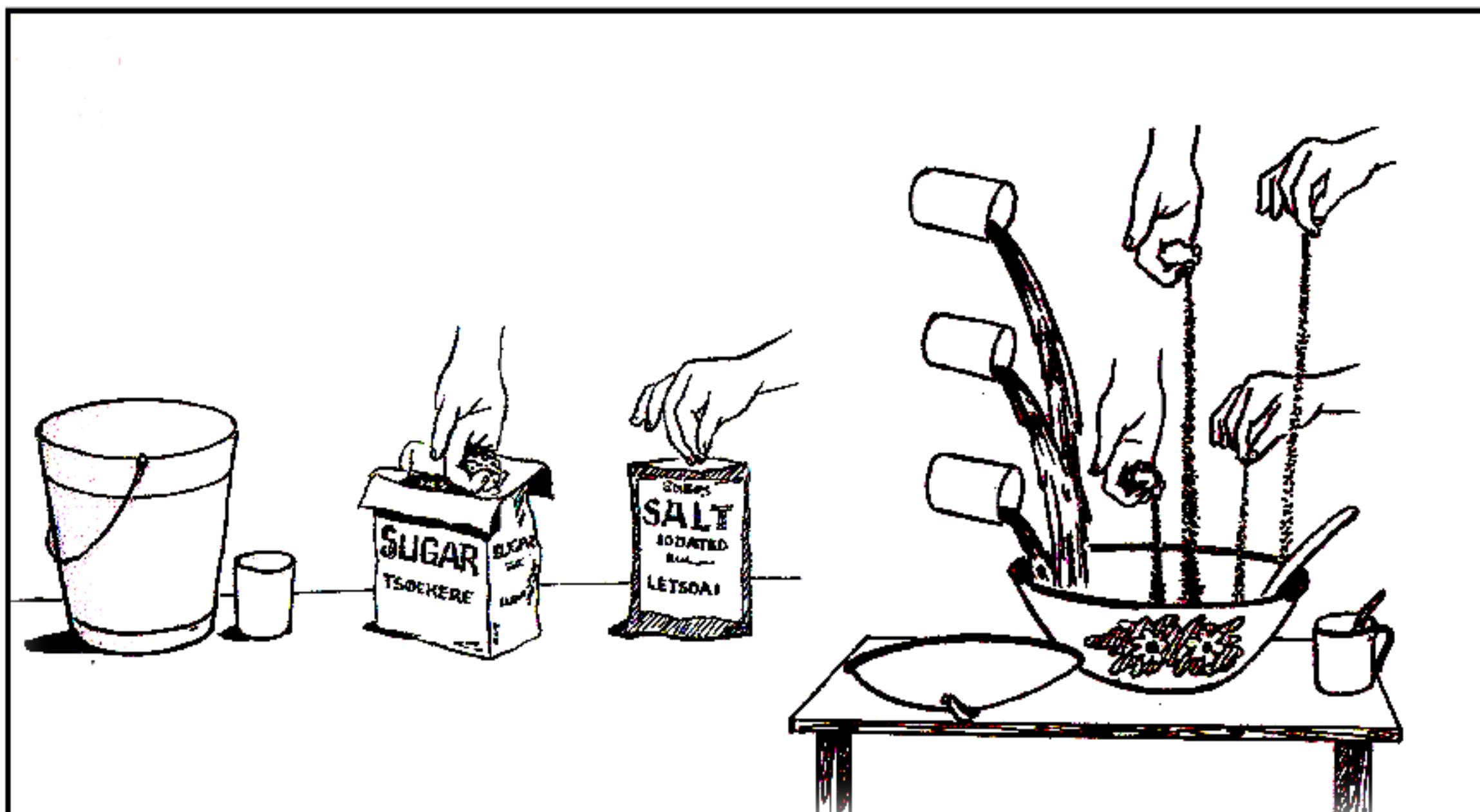
Pre-HAART counselling sessions: 0 1 2 3 4

Caregiver ready for treatment: Y / N Date: ____/____/____

Treatment start date: ____/____/____ Regimen: _____

HAART follow-up plan: _____

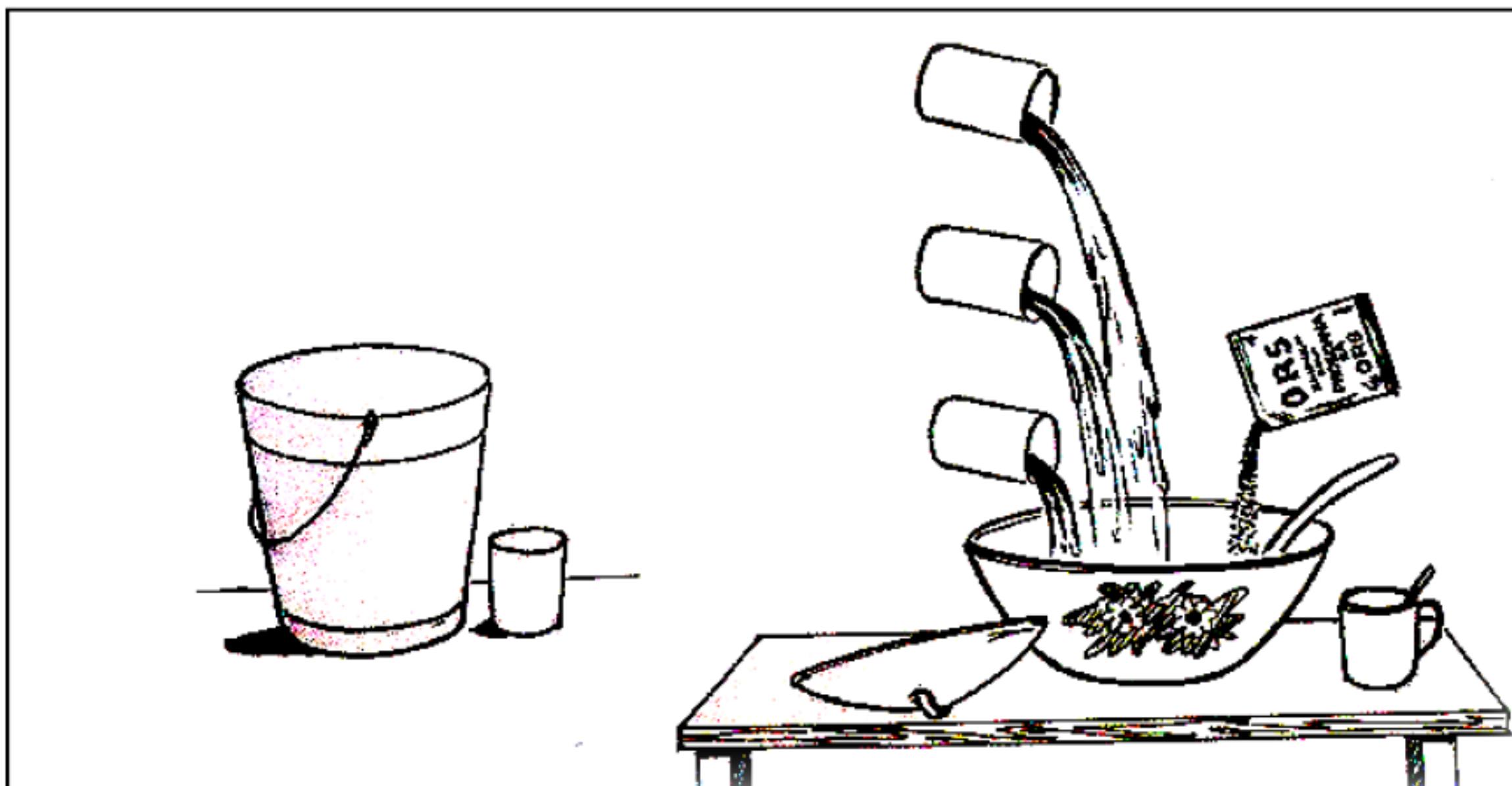
Ngoana ea tšoeroeng ke letšollo feela



Thitelo ea motsoako oa metsi, letsoai le tsoekere

(OSS) ha phofshoana (ORS) e le sieo:

1. metsi
2. motintolo oa senomapholi
3. tsoekere
4. letsoai



Thitelo ea motsoako oa phofshoana (ORS) :

1. metsi
2. motintolo oa senomapholi
3. phofshoana (ORS)



1.
Khoeling
tsa pele tse
Tseletseng
(6) tsa
tlhaho,
ngoana a
fuoe
letsoelet
feelat



4. Leka ho fepa ngoana lijo tse
bonolo le ha a kula



2.
Ha a le
khoeli li 6.
mo fepe
lijo tse ling
'moho le
letsoelet
Qala ho mo
noesa metsi
a sa
Nokoang.



5. Hlahloba hore na kholo ea
ngoana oa hao e ntse e hlaho
hantle



3. Ngoana o na le mpa e
nyenyane, ka hoo mo fepe
lijo le letsoelet khafetsa

6.
Kanyeso ea
ngoana e
hloka
tšehetso ea
lelapa

